

Tricuspid Regurgitation



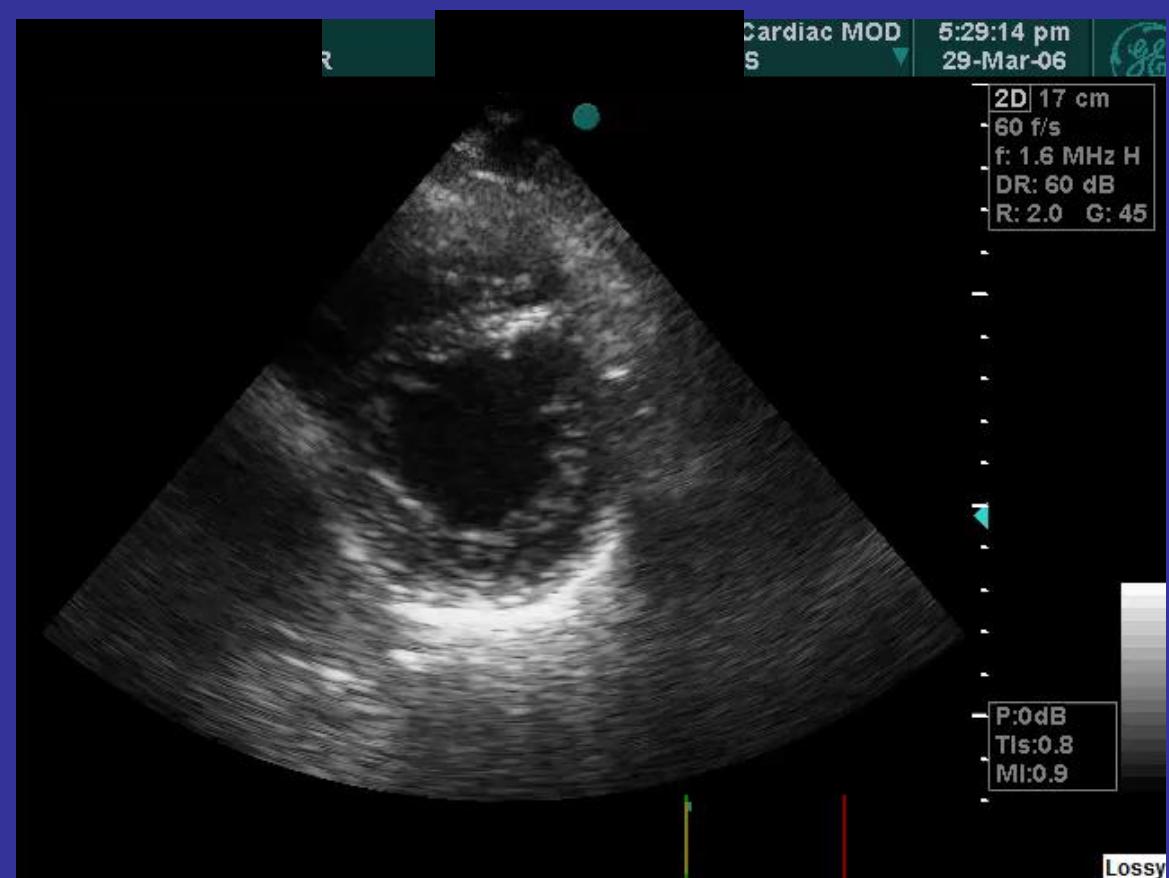
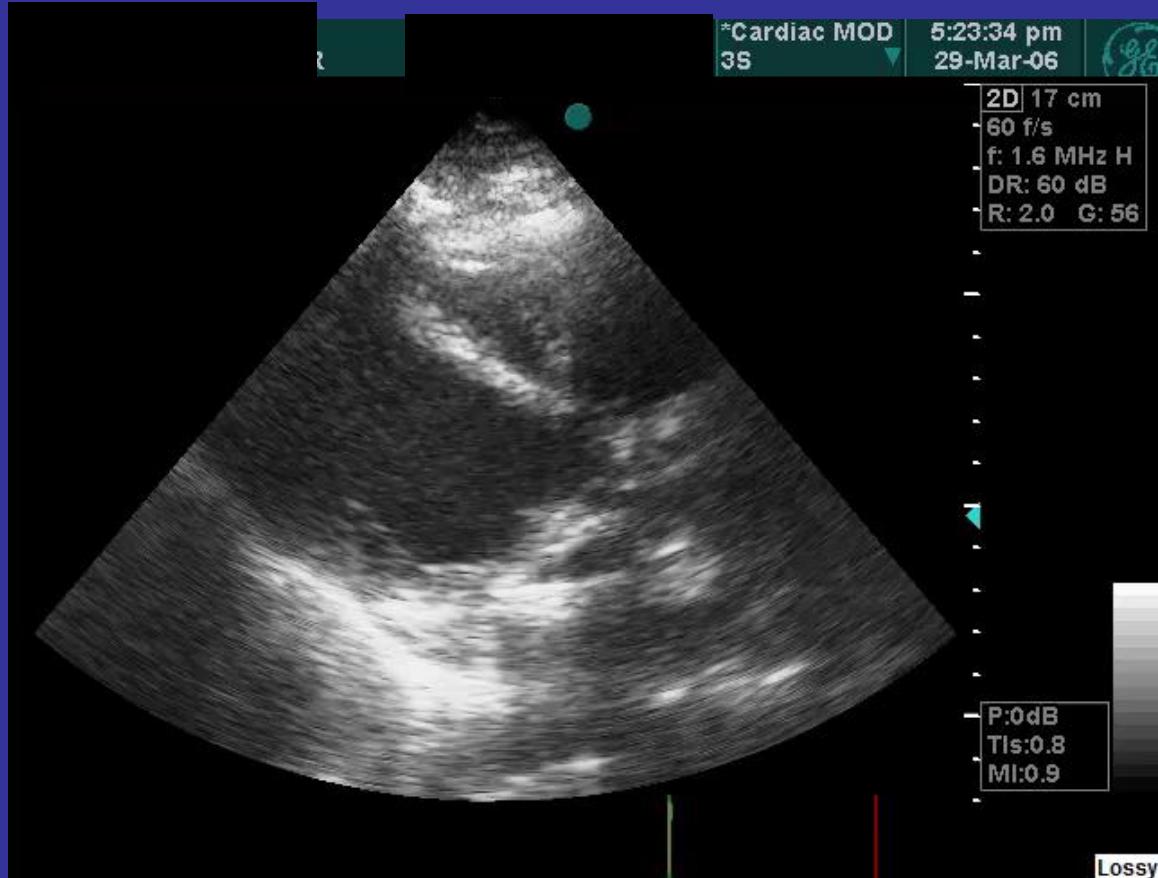
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Leviev Heart Center, Sheba Medical Center,
Tel Hashomer, Israel

-
- 67 years old Woman
 - HTN
 - Family history of CAD

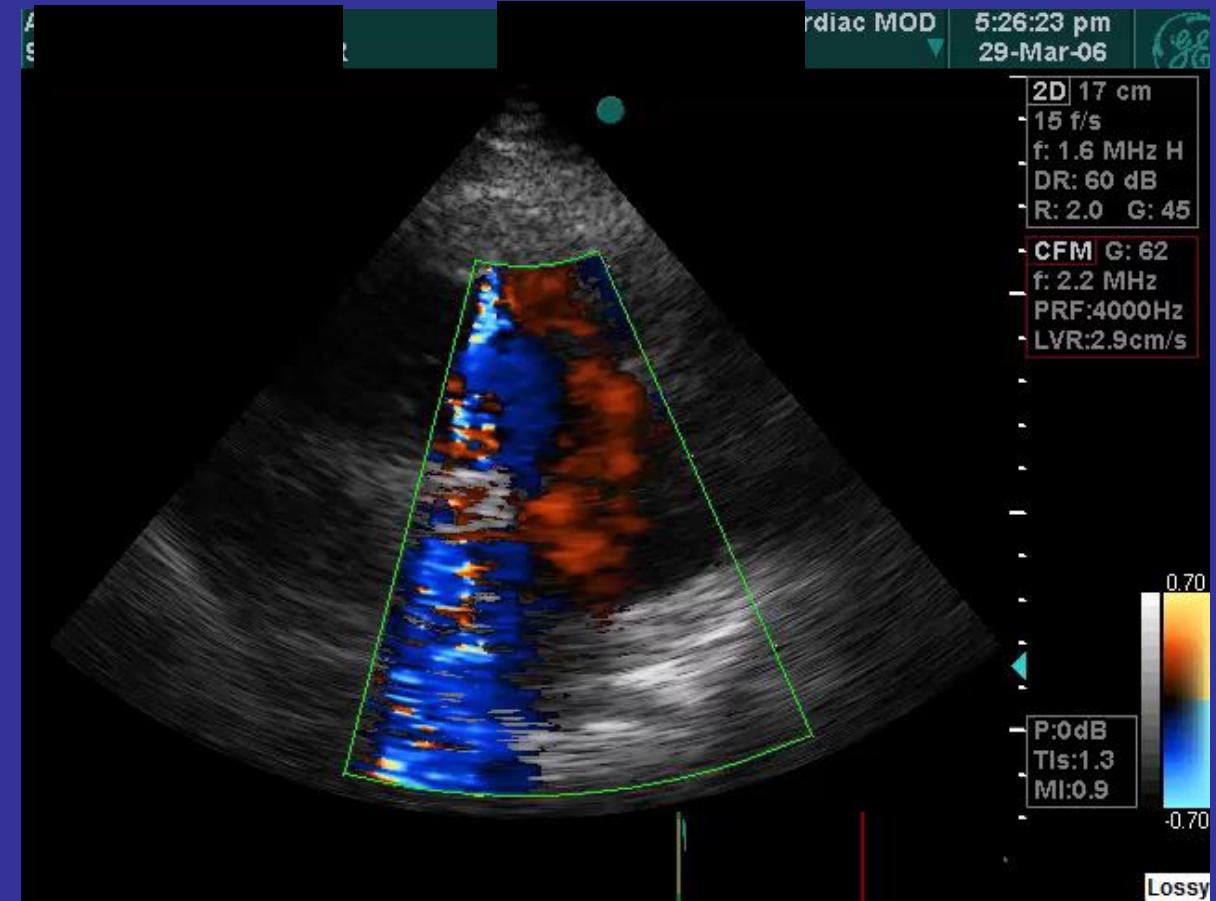
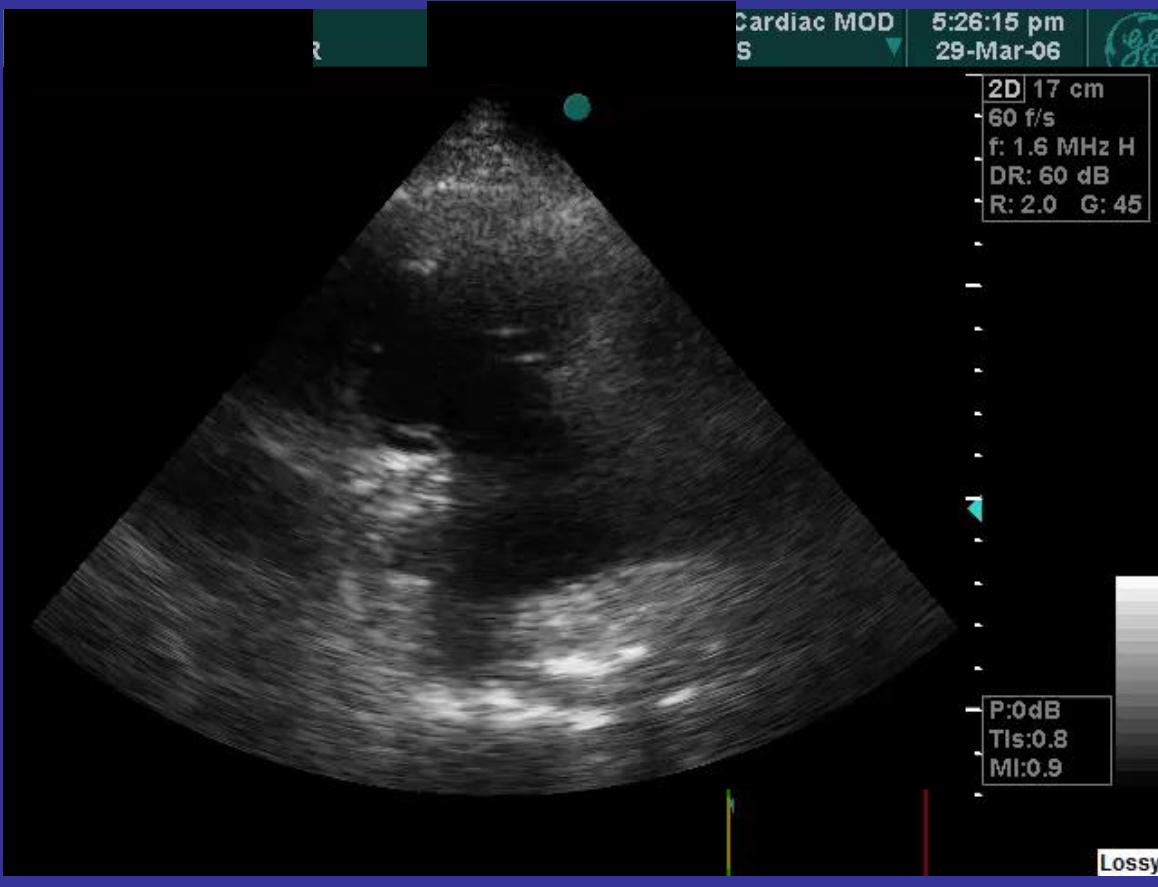
Clinical History

- RHD
- 1st Surgery 1993 – Mechanical MVR d/t RHD – MS.
- Rec PAF

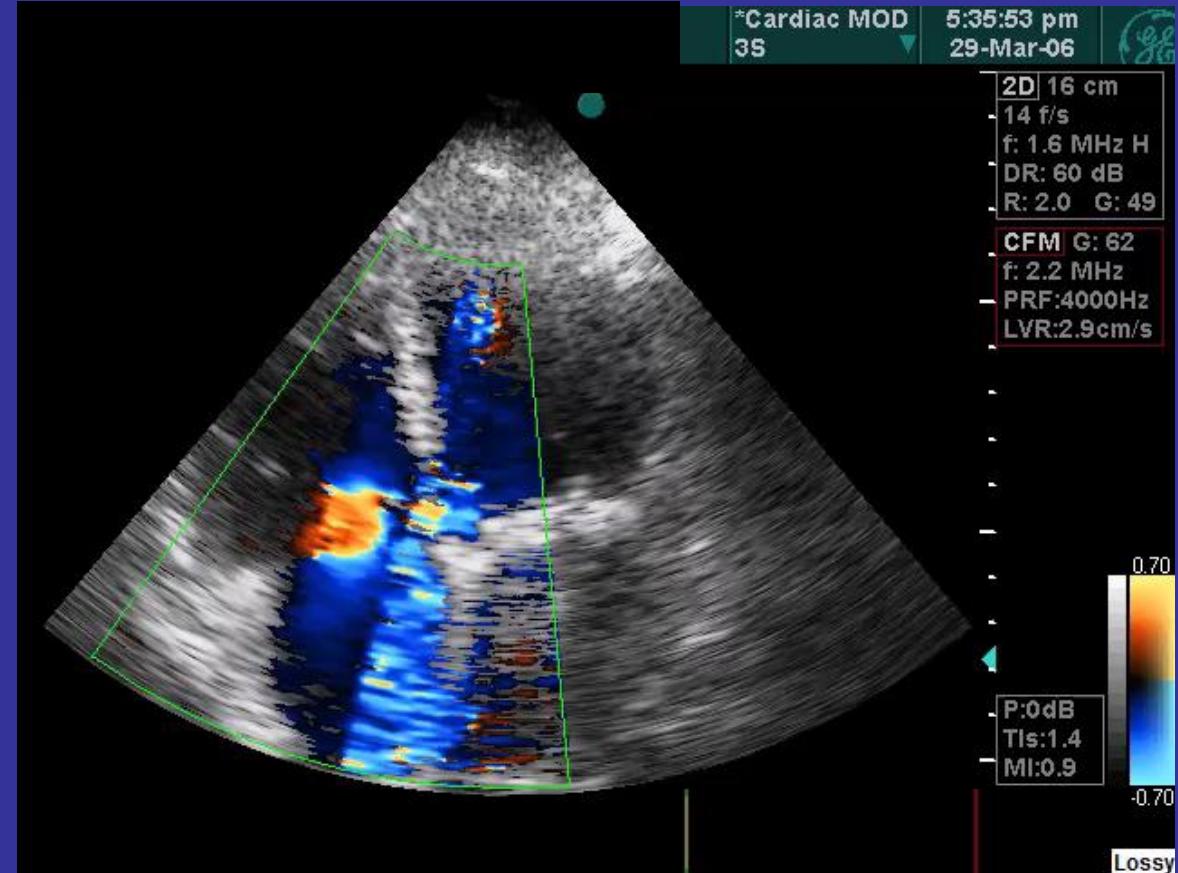
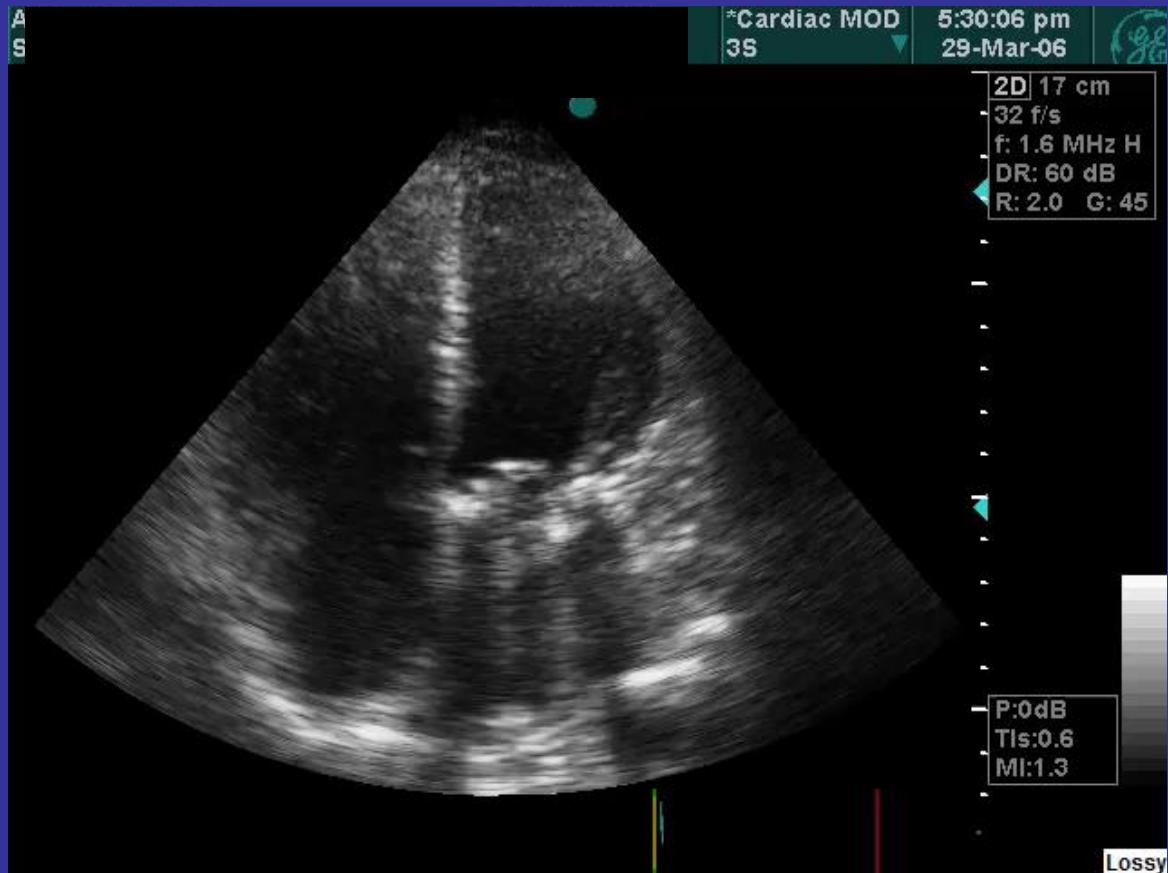
First echo 2006 - Asymptomatic



