

# Danish registry of ACS DANAMI Studies

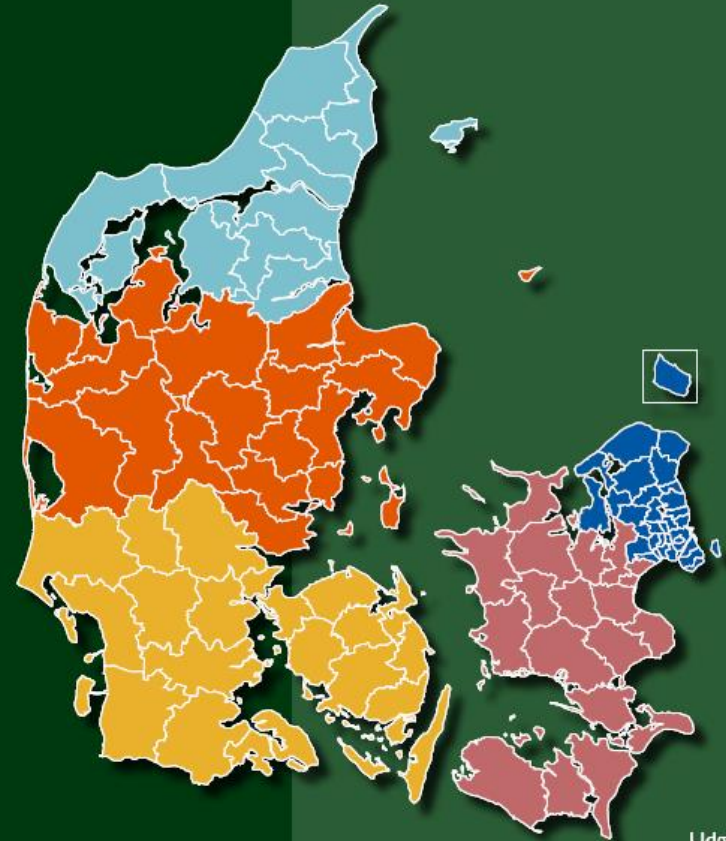
**Peter Clemmensen, MD, DMSc, FESC, FSCAI**  
**Thomas Engstrøm, MD, PhD, DMSc**

**Copenhagen University**  
**Department of Cardiology**  
**Rigshospitalet**  
**Copenhagen**



# Dansk HjerteStatistik 2010

Dansk HjerteStatistik 2010

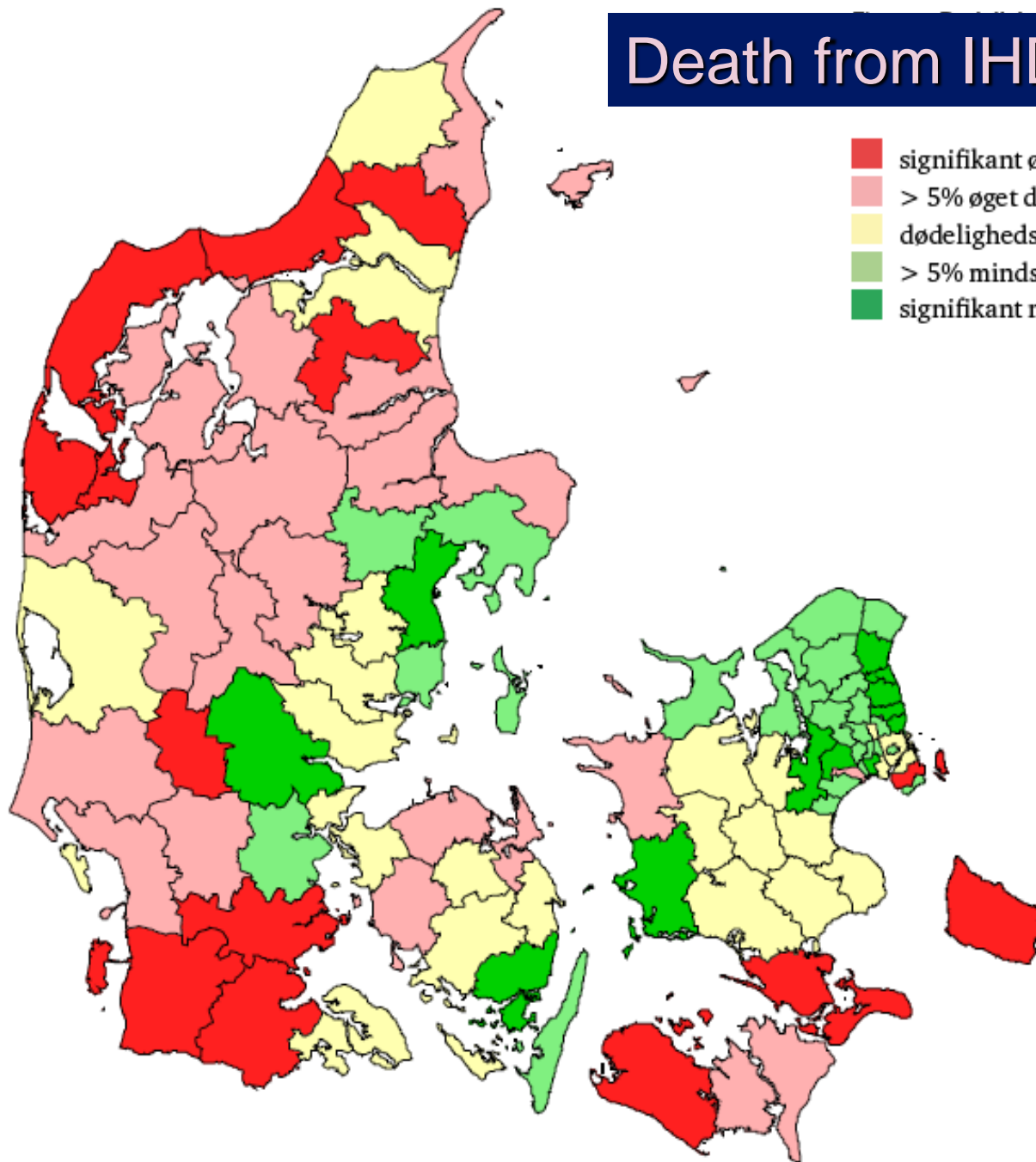


HJERTEFORENINGEN 

Udgivet af  
HJERTEFORENINGEN   
i samarbejde med  
Statens Institut for Folkesundhed  
Syddansk Universitet

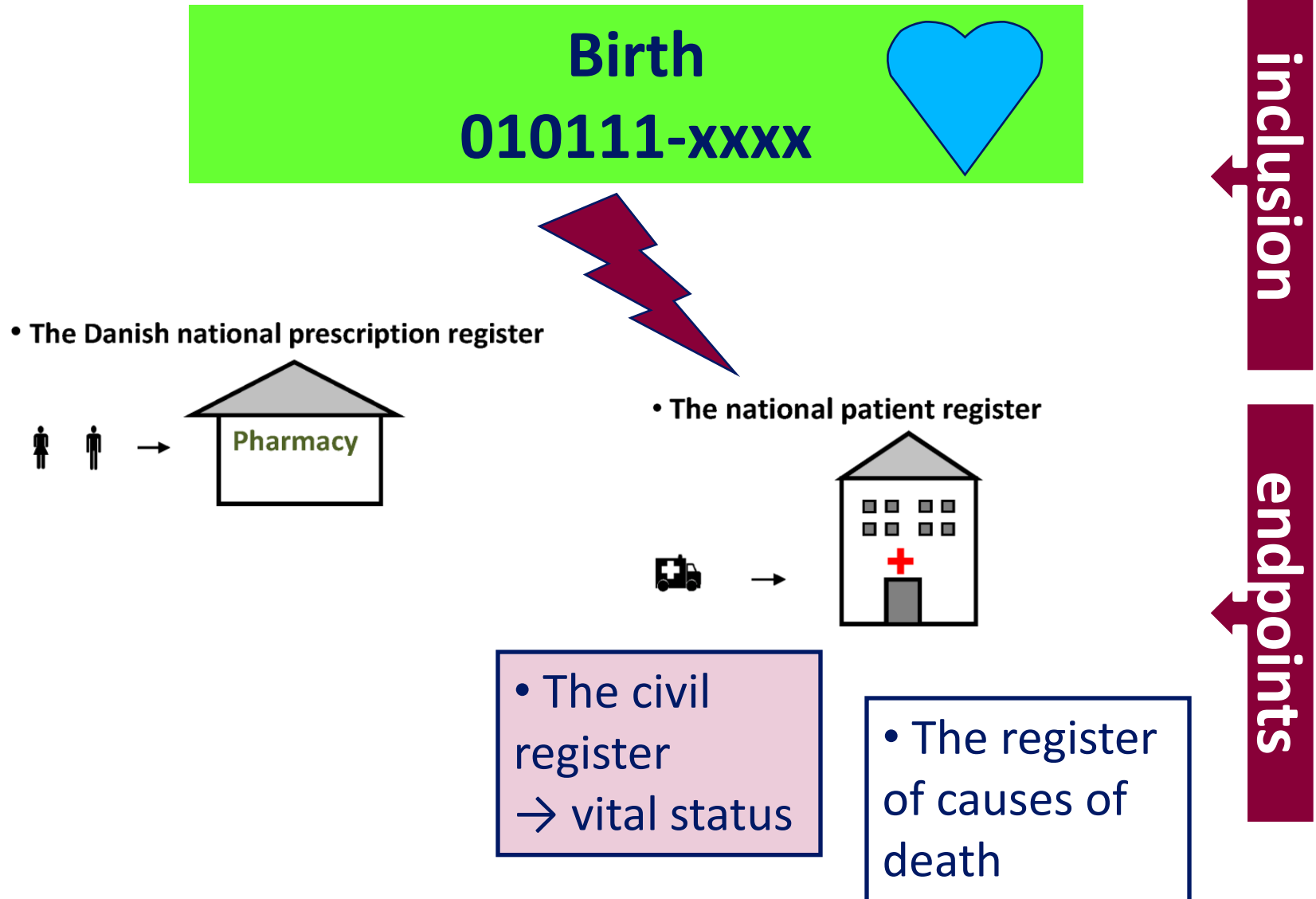
Bindet til HjerteStatistik 2010

# Death from IHD 2005-2008



- signifikant øget dødelighedsindeks
- > 5% øget dødelighedsindeks, ikke signifikant
- dødelighedsindeks mellem + og - 5% af landsgennemsnittet
- > 5% mindsket dødelighedsindeks, ikke signifikant
- signifikant mindsket dødelighedsindeks

# Danish registries



# AMI and Triple Therapy

# Inclusion and endpoints

Admitted with first- time MI between 2000-2005  
Age  $\geq$  30 years

Claimed at least one prescription within 90 days  
of  
aspirin  
clopidogrel  
vitamin K antagonists

