

Percutaneous Aortic Balloon Valvuloplasty (PABV)

Time for a Renaissance?

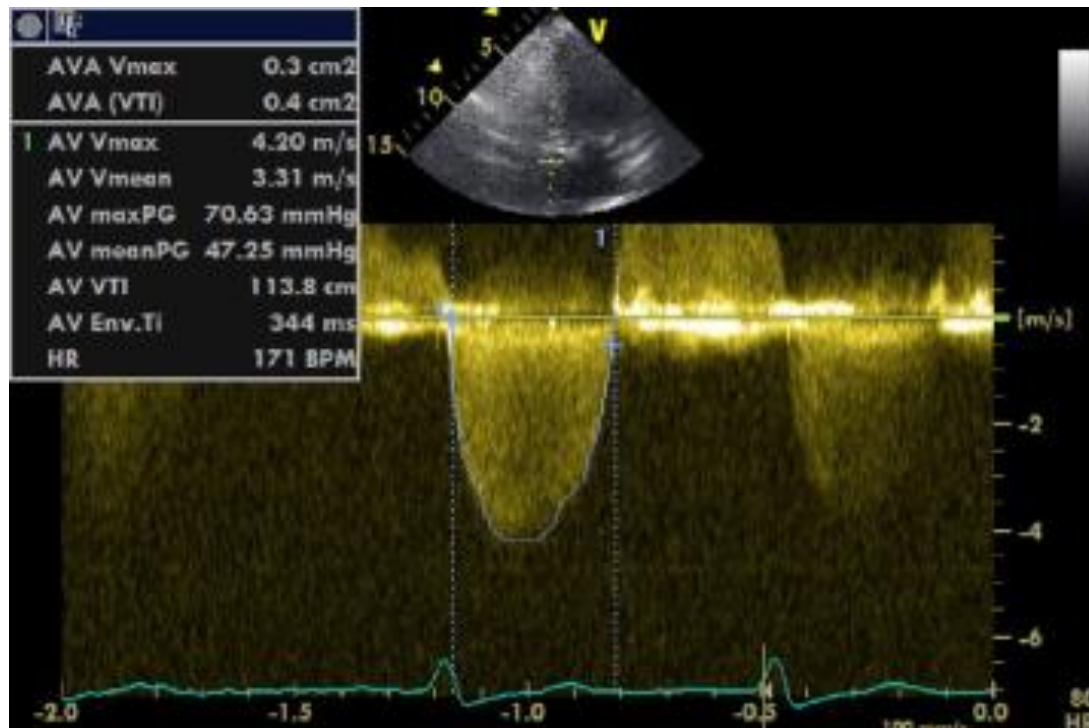
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B.J., a 90 year old female with known hypertension was admitted with chest pain and acute pulmonary edema refractory to medical treatment