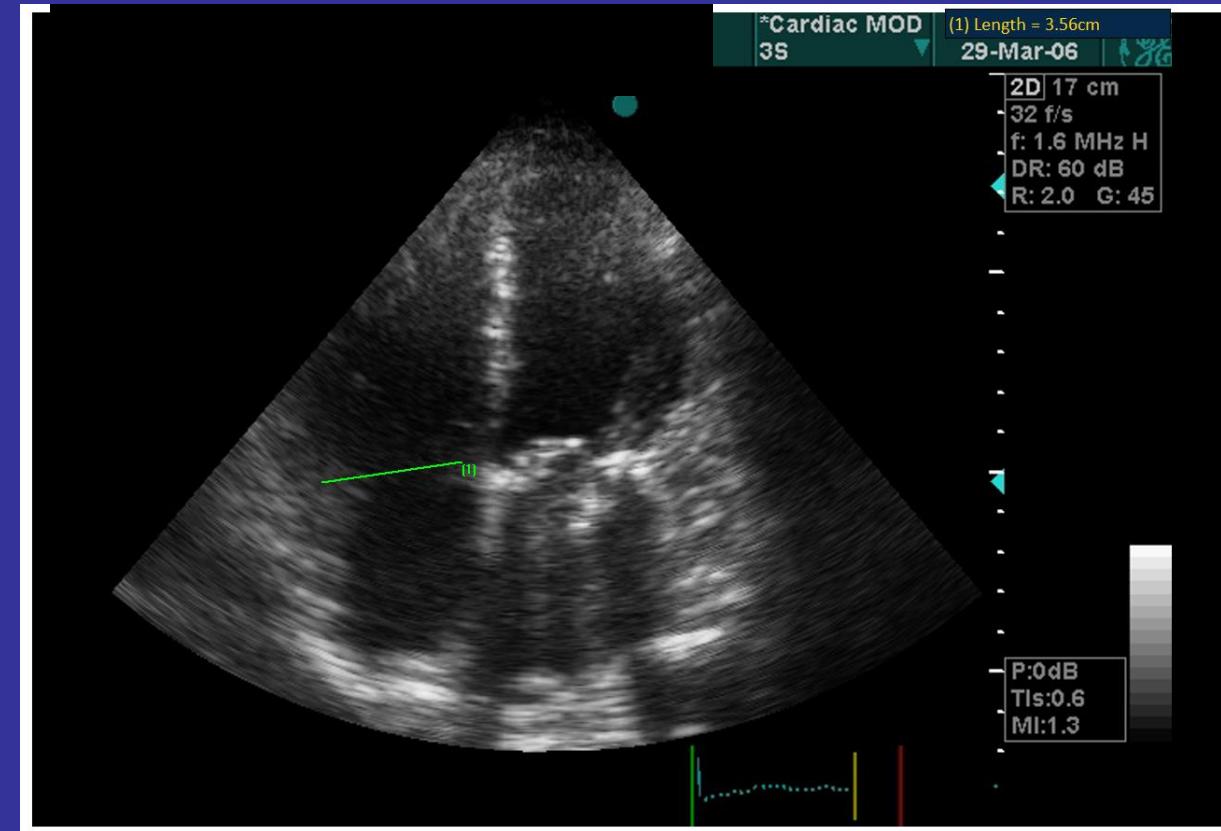
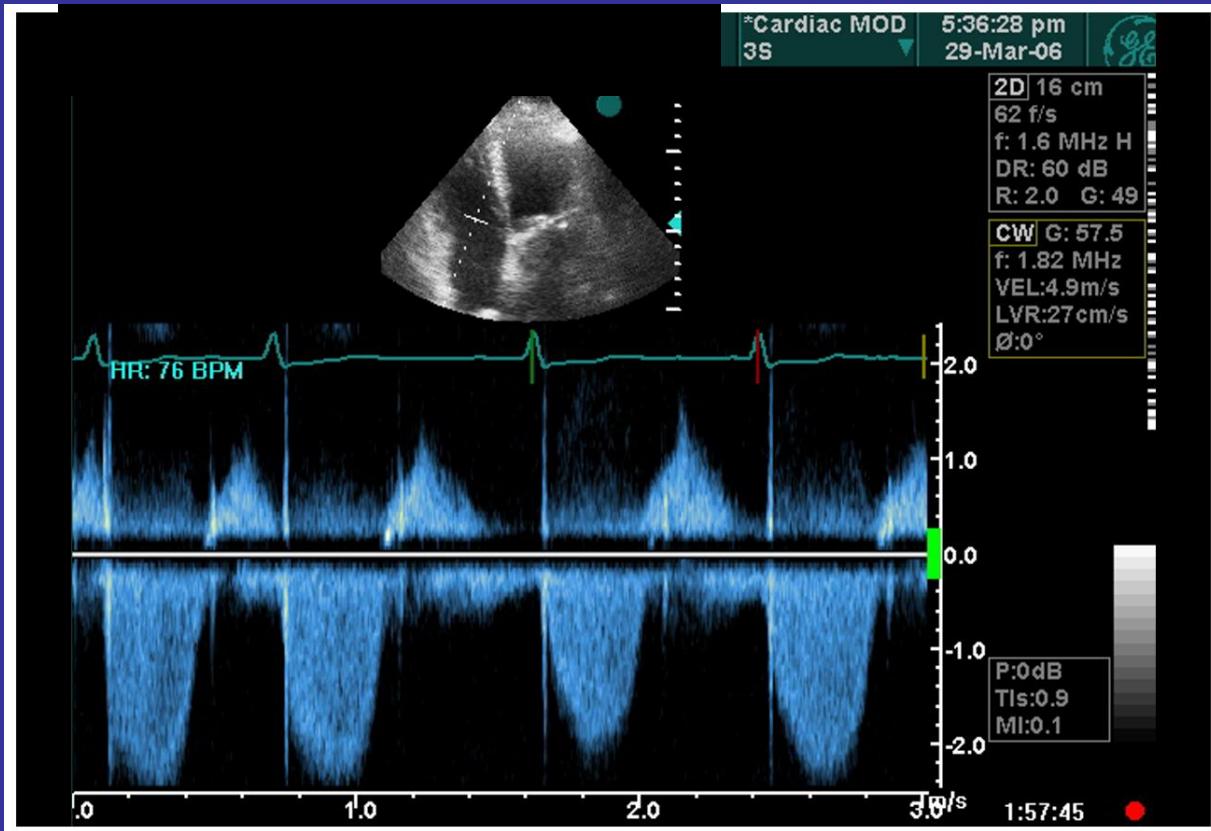
First echo 2006 - Asymptomatic



First echo 2006 - Asymptomatic



First echo 2006 - Asymptomatic



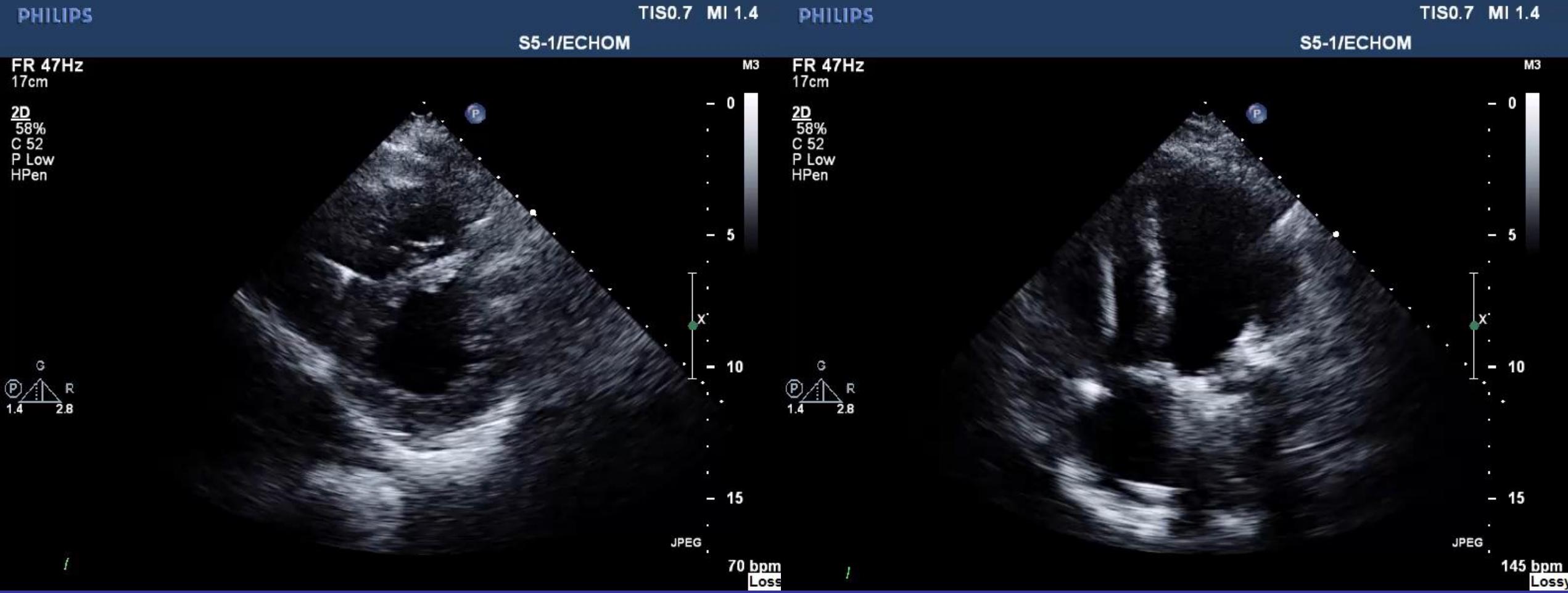
What would you do?

- What would you do?
- Treat TC?
- Aldactone?
- Fusid?
- MRI – RV assessment?
- Rt heart cath?
- Ablation for PAF?

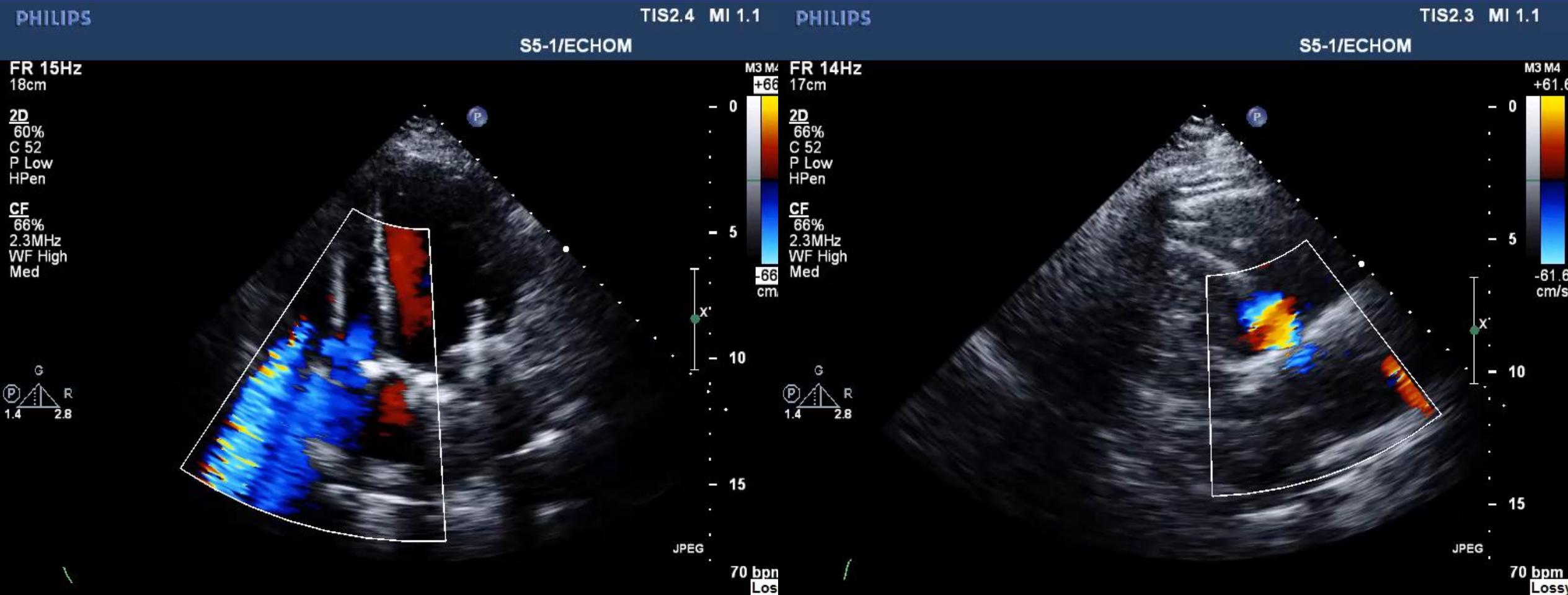
Continue...

