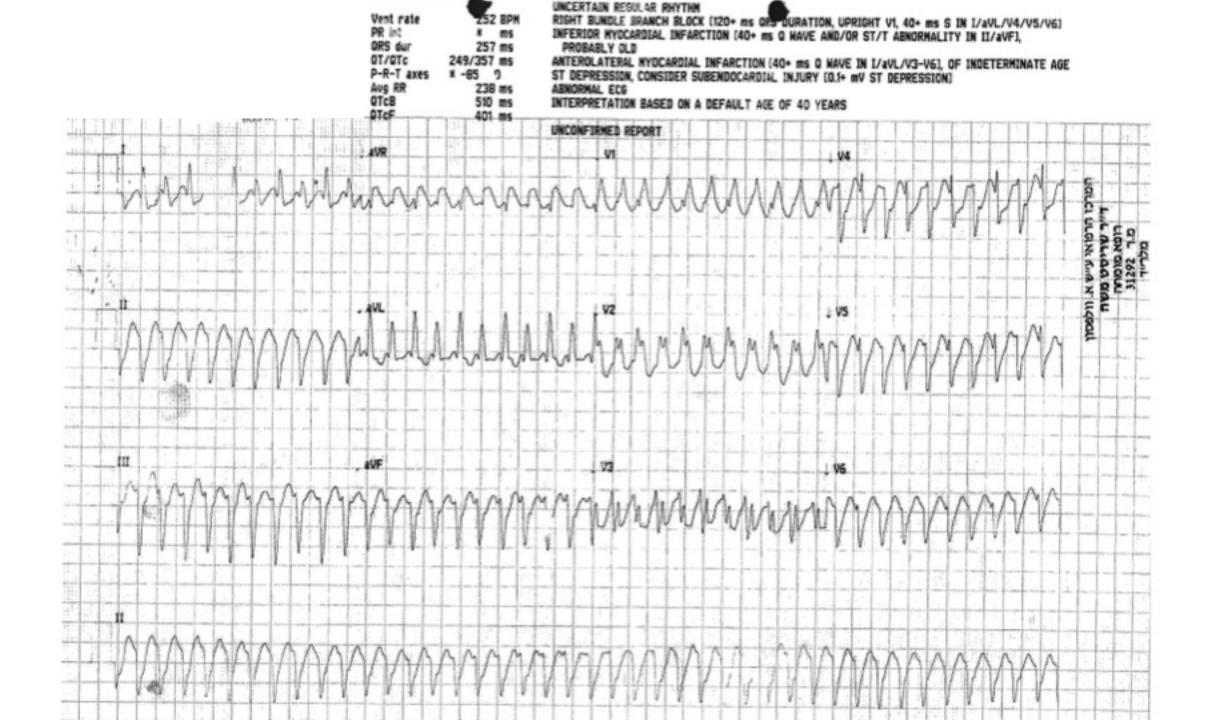
# Not so idiopathic Ventricular Tachycardia

Maxime ZABERN, MD



#### Case Description

- 29yo female patient
- No family history of Sudden Cardiac Death or Heart Disease
- No significant disease in medical history, no medication
- Asymptomatic untill the clinical event
- Admitted to ER for first episode of palpitation and pre syncope,
   started during an effort

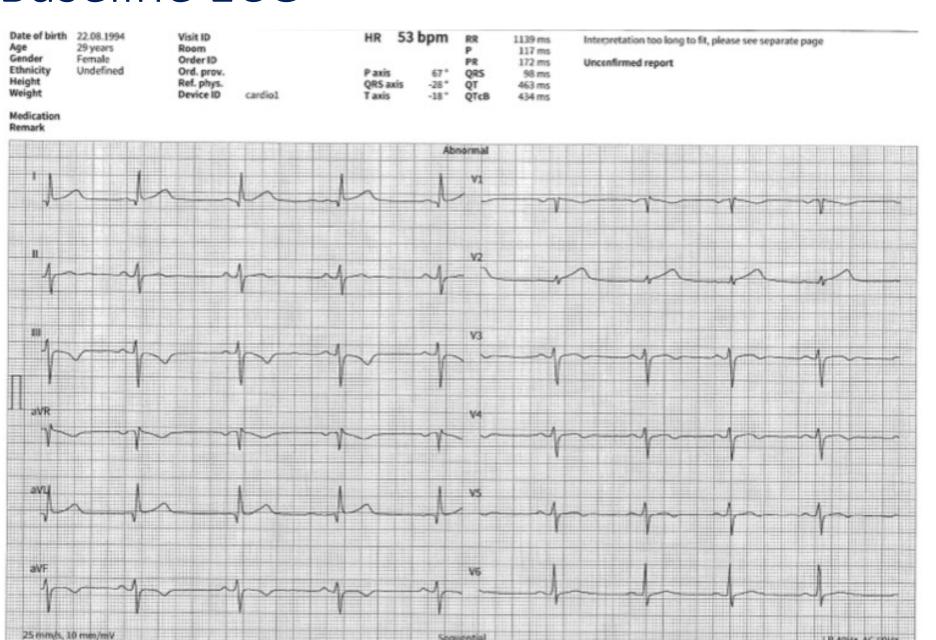


- ECG showing Wide complex tachycardia
  - 250bpm
  - RBBB morphology Left Axis
  - AV dissociation?
  - Small QRS morphology changes
- No effect of Adenosine
- Reduced by external electrical cardioversion after sedation
- Hospitalized for further investigation

- TTE: Normal heart, normal function
- Coronary CT: no coronary artery disease, no malformation
- Cardiac MRI: normal heart function, no LGE, T1 slightly elevated (non specific)
- *EPS under general anesthesia*: Prolonged HV interval up to 85ms, no sustained arrythmia inducible, non sustained VT with LBBB morphology

