From PTCA to TAVR: Have We Fulfilled Gruentzig's Dream?

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Columbia University Medical Center Cardiovascular Research Foundation New York City



CARDIOVASCULAR RESEARCH

A Passion for Innovation

אייעד הקרילטי בישראל האיעד השראלי לבירורגית לב מזה אייעד איי

The 60th International Conference of the Israel Heart Society in association with the Israel Society of Cardiothoracic Surgery

22-23 April 2013, ICC International Convention Center, Jerusalem



Disclosure Statement of Financial Interest IHS 2013; Jerusalem, Israel

Martin B. Leon, MD

Within the past 12 months, I or my spouse/partner have had a financial interest/arrangement or affiliation with the organization(s) listed below.

Affiliation/Financial Relationship

- Grant/Research Support
- Consulting Fees/Honoraria
- Major Stock Shareholder/Equity

Company

- Abbott, Boston Scientific, Edwards Lifesciences, Medtronic
- Meril Lifescience, Angioscore, Micell, Symetis
- Caliber, Sadra, Claret, Coherex, Medinol, Valve Medical, Backbeat, Impulse Dynamic, Angiometrix, GDS, Mitralign, Apica





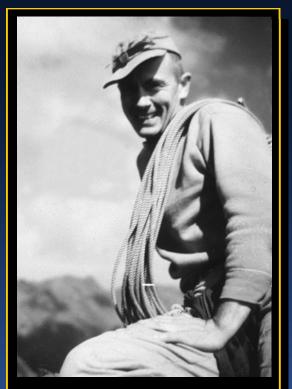
The Early Pioneers



Forsmann



Sones

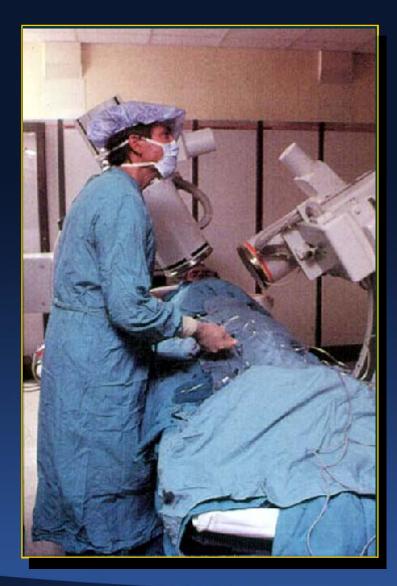


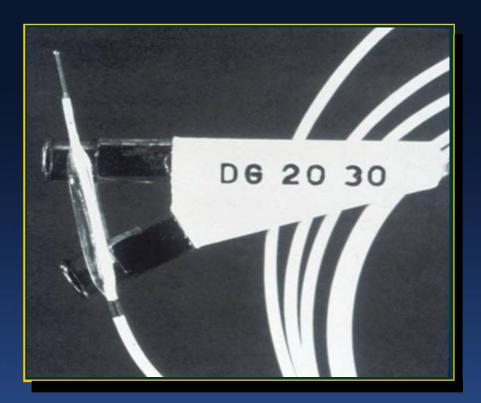
Dotter





Andreas' Tools

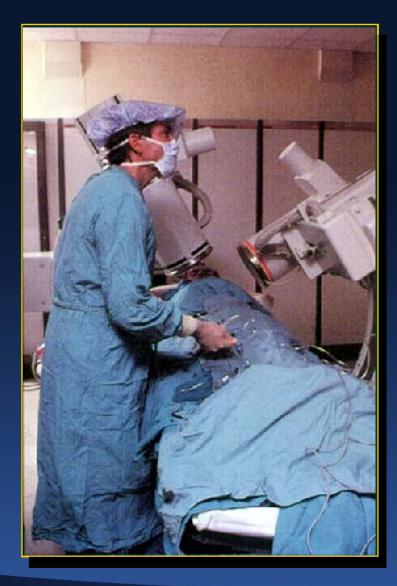


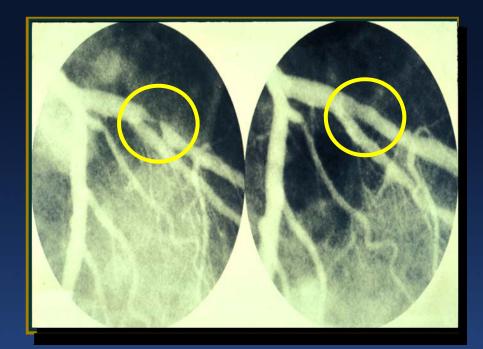






Andreas' Results

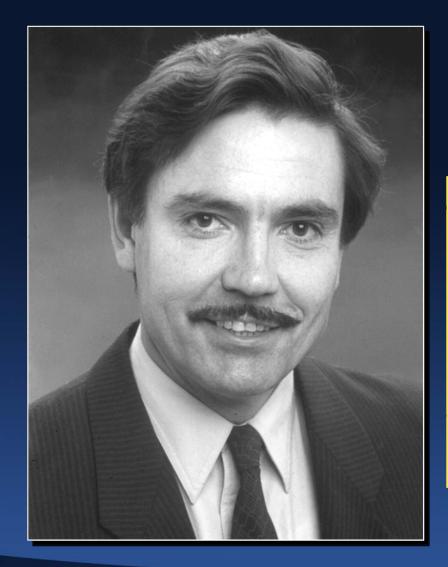








The Founder of PTCA!



Andreas Gruentzig 1939 - 1985

His dream was the catheter-based percutaneous treatment of vascular disease in alert, awake patients!





Gruentzig's PTCA Principles...

- SAFE minimize major complications (including abrupt closure and need for surgical backup)
- PREDICTABLE consistent procedural results (in all lesions and all patients)
- APPROPRIATE APPLICATION (1) only treat clinically significant lesions (e.g. measure trans-lesion gradients); (2) conservative expansion from simple to more complex lesion subsets
- **DEFINITIVE OUTCOMES** (1) optimize acute angiographic results; (2) minimize restenosis
- EVIDENCE-BASED MEDICINE committed to rigorous clinical research to identify complications and justify clinical applications (e,g, NHLBI PTCA Registry)





Gruentzig's PTCA Principles...

- TECHNOLOGY INNOVATION relentless effort to improve all aspects of interventional device technology, advanced angiographic imaging, and cath lab milieu
- MULTI-DISCIPLINARY APPROACH apply principle of less-invasive catheter-based treatment of remote lesions across different vascular beds and by different subspecialty therapists (ie. training and commitment overrides territorial specialist considerations)





From PTCA to TAVR

PTCA and Early Stents

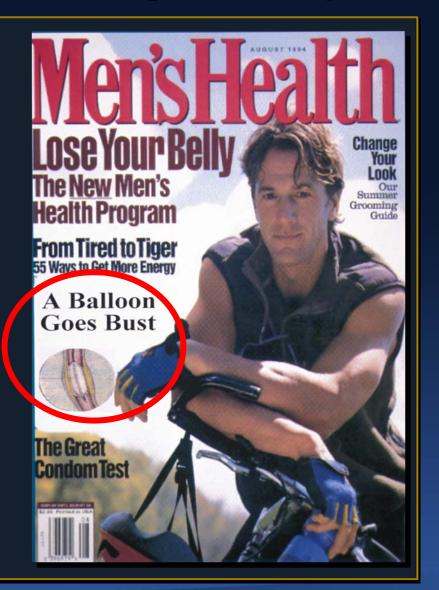




The Saga of Balloon Angioplasty

 ✓ Frequent dissections, recoil and poor angiographic outcomes
 ✓ Acute closure (surgical backup required)
 ✓ Ineffective in calcified (and other) lesions
 ✓ RESTENOSIS!!!

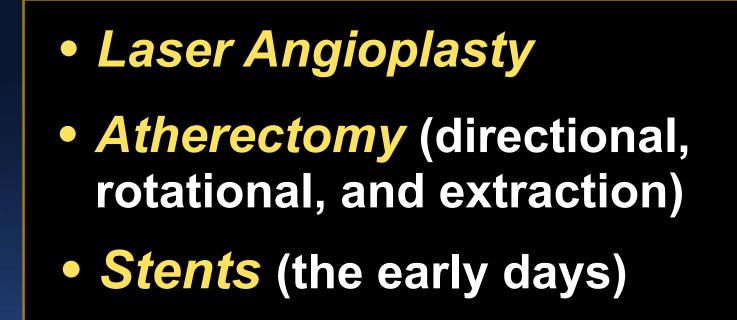








The "New Device" Era







Laser "Hot Tip" Catheter

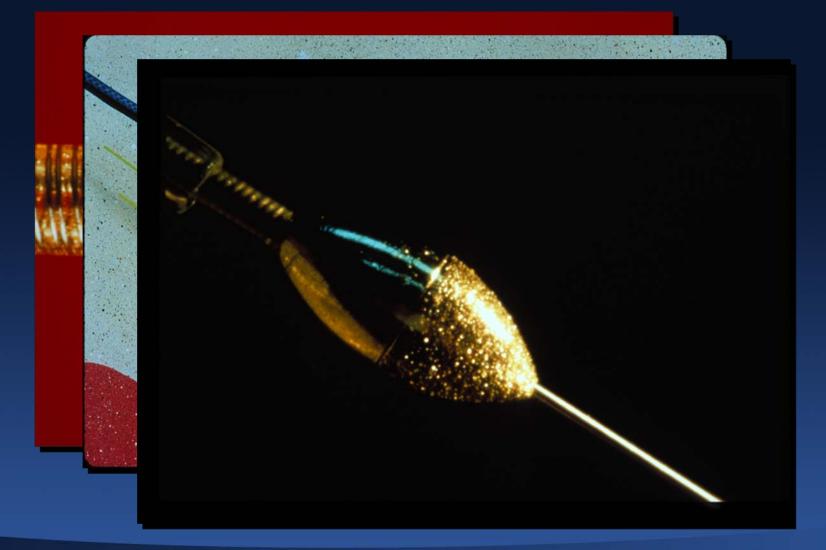
You've Never Used A Catheter Like This Before.