N=40 812

Monotherapy

aspirin  
clopidogrel  
vitamin K antagonists

Dual therapy

aspirin+clopidogrel  
Vitamin K antagonists+ aspirin  
Vitamin K antagonists+

clopidogrel

Triple therapy

all three drugs

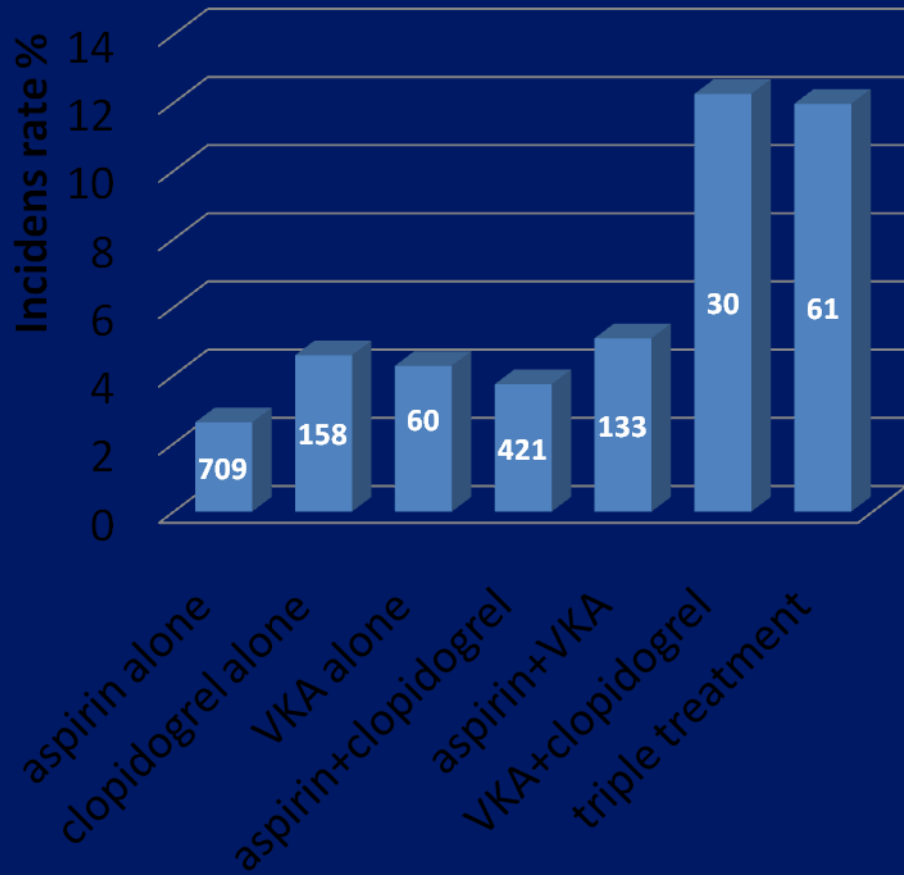
inclusion

endpoints

Non-fatal + fatal bleeding after 18

# Results

## Non-fatal and fatal bleeding



## Bleeding

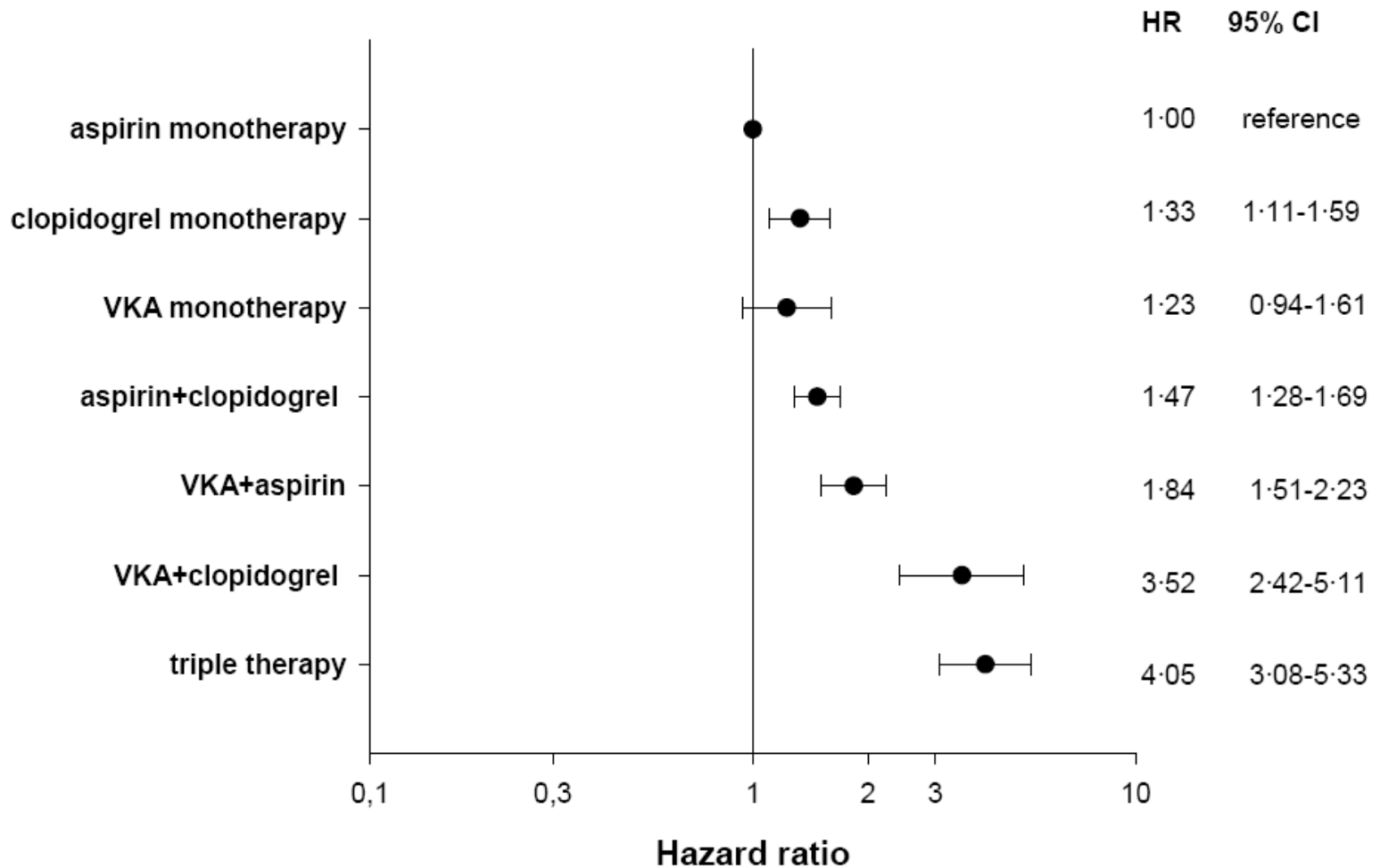
- Increased age
- Male sex
- Malignant disease
- Previous bleeding

## Treatment

- Cardiac heart failure
- Diabetes
- NSAIDs
- PPIs

# Results

Figure 2A: Adjusted risk of non-fatal and fatal bleedings



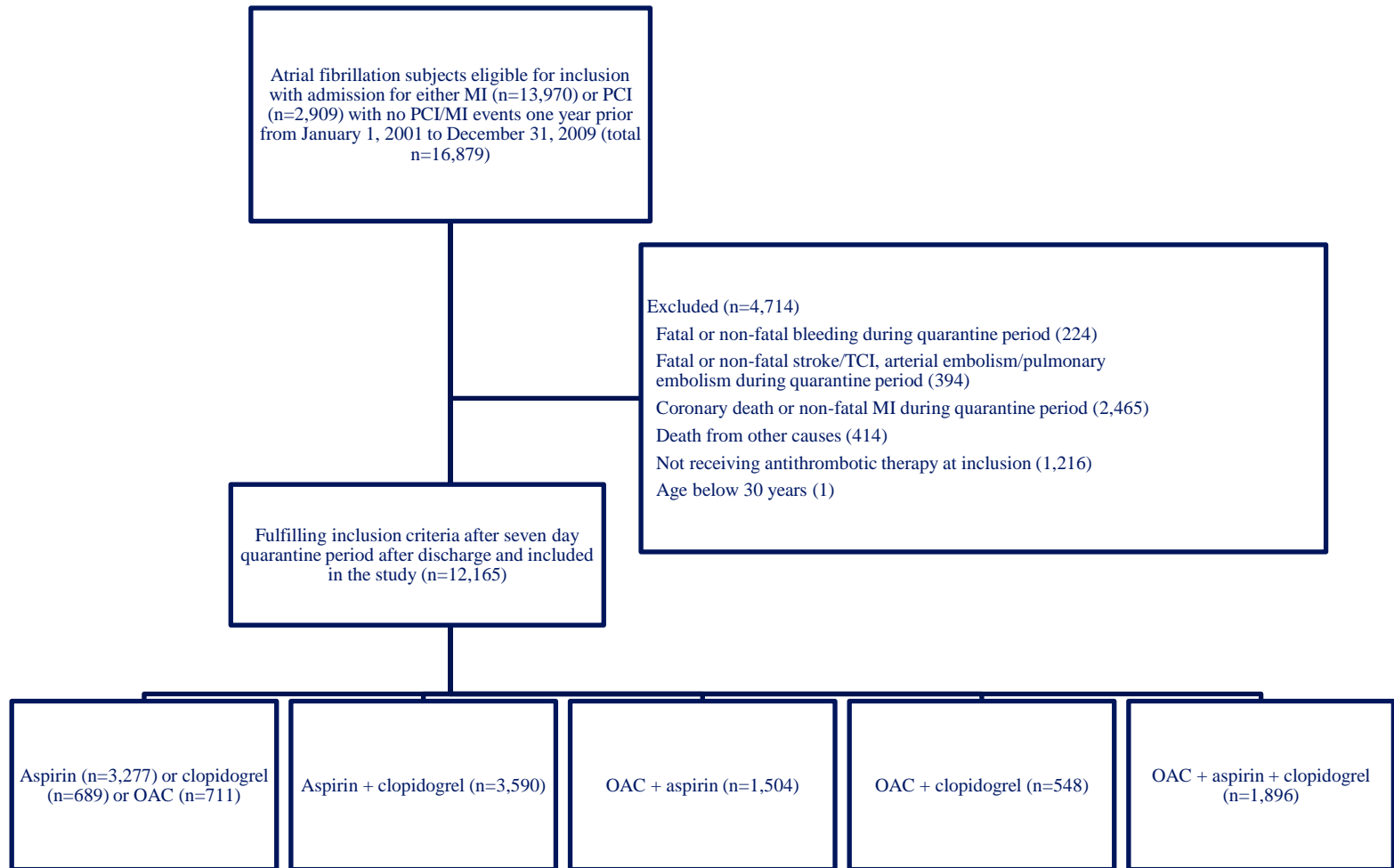
# Results

- Numbers needed to harm
- If experiencing a bleeding:  
Risk of re-MI and death x 3

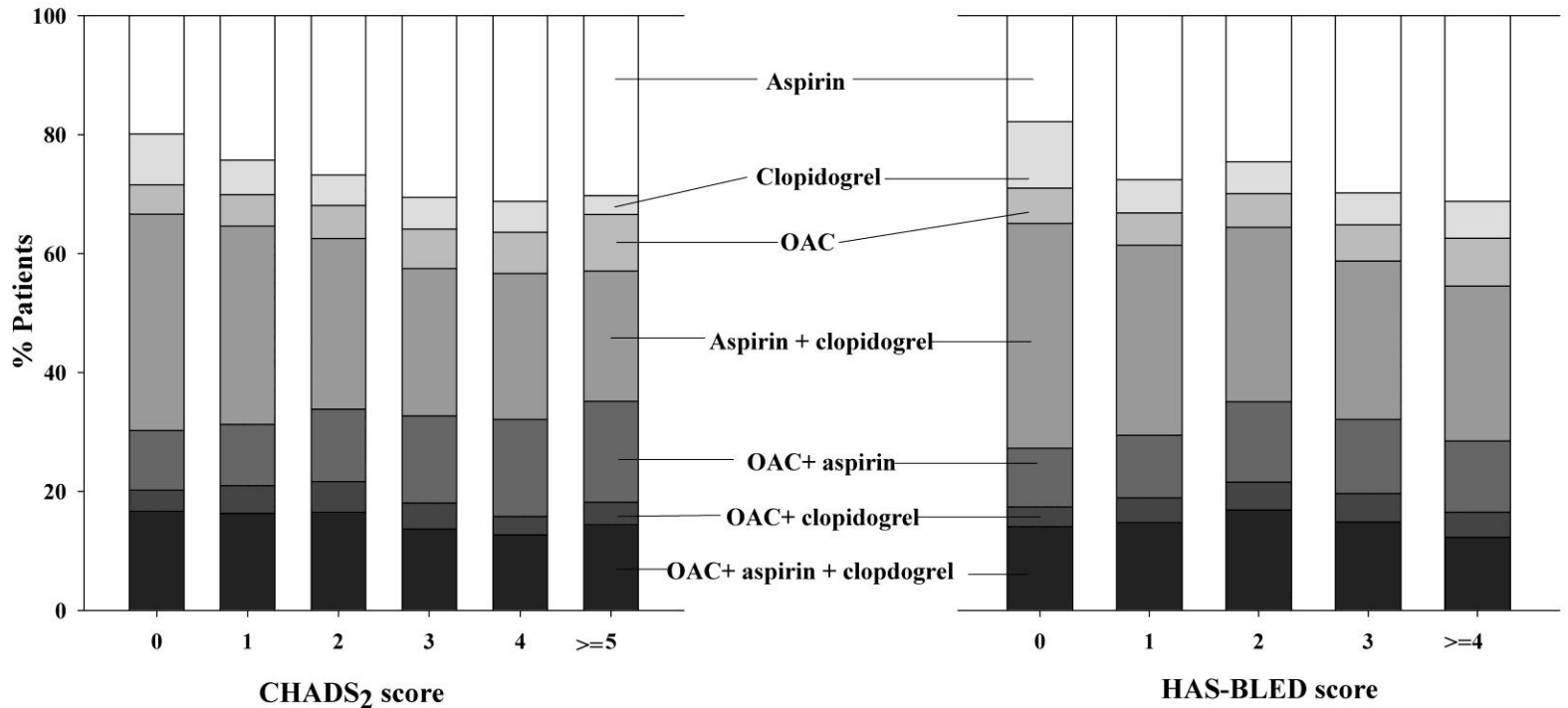
	NNH, adjusted
<b>Monotherapy</b>	
aspirin alone	Reference
clopidogrel alone	115·7
VKA alone	165·9
<b>Dual therapy</b>	
aspirin+clopidogrel	81·2
aspirin+VKA	45·4
VKA+clopidogrel	15·2
<b>Triple therapy</b>	
triple treatment	12·5