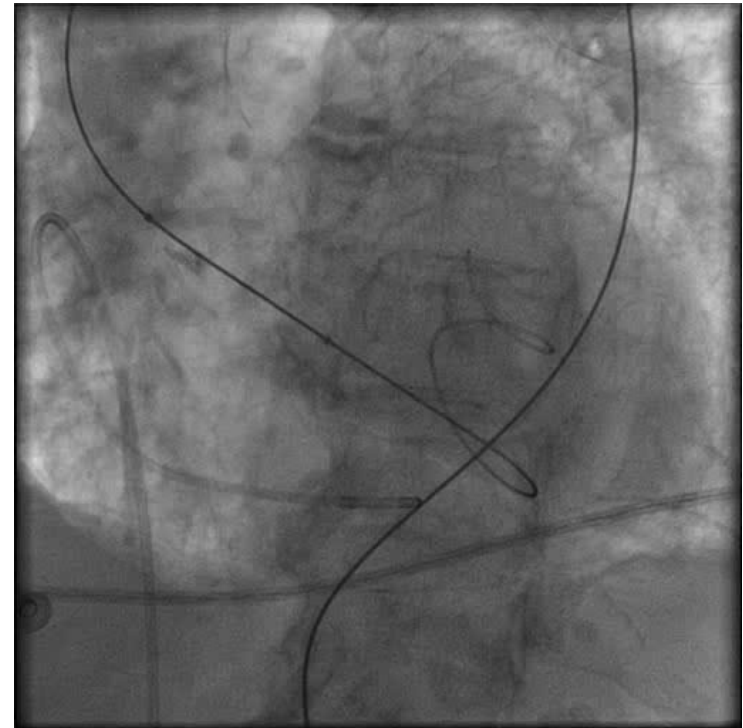
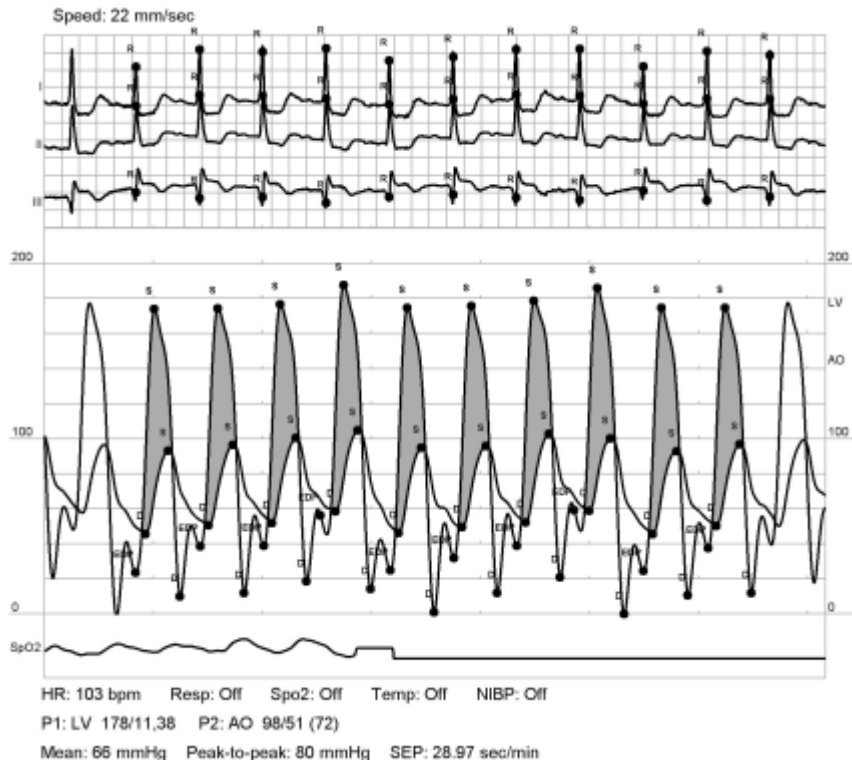
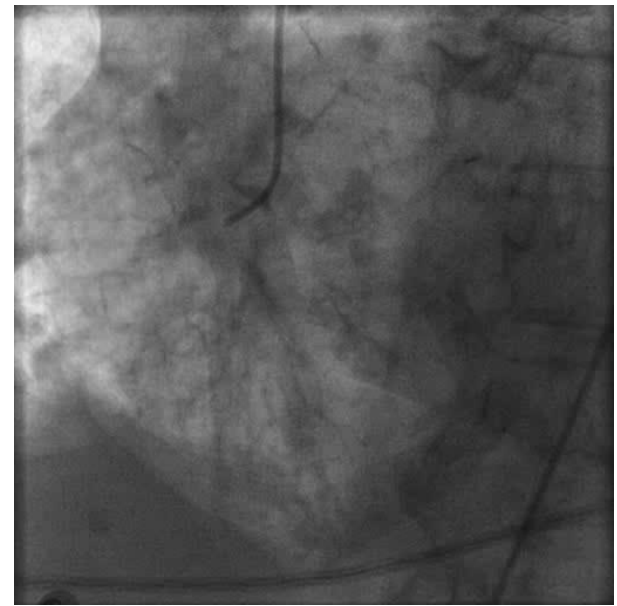
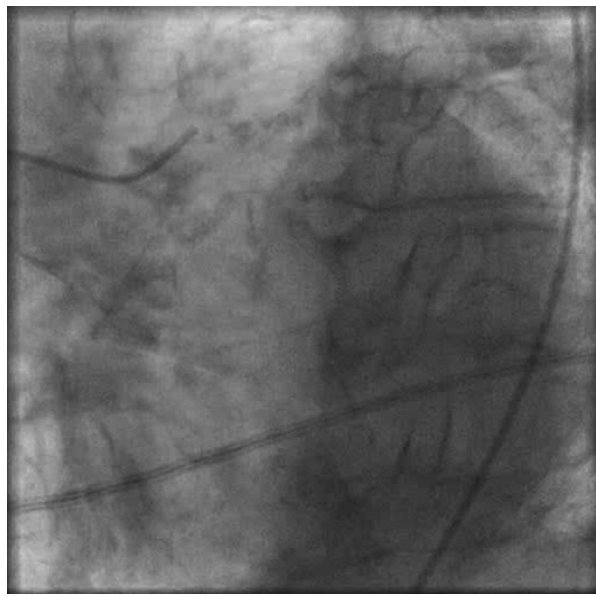
HR-100 BP-90/40 mmHg Sat on O₂-84%

Lab: Hg 11.3 Cr 1.6 Troponin 17

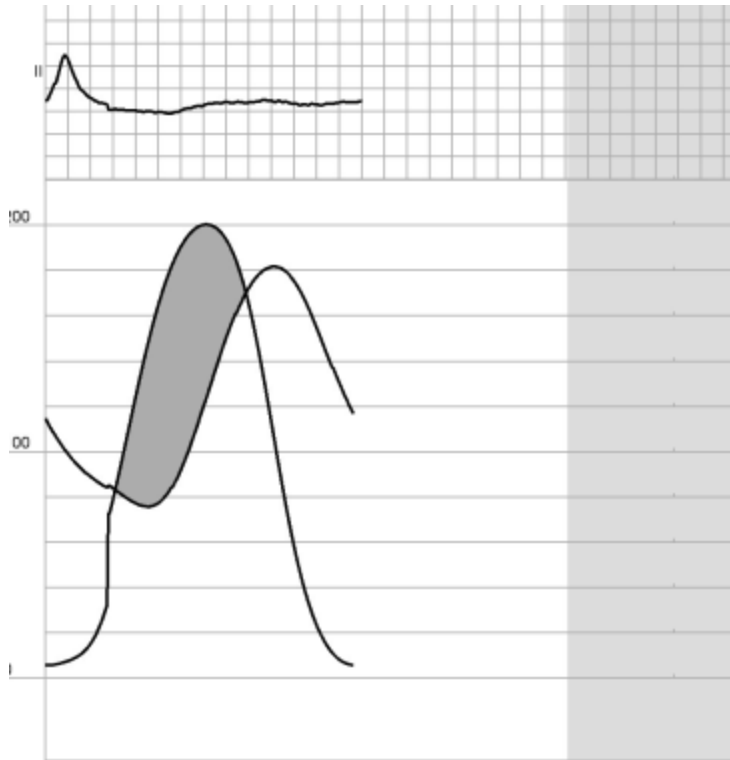
Echo: Moderate global LV dysfunction LVEF-37% and severe aortic stenosis