> ...and once you did, you would never want to use it again!





Coronary Atherectomy







"New Device" Angioplasty Arrives

✓ Frequent complications (incl. perforations) ✓ Some improvement in complex lesion subsets (e.g. calcified) ✓ Greater operator expertise required and more costly ✓ HIGHER RESTENOSIS!!!

> Still Not Good Enough!





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The Palmaz-Schatz Stent







An Endovascular Scaffold





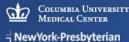


Early Days of Coronary Stents



First Palmaz-Schatz Stent in Human December 31st, 1987





BENESTENT I

Patients with new lesions in native coronary arteries >3.0mm n = 516



Elective PTCA with stent bailout (n = 257)

Elective P-S Stent

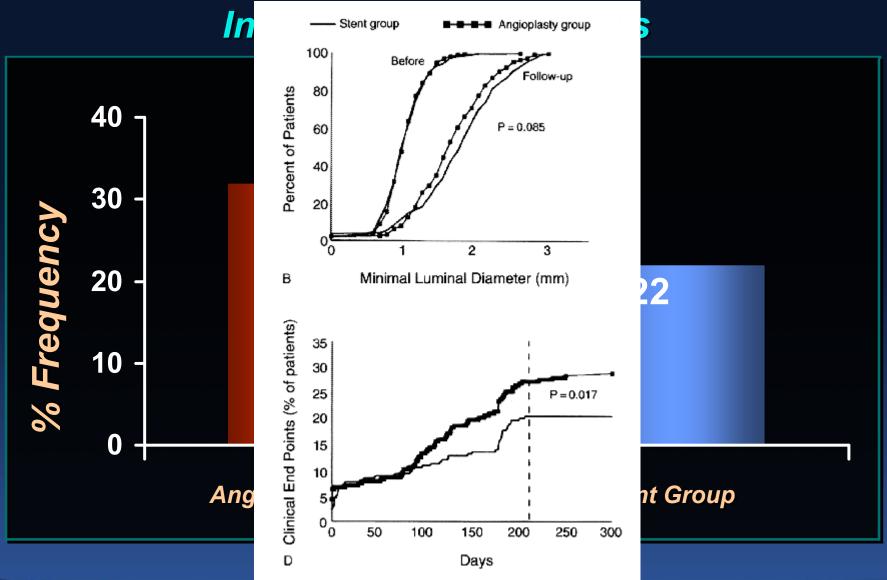
(n = 259)



Serruys et al. NEJM;331:489, 1994



BENESTENT I





Serruys et al. NEJM;331:489, 1994



STRESS I & II Trials

Patients with new lesions in native coronary arteries <u>></u>3.0mm n = 596



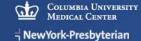
Elective PTCA with stent bailout (n = 291)

Elective P-S Stent

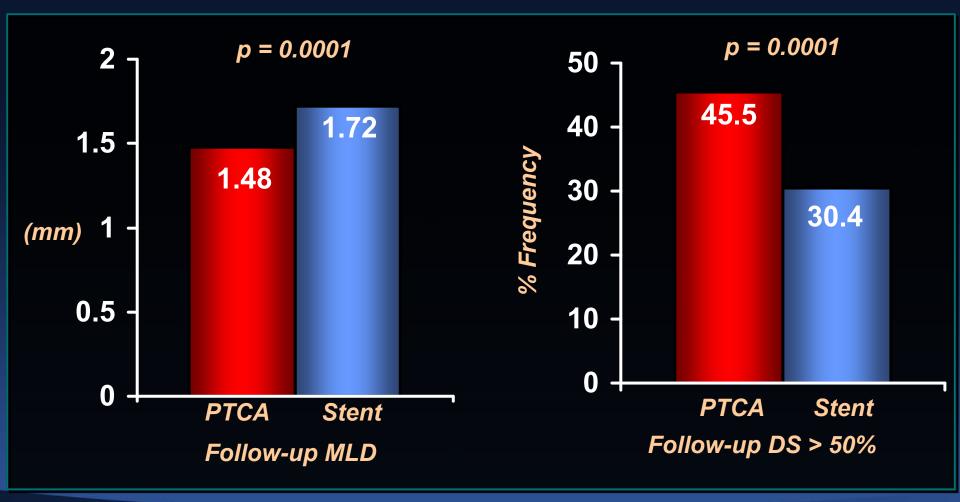
(n = 305)



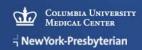
Goldberg et al. NEJM;331:496, 1994



Late Clinical Outcomes: STRESS I + II *Follow-up Angiographic Findings n* = 596







Finally, after 6 agonizing years of clinical studies



...and we're off and running!





The Age of Empiricism

- In the early days of balloon PTCA (1977) thru the new device era, the determination of "clinical value" was assessed via case experiences, by "word of mouth", and non-rigorous observational studies.
- This "pseudo-surgical" approach resulted in overly simplistic and often incorrect impressions of many interventional device therapies.
- The FDA-approval of the Palmaz-Schatz coronary stent (1994), based upon randomized controlled trials (BENESTENT and STRESS), ushered a new era of evidence-based medicine in interventional cardiology!





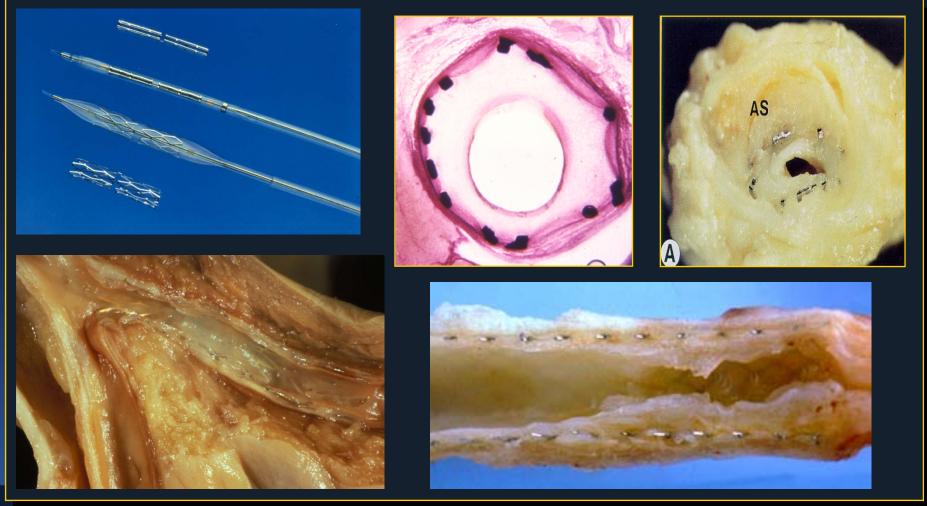
From PTCA to TAVR

The DES Era





Bare Metal Stents.... the good, the bad, and the ugly!