# Atrial Fibrillation Patients with MI or PCI n= 16.879



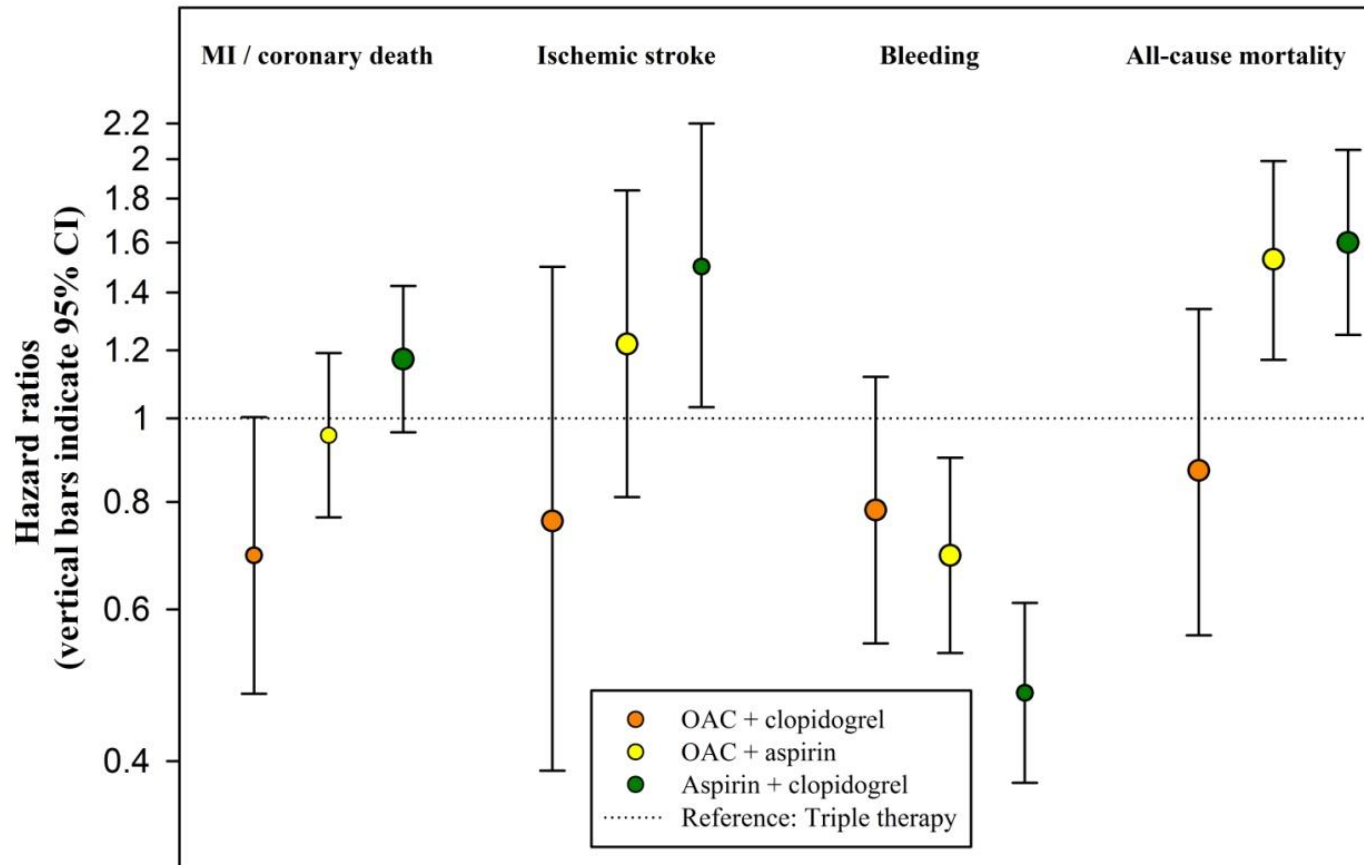
# Initial antithrombotic treatment and crude rates of ischemic stroke and bleeding according to predicted risk



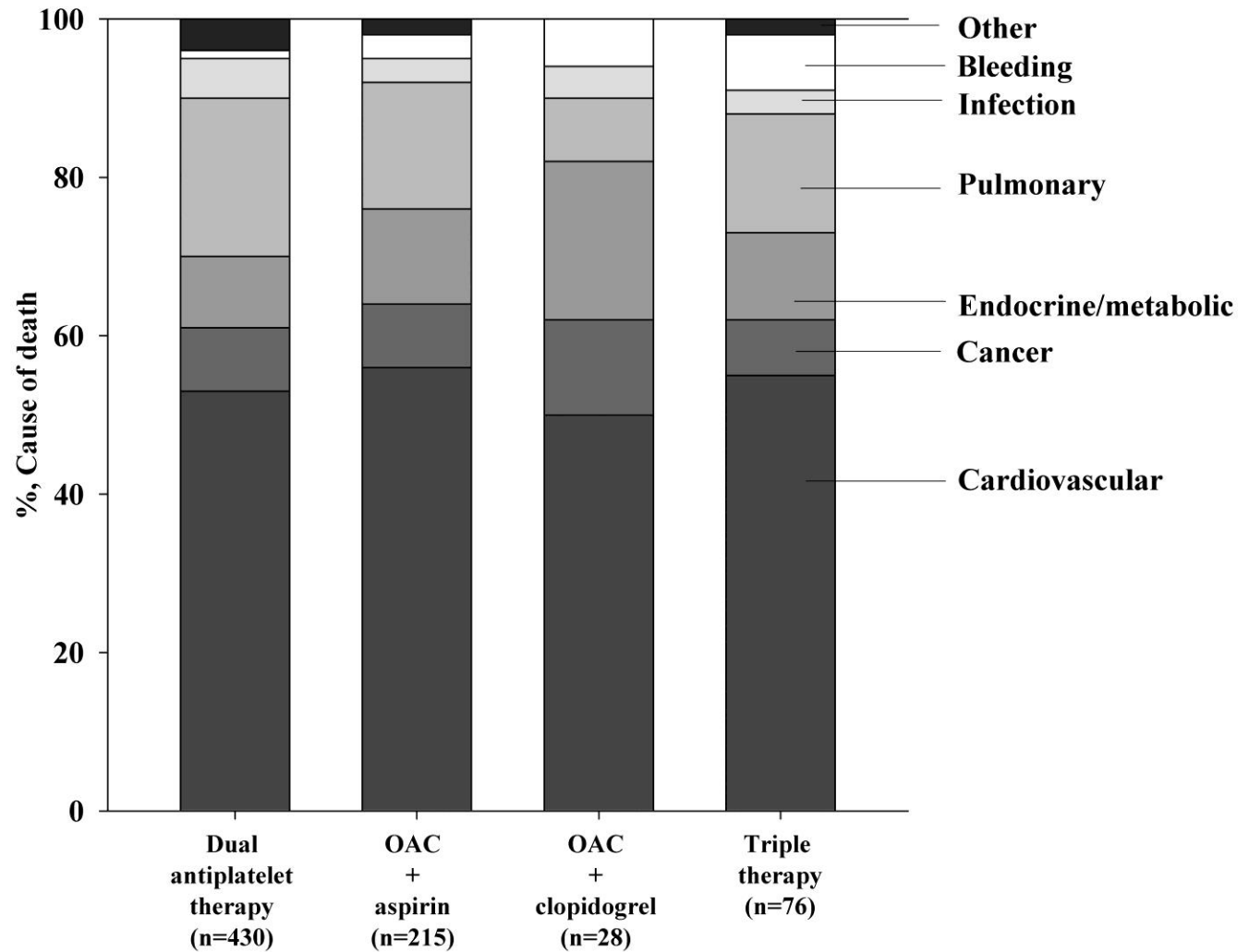
	0	1	2	3	4	>=5
Crude rates	2.5	4.1	6.3	8.9	19.0	23.1
No. of ischemic strokes	27	116	201	156	122	58

	0	1	2	3	>=4
Crude rates	4.7	5.1	8.3	9.8	14.1
No. of bleedings	19	121	367	196	66

# Benefit and safety with triple therapy versus dual therapies



# Cause of death according to antithrombotic treatment at time of death



# DANAMI Studies

**Copenhagen University  
Department of Cardiology  
Rigshospitalet  
Copenhagen**



# DANAMI 3

## Rationale and setup



**Thomas Engstrøm**  
**Copenhagen University Hospital**  
**Rigshospitalet**  
**Denmark**

# DANAMI-3

- Randomisering
- Postconditionering
- Deferred stenting
- PRIMULTI (Flerkarsyge)
- Flowchart

DANAMI-3 - Case Report Form - Windows Internet Explorer provided by RH

https://base.ecrf.dk/danami3/login.php

Filer Rediger Vis Favoritter Funktioner Hjælp

Favoritter Gratis Hotmail

DANAMI-3 - Case Report Form DANAMI-3 - Case Report...

Home RSS Mail Print Side Sikkerhed Funktioner ?

**Login**

# https://base.ecrf.dk/danami3/

(Ligger som 'foretrukken' i værktøjslinien)

## Case Report Form

Login på eCRF

Brugernavn:

Adgangskode:

**Login**

© Zenodotus eCRF 2002-2011

**Brugernavn: aal-danami3**

**Adgangskode: danami3**

**DANAMI-3 Sekretariatet**  
Att Kirsten Arnaa  
Kardiologisk afd B, 2142  
Rigshospitalet  
Blegdamsvej 9  
2100 København Ø

Telefon: 3545 3376  
Fax: 3545 2513  
E-mail: danami3@ecrf.dk

Udført Internet 100%



DANAMI-3 - Case Report Form - Windows Internet Explorer provided by RH

https://base.ecrf.dk/danami3/openpt.php

Deltageroversigt

Inkluderede Screeningslog

ID eller CPR nummer:

Opret / Hent

Skjul afsluttede

Vis alle

Udskriv

Der er ingen inkluderede patienter

Deltageroversigt

Stamdata

Case Report Forms

**Skriv patientens CPR nummer**

**Herefter**

Meddelelse fra website

?

Der eksisterer ikke en deltager med dette CPR nummer.  
Ønsker du at oprette en ny deltager?

