



# האם יש חשיבות למתן מעכבי GPIIb/IIIa בחולים עם STEMI בעידן של מעכבי טסיות פומיים פוטנטיים ? נגד

פרופ' אלי לב  
מנהל היחידה לצנתורי לב  
בית חולים השרון, מרכז רפואי רבין  
אוניברסיטת ת"א

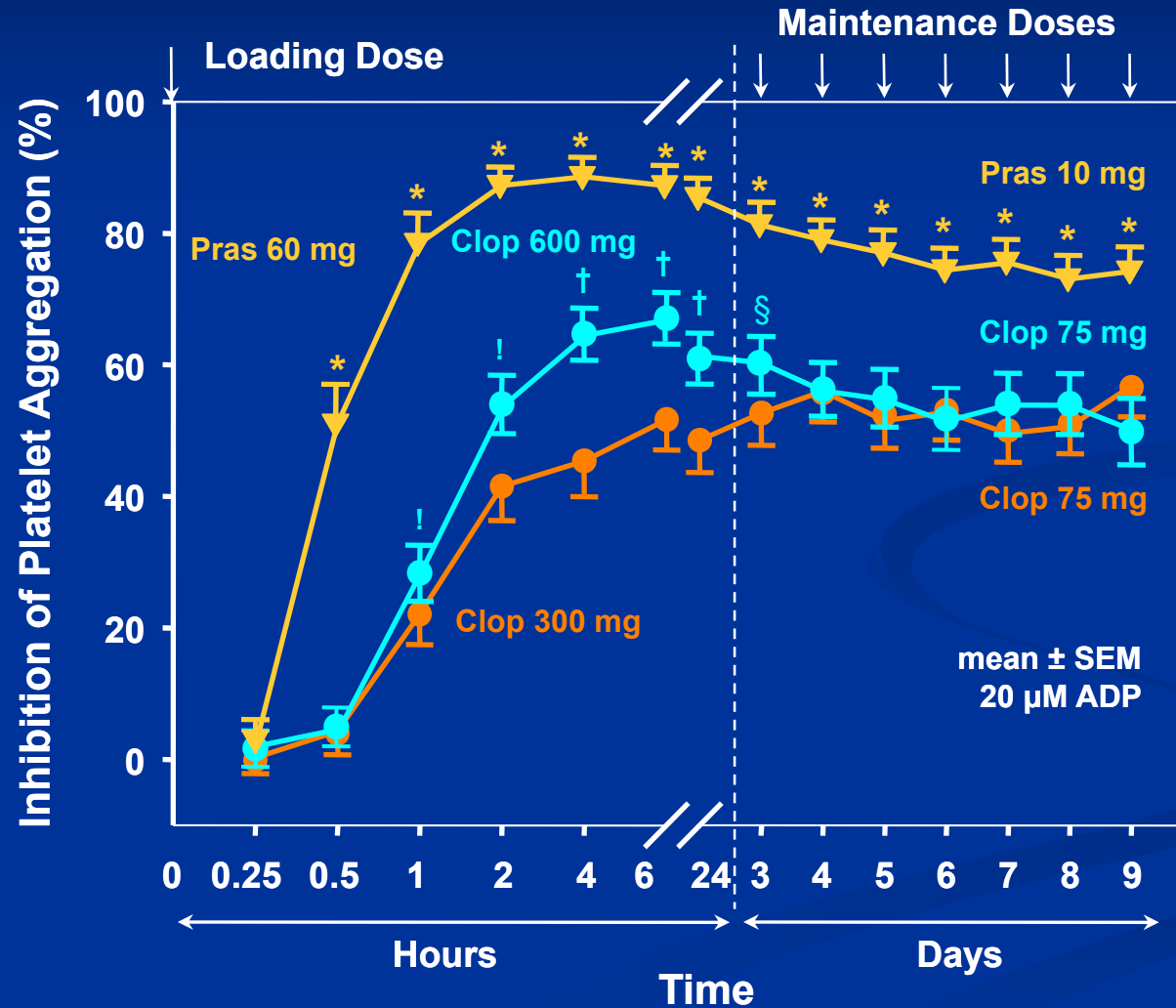
# OUTLINE

- Pharmacodynamic considerations
- Clinical data regarding the current role of GP IIb/IIIa inhibitors in patients with STEMI:
  1. GP IIb/IIIa inhibitors following clopidogrel 600 mg loading
  2. GP IIb/IIIa inhibitors in patients treated with prasugrel
  3. GP IIb/IIIa inhibitors in patients treated with ticagrelor

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# Prasugrel 60/10 mg vs Clopidogrel 300-600/75 mg in healthy volunteers