- 2006 - Permanent Pace maker and AV node ablation d/t Rec PAF

Echo post with Pacemaker



Echo post with Pacemaker



Echo post with Pacemaker

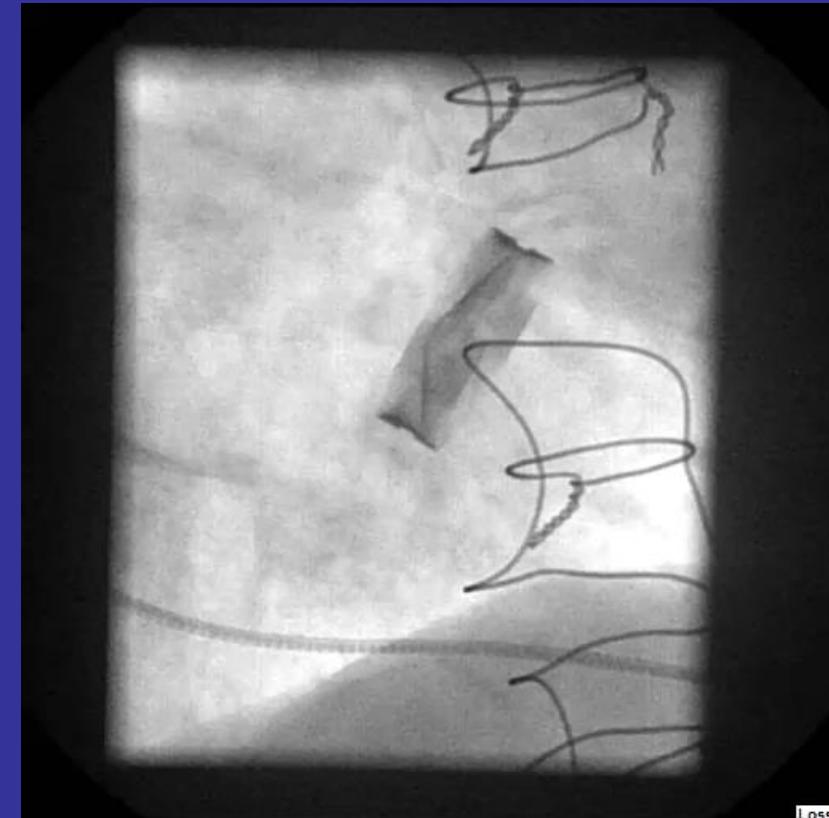


Echo post with Pacemaker

- Pacemaker did not change the TR severity

Couple Days Following Pacemaker Insertion

- Chest pain – Stuck valve



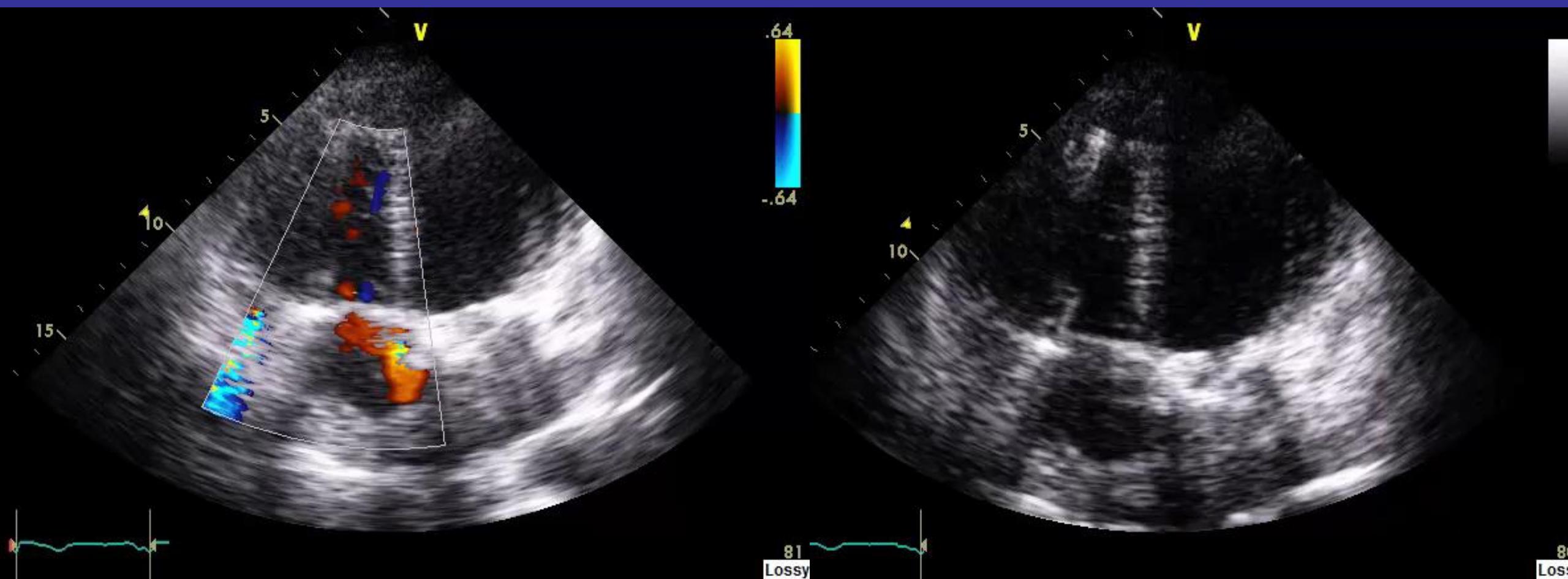
Redo MVR and TC repair

- St Jude 27 mm
- Tricuspid ring with CE 32mm

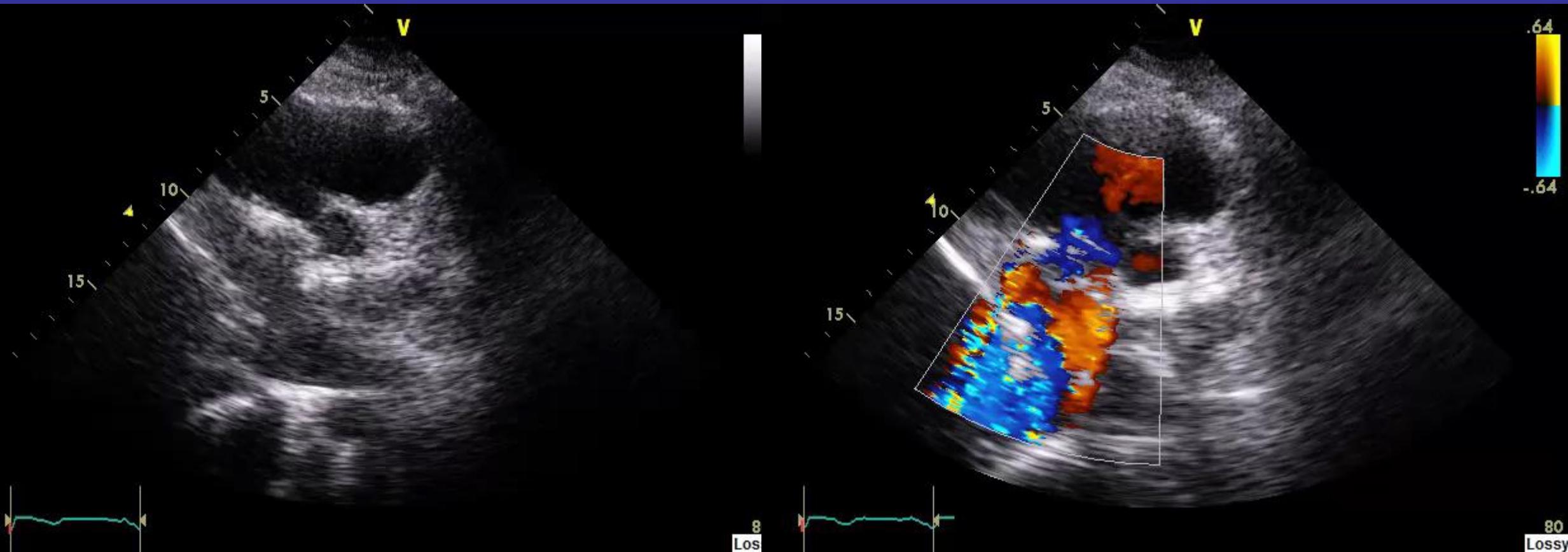
What would you do?

- Would you replace tricuspid or repair?

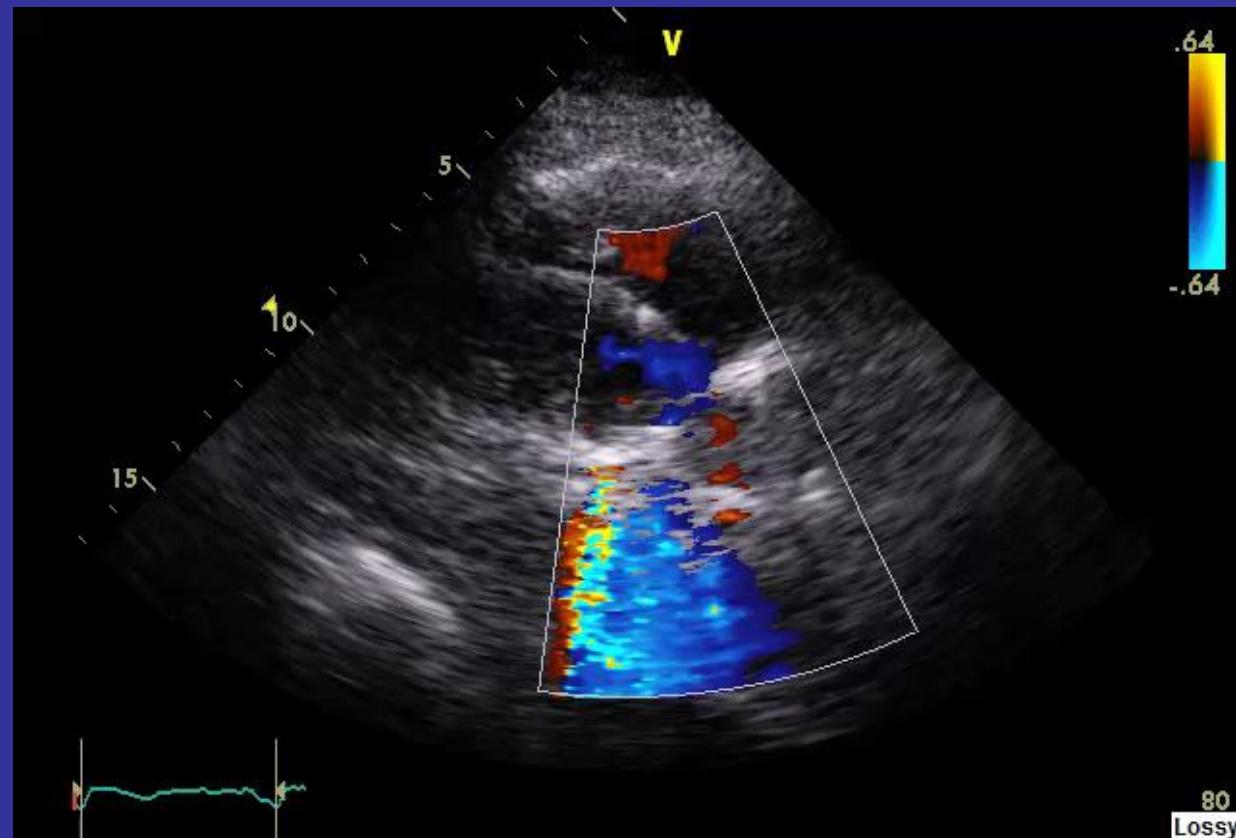
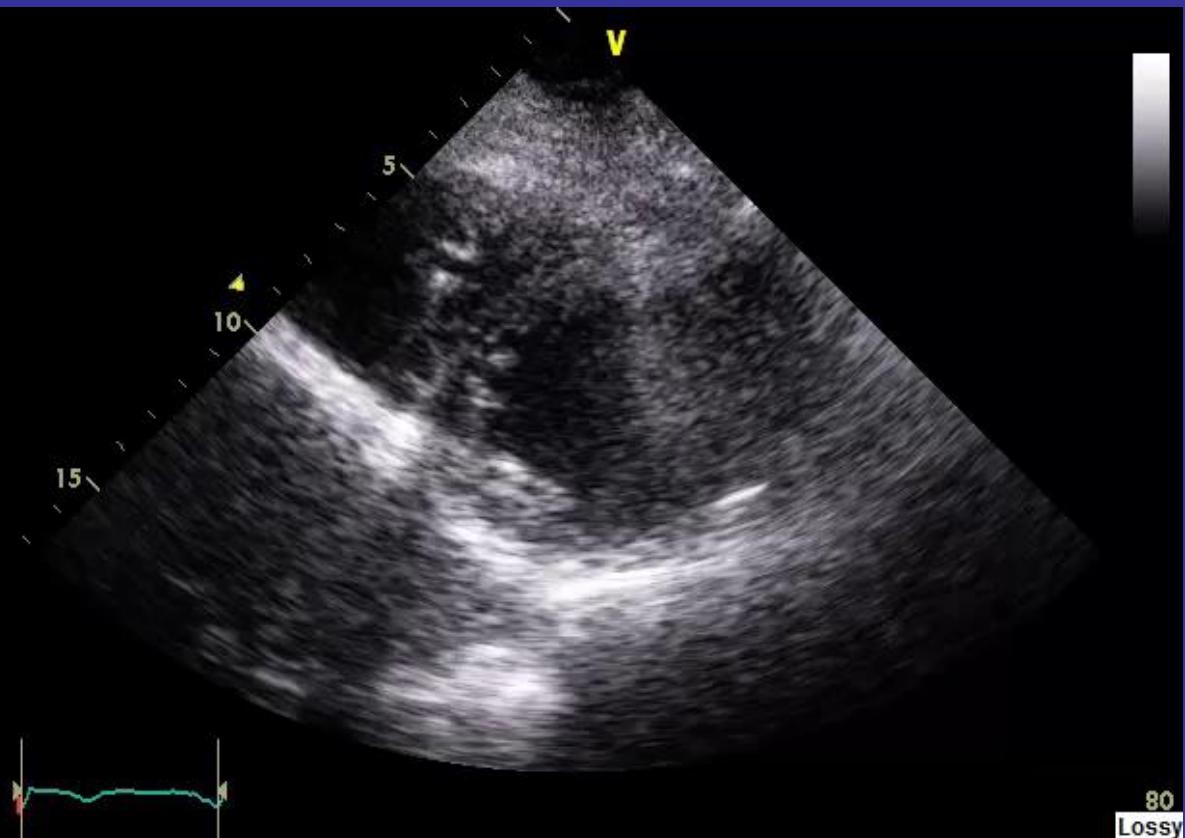
First Echo Postop Period



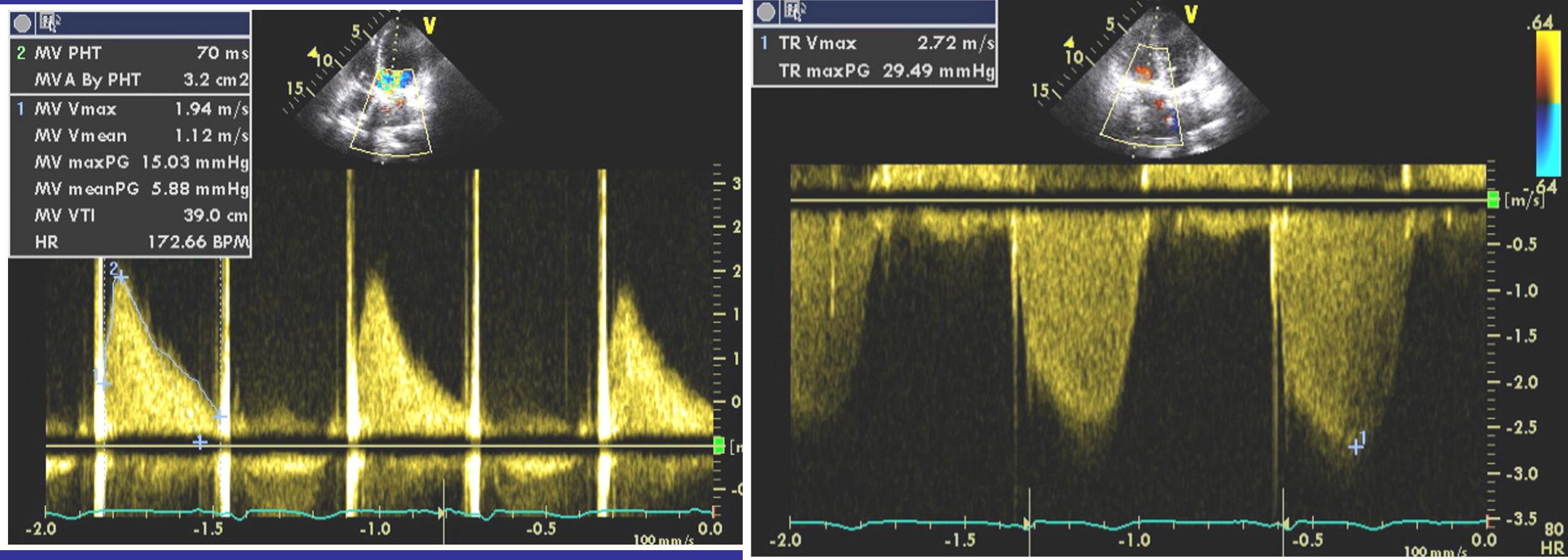
First Echo Postop



First Echo Postop



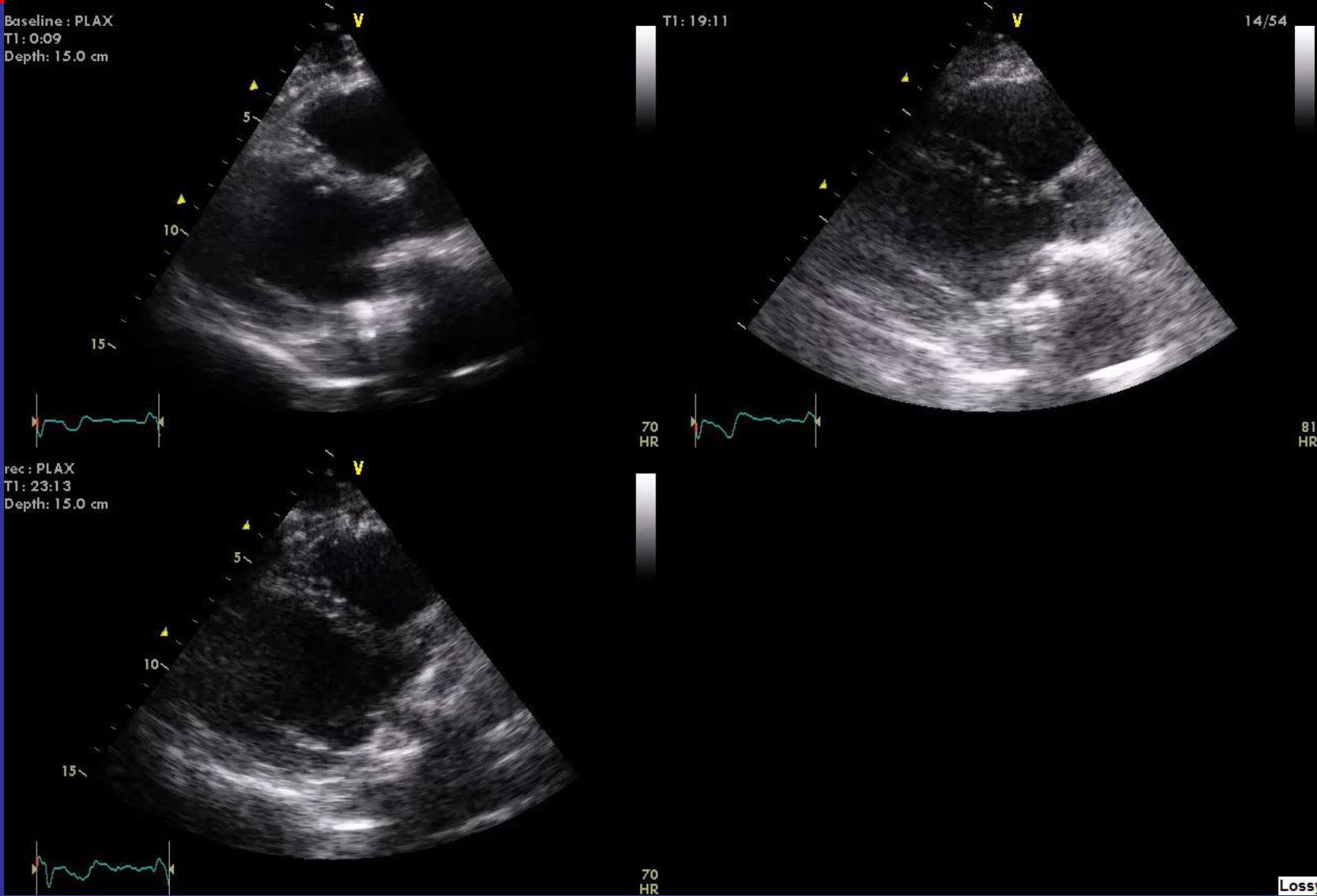
First Echo Postop



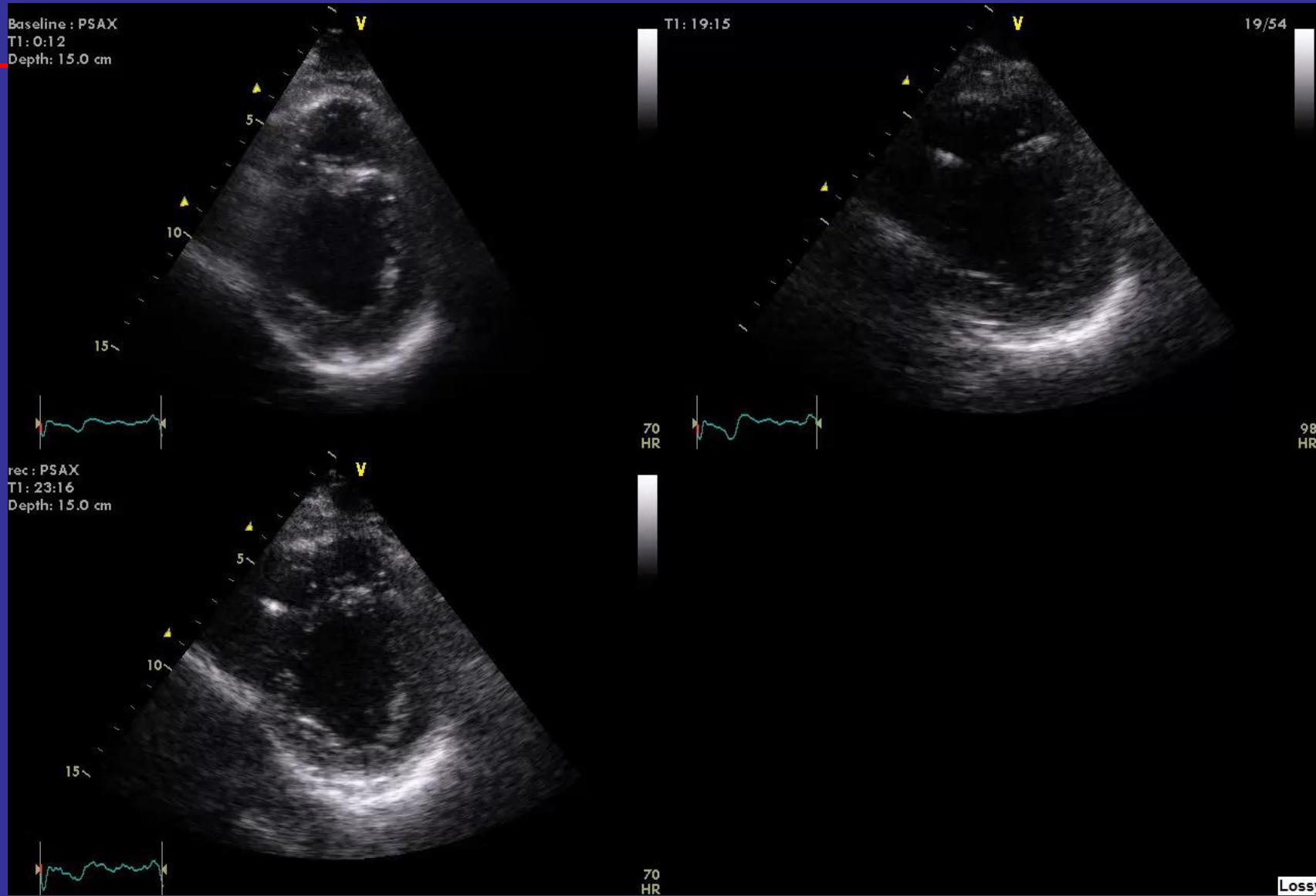
What would you do?

