



המרכז הרפואי
הלל יפה

Comparison of outcome of recurrent versus first non ST-elevation myocardial infarction (national Israel surveys ACSIS 2000-2010)

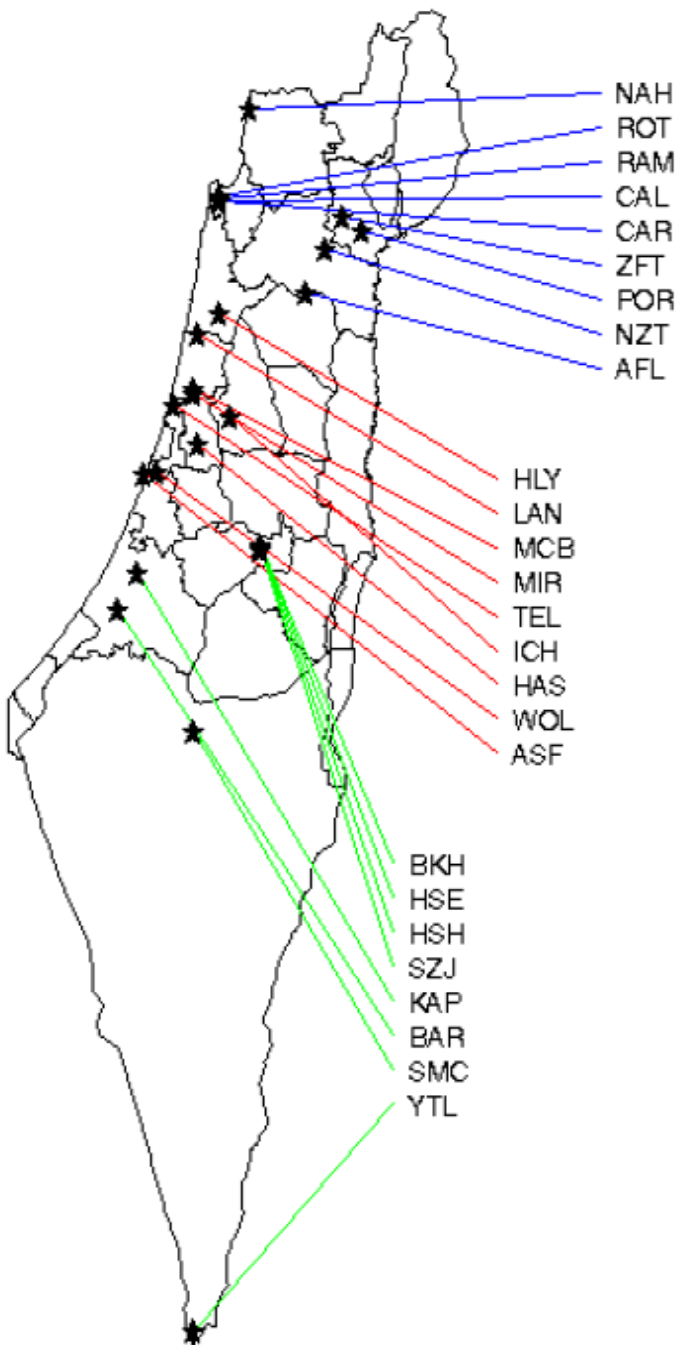
Avraham Shotan, Simcha Meisel, Aharon Frimerman, David Blondheim, Michael Shochat, Mark Kazatsker,

Yaniv Levi, Shlomi Matezki, Shmuel Gottlieb, for the Working Group on Intensive Cardiac Care,

Israel Heart Society and the ACSIS investigators.

ACSIS

Acute Coronary Survey in Israel



- **Bimonthly biannual national survey (1-2, 2-3, 3-4)**
- **Since 1990 (BIP study team)**
- **In the 90's Israeli Thrombolytic Survey**
- **Since 2000 all ACS patients - ACSIS**
- **All 26 public hospital in Israel (23 cath labs)**
- **Only CCU/Cardiology departments**
- **In 2000 & 2010 also Internal Medicine**

ACS Pts hospitalized in CCU/Cardiology for 2 mths



| | 2000 | 2002* | 2004 | 2006 | 2008 | 2010 | All |
|------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|---------------------------|
| ACS | 1,794 | 2,048 | 2,094 | 2,075 | 1,763 | 1,781 | 11,555 |
| Acute MI | 1,004 | 1,201 | 1,333 | 1,338 | 1,254 | 1,374 | 7504 |
| STEMI | 708 71% | 649 54% | 675 51% | 599 45% | 589 47% | 688 50% | 3908 52% |
| Non-STEMI | 296 29% | 552 46% | 658 49% | 739 55% | 665 53% | 686 50% | 3596 48% |