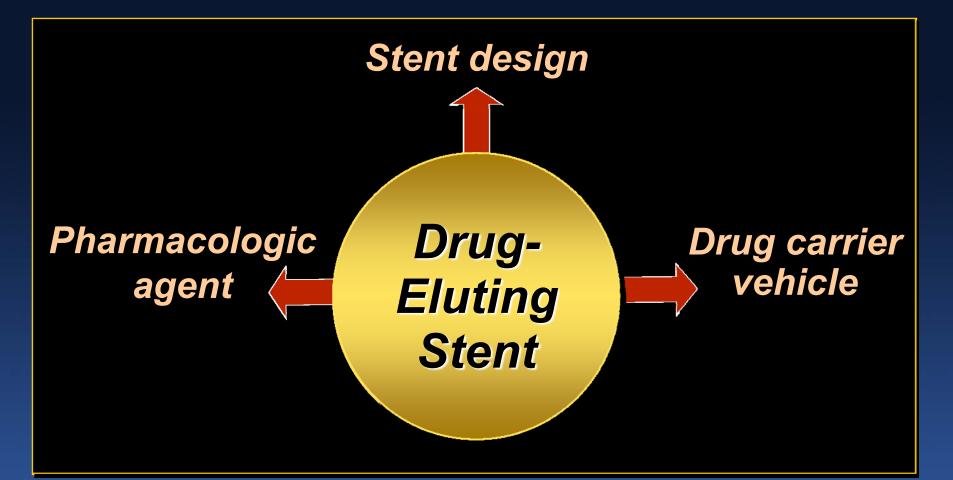




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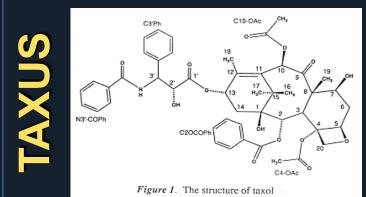
Drug-Eluting Stents Advanced Biotechnology Platform







First Generation DES



Paclitaxel
Drug



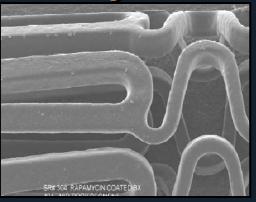
Polyolefin derivative Polymer



Express² Stent



Sirolimus



PEVA + PBMA blend

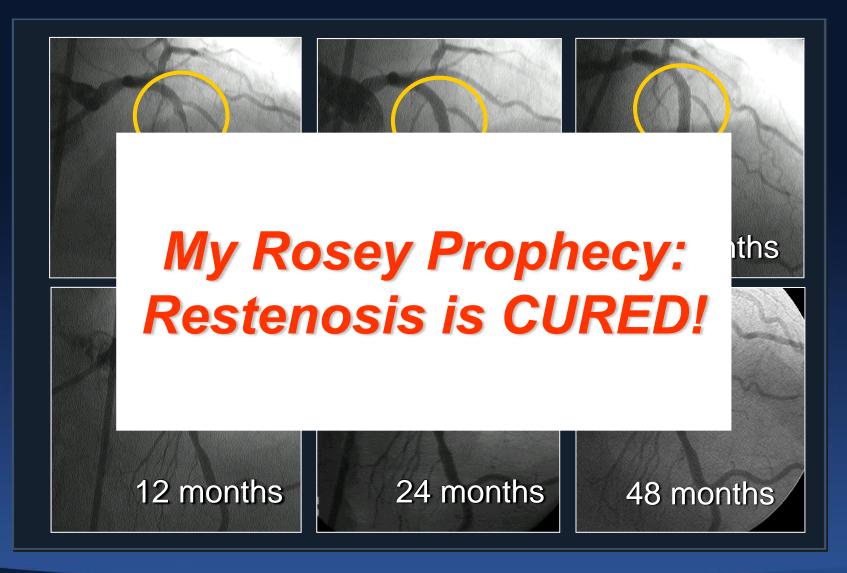


BX Velocity





DES - A Transforming Technology







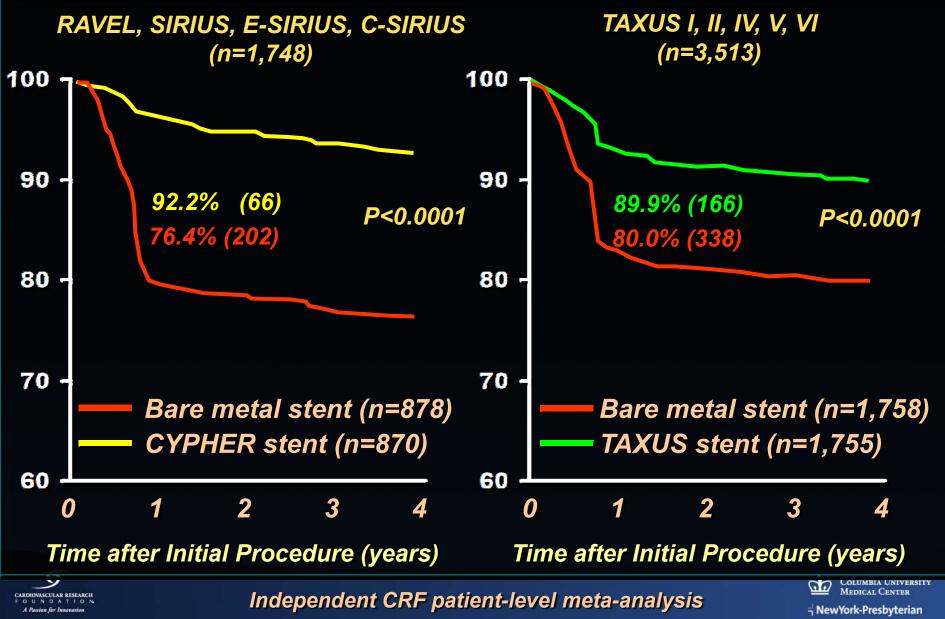
First-In-Man study with CYPHER Sao Paulo, FU completed







9 Prospective, Double-Blind, Randomized Trials Freedom From Ischemic TLR



The Early Days of DES Belief, hope, and hyperbole > the evidence

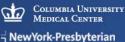
Potential DES over-exuberant use

2002-06 →

• DES solves restenosis

- Pivotal data look good (safety and efficacy)
- Maybe they are good for all lesions types and in all patients

~90% penetration (in U.S.)



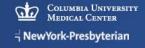


Late DES thrombosis after discontinuation of antiplatelet therapy

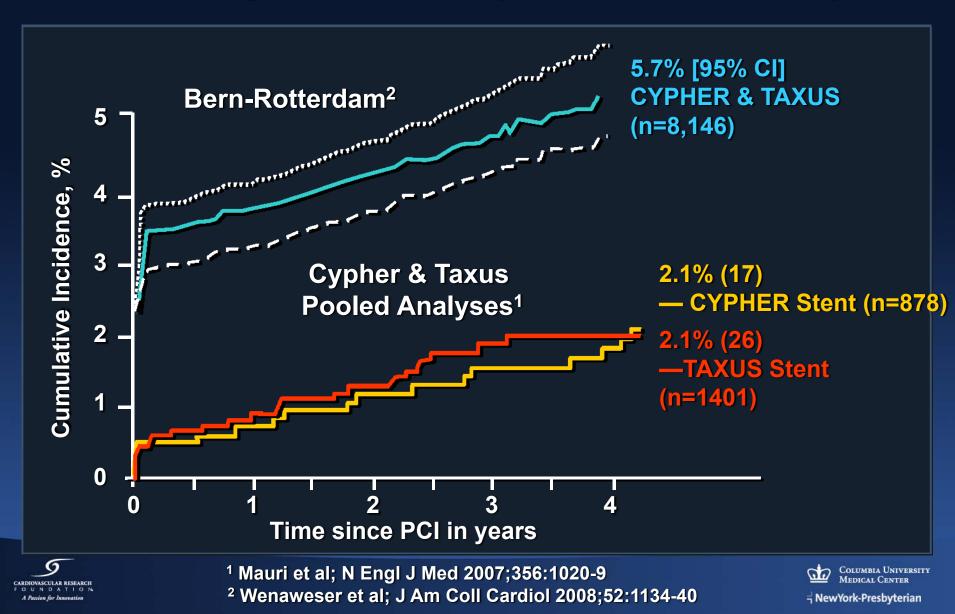




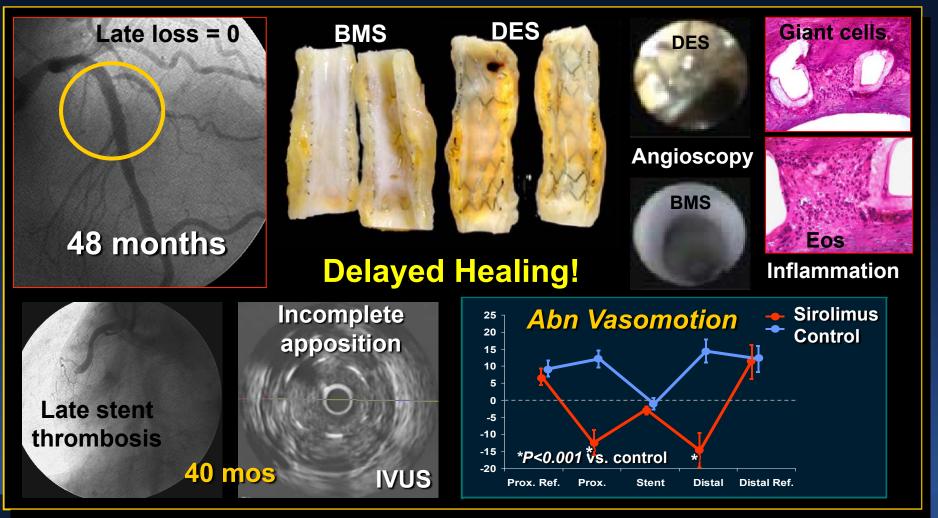
McFadden EP et al. Lancet 2004; 364:1519–21



Cumulative Incidence of ARC Def/Prob ST over 4 yrs after DES (CYPHER & TAXUS)



DES....the good, the bad, and the ugly!