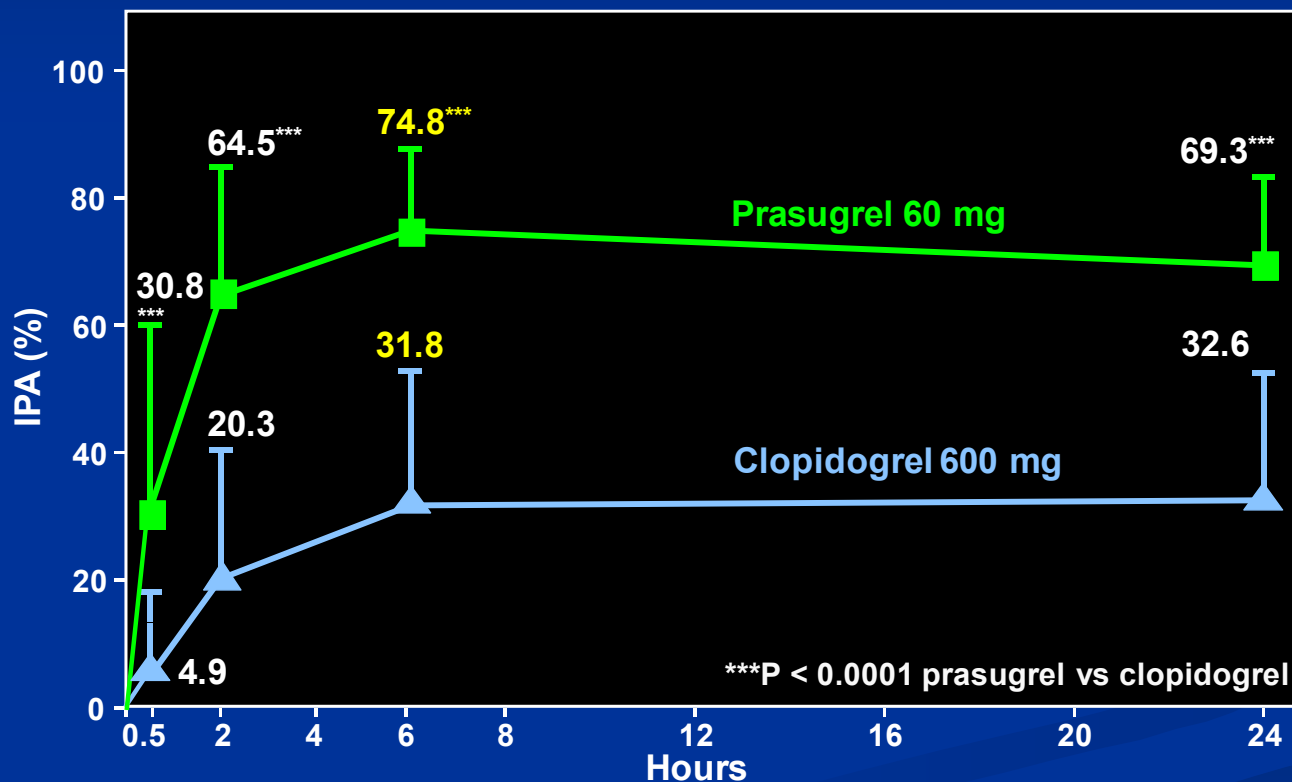


\*  $P < 0.001$  vs. Clop 300 mg or 600 mg LD  
 †  $P < 0.001$  vs. Clop 300  
 !  $P < 0.05$  vs. Clop 300  
 §  $P < 0.05$  vs Clop 300/75

# PRINCIPLE-TIMI 44 – loading phase

Primary End Point: LD Phase  
IPA (20  $\mu$ M ADP)