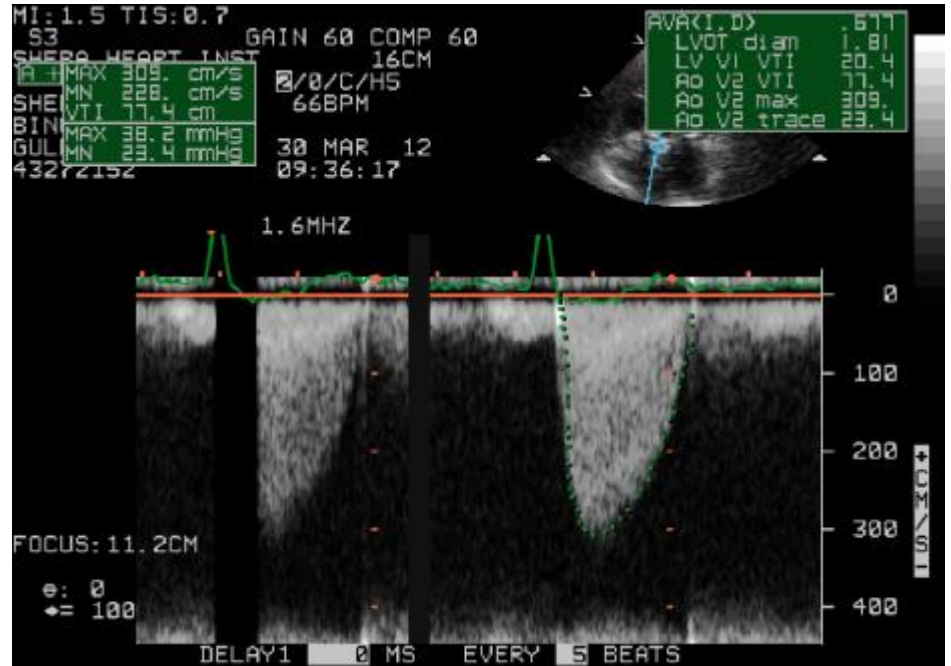
Cath. Pre Procedure



Post Procedure



HR: 120 bpm Resp: Off Spo2: 93 % Temp: Off NIBP: Off
LV 200/6,38 AO 183/75 (121)
Mean: 62 mmHg Peak-to-peak: 17 mmHg SEP: 24.87 sec/min



Patient improved clinically and was discharged home on day 5.
3 month follow-up: Stable
Echo: LVEF 55%, severe AS
Plan: AVR? TAVI? Med. treatment?

- Moderate-to-severe AS occurs in 5% of individuals 75 to 86 years of age, and critical AS is seen in 5% of those 85 years of age
- Percutaneous aortic valvuloplasty was developed as a nonsurgical option in the 1980s.
- It was found to have a role in managing unstable and critically ill patients such as those in cardiogenic shock or refractory heart failure.

Percutaneous balloon aortic valvuloplasty. Acute and 30-day follow-up results in 674 patients from the NHLBI Balloon Valvuloplasty Registry.

Circulation. 1991;84:2383-2397

TABLE 3. Indications for Aortic Valvuloplasty

| | |
|-----------------------------|--------------|
| Major reason | |
| Old age | 421 (63%) |
| Mental condition | 29 (4%) |
| Noncardiac disability | 300 (45%) |
| CNS | 32 (5%) |
| Pulmonary | 111 (17%) |
| Renal insufficiency | 47 (7%) |
| Neoplasm | 47 (7%) |
| Peripheral vascular disease | 21 (3%) |
| Hematologic disease | 18 (3%) |
| Hepatic disease | 15 (2%) |
| Generalized disability | 79 (12%) |
| Other disease | 54 (8%) |
| Cardiac disability | 186 (28%) |
| No reason given | 25 (4%) |
| Preferences | |
| Physician preference | 566 (84%) |
| Patient preference | 576 (86%) |
| “Bridge” procedure | 43 (7%) |
| Surgical consultation | |
| Obtained | 259 (40%) |
| Surgery recommended | 51/259 (20%) |

Percutaneous balloon aortic valvuloplasty. Acute and 30-day follow-up results in 674 patients from the NHLBI Balloon Valvuloplasty Registry.

