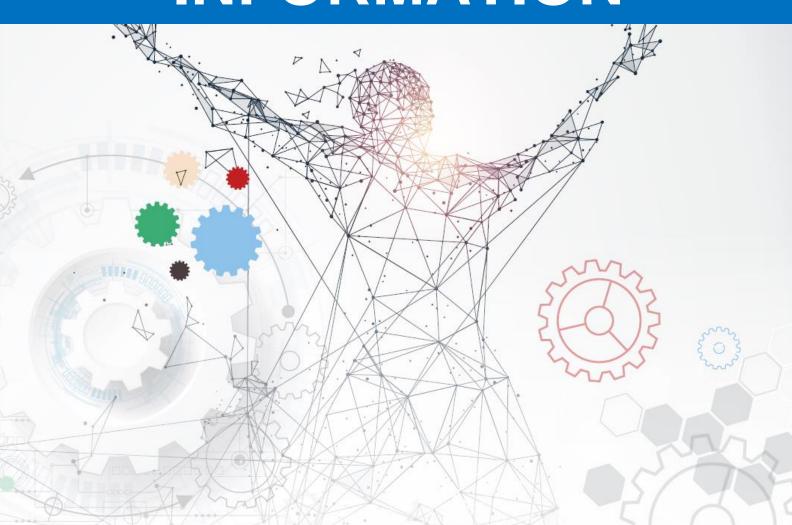




ANNUAL MEETING OF ISRAEL SOCIETY OF SPORTS MEDICINE

WORKSHOPS INFORMATION





General Notes:

- The 4 workshops are taking place <u>at different venues</u> and <u>on different dates</u> than the Meeting.
- All workshops programs are subject to changes.

Physiotherapy Workshop (Day 1) ACL Rehabilitation and RTP Decision Making

Venue: Sportan Haifa
Date: 16.10.18, Tuesday
Time: 08:00-17:00

Moderator: Enda King ,Ireland

Program:

הסדנה תעסוק ב:

- מגבלות וקשיים בשיקום לאחר שיחזור ACL
- תהליכי איחוי השתלים השונים בהם נעשה שימוש
 - פיתוח יכולות כוח וכוח מתפרץ בתהליך השיקום
- היבטים בקבלת החלטות להחזרת הספורטאי לשגרת אימונים מלאה
 - הסדנא תכלול חומר עיוני ותרגול מעשי

Physiotherapy Workshop (Day 2) Athletic Hip and Groin Pain

Venue: Sportan Haifa

Date: 17.10.18, Wednesday

Time: 08:00-17:00

Moderator: Enda King ,Ireland

Program:

הסדנה תעסוק בסקירת הגורמים האפשריים לכאבי ירך ומפשעה, עריכת אבחנה מבדלת, שיטות טיפול, שיקום והיבטים בקבלת החלטות להחזרת הספורטאי לשגרת אימונים מלאה.







Physiological Workshop 3rd Sports Medicine Workshop on Cardiopulmonary Exercise Testing

Venue: University of Haifa Date: 19.10.18, Friday Time: 08:30-13:00 Moderator: TBD

Program:

Chairpersons: Ronen Reuveny, Israel
Peter Brubaker, USA

08:30-08:40	Introduction to our 3 rd CPET workshop Ron Golan, Israel
08:40-09:10	Cardiopulmonary Exercise Testing: Rational and Applications - Omri Inbar, Israel
09:10-09:30	An update on CPET protocols Omri Inbar, Israel
09:30-10:00	CPET in Patients with Congenital Heart Diseases Gur Mainzer, Israel
10:00-10:30	Spupra-Maximal Testing in Obese Children Gur Mainzer, Israel
10:30-11:00	Coffee Break
11:00-11:30	A case study of CPET in HFpEF before and after exercise and diet interventions Peter Brubaker , USA
11:30-12:00	Advanced in respiratory pathophysiology during exercise in chronic lung disease Ronen Reuveny, Israel
12:00-12:30	Chronic post-thrombotic leg vein obstruction: An under-recognized cause of exercise limitation Mike Segel, Israel
12:30-13:00	Exercise intolerance in patients with heart failure and COPD: A search for the best discriminator Ron Golan, Israel







Orthopedic Workshop Training the Older Athlete

Venue: Rambam Medical Center Auditorium

Date: 19.10.18, Friday **Time:** 08:30-10:30

Moderator: Mat Brick, New Zealand

Program:

Dr. Matthew Brick is a sports orthopedic surgeon from New Zealand, who discovered sports orthopedics via professional sport (Triathlon, Duathlon, Cycling).

He has been in private practice at New Zealand's National High Performance Sports Centre, specializing in arthroscopic surgery of the hip, knee and shoulder.

Dr. Brick has a prospective database of over 2,500 hip arthroscopies and he was involved in setting up the New Zealand Rotator Cuff Registry, the first of its type in the world.

The workshop will focus on the following topics:

- New Zealand ACL registry results
- New Zealand Rotator Cuff Registry results
- How to Avoid Poor results in Hip Arthroscopy
- Dr. Brick's professional sport