

Mr B

- 52 years old male
- Smoker
- No prior known CAD
- Presents with 1 hour intermittent crushing retrosternal chest pain
- Transferred by MICU directly to CCU (ASA, Heparin)

On admission

- Intense pain, diaphoretic
- Pulse 90', BP 140/90
- ECG- ST elevation V1-6, I, aVL
- Dg- **Acute extensive anterior STEMI**
- Referred directly for PPCI
- While on the cath. Lab. the pain abates and ST elevation resolves on monitor.

ECG



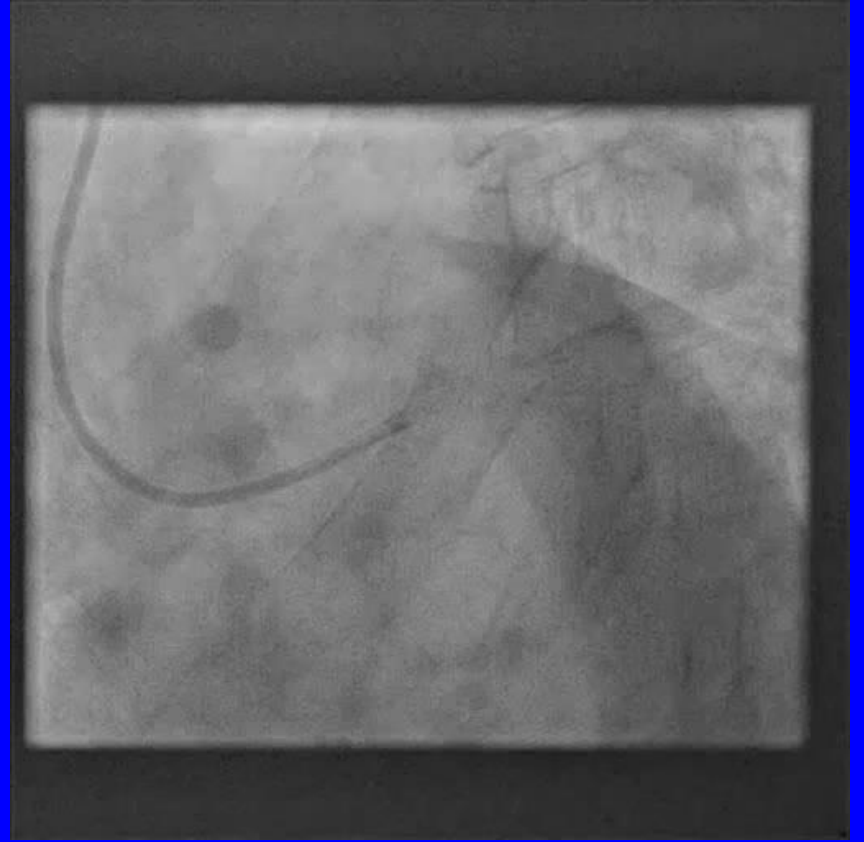
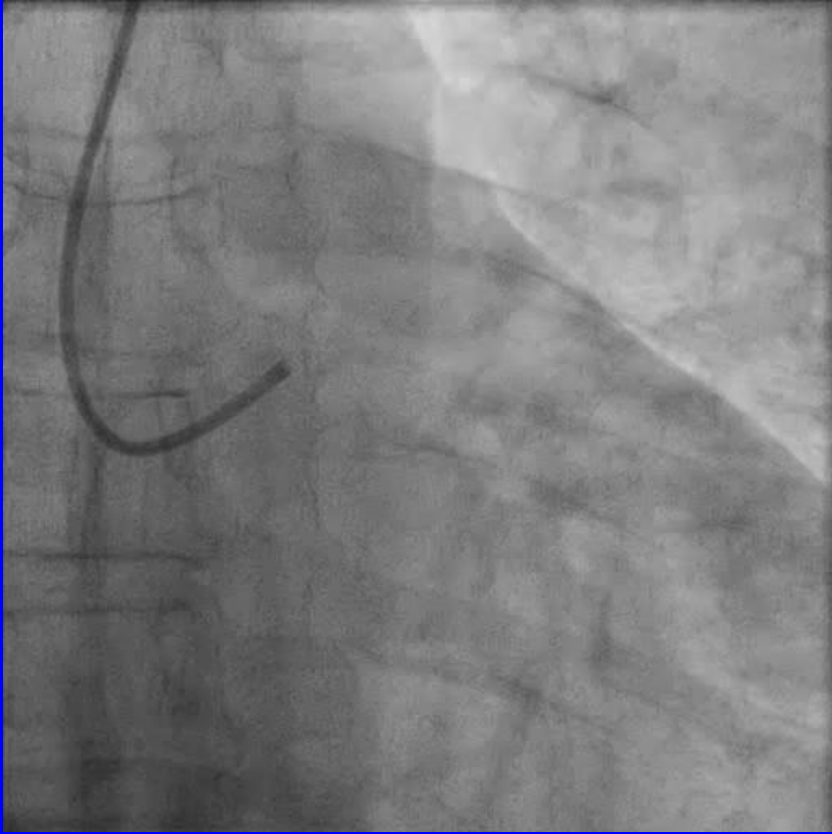
On admission

- Intense pain, diaphoretic
- Pulse 90', BP 140/90
- ECG- ST elevation V1-6, I, aVL
- Dg- **Acute extensive anterior STEMI** (prasugrel)
- Referred directly for PPCI
- While on the cath. Lab. the pain abates and ST elevation resolves on monitor.

Angiogram

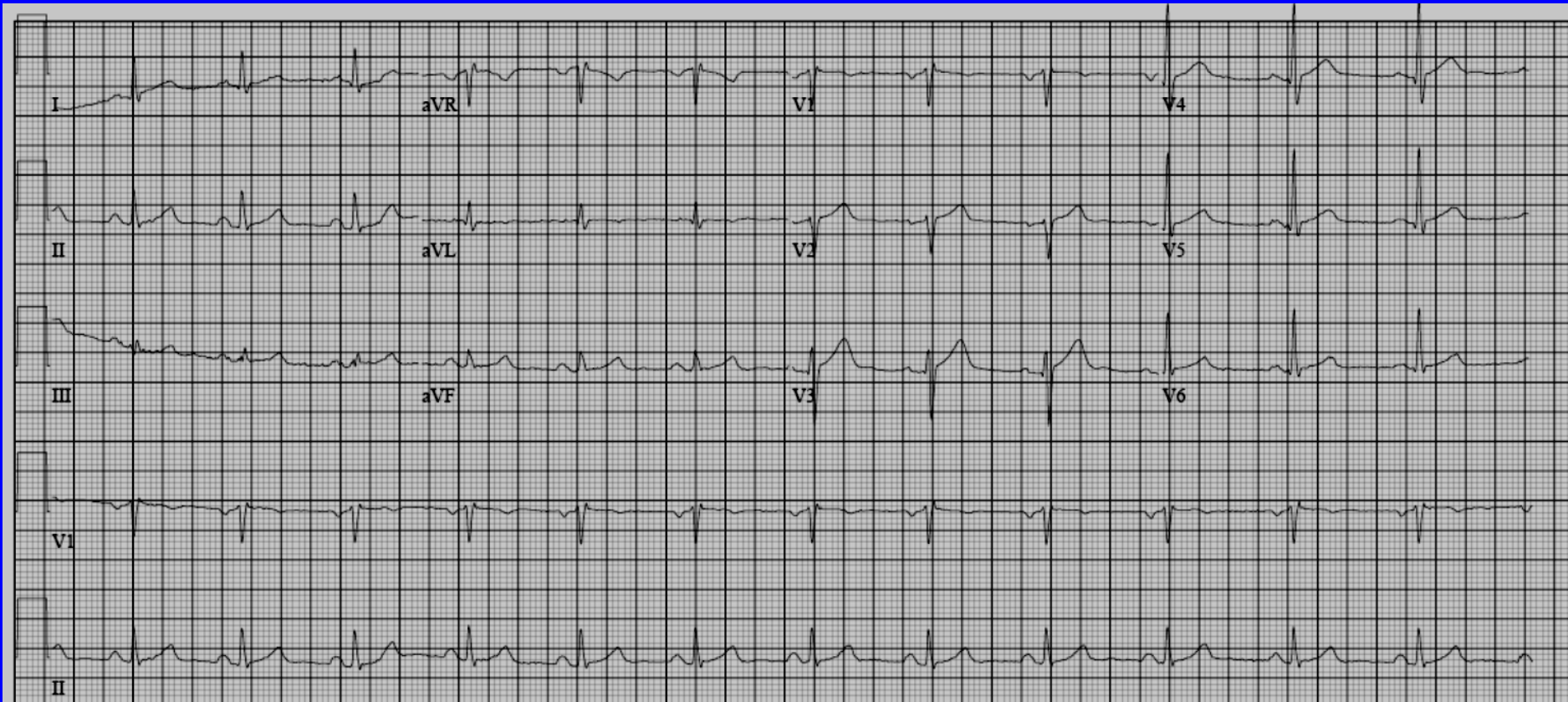


Angiogram



On admission

- Intense pain, diaphoretic
- Pulse 90', BP 140/90
- ECG- ST elevation V1-6, I, aVL
- Dg- **Acute extensive anterior STEMI**
- Referred directly for PPCI
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Objectives

- How important is to achieve effective platelet inhibition @ PPCI ?
- Should DAPT be given ASAP in STEMI Pt's undergoing PPCI (FMC) ?
- If yes, What DAPT should be given?
- What should be done if a patient on DAPT required immediate CABG ?
- Non urgent CABG (invasive procedure)?



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Circulation

JOURNAL OF THE AMERICAN HEART ASSOCIATION



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Impact of Pretreatment With Clopidogrel on Initial Patency and Outcome in Patients Treated With Primary Percutaneous Coronary Intervention for ST-Segment Elevation Myocardial Infarction : A Systematic Review

Pieter J. Vlaar, Tone Svilaas, Kevin Damman, Bart J.G.L. de Smet, Jan G.P. Tijssen, Hans L. Hillege and Felix Zijlstra

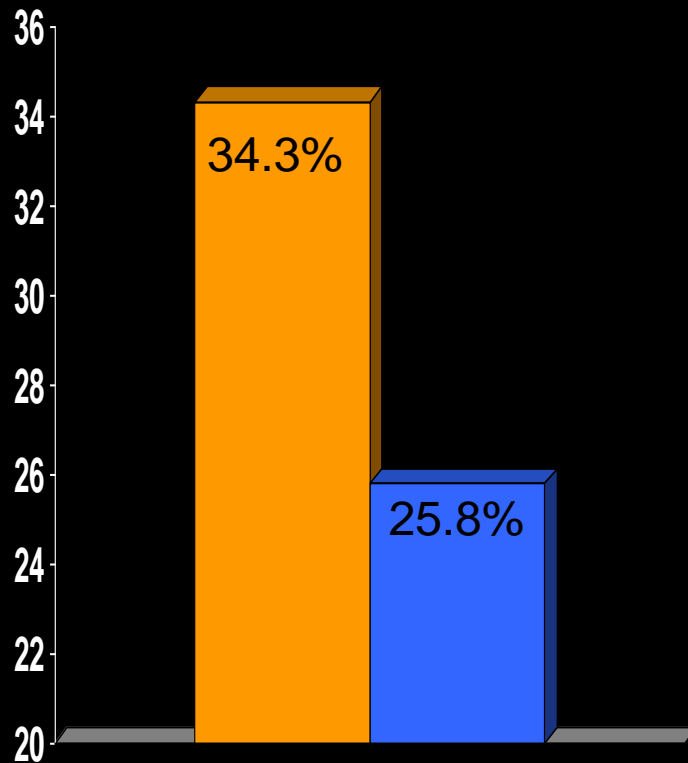
Systemic review (26 RC studies)
Unselected STEMI pts undergoing PPCI
N=8429

Clopidogrel Pre-treatment
(N= 4114)

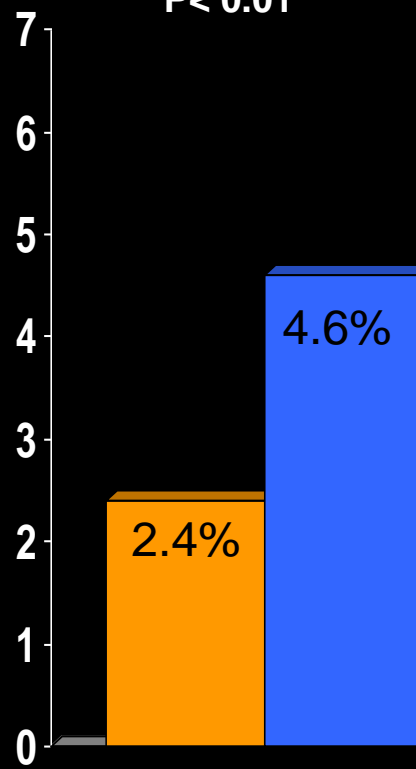
No Clopidogrel Pre-treatment (N= 4315)

Effect of Clopidogrel Pre-treatment on Early Reperfusion and Clinical Outcome

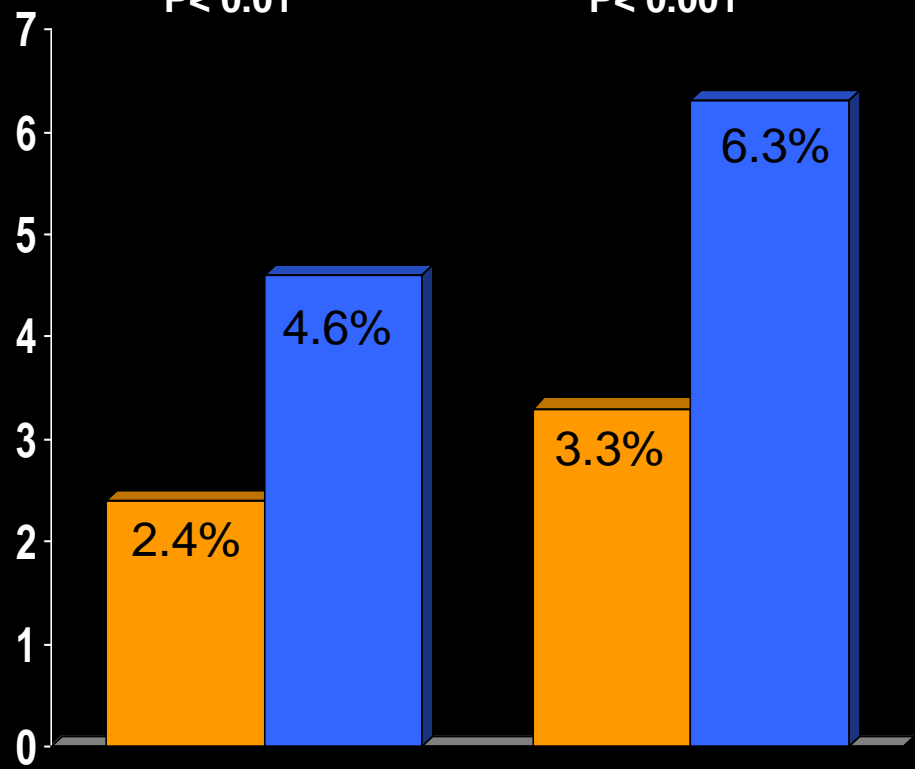
TIMI flow 2/3 on initial CAG
P < 0.001



30d Mortality
P < 0.01



Death and/or Re-infarction
P < 0.001



■ Clopidogrel pre-treatment

■ No Clopidogrel pre-treatment



European Heart Journal (2011) **32**, 2989–2997
doi:10.1093/eurheartj/ehr202

CLINICAL RESEARCH

Effect of upstream clopidogrel treatment in patients with ST-segment elevation myocardial infarction undergoing primary percutaneous coronary intervention

Sasha Koul¹, J. Gustav Smith^{1,2}, Fredrik Scherstén¹, Stefan James³, Bo Lagerqvist³, and David Erlinge^{1*}

SCAAR registry
1st STEMI undergoing PPCI
N=13,847

```
graph TD; A["SCAAR registry  
1st STEMI undergoing PPCI  
N=13,847"] --> B["Upstream clopidogrel  
(prior to cath. lab.)  
N=9813 (71%)"]; A --> C["No upstream clopidogrel  
N=4034 (29%)"];
```

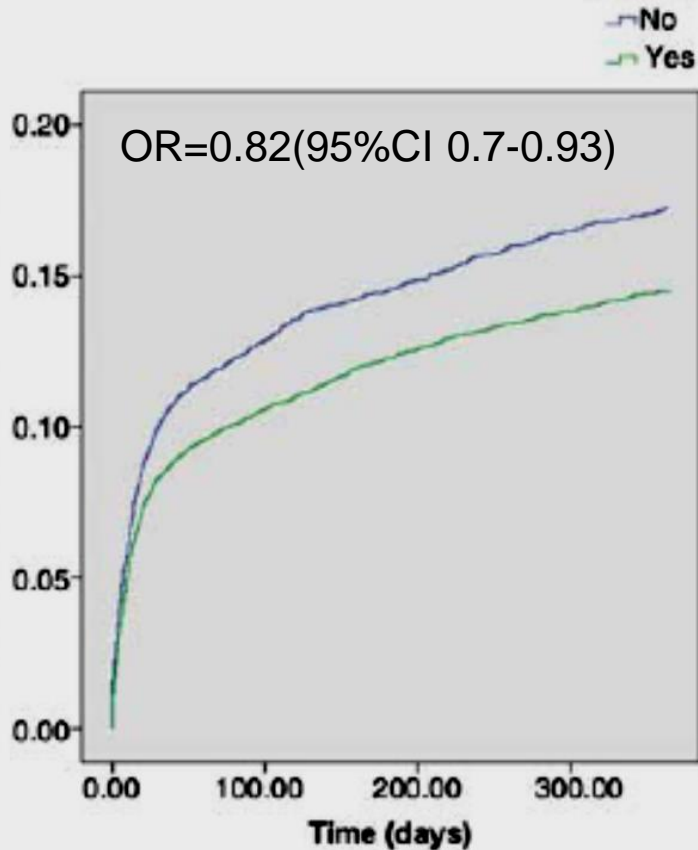
Upstream clopidogrel
(prior to cath. lab.)
N=9813 (71%)

No upstream clopidogrel
N=4034 (29%)