Referred for second opinion, new procedure decided under local anesthesia

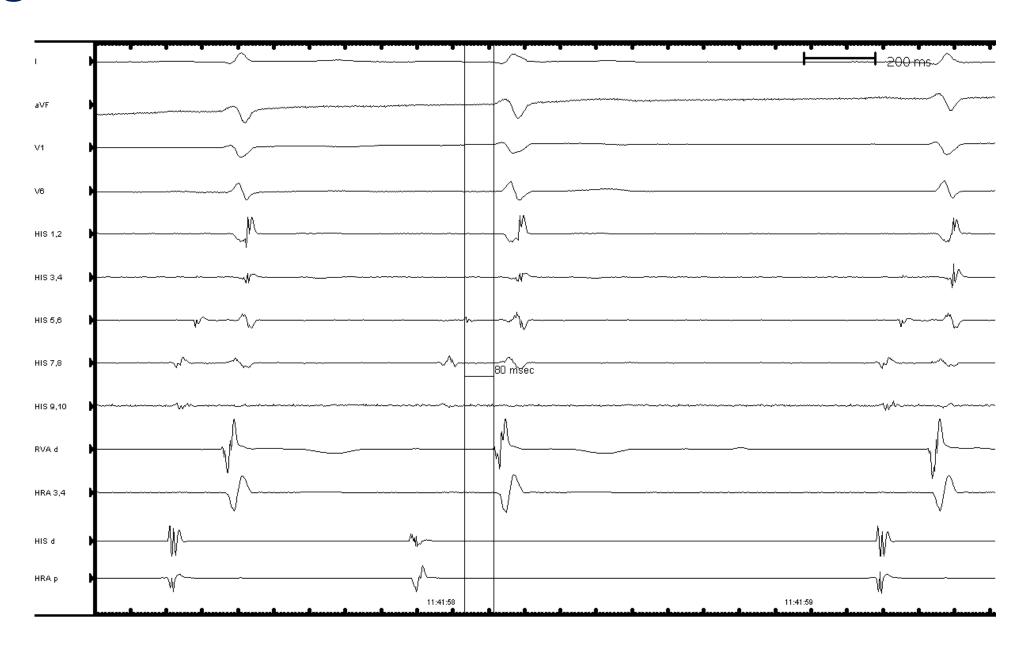
#### Baseline ECG



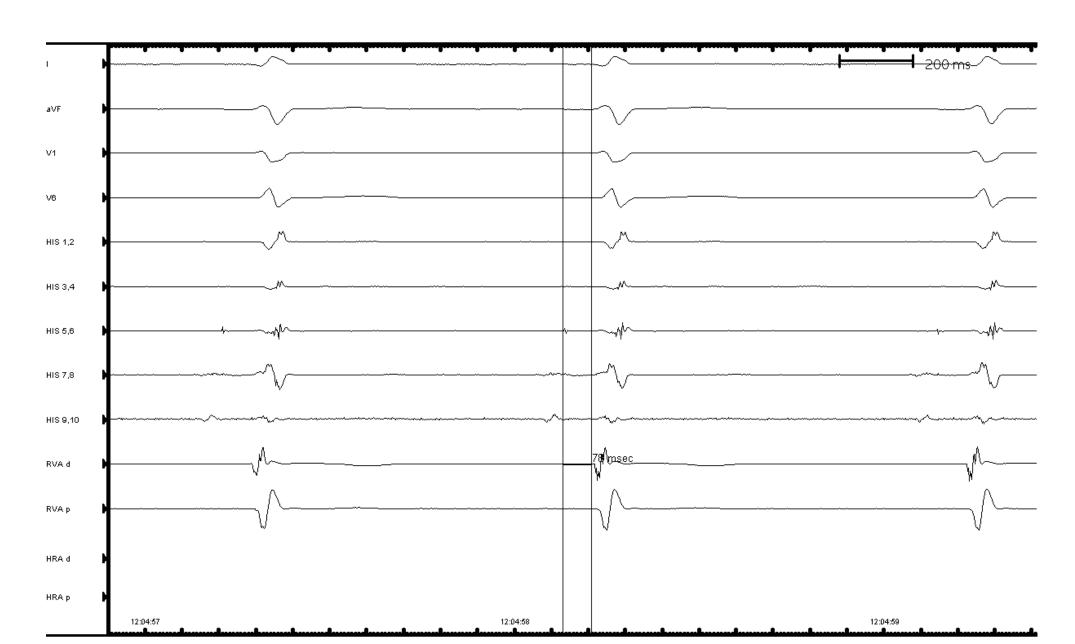
1\$√3|msec 1321 BPM √90 msec 1 :28:\$5

LP 40Hz, AC 50Hz

# Prolonged HV at baseline



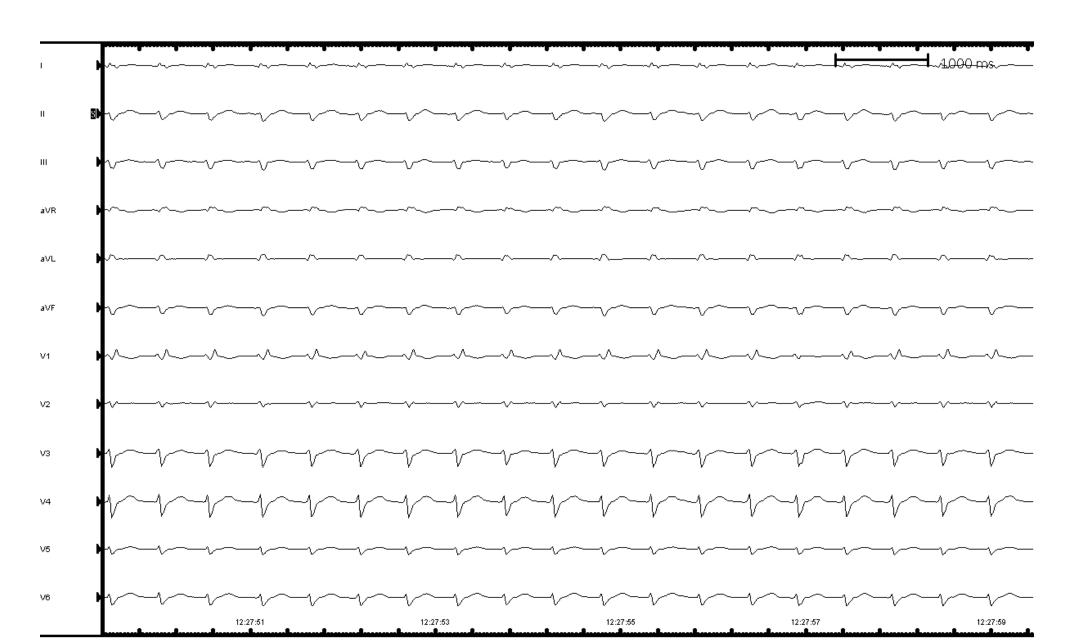