OK

Annuller

**Bekræft med  
OK**

DANAMI-3 - Case Report Form - Windows Internet Explorer provided by RH

https://base.ecf.dk/danami3-demo/crf\_randomisering.php

Filer Rediger Vis Favoritter Funktioner Hjælp

Favorites Gratis Hotmail

DANAMI-3 - Case Report Form

Side Sikkerhed Fugtkioner

**Randomisering**

**Patientinformationer**  
CPR nummer: 101250-0LL1

**Før behandling**  
TIMI flow i culprittæsion: --- Anfør TIMI --- Ja Nej

Patienten kan inkluderes  Ja  Nej  
Er patienten potentiel kandidat til deferred stenting  Ja  Nej

**Udfyld TIMI-flow**

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**Stillingtagen til om pt. kan randomiseres**

Deltageroversigt  
Stamdata  
Case Report Forms  
Dokumenter  
Indstillinger  
Logout

Udført

Internet 100%



Deltageroversigt



Stamdata



Case Report Forms



Dokumenter



Indstillinger



Logout

### Patientinformationer

? CPR nummer: 010145-OJK1

### Før behandling

? TIMI flow i culpritlæsion

? Patienten kan inkluderes

Ja

Nej

### Arsager

Ja

Nej

→ Patienten har ikke STEMI

Pt er kommet mere end 12 timer efter symptomdebut

Patienten ønsker ikke at deltage

Pt. kan ikke forstå pt. informationen (demens / fremmedsproget)

Pt. er bevidstløs / i kardiogent shock / ukontaktbar

PCI er ikke muligt

Der er indikation for CABG

Pt har hæmoragisk diatese eller anden koagulationsdefekt

Pt har kontrastallergi der ikke kan modvirkes medicinsk

Pt har stenttrombose

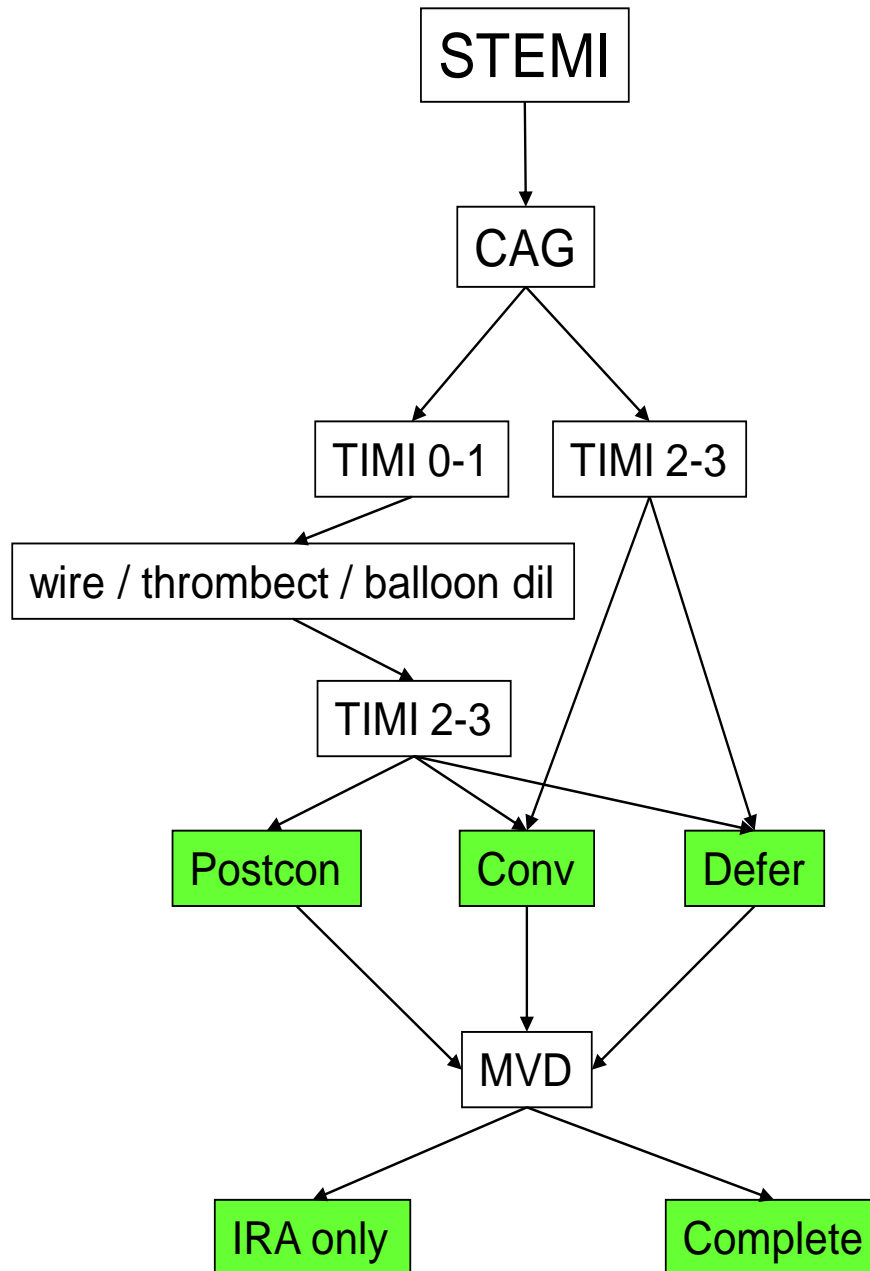
Pt indgår i et andet projekt

Andet

**Ekskluder patienten**

**Hvis patienten ikke kan randomiseres**

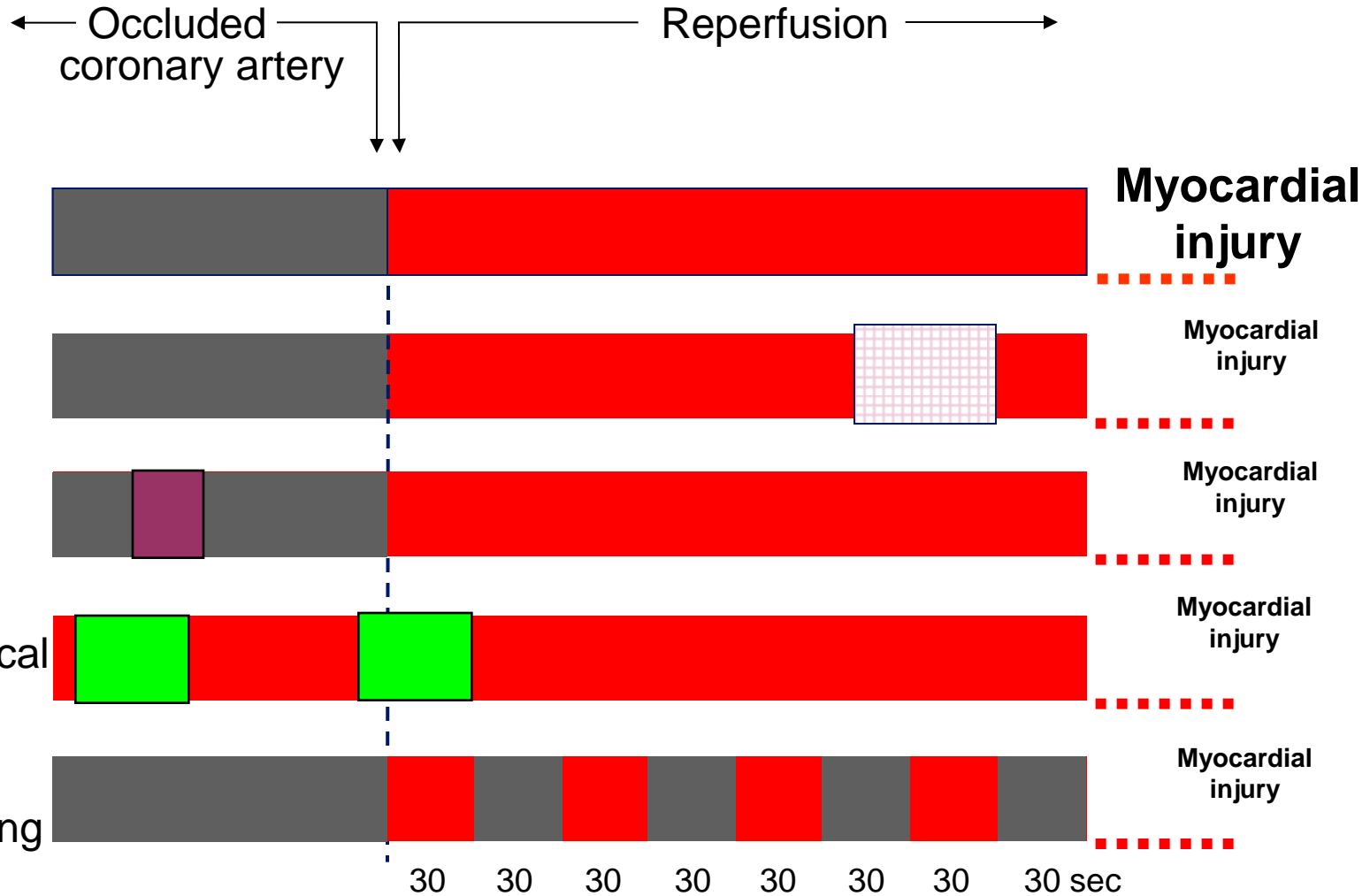
Anfør hvorfor. Alle felter skal udfyldes med ja eller nej