PRINCIPLE  
TIMI 44

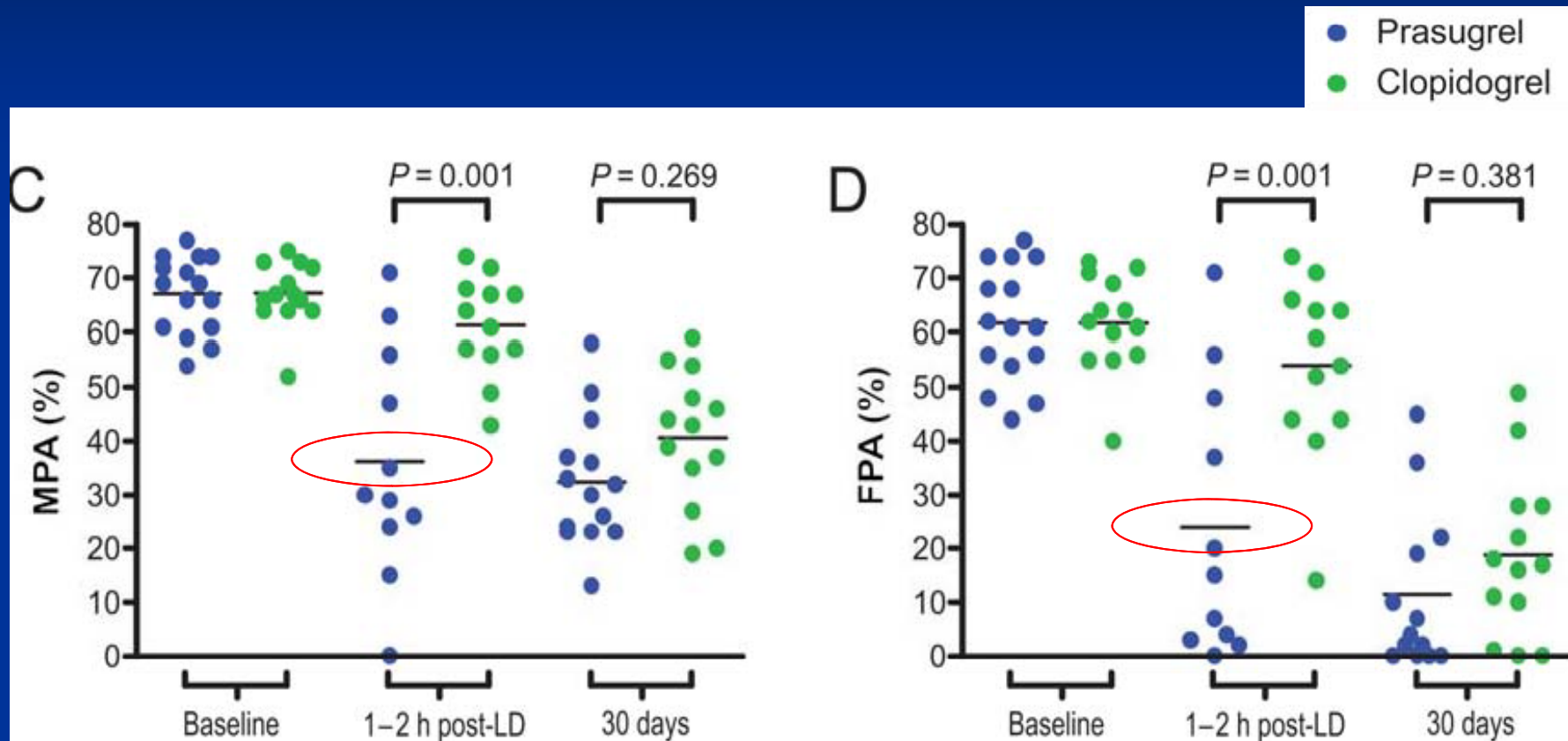


Primary efficacy end point was IPA at 6 hours.  
ADP=Adenosine Diphosphate; IPA=Inhibition of Platelet Aggregation; LD=Loading Dose  
Wiviott SD et al. *Circulation* 2007;116:2923-2932

201 pts undergoing planned elective PCI, 28 day crossover design.