# Prolonged HV at baseline



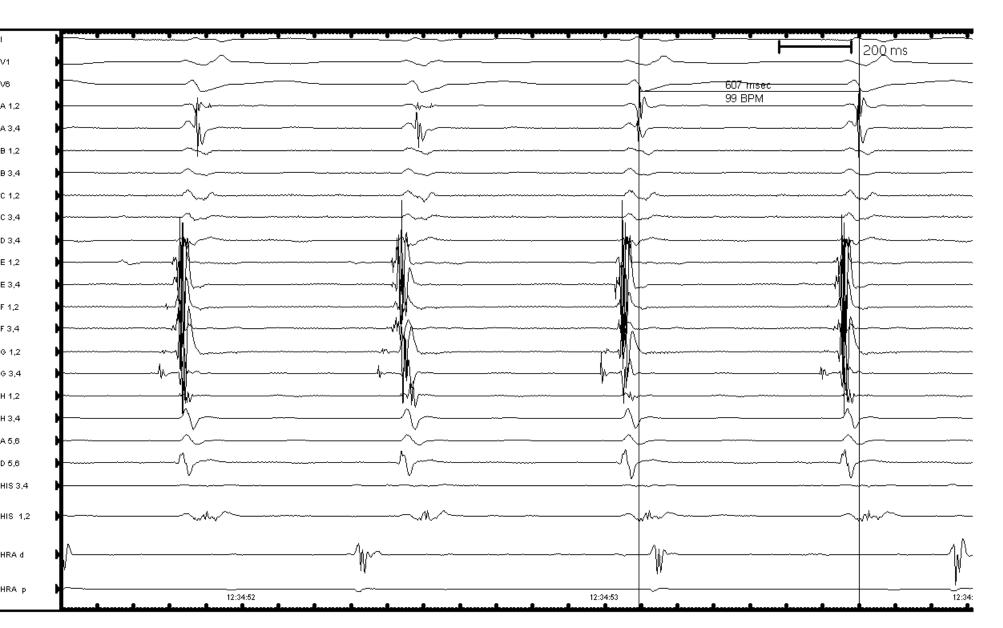
# Prolonged HV at baseline



#### VT1 – slow VT with RBBB Left Axis

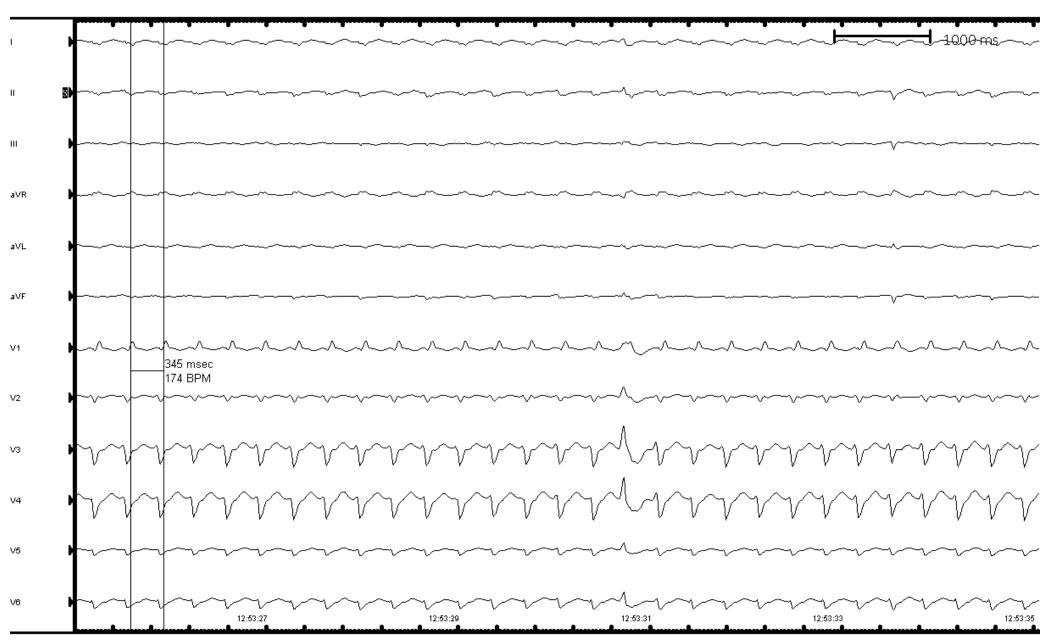


#### VT1 – slow VT with RBBB Left Axis

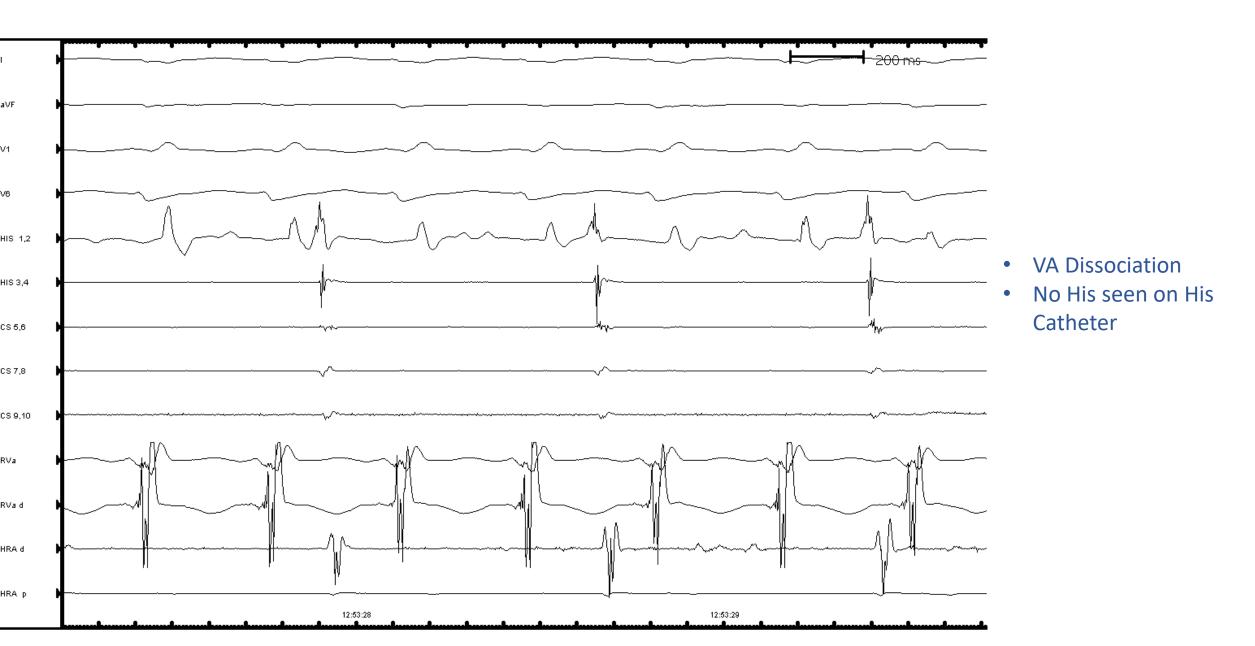


- VA Dissociation
- Local signal registered with Octaray close to Left Posterior Fascicle