- Redo?
- Diuretics?

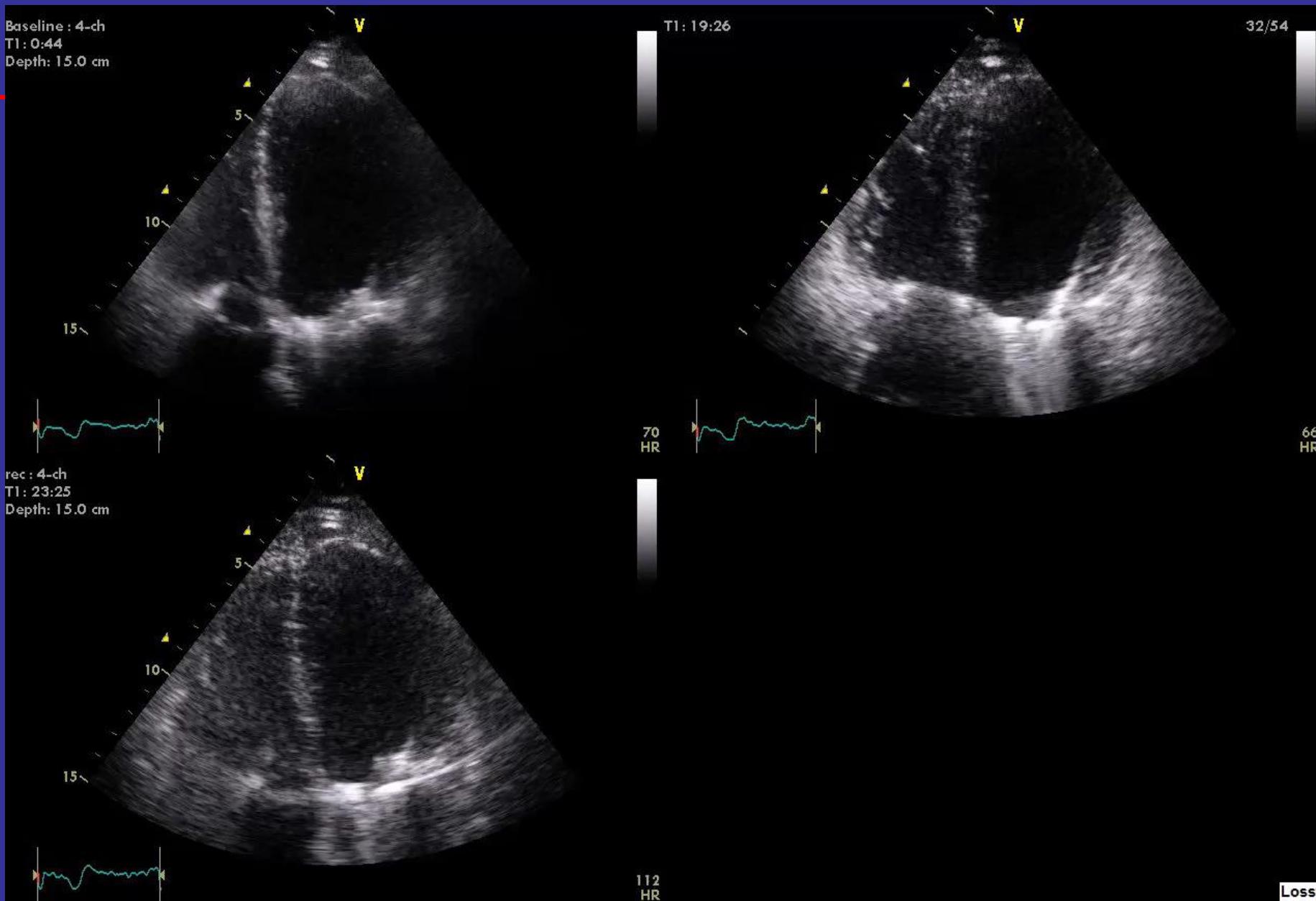
Stress Echo



Stress Echo

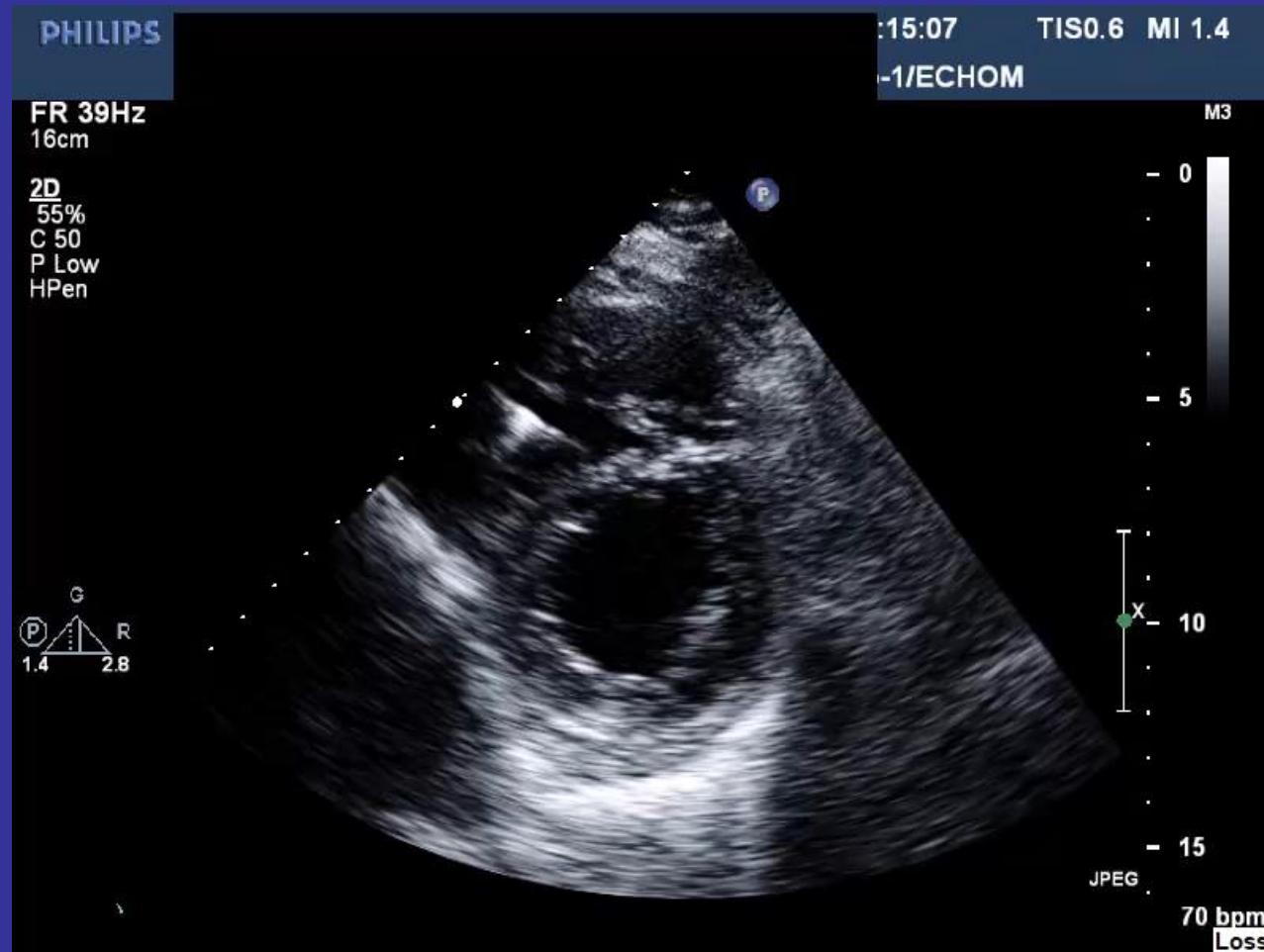


Stress Echo



-
- Conservative follow up was decided.

Next Echo - 2011



Next Echo - 2011

PHILIPS

FR 14Hz
16cm

2D
54%
C 50
P Low
HPen
CF
66%
2.3MHz
WF High
Med

G
R
1.4 2.8

2:49 TIS2.4 MI 1.1 PI

/ECHOM

M: FR
16cm

- 0
- 5
- 10
- 15

X
G
R
1.4 2.8

JPEG

70 b

15/05/2011 16:12:43 TIS0.6 MI 1.4

S5-1/ECHOM

M3

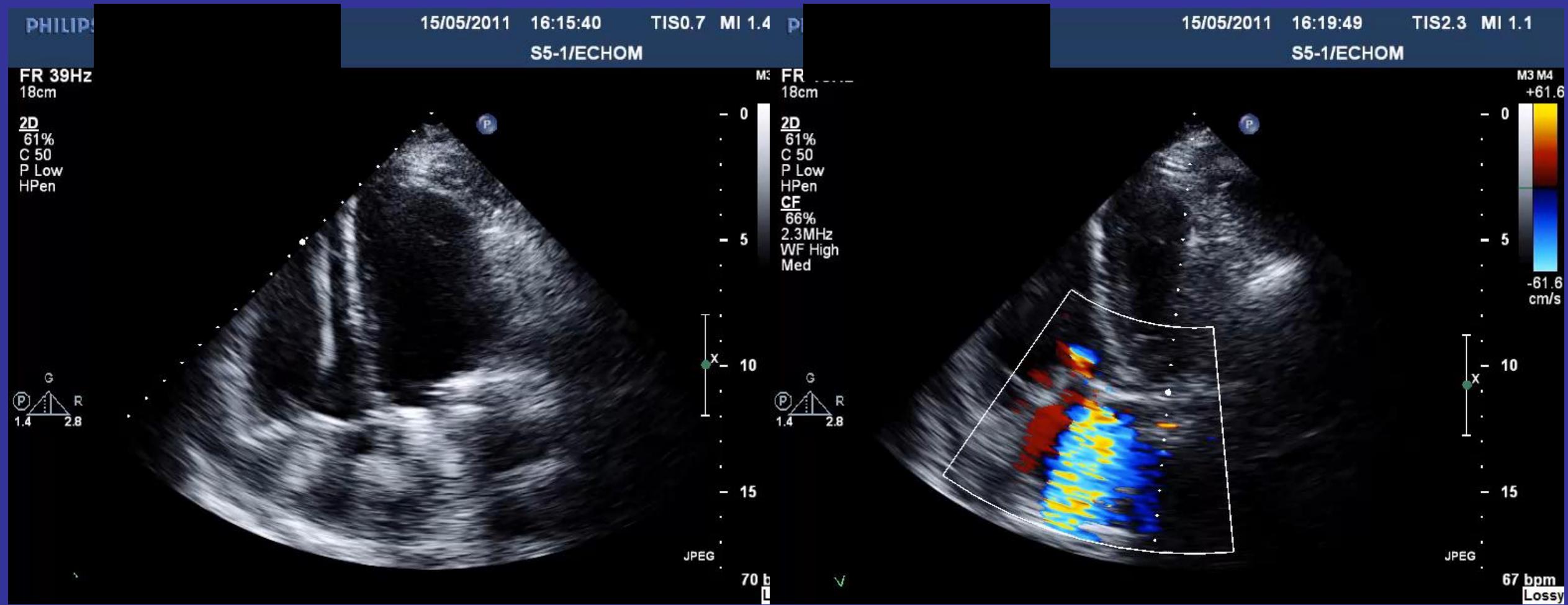
- 0
- 5

X
- 10

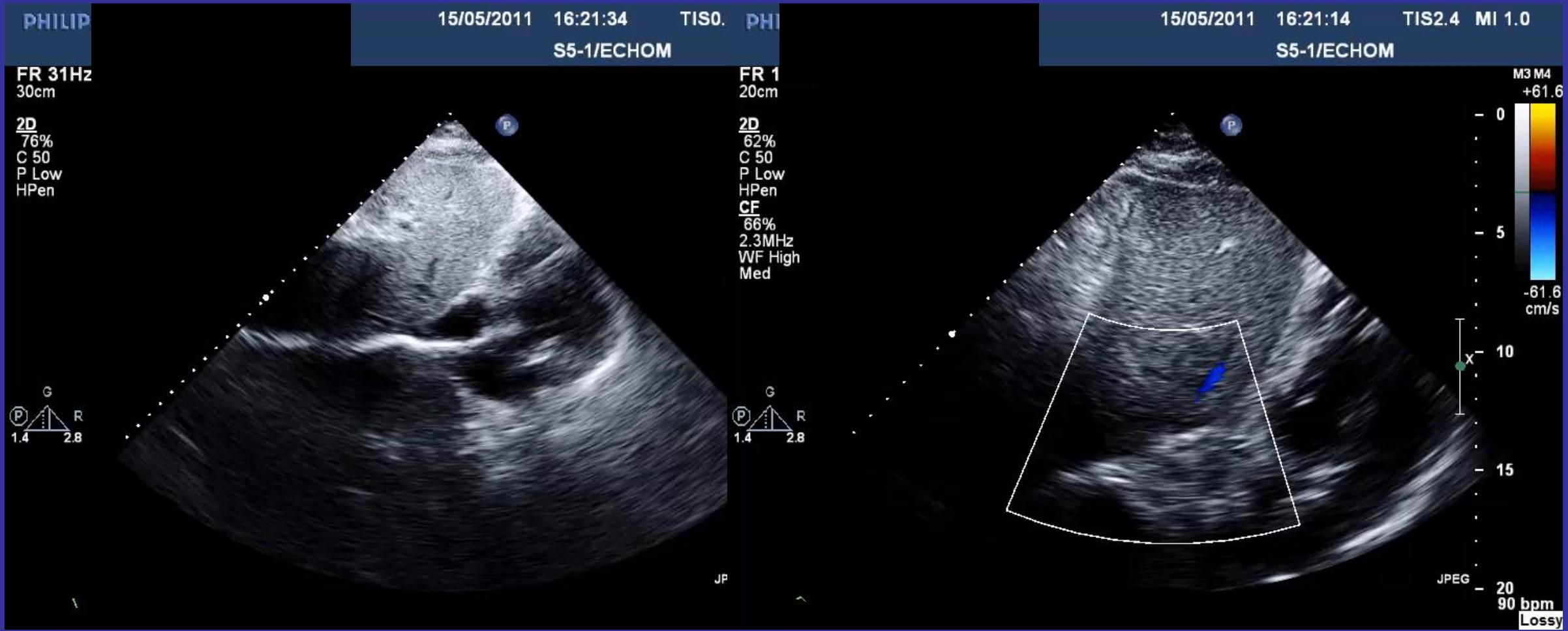
- 15
JPEG

71 bpm
Lossy

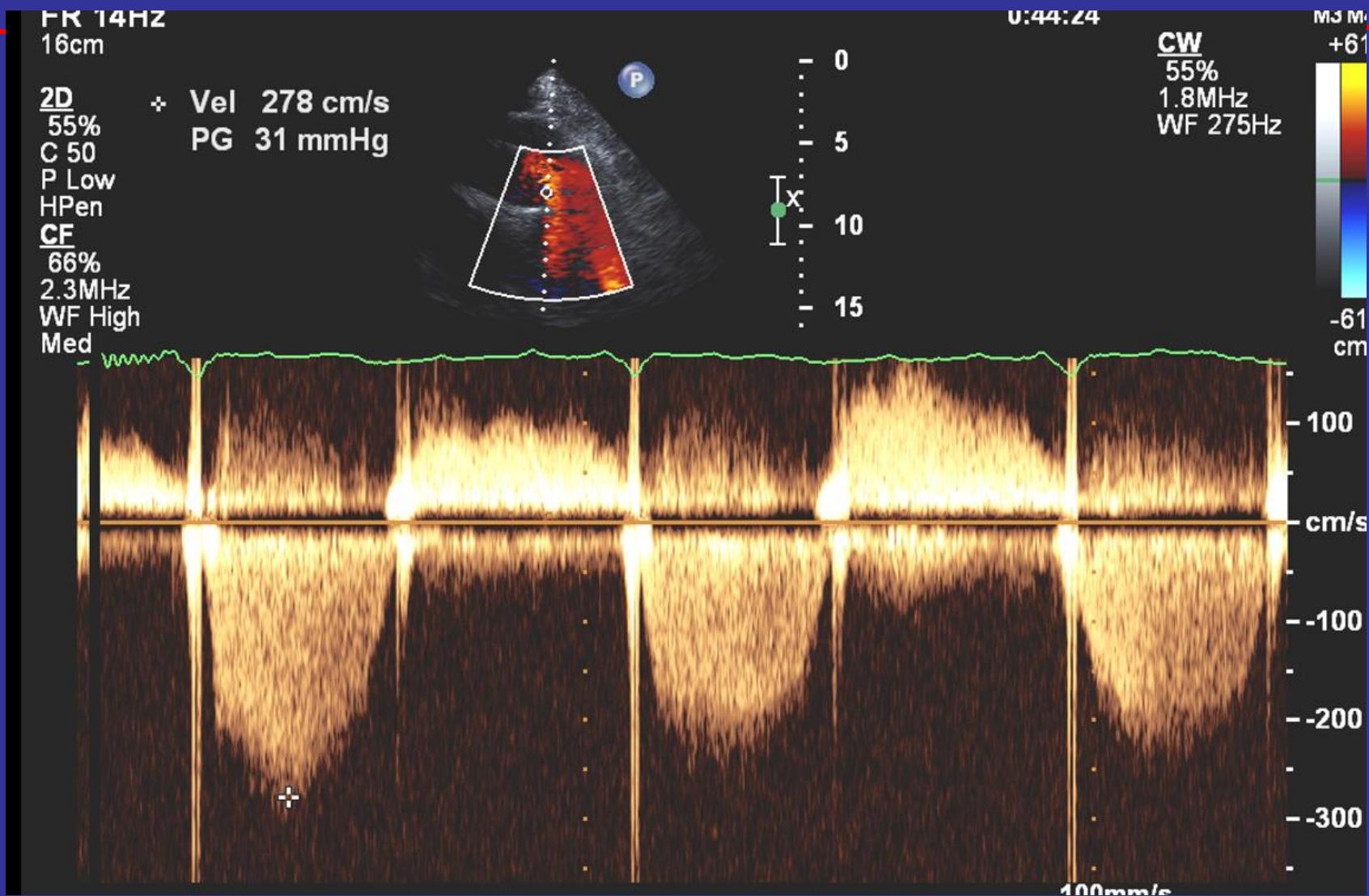
Next Echo - 2011



Next Echo - 2011



Next Echo - 2011



Would you offer procedure at that time?