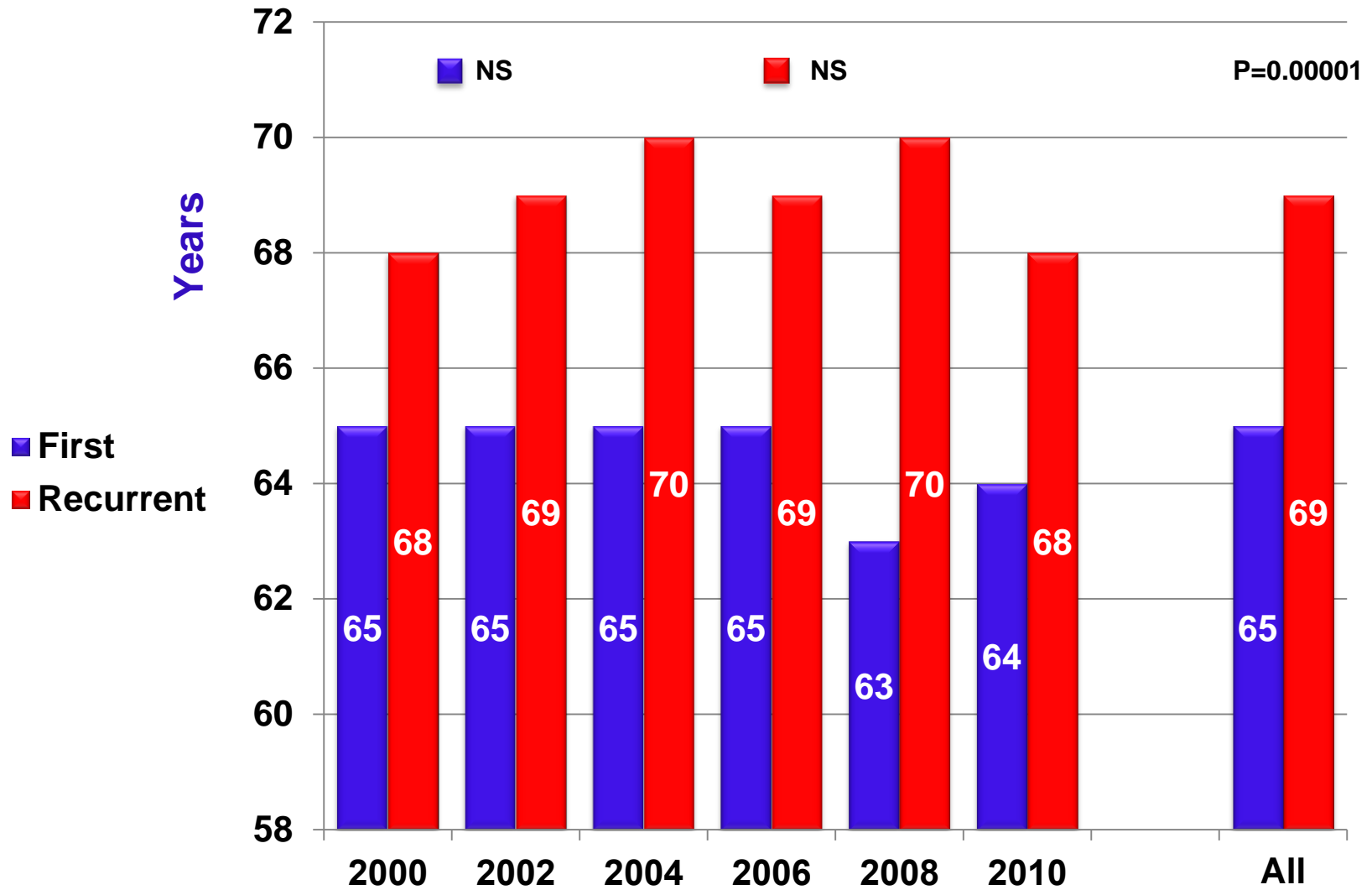
* New MI definition - Troponin

NSTEMI 2000 - 2010

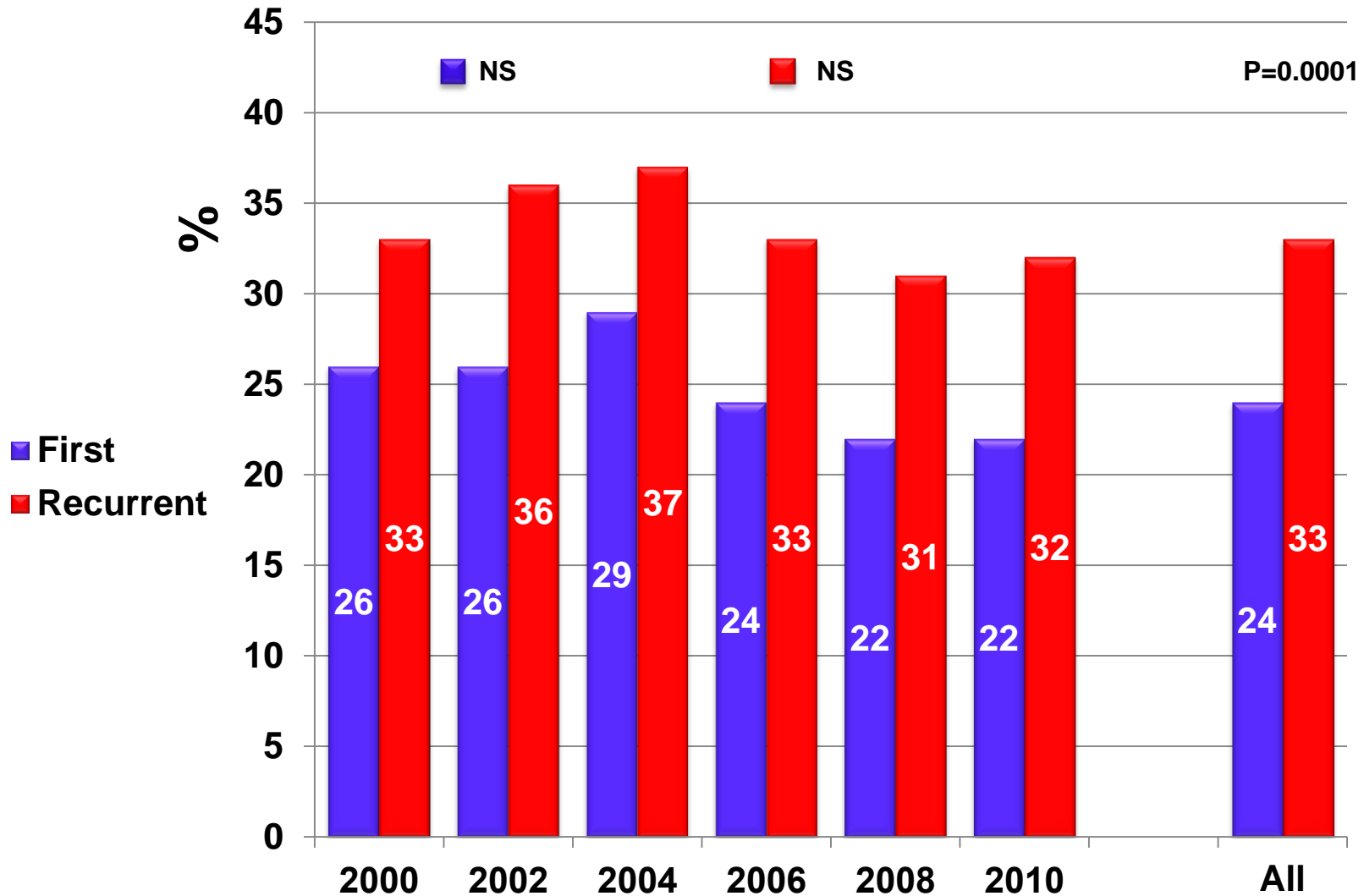


| | 2000 | 2002* | 2004 | 2006 | 2008 | 2010 | All |
|------------------|------------|------------|------------|------------|------------|------------|-------------|
| First | 420 61% | 434 65% | 466 63% | 434 66% | 364 66% | 186 63% | 2304 64% |
| Recurrent | 266 39% | 231 35% | 273 37% | 224 34% | 188 34% | 110 37% | 1292 36% |
| All | 686 | 665 | 739 | 658 | 552 | 296 | 3596 |

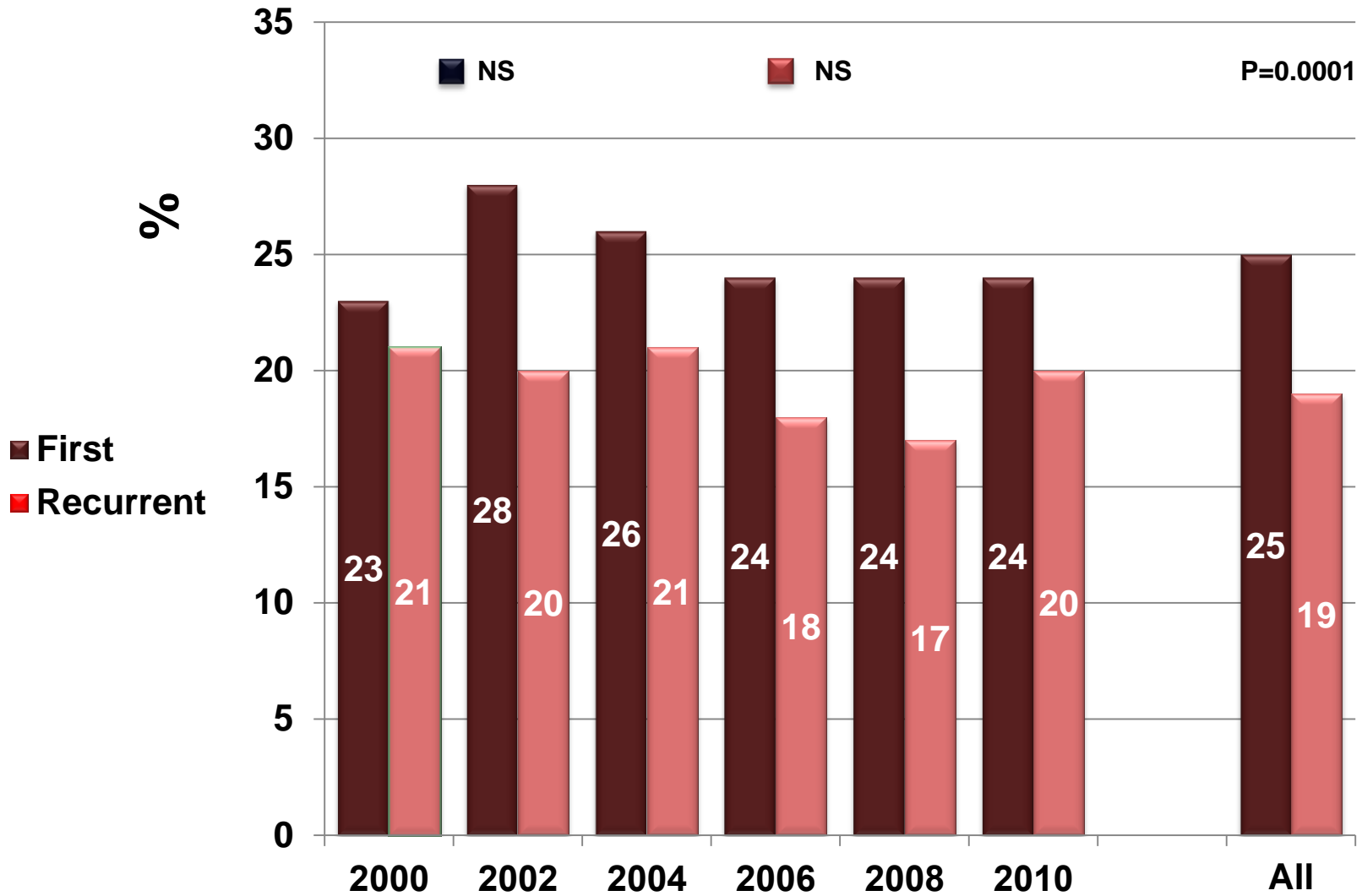
ACSIS 2000–2010 NSTEMI – Age



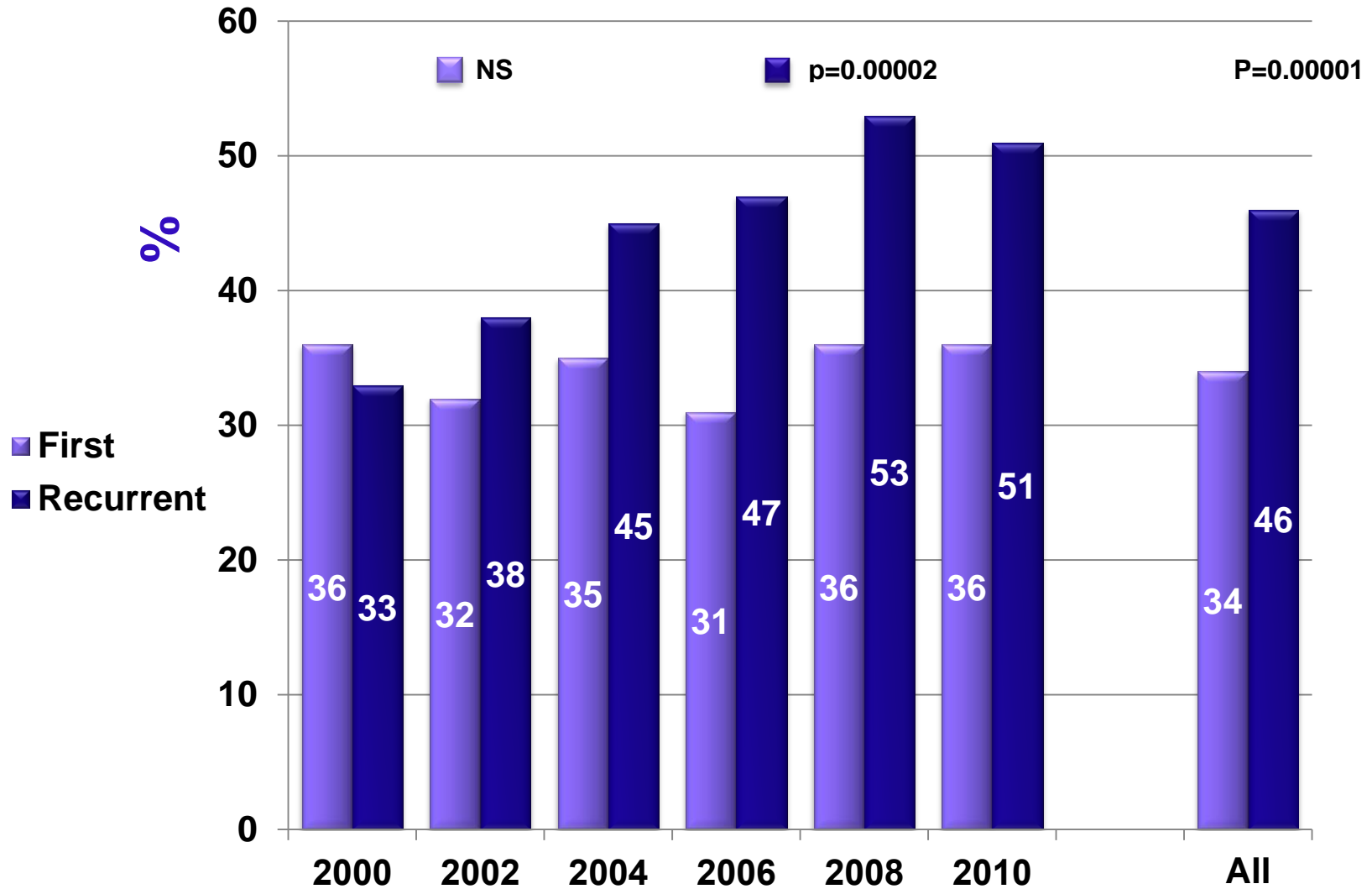
ACSIS 2000–2010 NSTEMI – Age > 75 yrs (%)



