# MitraClip in the ICCU: Which Patient will Benefit?



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 8th International Conference
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 Acute Cardiac Care
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### **Conflict of Interest**



#### • No relevant disclosures





- Which patients will achieve the most benefit from the procedure?
- Which patients will benefit at all from the procedure?
  - Who won't benefit from MitraClip?
- For which patients is MitraClip the best procedure?

## What is MitraClip?









Rinaldi SCAI 2011

# MitraClip indication for FMR is increasing



## Commercial MitraClip Implant Experience

- Treating Centers: 225
- Patients<sup>1</sup>: 7,894
- Implant Rate<sup>1</sup>: 96%
- Acute MR reduction<sup>1,2</sup>: 98% of implants

#### • Etiology

- × Functional MR 67%
- × Degenerative MR 23%
- × Mixed 10%



1. First-time procedures only.

2. Successful implants only.

Data as of 5/31/2013. Source: Abbott Vascular.



# The Problem



- Severe LV dysfunction with associated mitral incompetence is responsible for recurrent and prolonged hospital admissions
- The implementation of isolated surgical reduction of MR with no improvement of LV function is a challenging scenario



# Functional MR



- LV Dysfunction
- Often very high surgical risk
- Surgery leads to clinical benefit
- High recurrence rate following successful MV repair
- Questionable survival benefit
- Interest in a safer and less invasive option



#### Heart Failure due to MR is Multifaceted



#### neurohumoral

#### LV remodeling

## ischemia

# dissynchrony



# ACCESS-EU



- The ACCESS-EUROPE (ACCESS-EU) Study is a two-phase prospective, observational, multicenter, post-approval study of the MitraClip<sup>®</sup> System for the treatment of significant MR
  - ACCESS-EU Phase I enrollment started on October
     2, 2008 and closed on April 13, 2011. The last
     follow-up occurred on June 15, 2012
  - ACCESS-EU Phase II was initiated on September 15, 2011















#### **Considerations for Patient Selection**

# Patient screening

Suitable patient
Suitable mitral valve anatomy
Suitable monitoring possibilities



## MitraClip Patient Selection Considerations



## **Recommended criteria**

- Moderate to severe MR (Grade 3 or more out of 4 grades)
- Pathology in A2-P2 area
- Coaptation length >2mm (depending on leaflet mobility)
- Coaptation depth <11mm</li>

- ♥ Flail gap < 10mm
- ♥ Flail width < 15mm
- Mitral valve orifice area >4cm<sup>2</sup> (depending on leaflet mobility)
- Mobile leaflet length1cm



The mitral valve apparatus includes the annulus, the leaflets, the chordae tendineae, and papillary muscles.

modified from Carpentier, A. et al. *Carpentier's Reconstructive Valve Surgery*. Saunders Elsevier; 2010.

The leaflets are normally asymmetric—the anterior leaflet has a larger surface area, but occupies a smaller amount of annular circumference.

(Foster GP et al. Accurate localization of mitral regurgitant defects using multiplane transesophageal echocardiography. Ann Thorac Surg 1998).

#### Procedure











## Most Important Echo View: TEE LAX!



- A good quality TEE LAX view is a strong indicator for good procedure guidance!
- Both AML and more important – PML can be seen.
- Leaflet grasping and insertion can perfectly be observed in this case.









Mitral valve stenosis (valve area  $< 4 \text{ cm}^2$ )





Jerusalem 2013







# **Screening Process**

# TEE is mandatory for patient screening

- Significant MR?
- No severe calcification in mitral leaflet / annulus?
- No severe leaflet restriction?
- No too severe flail leaflet?
- No cleft between A2/P2?
- No prior surgery of mitral valve?
- No intracardiac mass or thrombus?
- No presence of mitral stenosis?
- All echo views for procedure guidance are obtainable and in good quality ?



Good chance for technical / procedural success!





- Technical and procedural success
- Echocardiographic benefit
  - o Reduced MR
  - o LV remodelling
- Clinical benefit
  - o Reduced hospitalizations
    o Improved Functional Class
    o Impact of and on comorbidities



# The Patient that Succeeds



- 59 year old man
- Diabetes, HTN, hypercholesterolemia
- 1998 AMI cath (TVD) -> CABG
- FC II
- Last two years: MR2+ -> 3+
- Moderately impaired LV Function
- VF -> ICD
- Clinical deterioration
   FCIII -> FCIV
- Anasarca with bilateral pleural effusions
- Referred for MitraClip consideration







- Severe MR
- Moderate LV dysfunction
  - Not severe
- TIG 46mmHg
- Eccentric Jet
- Central Jet Orifice













#### 6 Month Follow-up January 2013



- Mild MR
- FC II
- Working full time
- Essentially unrestricted in daily function
- Thrilled!!





# The Place of MitraClip



- MitraClip & medical therapy
- MitraClip & CRT
- MitraClip & PCI
- MitraClip & TAVI
- MitraClip & annuloplasty

neurohumoral remodeling dissynchrony ischemia

MitraClip & other novel technologies