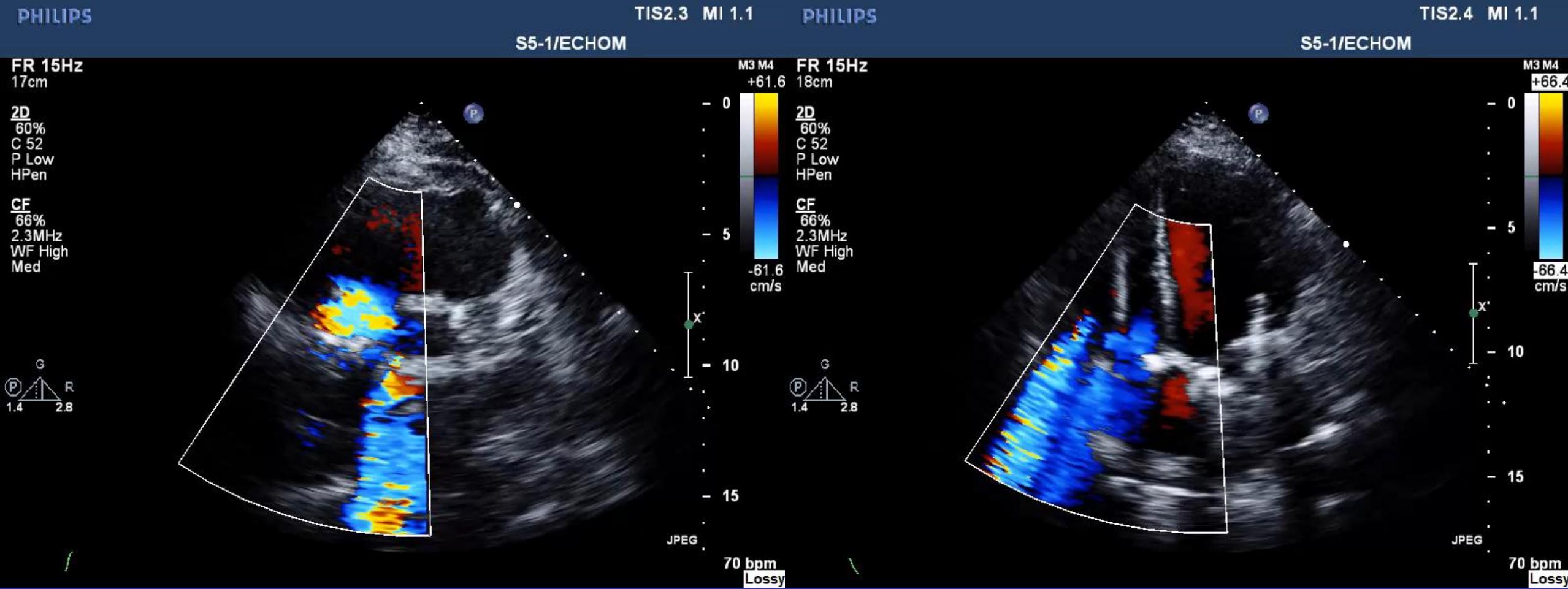
2016

- Patient asymptomatic – mild fatigue.

2016



2016



2016

PHILIPS

FR 39Hz
22cm

2D
80%
C 52
P Low
HGen

TIS0.7 MI 1.4 PHILIPS

S5-1/ECHOM

M3
- 0
- 5
- 10
- 15
- 20

JPEG

92 bpm
Lossy

FR 10Hz
22cm
2D
82%
C 52
P Low
HGen
CF
66%
2.3MHz
WF High
Med

V

TIS2.5 MI 1.1

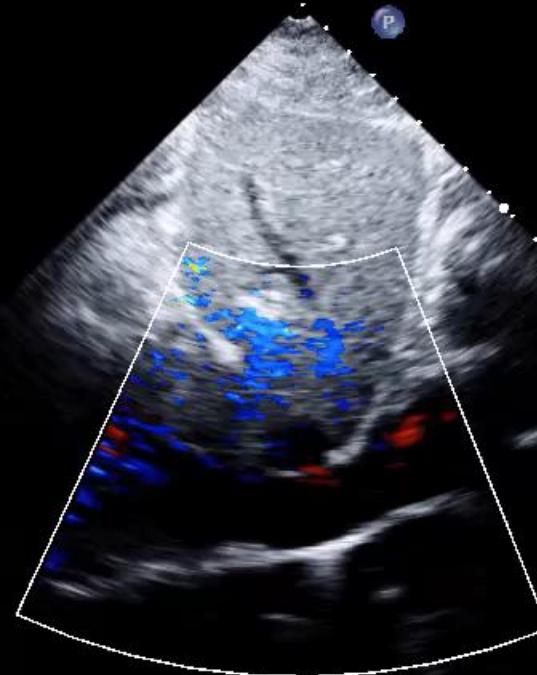
S5-1/ECHOM

M3 M4
+57.3
- 0
- 5
- 10
- 15
- 20

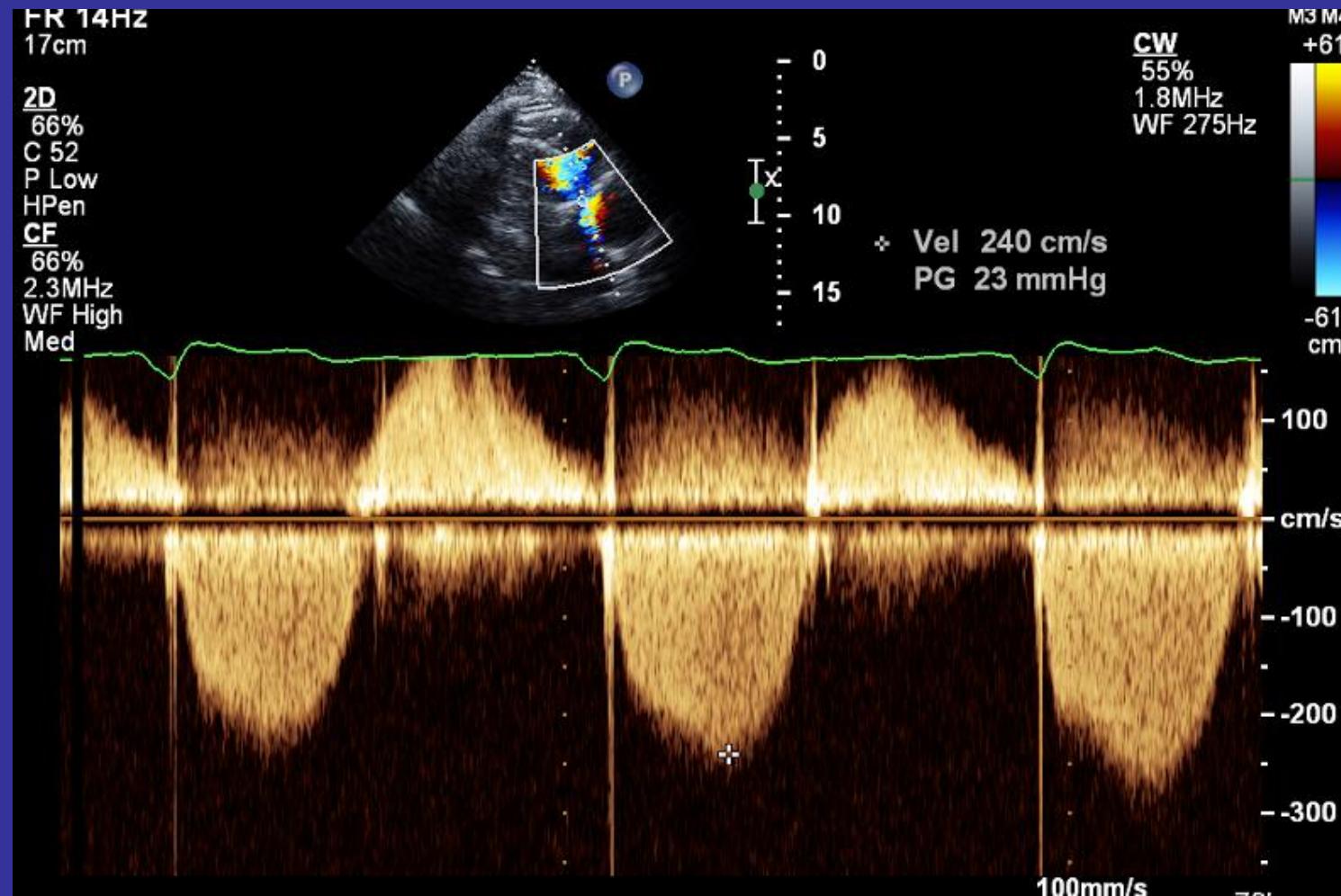
- 0
- 5
- 10
- 15

JPEG

75 bpm
Lossy

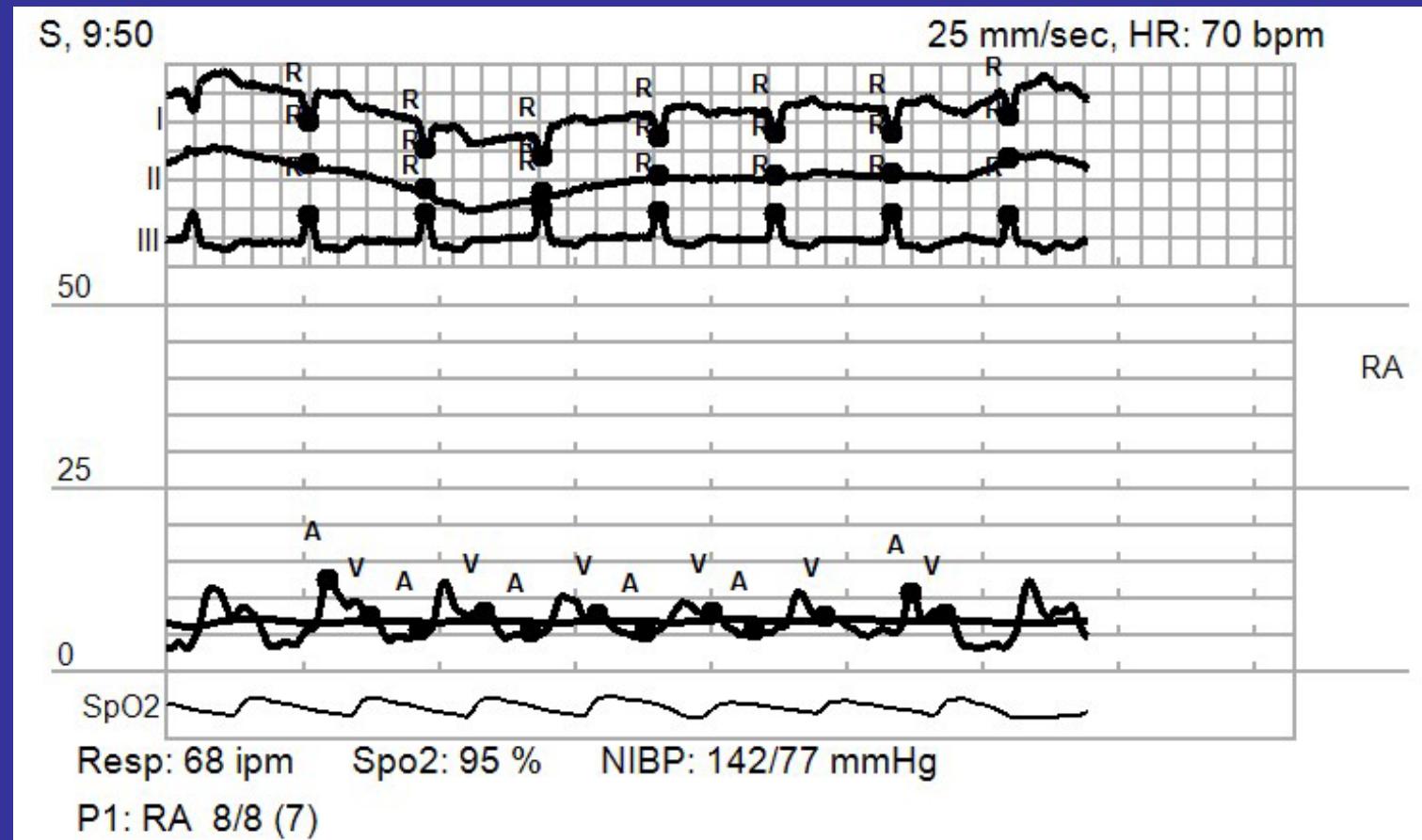


2016



Rt Heart Catheterization

- No significant V wave in RA tracing – not consistent with significant TR



לחצים

לחץ	מקום
(20) 14/35	PCW
(27) 41/13	PA
4, 37/1	RV
(7) 8/8	RA
(106) 117/91	AO

Cardiac Output

שיטת	(SV (ml)	(CI (l/min/m ²)	(CO (l/min)	
Fick	47.42	1.9	3.31	

Shunts

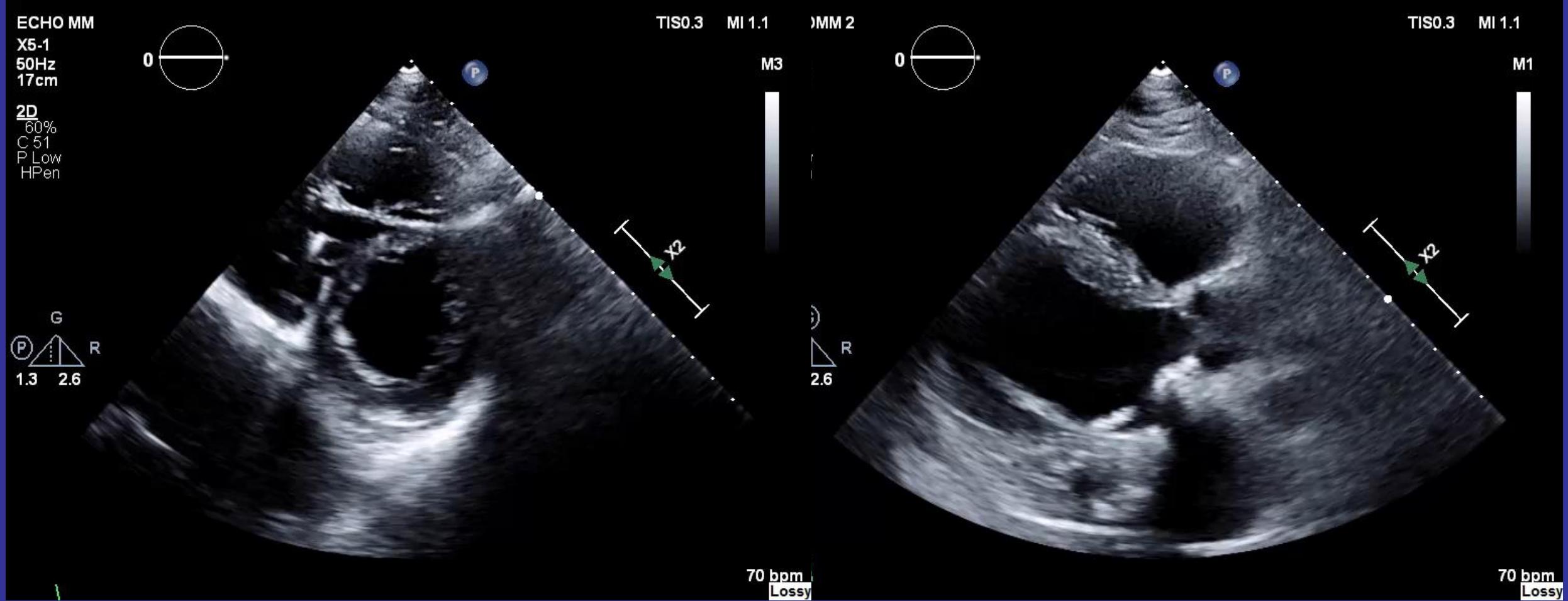
Oxygen Values				
167.61	O2 Consumption	163.2	O2 Capacity	
(Flows (l/min				
3.31	Qs			

Vascular Resistance

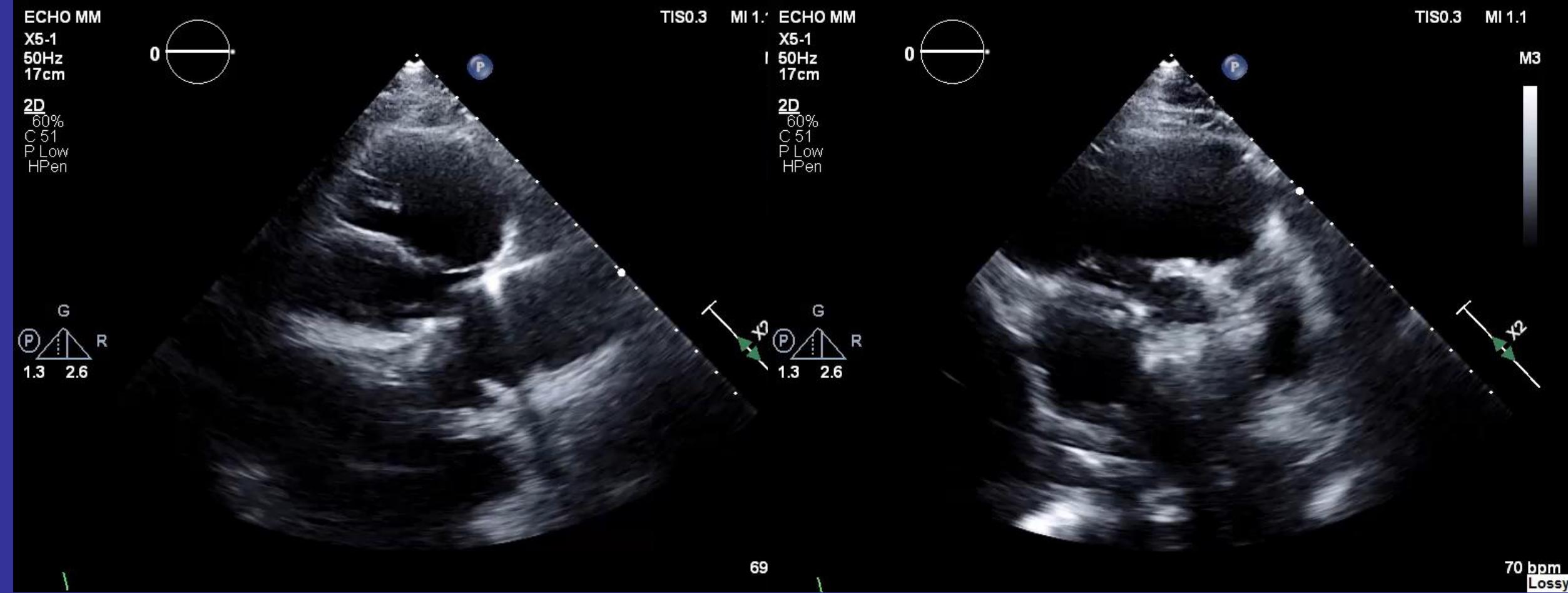
PVR/SVR	TPVR/TSVR	PVR	TPVR	SVR	TSVR	CO method
0.07	0.25	2.07	8.01	29.84	31.94	Fick
				29.84	31.94	Qp/Qs