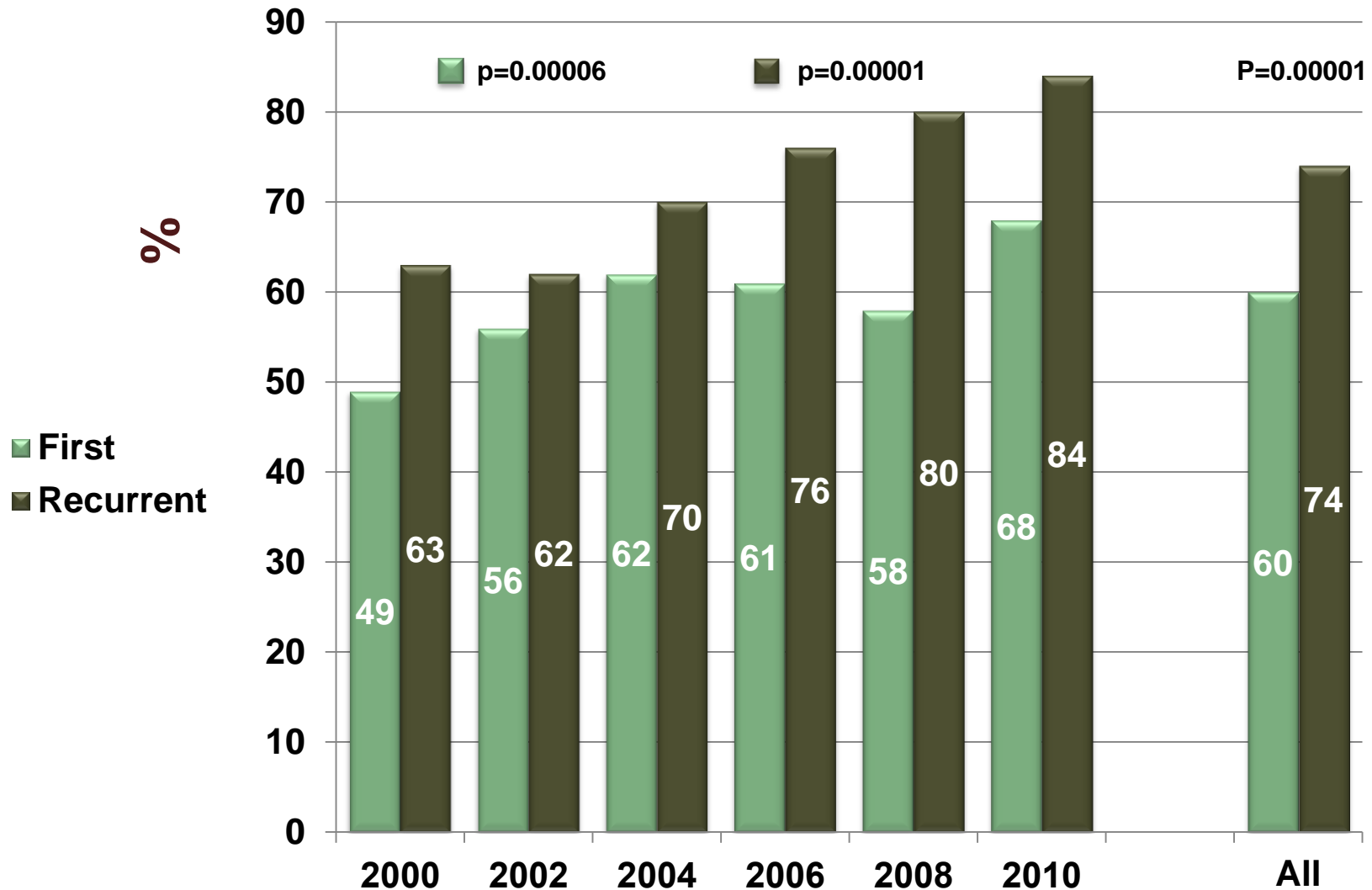
ACSIS 2000–2010 NSTEMI – Women (%)



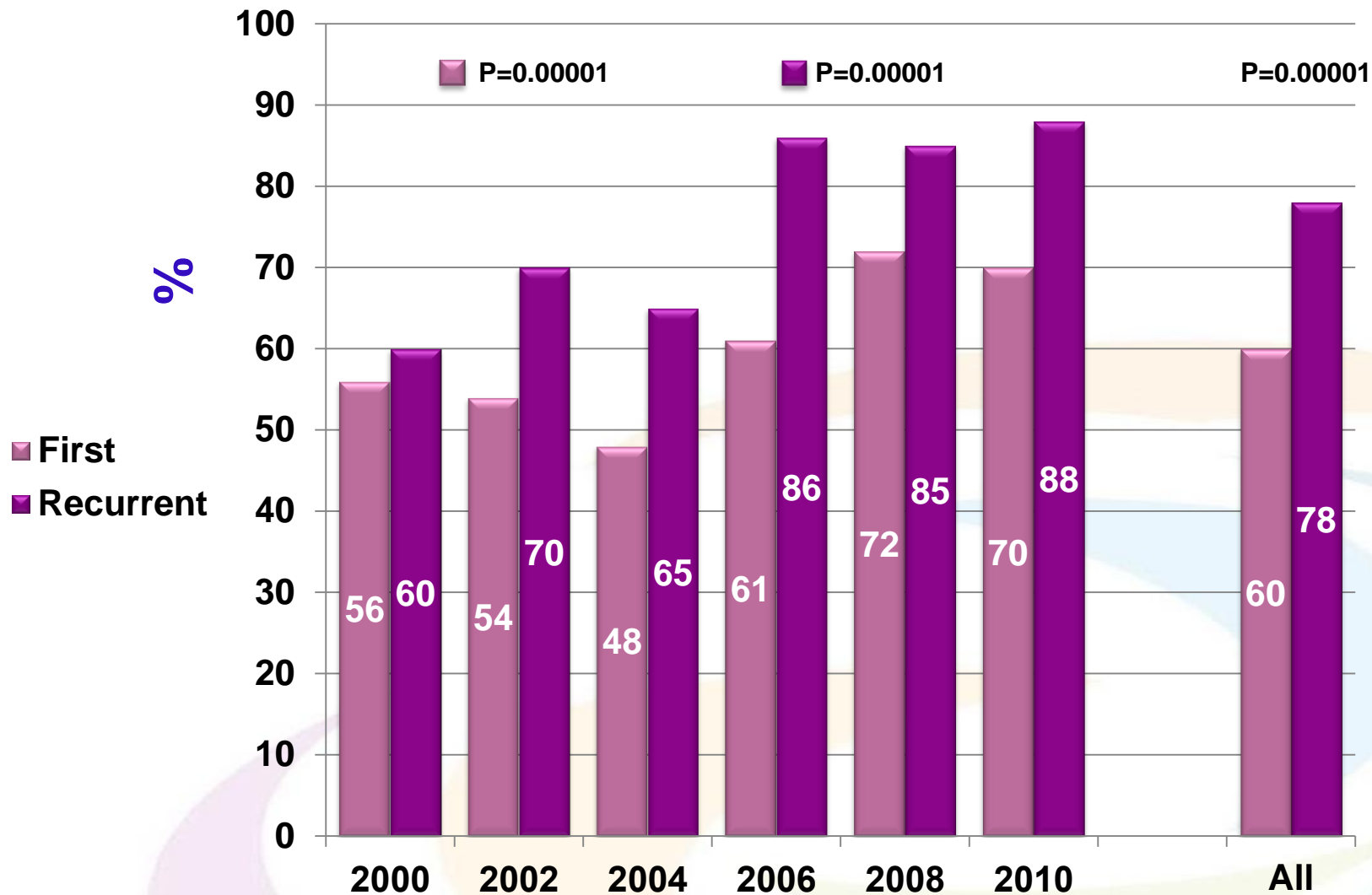
ACSIS 2000–2010 NSTEMI – Diabetes (%)



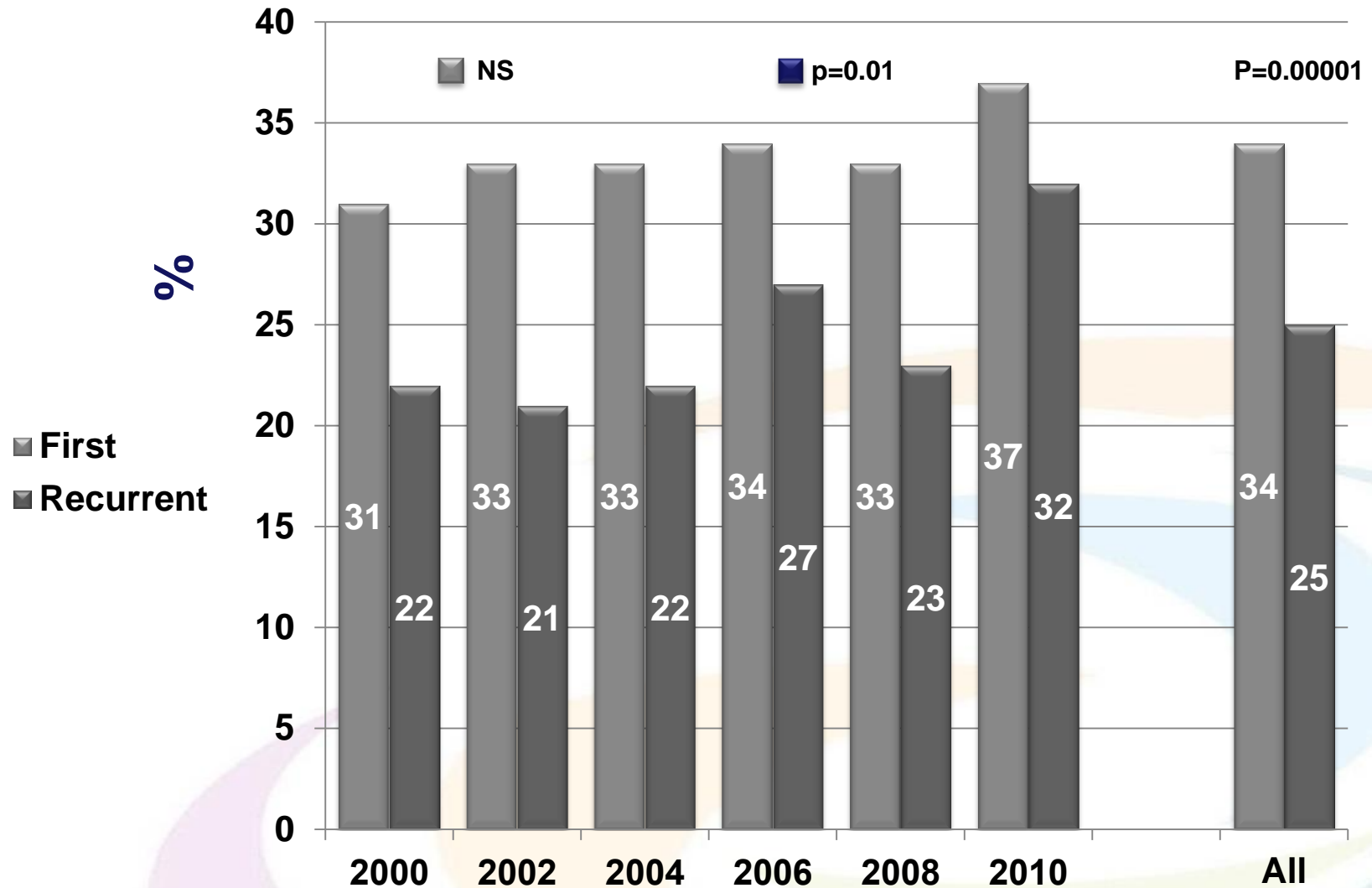
ACSIS 2000–2010 NSTEMI – Hypertension (%)