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The ESC Firestorm (August '06)



Do drug-eluting stents increase deaths?

TWO SEPARATE, independent meta-analyses, presented in Hot Line session I, suggest drugeluting stents (DES) may increase death, Qwave myocardial infarction (clinical surrogates of in-stent thrombosis) and cancer deaths, bringing the long-term safety of DES firmly into the spotlight. Discussant Salim Yusuf (McMaster University, Canada) hailed the data as one of the most important presentations to come out of this year's meeting.

"Six million people in the world have been implanted with DES, yet their long-term safety and efficacy is "unknown," said Yusuf. "I've a feeling the data we're seeing today is only the tip of the iceberg. We need to encourage more public access to the data."



obtain this data from the manufacturer," said Nordmann. He speculated that the increase in cancer might be due to a rapid impairment of the immune system.

Yusuf widened the debate to include percutaneous coronary intervention (PCI). "The overuse of PCI is an insidious change in the culture of cardiology that needs to be reversed," he said. The use of PCI was established in MI, high-risk unstable angina and cardiogenic shock. However, its use in stable disease was a totally different question.

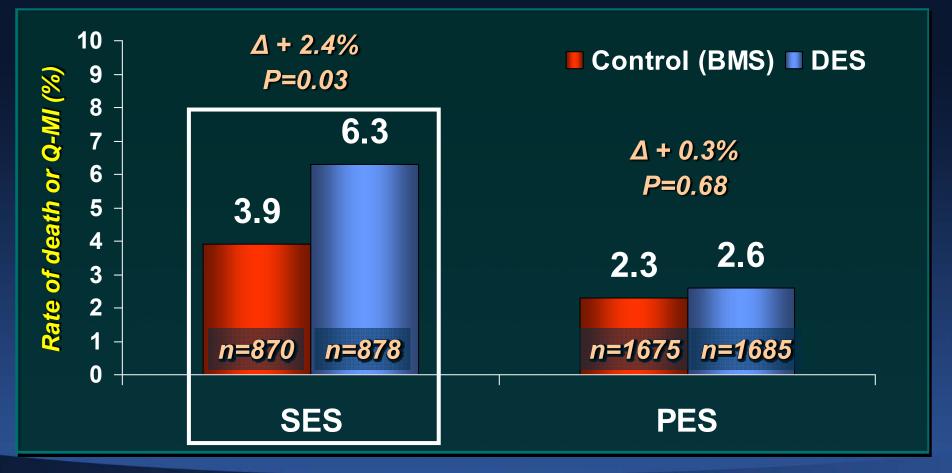
"There's no beneficial influence on mortality – PCI does nothing to prevent heart attack. All we are doing is providing short-term relief of chest pain. It's not re-stenosis that kills but the





Incidence of Serious or Adverse Events Death or Q-Wave MI

All randomized studies up to latest available follow-up





Camenzind E, ESC 2006





STENTS DEFIBRILLATORS SPINAL DISCS ARTIFICIAL KNEES

Are These As Safe As You Think?

DES = "a million ticking time bombs"



54.99 | CANADA \$6.99



The Dark Days of DES Fear-based avoidance and distortions > the (true) evidence

Definite DES under-use

← 2006-07

 DES = î thrombosis and î mortality

 COURAGE drives more medical Rx

 Maybe DES use should be dramatically reduced





~60%

(<50% EU)

penetration

DES Clinical Trials Evidence-Based Medicine

Over 2,500 peer review manuscripts on DES clinical use have been published between 2002 and 2012!





Columbia / CRF DES vs. BMS Meta-Analysis

Interventional Cardiology

Safety and Efficacy of Drug-Eluting and Bare Metal Stents Comprehensive Meta-Analysis of Randomized Trials and Observational Studies

Ajay J. Kirtane, MD, SM; Anuj Gupta, MD; Srinivas Iyengar, MD; Jeffrey W. Moses, MD; Martin B. Leon, MD; Robert Applegate, MD; Bruce Brodie, MD; Edward Hannan, PhD;
Kishore Harjai, MD; Lisette Okkels Jensen, MD; Seung-Jung Park, MD, PhD; Raphael Perry, MD; Michael Racz, PhD; Francesco Saia, MD, PhD; Jack V. Tu, MD, PhD; Ron Waksman, MD; Alexandra J. Lansky, MD; Roxana Mehran, MD; Gregg W. Stone, MD

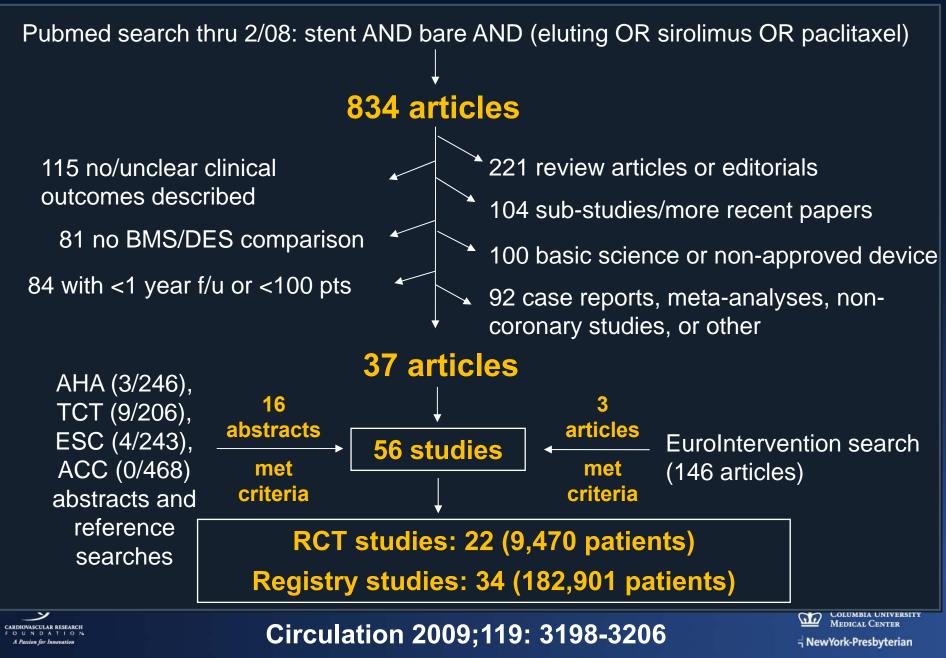
The "definitive" DES efficacy/safety meta-analysis?



Circulation 2009;119: 3198-3206



Study Flow Diagram



Summary: DES vs. BMS DES Treatment Effect Estimates

*P<0.05	Mortality	MI	TVR
RCTs	8,867 pts,	8,850 pts,	7,291 pts,
	21 trials	20 trials	16 trials
 Fixed effects Random effects 	3%↓	5%↓	-
	-	-	55%↓*
Registries	161,595 pts,	130,191 pts,	74,154 pts,
	31 studies	25 studies	18 studies
 Fixed effects Random effects 	-	-	-
	22%↓*	13%↓*	46%↓*



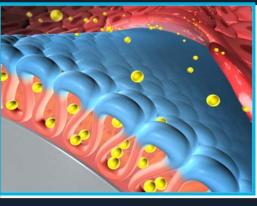
Circulation 2009;119: 3198-3206

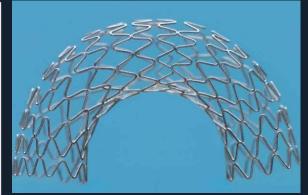


Second Generation DES





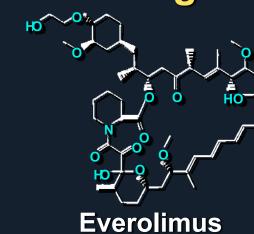




Zotarolimus Drug



Driver Stent





VDF + HFP copolymer





Xience V

*AKA Promus



A Slow Return to DES "Normalcy" Reliance on overwhelming evidence

Can we regrow the DES forest?

2007 (late) → now

- PCI better for Sx relief and reducing ischemia
- DES doesn't i mortality or MI (on or off-label use) and reduces TVR ~50% (real world)
- More confident DES use, but with careful DAPT

~75% penetration





The Evolution to EBM

- The transition to evidence-based medicine has distinguished IC as a modern subspecialty, committed to scientific principles and the highest ethical standards of conduct.
- Undoubtedly, now and in the future, all new important therapies will require EBM validation, in the form of well conducted clinical trials.
- However, EBM is not perfect, and if the data are not interpreted in a balanced fashion, EBM can result in more confusion than clarification!
- Other factors beyond EBM must also be heavily weighed to optimize clinical decision-making.