-
- Decision: wait and watch

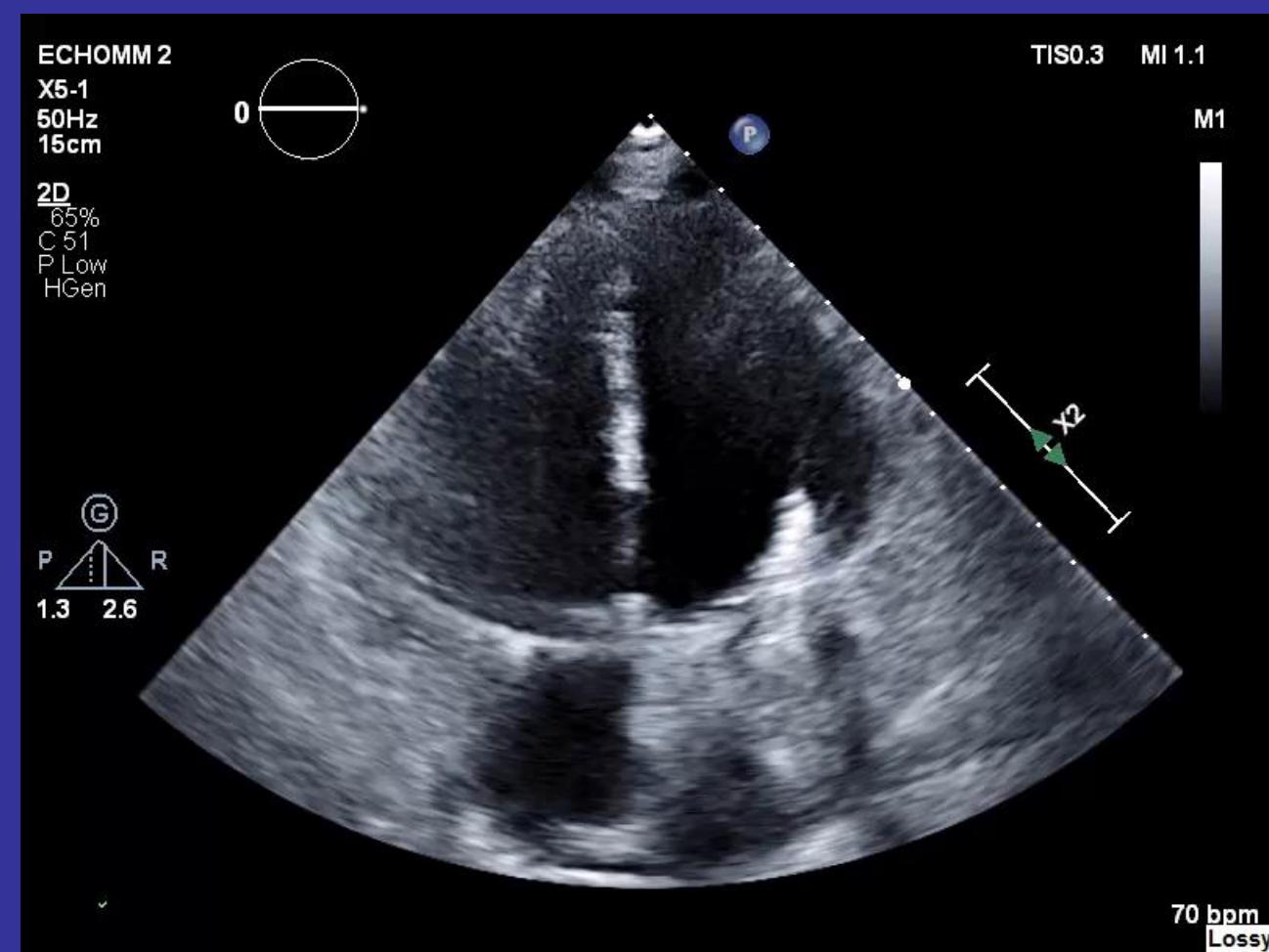
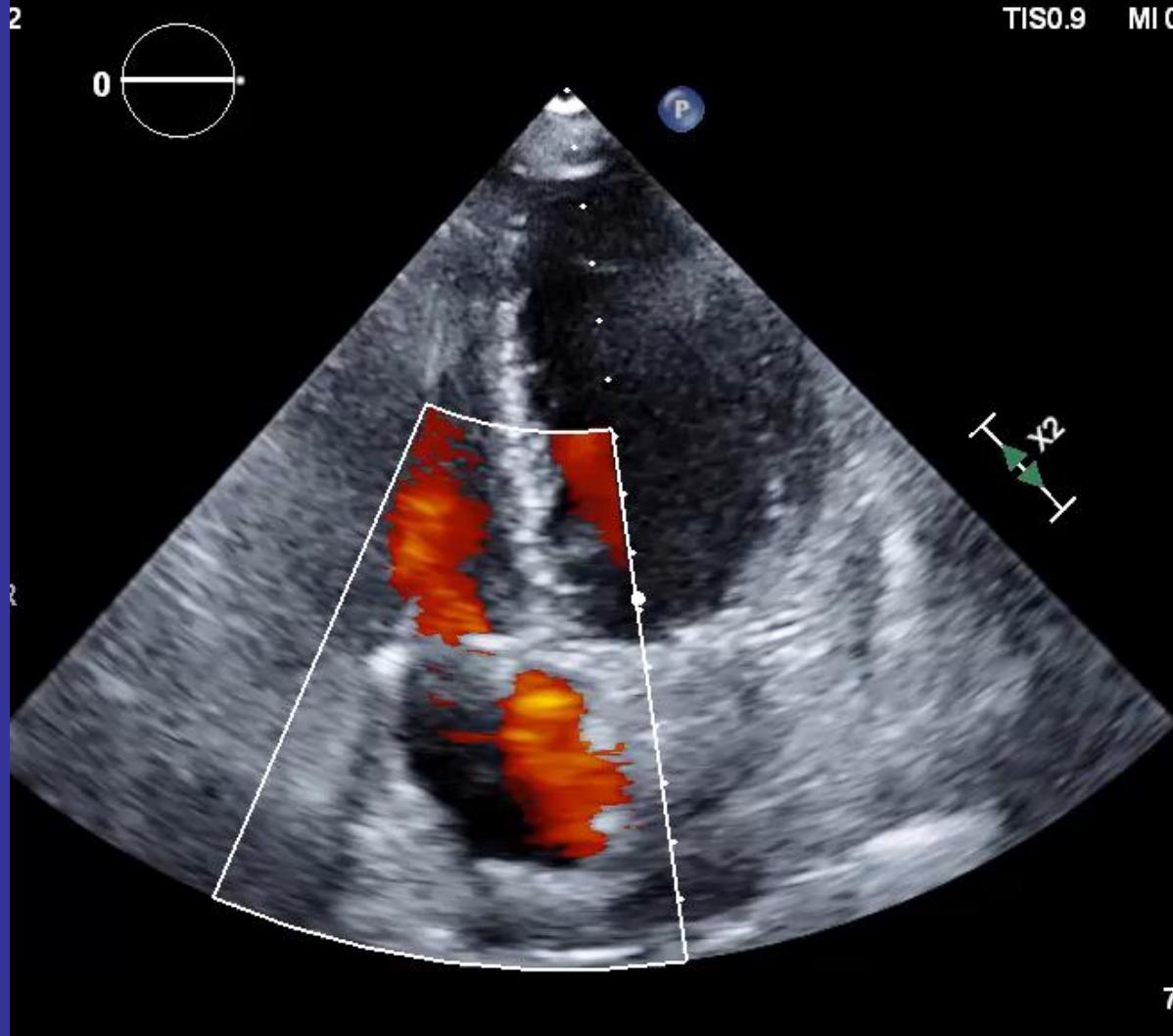
2019