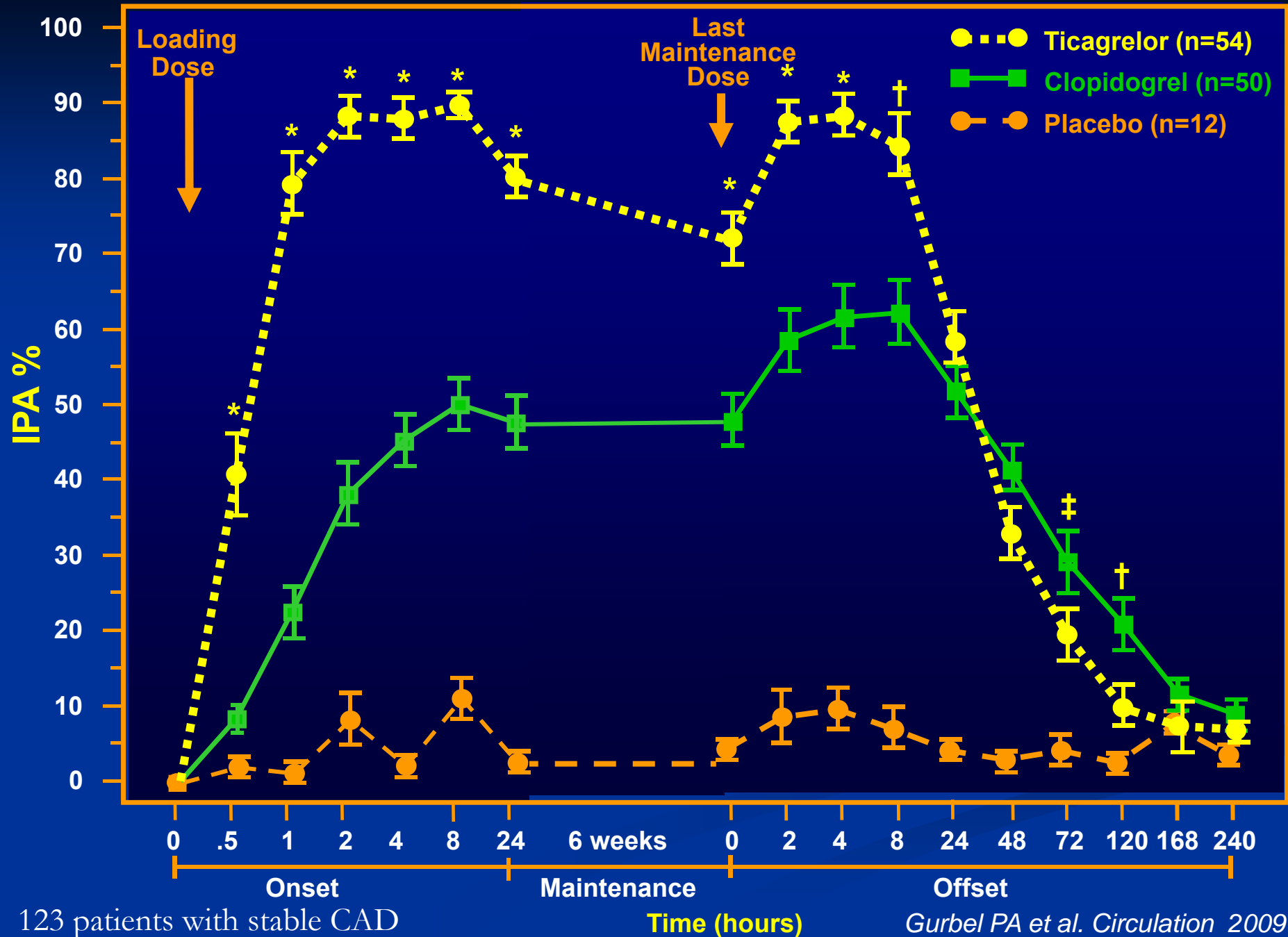
Wiviott et al, *Circulation* 2007

# Pharmacodynamic substudy of TRITON - ACS patients

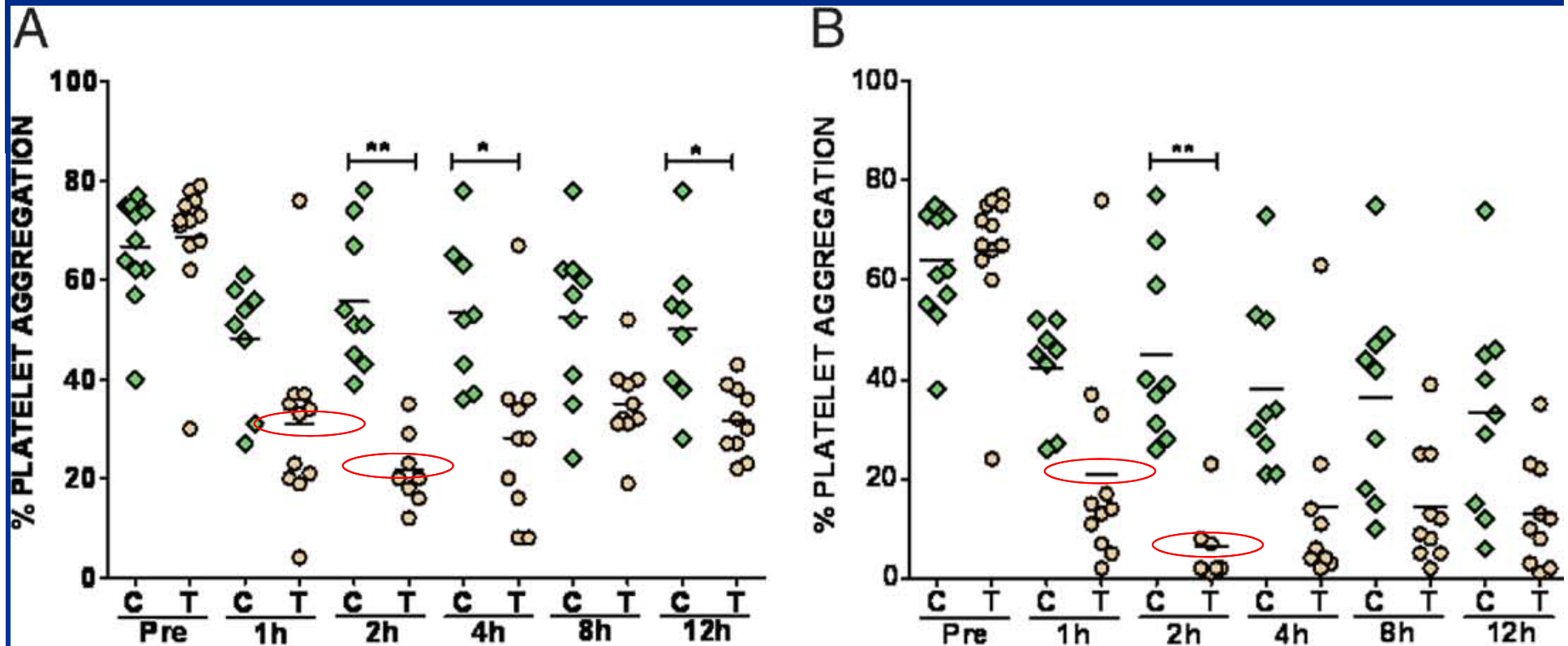