**1. Randomisation**

**2. Randomisation (PRIMULTI)**

# Cardioprotective strategies

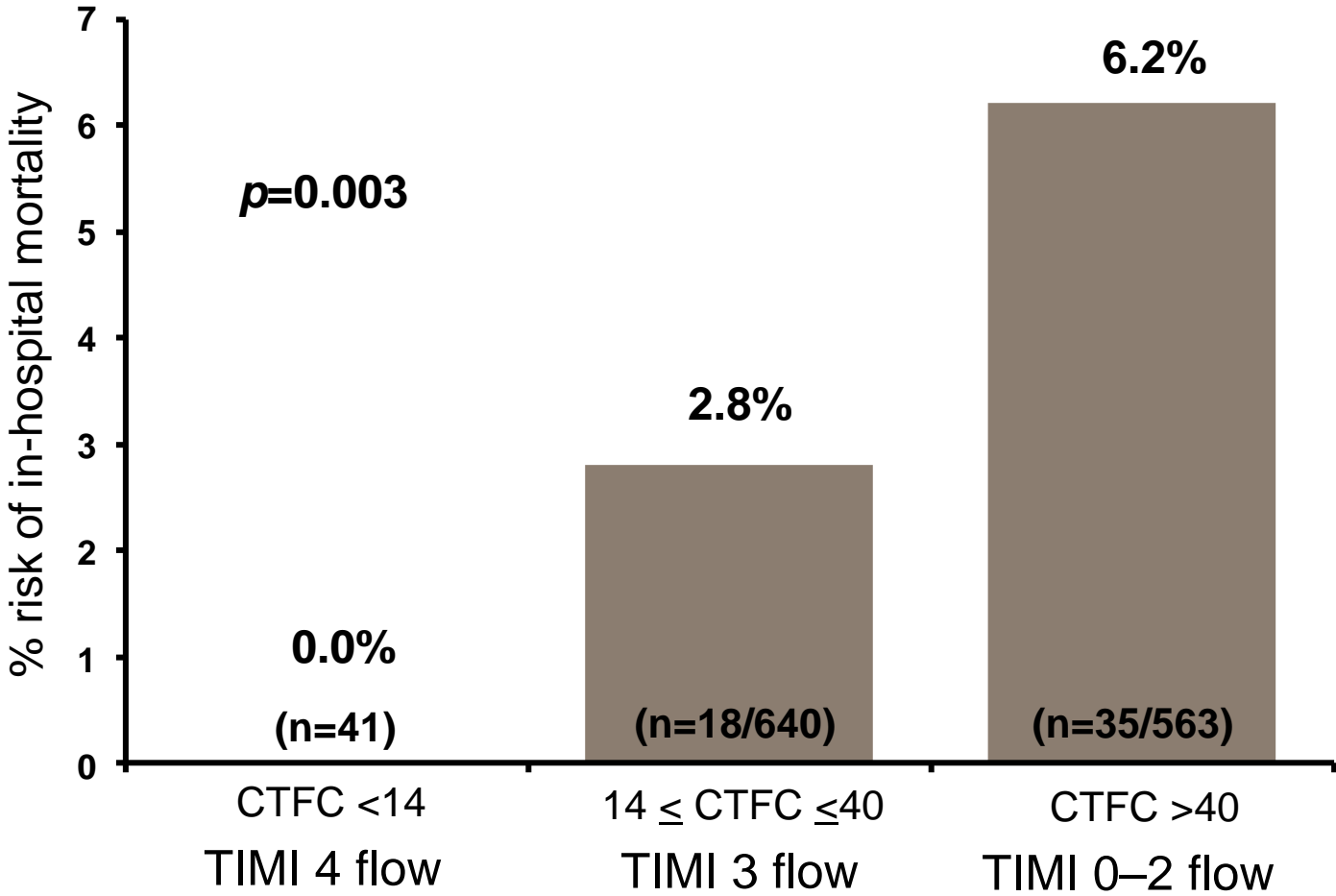


# Angiographic picture – no flow

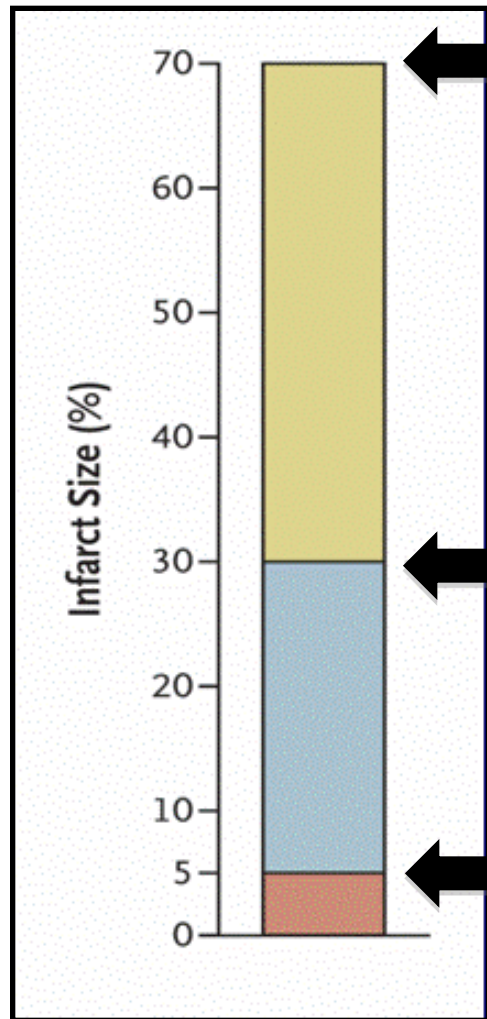
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# In-hospital mortality and TIMI flow



# Treatment of acute myocardial infarction



**Myocardial infarction  
without reperfusion**

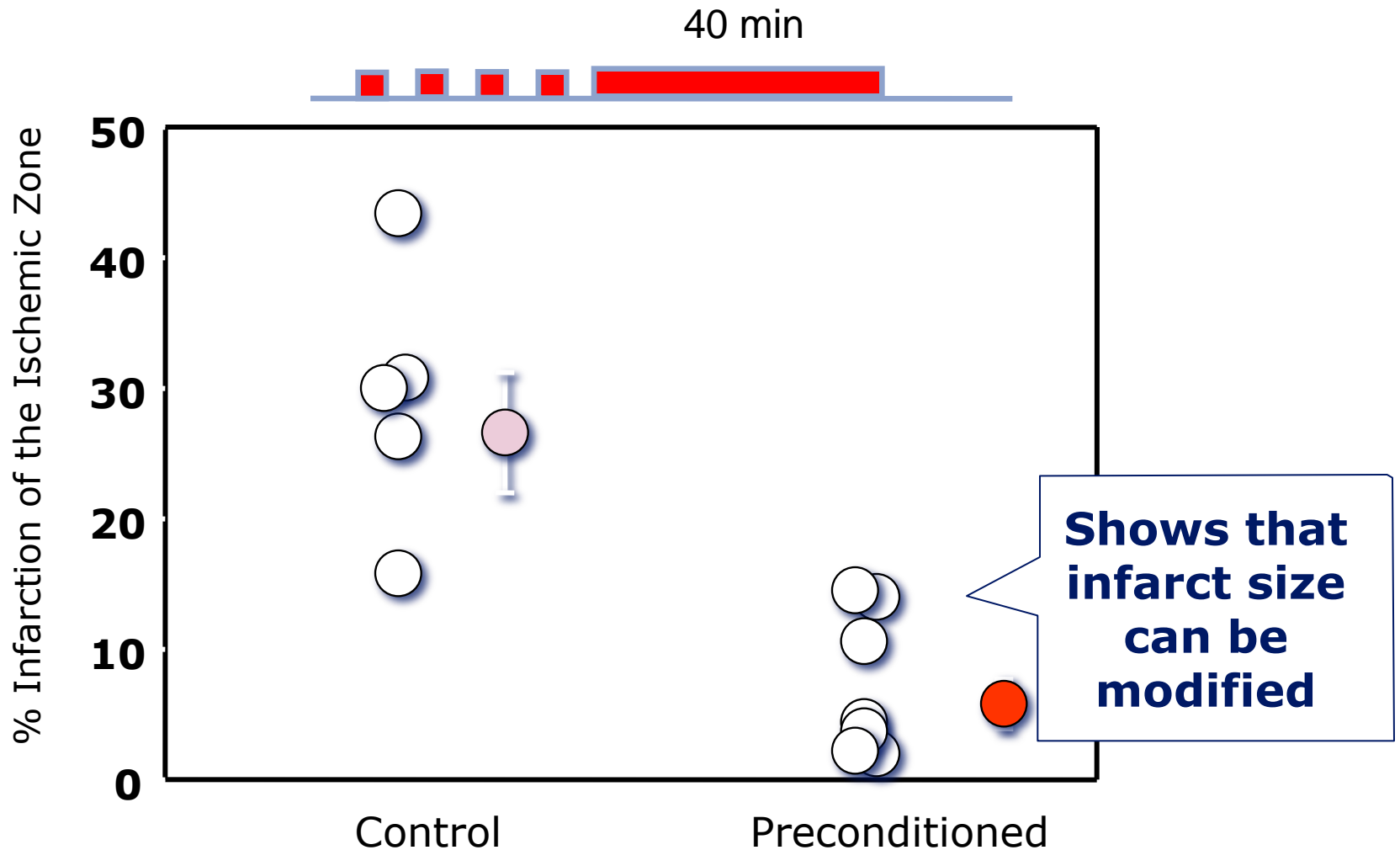
**Myocardial infarction  
with reperfusion**

