Clinical and Hemodynamic Outcome of Inferobasal Wall Injury Complicating Alcohol Septal Ablation in Hypertrophic Cardiomyopathy

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Background: In selected patients with hypertrophic obstructive cardiomyopathy (HOCM) alcohol septal ablation (ASA) is used as an alternative to surgical myectomy. Prior to ASA assessment of the region perfused by the targeted septal branch (SB) is performed in order to avoid alcohol delivery or leakage to remote areas. We report the clinical signs and outcome of inferior wall injury (IWI), a rare and not fully understood complication of ASA.

Patients: ASA was performed in 26 pts, 17 (65%) males, aged 33-78 years (60±12). Follow up was 32±30 months. IWI was diagnosed in 3 of the 26 pts (11%) and in an additional case followed in our institution but not part of the consecutive series. ASA was performed as a palliative procedure in 1 of the 4 pts with IWI. The pt had multiple oncological diseases, severe HOCM and severe, only partially SAM related, mitral regurgitation.

Results: Following the injection of alcohol, pts with IWI typically developed long lasting chest pain, ST elevation in inferior leads, decreased flow in the PDA and thinning of the basal infero-posterior wall during follow up. Comparison of pts without and those with IWI revealed no differences in age, gender distribution, symptoms, NYHA functional class (3.3± 0.5 vs 3.4±0.3, respectively), echocardiographic maximal wall thickness (19.9±3.2 vs17.8±2.1 mm), maximal LV outflow gradient (72±33 vs 85±17 mmHg), degree of mitral regurgitation (3.1±1.5 vs 4.5±0.6, p=0.08), number of SB ablated and the amount of alcohol injected.

	Alcohol (ml)	СРК	ΔΝΥΗΑ	Δ Grad	Full Grad Abolition	ΔMR
N0 IWI (n=23)	2.3±1.0	1016±436	-1.2±0.5	-52±29	6 (26%)	-1.8±1.4
IWI (n=4)	2.6±0.9	2609±1092	-2.0±0.7	-73±29	3 (75%)	-2.8±1.9
P value	0.4	0.03	0.04	0.13	0.05	0.30

 Δ = change after ASA, Grad = outflow gradient, MR=mitral regurgitation

In 3 of the 4 cases with IWI, angiographic and myocardial contrast echo methods were used to predict the area of ablation. Persistent complete AV block occurred in 2 cases (50%) who had pacemaker or ICD implantation as compared with 16% of pts with no IWI (P=0.14). During the follow up there was an early and remarkable improvement in symptoms in all 4 pts with IWI. Three of the 4 remained asymptomatic and without baseline or provocable gradients 6-120 months after ASA. One patient with organic MR became symptomatic again after development of chronic atrial fibrillation. Only mild basal inferior hypokinesis was found on follow up echocardiograms in 3 of 4 pts. One pt without IWI died of pneumonia and sepsis 2.5 years after ASA.

Conclusions: IWI may occur during ASA despite the use of angiographic and echocardiographic contrast methods expected to predict this complication. IWI was associated with higher peak CK values, tendency for a higher rate of pacemaker implantation, and remarkably favorable hemodynamic and symptomatic outcome. Despite the positive clinical outcome in our small number of pts, all efforts should be made during ASA to minimize the extent of myocardial injury and avoid damage of remote non targeted myocardium, including the base of the inferior wall. Further research into optimal methods of TASH while minimizing myocardial damage should be pursued.