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TABLE 5. Hemodynamics at Baseline and After Aortic Valvuloplasty

| | Baseline | Post | Change |
|---|----------------|-----------------|--------------------|
| Mean aortic valve gradient (mm Hg) | | | |
| <i>n</i> =635 | | | |
| Mean±SD | 55±21 | 29±13* | -26±17 |
| Range | 12-136 | 0-82 | -117 to -12 |
| Peak-to-peak aortic gradient (mm Hg) | | | |
| <i>n</i> =631 | | | |
| Mean±SD | 65±28 | 31±18* | -34±23 |
| Aortic valve area (cm²) | | | |
| <i>n</i> =636 | | | |
| Mean±SD | 0.5±0.2 | 0.8±0.3* | 0.3±0.2 |
| Range | 0.1-1.4 | 0.1-3.4 | -0.2 to 2.8 |
| Cardiac output (l/min) | | | |
| <i>n</i> =639 | | | |
| Mean±SD | 4.0±1.2 | 4.1±1.3* | 0.1±0.7 |
| Mean aortic pressure (mm Hg) | | | |
| <i>n</i> =606 | | | |
| Mean±SD | 87±16 | 90±17* | 3±16 |
| LV end-diastolic pressure (mm Hg) | | | |
| <i>n</i> =643 | | | |
| Mean±SD | 22±9 | 19±9* | -3±8 |
| PA systolic pressure (mm Hg) | | | |
| <i>n</i> =513 | | | |
| Mean±SD | 31±13 | 30±12* | -2±9 |
| Heart rate (beats/min) | | | |
| <i>n</i> =644 | | | |
| Mean±SD | 83±17 | 86±19* | 2±13 |

**p*<0.0001 vs. baseline.

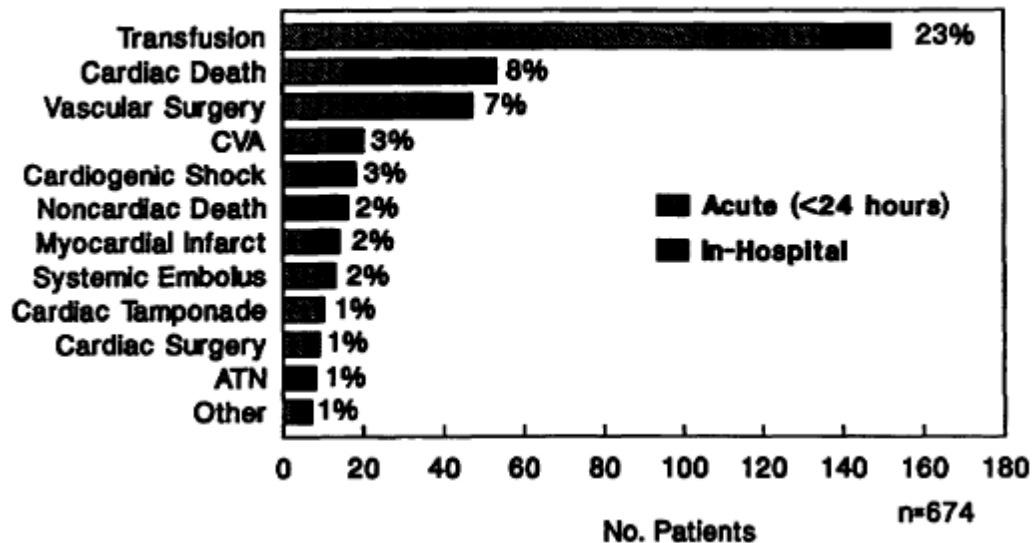
Data represent only those patients in whom paired data (both before and after valvuloplasty) were available. The available number (*n*) is noted for each value. In general, aortic valve gradient decreased by half and the valve area improved by 65%. LV, left ventricular; PA, pulmonary arterial.

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BVR Aortic Valvuloplasty

Complications



| | Total mortality | Cardiovascular causes |
|-----------------------|-----------------|-----------------------|
| Acute (<24 hours) | 17 (3%) | 16 (2%) |
| At hospital discharge | 69 (10%) | 53 (8%) |
| At 30-day follow-up | 92 (14%) | 71 (11%) |

Conclusions

- This study reinforces the use of PBAV, even if restenosis is inevitable, for improving the quality of life for elderly patients in whom a surgical alternative is a poor or unacceptable option.
- This improvement is most likely to occur in those symptomatic patients who have yet to develop an associated cardiomyopathy and generalized debilitation.

- The most important predictor of event-free survival after BAV was left ventricular function at baseline (ejection fraction >25%).
- BAV may be a forgotten therapy, but analysis suggests that it offers benefits to the very elderly high risk patient who is looking for significant symptomatic improvement that is not available from medical therapy alone.

Several technical and procedural improvements are now available for PABV that did not exist 30 years ago when Cribier first described the procedure:

- Rapid ventricular pacing (200 to 220 bpm)
- Improved low profile balloons with faster inflation– deflation times
- Bridge to TAVI if AVR is no option

However, did these improvements actually change the outcome post PABV?

1991  **2011**

Percutaneous aortic balloon
valvuloplasty (PABV) - a preliminary
treatment strategy in the transcatheter
aortic valve implantation (TAVI) era

Reappraisal of percutaneous aortic balloon valvuloplasty as a preliminary treatment strategy in the transcatheter aortic valve implantation era