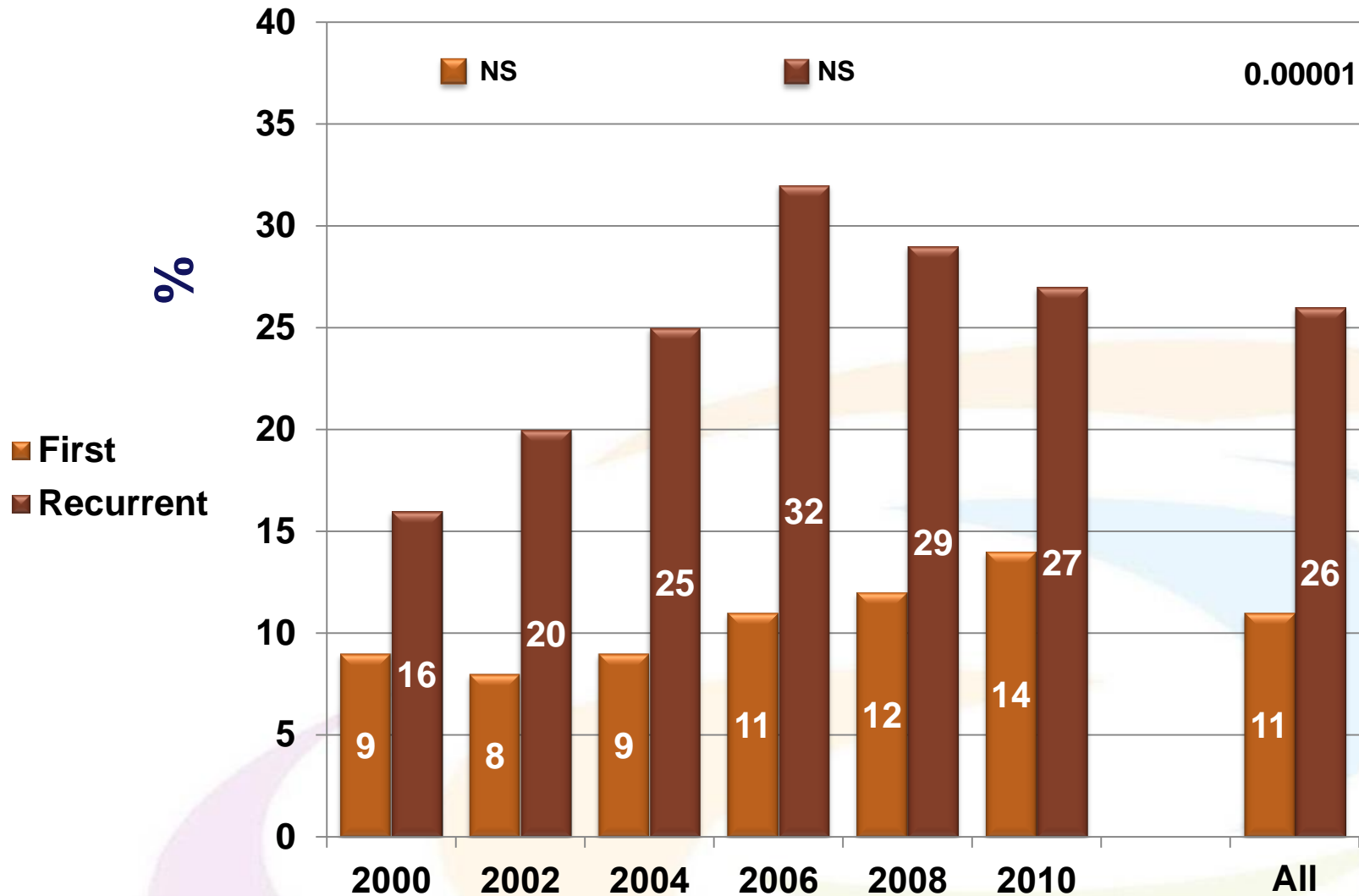
ACSIS 2000–2010 NSTEMI – Dyslipidemia (%)



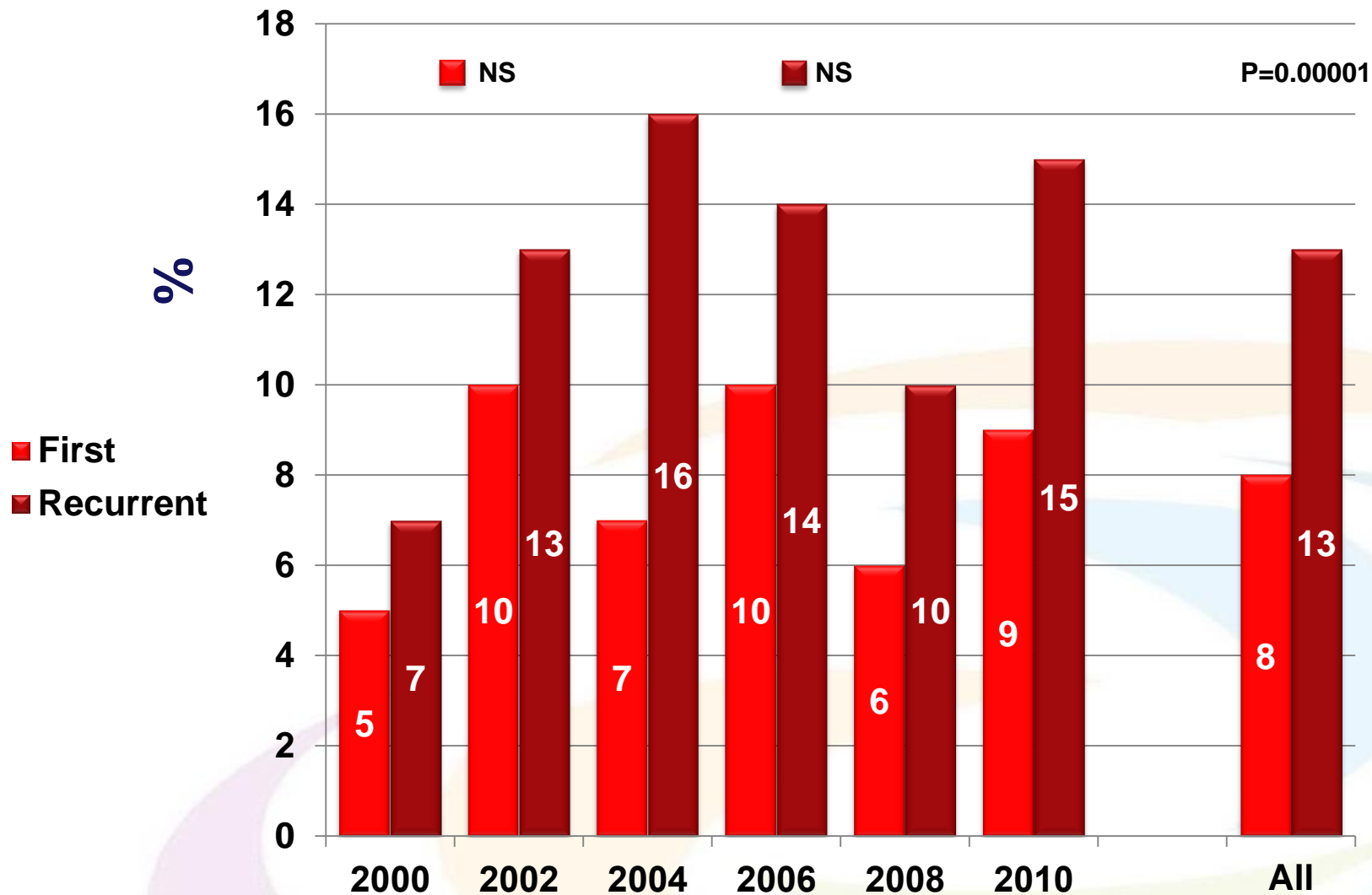
ACSIS 2000–2010 NSTEMI – Current Smoker (%)



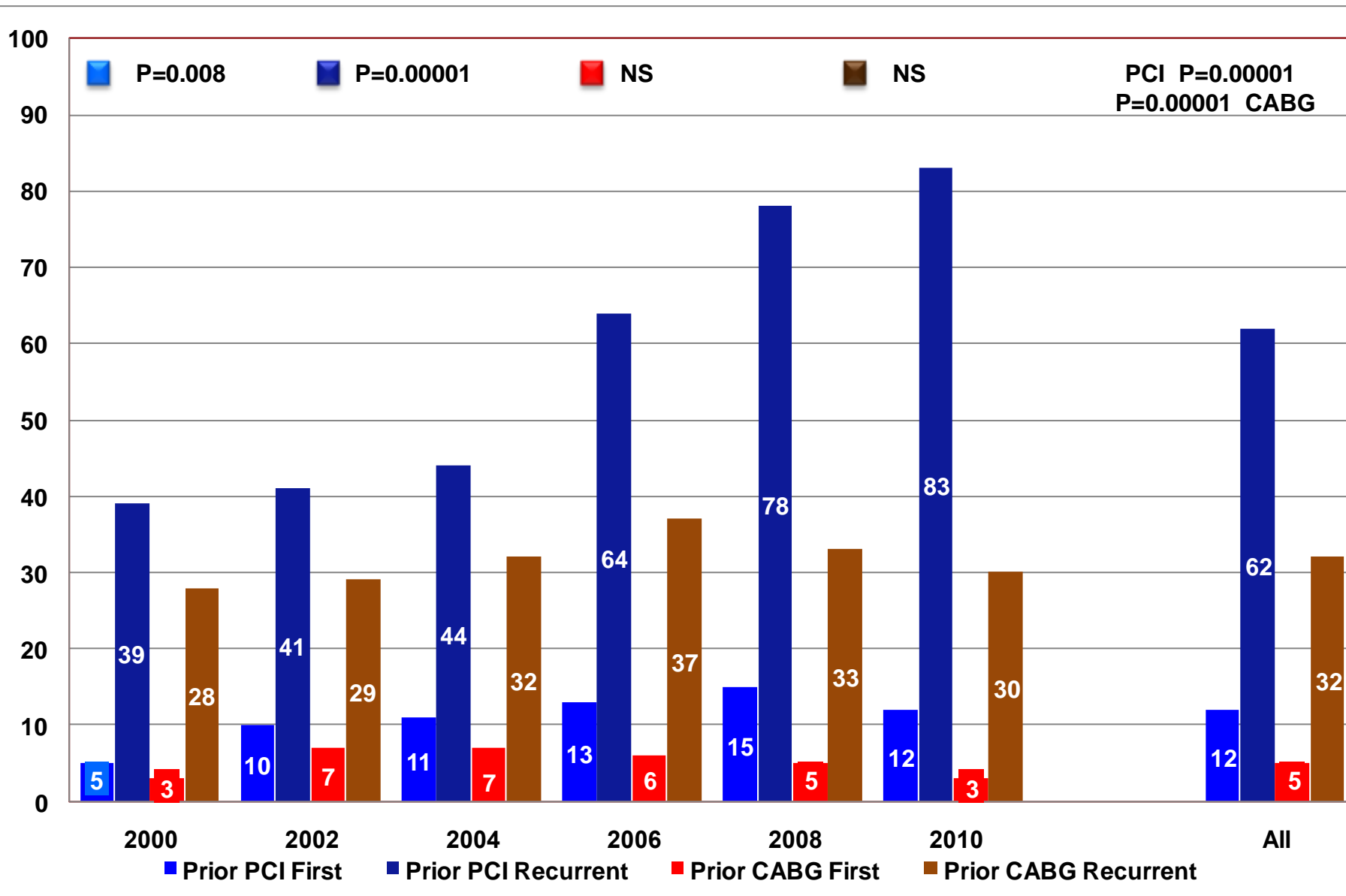
ACSIS 2000–2010 NSTEMI – Chronic Renal Failure (%)