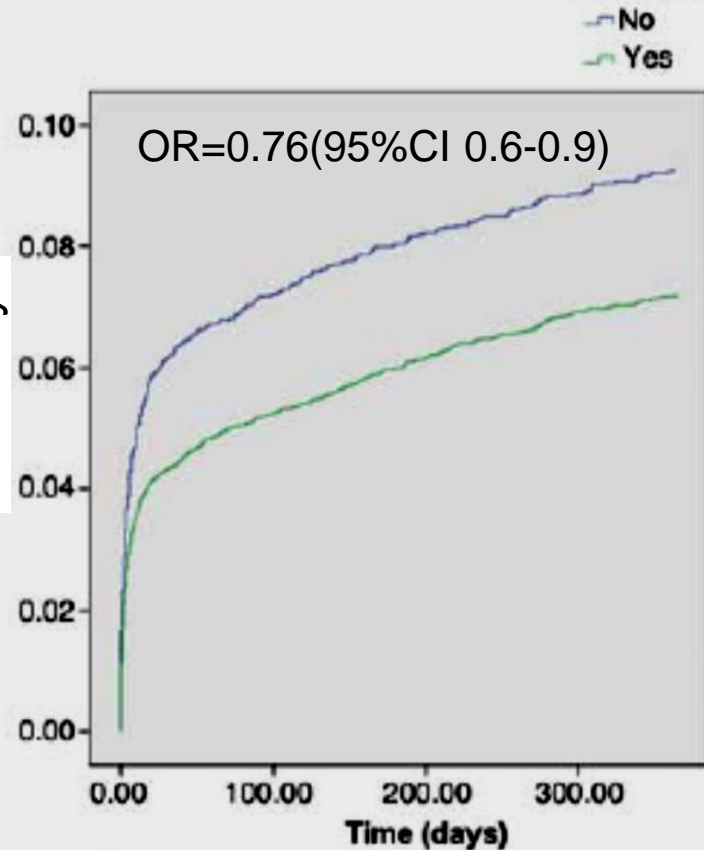
Effect of Clopidogrel Up-Stream on Mortality and Re-infarction*

* Propensity Score-Adjusted Incidence

Death and/or Reinfarction



Mortality



— Clopidogrel upstream

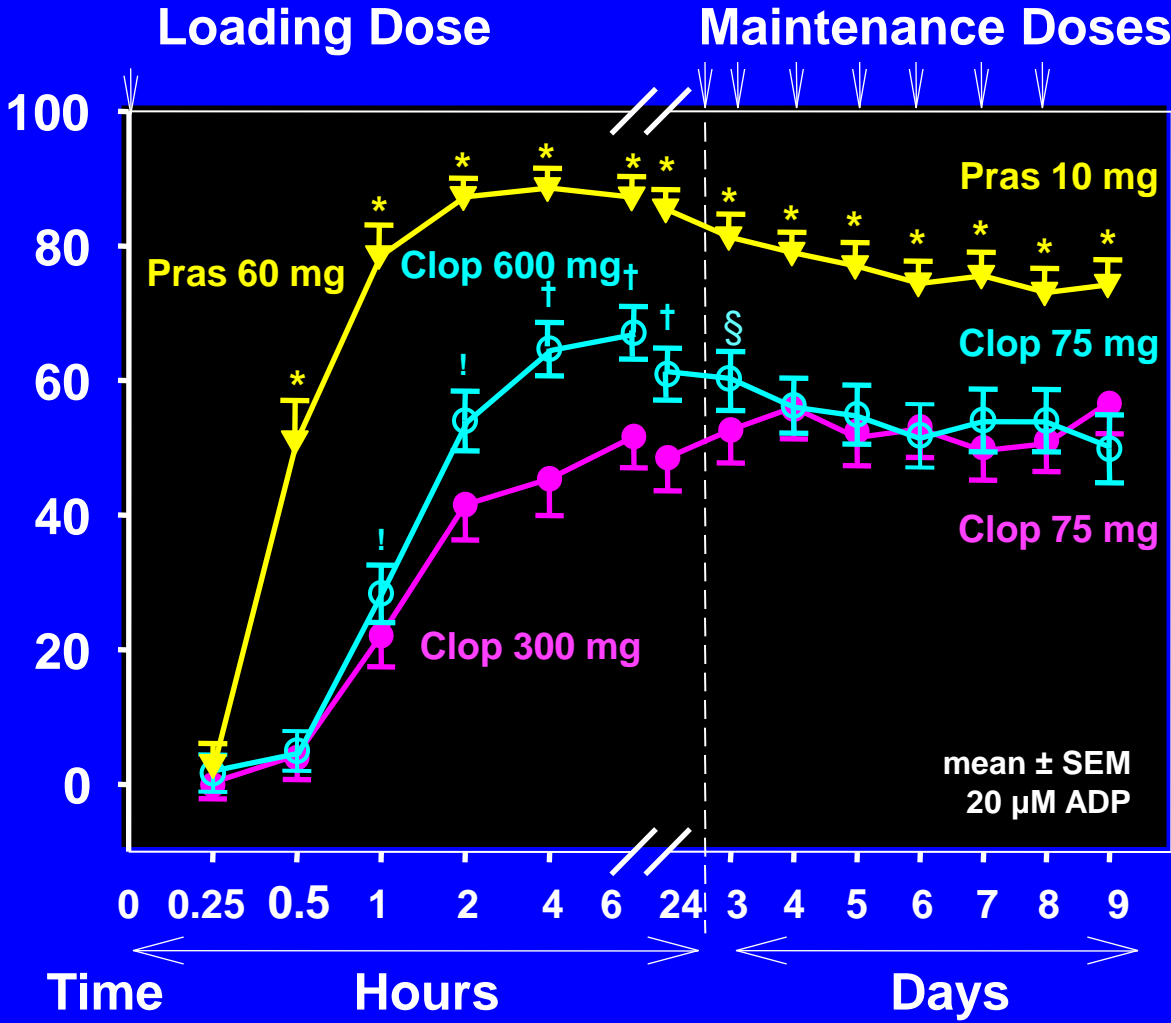
— No clopidogrel Upstream

Objectives

- How important is to achieve effective platelet inhibition @ PPCI ?
- Should DAPT be given ASAP in STEMI Pt's undergoing PPCI (FMC) ?
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- What should be done if a patient on DAPT required immediate CABG ?
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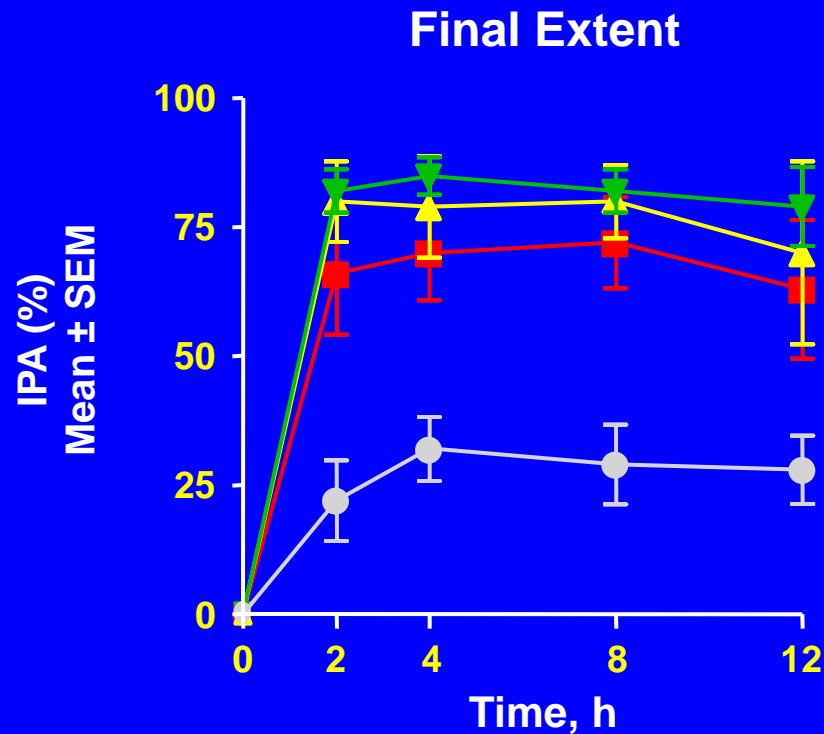
Prasugrel vs. Clopidogrel Loading Dose: Higher IPA During

Inhibition of Platelet Aggregation (%)



* p<0.001 vs. Clop 300 mg or 600 mg LD
 † p<0.001 vs. Clop 300
 ‡ p<0.05 vs. Clop 300
 § p<0.05 vs Clop 300/75

IPA on Day 1 Clopidogrel Naive Patients

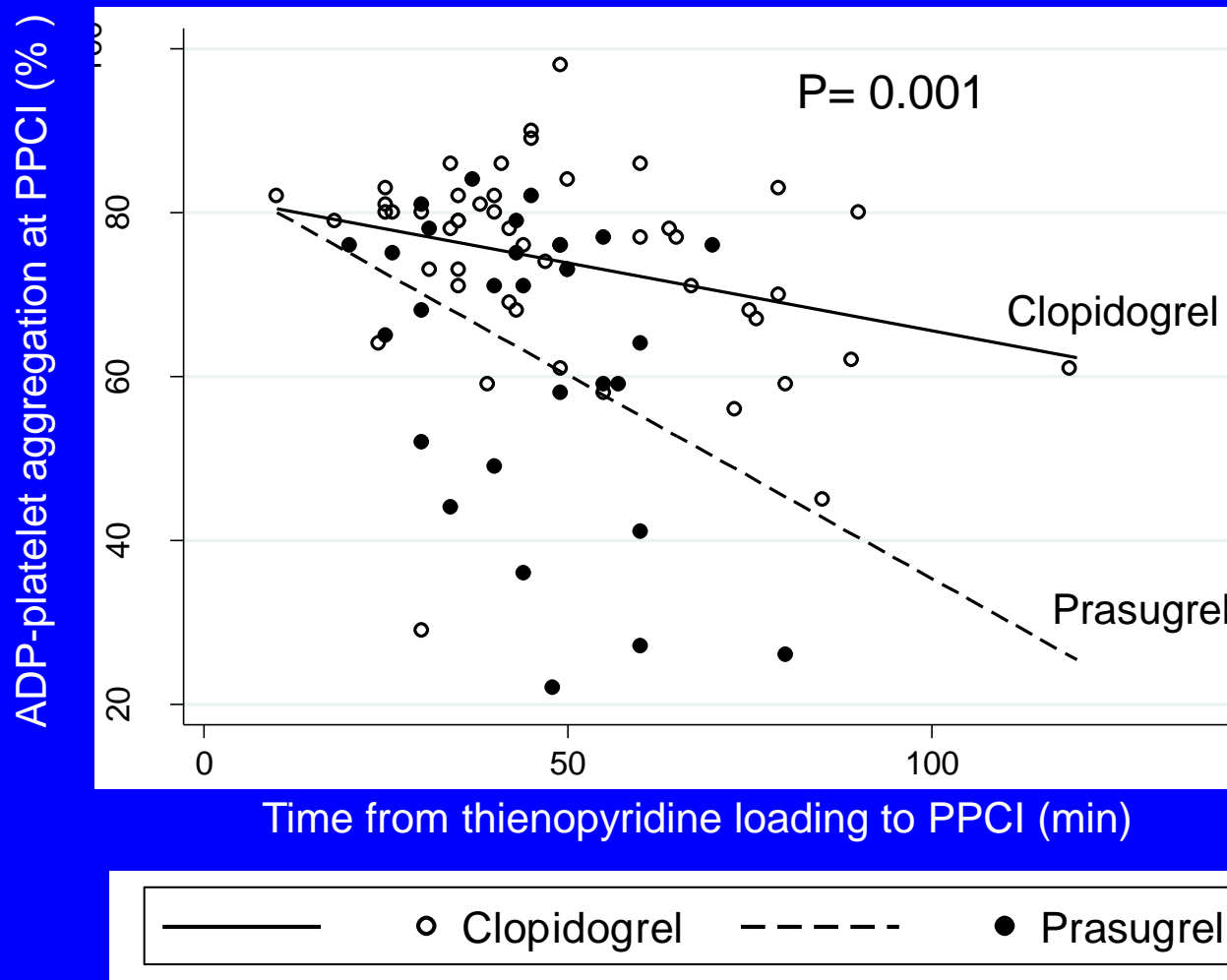


■ Ticagrelor 90 mg ▲ Ticagrelor 180 mg ▼ Ticagrelor 270 mg ● CLOP 300 mg

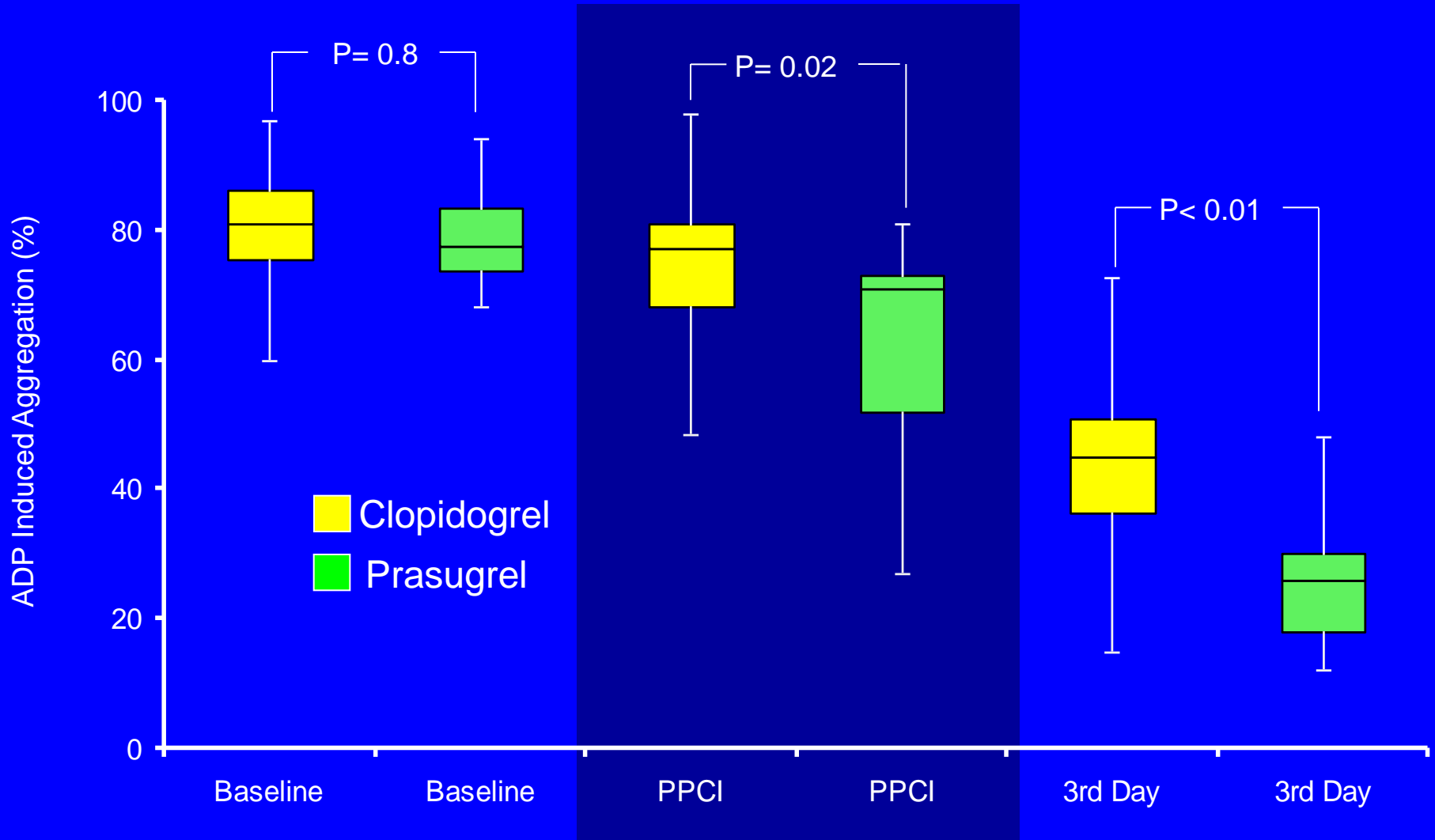
$P < 0.0176$ for all AZD6140 groups vs clopidogrel at 4 h

$P < 0.0002$ for all AZD6140 groups vs clopidogrel at 4 h

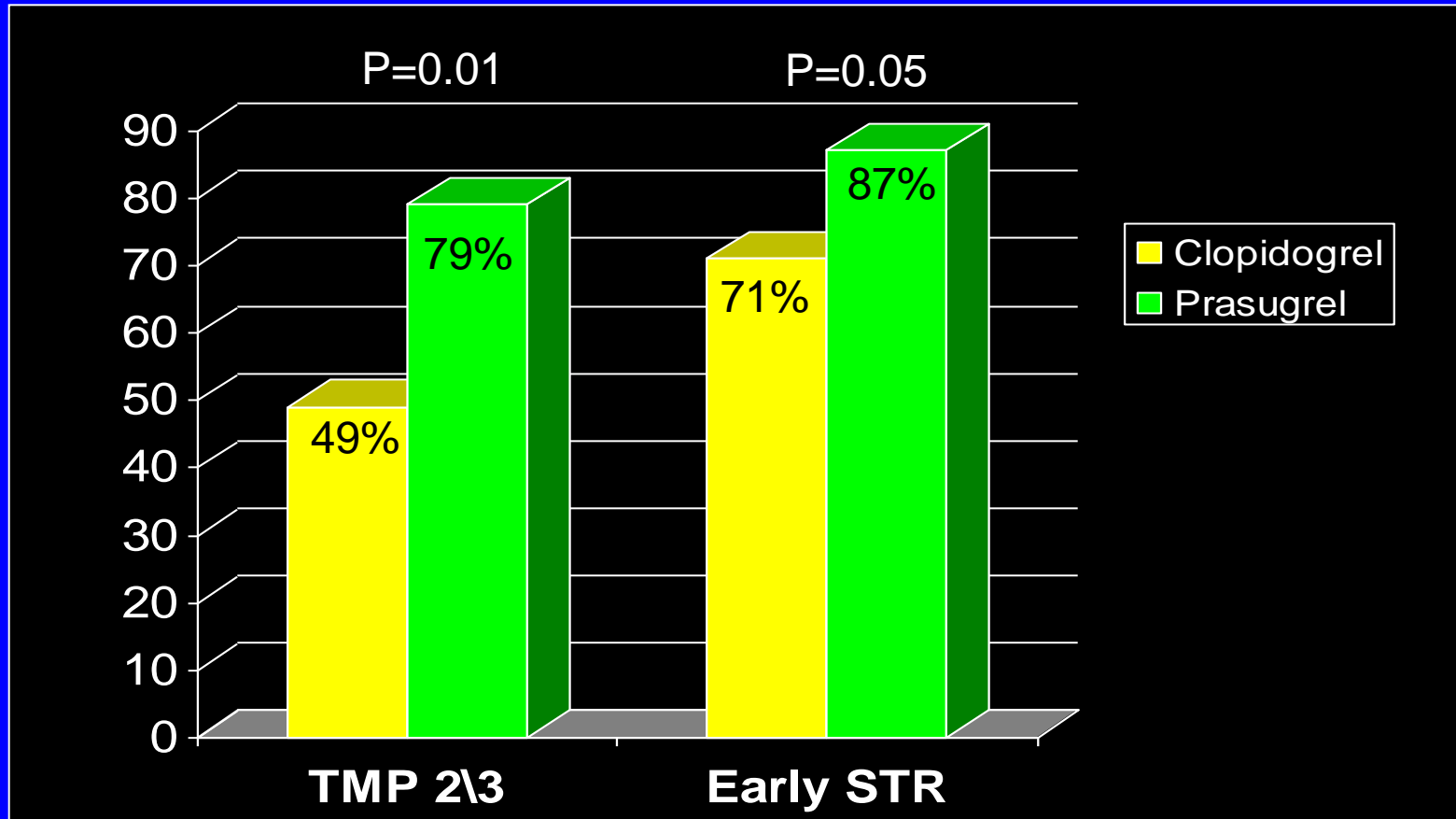
Platelet Reactivity @ PPCI According to the Time Elapsed from Thienopyridine Loading to PPCI