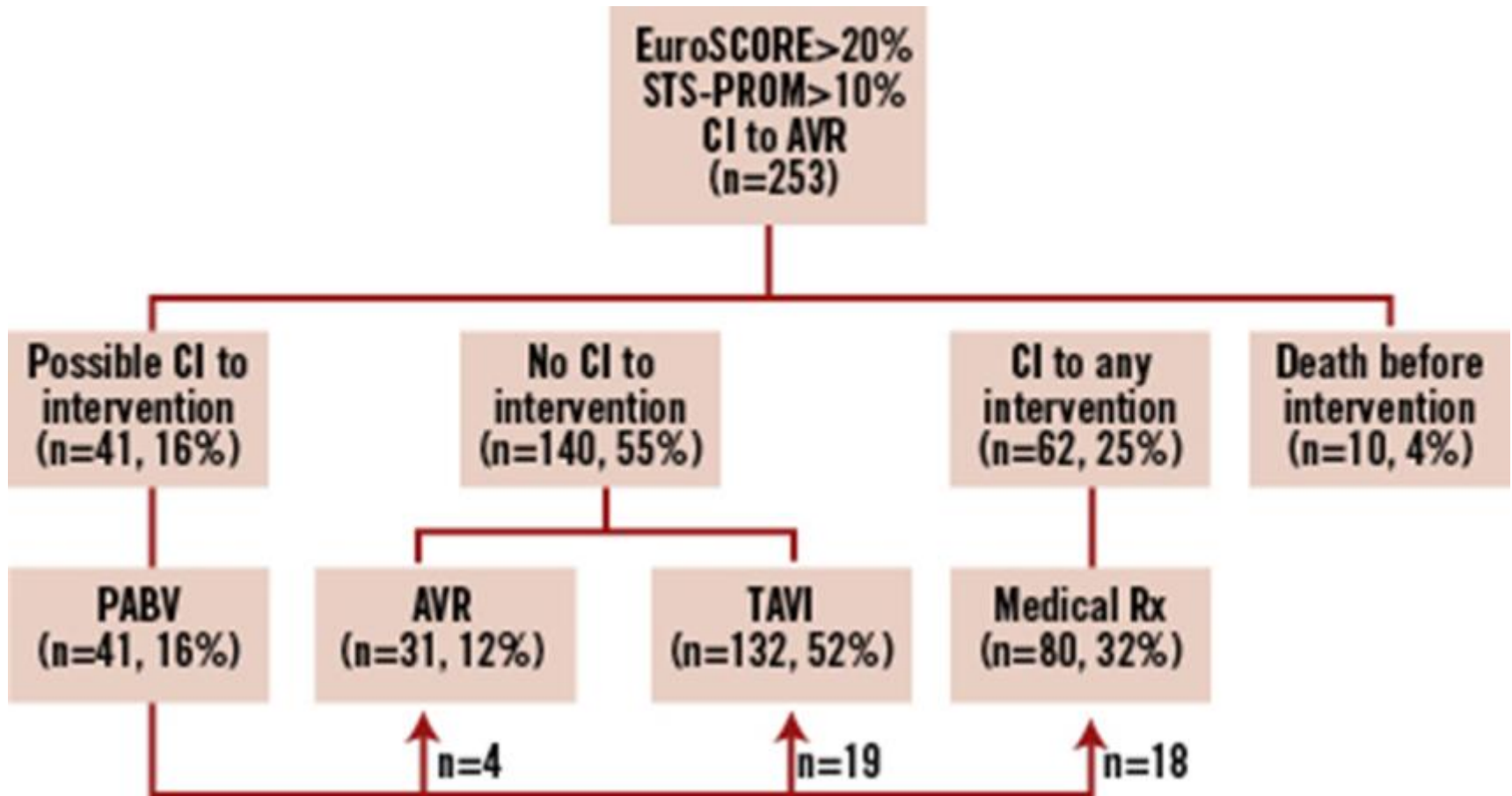


Table 1. Baseline characteristics of the whole study population.

| | Overall (n=253) | Primary TAVI or AVR (n=140) | PABV (n=41) | No intervention* (n=72) | p |
|---------------------------------|--------------------|-----------------------------------|----------------|----------------------------|---------|
| Age (years, mean±SD) | 82±8 | 82±8 | 81±8 | 83±9 | 0.27 |
| Female gender | 122 (48) | 64 (46) | 19 (46) | 39 (54) | 0.49 |
| NYHA class | | | † | | 0.03 |
| II | 10 (4) | 5 (4) | 0 | 5 (7) | |
| III | 147 (58) | 91 (65) | 15 (37) | 41 (57) | |
| IV | 96 (38) | 44 (31) | 26 (63) | 26 (36) | |
| Coronary artery disease | | | | | |
| Previous MI | 134 (61) | 83 (60) | 24 (67) | 27 (60) | 0.74 |
| Previous PCI | 55 (22) | 29 (21) | 11 (27) | 15 (21) | 0.69 |
| Previous CABG | 52 (21) | 30 (21) | 10 (24) | 12 (17) | 0.58 |
| Peripheral artery disease | 89 (35) | 55 (39) | 12 (29) | 22 (31) | 0.31 |
| Renal failure | 102 (40) | 43 (31) | 24 (59)† | 35 (49) | 0.001 |
| Severe COPD | 80 (32) | 48 (34) | 13 (32) | 19 (26) | 0.50 |
| Cancer | 64 (25) | 35 (25) | 13 (32) | 16 (22) | 0.53 |
| Porcelain aorta | 25 (10) | 17 (12) | 4 (10) | 4 (6) | 0.42 |
| ≥2 comorbidities | 152 (60) | 76 (54) | 30 (73) | 46 (64) | 0.07 |
| Aortic valve area | | | | | |
| cm ² | 0.69±0.18 | 0.69±0.18 | 0.66±0.2 | 0.69±0.17 | 0.56 |
| cm ² /m ² | 0.40±0.10 | 0.40±0.1 | 0.39±0.09 | 0.40±0.11 | 0.76 |
| Mean gradient (mmHg) | 48±16 | 50±16 | 46±14 | 45±16 | 0.07 |
| LVEF (%) | 48±16 | 51±15 | 44±17 | 45±16 | 0.01 |
| <30% | 33 (13) | 11 (8) | 6 (15) | 16 (22) | 0.01 |
| SPAP (mmHg) | 50±14 | 48±13 | 56±17† | 52±14 | 0.009 |
| Logistic EuroSCORE (%) | | | | | |
| Mean±SD | 28±16 | 25±12 | 37±22† | 31±17 | <0.0001 |
| Range | 3-90 | 3-74 | 10-90 | 3-72 | |
| STS-PROM (%) | | | | | |
| Mean±SD | 16±10 | 15±8 | 22±12† | 15±9 | 0.0015 |
| Range | 3-62 | 3-41 | 7-62 | 3-46 | |