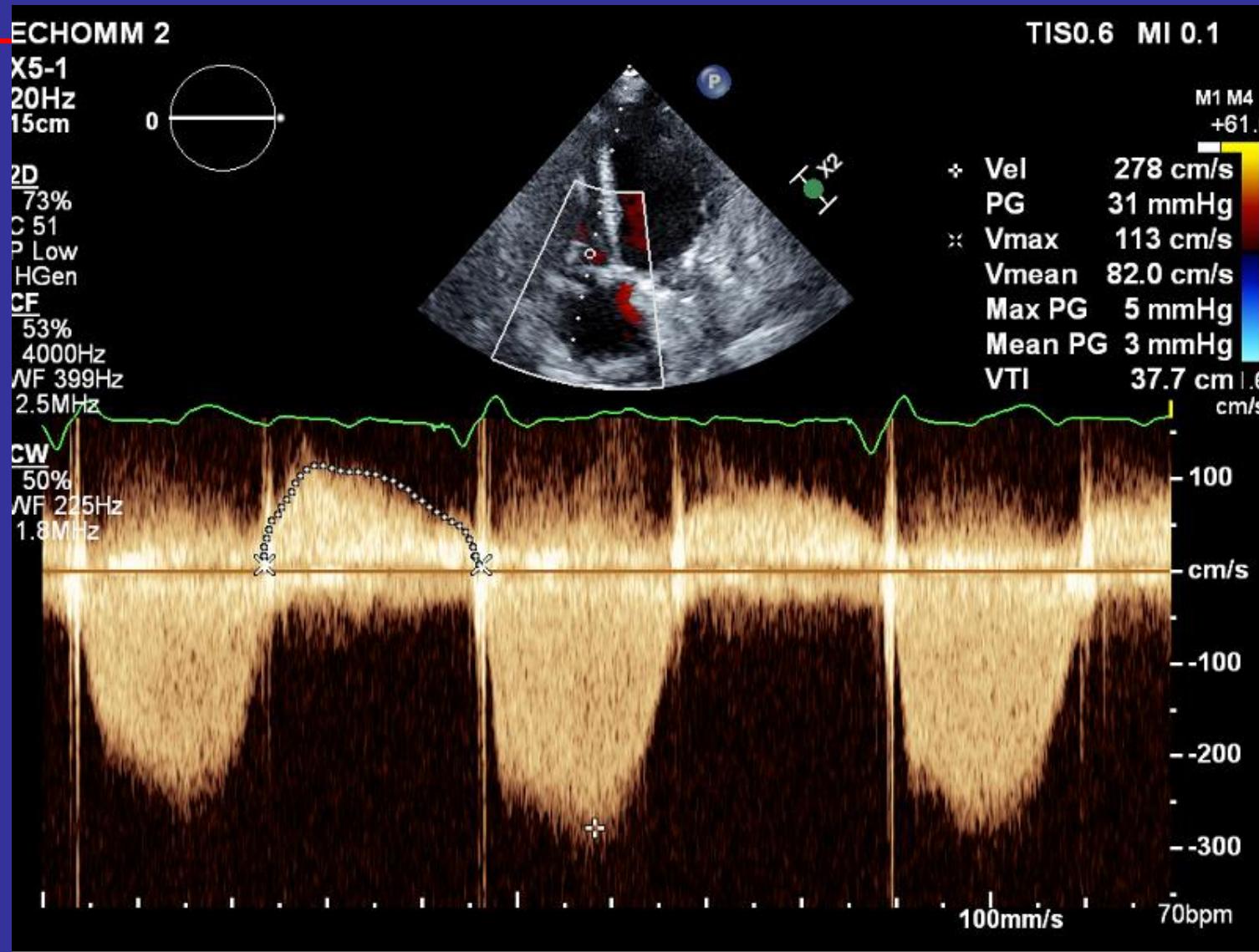
2019



2019



2019



TEE 2019

TEE 3D X8-2 MM
X8-2t
53Hz
18cm
2D
63%
C 50
P Off
HGen



G
P 2.7 R 5.4

PAT T: 37.0C
TEE T: 40.0C

TIS0.2 MI 0.5

M4

TEE 3D X8-2 MM
X8-2t
53Hz
16cm
2D
62%
C 50
P Off
HGen



G
P 2.7 R 5.4

PAT T: 37.0C
TEE T: 40.0C

70 bpm
Lossy

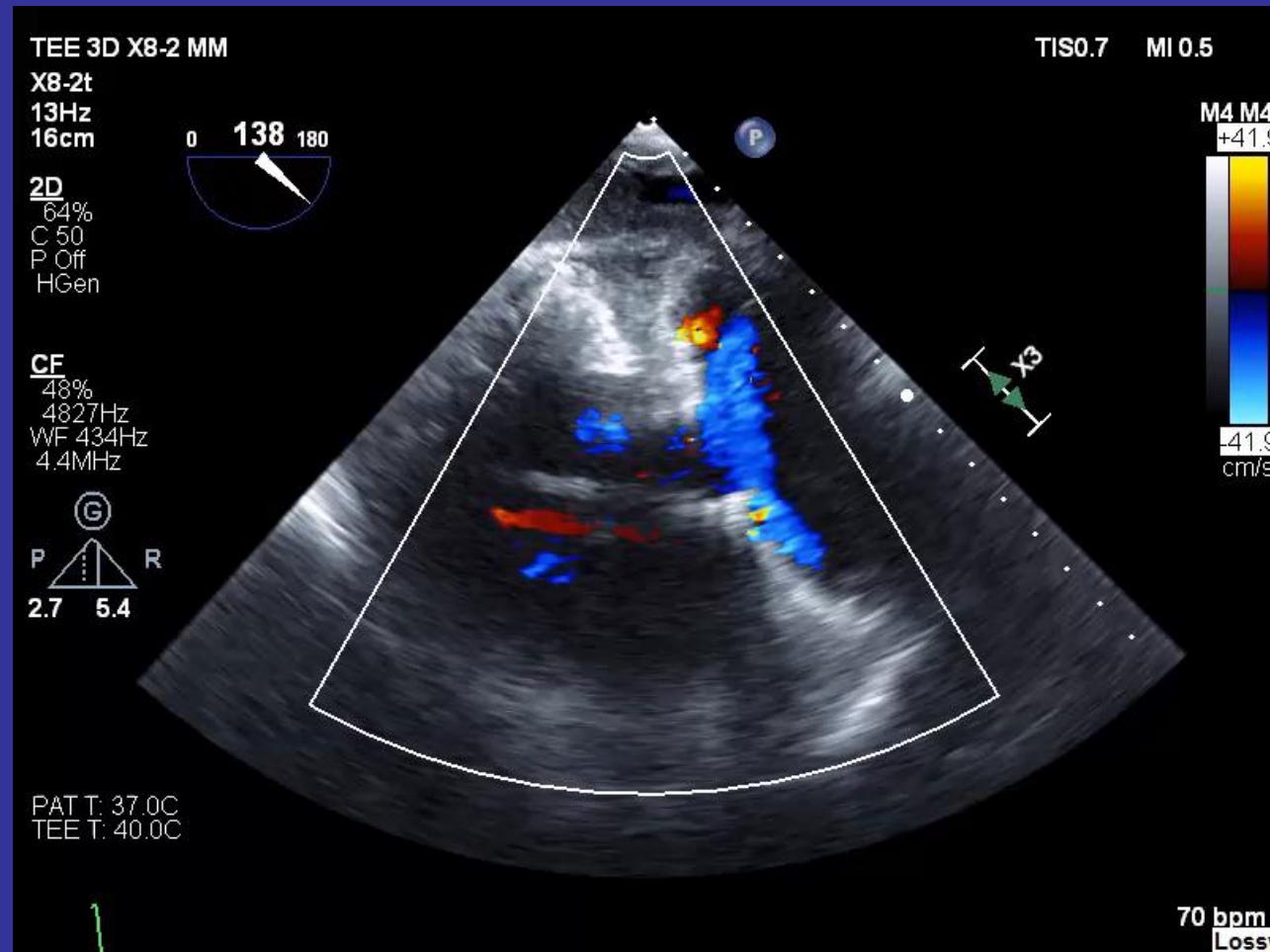
M4

TIS0.2 MI 0.5

M4

70 bpm
Lossy

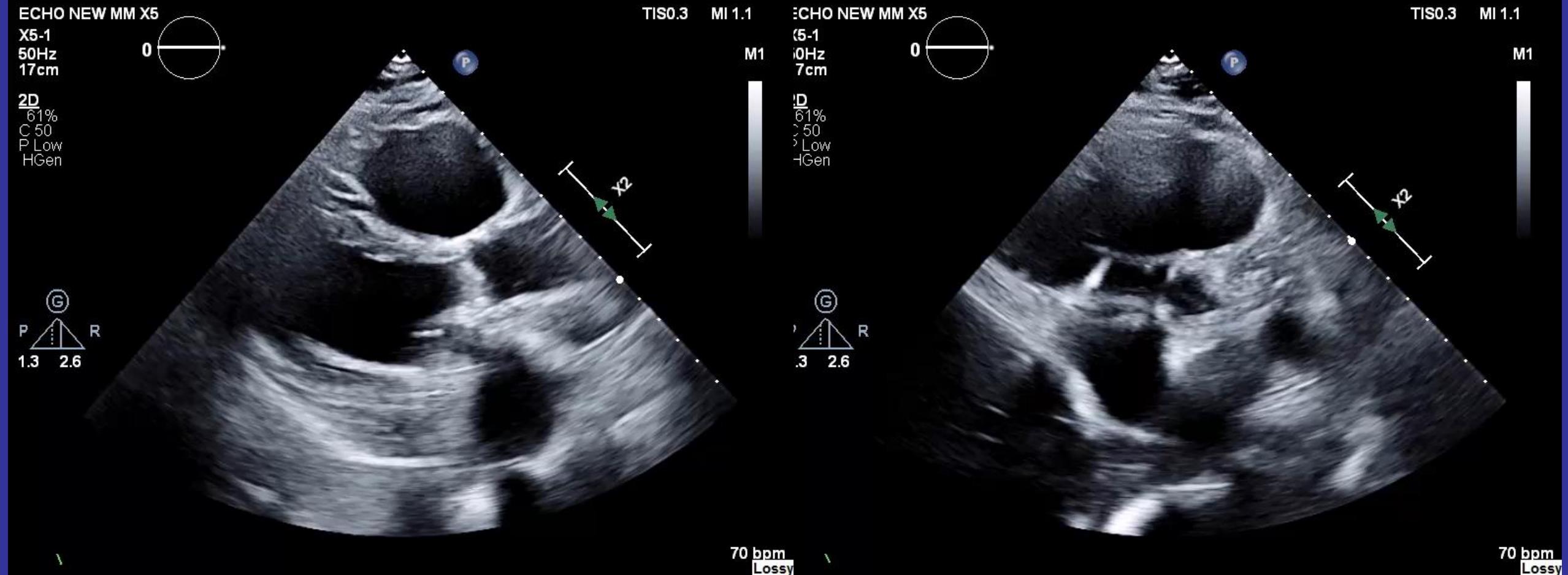
TEE



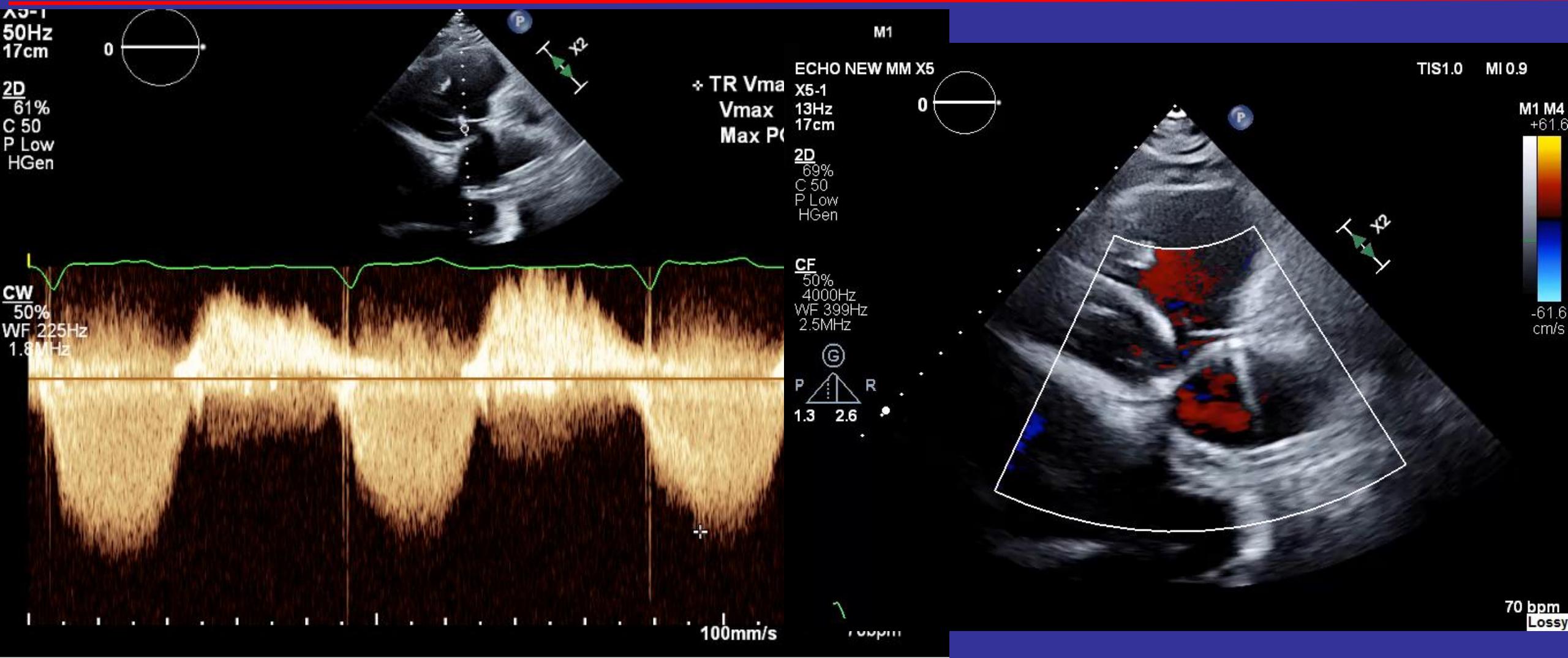
2019 - What would you do?

- VinR with pacemaker?
 - Clip? – not suitable
 - Redo?
 - Pacemaker Extraction?
-
- Another discussion about intervention – the decision was to withhold intervention

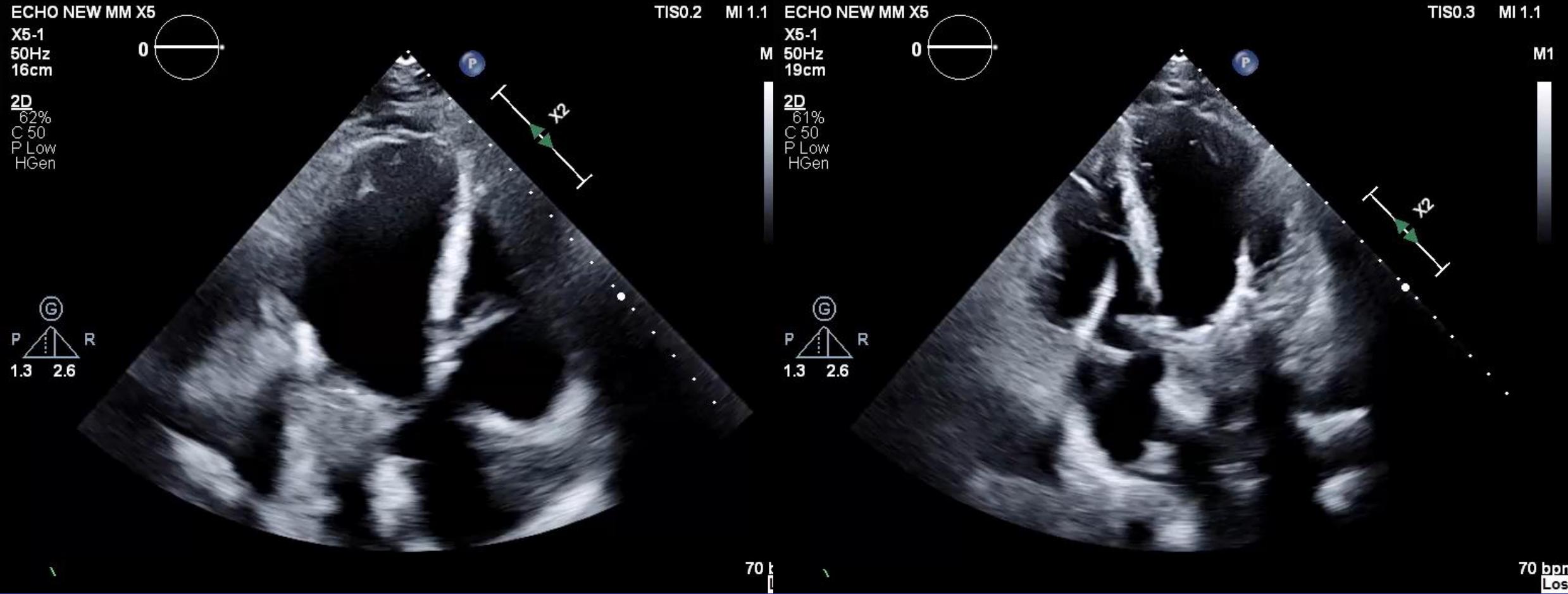
2022



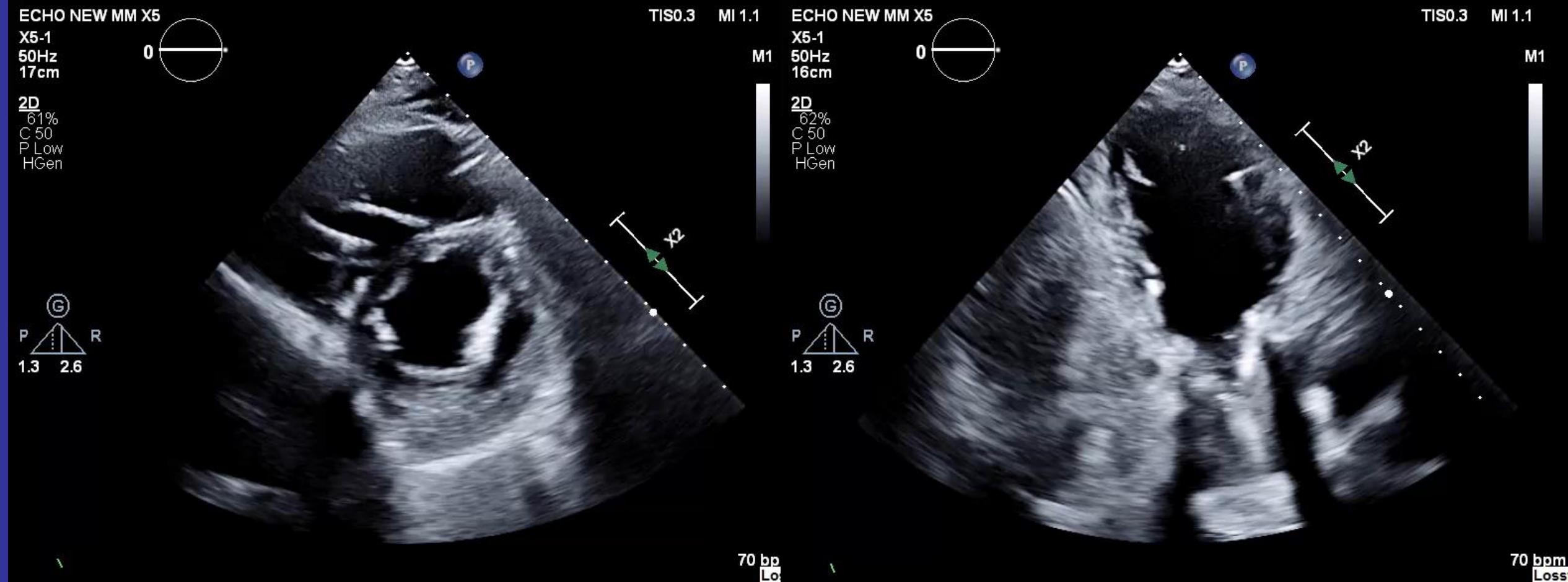
2022



2022



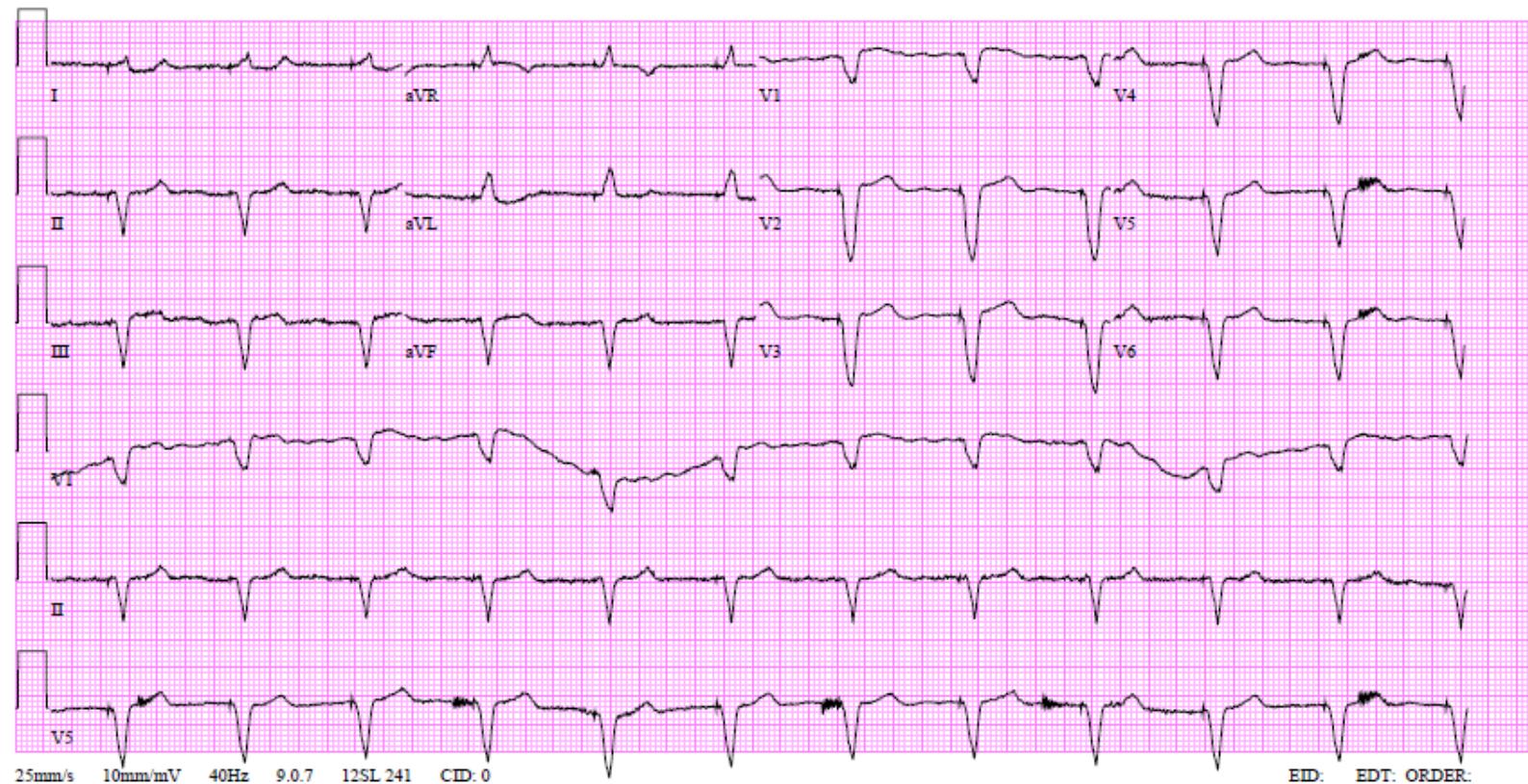
2022



2022 - Clinical Symptoms

- Fatigue
 - RV is dilated and borderline function
 - LV is deteriorating
-
- Medication
 - Fusid 40mg
 - Aldospirone 25mg

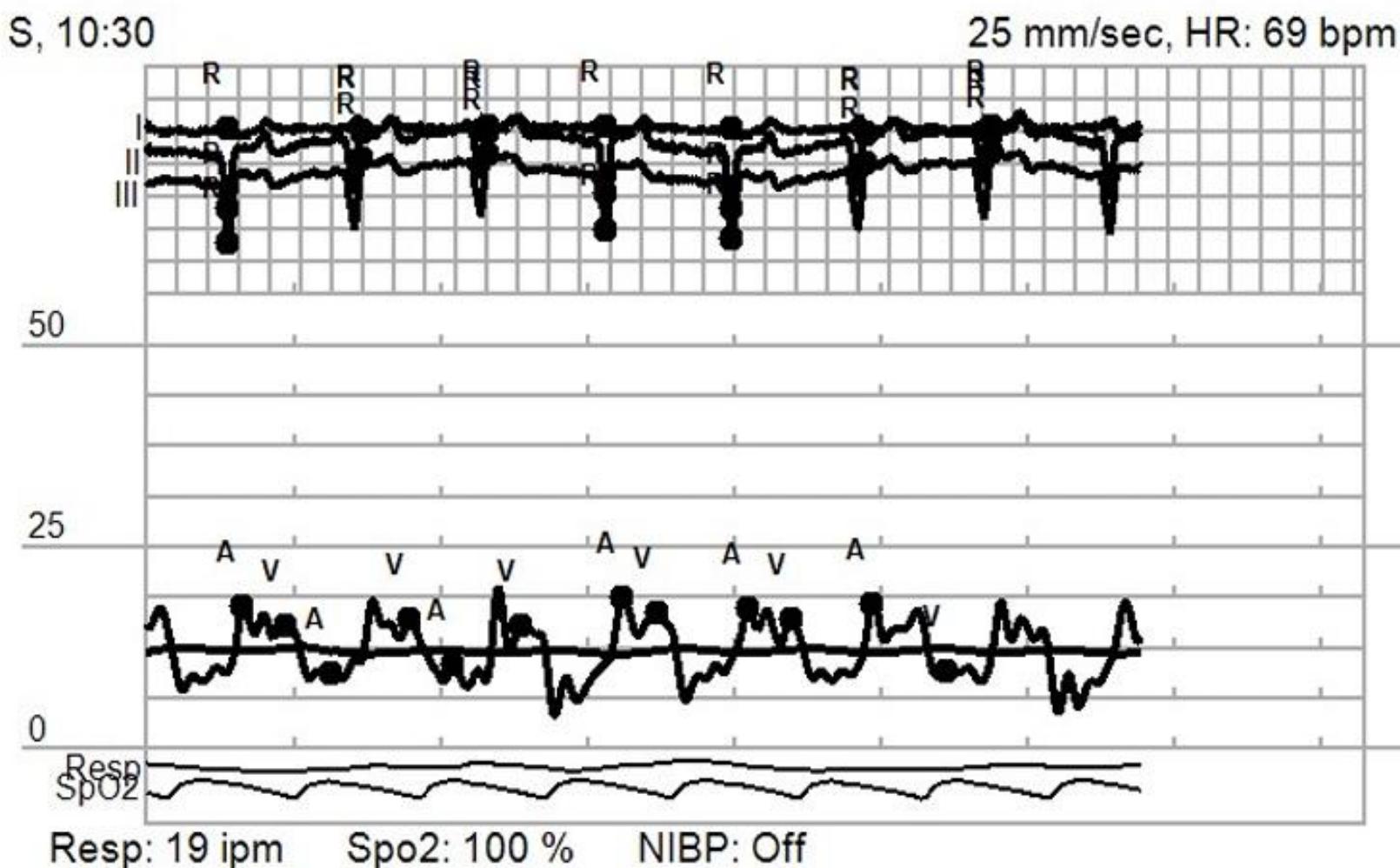
Unconfirmed



לב ריאות

- 2021 RER – 0.95 VO₂ MAX – 13ml/kg/min 63% predicted
- 2022 RER – 0.95 VO₂ MAX – 13.9ml/kg/min 67% predicted

Rt Heart Cath 2023



תנאי: Rest

דופק: 69 bpm

מווער: 217.50

רווית חמצן

O2 Content	Hgb	Saturation %	pO2	pCO2	מיקום
		100			AO
		58			PA

לחץ

לחץ	מיקום
(29) 41/15	PA
(20) 13/34	PCW
8, 2/45	RV
(12) 15/15	RA
14, 143/1	LV
14, 145/1	LV
(97) 143/68	AO
(97) 141/66	AO
13, 146/0	LV