From PTCA to TAVR

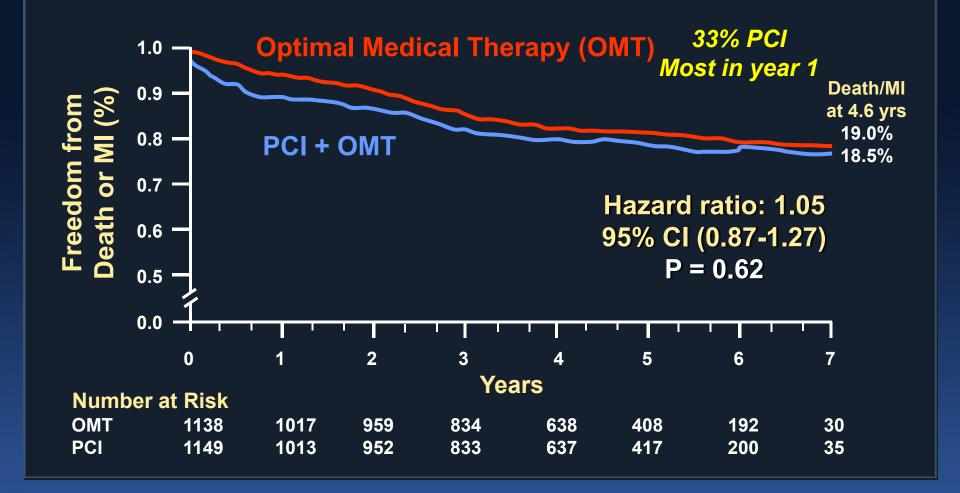
Transition to TAVR







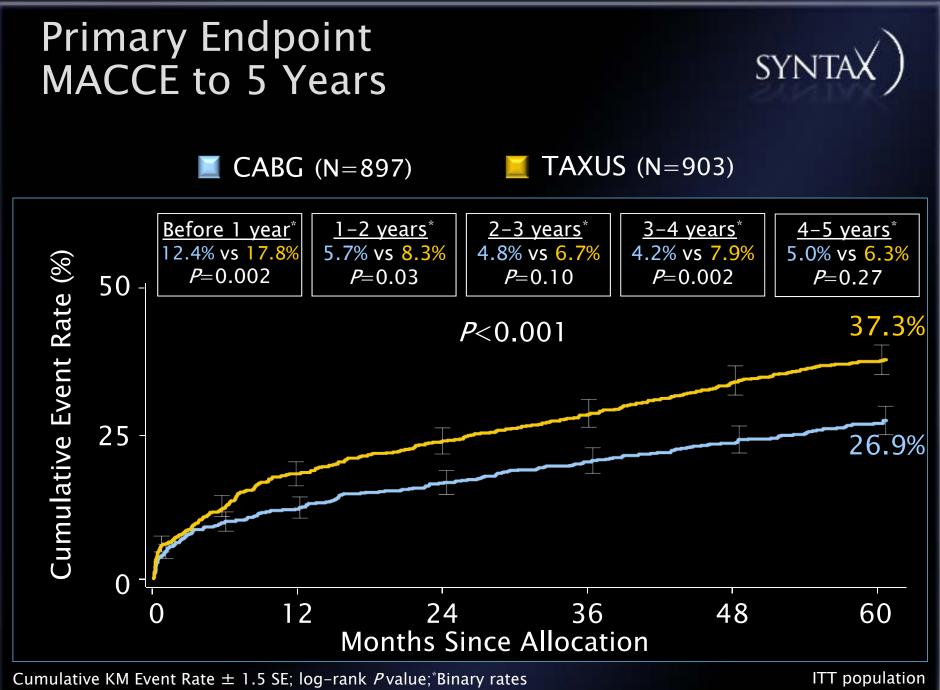
PCI in Stable CAD: COURAGE Median FU 4.6 years (n=2,287)





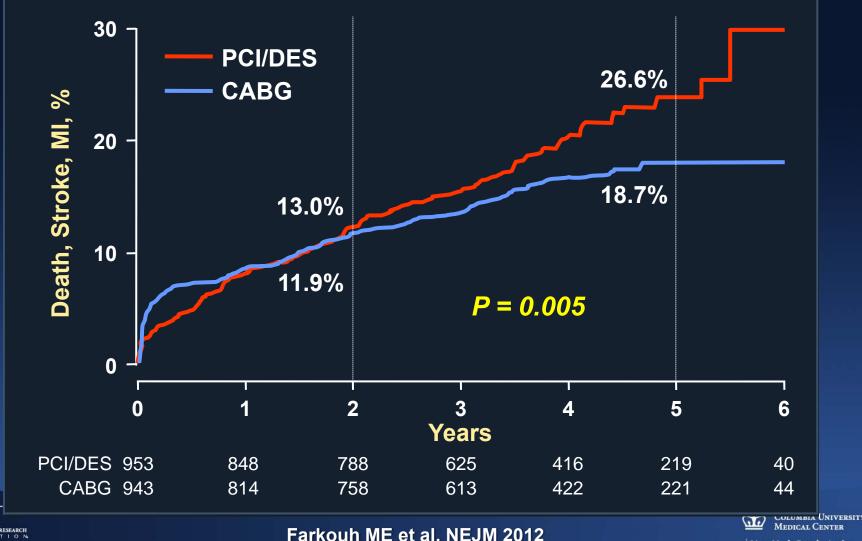
Boden WE et al. NEJM 2007;356:1503-16





SYNTAX 5-year Outcomes • ESC 2012 • Mohr • August 2012 • S

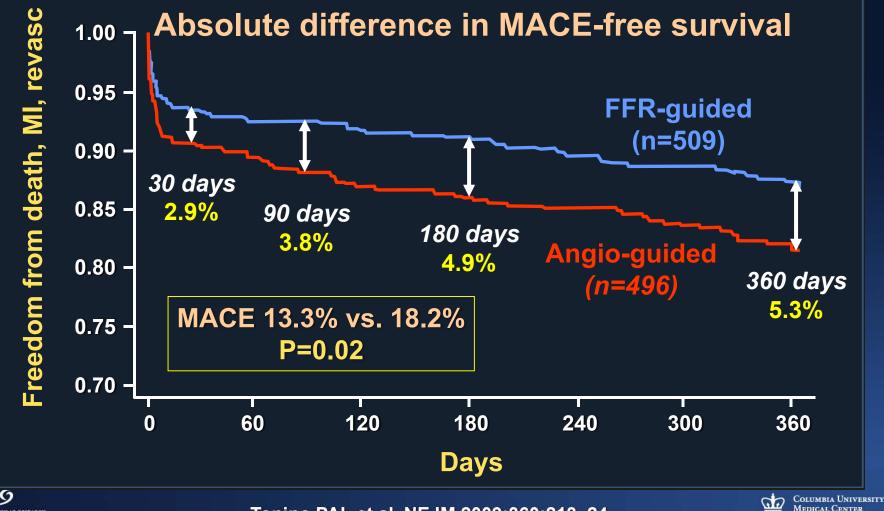
FREEDOM: 1900 pts with diabetes +MVD randomized to SES/PES vs. CABG 1° Endpoint: Death, Stroke, or MI



A Passion for Innovation

- NewYork-Presbyterian

FAME: Primary Endpoint 1005 pts with MVD undergoing PCI with DES were randomized to FFR-guided vs. angio-guided intervention



CARDIOVASCULAR RESEARCH FOUNDATION A Passion for Innovation

Tonino PAL et al. NEJM 2009;360:213–24

- NewYork-Presbyterian

Appropriate Use Criteria for Coronary Revascularization Focused Update 2012



AMERICAN COLLEGE of CARDIOLOGY FOUNDATION

American Association for Thoracic Surgery

Promoting Scholarship in Thoracic and Cardiovascular Surgery





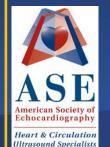
American Heart Association_®

American Society of Nuclear Cardiology





Endorsed by

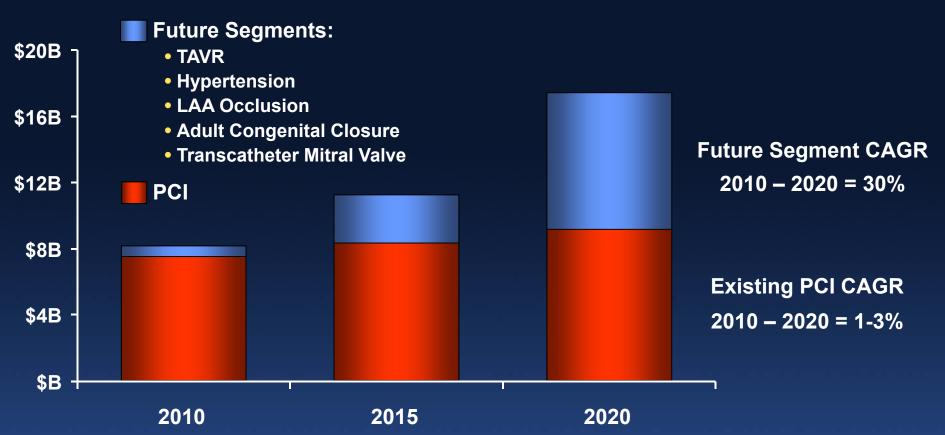


Heart Rhythm Society

- New York-Presbyterian

ERSITY

WW Cardiology Market Trends



- New market segments may exceed PCI market size by 2020
- Emergence of future segments relies on technology and clinical data
- OUS markets will lead and exceed the size of US markets





Selected Interventional Growth Markets *Projected Revenue Opportunities (2010-2020)*





Source: Industry Investor Presentations

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STRUCTURAL Heart Disease What is it?