**Myocardial infarction  
with reperfusion and  
cardioprotection**

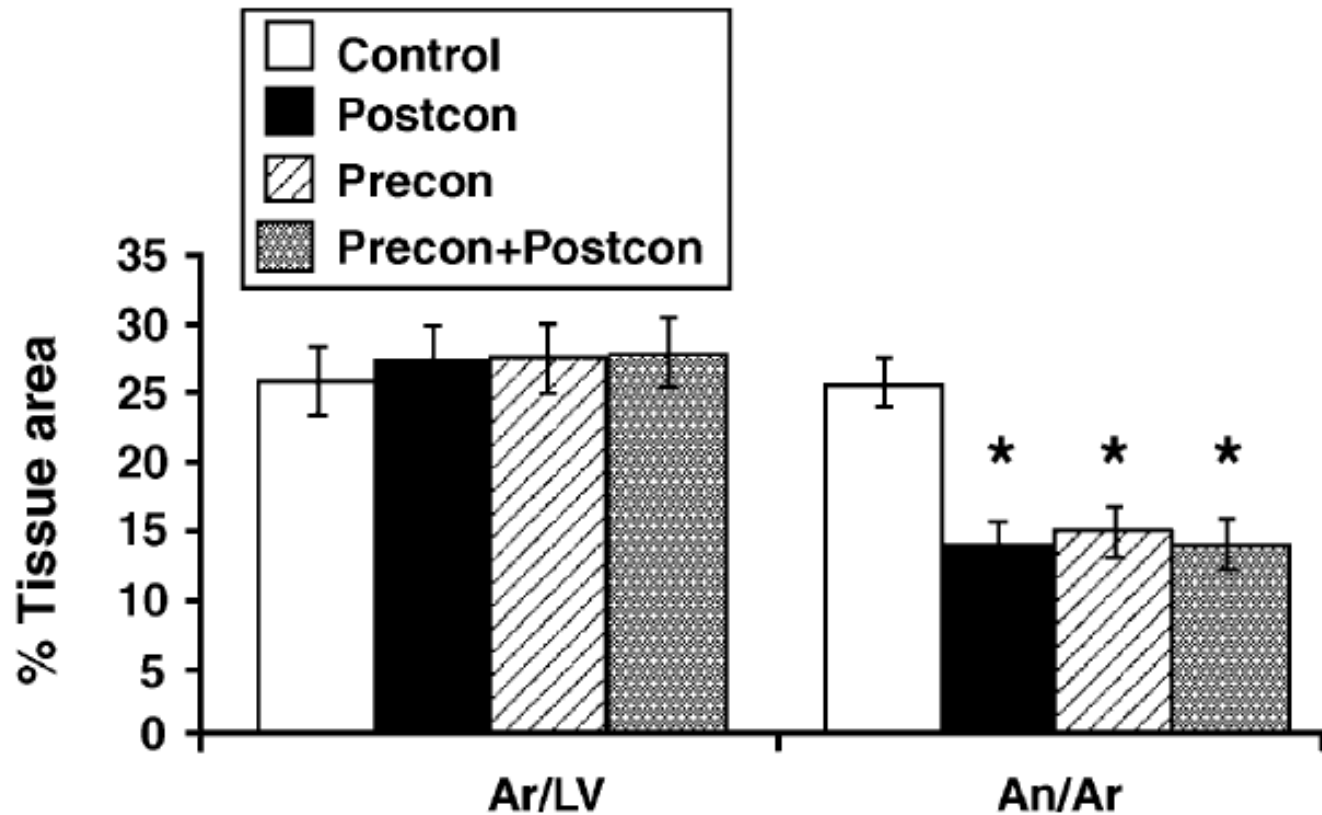




# ischemic preconditioning



# Postconditioning – rabbit study



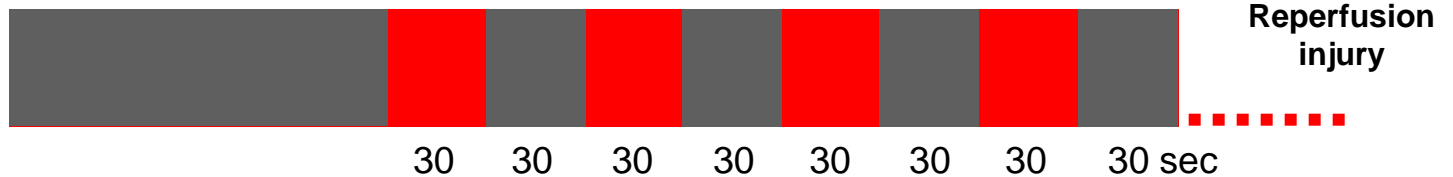
# Mechanical postconditioning



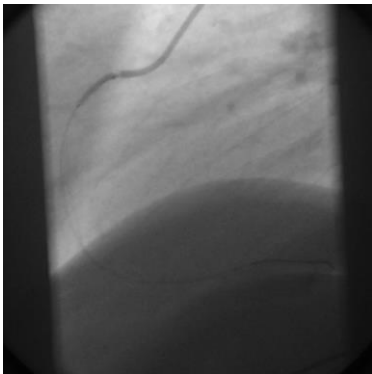
Conventional treatment



Mechanical postconditioning

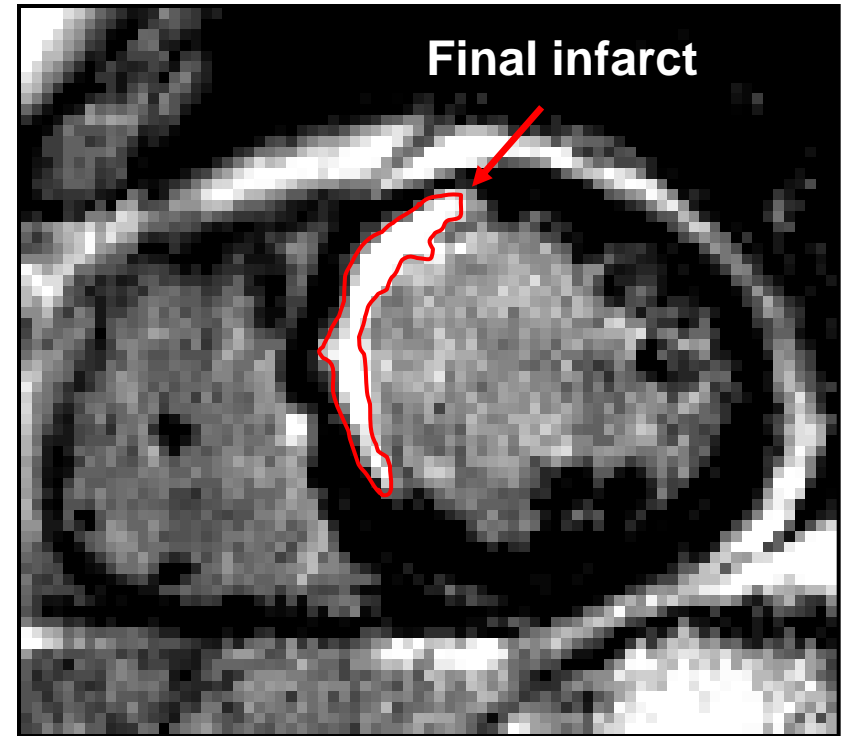
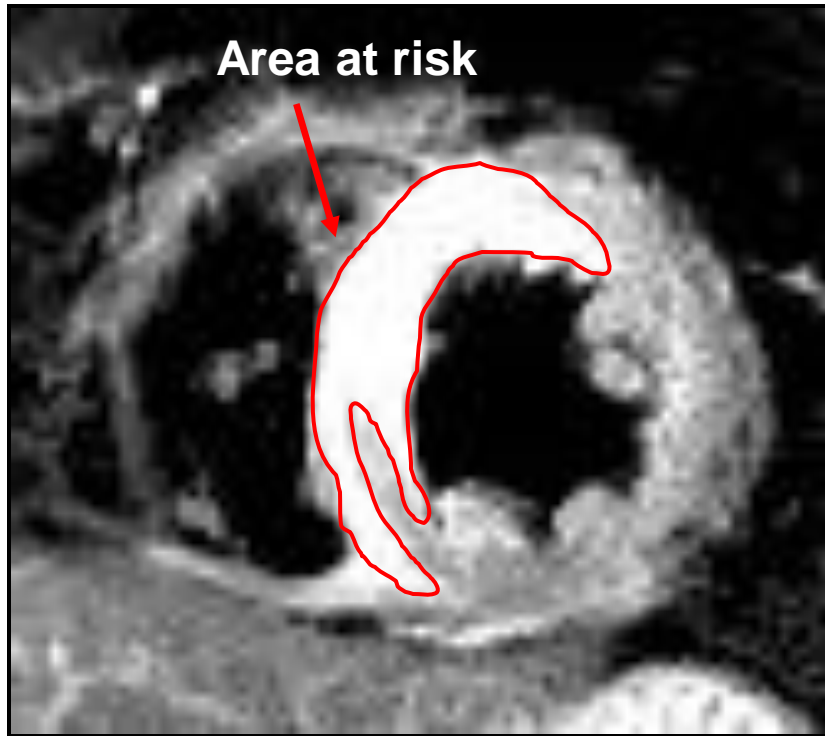


Balloon inflations – deflations



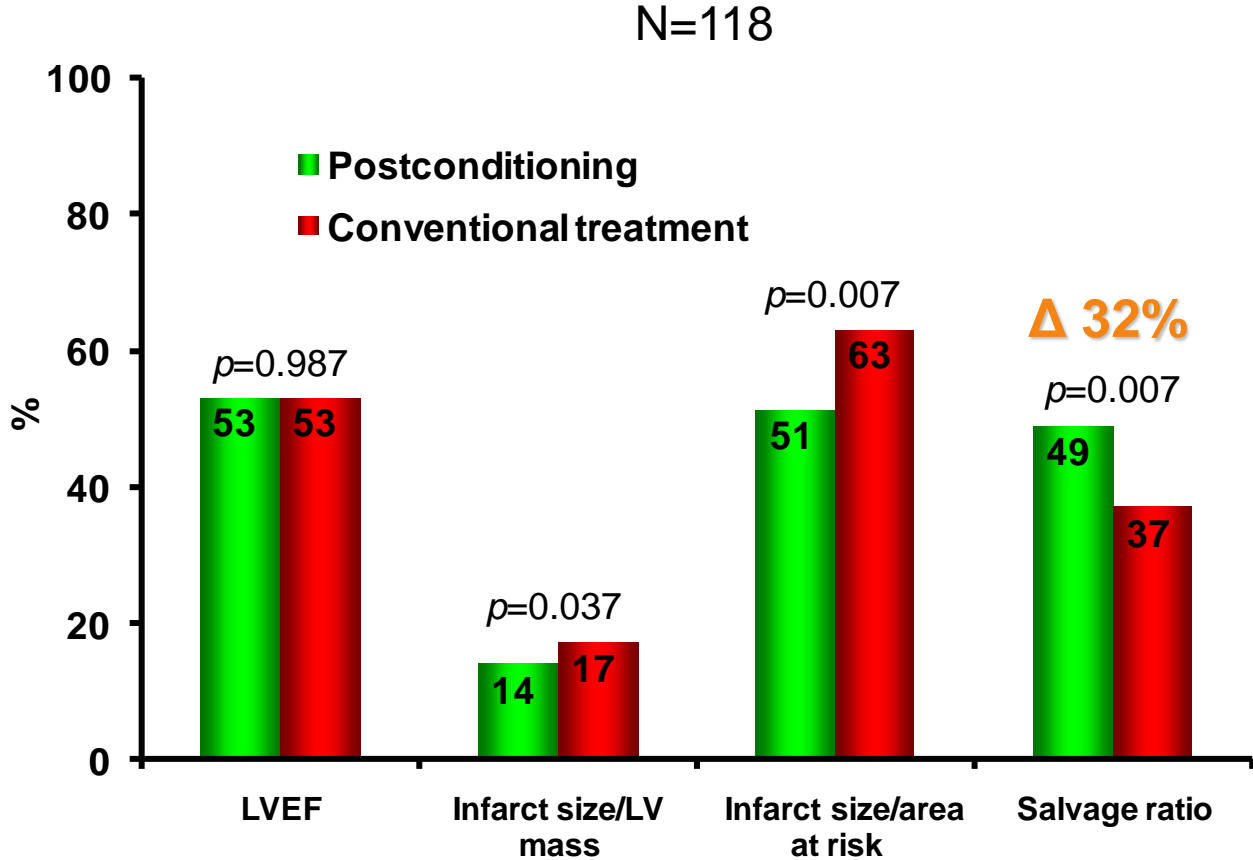
# Method – salvage index

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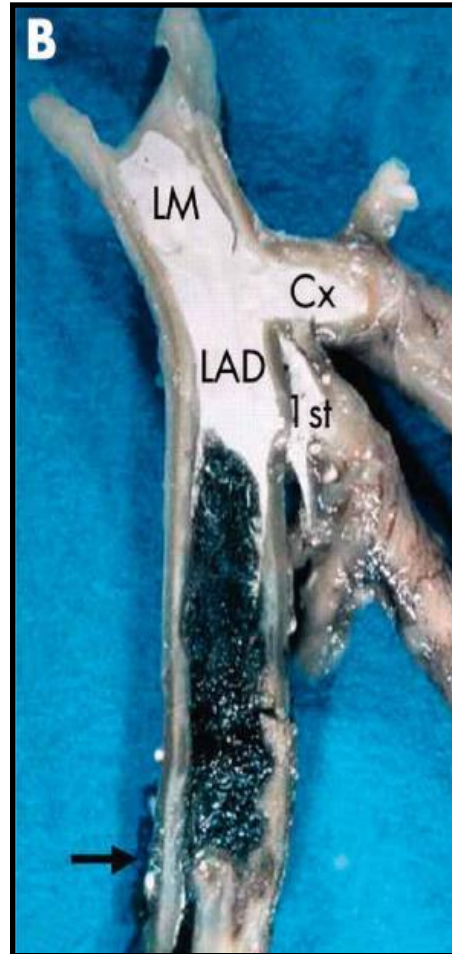
Salvage index: 
$$\frac{\text{Area at risk} - \text{infarct}}{\text{Area at risk}}$$

# POSTCON – Magnetic resonance scan (MRI)



# The thrombus revisited

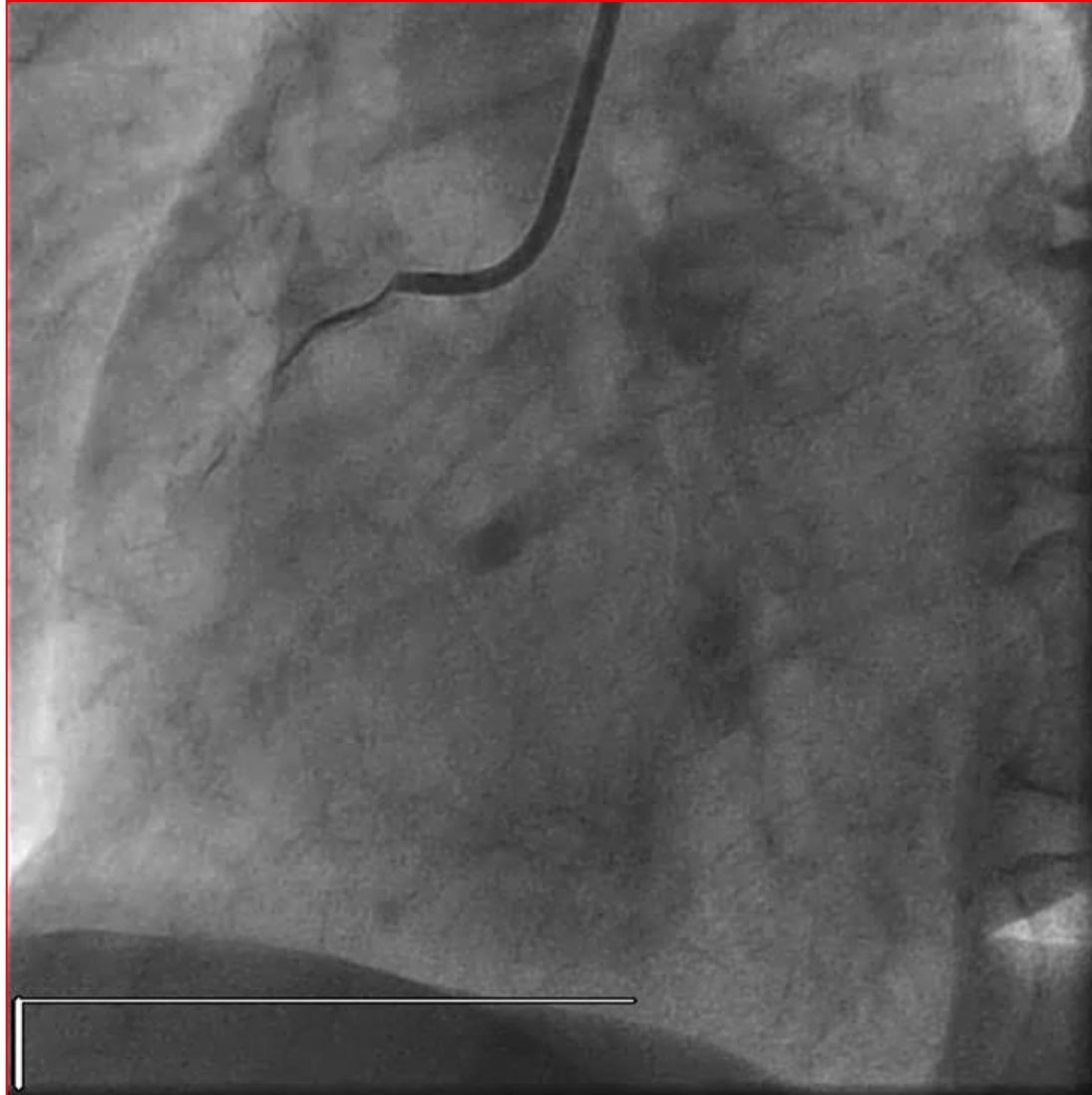
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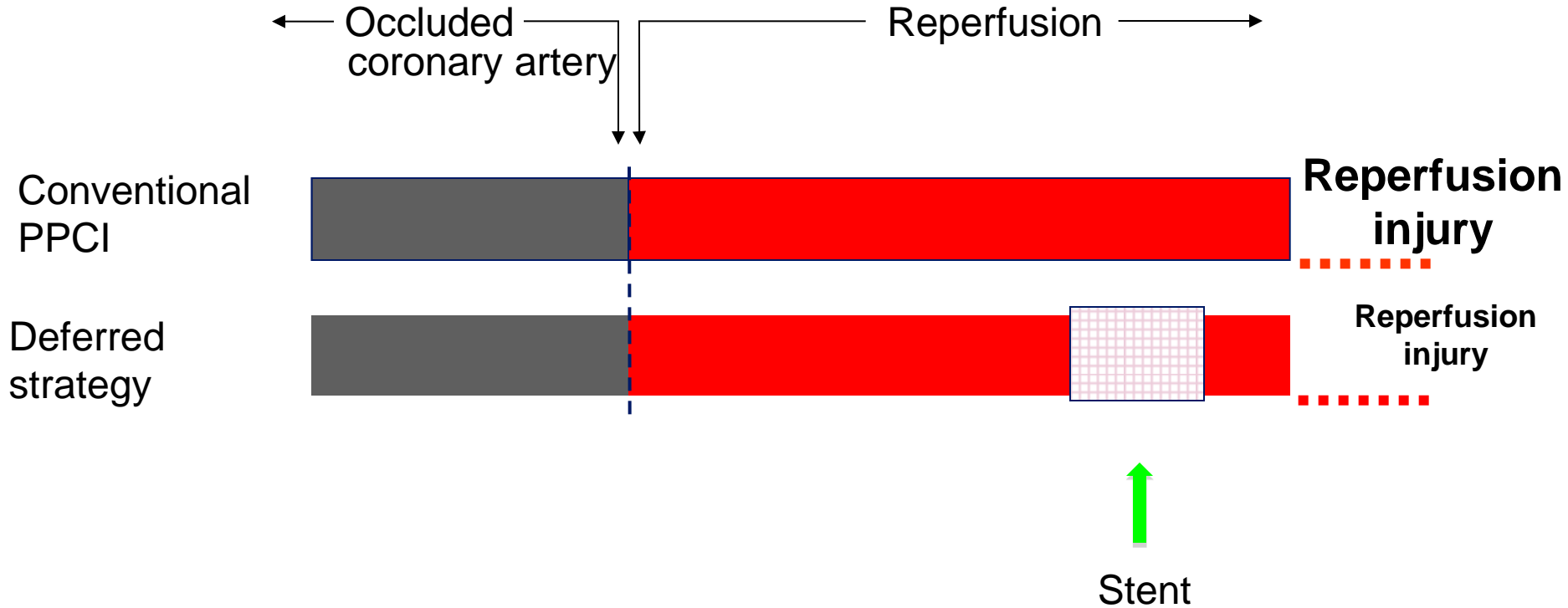
# Deferred stent strategi

