



# Post-procedural hypertension following transcatheter aortic valve implantation: incidence and clinical significance

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### **DISCLOSURES**

None

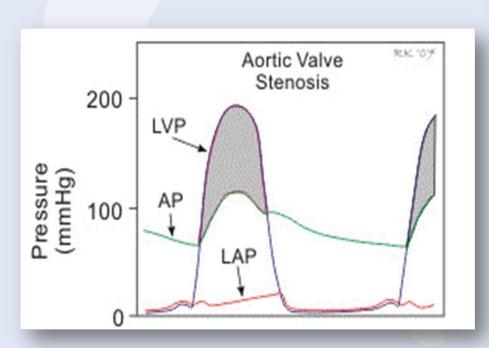
### Hemodynamics of Aortic Valve treatments

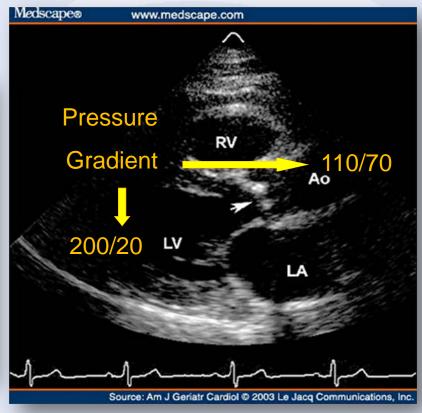
- Increases in Blood Pressure (BP) after surgical AVR reported in the 1970's (1,2)
- Recent reports recommend antihypertensive treatment for the improvement of remodeling after AVR (3)
- Post-procedural reports of TAVI describe decreased BP as a consequence of complications (4)
- Gotzmann et al. reported a rise of systolic BP immediately after TAVI (5)

### Transcatheter Aortic Valve Implantation (TAVI)

- Transcatheter Aortic Valve Implantation is a rapidly expanding procedure for the treatment of Aortic Stenosis (AS)
- Currently TAVI is being offered to elderly patients instead of surgical Aortic Valve Replacement (AVR)
- In a typical series of 168 patients from Vancouver (6) the median age was 84, Logistic Euroscore was 28.6 and 64.9% of the patients were hypertensive

#### Cavity pressures in Aortic Valve Stenosis





# Is TAVI like a dam breaking?



### Objective

To investigate the blood pressure response after TAVI and its clinical correlation with short- and mid-term clinical outcomes

#### **Methods**

- 105 consecutive AS patients admitted to the ICCU after TAVI
- Continuous monitoring of BP for 5 days after TAVI, detailed recording of medical therapy
- Valve area and gradients, and cardiac output calculated by Doppler Echocardiograms
- Arterial compliance calculated as:
   Stroke volume/ Pulse pressure (ml/mm Hg) (7)

#### Clinical Outcomes

#### Clinical events recorded:

- In-hospital
- 30 days, 12 months

#### Serious Adverse Events:

- Death
- Worsening Heart Failure
- Myocardial Infarction
- Stroke
- Recurrent hospital admissions

### Classification of TAVI patients based on BP response

Increased BP after TAVI was defined according to one of the following:

- 1. A sustained (>48 hours) increase of systolic pressure > 140 or diastolic pressure > 90 mmHg
- 2. Increased (more than two-fold) dosage of an anti-hypertensive drug to control systemic BP.
- 3. Addition of an anti-hypertensive drug to control systemic BP

#### Study population (n=105)

Table 1. Baseline Characteristics According to BP Response After TAVI

Variable	Increased BP (n = 53)	Stable BP (n = 52)	p Value
Age, yrs	81 ± 6	80 ± 7	0.46
Male	25 (47)	25 (48)	1.0
BMI, units	26.5 ± 4.2	$28.8 \pm 5.9$	0.04
Logistic EuroSCORE	$23.5 \pm 15.3$	$23.2 \pm 14.9$	0.91
Ejection fraction, %	54.8 ± 11.7	$56.8 \pm 12.0$	0.39
HTN	44 (83)	41 (79)	0.63
Number of anti-HTN drugs	$2.47 \pm 1.23$	3.21 ± 1.67	0.01
Coronary artery disease	30 (57)	28 (54)	0.84
Previous CABG	15 (28)	11 (21)	0.49
NYHA score	$3.15 \pm 0.36$	$3.17 \pm 0.51$	0.81
Chronic renal failure	6 (11)	7 (13)	0.77
Diabetes	17 (32)	20 (38)	0.54

Values are mean ± SD or n (%).