*Including the 10 patients who died before intervention; †: p<0.05 between PABV and primary TAVI or AVR; ‡ p<0.05 between PABV and medical treatment; Values are expressed as n (%) unless otherwise stated. CABG: coronary artery bypass grafting; CI: contraindication; COPD: chronic obstructive pulmonary disease; LVEF: left ventricular ejection fraction; MI: myocardial infarction; NYHA: New York Heart Association; PCI: percutaneous coronary intervention; SD: standard deviation; SPAP: systolic pulmonary artery pressure; STS-PROM: Society of Thoracic Surgeons Predicted Risk of Mortality; TAVI: transcatheter aortic valve implantation

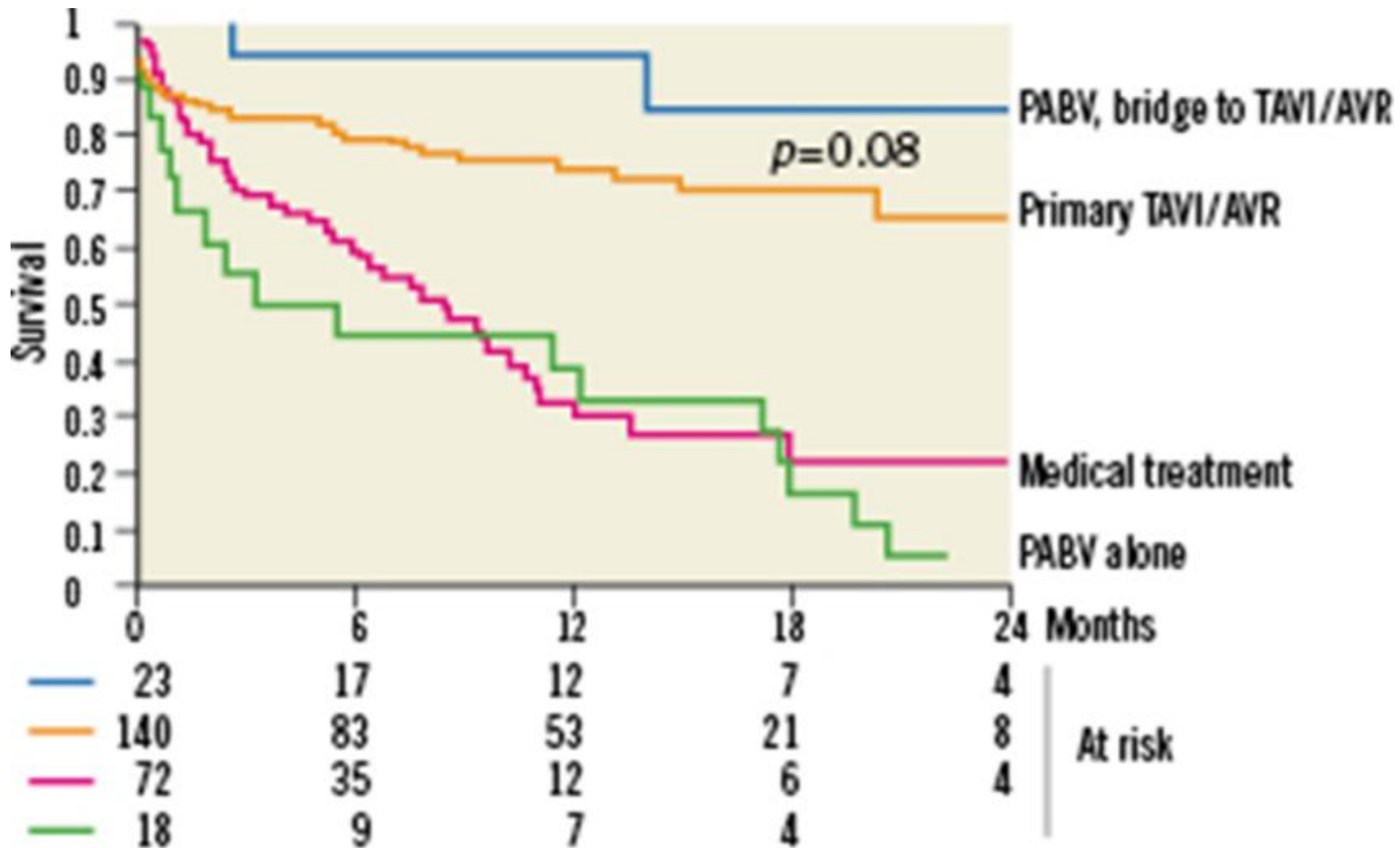


Table 2. Baseline characteristics of the patients treated by percutaneous aortic balloon valvuloplasty.