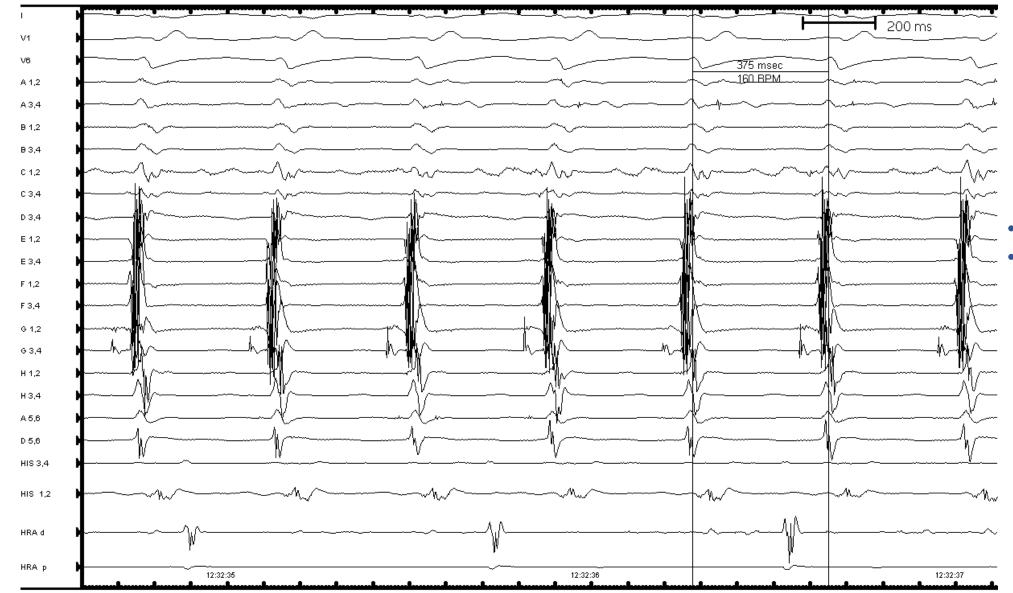
#### VT2 – close morphology with RBBB but Right upper axis



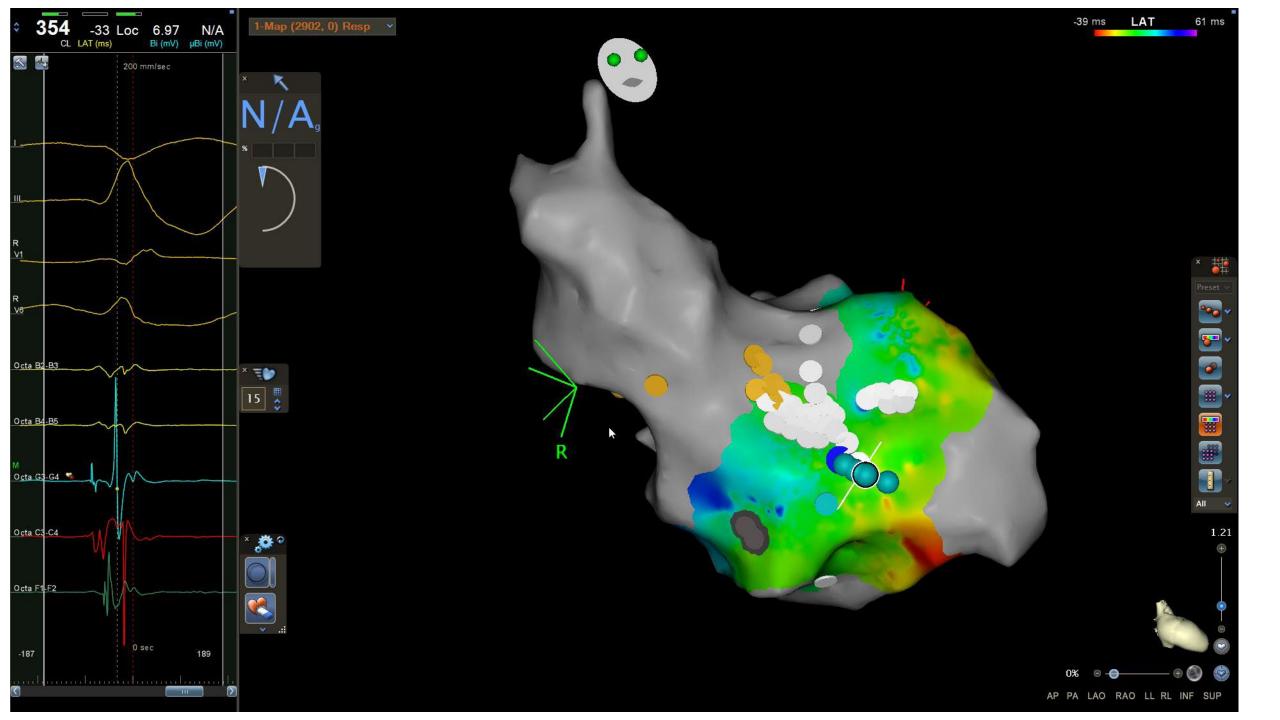
### VT2 – close morphology with RBBB but Right upper axis