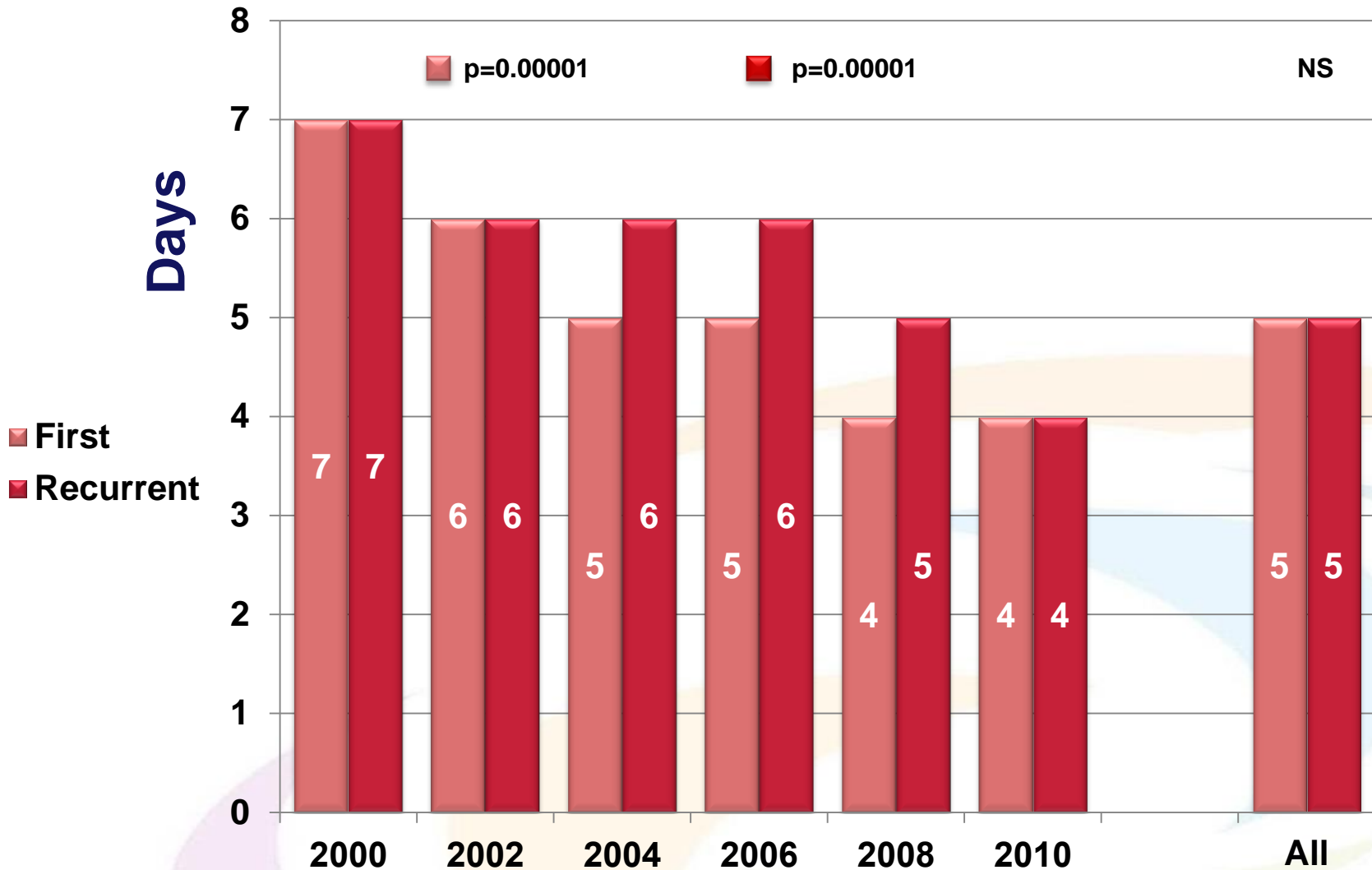
ACSIS 2000–2010 NSTEMI – S/P CVA (%)



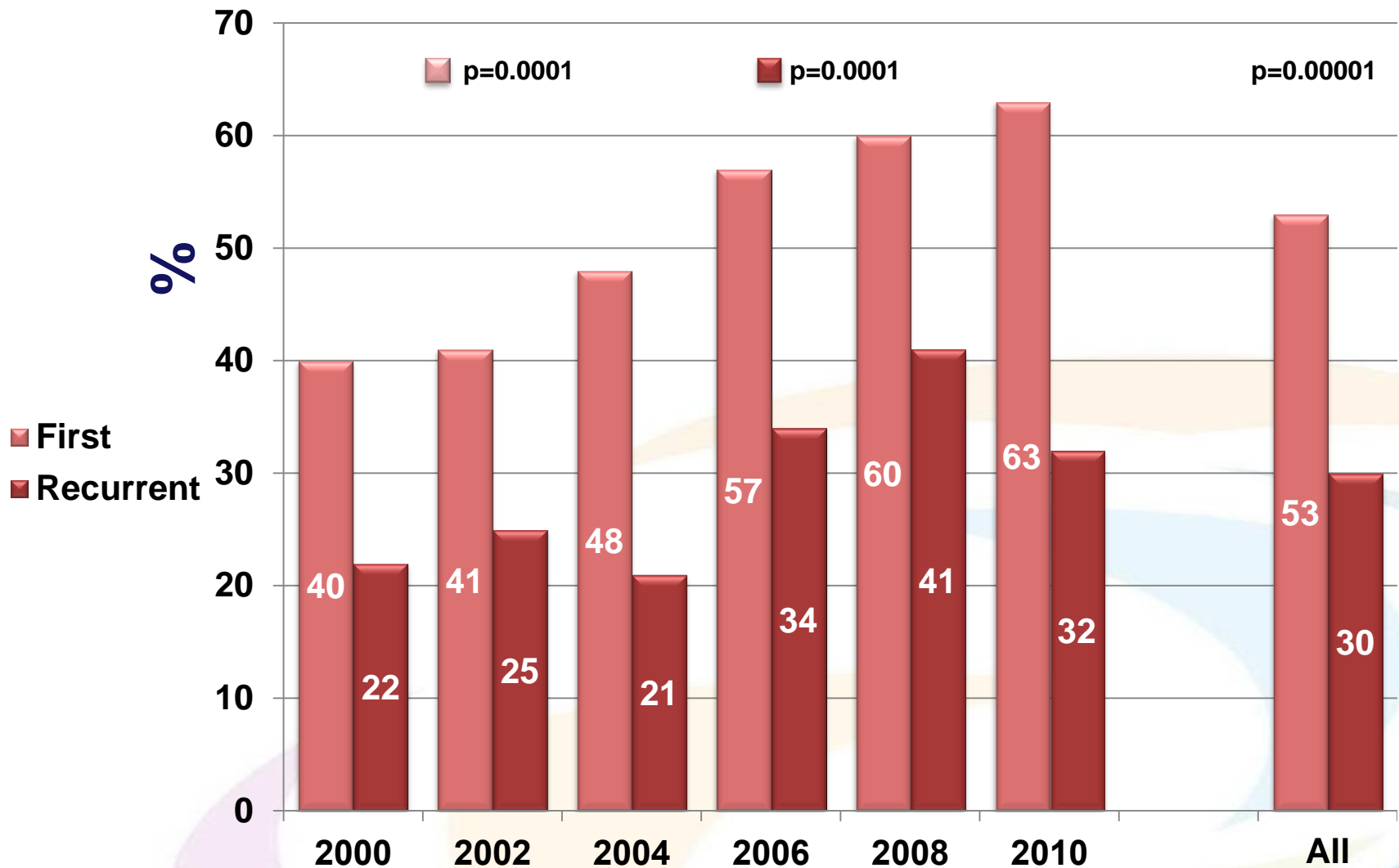
(%) ACSIS 2000–2010 NSTEMI – Prior Interventions



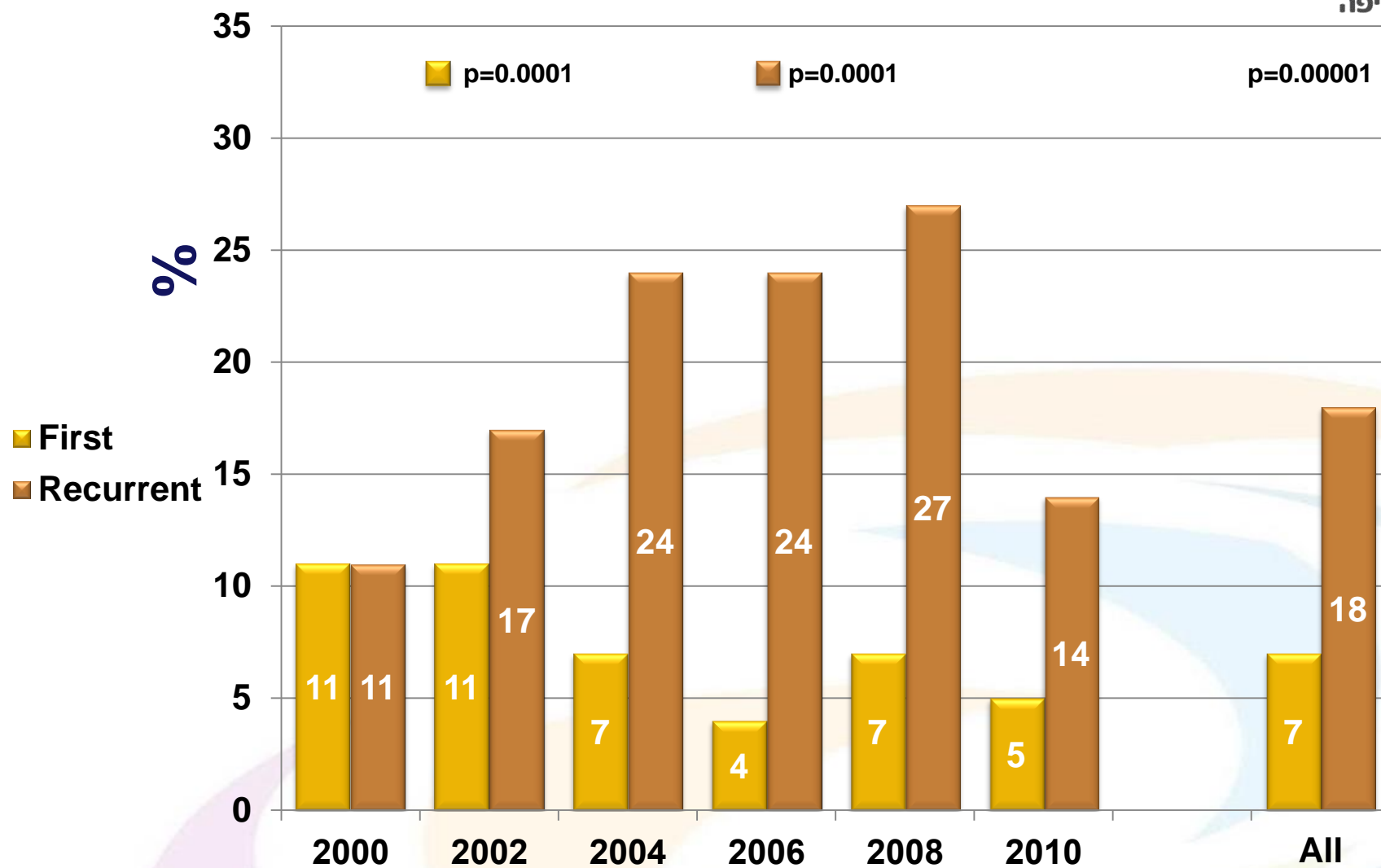
ACSIS 2000–2010 NSTEMI – Length of Hospitalization Median