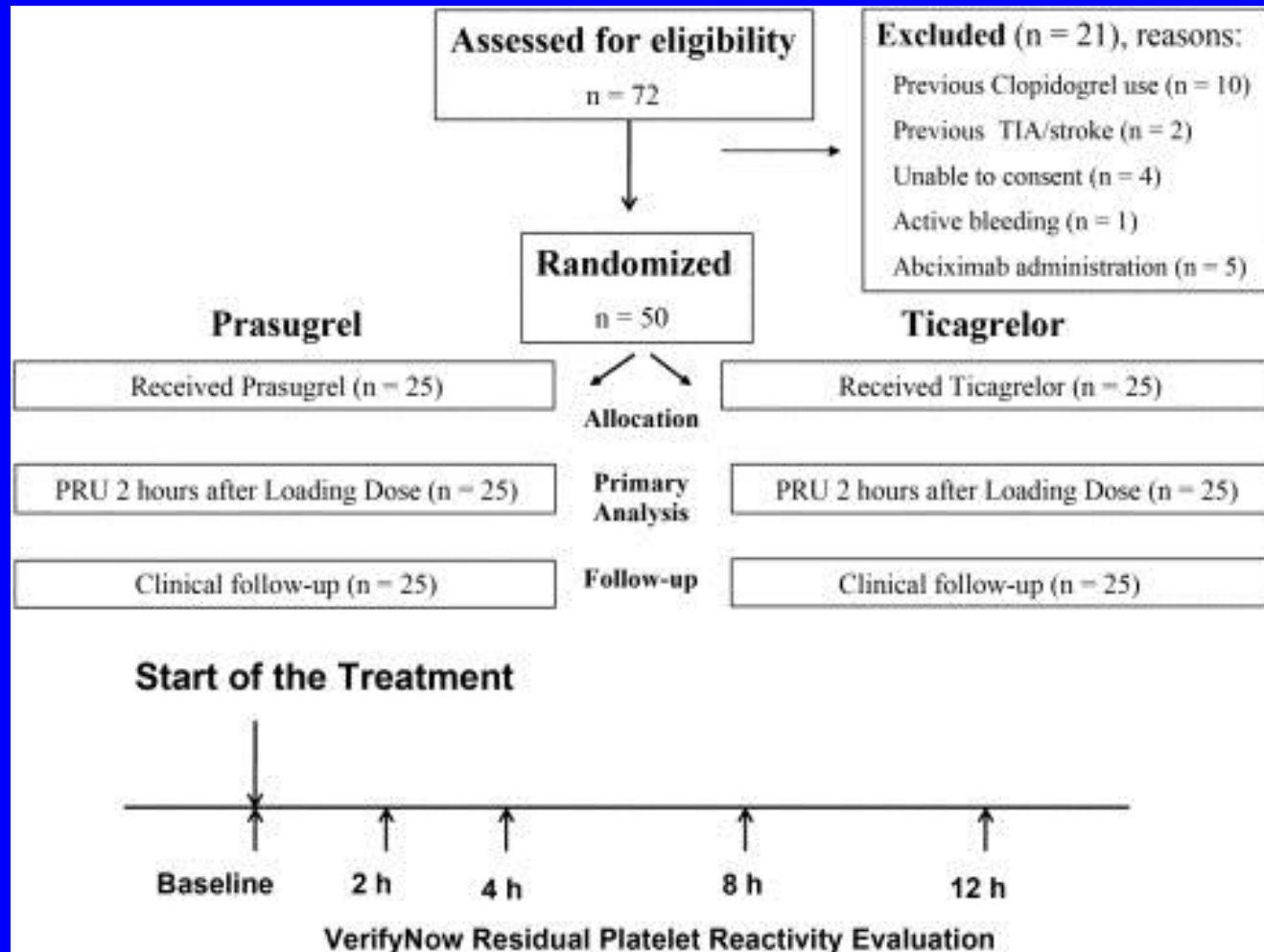
ADP Induced Platelet Aggregation



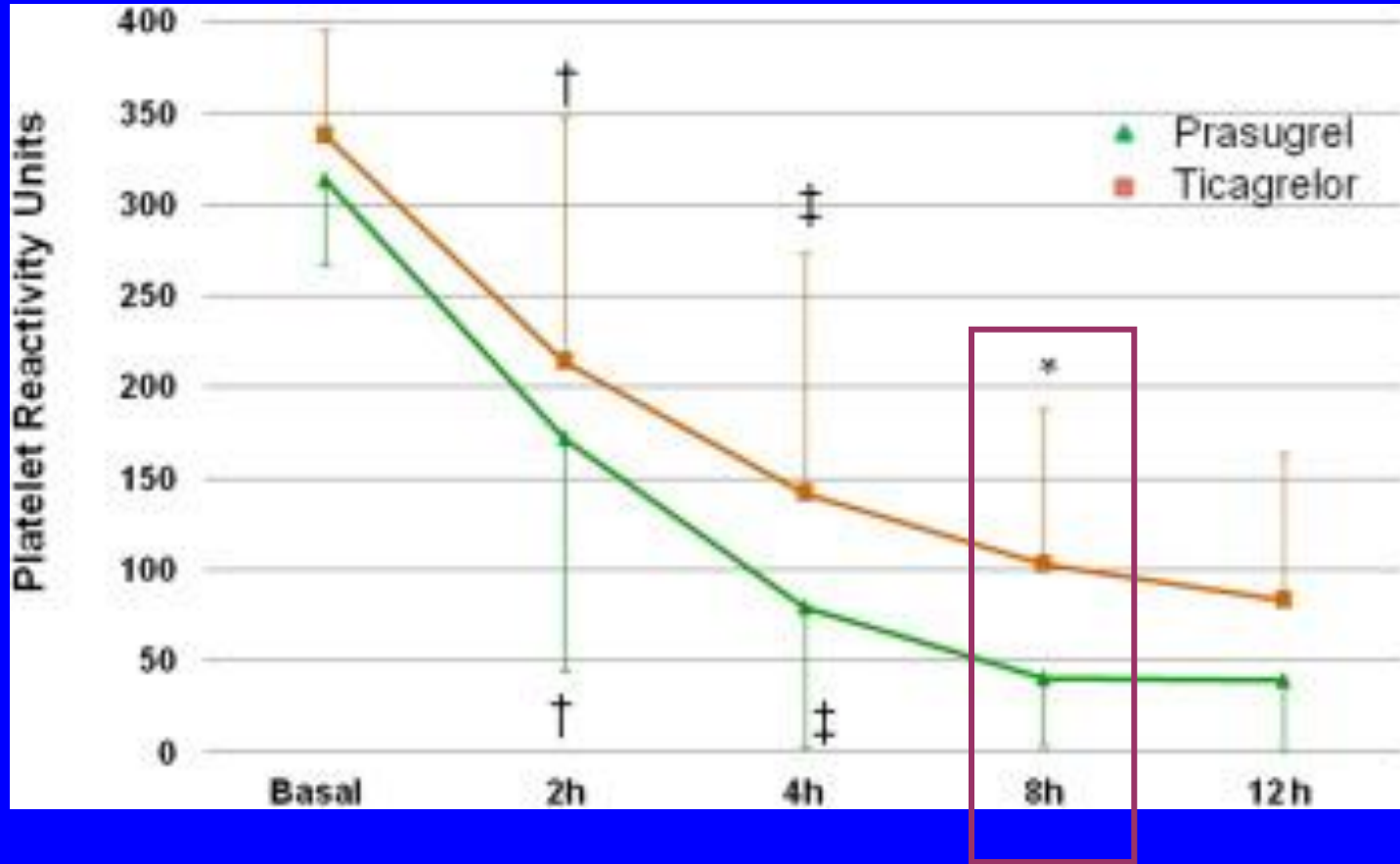
Indices of Myocardial Reperfusion in STEMI Patients Undergoing PPCI



RAPID (Rapid Activity of Platelet Inhibitor Drugs) primary PCI study



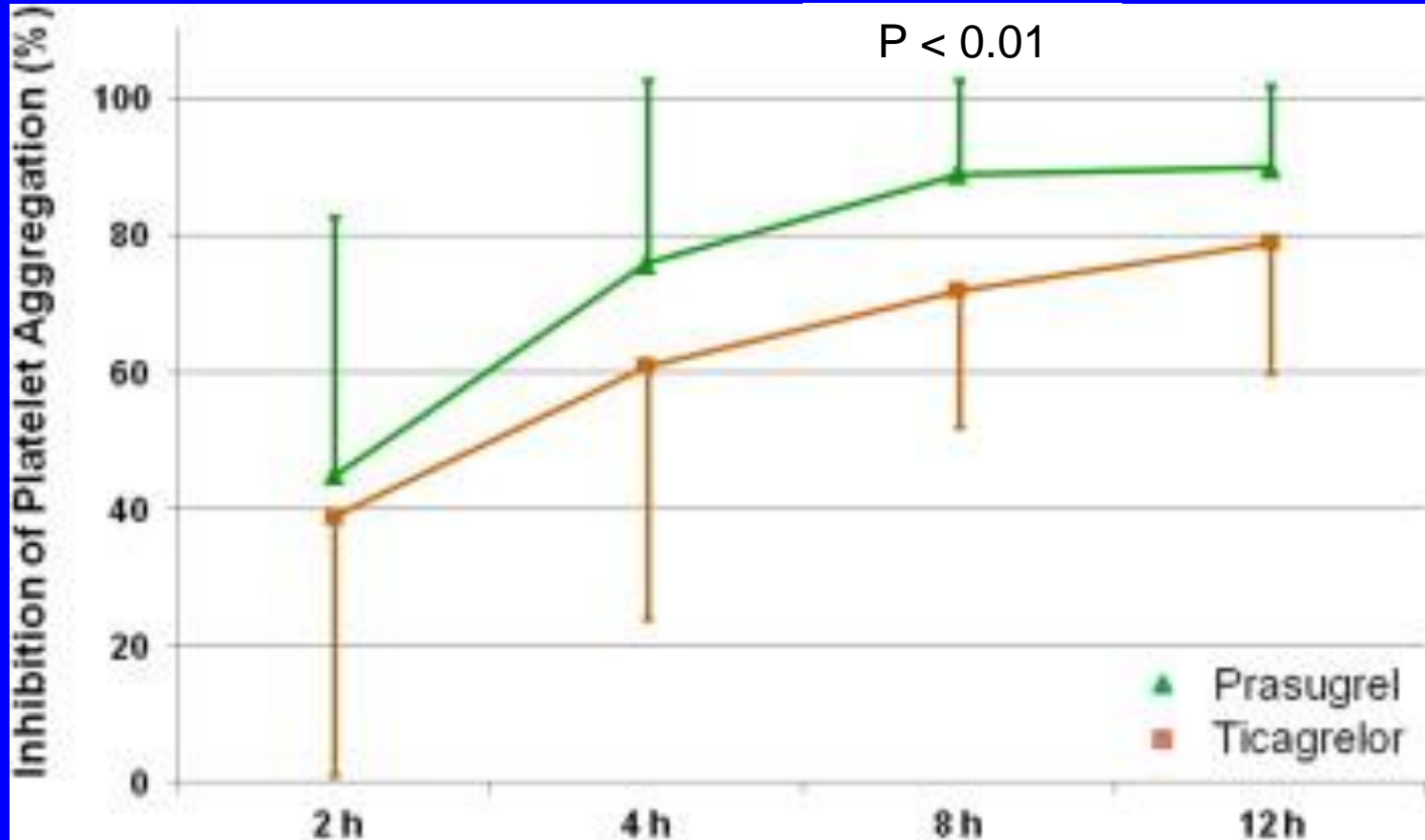
Kinetics of Platelet Inhibition Over Time Residual platelet reactivity values assessed by platelet reactivity units VerifyNow at baseline and .2, 4, 8, and 12 h after drug loading



*p < 0.01 versus Ticagrelor.

†p < 0.01 versus baseline, ‡p < 0.01 versus 2 h.

Inhibition of Platelet Aggregation by VerifyNow at 2, 4, 8, and 12 h after drug loading dose



Objectives



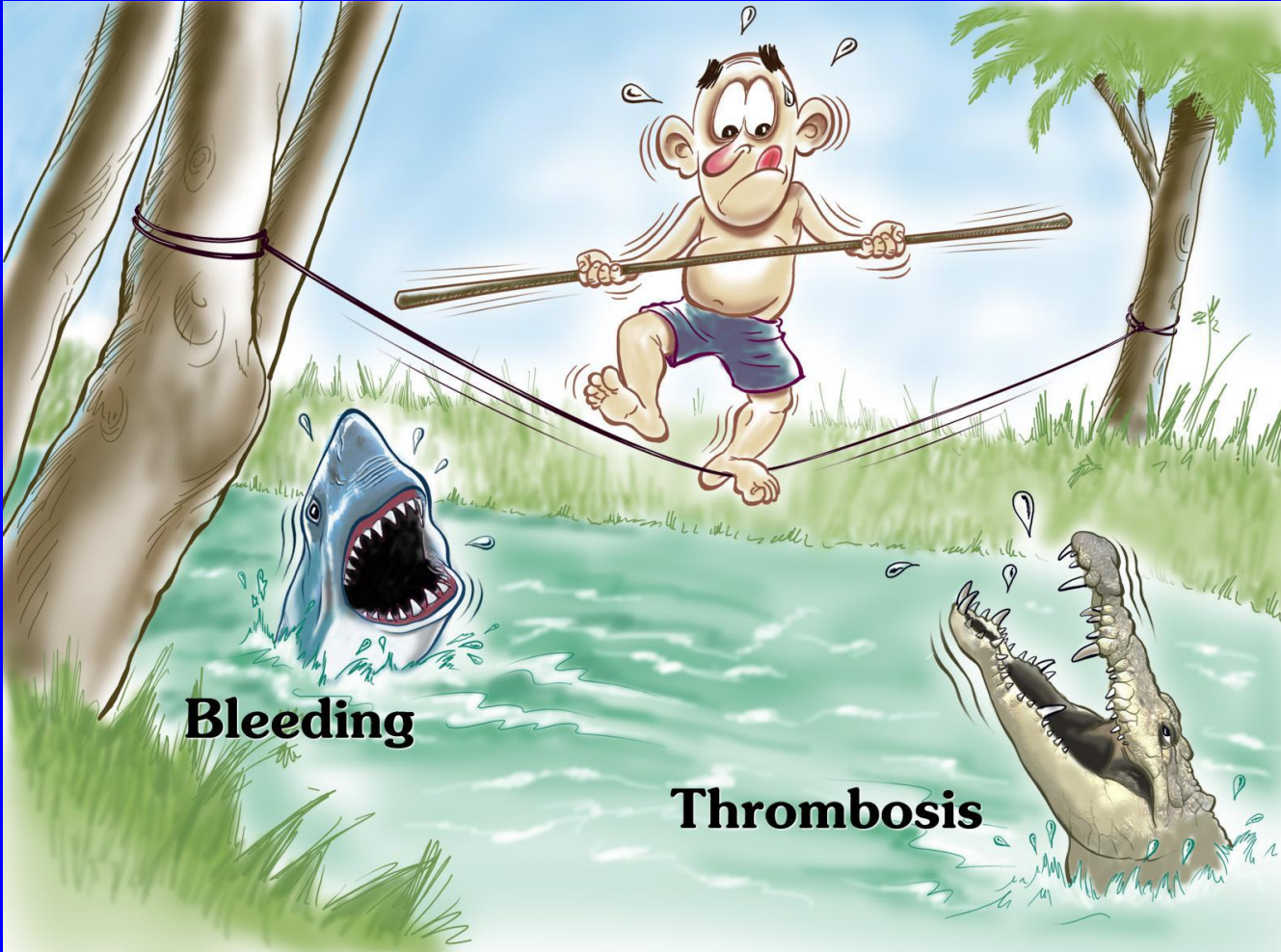
➤ How important is to achieve effective platelet inhibition @ PPCI ?

➤ Should DAPT be given ASAP in STEMI Pt's undergoing PPCI (FMC) ?

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➤ Non urgent CABG (invasive procedure)?