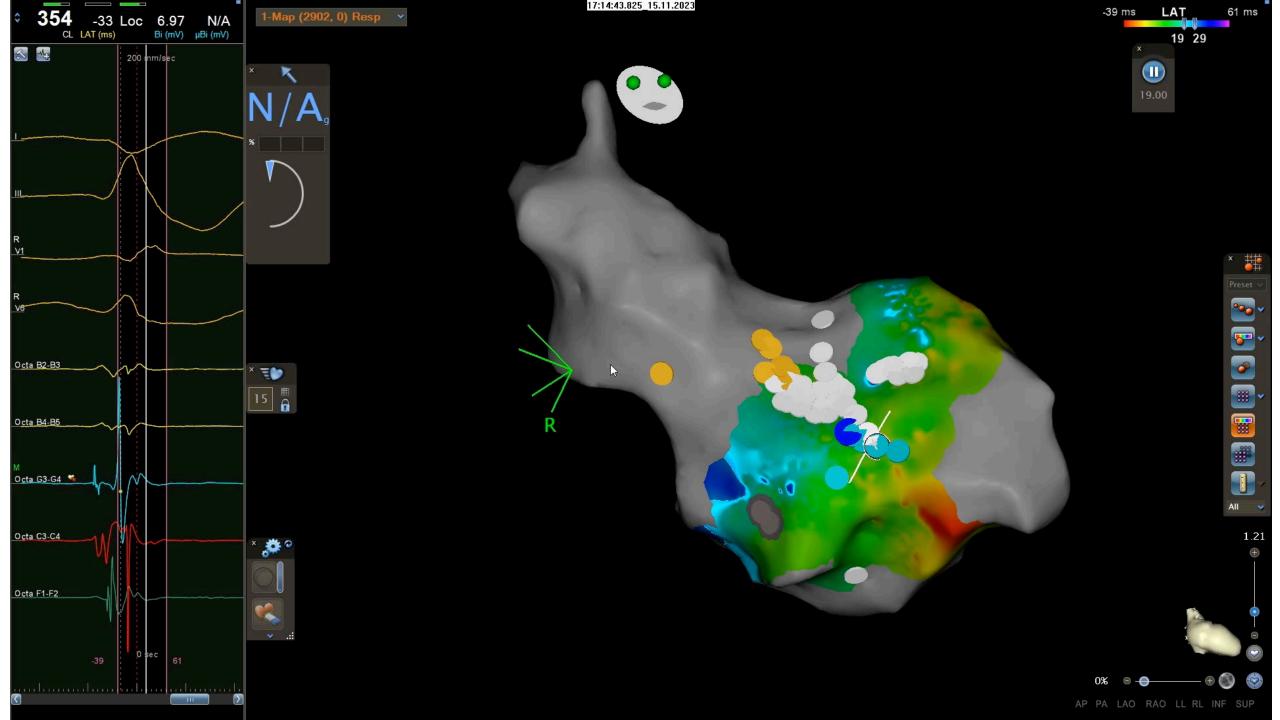


#### VT2 – close morphology with RBBB but Right upper axis

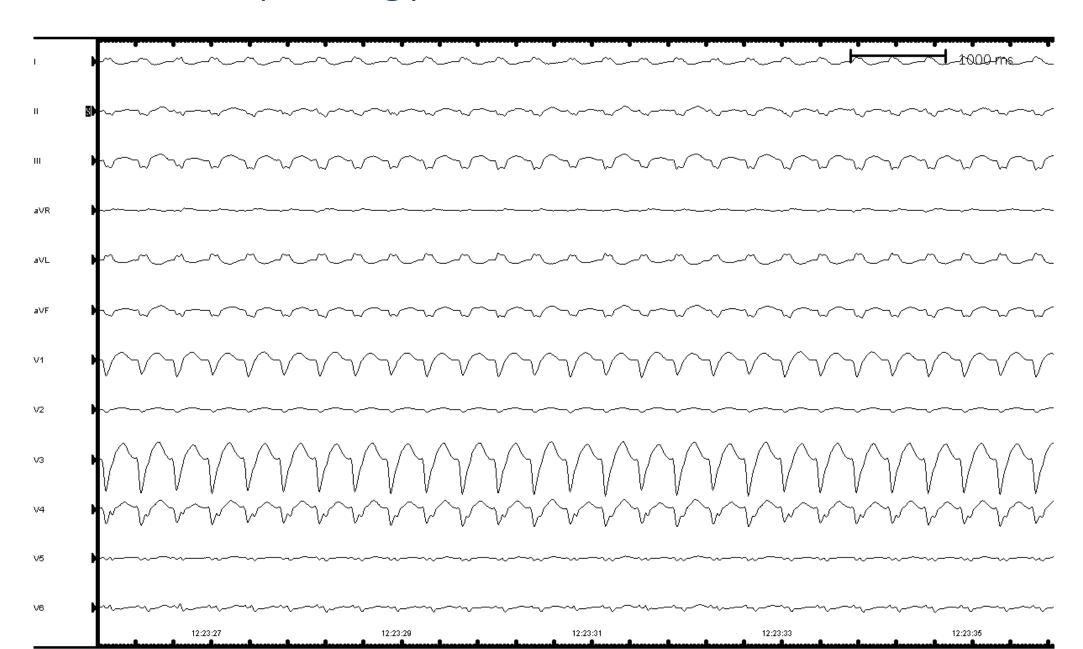


- VA Dissociation
  - Local signal registered with Octaray close to Left Posterior Fascicle