Aggregation in response to 5 microM ADP

# Ticagrelor - Onset / Offset Study, IPA to 5uM ADP



# PLATO – PLATELET substudy



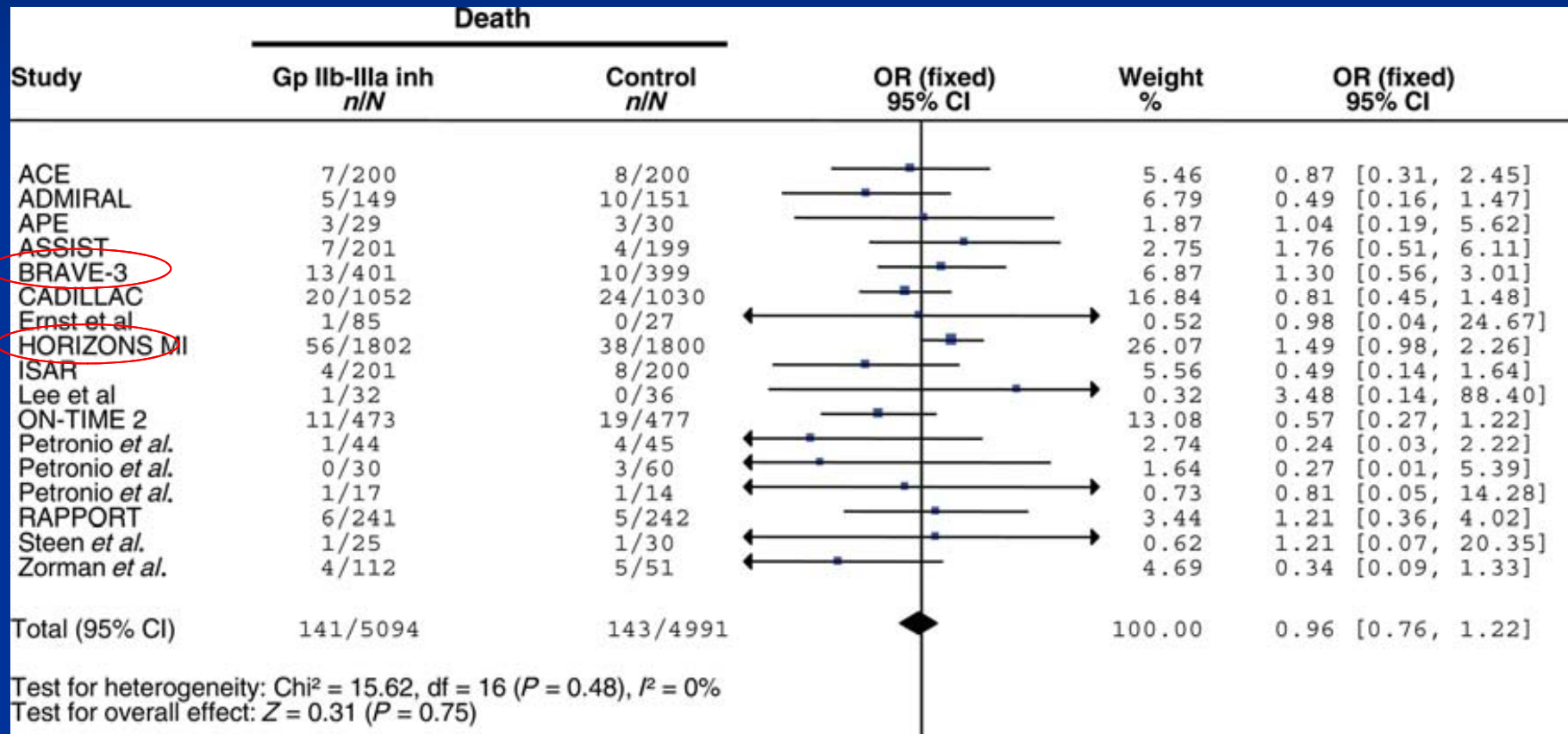
Aggregation in response to 20 microM ADP