ACSIS 2000–2010 NSTEMI – LVEF Normal (>50%)



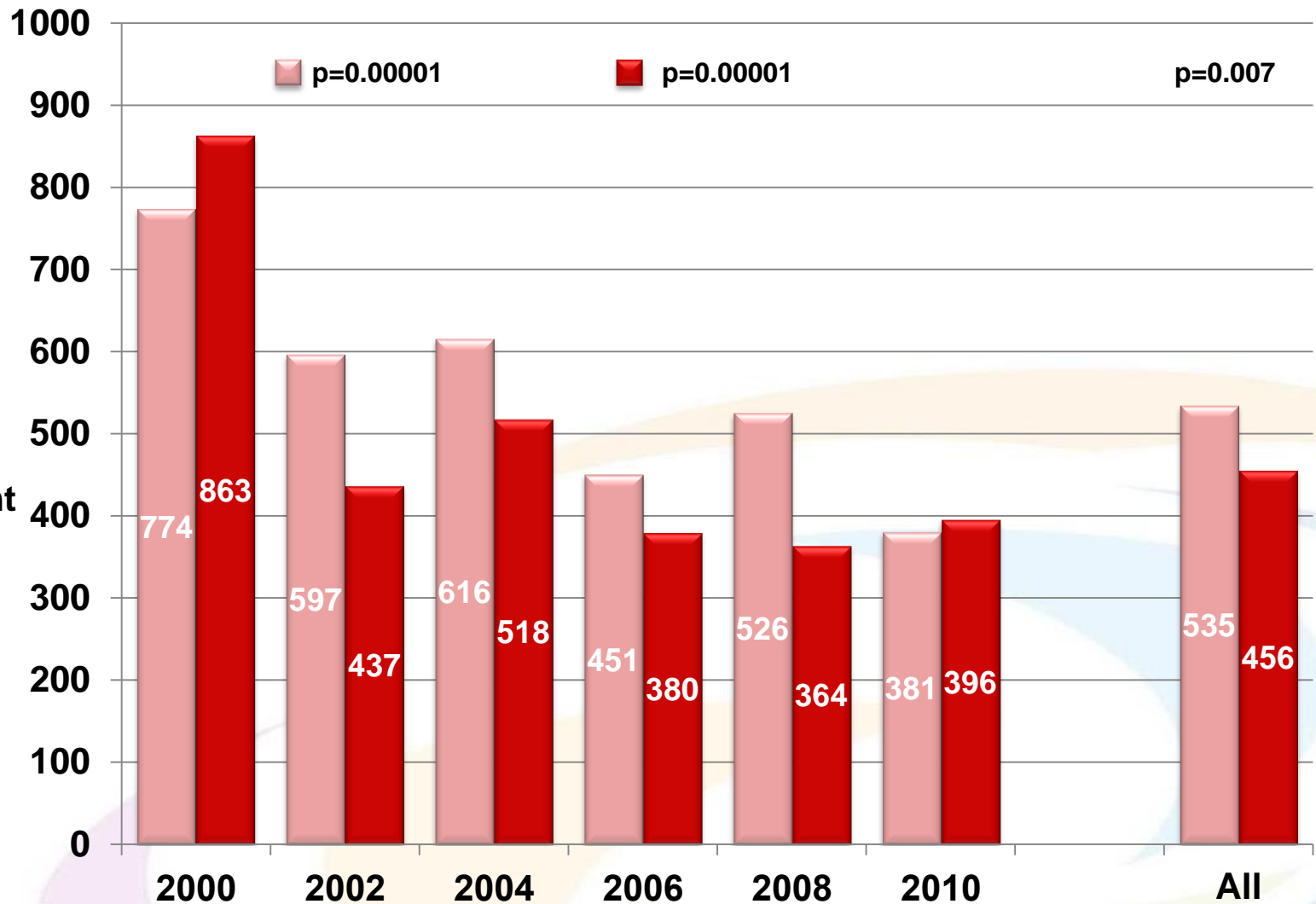
ACSIS 2000–2010 NSTEMI – LVEF Severely reduced ($\leq 30\%$)



ACSIS 2000–2010 NSTEMI – Laboratory Results

| | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 | P trend | All | P Recurrent vs. First |
|----------------------------------|------|------|------|------|------|------|---------|-----|-----------------------|
| Total cholesterol (mg/dL) | | | | | | | | | |
| First | 206 | 193 | 195 | 189 | 183 | 181 | 0.00001 | 190 | 0.00001 |
| Recurrent | 192 | 187 | 184 | 169 | 164 | 166 | 0.00001 | 175 | |
| Triglycerides (mg/dL) | | | | | | | | | |
| First | | 170 | 174 | 174 | 169 | 161 | NS | 170 | NS |
| Recurrent | | 164 | 167 | 161 | 159 | 164 | NS | 163 | |
| LDL-cholesterol (mg/dL) | | | | | | | | | |
| First | | 123 | 118 | 116 | 111 | 111 | 0.0008 | 115 | 0.00001 |
| Recurrent | | 116 | 109 | 97 | 94 | 96 | 0.00001 | 101 | |
| HDL-cholesterol (mg/dL) | | | | | | | | | |
| First | | 41 | 42 | 40 | 41 | 40 | NS | 41 | NS |
| Recurrent | | 41 | 42 | 40 | 39 | 40 | NS | 40 | |

ACSYS 2000–2010 NSTEMI – Maximal CPK



ACSIS 2000–2010 NSTEMI – Laboratory Results

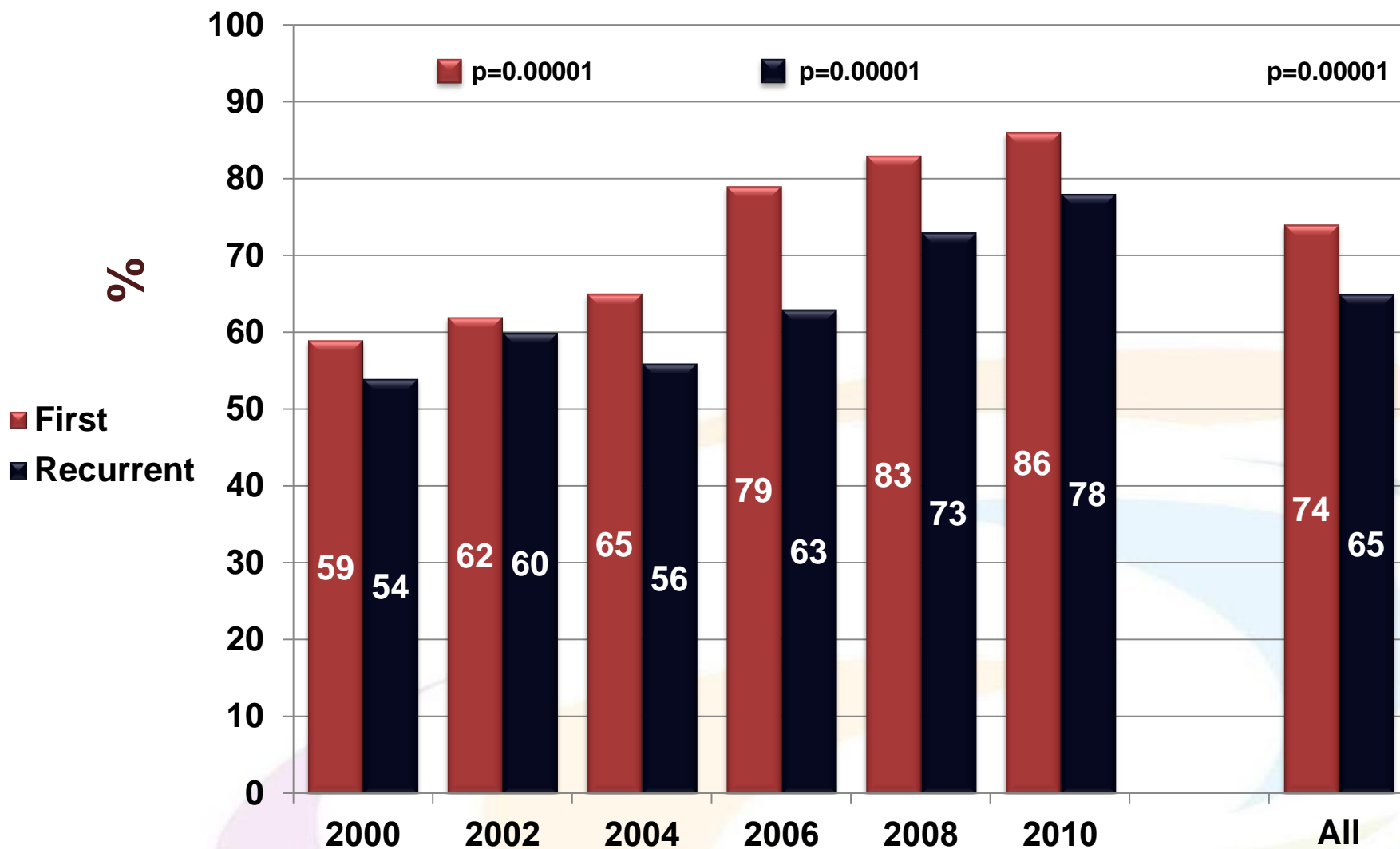
| | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 | P trend | All | P Recurrent vs. First |
|---------------------------|------|------|------|------|------|------|---------|------|-----------------------|
| Hemoglobin (gr/dL) | | | | | | | | | |
| First | | 13.1 | 12.9 | 13.6 | 13.7 | 13.6 | 0.00001 | 13.4 | 0.00001 |
| Recurrent | | 12.8 | 12.5 | 13.0 | 13.1 | 13.2 | 0.0003 | 12.9 | |
| Glucose (mg/dL) | | | | | | | | | |
| First | | | 171 | 134 | 140 | 141 | NS | 146 | 0.00001 |
| Recurrent | | | 189 | 142 | 159 | 167 | 0.00001 | 163 | |
| Creatinine (mg/dL) | | | | | | | | | |
| First | | 1.2 | 1.3 | 1.1 | 1.2 | 1.2 | NS | 1.2 | 0.00001 |
| Recurrent | | 1.4 | 1.6 | 1.4 | 1.4 | 1.5 | NS | 1.5 | |