STRUCTURAL heart disease... "wastebasket" term referring to...

All catheter-based interventional therapies which are not associated with vascular pathology requiring "endoluminal" endovascular treatment.





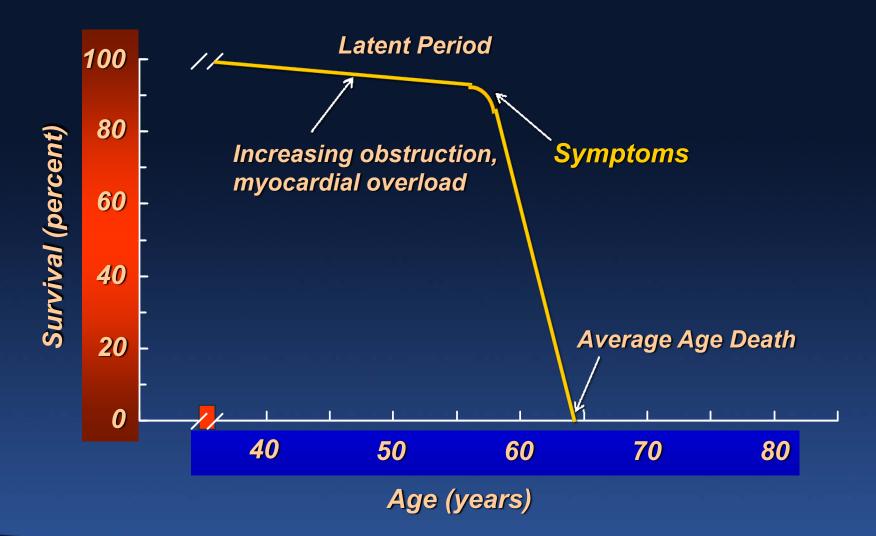
STRUCTURAL Heart Disease What is it?

- Transcatheter valve therapies (esp. aortic and mitral)
- Left atrial appendage closure
- Adult congenital heart disease
- Renal denervation for hypertension (and other sympathetic overdrive syndromes)
- Heart failure and advanced hemodynamic support
- Out-of- the box concepts (from impotence to obesity to multiple sclerosis)





Natural History of Aortic Stenosis

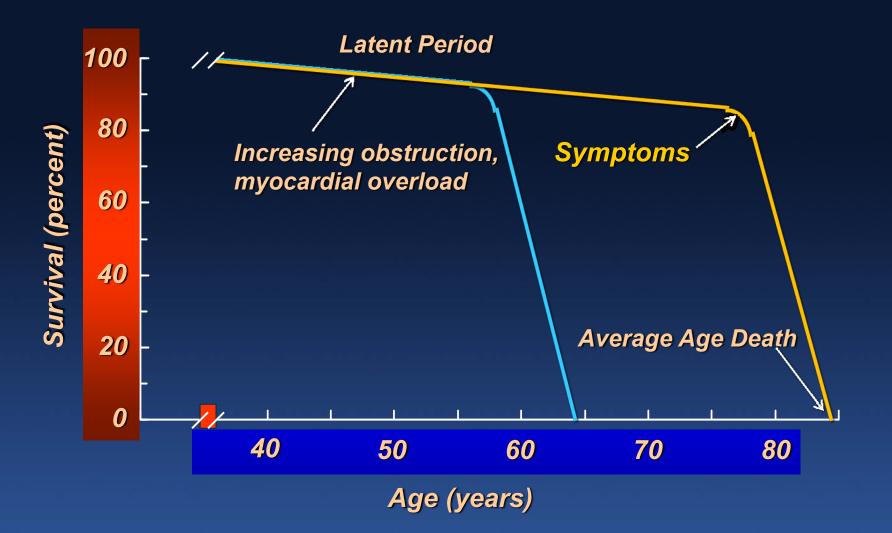




from Ross and Braunwald, Circulation 1968;38:V-61

Columbia University Medical Center

Natural History of Aortic Stenosis

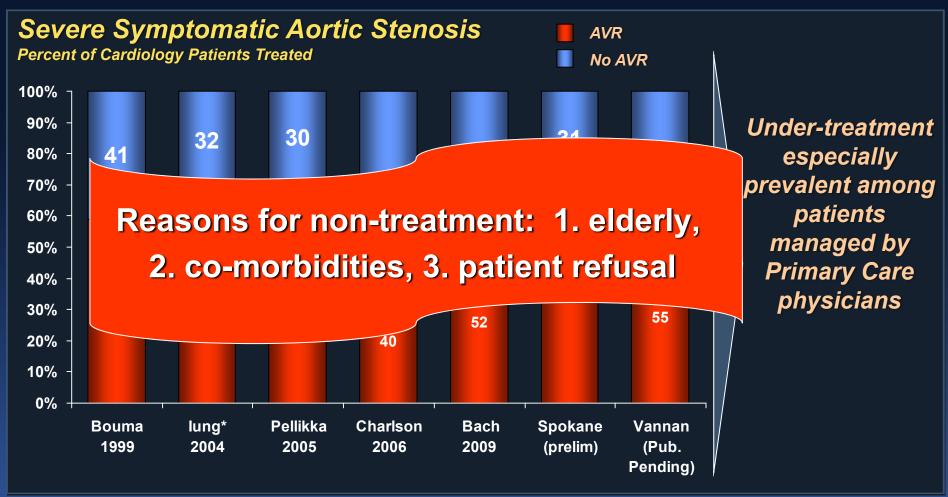




from Ross and Braunwald, Circulation 1968;38:V-61

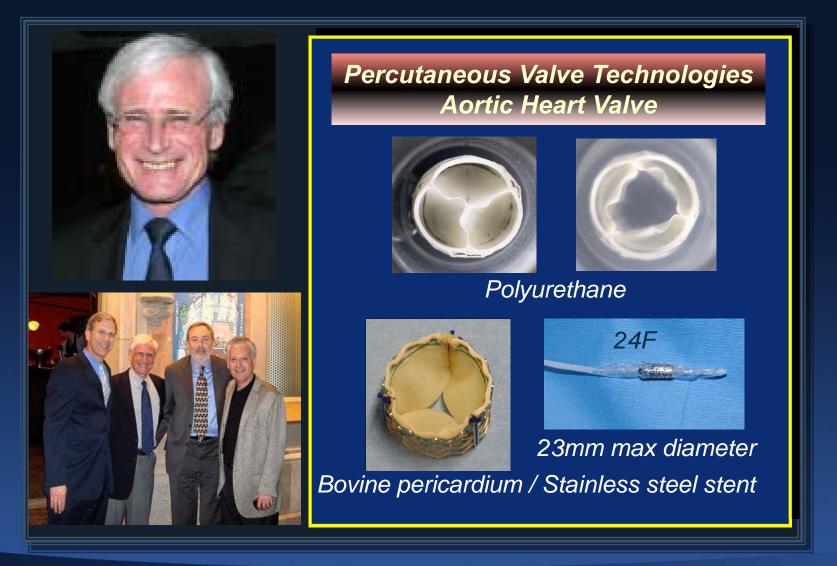


At Least 30% of Patients with Severe Symptomatic AS are "Untreated"!





PVT - The Foundation...