| | Bridge to TAVI or AVR (n=23) | PABV alone (n=18) | <i>p</i> |
|---------------------------------|------------------------------|-------------------|----------|
| Age (years, mean±SD) | 79±8 | 83±8 | 0.12 |
| Female sex | 11 (48) | 8 (44) | 0.83 |
| NYHA class | | | 0.36 |
| II | 0 | 0 | |
| III | 7 (30) | 8 (44) | |
| IV | 16 (70) | 10 (56) | |
| Cardiogenic shock | 6 (26) | 6 (33) | 0.61 |
| Coronary artery disease | 13 (57) | 11 (85) | 0.14 |
| Previous MI | 4 (17) | 7 (39) | 0.16 |
| Previous PCI | 6 (26) | 4 (22) | 1 |
| Previous CABG | 6 (26) | 5 (28) | 1 |
| Peripheral artery disease | 6 (26) | 6 (33) | 0.61 |
| Renal failure | 10 (43) | 14 (78) | 0.05 |
| Severe COPD | 8 (35) | 5 (28) | 0.74 |
| Cancer | 8 (35) | 5 (28) | 0.74 |
| Porcelain aorta | 4 (17) | 0 | 0.12 |
| ≥2 comorbidities | 16 (70) | 14 (78) | 0.73 |
| Aortic valve area | | | |
| cm ² | 0.71±0.19 | 0.59±0.19 | 0.05 |
| cm ² /m ² | 0.41±0.1 | 0.36±0.08 | 0.11 |
| Mean gradient (mmHg) | 48±13 | 43±15 | 0.21 |
| LVEF (%) | 49±17 | 40±15 | 0.08 |
| < 30% | 3 (13) | 3 (17) | 1 |
| Logistic EuroSCORE (%) | | | |
| Mean±SD | 35±21 | 39±24 | 0.56 |
| Range | 10-90 | 10-86 | |
| STS-PROM (%) | | | |
| Mean (SD) | 19±10 | 24±14 | 0.24 |
| Range | 8-47 | 7-62 | |

Values are expressed as n (%) unless otherwise stated. AVR: aortic valve replacement; CABG: coronary artery bypass grafting; COPD: chronic obstructive pulmonary disease; LVEF: left ventricular ejection fraction; MI: myocardial infarction; NYHA: New York Heart Association; PCI: percutaneous coronary intervention; SD: standard deviation; STS-PROM: Society of Thoracic Surgeons Predicted Risk of Mortality; TAVI: transcatheter aortic valve implantation

Table 4. Echographic findings before and after percutaneous aortic balloon valvuloplasty.

| | Before PABV | After PABV | <i>P</i> |
|--|--------------------|-------------------|-----------------|
| AVA | | | |
| cm ² | 0.66±0.2 | 0.87±0.18 | <0.001 |
| cm ² /m ² | 0.39±0.09 | 0.48±0.09 | <0.001 |
| Mean aortic gradient (mm Hg) | 46±14 | 30±13 | <0.001 |
| LVEF (%) | 44±17 | 46±17 | 0.01 |
| SPAP (mm Hg) | 56±17 | 48±13 | 0.0001 |
| AR grade | | | |
| 0 | 14 (34) | 11 (27) | 0.57 |
| 1 | 20 (49) | 20 (49) | |
| 2 | 7 (17) | 9 (22) | |
| 3 | 0 | 1 (2) | |
| Values are expressed as n (%) unless otherwise stated; AR: aortic regurgitation; AVA: aortic valve area; LVEF: left ventricular ejection fraction; PABV: percutaneous balloon aortic valvuloplasty; SPAP: systolic pulmonary artery pressure | | | |