Bleeding

Thrombosis

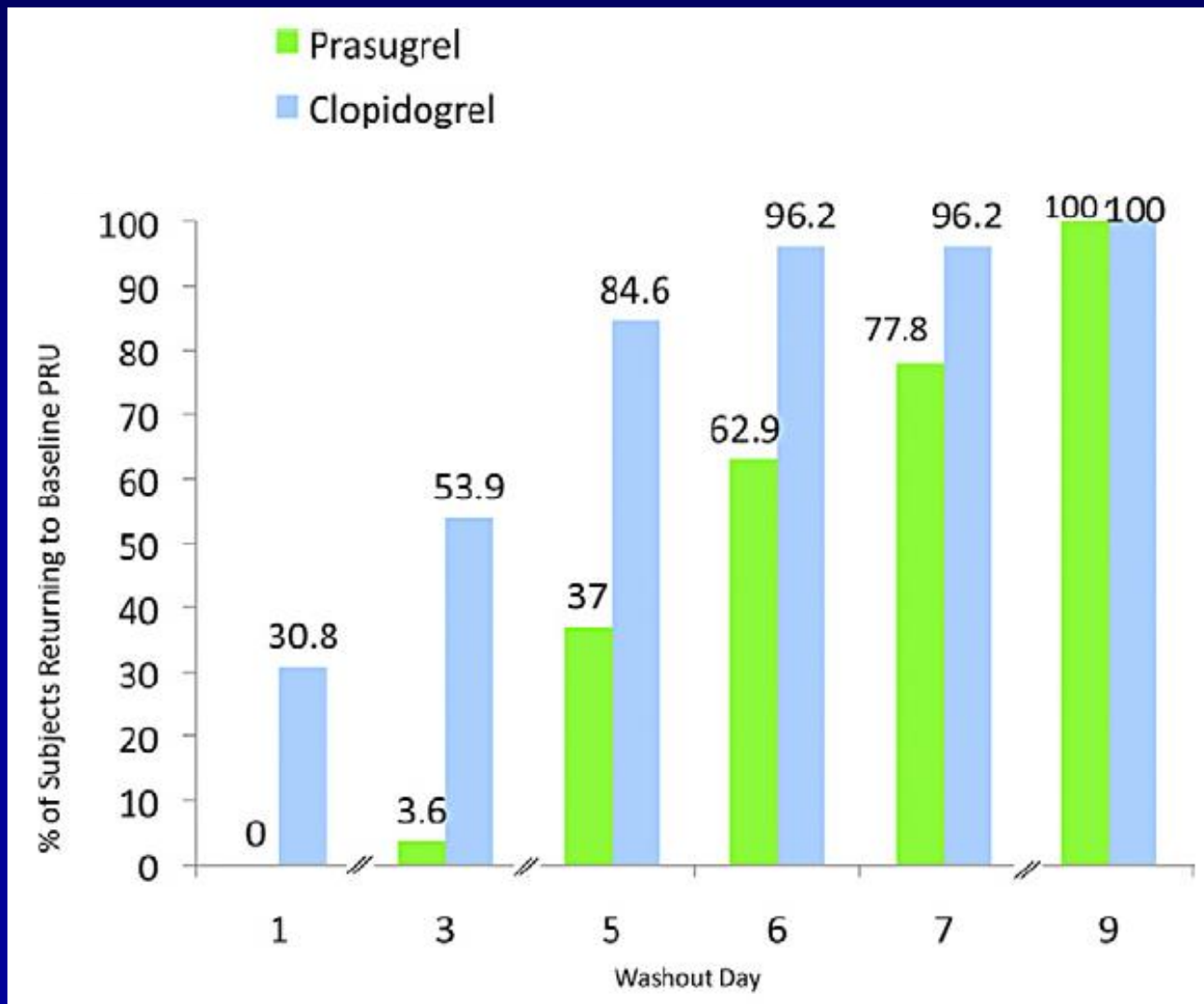
Recovery of Platelet Function After Discontinuation of Prasugrel or Clopidogrel Maintenance Dosing in Aspirin-Treated Patients With Stable Coronary Disease

The Recovery Trial

Matthew J. Price, MD,* James S. Walder, MD,† Brian A. Baker, PHARM D,‡
Darell E. Heiselman, DO,§ Joseph A. Jakubowski, PHD,§ Douglas K. Logan, MD,||
Kenneth J. Winters, MD,§ Wei Li, PHD,‡ Dominick J. Angiolillo, MD, PHD¶

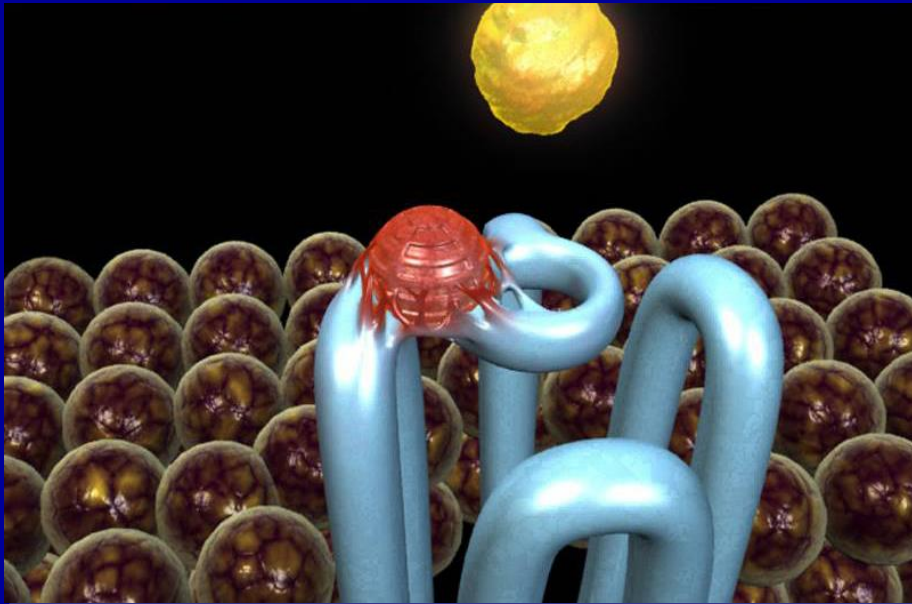
*La Jolla, California; Rapid City, South Dakota; Parsippany, New Jersey; Indianapolis, Indiana;
Cincinnati, Ohio; and Jacksonville, Florida*

Proportion of Pts Returning to Baseline Reactivity

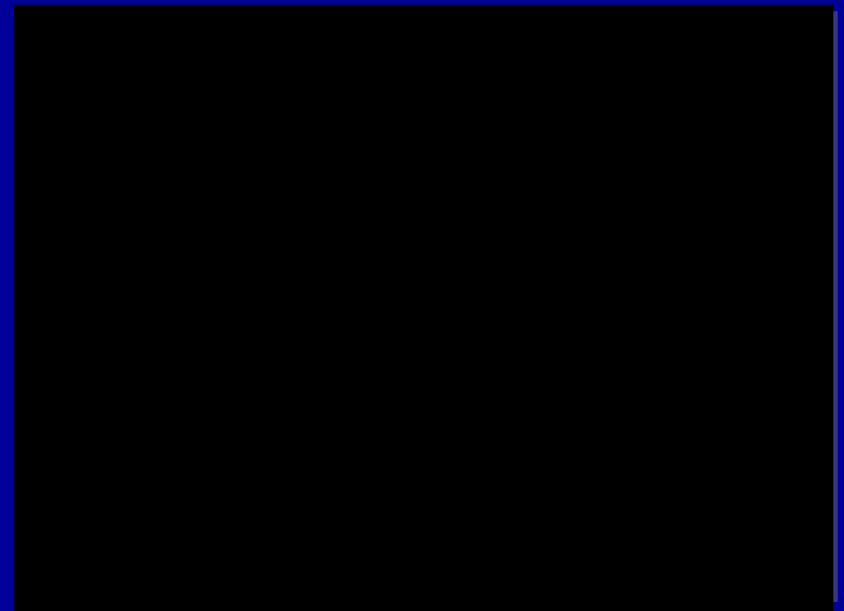


- Thienopyridines bind **covalently (irreversibly)** to P2Y₁₂ ADP binding site, rendering the receptors permanently inactivated
- Ticagrelor binds directly to P2Y₁₂ receptors and **reversibly** interacts with the receptor, to prevent platelet activation and aggregation

Thienopyridines-Irreversible inhibition



Ticagrelor-Reversible inhibition

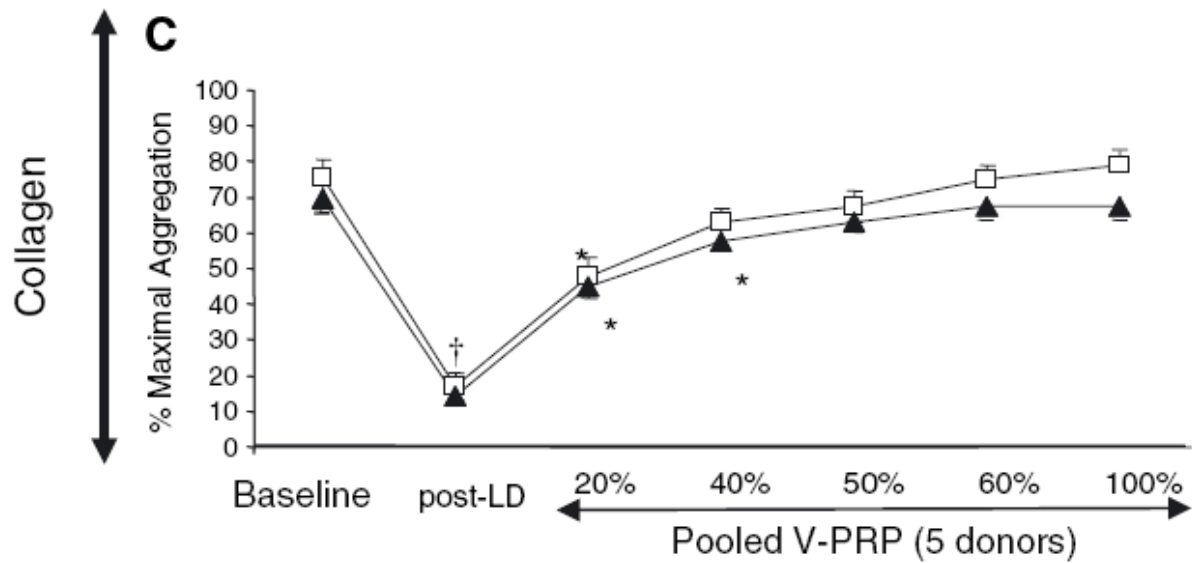
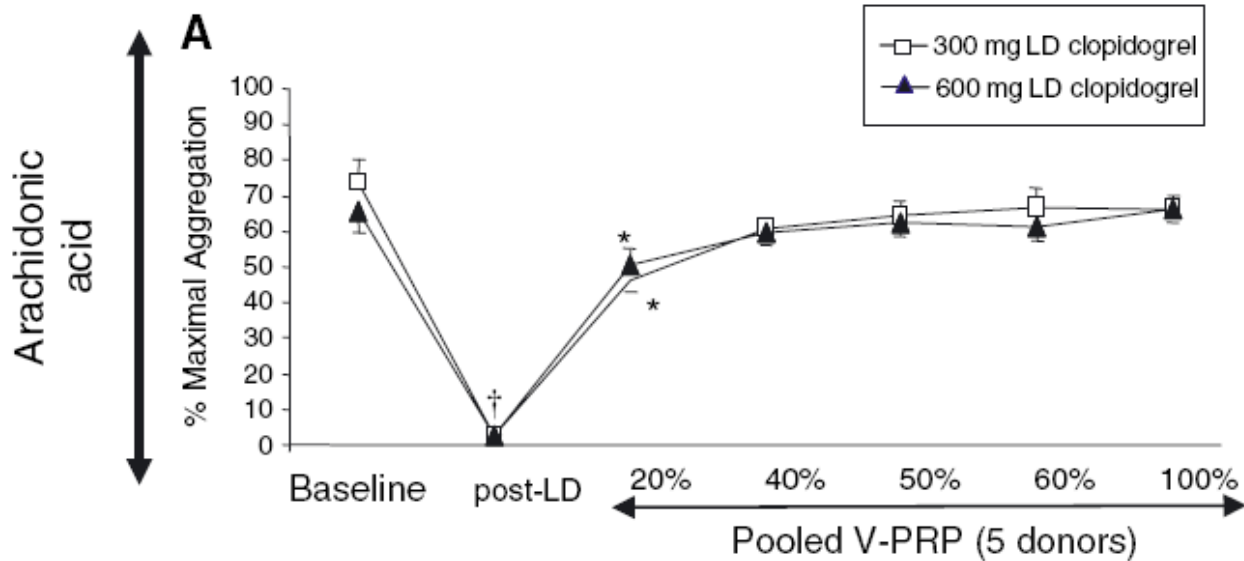


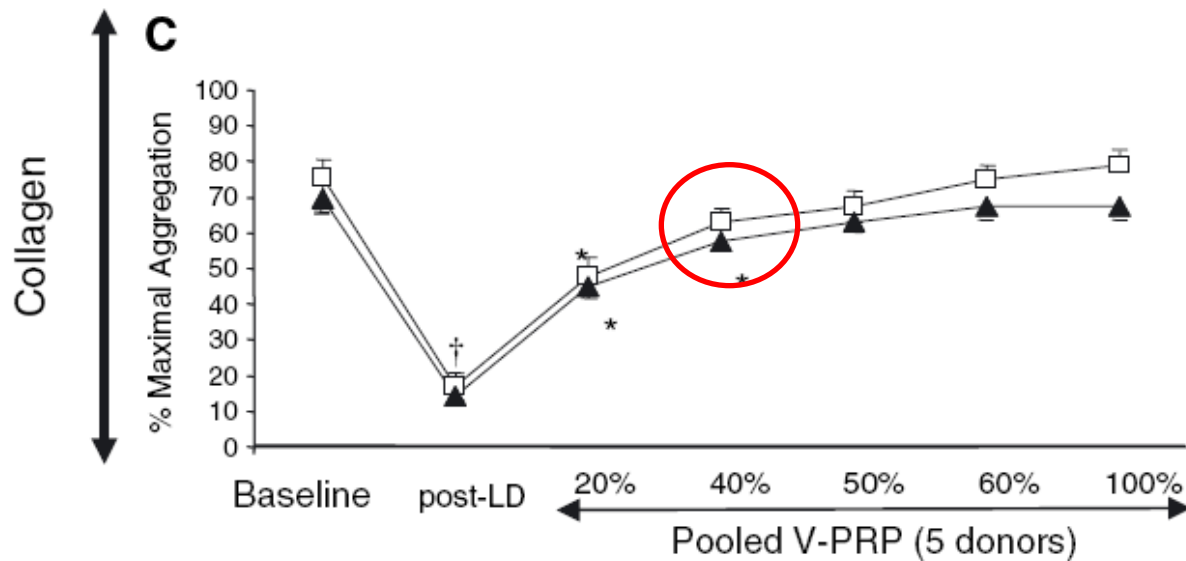
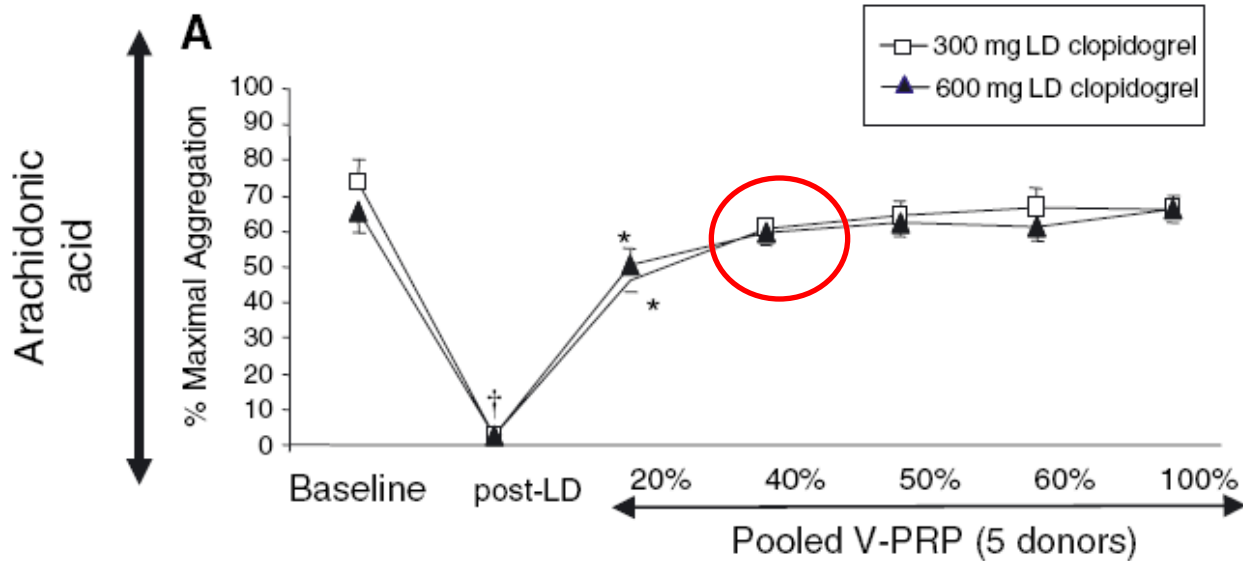
ORIGINAL ARTICLE

Normalization of platelet reactivity in clopidogrel-treated subjects

G. VILAHUR,^{*1} B. G. CHOI,^{*†1} M. U. ZAFAR,^{*} J. F. VILES-GONZALEZ,^{*} D. A. VORCHHEIMER,[†]
V. FUSTER[†] and J. J. BADIMON^{*†}

**Cardiovascular Biology Research Laboratory; and †Zena and Michael A. Wiener Cardiovascular Institute, Mount Sinai School of Medicine, New York, NY, USA*





Mean platelet count ($n = 11$): 250×10^6

% Added pooled V-PRP	Platelet units*	Platelet pools [†]
20	5	1
40	10	2
50	12.5	2–3
60	15	3

*Platelet units: one platelet unit increases platelet count by 10 000 μL .

[†]Platelet pools: five platelet units = one platelet pool.

Acute Coronary Syndromes

RESTORING PLATELET FUNCTION EX VIVO BY ADDING FRESH PLATELETS WITHIN 24 HOURS OF A PRASUGREL 60 MG LOADING DOSE

ACC Oral Contributions
McCormick Place South, S406b
Saturday, March 24, 2012, 8:39 a.m.-8:52 a.m.

Authors: *M. Urooj Zafar, Carlos Santos-Gallego, David Vorchheimer, Juan Viles-Gonzalez, Sammy Elmariah, Chiara Giannarelli, David Small, Joseph Jakobowski, Valentin Ruster, Juan Badimon, Mount Sinai School of Medicine, New York, NY, USA, Eli Lilly and Company, Indianapolis, IN, USA*

Background: ACC/AHA guidelines advise a 5-7 day wait in surgery bound ACS patients to attenuate the effects of antiplatelet therapy. To reduce bleeding risk, platelet infusion may be used in some cases but the resulting recovery of platelet function is unknown. We investigated the degree of platelet function restoration by adding fresh platelets within 24 hours (h) of a prasugrel loading dose.

Methods: Healthy subjects (n=25, 30 ± 5 years, 68% male) on ASA took 60 mg prasugrel after baseline testing with platelet aggregation (PA, ADP 20µM) and VerifyNow P2Y12 assay (VN). Fresh, concentrated platelets from untreated donors were added ex vivo to subject's blood after 2h, 6h, 12h and 24h, in volumes that raised the blood platelet counts by 40%, 60% and 80%. One sample was not supplemented (0%). Platelet function (PA and VN) in supplemented samples were compared to 0% and pretreatment baseline. Prasugrel active metabolite levels were also measured.