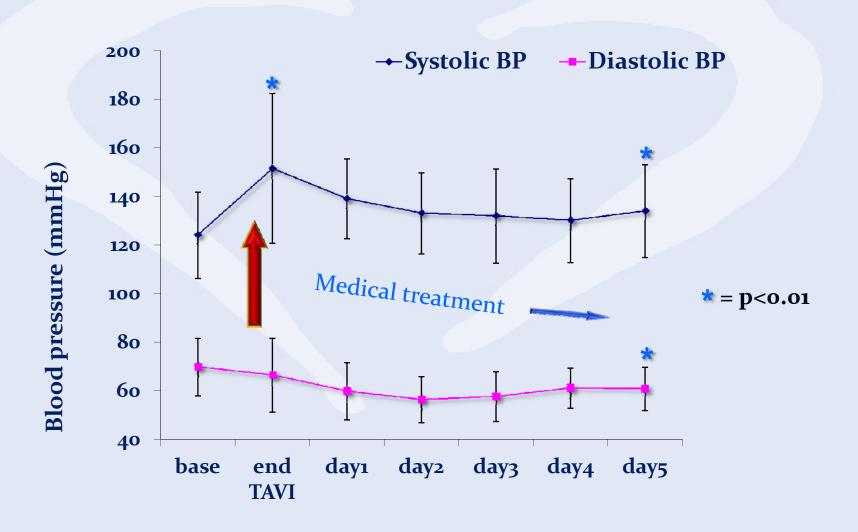
BMI = body mass index; BP = blood pressure; CABG = coronary artery bypass graft; EuroSCORE = European System for Cardiac Operative Risk Evaluation; HTN = hypertension; NYHA = New York Heart Association; TAVI = transcatheter aortic valve implantation.

Perlman et al. JACC Interventions. 2013

## Procedure technique and related complications were similar in both BP groups

- Similar approach, 85% femoral
- Similar valves, 85% Medtronic Corevalve
- Similar Complications:
  - Preiprocedural death 0/53 vs. 1/52 (P=0.49)
  - Tamponade 2/53 vs. 3/52 (P=0.67)
  - Major bleeding 29/55 vs. 22/52 (P=0.24)
  - Moderate or Severe AR 7/53 vs. 8/52 (P=0.89)

### Blood pressure response after TAVI – in the entire cohort



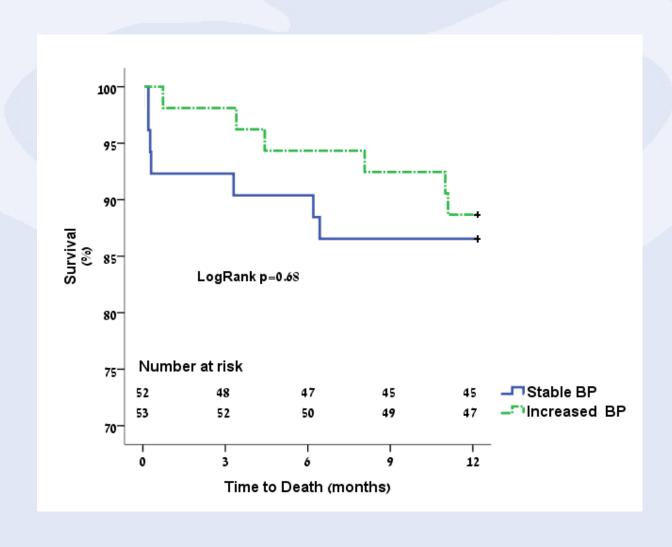
#### Baseline hemodynamic and Echo data

Variable	Increased BP (n = 53)	Stable BP (n = 52)	p Value
Baseline data			
Systolic BP, mm Hg	$128.6 \pm 18.0$	124.6 ± 17.1	0.25
Diastolic BP, mm Hg	$68.0 \pm 11.6$	68.6 ± 10.0	0.78
Pulse pressure, mm Hg	$60.6 \pm 14.8$	56.0 ± 17.2	0.15
Aortic valve area, cm <sup>2</sup>	$0.65\pm0.18$	$0.66 \pm 0.17$	0.77
Maximal gradient, mm Hg	$74.8 \pm 19.8$	69.2 ± 22.2	0.18
Mean gradient, mm Hg	$46.2 \pm 13.4$	43.3 ± 14.7	0.29
Arterial compliance, ml/mm Hg	$1.11 \pm 0.47$	$1.26 \pm 0.45$	0.11
Systemic vascular resistance, dyn/cm	$1,702 \pm 606$	1,562 ± 460	0.2
Cardiac output, I/min	$4.3 \pm 1.2$	$4.5 \pm 1.4$	0.43
Cardiac index, l/min	$2.4 \pm 0.7$	$2.5 \pm 0.8$	0.56
Stroke volume, ml	$64 \pm 19$	68 ± 21	0.33

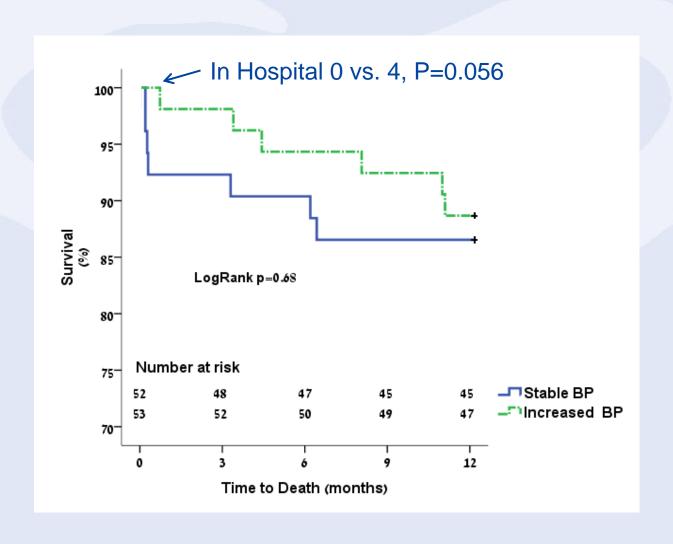
#### Post TAVI hemodynamic and Echo data

