

Table 8 Classification of pulmonary embolism severity and the risk of early (in-hospital or 30 day) death

Early mortality risk		Indicators of risk			
		Haemodynamic instability ^a	Clinical parameters of PE severity and/or comorbidity: PESI class III–V or sPESI \geq I	RV dysfunction on TTE or CTPA ^b	Elevated cardiac troponin levels ^c
High		+	(+) ^d	+	(+)
Intermediate	Intermediate–high	-	+ ^e	+	+
	Intermediate–low	-	+ ^e	One (or none) positive	
Low		-	-	-	Assesment optional; if assessed, negative

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BP = blood pressure; CTPA = computed tomography pulmonary angiography; H-FABP = heart-type fatty acid-binding protein; NT-proBNP = N-terminal pro B-type natriuretic peptide; PE = pulmonary embolism; PESI = Pulmonary Embolism Severity Index; RV = right ventricular; sPESI = simplified Pulmonary Embolism Severity Index; TTE = transthoracic echocardiogram.

^aOne of the following clinical presentations (Table 4): cardiac arrest, obstructive shock (systolic BP <90 mmHg or vasopressors required to achieve a BP \geq 90 mmHg despite an adequate filling status, in combination with end-organ hypoperfusion), or persistent hypotension (systolic BP <90 mmHg or a systolic BP drop \geq 40 mmHg for >15 min, not caused by new-onset arrhythmia, hypovolaemia, or sepsis).

^bPrognostically relevant imaging (TTE or CTPA) findings in patients with acute PE, and the corresponding cut-off levels, are graphically presented in Figure 3, and their prognostic value is summarized in Supplementary Data Table 3.

^cElevation of further laboratory biomarkers, such as NT-proBNP \geq 600 ng/L, H-FABP \geq 6 ng/mL, or copeptin \geq 24 pmol/L, may provide additional prognostic information. These markers have been validated in cohort studies but they have not yet been used to guide treatment decisions in randomized controlled trials.

^dHaemodynamic instability, combined with PE confirmation on CTPA and/or evidence of RV dysfunction on TTE, is sufficient to classify a patient into the high-risk PE category. In these cases, neither calculation of the PESI nor measurement of troponins or other cardiac biomarkers is necessary.

^eSigns of RV dysfunction on TTE (or CTPA) or elevated cardiac biomarker levels may be present, despite a calculated PESI of I–II or an sPESI of 0.²³⁴ Until the implications of such discrepancies for the management of PE are fully understood, these patients should be classified into the intermediate-risk category.