Dr. Alain Cribier First-in-Man PIONEER





Percutaneous Transcatheter Implantation of an Aortic Valve Prosthesis for Calcific Aortic Stenosis

First Human Case Description

Alain Cribier, MD; Helene Eltchaninoff, MD; Assaf Bash, PhD; Nicolas Borenstein, MD; Christophe Tron, MD; Fabrice Bauer, MD; Genevieve Derumeaux, MD; Frederic Anselme, MD; François Laborde, MD; Martin B. Leon, MD

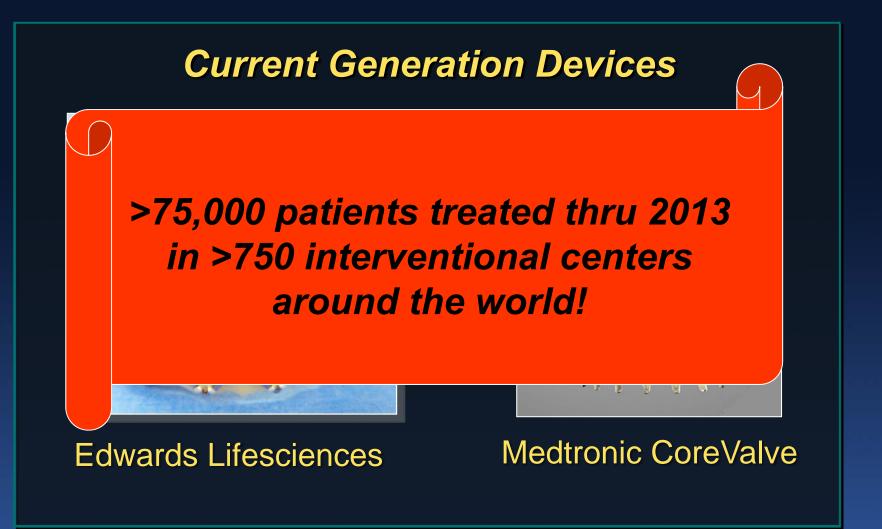
Conclusions— Nonsurgical implantation of a prosthetic heart valve can be successfully achieved with immediate and midterm hemodynamic and clinical improvement.

April 16, 2002





TAVR Arrives







Columbia University Medical Center Heart Valve Team

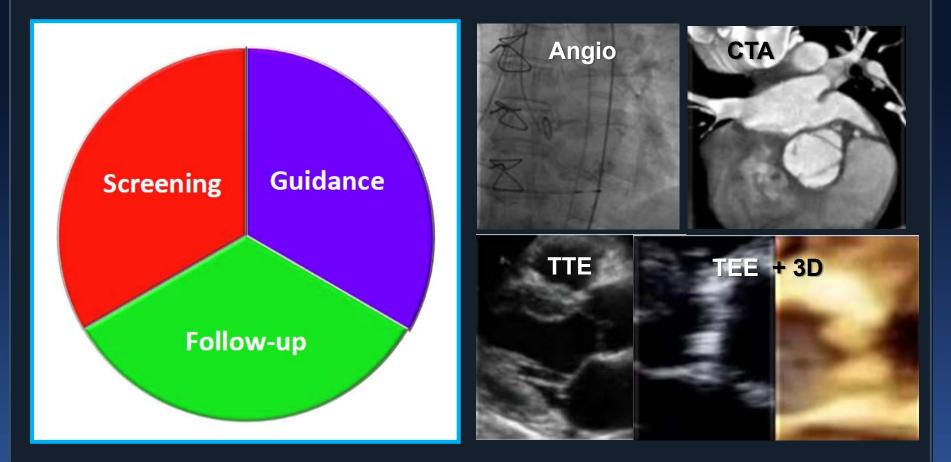






Adjunctive Imaging for TAVR

Multi-modality Imaging is the RULE





Adapted from: Lutz Buellesfeld



A Dedicated TAVR Milieu

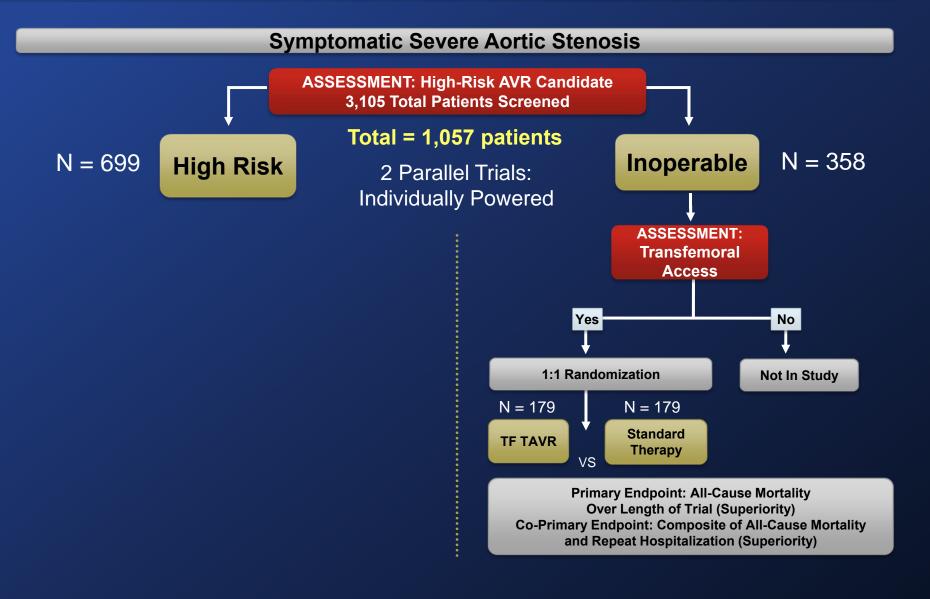






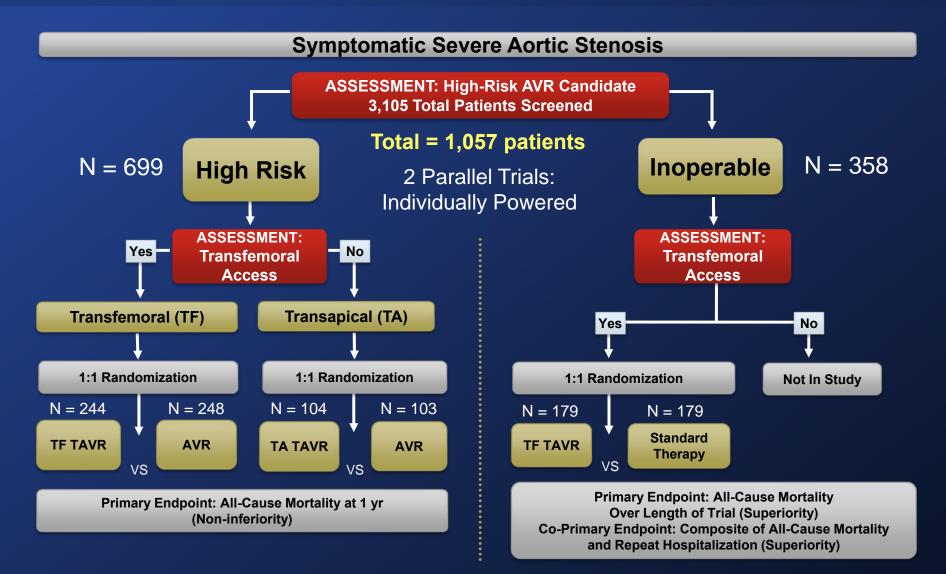
PARTNER Study Design





PARTNER Study Design





The severe AS-T

- Old...very old...
- Frail...very frail
- Lots of co-morbidi
 Prior CABG (poor
 - CKD
 - Severe COPD
 - PVD
 - Chronic AF
 - Cancer in remissi

But still enjoying life !

PARTNER Manuscripts in NEJM (October, 2010 – May, 2012)



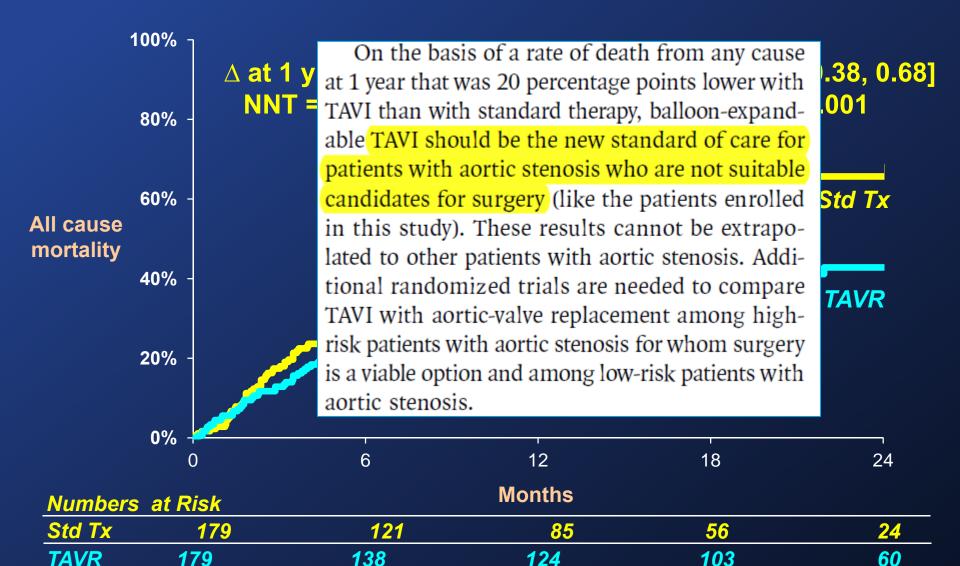


Howard C. Herrmann, M.D., Joseph E. Bavaria, M.D., Susheel Kodali, M.D., David L. Brown, M.D., Bruce Bowers, M.D., Todd M. Dewey, M.D.,
Lars G. Svensson, M.D., Ph.D., Murat Tuzcu, M.D., Jeffrey W. Moses, M.D., Matthew R. Williams, M.D., Robert J. Siegel, M.D., Jodi J. Akin, M.S.,
William N. Anderson, Ph.D., Stuart Pocock, Ph.D., Craig R. Smith, M.D., and Martin B. Leon, M.D., for the PARTNER Trial Investigators*