Results: Platelet reactivity (PA and VN) was significantly higher (p<0.05) in supplemented samples vs. respective 0% at all times (Figure 1, VN data not shown). Reactivity in all samples increased over time, with the sharpest increase seen from 2h to 6h. All results were significantly lower than pretreatment baseline of 65 ± 2.3.

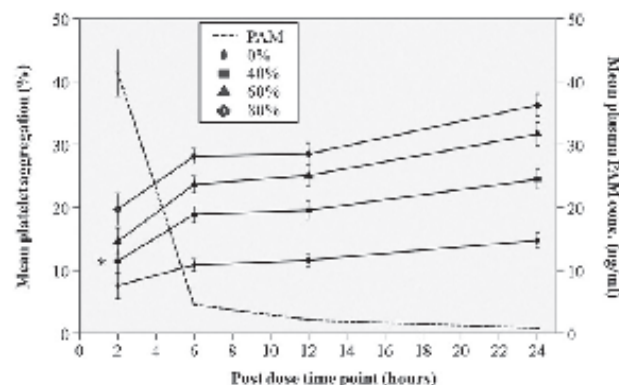


Figure 1: Platelet aggregation (mean ± SE) in prasugrel-treated subjects' samples with (40%, 60% and 80%) and without (0%) added fresh platelets over 24 hours. All 40%, 60% and 80% samples are higher than 0% (p<0.05) across ^h. All samples are lower than baseline of 65% ± 2.3% (p<0.05). PAM: Plasma of active metabolite (mean ± SE) shown on the right Y axis.

Conclusions: After a prasugrel loading dose, significant functional recovery with platelet transfusion can be achieved by 6 hours. However, full restoration of platelet function is not feasible within 24h even with substantial platelet infusions.

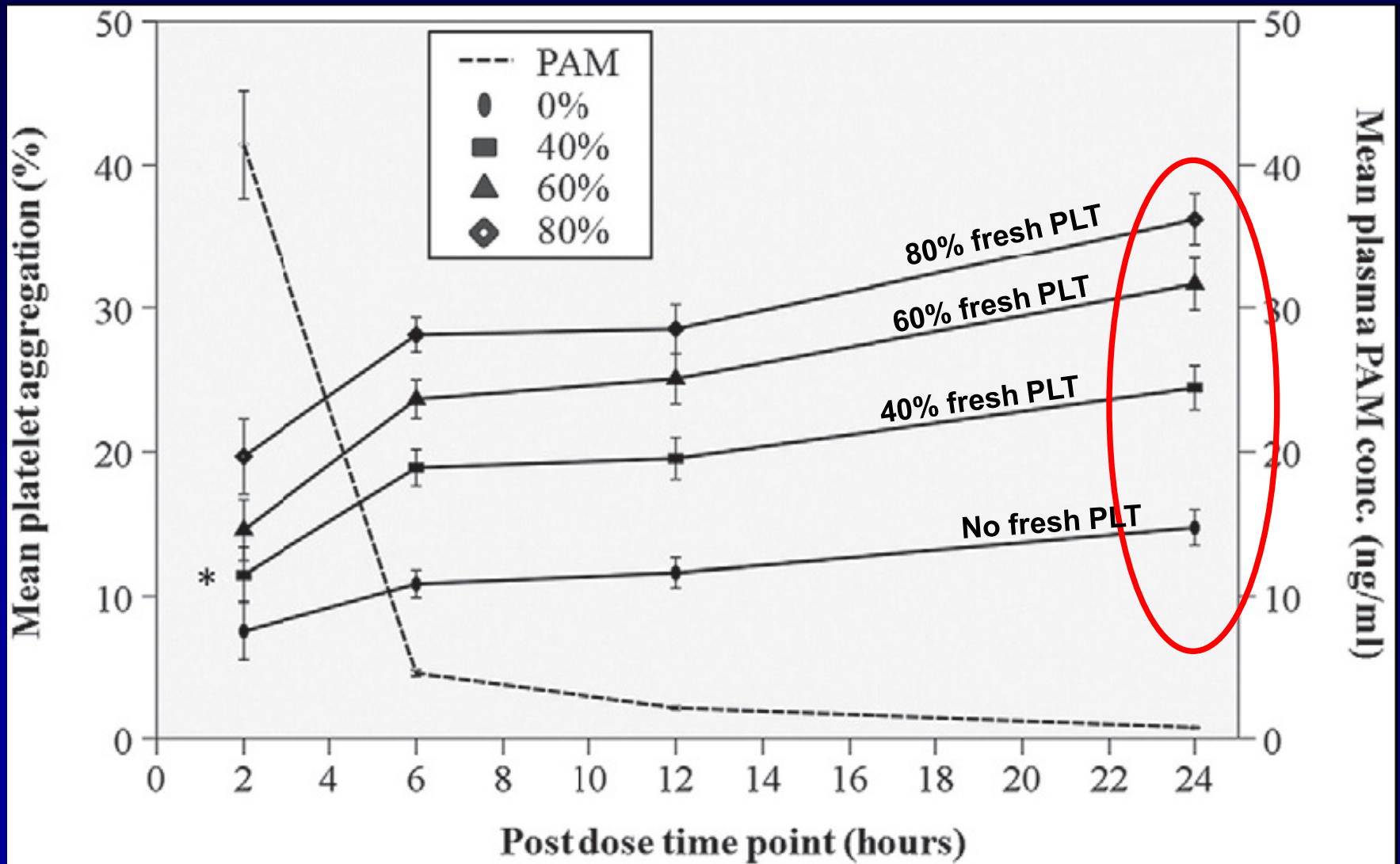
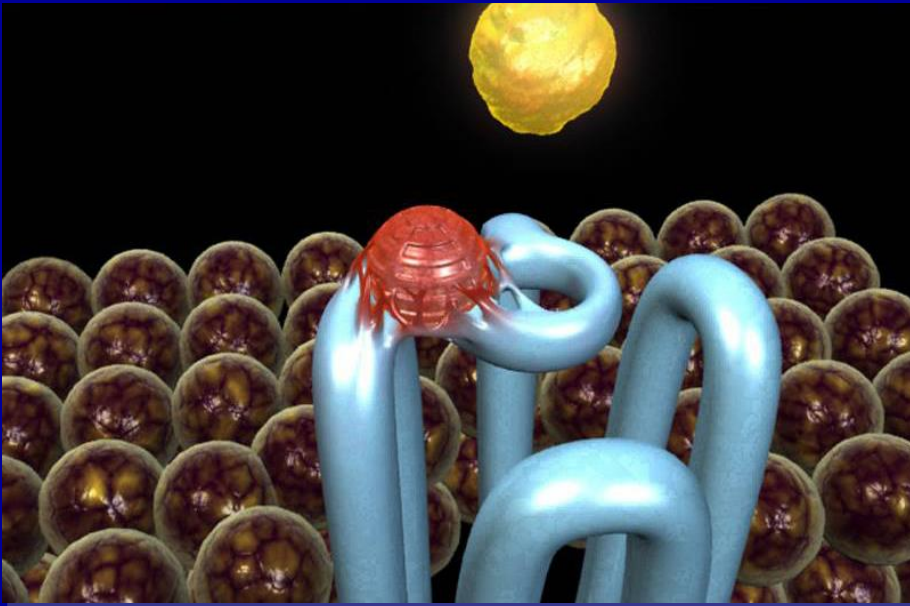


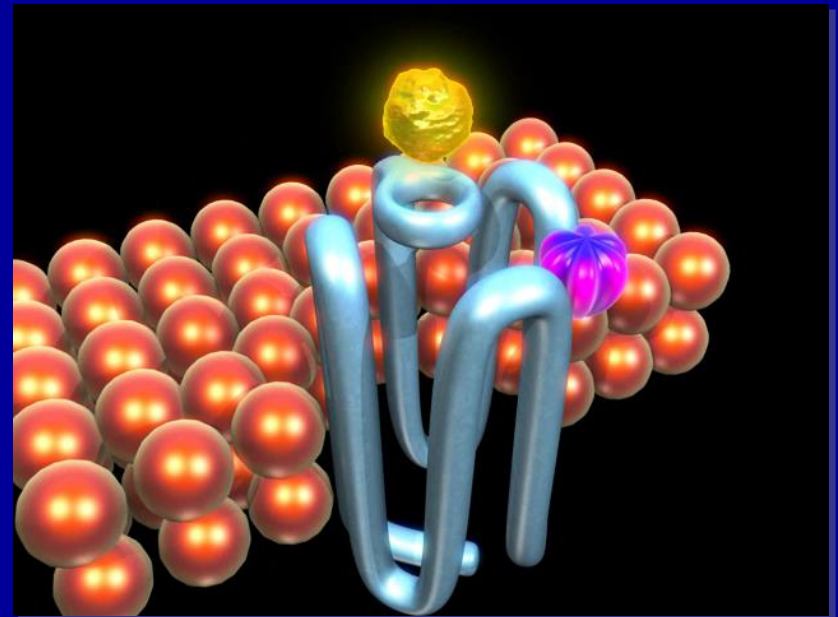
Figure 1: Platelet aggregation (mean \pm SE) in prasugrel-treated subjects' samples with (40%, 60% and 80%) and without (0%) added fresh platelets over 24 hours. All 40%, 60% and 80% samples are higher than 0% ($p < 0.05$) except *. All samples are lower than baseline of $65\% \pm 2.3\%$ ($p < 0.05$). PAM: Prasugrel active metabolite (mean \pm SE) shown on the right Y axis.

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Ticagrelor-Reversible inhibition



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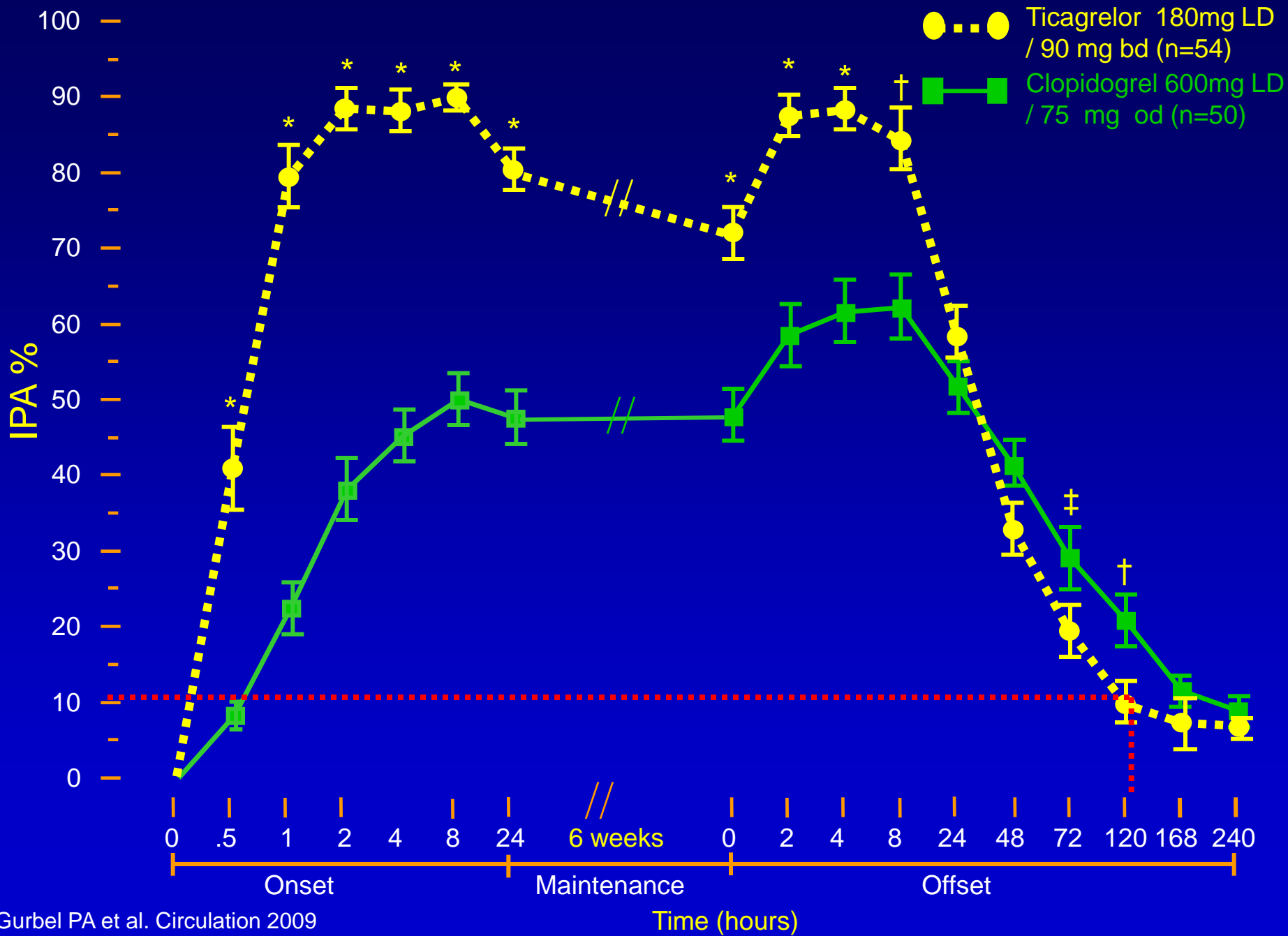
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Randomized Double-Blind Assessment of the Onset and Offset of the Antiplatelet Effects of Ticagrelor Versus Clopidogrel in Patients With Stable Coronary Artery Disease The ONSET/OFFSET Study

Paul A. Gurbel, MD; Kevin P. Bliden, BS; Kathleen Butler, MD; Udaya S. Tantry, PhD;
Tania Gesheff, BSN; Cheryl Wei, PhD; Renli Teng, PhD; Mark J. Antonino, BS;
Shankar B. Patil, MD; Arun Karunakaran, MD; Dean J. Kereiakes, MD;
Cordel Parris; Drew Purdy, MD; Vance Wilson, MD; Gary S. Ledley, MD; Robert F. Storey, MD



What Can Be Done Within the First 120 hr ?



Objectives



➤ How important is to achieve effective platelet inhibition @ PPCI ?

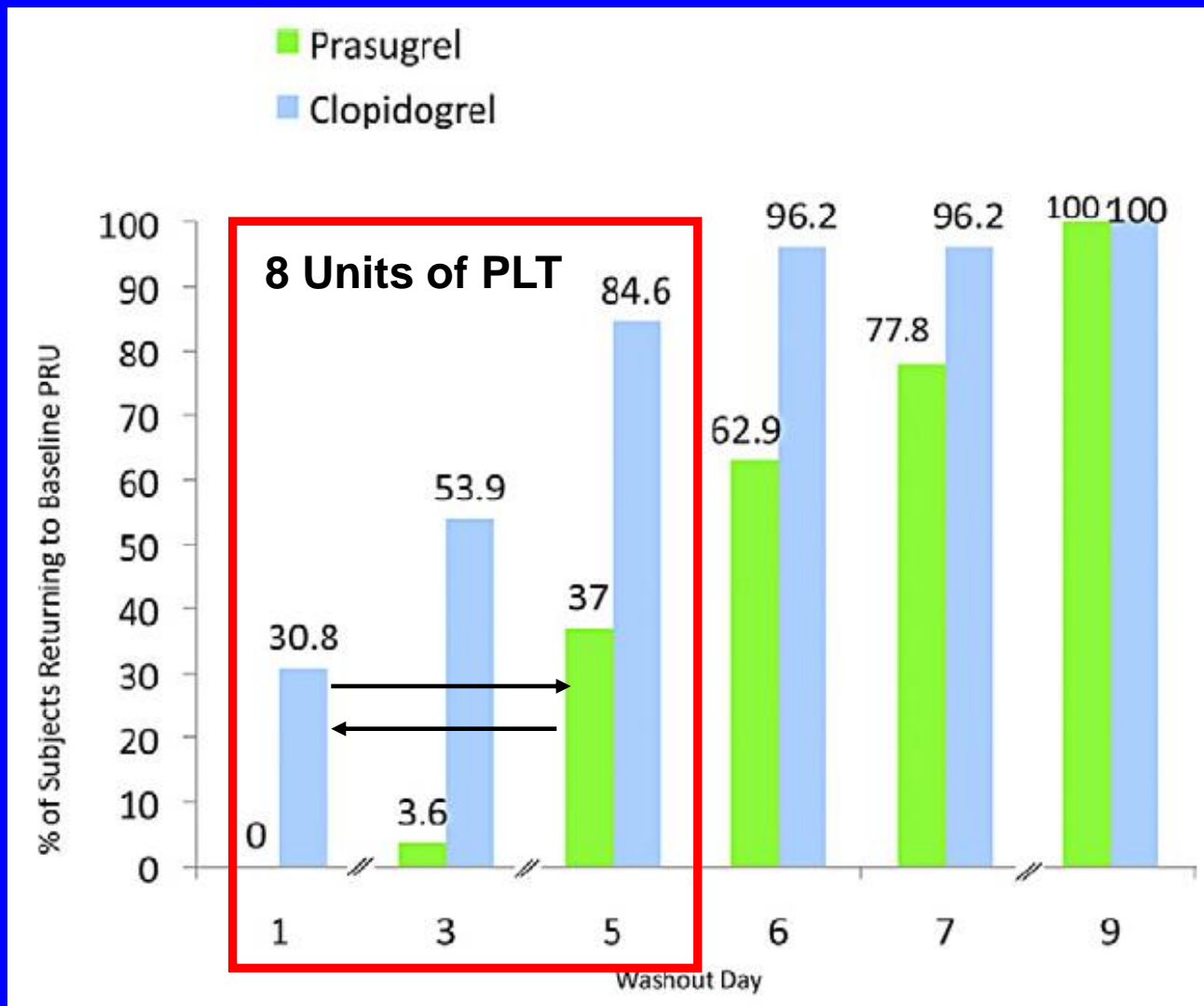
➤ Should DAPT be given ASAP in STEMI Pt's undergoing PPCI (FMC) ?

➤ If yes, What DAPT should be given?