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**Acute**



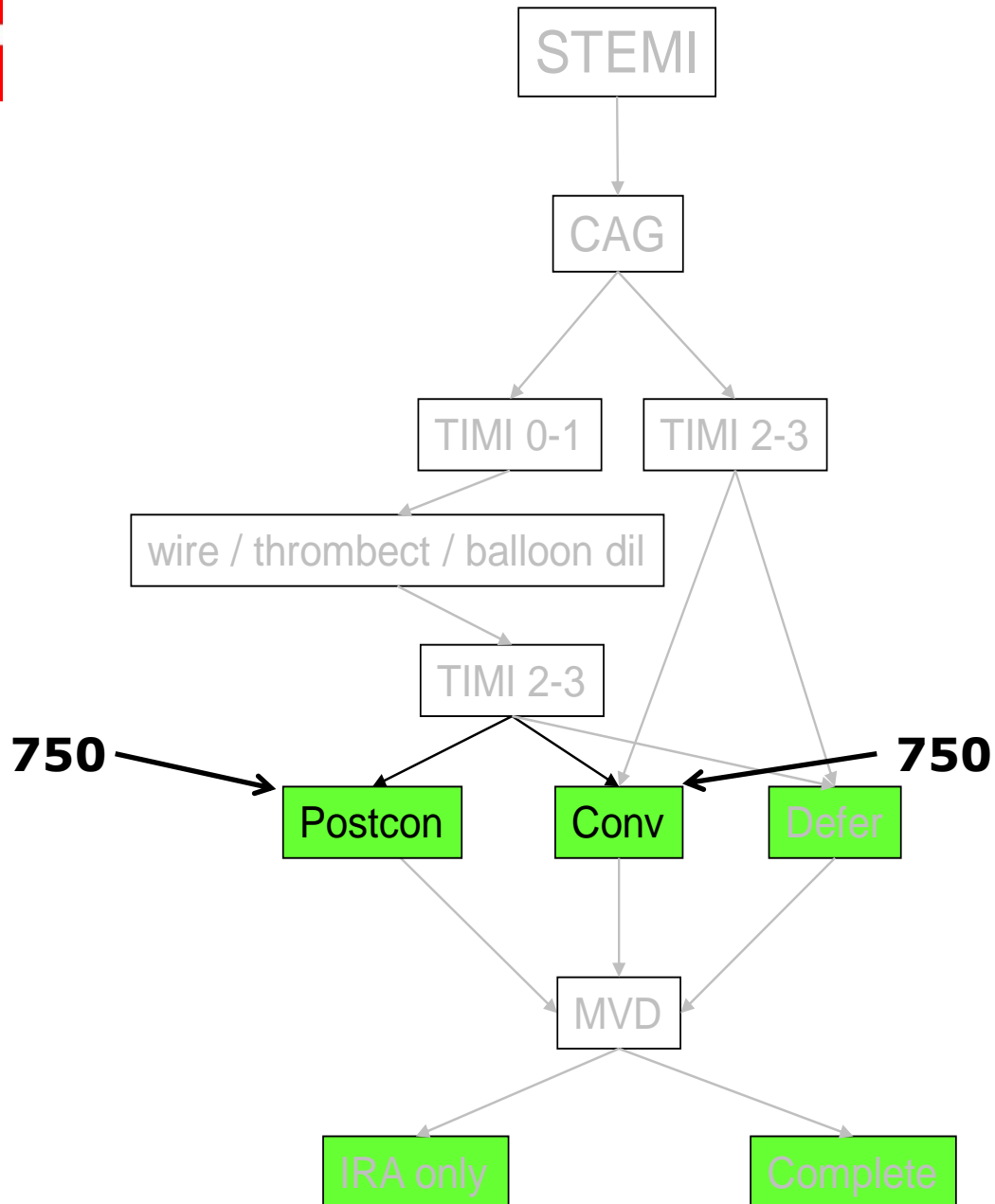
# Deferred stenting





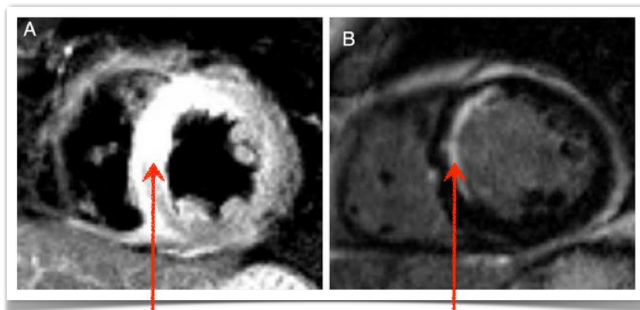
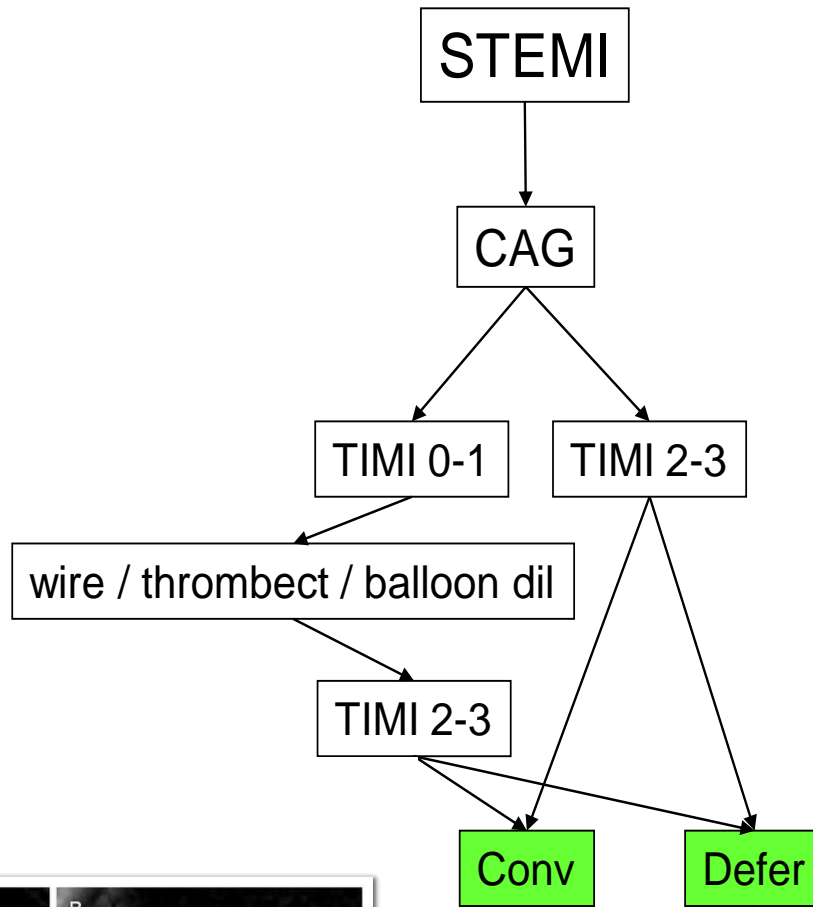
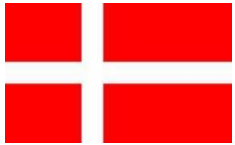


# DANAMI-3



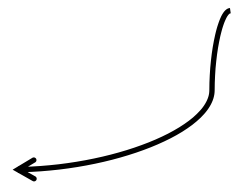
**1. Randomisation**

**2. Randomisation (PRIMULTI)**



area at risk

infarct



Myocardial salvage

# Endpoints

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## Primary

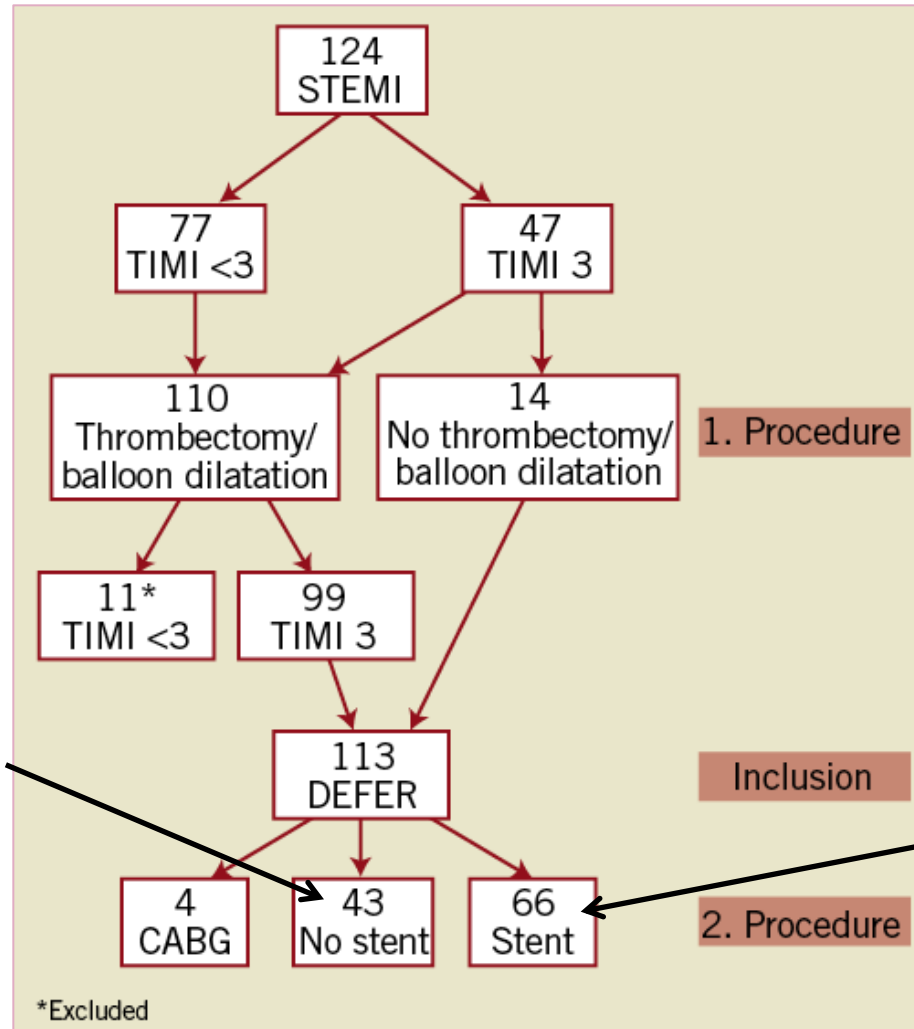
Cardiac death, re-admission heart failure (postcon vs. control)