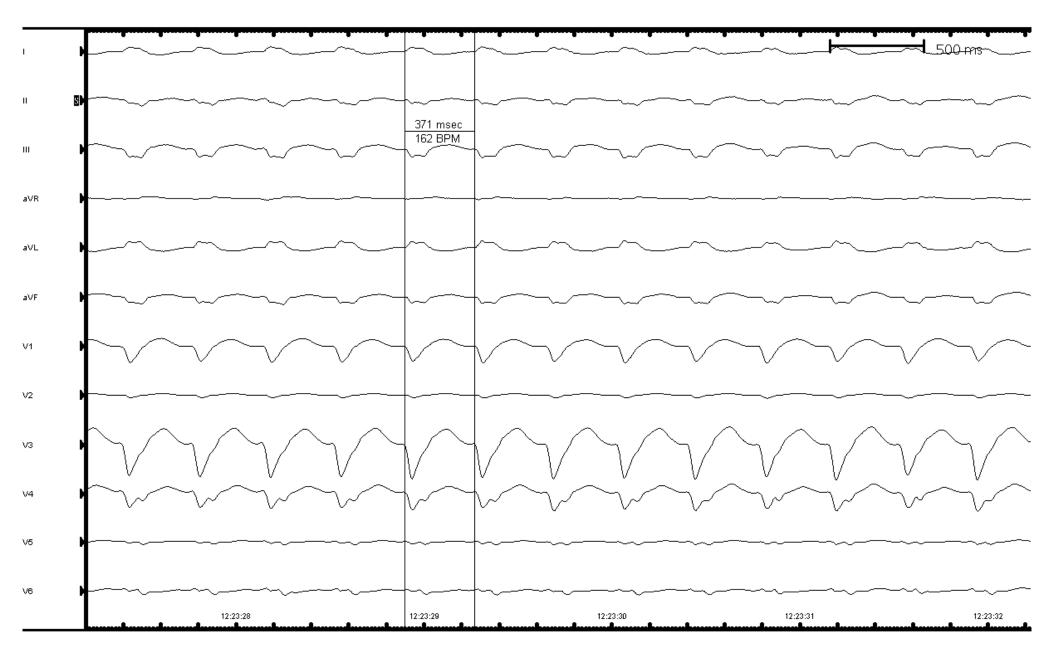




### VT3 – LBBB Morphology



### VT3 – LBBB Morphology

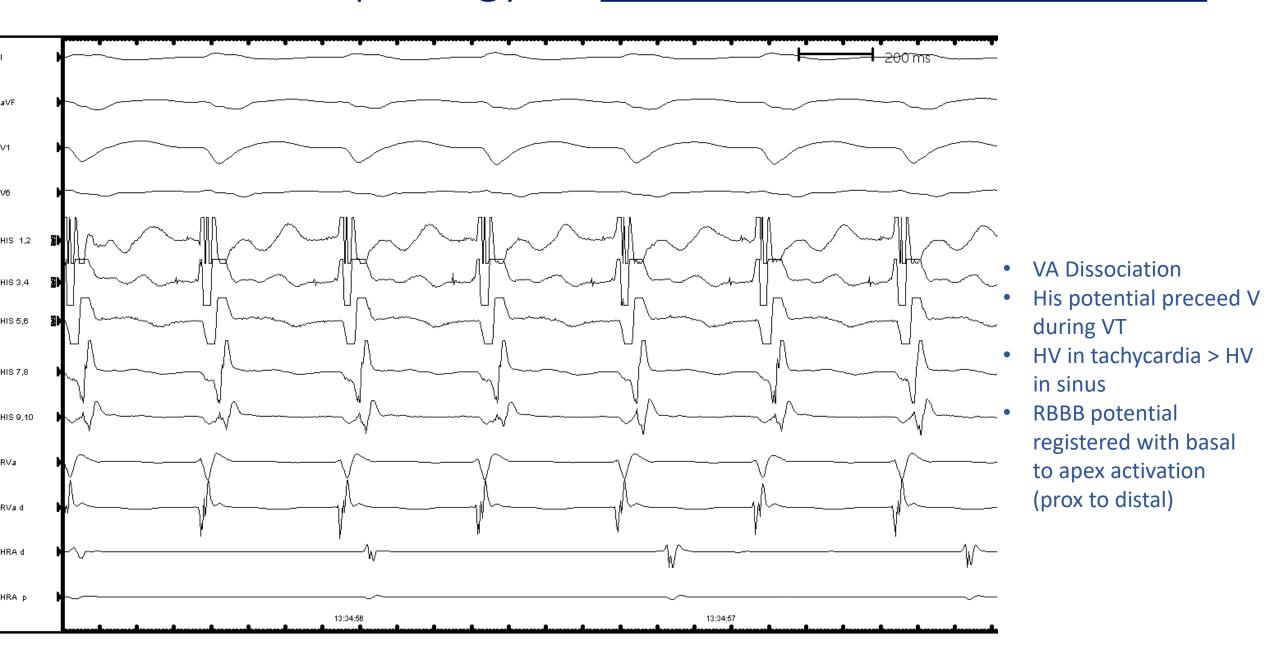


#### VT3 – LBBB Morphology



- VA Dissociation
- His potential preced V during VT
- HV in tachycardia > HV in sinus

#### VT3 – LBBB Morphology => <u>Bundle Branch Re-Entrant VT</u>

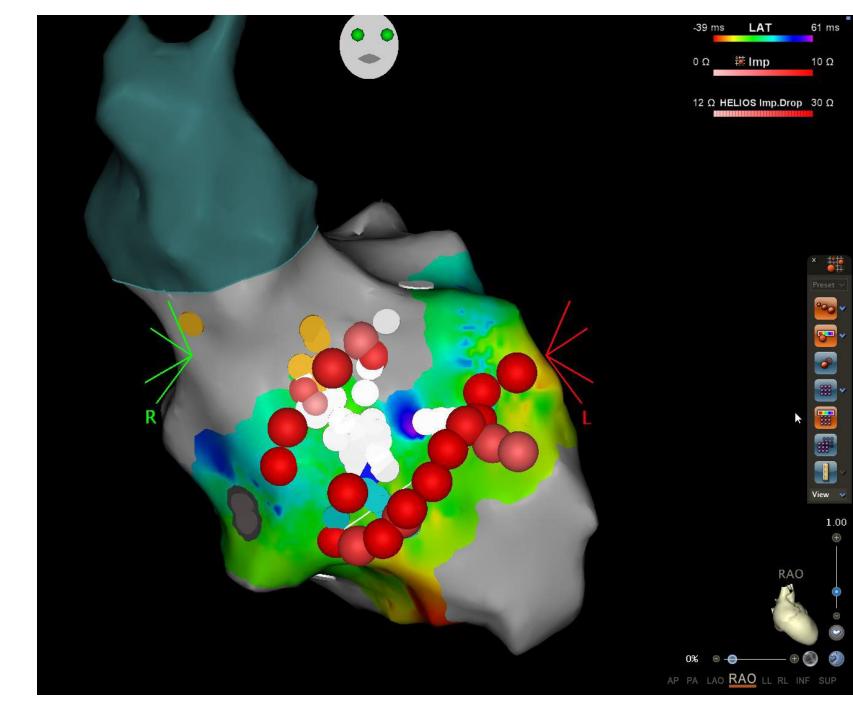


- Prolonged HV interval
- VT1 –VT2: Highly suggestive of Left fascicular / Purkinje related VT
- VT3: Diagnostic of Bundle Branch Re-Entrant VT

What would you do?

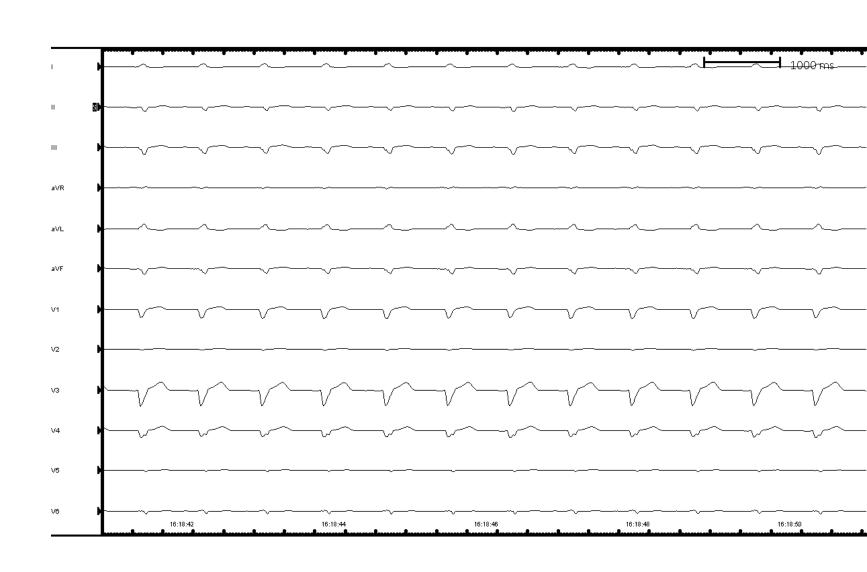
 Decision to ablate on the left side to treat both VT, first distally but still inducible for BBR VT so ablated more proximaly