Variable	Increased BP (n = 53)	Stable BP (n = 52)	p Value
Systolic BP immediately after TAVI, mm Hg	154.9 ± 29.9	126.1 ± 24.4	< 0.01
Diastolic BP immediately after TAVI, mm Hg	64.3 ± 14.1	59.6 ± 16.3	0.17
Pulse pressure immediately after TAVI, mm Hg	90.6 ± 24.7	66.6 ± 19.9	< 0.01
Cardiac output increase, I/min	$0.26\pm1.3$	$-0.44 \pm 1.5$	< 0.05
Cardiac index increase, l/min/m <sup>2</sup>	$\textbf{0.14} \pm \textbf{0.7}$	$-0.27\pm0.9$	< 0.05
Stroke volume increase, ml	$0.32 \pm 22.1$	$-11.07 \pm 23.31$	< 0.05
Systemic vascular resistance, dyn/cm	1,642 ± 524	1,581 ± 564	0.61
Aortic valve area, cm <sup>2</sup>	$1.72 \pm 0.59$	$1.74 \pm 0.51$	0.85
Maximal gradient, mm Hg	$15.4 \pm 5.8$	$15.3 \pm 7.5$	0.93
Mean gradient, mm Hg	$8.4\pm3.6$	$\textbf{8.2} \pm \textbf{4.3}$	0.79

## Survival after TAVI according to Blood Pressure group



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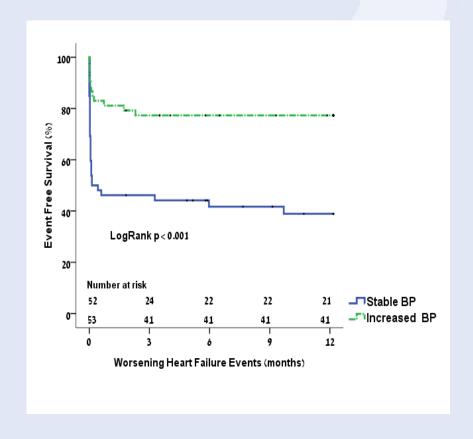


## Clinical outcomes after TAVI according to BP group

#### **Any Adverse Event**

#### 80-Event free Survival (%) Log Rank p<0.001 Number at risk 10 30 28 - Increased BP 12 Time to any SAE (months)

#### **Heart Failure Events**



## What could be the mechanism of the improved outcome of patients with increased BP?

- Increased BP correlates with better cardiac Function (Cardiac output, Stroke volumes)
- Increased BP can also mean in some patients no procedure related complications
- Increased BP requires/enables drugs associated with improved cardiovascular outcomes (eg. ACEI)

### Clinical implications of increased systolic blood pressure

 Accelerated HTN post-TAVI can cause cardiac, cerebral and renal damage

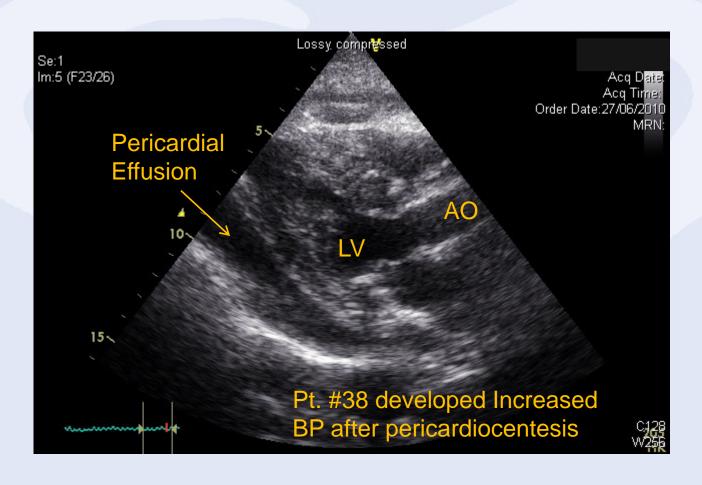
### Clinical implications of increased systolic blood pressure

Acc card Pt. #45. Immediately after TAVI systolic BP 125 -> 235 (mmHg)

### Clinical implications of increased systolic blood pressure

- Accelerated HTN post-TAVI can cause cardiac, cerebral and renal damage
- Parenteral anti-hypertensive therapy was required in 27 patients (26%)
- Anti-hypertensive therapy was intensified in 53 patients (51%)
- HTN was newly diagnosed in 9 patients (17%)

### Tamponade masking the BP increase









- Increased and sustained HTN appeared in 51% of the patients post-TAVI
- Increased BP required immediate and long term treatment
- Increased BP is associated with better cardiac function
- Increased BP predicts a favorable outcome