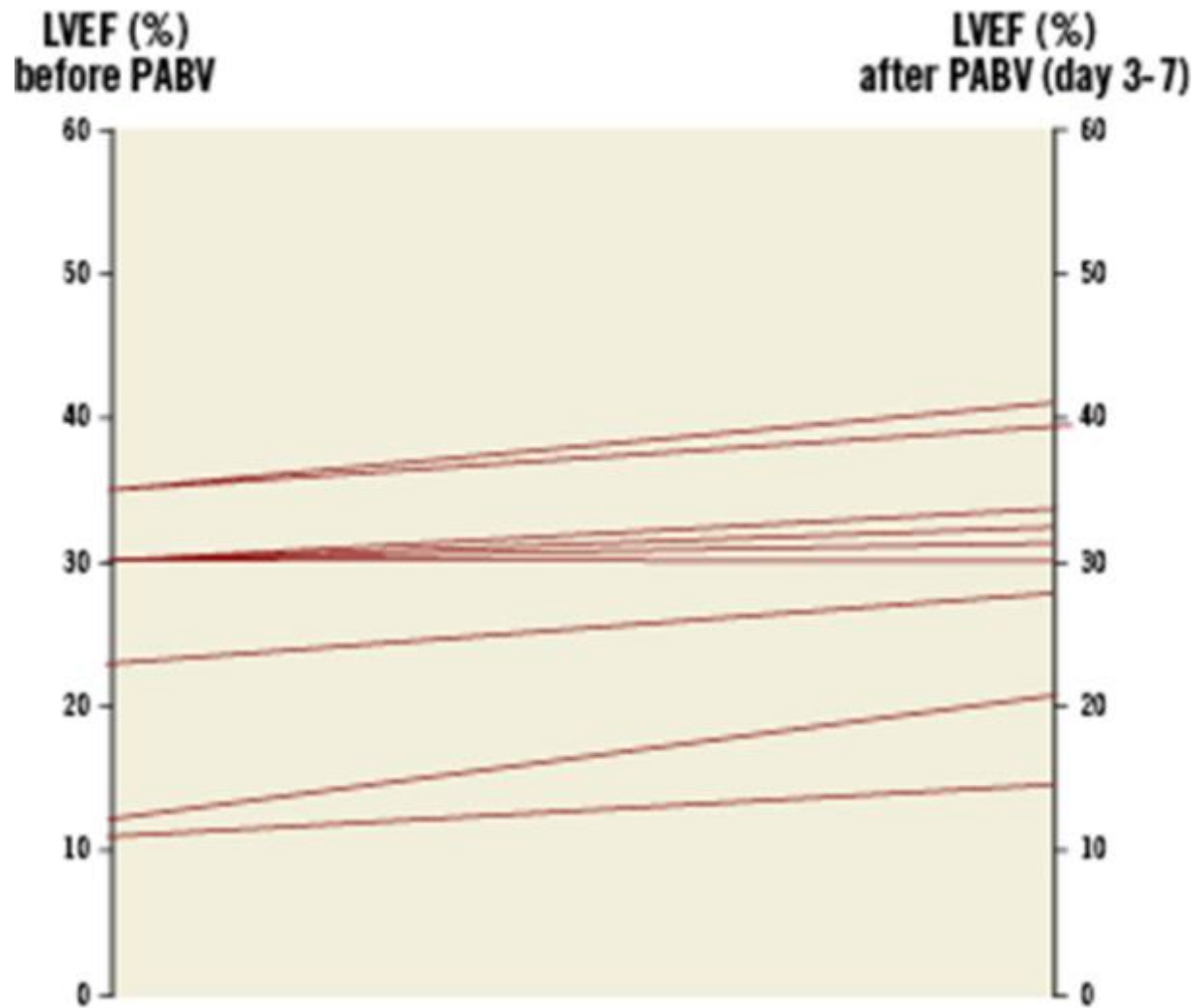


Table 3. 30-day outcomes in patients treated by percutaneous aortic balloon valvuloplasty.

| | Overall (n=41) | Bridge to intervention (n=23) | PABV alone (n=18) | <i>p</i> |
|---|---------------------------|--|----------------------------------|-----------------|
| Major vascular complications | 1 (2) | 0 | 1 (6) | 0.44 |
| Heart block* | 3 (7) | 1 (4) | 2 (11) | 0.57 |
| Mortality | 6 (15) | 0 | 6 (33) | 0.04 |
| Per-procedure | 0 | 0 | 0 | |
| 30-day cardiac | 5 (12) | 0 | 5 (27) | 0.01 |
| 30-day non-cardiac | 1 (3) | 0 | 1 (6) | 0.44 |
| Values are expressed as n (%) or mean±SD, unless otherwise stated; PABV: percutaneous aortic balloon valvuloplasty; *Requiring definitive pacemaker | | | | |

Table 5. Causes of death in patients treated with percutaneous aortic valvuloplasty.

| Time | PABV | Days to death | Cause of death |
|----------------|--------|---------------|---------------------------|
| In-hospital | Alone | 1 | Multi-organ failure |
| In-hospital | Alone | 3 | Multi-organ failure |
| In-hospital | Alone | 11 | Multi-organ failure |
| In-hospital | Alone | 18 | Pulmonary infection |
| Post-discharge | Alone | 25 | Delayed cardiogenic shock |
| Post-discharge | Alone | 28 | Delayed cardiogenic shock |
| Post-discharge | Alone | 57 | Cardiac failure |
| Post-discharge | Alone | 72 | Cardiac failure |
| Post-discharge | Bridge | 79 | Cardiac failure |
| Post-discharge | Alone | 96 | Cardiac failure |
| Post-discharge | Alone | 164 | Cardiac failure |
| Post-discharge | Alone | 364 | Cardiac failure |
| Post-discharge | Bridge | 421 | Cardiac failure |
| Post-discharge | Alone | 516 | Delayed cardiogenic shock |
| Post-discharge | Alone | 529 | Renal failure |
| Post-discharge | Alone | 537 | Cardiac failure |
| Post-discharge | Alone | 590 | Cardiac failure |
| Post-discharge | Alone | 618 | Cardiac failure |

Conclusion

- In high-risk patients with aortic stenosis and temporary contraindications to AVR or TAVI, PABV may be used as a bridge to intervention with good mid-term outcomes.
- In others, PABV can be safely used but is associated with a poor outcome.

3.1.8. Aortic Balloon Valvotomy

Class IIb

Aortic balloon valvotomy might be reasonable as a bridge to surgery in hemodynamically unstable adult patients with AS who are at high risk for AVR. (*Level of Evidence: C*)

Aortic balloon valvotomy might be reasonable for palliation in adult patients with AS in whom AVR cannot be performed because of serious comorbid conditions. (*Level of Evidence: C*)

Class III

1. Aortic balloon valvotomy is not recommended as an alternative to AVR in adult patients with AS; certain younger adults without valve calcification may be an exception (see Section 6.1.3). (*Level of Evidence: B*)

Thank You