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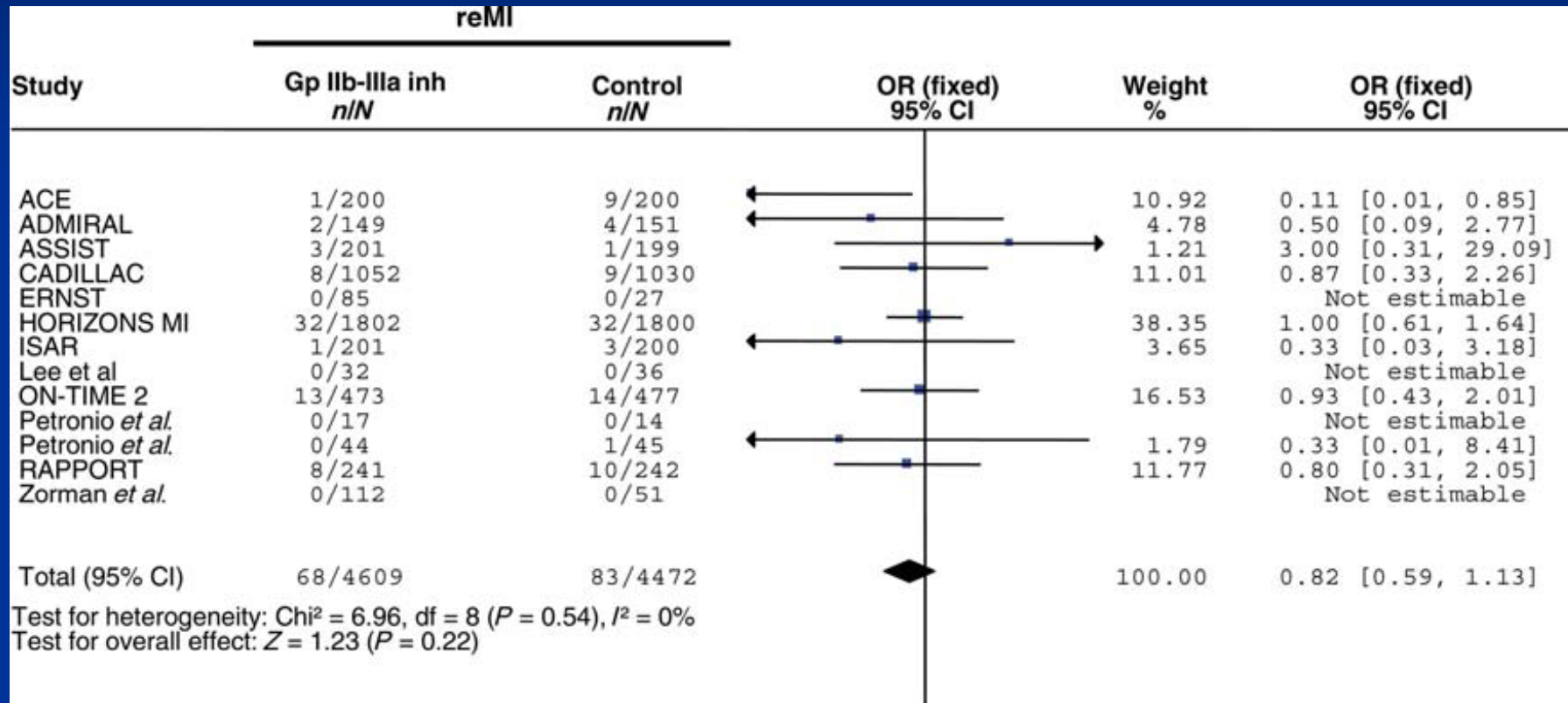
# Updated meta-analysis of effect of GPIs on 30 day mortality in pts with STEMI