#### At the end of procedure

- Sinus Rythm, LBBB left axis
- Non inducible for VT
- Unchanged conduction intervals



### Post ablation management

- Monitoring: no episode of arrythmia or
- Holter: permanent LBBB, no arrythmia or AV block
- TTE: normal
- Exercise test: 8min, up to 144bpm = 75%, no arrythmia or AV block, permanent LBBB

15-Nov-2023 08:11:17

Vent rate: 68 BPN PR int: 193 ms

QRS dur: 164 ms QT/QTc: 470 / 487 ms

P-R-T axes: 64 -39 81

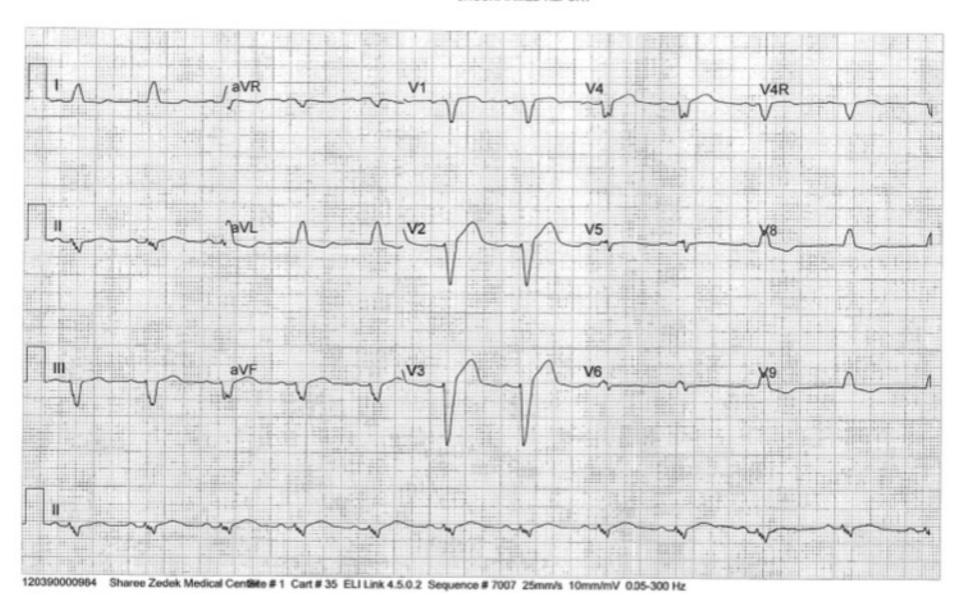
SINUS RHYTHM

LEFT AXIS DEVIATION [QRS AXIS < -30]

LEFT BUNDLE BRANCH BLOCK [120+ ms QRS DURATION, 80+ ms Q/S IN V1/V2, 85+

ms R IN I/aVL/V5/V6] ABNORMAL ECG

UNCONFIRMED REPORT



What would you do?

#### Bundle Branch Re-Entrant Ventricular Tachycardia

#### Novel Genetic Mechanisms in a Life-Threatening Arrhythmia

Jason D. Roberts, MD, MAS, A, Michael H. Gollob, MD, Charlie Young, MD, Sean P. Connors, MD, DPhil, Chris Gray, MD, Stephen B. Wilton, MD, MSc, Martin S. Green, MD, Dennis W. Zhu, MD, Kathleen A. Hodgkinson, PhD, Annie Poon, PhD, Qiuju Li, MSc, Nathan Orr, BSc, Anthony S. Tang, MD, George J. Klein, MD, Julianne Wojciak, MSc, Joan Campagna, CCMA, Jeffrey E. Olgin, MD, Nitish Badhwar, MBBS, Vasanth Vedantham, MD, PhD, Gregory M. Marcus, MD, MAS, Pui-Yan Kwok, MD, PhD, Rahul C. Deo, MD, PhD, Melvin M. Scheinman, MD



	Case 1	Case 2	Case 3	Case 4	Case 5	Case 6
Clinical features						
Age at diagnosis, yrs	17	18	38	37	22	29
Sex	F	M	F	M	M	М
Family history of arrhythmic disorder	Negative	Negative	CCD	Negative	Negative	Negative
Presentation	Syncope	ACA	ACA	Pre-syncope	Syncope	Syncope
Structural heart disease	Negative	Negative	BAE	BAV	BAV	Negative
Arrhythmia features						
Presenting rhythm	Presenting rhythm BBRVT		BBRVT	AVB	AVB	BBRVT
Baseline ECG	QRS 120 ms	Indet axis	AF & LBBB	AVB	AVB	iRBBB
Baseline HV, ms	61	79	62	60	78	75
BBRVT morphology	RBBB & LBBB	LBBB	LBBB	LBBB	RBBB & LBBB	LBBB
BBRVT HV, ms	74	91	75	66	86	115
BBRVT rate, beats/min	260, 240	170	250	200	270, 230	220
Follow-up						
Years	15	3	8	3	4	7
Other arrhythmias	SND, AFL	Negative	Negative	Negative	Negative	Negative
Clinical status	Alive	Alive	Deceased	Alive	Alive	Alive
Genetic mutation						
Gene	SCN5A	SCN5A	LMNA	-	-	-
Nucleotide change	C > G	C > T	C > G	-	-	-
Mutation type	Missense	Splice Site	Missense	-	-	-
Amino acid change	Ala1905Gly	N/A	Leu327Val	-	-	-
In silico analysis						
PolyPhen-2 score	0.999	N/A	0.566	-	-	-
SIFT score	0	N/A	0.05	-	-	-
Mutation Taster score	Disease-causing	Disease-causing	Disease-causing	-	-	-

Circulation: Arrhythmia and Electrophysiology

#### **ORIGINAL ARTICLE**

#### Electrophysiological Characteristics of Bundle Branch Reentry Ventricular Tachycardia in Patients Without Structural Heart Disease

Hongwu Chen, MD\*
Linsheng Shi, MD\*
Bing Yang, MD
Weizhu Ju, MD
Fengxiang Zhang, MD
Gang Yang, MD
Kai Gu, MD
Mingfang Li, MD
Kejiang Cao, MD, PhD
Feifan Ouyang, MD
Minglong Chen, MD