ACSIS 2000–2010 NSTEMI – In-Hospital Medications

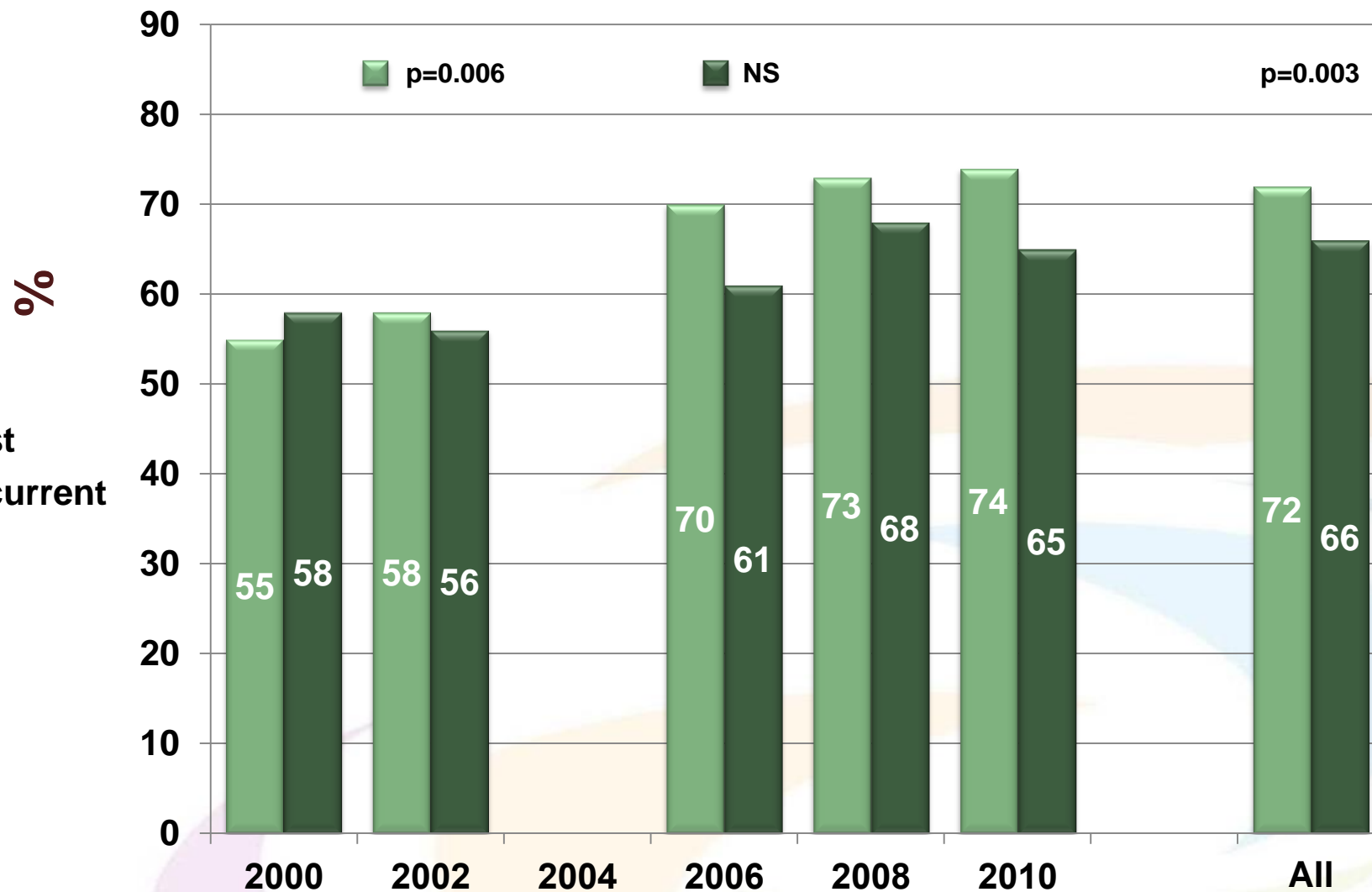


| | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 | P trend | All | P Recurrent vs. First |
|-------------------------|------|------|------|------|------|------|---------|-----------|-----------------------|
| IIb IIIa (%) | | | | | | | | | |
| First | 12 | 9 | 16 | 22 | 23 | 12 | 0.006 | 16 | 0.006 |
| Recurrent | 17 | 6 | 9 | 14 | 18 | 14 | 0.06 | 13 | |
| IV inotropes (%) | | | | | | | | | |
| First | | | 2 | 3 | 2 | 4 | NS | 3 | 0.0002 |
| Recurrent | | | 9 | 7 | 3 | 4 | 0.01 | 6 | |
| Nitrates (%) | | | | | | | | | |
| First | 82 | 55 | 27 | | 24 | 23 | 0.00001 | 37 | 0.00001 |
| Recurrent | 85 | 68 | 41 | | 44 | 33 | 0.00001 | 49 | |
| Diuretics (%) | | | | | | | | | |
| First | 33 | 25 | 30 | 28 | 25 | 24 | 0.07 | 27 | 0.00001 |
| Recurrent | 46 | 44 | 55 | 47 | 50 | 45 | NS | 48 | |

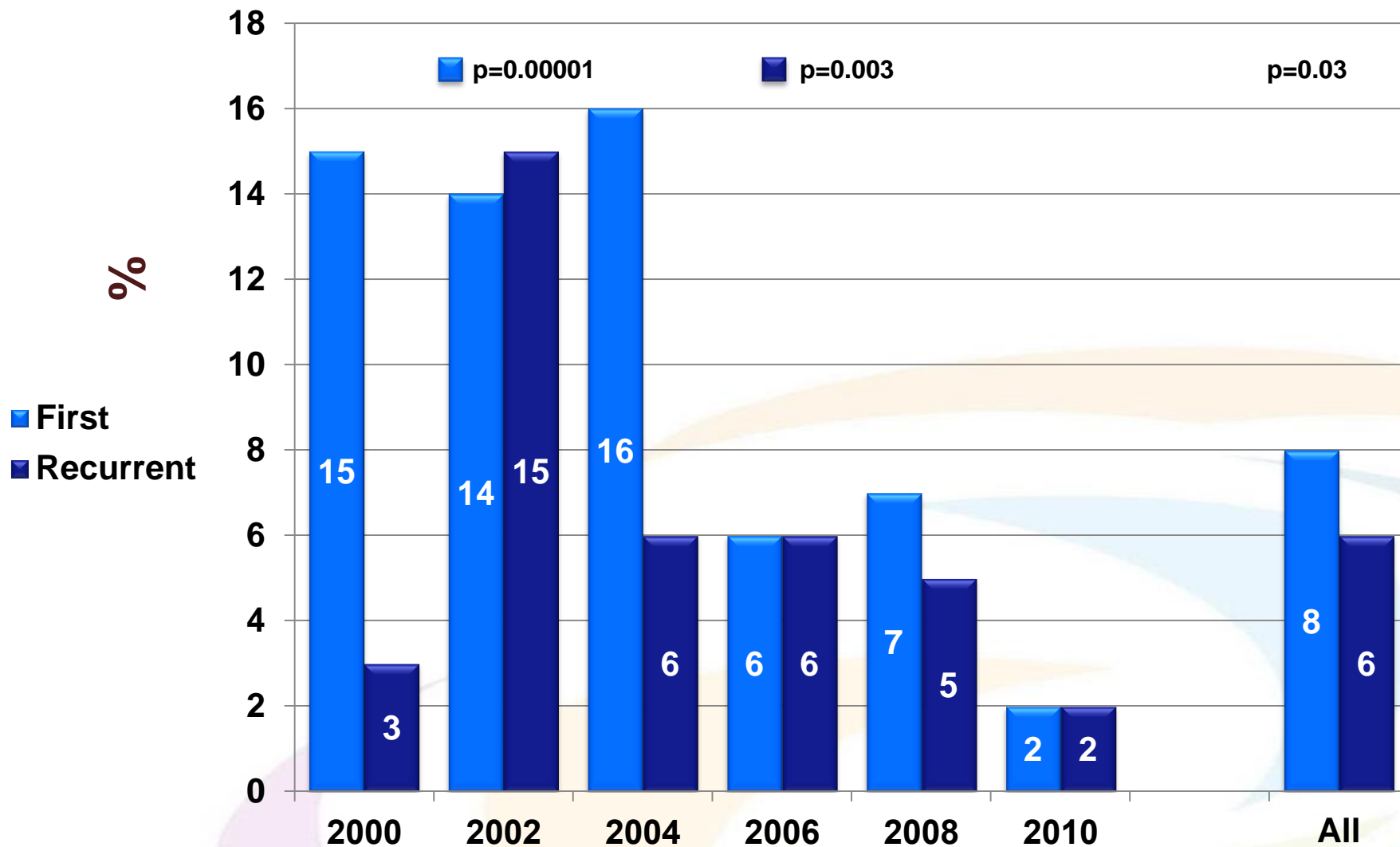
ACSIS 2000–2010 NSTEMI – Coronary Angiography



ACSIS 2000–2010 NSTEMI – Any PCI



ACSIS 2000–2010 NSTEMI – CABG



ACSIS 2000–2010 NSTEMI – Discharge Medications



| | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 | P trend | All | P Recurrent vs. First |
|------------------------------------|------|------|------|------|------|------|---------|-----------|-----------------------|
| Aspirin (%) | | | | | | | | | |
| First | 93 | 91 | 95 | 97 | 96 | 97 | 0.0003 | 95 | 0.06 |
| Recurrent | 96 | 88 | 91 | 95 | 94 | 96 | 0.03 | 93 | |
| Clopidogrel (%) | | | | | | | | | |
| First | 33 | 51 | 59 | 72 | 78 | 82 | 0.00001 | 66 | 0.02 |
| Recurrent | 32 | 43 | 47 | 69 | 76 | 81 | 0.00001 | 62 | |
| Diuretics (%) | | | | | | | | | |
| First | 24 | 20 | 26 | 23 | 21 | 21 | NS | 22 | 0.00001 |
| Recurrent | 44 | 41 | 48 | 40 | 42 | 44 | NS | 43 | |
| Aldosterone Antagonists (%) | | | | | | | | | |
| First | | | 4 | 3 | 3 | 4 | NS | 4 | 0.00001 |
| Recurrent | | | 11 | 11 | 6 | 10 | NS | 9 | |