Favors GPIs

Favors Control

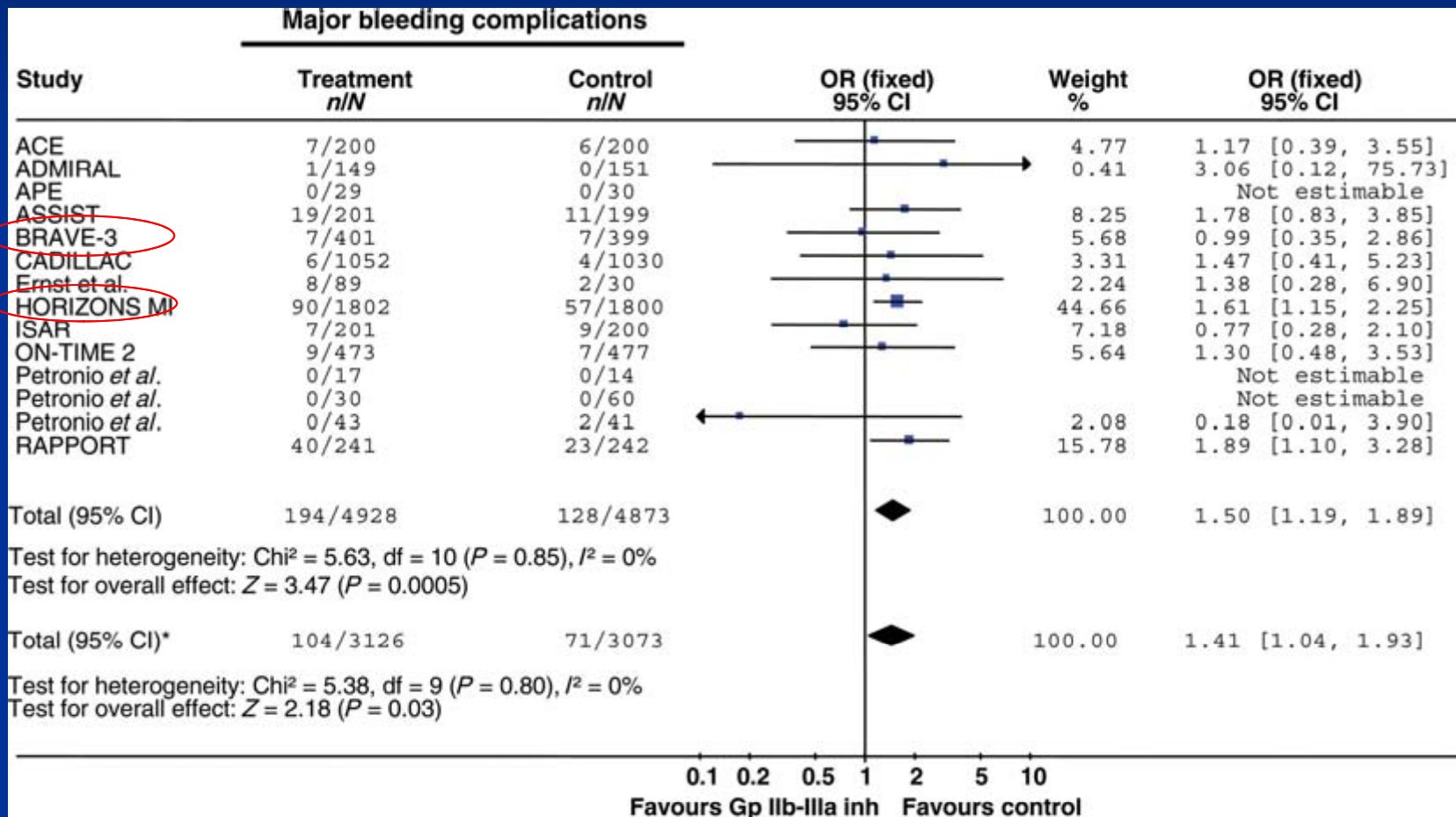
# Updated meta-analysis of effect of GP IIb/IIIa inhibitors on 30 day re-MI