Table 1. Baseline Characteristics of Patients With BBR-VT

Patient No.	Gender	Age, y	Symptom	Left Atrial Diameter	LVDd	LVEF, %	Baseline QRS Morphology	VT Morphology	Addi VT	Previous Device Implantation	Previous Ablation	Ablation Arrhythmia
1	М	44	Palpitation	40	54	62.3	LBBB	LBBB/LAD	PRVT		+	LPFVT
2	М	47	Palpitation	36	48	61.9	LBBB	LBBB/LAD			_	
3	М	48	Presyncope	37	53	57.1	NQRS	LBBB/LAD	PRVT	ICD	_	
4	F	27	Presyncope	38	49	60.3	NQRS	LBBB/LAD			_	
5	М	20	Palpitation	27	45	62.1	NQRS	LBBB/LAD			-	
6	М	16	Syncope	28	47	65.8	LBBB	LBBB/LAD	PRVT	DDD	_	
7	М	20	Syncope	29	50	67.9	NQRS	LBBB/LAD			+	AFL
8	8 F	F 27	Palpitation	30	49	60.9	NQRS	LBBB/LAD	PRVT		+	MCT-AT
								RBBB/RAD				
9	М	17	Palpitation	32	43	67.5	LBBB	LBBB/LAD	PRVT		_	
Mean		29.6		33	48.7	62.8						
STD		13.2		4.8	3.5	3.6						

<sup>–</sup> indicates not previous ablation; +, previous ablation; addi VT, additional ventricular tachycardia; AFL, atrial flutter; AT, atrial tachycardia; BBR-VT, bundle branch reentry ventricular tachycardia; DDD, dual-chamber pacemaker; ICD, implanted cardiac defibrillator; LAD, left axis deviation; LBBB, left bundle branch block; LPFVT, left posterior fascicular ventricular tachycardia; LVDd, left ventricular diastolic diameter; LVEF, left ventricular ejection fraction; MCT, middle crista terminalis; NQRS, narrow QRS morphology; PRVT, Purkinje-related ventricular tachycardia; and RAD, right axis deviation.

#### Long-Term Outcome of Catheter Ablation for Treatment of Bundle Branch Re-Entrant Tachycardia

- LBB Ablation in 13 (41%) pre existing LBBB or mechanical LBBB
- 6 patients died (3 CHF, 1 PE, 1 sepsis, 1 malignancy)
- 26 patients (81%) with 88+/- 36months follow up: no recurrence of BBRT 4 patients with different myocardial VT (inducible during procedure)
- Normal LV function and no other VT inducible: no need for ICD

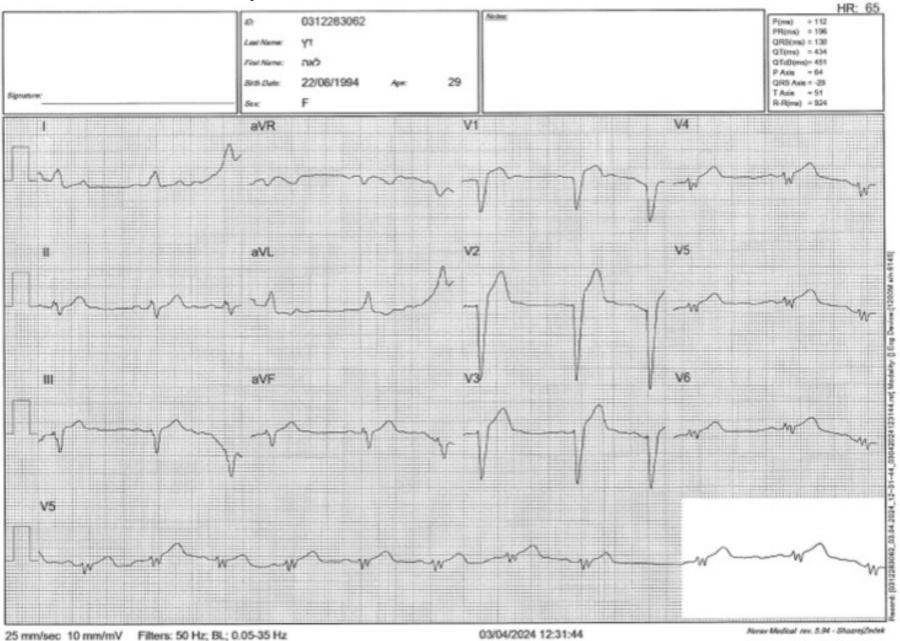
Rajeev K. Pathak, MBBS, PhD,<sup>a</sup> Joe Fahed, MD,<sup>a</sup> Pasquale Santangeli, MD, PhD,<sup>a</sup> Matthew C. Hyman, MD, PhD,<sup>a</sup> Jackson J. Liang, DO,<sup>a</sup> Maciej Kubala, MD,<sup>a</sup> Tatsuya Hayashi, MD,<sup>a</sup> Daniele Muser, MD,<sup>a</sup> Manina Pathak, MBBS, MPH,<sup>b</sup> Arshneel Kochar, MD,<sup>a</sup> Simon A. Castro, MD,<sup>a</sup> Fermin C. Garcia, MD,<sup>a</sup> David S. Frankel, MD,<sup>a</sup> Gregory E. Supple, MD,<sup>a</sup> Robert D. Schaller, DO,<sup>a</sup> David Lin, MD,<sup>a</sup> Michael P. Riley, MD,<sup>a</sup> Rajat Deo, MD,<sup>a</sup> Andrew E. Epstein, MD,<sup>a</sup> Erica S. Zado, PA-C,<sup>a</sup> Sanjay Dixit, MD,<sup>a</sup> David J. Callans, MD,<sup>a</sup> Francis E. Marchlinski, MD<sup>a</sup>

TABLE 1 Baseline Characteristics				
Age (yrs)	$69.1 \pm 13.2$			
Males	26 (81)			
History of atrial fibrillation/flutter	3 (9)			
History of coronary artery disease	18 (56)			
History of hypertension	19 (59)			
History of myocardial infarction	10 (31)			
History of diabetes mellitus	18 (56)			
Clinical history of syncope	17 (53)			
History of valve replacement	5 (15)			
Type of cardiomyopathy				
ICM	13 (41)			
NICM	8 (25)			
No cardiomyopathy	11 (34)			
2-dimensional echocardiography				
LVEF %	$38.7 \pm 17.5$			
LVEF ≤55%	22 (69)			
LVEDD	$5.9\pm1.0$			
Interventricular septum	$\textbf{0.98} \pm \textbf{0.23}$			
Medical therapy				
Beta-blockers	26 (81)			
ACE inhibitor/ARB	17 (53)			
Failed antiarrhythmic drug	30 (94)			
Amiodarone before procedure	14 (44)			

#### Post ablation management

- No ICD
- No PM
- No medical therapy
- ILR implantation
- Genetic evaluation
- Close follow up and control EPS 1-2 months after procedure

### 6 months follow up



#### 6 months follow up

- No clinical episode
- ILR: no episode of arrythmia or AV block
- Not interested in control EPS
- Didn't do genetic evaluation
- Brother: diagnostic of muscular disease

Thank you for your attention