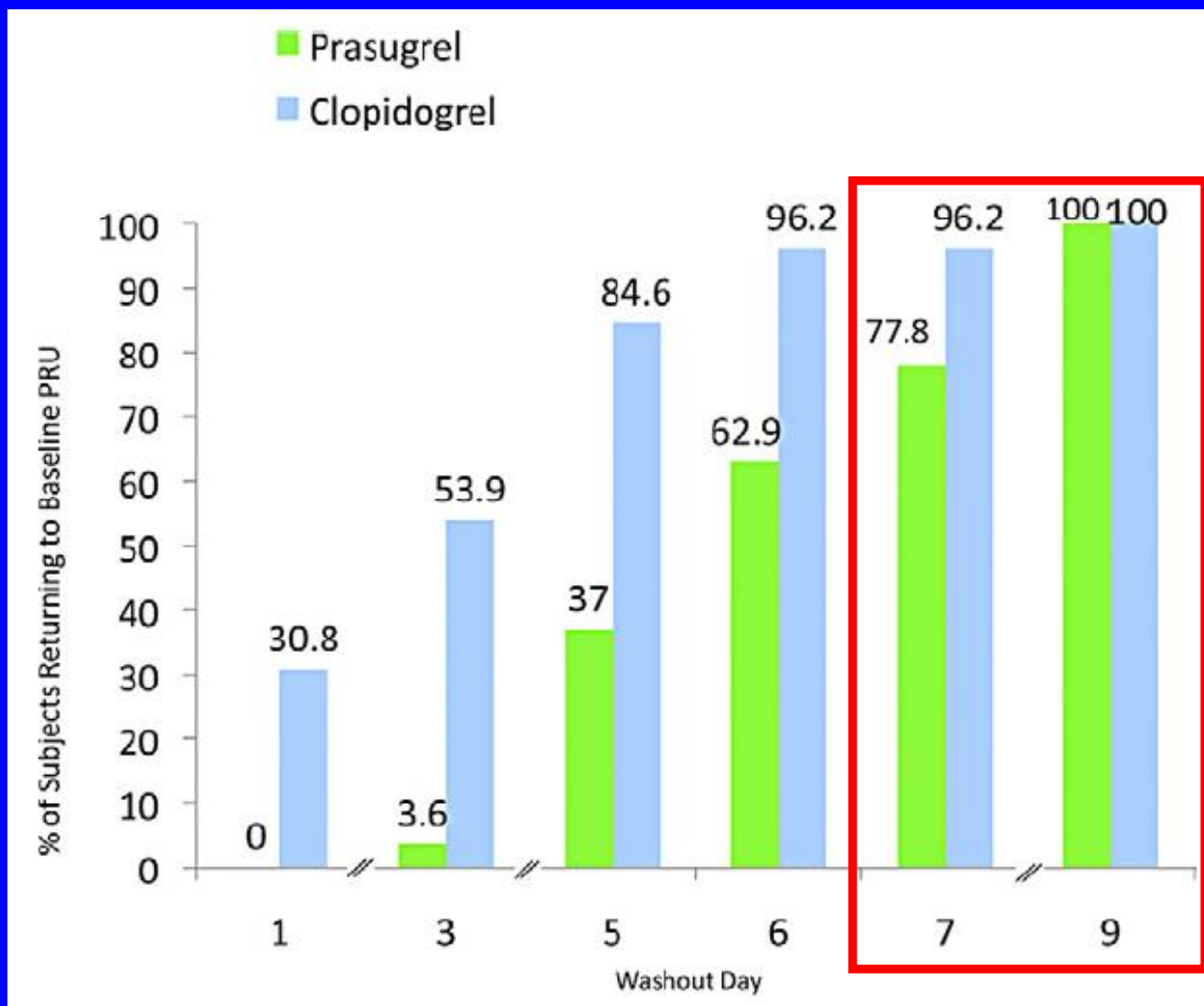
➤ What should be done if a patient on DAPT required immediate CABG ?

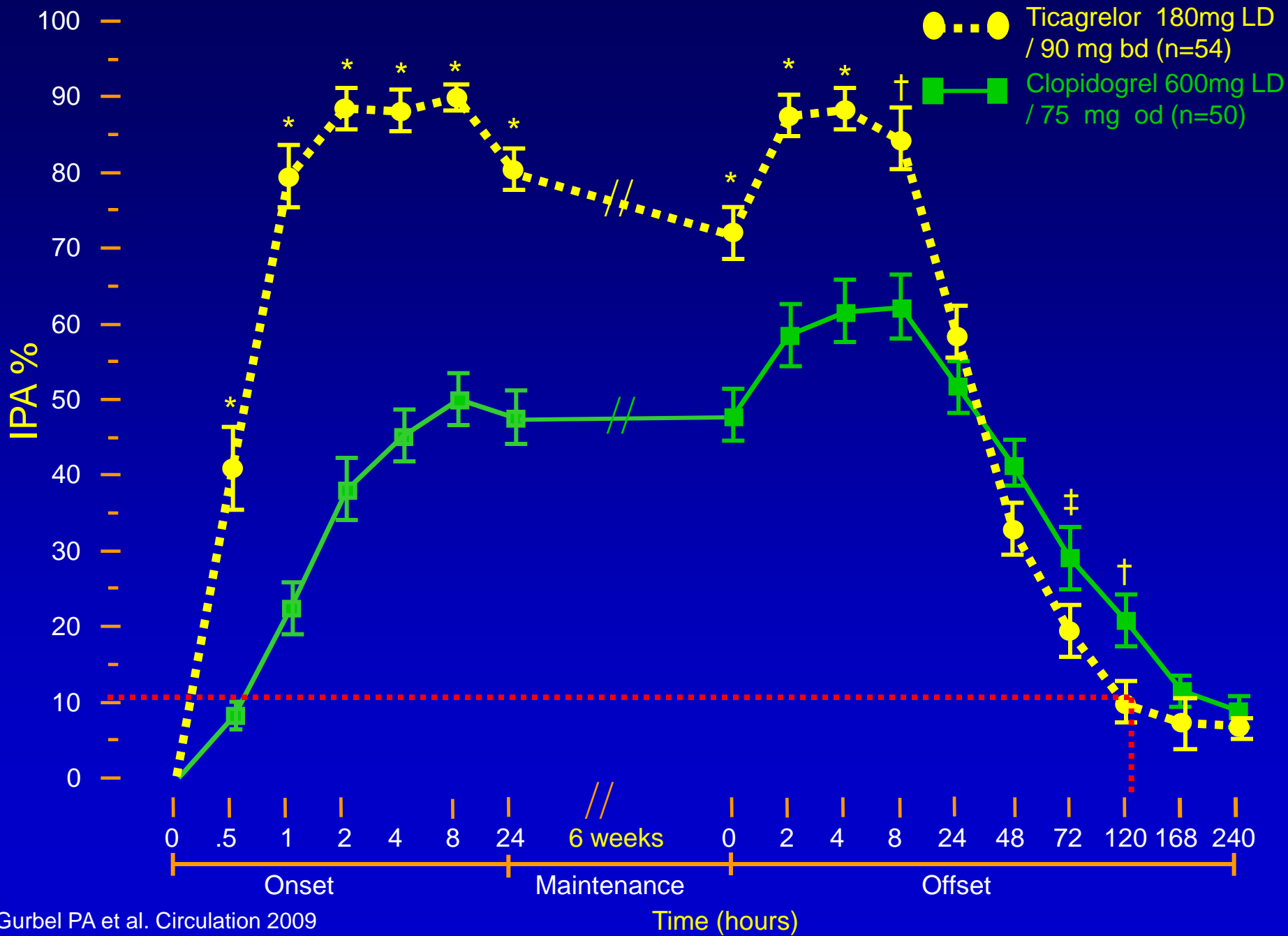
➤ Non urgent CABG (invasive procedure)?

Proportion of Pts Returning to Baseline Reactivity



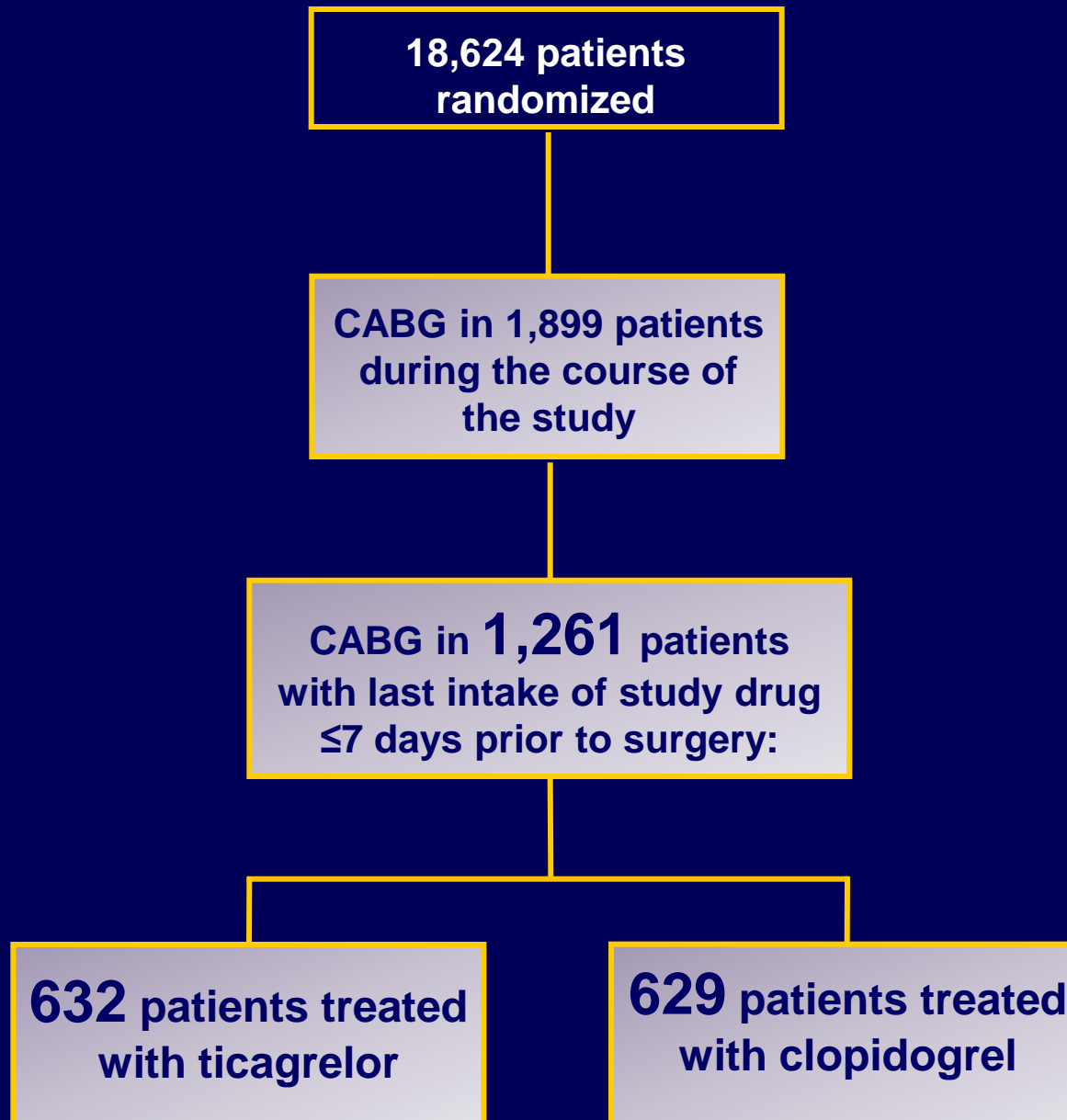
Proportion of Pts Returning to Baseline Reactivity



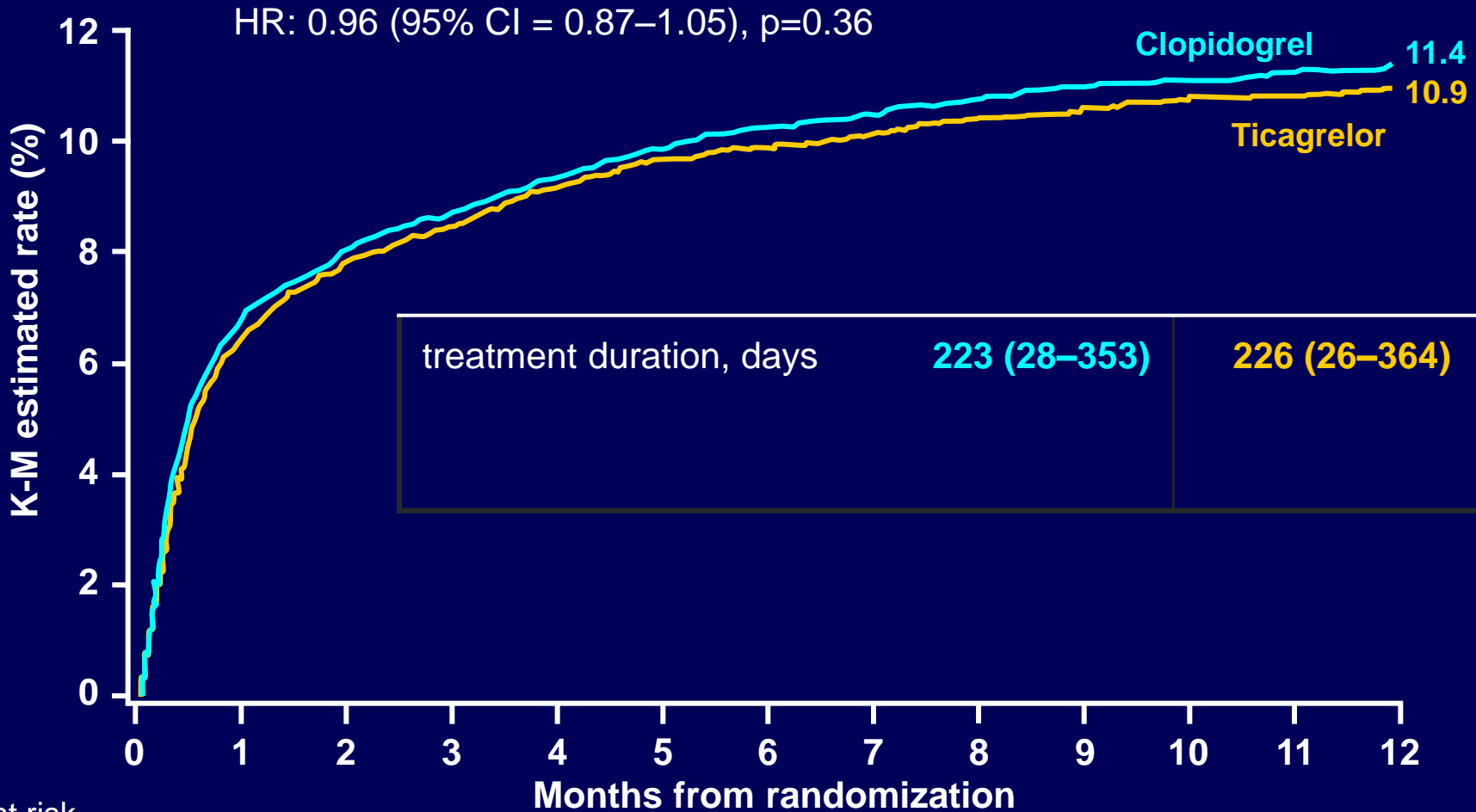


Thank

You



Time from study entry to first CABG surgery (total PLATO population)



No. at risk

	0	1	2	3	4	5	6	7	8	9	10	11	12
Ticagrelor	9,235	7,289	6,862	6,570	5,144	3,775	3,414						
Clopidogrel	9,186	7,320	6,936	6,657	5,209	3,843	3,470						

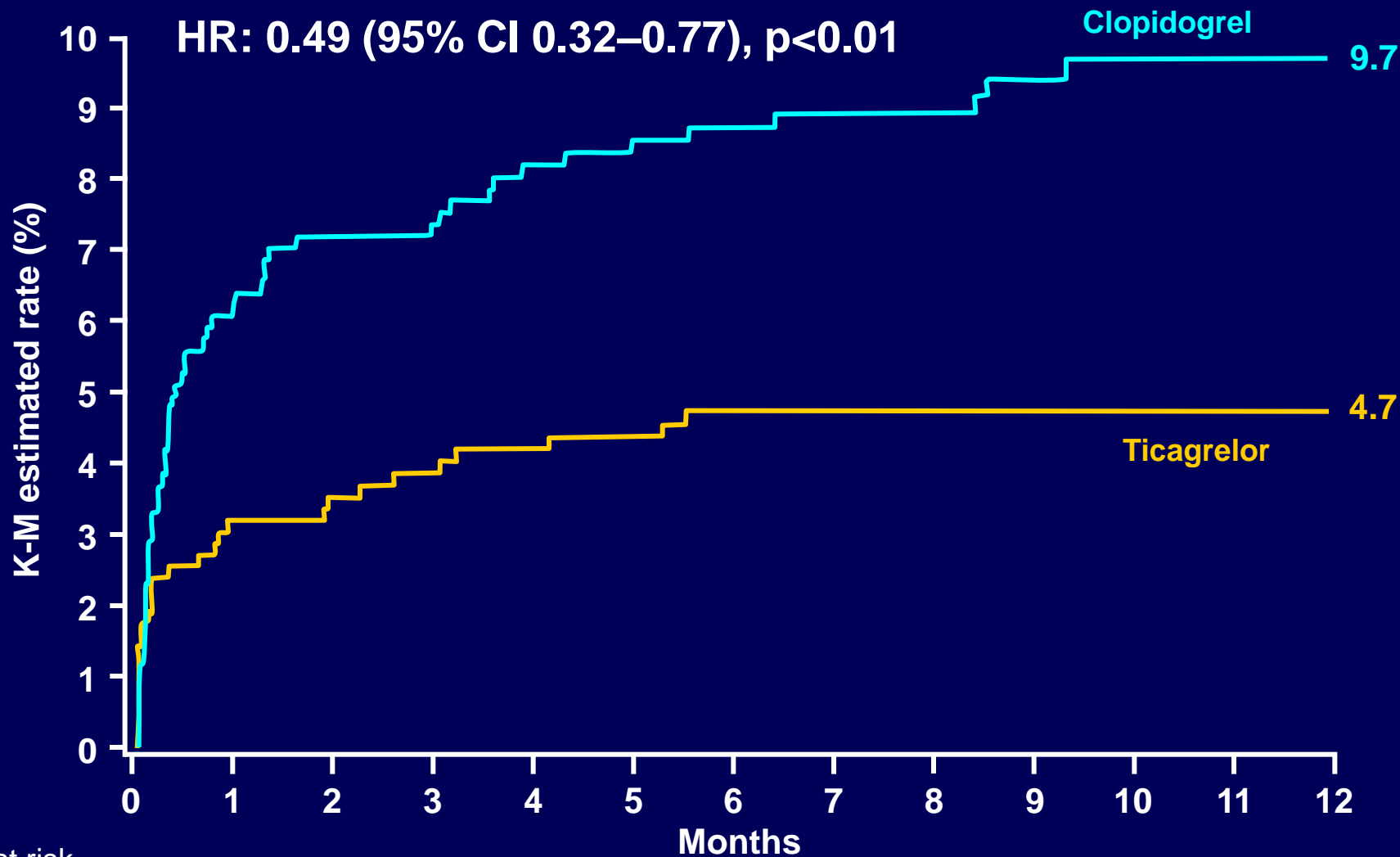
Study medication pre- and post-CABG

	Ticagrelor (n=632)	Clopidogrel (n=629)
Days study drug stopped before CABG, %		
1 day	13.3	14.0
2 days	16.8	13.7
3 days	18.0	11.6
4 days	13.3	11.0
5 days	12.5	15.3
6 days	14.4	17.5
7 days	11.7	17.0
Patients not restarted on study drug/unknown	n=234	n=238
Time study drug restarted after CABG, %	(n=398)	(n=391)
<7 days	57.0	57.5
7–14 days	27.9	25.6
>14 days	15.1	16.9

