



UPDATE ON CARDIAC DISEASE IN PREGNANCY AND LONG-TERM CHALLENGES IN WOMEN'S HEALTH

30/01/2026

Sourasky Auditorium, Sheba Tel-HaShomer Medical Centre

AGENDA

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|-------------|---|
| 08:15-08:45 | Registration, Light Refreshments & Visit at the Exhibition |
| 08:45-08:50 | Opening Remarks |
| 08:50-10:40 | Session I: Focus on the 2025 ESC Guidelines for Cardiovascular Disease in Pregnancy

Panel: Avi Shotan Laniado Medical center
Avishay Grupper Shamir Medical Center
Sorel Goland Kaplan Medical Center |
| 08:50-09:05 | 2025 ESC Guidelines: Changing the Paradigm of Risk Stratification from "Avoid Pregnancy" to Personalized Decision Making
Donna Zfat Hadassa Medical Center |
| 09:05-09:25 | Cardiomyopathy and Heart Failure in Pregnancy: A focus on Recent Data and Guidelines
Uri Elkayam USA |
| 09:25-09:40 | The Risky Business of Valvular Diseases and Anticoagulation in 2025: What is new in the Guidelines?
Rafael Kuperstein Sheba Medical Center |
| 09:40-09:55 | Impact of Reproductive Therapies on Cardiovascular Outcomes
Michal Simchen Tel Aviv University |
| 09:55-10:25 | Hypertensive Disorders of Pregnancy and Preeclampsia - A Joint Perspective

09:55-10:05 A Cardiologic Perspective
Nili Schamroth Tel Aviv Medical Center

10:05-10:25 An obstetrical perspective
Simcha Yagel Hadassa Medical Center |
| 10:25-10:40 | The Future of Cardio Obstetrics Begins Today
Hezzy Shmueli Soroka Medical Center |
| 10:40-10:45 | Q&A |
| 10.45-11:30 | Brunch |
| 11:30-13:00 | Session II: Long-Term Cardiovascular Health After Pregnancy

Panel: Avital Porter Rabin Medical Center
Romana Herscovici Sheba Medical Center
Miri Blich Rambam Medical Center |
| 11:30-11:45 | Long-Term Impact of Hypertensive Disorders of Pregnancy on Morbidity in Young Women
Shelly Lichtenberg Rabin Medical Center |
| 11:45-12:00 | Long-Term Outcomes of PPCM and Subsequent Pregnancies in Israel: Insights from National Data
Sorel Goland Kaplan Medical Center |
| 12:00-12:15 | What Can a Cardiologist Learn About Women's Cardiovascular Health from Adverse Pregnancy Outcomes?
Avital Porter Rabin Medical Center |
| 12:15-12:25 | Discussion |
| 12:25-12:55 | Cardio-Pregnancy Excellence: Fellows' Scientific Session |
| 12:25-12:35 | Best Research Project on Heart Disease in Pregnancy
TBA |
| 12:35-12:55 | Two Most Challenging Cases
TBA |
| 12:55-13:00 | Closing Remarks |