Augusto D. Pichard, M.D., Michael Fischbein, M.D., Wilson Y. Szeto, M.D., Scott Lim, M.D., Kevin L. Greason, M.D., Paul S. Teirstein, M.D.,
S. Chris Malaisrie, M.D., Pamela S. Douglas, M.D., Rebecca T. Hahn, M.D., Brian Whisenant, M.D., Alan Zajarias, M.D., Duolao Wang, Ph.D., Jodi J. Akin, M.S., William N. Anderson, Ph.D., and Martin B. Leon, M.D., for the PARTNER Trial Investigators*

Primary Endpoint: All Cause Mortality





High-Risk Operable PARTNER Cohort Primary Endpoint: All-Cause Mortality



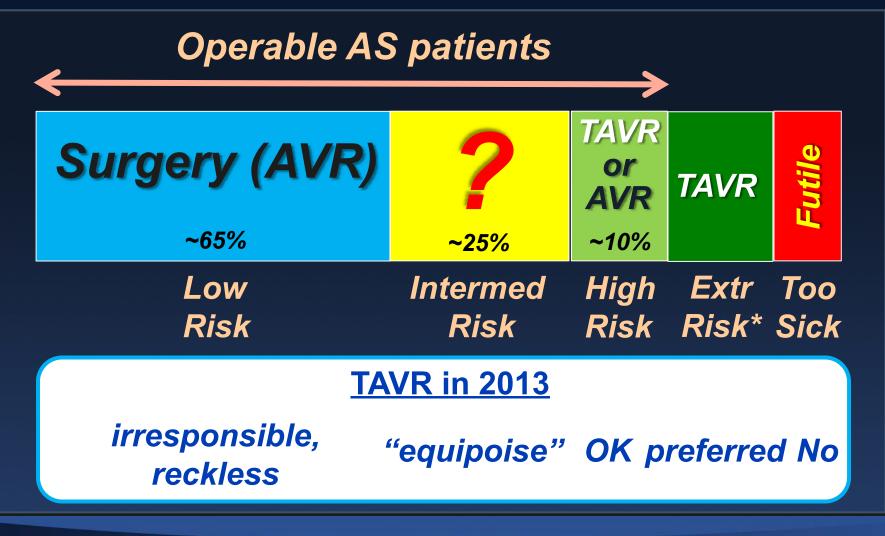
0.5 AVR 0.4 0.3 0.2 0.1

In conclusion, we have shown that in patients with aortic stenosis who are at high risk for operative complications and death, surgical aorticvalve replacement and balloon-expandable transcatheter replacement were associated with similar mortality at 30 days and 1 year and produced similar improvements in cardiac symptoms. Our findings indicate that transcatheter replacement is an alternative to surgical replacement in a wellchosen, high-risk subgroup of patients with aortic stenosis. In the absence of long-term follow-up data, recommendations to individual patients must balance the appeal of avoiding the known risks of open-heart surgery against the less invasive trans-

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No. at F	No. at Risk Months				
TAVR	348	298	260	147	67
AVR	351	252	236	139	65

TAVR Categories (risk is a continuum)





* Extreme risk = "inoperable"



TVT U.S. National Registry

STS/ACC TVT Registry TM v1.1 – Data Collection Form For Transcatheter Valve Replacement Procedures								
A. DEMOGRAPHICS								
Last Name ²⁰⁰⁰ :		First Name ²⁰¹⁰ :		Middle Name ²⁰²⁰ :				
SSN ²⁰³⁰ : -	- SSN N/A ²⁰³¹	Patient ID ²⁰⁴⁰ :	(auto)	Other ID ²⁰⁴⁵ :				
Birth Date ²⁰⁵⁰ :	mm / dd / yyyy	Sex ²⁰⁶⁰ : O Male O Fema	le Hispanic or La	atino Ethnicity ²⁰⁷⁶ : O No	O Yes			
Race: (check all that apply)	□ White ²⁰⁷⁰ □ American Indian/Alaska		/African American ²⁰⁷¹ e Hawaiian/Pacific Isla	□ Asian ²⁰⁷² ander ²⁰⁷⁴				
B. EPISODE OF CARE								
Arrival Date/Time ^{3000,3001} : mm / dd / yyyy HH:MM								
Insurance Payors: (check all that apply)	□ Private Health Insurance ³⁰⁰⁵ □ State-Specific Plan (non-Me		□ Medicaid ³⁰⁰⁷ n Service ³⁰¹⁰	 Military Health Care³⁰⁰⁸ Non-US Insurance³⁰¹¹ 	□ None ³⁰¹²			
HIC ³⁰¹⁵ :	Research	Study ³⁰³⁰ : ONo OYes	→If Yes, Study Pa	atient ID ³⁰³² :				

- Comprehensive prospective observational database (7-page CRF)
- FU includes 30-days, 1-year (incl. QOL measures)
- TVT compliance linked to reimbursement





New TAVI Systems - Transfemoral

- Direct Flow
- Sadra
- St. Jude
- AorTx
- HLT
- EndoTech
- ABPS PercValve











TAVR... Fulfilling Gruentzig's Dream

- Favorable balance of safety and efficacy
- Treatment focuses on most appropriate high-risk patients
- Generalizable to the interventional community
- Rigorous evidence-based medicine clinical studies
- Innovative technology (incl. accessory devices)
- Emphasizes advanced imaging and a well characterized treatment milieu
- Multi-disciplinary collaborations (e.g. the Heart Valve Team)





From PTCA to TAVR

Final Thoughts





Heritage of Intervention

- We believe that "less invasive" is better (certainly for patients and also for the healthcare system in general; and less-invasive means catheter-based, non-surgical, whenever possible)
- We are technology addicts (esp. new gizmos which can shorten procedures, improve outcomes, and expand treatment indications)
- We are passionate about experimental and clinical research and evidence-based medicine (fundamental to every important therapy change and to the interventional device development process)





Heritage of Intervention

- We rely heavily on adjunctive imaging a visual subspecialty (a growing trend...echo/IVUS, MR/CT, "fusion" imaging, and other new invasive imaging modalities)
- We are passionate about the interface of clinical medicine and the rapid communication of ideas (educational meetings, physician training, new IT developments, patient care initiatives, and marketing opportunities)
- We have a vibrant entrepreneurial spirit, are risktakers, and rapidly embrace new therapies
- We strongly support and promote global and multidisciplinary collaborations



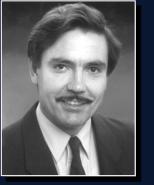


Heritage of Intervention

 We have a cultural identity ... innovation, strong industry partnerships, impatience leading to evolution and forward motion; we have a need to stimulate change and to continually re-invent ourselves, in pace with advances in bio-medical science and technology!







What Would Andreas Think? of What's Become of Interventional Cardiology?

I think he would be...

Approving of the mandate to generate and utilize evidencebased medicine in clinical decision-making

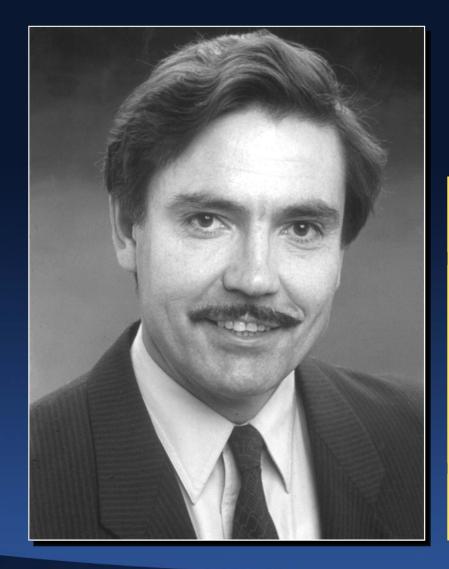
Ecstatic and overwhelmed with the technology explosion that has overcome many of the limitations of PTCA

Enthralled with the extension of catheter-based treatment to non-vascular disease states (e.g. structural/valvular)

Appalled with the sometimes inappropriate use of devices, and concerned about operators who don't practice with the highest standards of quality and ethics

Distressed by the myriad external social, economic and political forces that are interfering with the practice of medicine

Celebrating >30 Years!



Andreas Gruentzig 1939 - 1985

On the shoulders of pioneers, we've witnessed the birth of a subspecialty. Cardiovascular medicine has been forever transformed and patient outcomes have never been better!