Study medication pre- and post-CABG

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Time study drug restarted after CABG, %	(n=398)	(n=391)
<7 days	57.0	57.5
7–14 days	27.9	25.6
>14 days	15.1	16.9

Time from CABG to any death



No. at risk

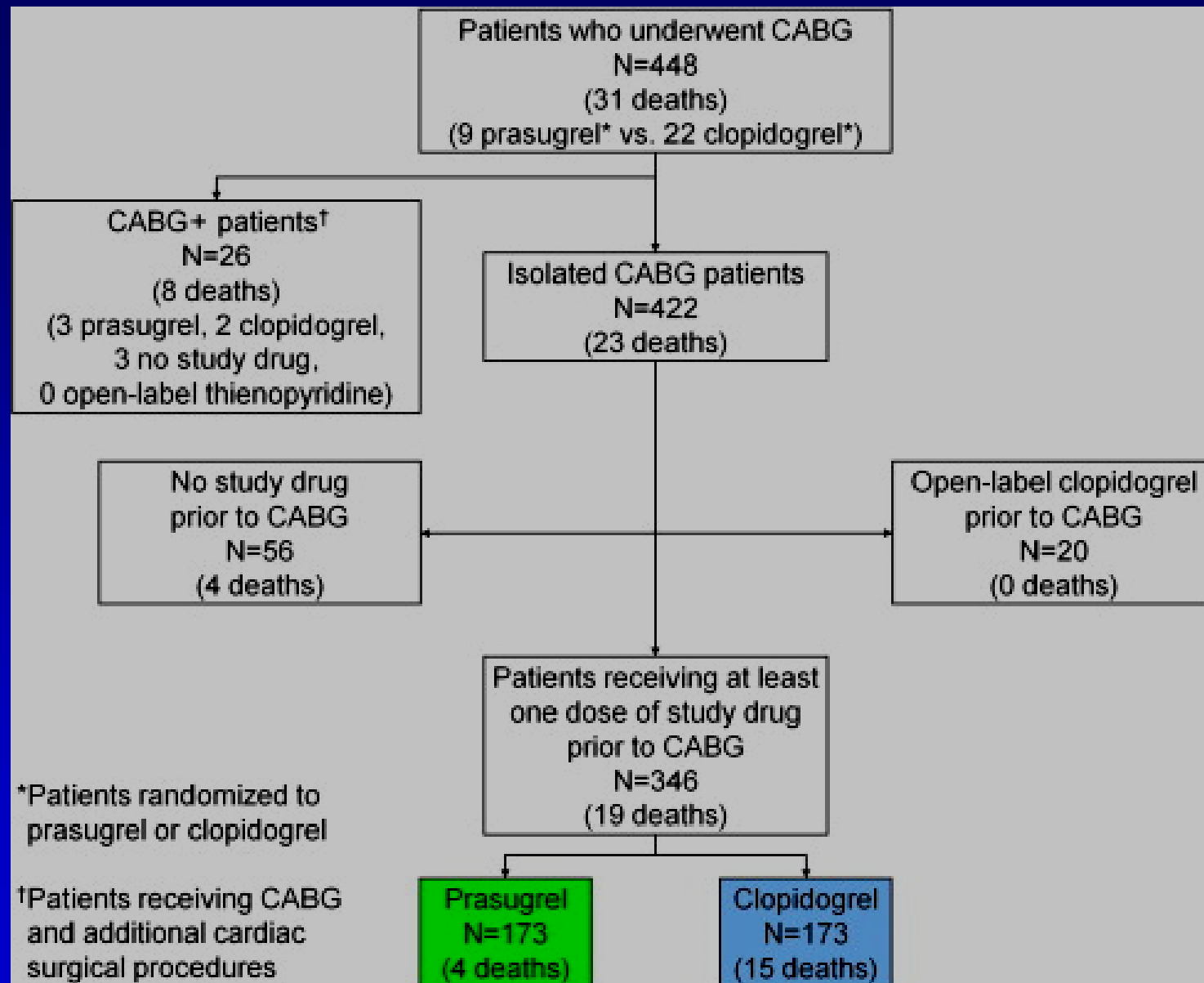
Ticagrelor	629	583	557	491	415	291	119
Clopidogrel	629	565	539	472	404	269	130

Mortality Benefit With Prasugrel in the TRITON–TIMI 38 Coronary Artery Bypass Grafting Cohort

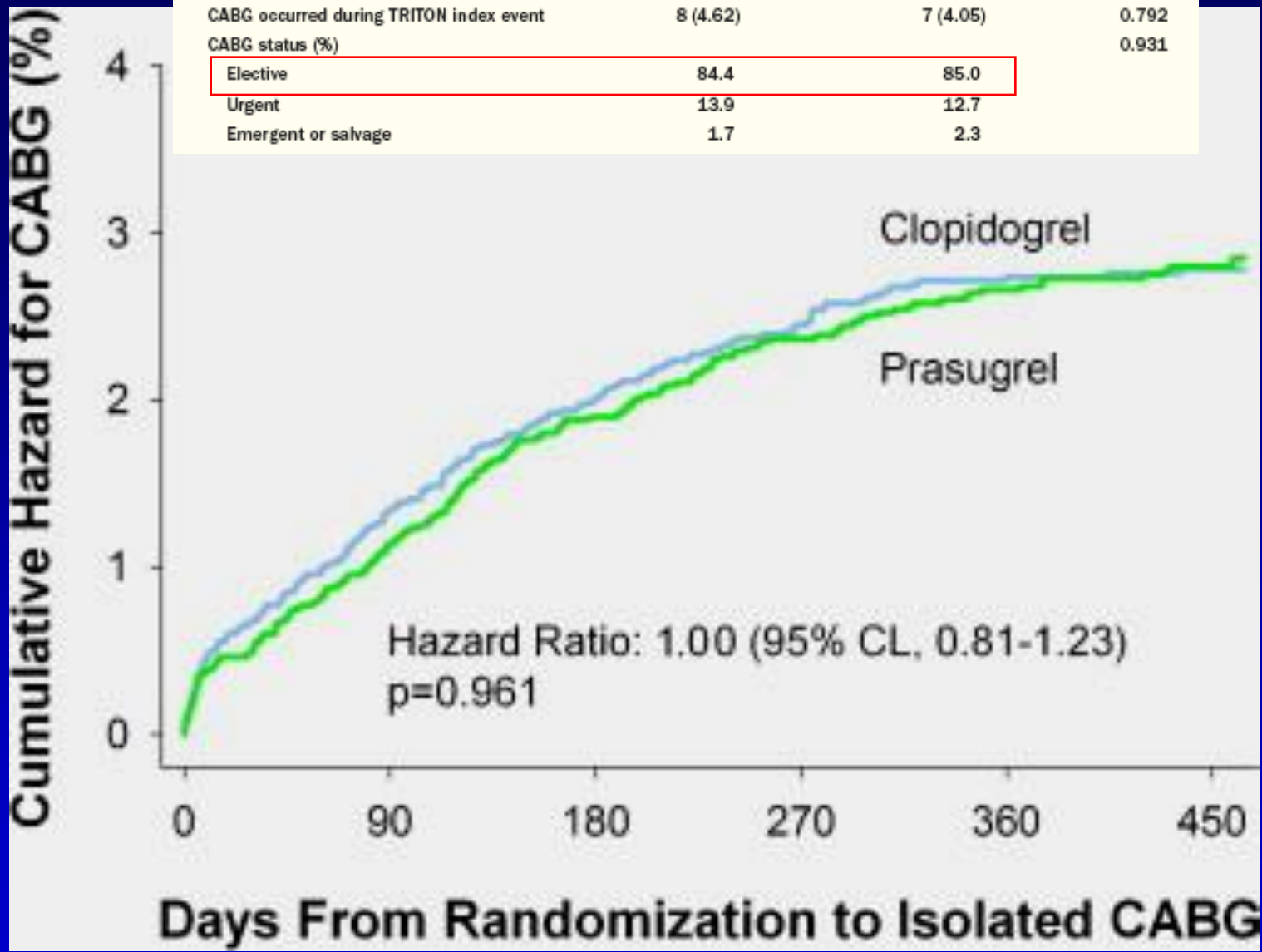
Risk-Adjusted Retrospective Data Analysis

Peter K. Smith, MD,* Lawrence T. Goodnough, MD,† Jerrold H. Levy, MD,‡ Robert S. Poston, MD,§
Mary A. Short, MSN,|| Govinda J. Weerakkody, PHD,|| LeRoy A. LeNarz, MD||

Durham, North Carolina; Stanford, California; Atlanta, Georgia; Tucson, Arizona; and Indianapolis, Indiana



Procedural characteristics			
CABG occurred during TRITON index event	8 (4.62)	7 (4.05)	0.792
CABG status (%)			0.931
Elective	84.4	85.0	
Urgent	13.9	12.7	
Emergent or salvage	1.7	2.3	



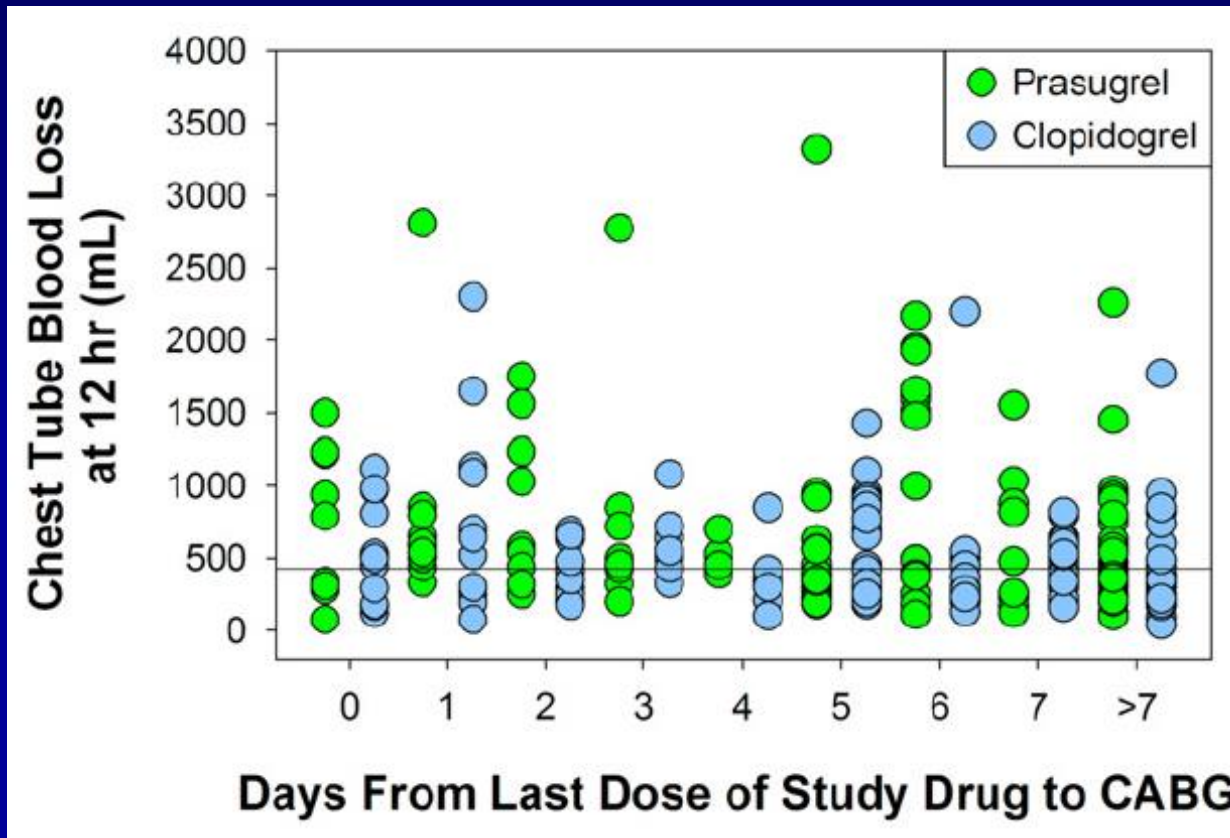
Prasugrel

Clopidogrel

Days from last dose to CABG

0	51%	16 (9.2)	57%	14 (8.1)
1		15 (8.7)		13 (7.5)
2		12 (6.9)		17 (9.8)
3		12 (6.9)		10 (5.8)
4		9 (5.2)		11 (6.4)
5		24 (13.9)		34 (19.7)
6		21 (12.1)		16 (9.2)
7		13 (7.5)		25 (14.5)
8-14		36 (20.8)		20 (11.6)
>14		14 (8.1)		12 (6.9)
Unknown or missing	1 (0.6)	1 (0.6)		

Chest Tube Loss @ 12hr by Days from Last Dose of Study Drug to CABG

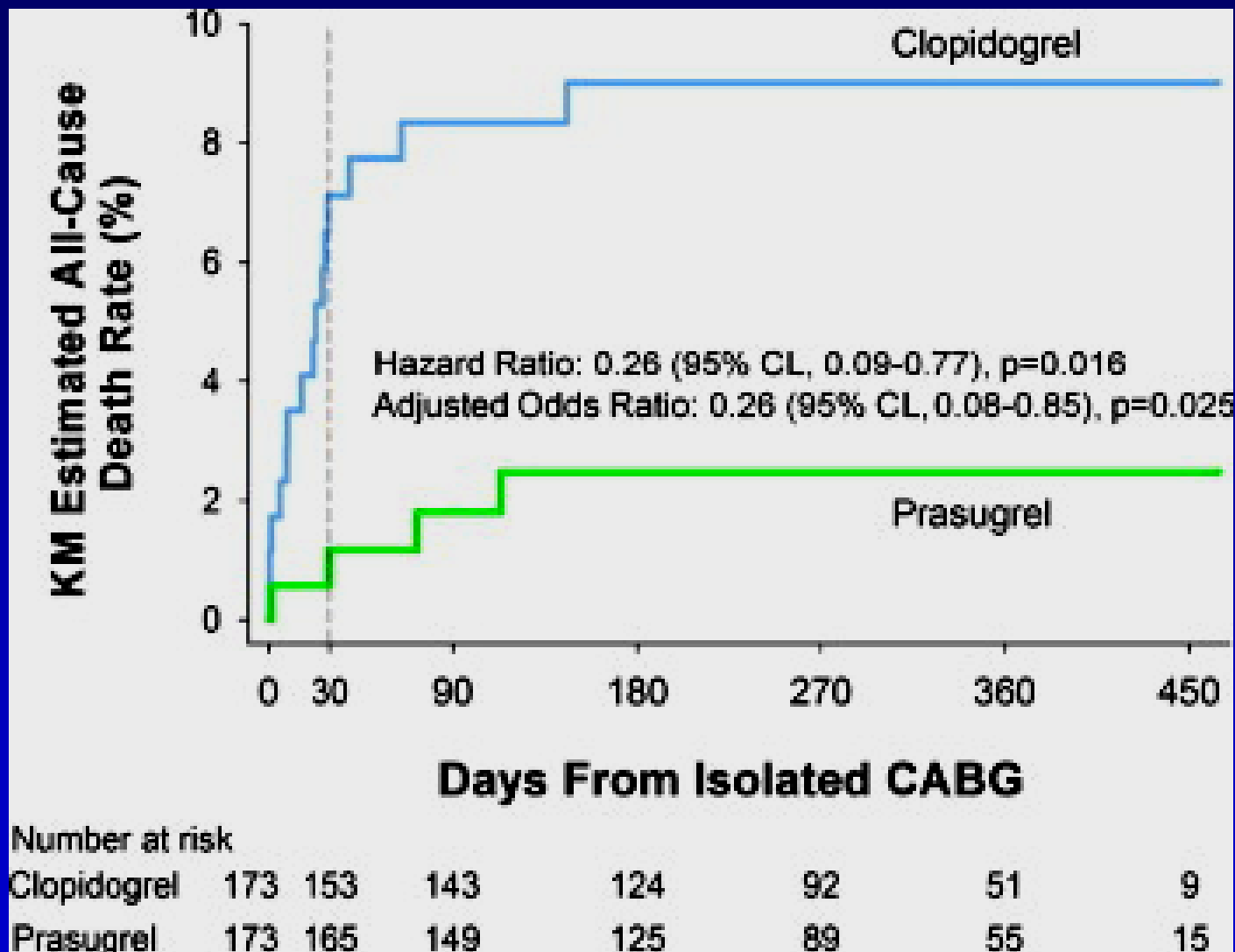


Prasugrel

Clopidogrel

Mean blood loss: 655 ± 580 ml vs. 503 ± 378 ml (p=0.05)