Cardiac Output

(SV (ml	(CI (l/min/m2	(CO (l/min	שיטה
55.29	2.2	3.81	Fick

Valve Gradients and Areas

Source	Flow	Index	Area	Mean	Peak	Valve
Fick	197.41	1.48	2.57	3	5	Aortic
				3	5	Aortic

Shunts

Oxygen Values						
217.5	O2 Consumption	136	O2 Capacity			
(Flows (l/min						
3.81	Qs					
Vascular Resistance						
217.5	Qs	136	O2 Capacity			

Rt Heart Cath
2023

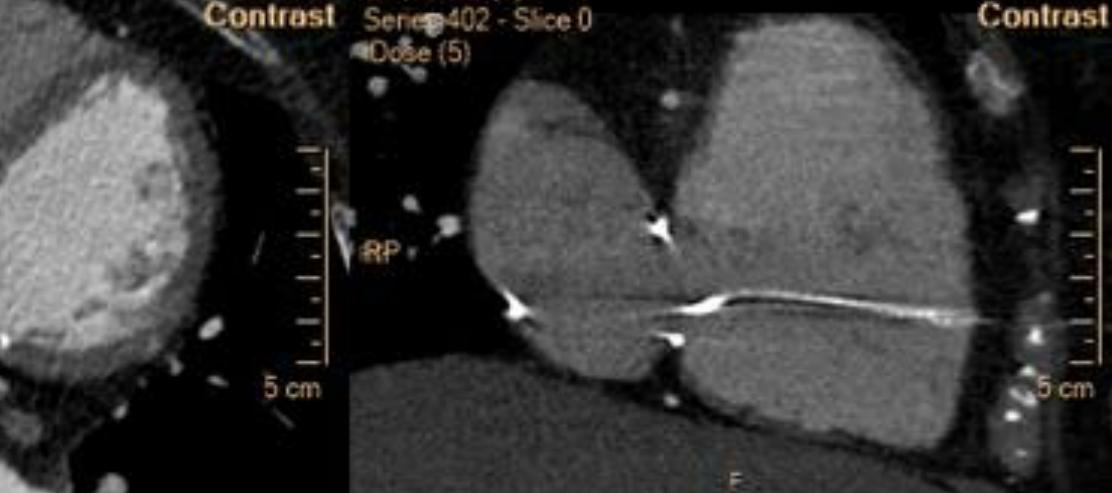
ELHARAL YAFA
52248333 F/67Y
9 Mar, 2022 / 17:37:12.86
0%, iDose (5)
Series 402 - Slice 0
iDose (5)



ELHARAL YAFA
52248333 F/67Y
9 Mar, 2022 / 17:37:12.86
0%, iDose (5)
Series 402 - Slice 0
iDose (5)



SHEBA MEDICAL CENTER
Philips, iCT 256
Thickness 0.68 mm
Zoom 1.00
Contrast
52248333 F/67Y
9 Mar, 2022 / 17:37:12.86
0%, iDose (5)
Series 402 - Slice 0
iDose (5)



SHEBA MEDICAL CENTER
Philips, iCT 256
Thickness 0.81 mm
Zoom 1.00
Contrast
52248333 F/67Y
9 Mar, 2022 / 17:37:12.86
0%, iDose (5)
Series 402 - Slice 0
iDose (5)

CT

CT

ELHARAL YAFA

52248333 F/67Y

9 Mar, 2022 / 17:37:11.18

0%, iDose (5)

Series 402 - Slice 1

iDose (5)

SHEBA MEDICAL CENTER

Philips, iCT 256

Zoom 1.00

Contrast

LP

F

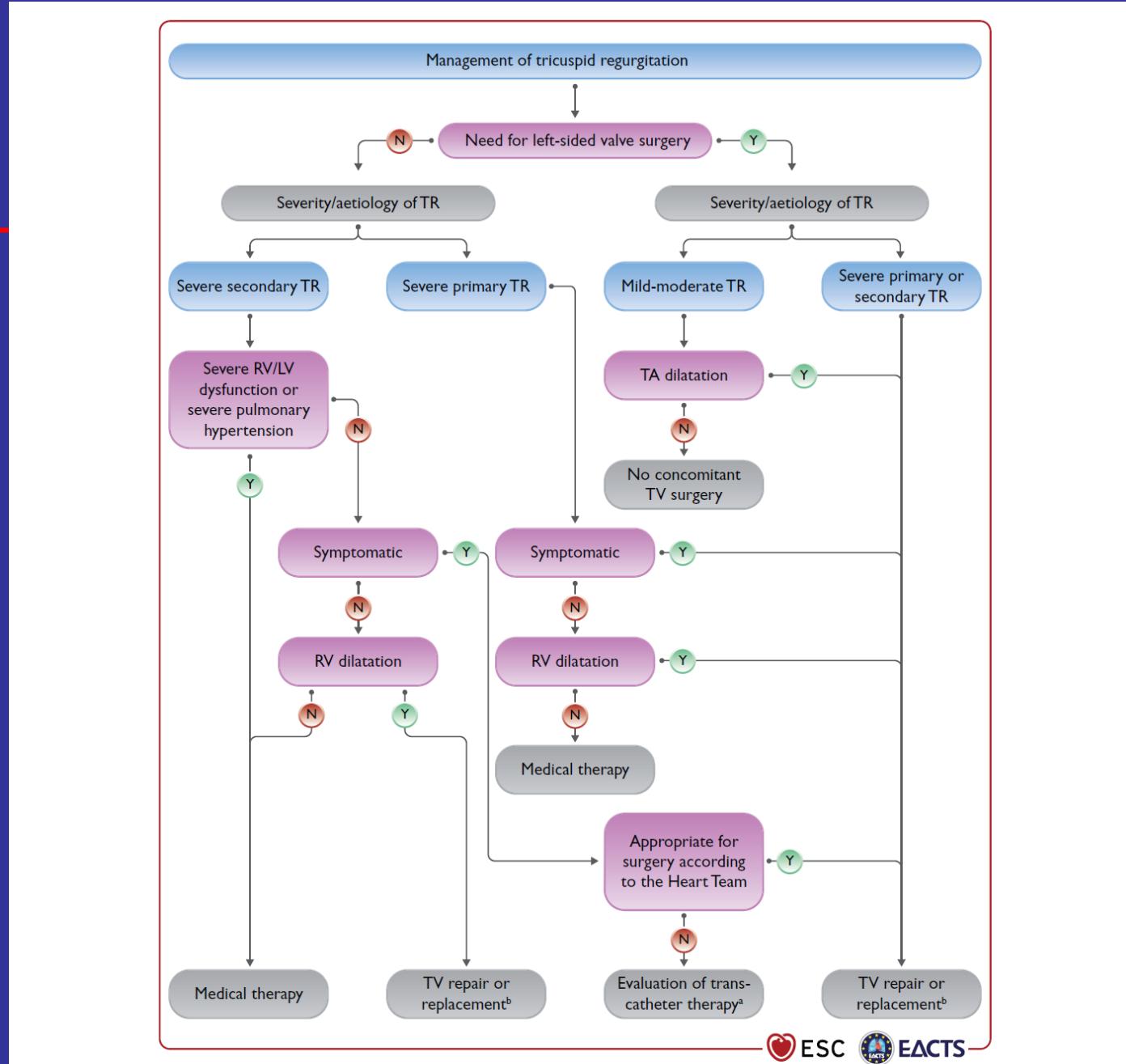
PHILIPS

What would you do?

- Should we offer any procedure?
- VinR? (pacemaker) New Percutaneous valve?
- Surgery? (pacemaker)
- Should we upgrade the pacemaker?

Decision

- Redo Tricuspid
- Extraction f the old leads
- Epicardial leads with upgrade to CRT



Recommendations on primary tricuspid regurgitation		
Surgery is recommended in patients with severe primary tricuspid regurgitation undergoing left-sided valve surgery.	I	C
Surgery is recommended in symptomatic patients with isolated severe primary tricuspid regurgitation without severe RV dysfunction.	I	C
Surgery should be considered in patients with moderate primary tricuspid regurgitation undergoing left-sided valve surgery.	IIa	C
Surgery should be considered in asymptomatic or mildly symptomatic patients with isolated severe primary tricuspid regurgitation and RV dilatation who are appropriate for surgery.	IIa	C

Recommendations on secondary tricuspid regurgitation		
Surgery is recommended in patients with severe secondary tricuspid regurgitation undergoing left-sided valve surgery. ^{423–427}	I	B
Surgery should be considered in patients with mild or moderate secondary tricuspid regurgitation with a dilated annulus (≥ 40 mm or >21 mm/m ² by 2D echocardiography) undergoing left-sided valve surgery. ^{423,425–427}	IIa	B
Surgery should be considered in patients with severe secondary tricuspid regurgitation (with or without previous left-sided surgery) who are symptomatic or have RV dilatation, in the absence of severe RV or LV dysfunction and severe pulmonary vascular disease/hypertension. ^{418,433 e}	IIa	B
Transcatheter treatment of symptomatic secondary severe tricuspid regurgitation may be considered in inoperable patients at a Heart Valve Centre with expertise in the treatment of tricuspid valve disease. ^f	IIIb	C

Table 9 Proposed grading of the severity of residual tricuspid regurgitation by echocardiography after tricuspid valve interventions

Parameters	Mild	Moderate	Severe
Qualitative			
Color jet area*	Small, narrow, central	Moderate central	Large central jet or eccentric wall-impinging jet(s) of variable size swirling in RA
Flow-convergence zone [†]	Not visible or small	Intermediate in size	Large
TR CW Doppler velocity waveform (density and shape)	Faint/partial/parabolic	Dense, parabolic or triangular	Dense, often triangular
Tricuspid inflow	A-wave dominant	Variable	E-wave dominant ^{‡§}
Semi-quantitative			
VC width (cm)*	<0.3	0.3-0.69	≥0.7 or ≥2 moderate jets
PISA radius (cm) [†]	≤0.5	0.6-0.9	>0.9
Hepatic vein flow [‡]	Systolic dominance	Systolic blunting	Systolic flow reversal
Quantitative			
EROA (cm ²)	<0.20	0.20-0.39	≥0.40
RVol (mL)	<30	30-44	≥45

Figure 10. Tricuspid Regurgitation

Colors corresponds to Table 2

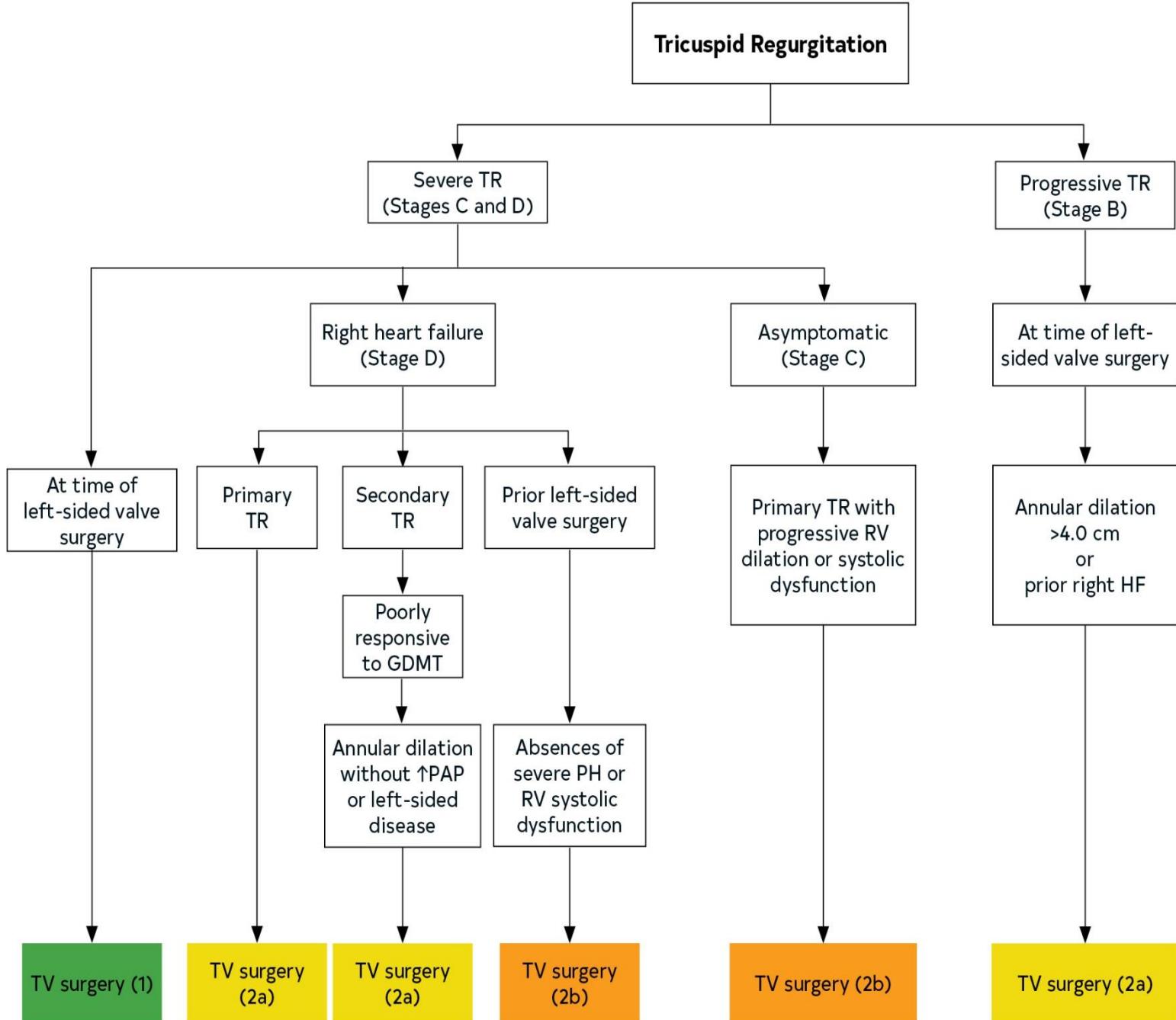


Table 19. Classification of TR

Primary	Secondary
<ul style="list-style-type: none">• Rheumatic• Infective endocarditis• Iatrogenic (device leads, endomyocardial biopsy)• Congenital (e.g., Ebstein's, levo-transposition of the great arteries.)• Other (trauma, carcinoid, drugs, irradiation, etc.)	<ul style="list-style-type: none">• Pulmonary hypertension with RV remodeling (primary or secondary to left-sided heart disease)• Dilated cardiomyopathy• Annular dilation (associated with AF)*• RV volume overload (shunts/ high output)

*Isolated TR is associated with AF and has LVEF >60%, pulmonary artery systolic pressure <50 mm Hg, and no left-sided valve disease, with normal-appearing tricuspid valve leaflets

Table 20. Stages of TR

Stage	Definition	Valve Hemodynamics	Hemodynamic Consequences	Clinical Symptoms and Presentation
B	Progressive TR	<ul style="list-style-type: none"> • Central jet < 50% RA • Vena contracta width < 0.7 cm • ERO < 0.40 cm² • Regurgitant volume < 45 mL 	None	None
C	Asymptomatic severe TR	<ul style="list-style-type: none"> • Central jet \geq50% RA • Vena contracta width \geq0.7 cm • ERO \geq0.40 cm² • Regurgitant volume \geq45 mL • Dense continuous wave signal with triangular shape • Hepatic vein systolic flow reversal 	<ul style="list-style-type: none"> • Dilated RV and RA • Elevated RA with “c-V” wave 	<ul style="list-style-type: none"> • Elevated venous pressure • No symptoms
D	Symptomatic severe TR	<ul style="list-style-type: none"> • Central jet \geq50% RA • Vena contracta width \geq0.7 cm • ERO \geq0.40 cm² • Regurgitant volume \geq45 mL • Dense continuous wave signal with triangular shape • Hepatic vein systolic flow reversal 	<ul style="list-style-type: none"> • Dilated RV and RA • Elevated RA with “c-V” wave 	<ul style="list-style-type: none"> • Elevated venous pressure • Dyspnea on exertion, fatigue, ascites, edema

COR	LOE	Recommendations
1	C-LD	<p>1. In patients with TR, TTE is indicated to evaluate the presence and severity of TR, determine the etiology, measure the sizes of the right-sided chambers and inferior vena cava, assess RV systolic function, estimate pulmonary artery systolic pressure, and characterize any associated left-sided heart disease.</p> <p style="text-align: center;"><i>Diagnosis of Tricuspid Regurgitation</i></p>
2a	C-LD	<p>2. In patients with TR, invasive measurement of the cardiac index, right-sided diastolic pressures, pulmonary artery pressures, and pulmonary vascular resistance, as well as right ventriculography, can be useful when clinical and noninvasive data are discordant or inadequate.</p>

COR	LOE	Recommendations
2a	C-EO	<p>Medical Therapy for Patients with Tricuspid Regurgitation</p> <p>1. In patients with signs and symptoms of right-sided HF attributable to severe TR (Stages C and D), diuretics can be useful.</p>
2a	C-EO	<p>2. In patients with signs and symptoms of right-sided HF attributable to severe secondary TR (Stages C and D), therapies to treat the primary cause of HF (e.g., pulmonary vasodilators to reduce elevated pulmonary artery pressures, GDMT for HF with reduced LVEF, or rhythm control of AF) can be useful.</p>

COR	LOE	Recommendations
1	B-NR	<p>1. In patients with severe TR (Stages C and D) undergoing left-sided valve surgery, tricuspid valve surgery is recommended.</p>
2a	B-NR	<p>2. In patients with progressive TR (Stage B) undergoing left-sided valve surgery, tricuspid valve surgery can be beneficial in the context of either 1) tricuspid annular dilation (tricuspid annulus end diastolic diameter > 4.0 cm) or 2) prior signs and symptoms of right-sided HF.</p>
2a	B-NR	<p>3. In patients with signs and symptoms of right-sided HF and severe primary TR (Stage D), isolated tricuspid valve surgery can be beneficial to reduce symptoms and recurrent hospitalizations.</p>

COR	LOE	Recommendations
2a	B-NR	<p>4. In patients with signs and symptoms of right-sided HF and severe isolated secondary TR attributable to annular dilation (in the absence of pulmonary hypertension or left-sided disease) who are poorly responsive to medical therapy (Stage D), isolated tricuspid valve surgery can be beneficial to reduce symptoms and recurrent hospitalizations.</p>
2b	C-LD	<p>5. In asymptomatic patients with severe primary TR (Stage C) and progressive RV dilation or systolic dysfunction, isolated tricuspid valve surgery may be considered.</p>
2b	B-NR	<p>6. In patients with signs and symptoms of right-sided HF and severe TR (Stage D) who have undergone previous left-sided valve surgery, reoperation with isolated tricuspid valve surgery may be considered in the absence of severe pulmonary hypertension or severe RV systolic dysfunction.</p>