ACSIS 2000–2010 NSTEMI – Discharge Medications



| | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 | P trend | All | P Recurrent vs. First |
|--------------------------|------|------|------|------|------|------|---------|-----------|-----------------------|
| Beta blockers (%) | | | | | | | | | |
| First | 71 | 78 | 81 | 82 | 81 | 80 | 0.03 | 80 | 0.06 |
| Recurrent | 72 | 80 | 79 | 84 | 86 | 86 | 0.0004 | 82 | |
| ACE-I/ARB (%) | | | | | | | | | |
| First | 56 | 65 | 73 | 73 | 74 | 77 | 0.00001 | 71 | 0.0005 |
| Recurrent | 64 | 75 | 73 | 75 | 80 | 86 | 0.00001 | 77 | |
| Nitrates (%) | | | | | | | | | |
| First | 50 | 27 | 21 | | 5 | 5 | 0.00001 | 17 | 0.00001 |
| Recurrent | 56 | 47 | 35 | | 22 | 16 | 0.00001 | 31 | |
| CCBs (%) | | | | | | | | | |
| First | 18 | 16 | 18 | | 20 | 19 | NS | 18 | 0.03 |
| Recurrent | 15 | 16 | 21 | | 28 | 24 | 0.005 | 22 | |



| | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 | P trend | All | P Recurrent vs. First |
|-------------------------------|------|------|------|------|------|------|---------|------------|-----------------------|
| Statins (%) | | | | | | | | | |
| First | 55 | 62 | 80 | 92 | 91 | 95 | 0.00001 | 83 | NS |
| Recurrent | 54 | 70 | 76 | 91 | 90 | 97 | 0.00001 | 83 | |
| Digoxin (%) | | | | | | | | | |
| First | 5 | 2 | 0.5 | 2 | 2 | 1 | 0.04 | 1.5 | 0.00001 |
| Recurrent | 8 | 6 | 7 | 5 | 3 | 2 | 0.002 | 5 | |
| Insulin (%) | | | | | | | | | |
| First | 5 | 7 | 9 | 8 | 6 | 8 | NS | 8 | 0.00001 |
| Recurrent | 3 | 9 | 11 | 18 | 16 | 21 | 0.00001 | 14 | |
| Oral hypoglycemics (%) | | | | | | | | | |
| First | 22 | 18 | 13 | 17 | 19 | 18 | NS | 17 | 0.007 |
| Recurrent | 20 | 17 | 17 | 23 | 22 | 24 | <0.05 | 21 | |

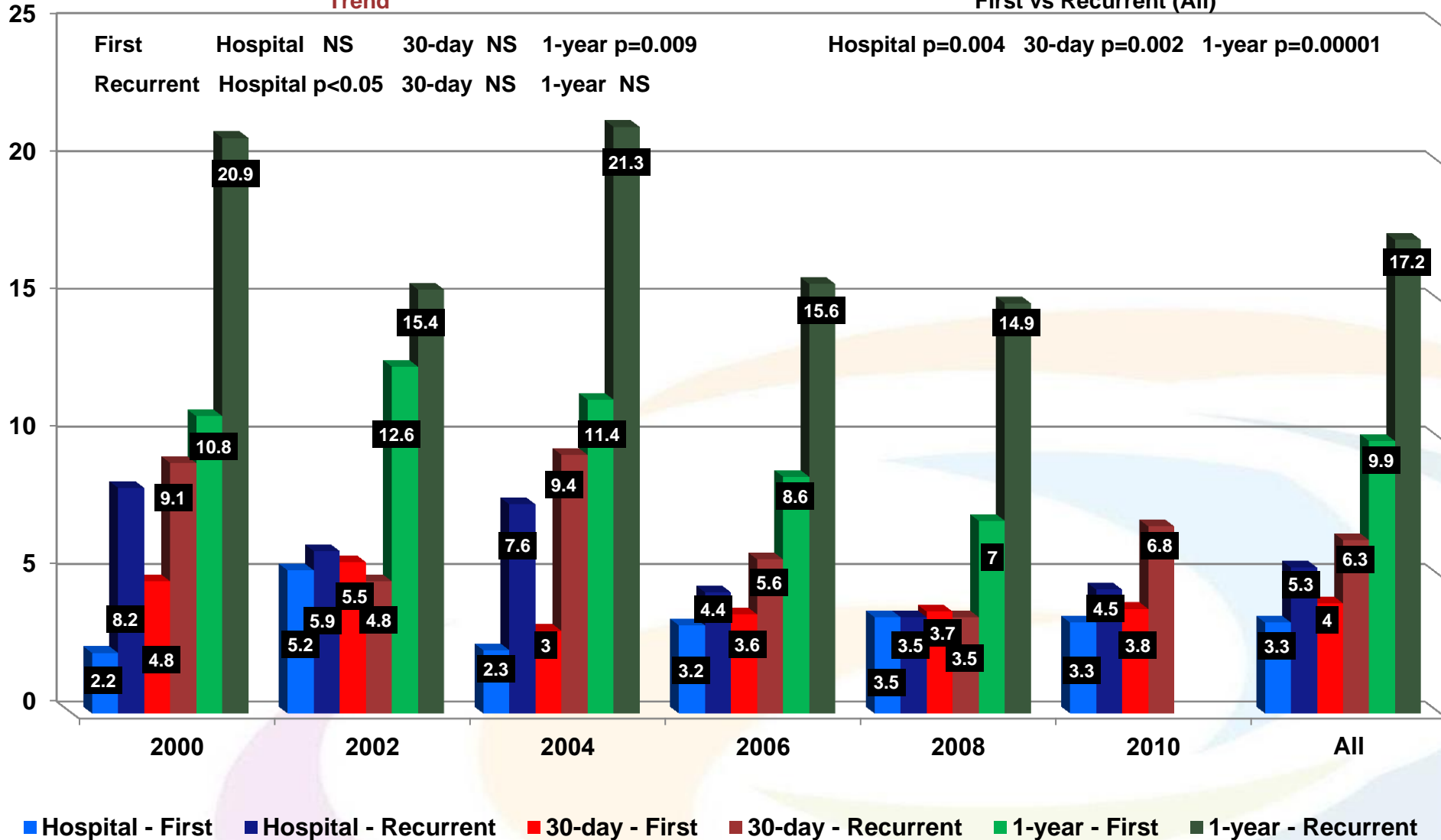
ACSIS 2000–2010 NSTEMI – Mortality (%)

Trend

First vs Recurrent (All)

First Hospital NS 30-day NS 1-year p=0.009
 Recurrent Hospital p<0.05 30-day NS 1-year NS

Hospital p=0.004 30-day p=0.002 1-year p=0.00001





| | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 | P trend | All | P Recurrent vs. First |
|--------------------------|------|------|------|------|------|------|---------|-----|-----------------------|
| NSTEMI | | | | | | | | | |
| First - Age (yrs) | 65 | 65 | 65 | 65 | 63 | 64 | NS | 65 | |
| Mortality (%) | 3.3 | 5.2 | 2.3 | 3.2 | 3.5 | 3.3 | NS | 3.3 | |
| Recurrent – Age | 68 | 69 | 70 | 69 | 70 | 68 | NS | 69 | 0.00001 |
| Mortality (%) | 8.2 | 5.9 | 7.6 | 4.4 | 3.5 | 4.5 | 0.05 | 5.3 | 0.004 |
| STEMI | | | | | | | | | |
| First - Age (yrs) | 61 | 62 | 62 | 60 | 60 | 61 | NS | 61 | |
| Mortality (%) | 7.8 | 5.4 | 5.2 | 2.8 | 5.5 | 2.8 | 0.0004 | 5.0 | |
| Recurrent – Age | 66 | 64 | 66 | 65 | 63 | 65 | NS | 65 | 0.00001 |
| Mortality (%) | 11.2 | 4.7 | 7.9 | 8.7 | 4.5 | 7.3 | NS | 7.4 | 0.008 |



| | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 | P trend | All | P Recurrent vs. First |
|----------------------|-------------|------------|------------|------------|------------|------------|---------------|------------|-----------------------|
| NSTEMI | | | | | | | | | |
| First (%) | 4.0 | 5.5 | 3.0 | 3.6 | 3.7 | 3.8 | NS | 4.0 | 0.002 |
| Recurrent (%) | 9.1 | 4.8 | 9.4 | 5.6 | 3.5 | 6.8 | NS | 6.3 | |
| STEMI | | | | | | | | | |
| First (%) | 9.2 | 5.2 | 6.4 | 3.4 | 6.0 | 3.4 | 0.0003 | 5.7 | 0.002 |
| Recurrent (%) | 15.4 | 6.2 | 8.5 | 8.7 | 3.8 | 8.6 | 0.04 | 8.6 | |



| | 2000 | 2002 | 2004 | 2006 | 2008 | 2010 | P trend | All | P Recurrent vs. First |
|----------------------|-------------|-------------|-------------|-------------|------------|------|--------------|-------------|-----------------------|
| NSTEMI | | | | | | | | | |
| First (%) | 10.8 | 12.6 | 11.4 | 8.6 | 7.0 | | 0.009 | 9.9 | |
| Recurrent (%) | 20.9 | 15.4 | 21.3 | 15.6 | 14.9 | | NS | 17.2 | 0.00001 |
| STEMI | | | | | | | | | |
| First (%) | 12.7 | 8.1 | 9.7 | 7.5 | 8.1 | | 0.01 | 9.3 | 0.00001 |
| Recurrent (%) | 23.1 | 14.7 | 15.1 | 20.2 | 8.3 | | 0.01 | 16.2 | |

- ◀ Recurrent NSTEMI pts are older, more >75 yrs, DM, HTN, dyslipidemia, CRF, PVD, s/p CVA, PCI and CABG, but are less women and current smokers.
- ◀ Recurrent STEMI pts have higher rates of LV dysfunction, Killip ≥ 2 and hospital complications.
- ◀ They underwent less cardiac catheterizations, PCI and CABG, received less IIbIIIa, but more inotropes, nitrates and diuretics
- ◀ During the first year their early and late mortality is significantly higher.
- ◀ In both study groups there is only tendency to mortality improvement, which reach statistical significance early only in recurrent NSTEMI and at 1-year only in First NSTEMI.
- ◀ NSTEMI pts First and Recurrent need improved therapeutic approach as although their hospital mortality is lower than STEMI counterparts it became higher at 1-year.



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Thank You