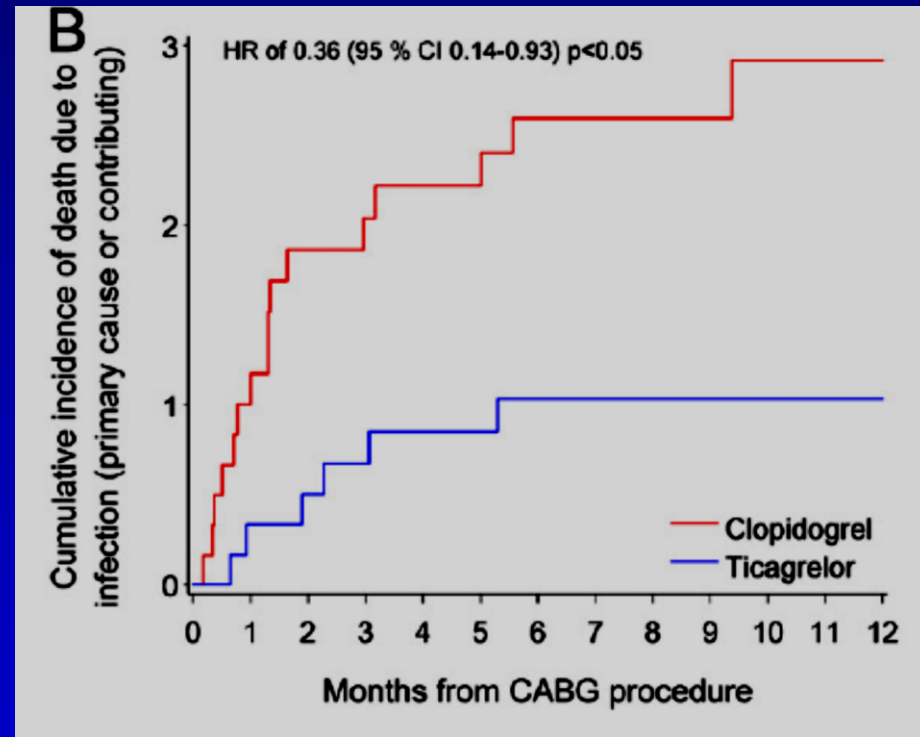
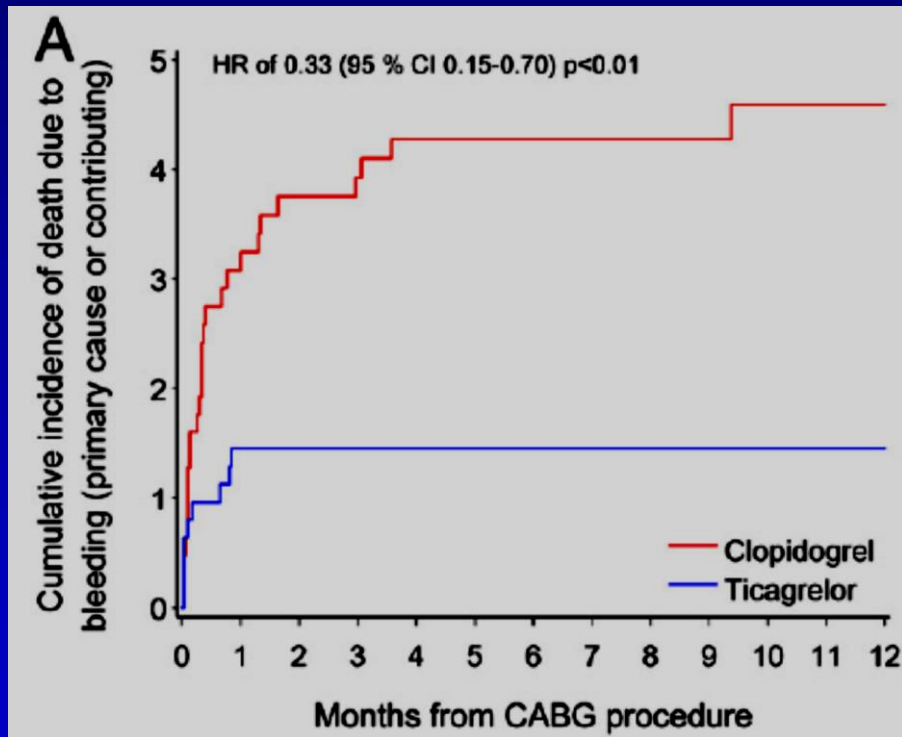
All Cause Death



Factors Contributing to the Lower Mortality With Ticagrelor Compared With Clopidogrel in Patients Undergoing Coronary Artery Bypass Surgery

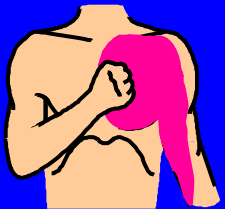
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Time to Death due to Bleeding and Infection (primary cause or contributing)



Conclusion

Based on the existing data and current guidelines it is recommended to initiate DAPT ASAP especially before performing PCI.



Symptoms onset and identification



Call EMS



Pre-hospital phase



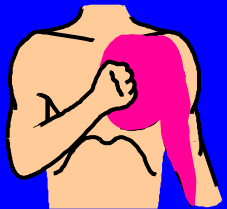
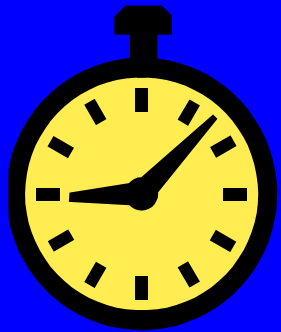
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Cath Lab

Increasing Loss of Myocytes

The question whether further benefit can be achieved by earlier initiation of DAPT at 1st medical contact is currently under examination by a number of prospective trials



Symptoms onset and identification



Call EMS



Pre-hospital phase



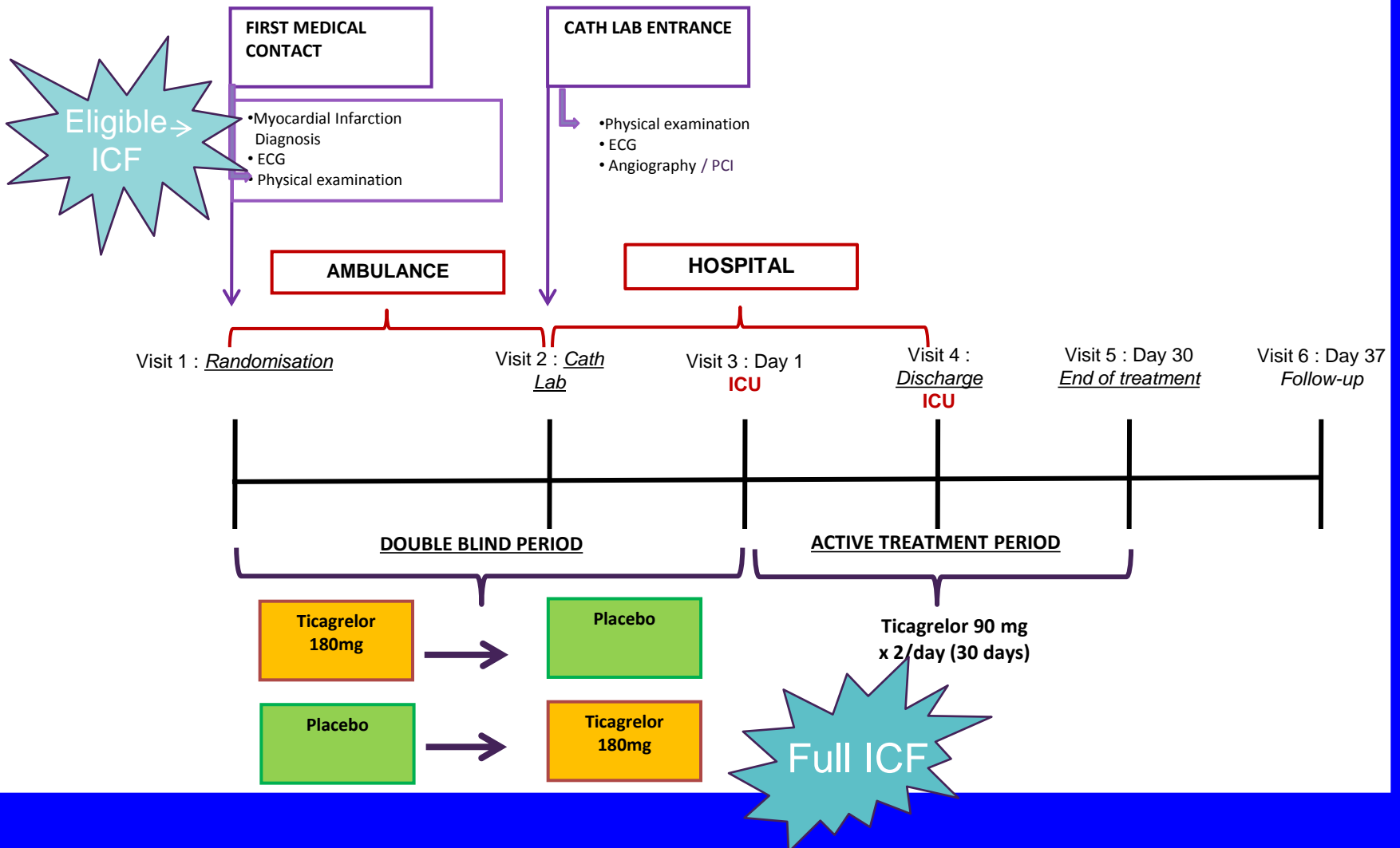
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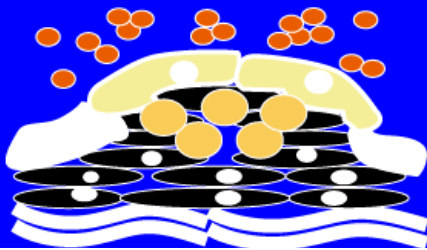
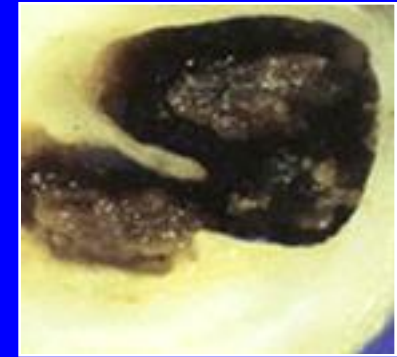
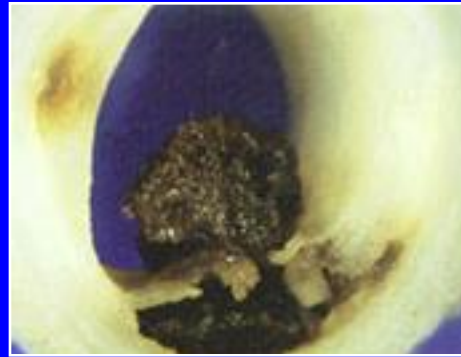
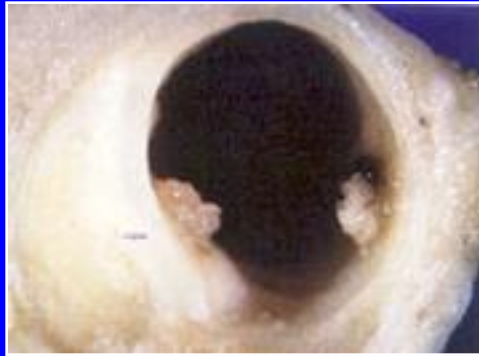
Cath Lab

Increasing Loss of Myocytes

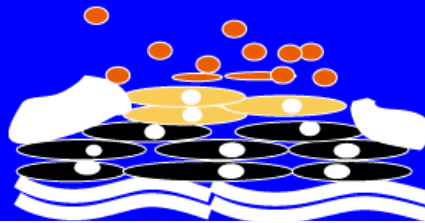
ATLANTIC: Study Design



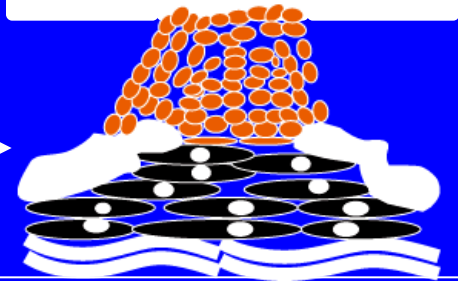
Platelet activation plays a major role in thrombus formation and pathogenesis of ACS



Coronary plaque

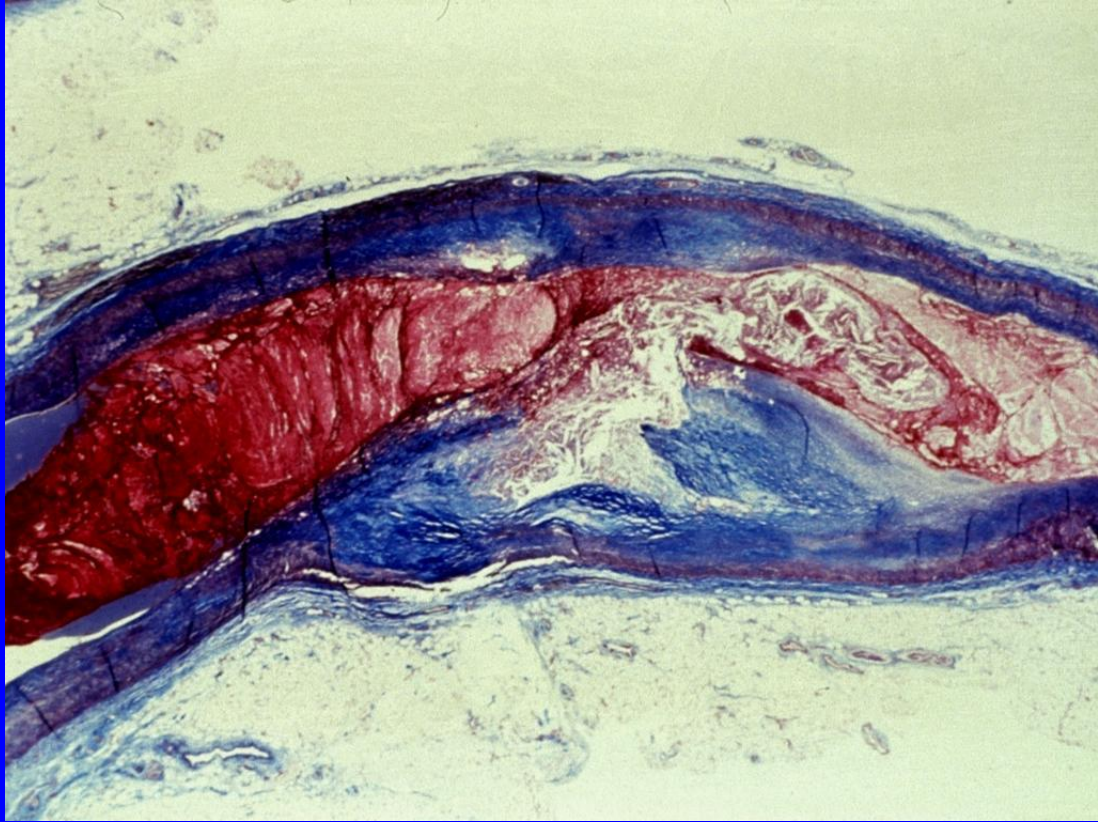


Erosion/rupture



Thrombotic occlusion

DAPT became a cornerstone of the treatment for ACS



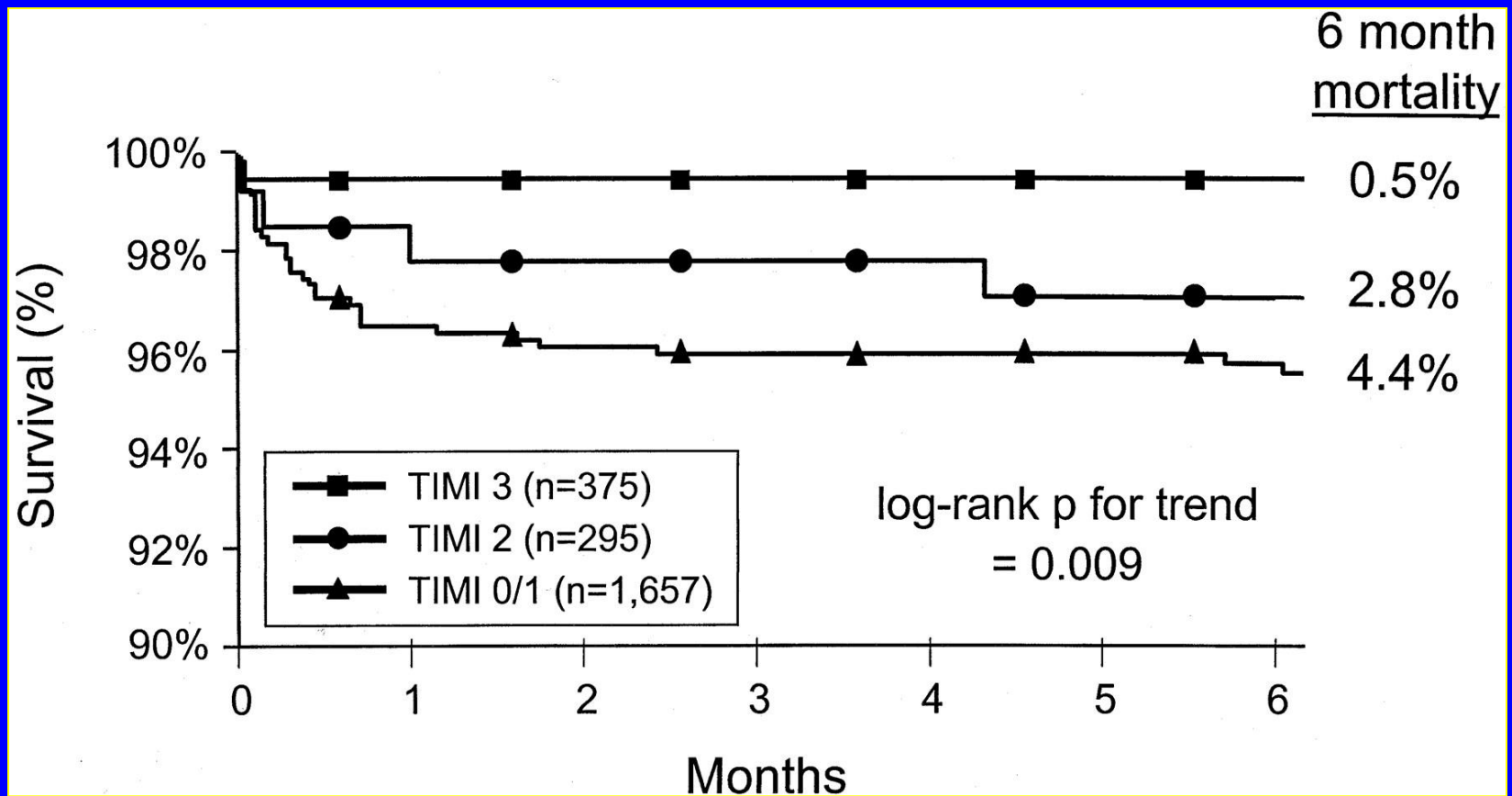


Should DAPT be given ASAP (@ 1st medical contact) ?

How important is to achieve effective/optimal platelet inhibition before PCI ?

TIMI-3 Flow Before PPCI for STEMI Is an Independent Determinant of Survival

PAMI Trials



Can We do Better ?