Cardiac death, re-infarction, re-admission heart failure (Defer vs. Control)

## Secondary

MRI measures

# Deferred stenting in STEMI – a pilot



3 mo control angio

>35% stenosis

# Deferred stenting in STEMI – a pilot

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	N=32
Final infarct size, g	11.2 (10.2)
Area at risk, g	48.8 (22.2)
LV mass, g	170.0 (40.8)
LVEF baseline, %	54.2 (9.4)
LVEF 3 months, %	64.9 (7.7)*
Final infarct size / area at risk, %	20.9 (16.6)
Final infarct size / LV mass, %	6.3 (5.2)
Myocardial salvage index	0.79 (0.17)

Mean values (SD); LV: left ventricular; EF: ejection fraction; \*p <0.05 compared with LVEF baseline

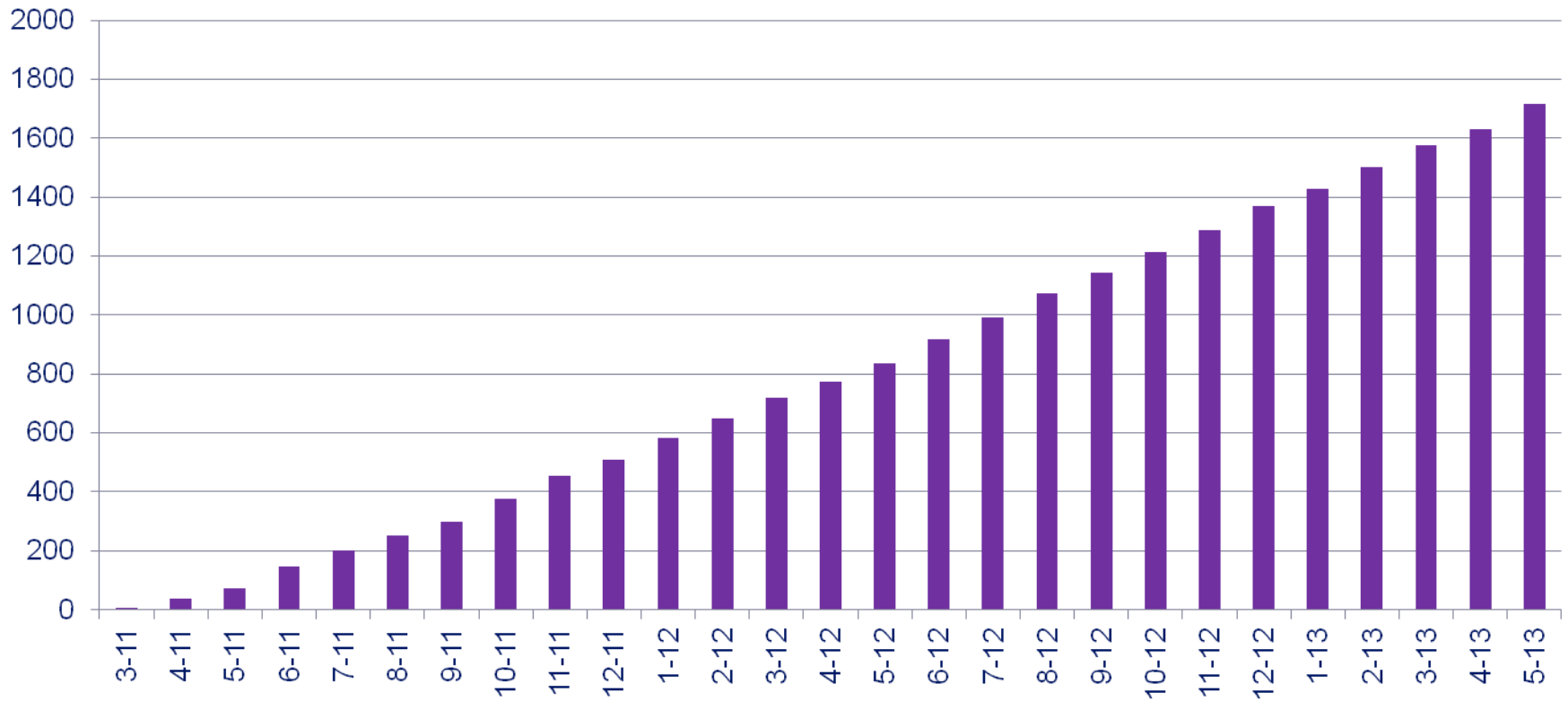
# Deferred stenting in STEMI – a pilot

	<i>n</i>	Exenatide	<i>n</i>	Placebo	P-value
Overall study population					
Salvage index <sup>a</sup>	54	0.71 ± 0.13	51	0.62 ± 0.16	0.003
Infarct size (g)/area at risk (g)	54	0.30 ± 0.15	51	0.39 ± 0.15	0.003
Area at risk (g)	54	42 ± 21	51	39 ± 14	0.43
Final infarct size (g)	60	13 ± 9	57	17 ± 14	0.11
Final infarct size (%LV)	60	11 ± 7	57	12 ± 6	0.33
LVEF 3 months (%)	60	55 ± 9	57	55 ± 11	0.82
Anterior infarct location <sup>b</sup>					
Salvage index <sup>a</sup>	20	0.74 ± 0.11	21	0.62 ± 0.18	0.023
Infarct size (g)/area at risk (g)	20	0.27 ± 0.12	21	0.39 ± 0.19	0.024
Area at risk (g)	20	53 ± 24	21	45 ± 17	0.14
Final infarct size (g)	23	17 ± 11	25	21 ± 19	0.32
Final infarct size (%LV)	23	13 ± 9	25	14 ± 8	0.76
LVEF 3 months (%)	23	55 ± 11	25	51 ± 14	0.27
Non-anterior infarct location <sup>b</sup>					
Salvage index <sup>a</sup>	34	0.69 ± 0.13	30	0.63 ± 0.13	0.05
Infarct size (g)/area at risk (g)	34	0.32 ± 0.14	30	0.39 ± 0.13	0.05
Area at risk (g)	34	34 ± 11	30	35 ± 11	0.99
Final infarct size (g)	37	11 ± 7	32	14 ± 6	0.18
Final infarct size (%LV)	37	10 ± 6	32	11 ± 5	0.19



# Included patients May 2013

Total 1715



# "DANAMI-4"

- Remote conditioning
- "KONDI 2"



# CONCLUSIONS

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- Recent studies from Danish registries confirm the risks associated with triple therapy in patients after MI as well as in patients with chronic atrial fibrillation who suffers MI or undergo PCI
- These results confirm the findings from the “small” randomised WOEST Trial

# CONCLUSIONS

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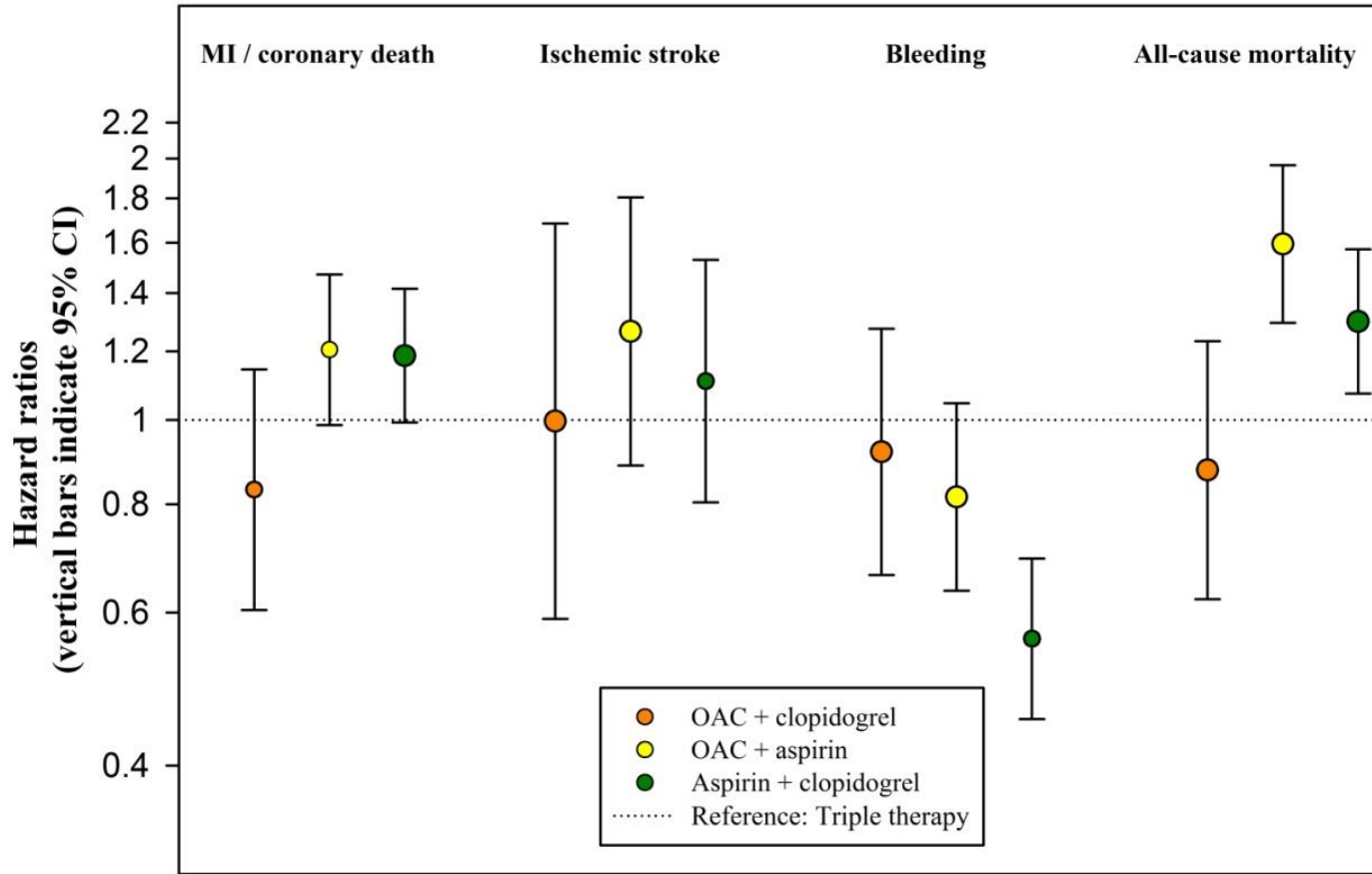
- No re-flow is associated with a poor clinical outcome
- Mechanical conditioning and deferred stent strategy are promising concepts in reducing myocardial injury in acute infarction
- Clinical studies are needed to see whether surrogate markers can be translated into clinical endpoints

**Thank you for your attention**



# Benefit and safety with triple therapy versus dual therapies according to baseline antithrombotic treatment regimen

Triple therapy is used as reference (hazard ratio=1.00).



# Rationale DANAMI-3

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1. Reach a clinical endpoint with respect to mechanical postconditioning
2. Test deferred stent strategi
3. Randomise MVD