Favors GPIs

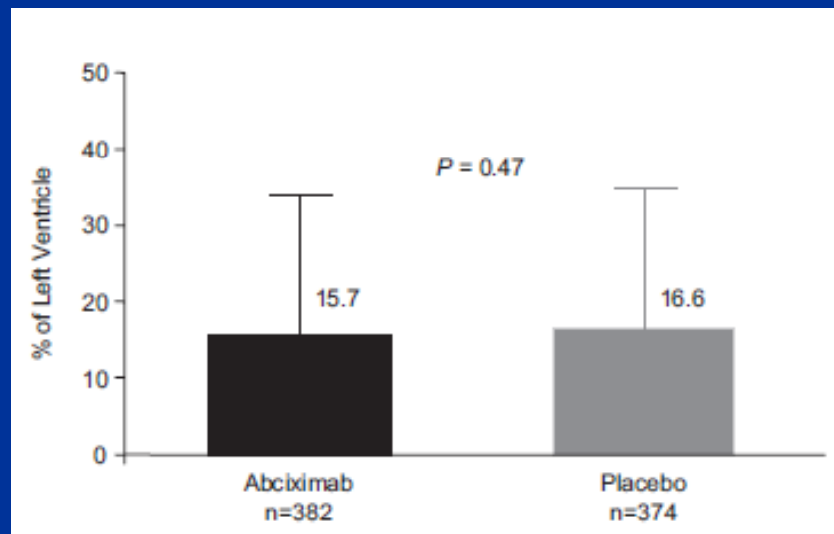
Favors control

# Updated meta-analysis of effect of GP IIb/IIIa inhibitors on major bleeding

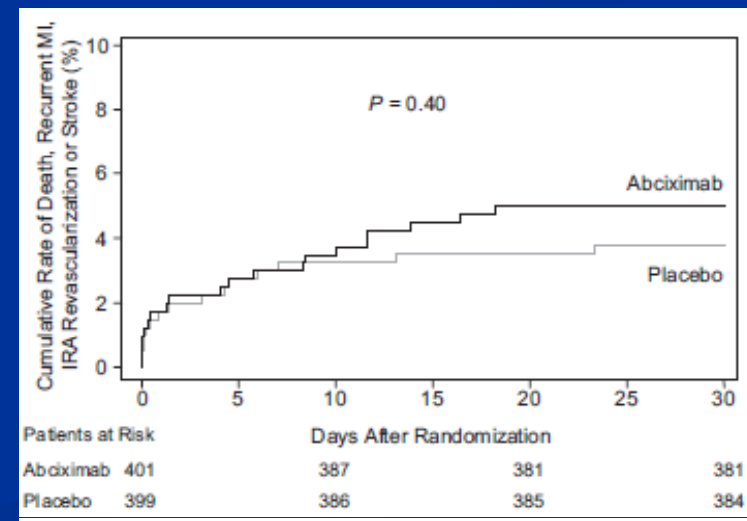


# BRAVE-3 Trial

- 800 patients with acute STEMI, all treated with 600 mg clopidogrel, were randomly assigned receive either abciximab (for 12 hrs) or placebo in the ICU before being sent to the cath lab for 1° PCI
- The primary end point, infarct size measured by SPECT before hospital discharge



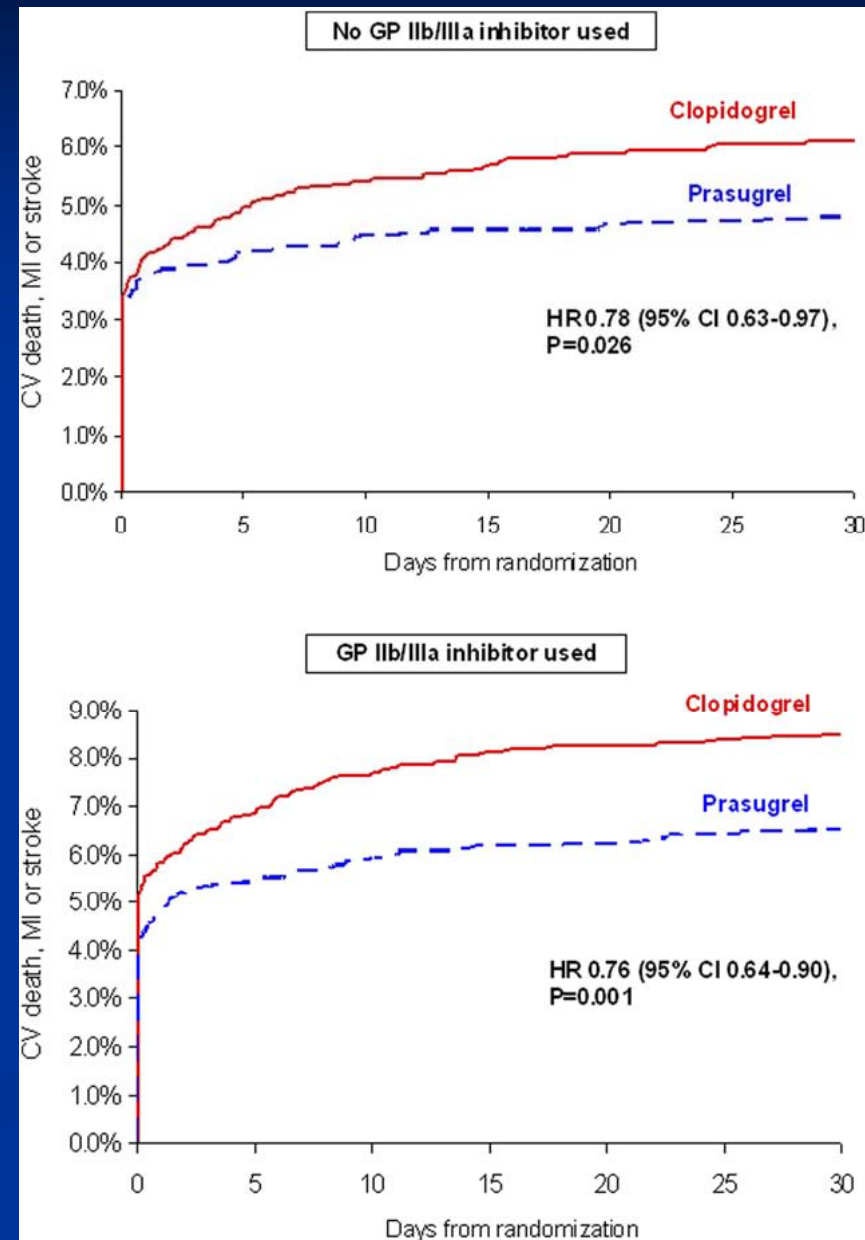
Primary endpoint



MACE

# GPIIb/IIIa's and prasugrel in the TRITON

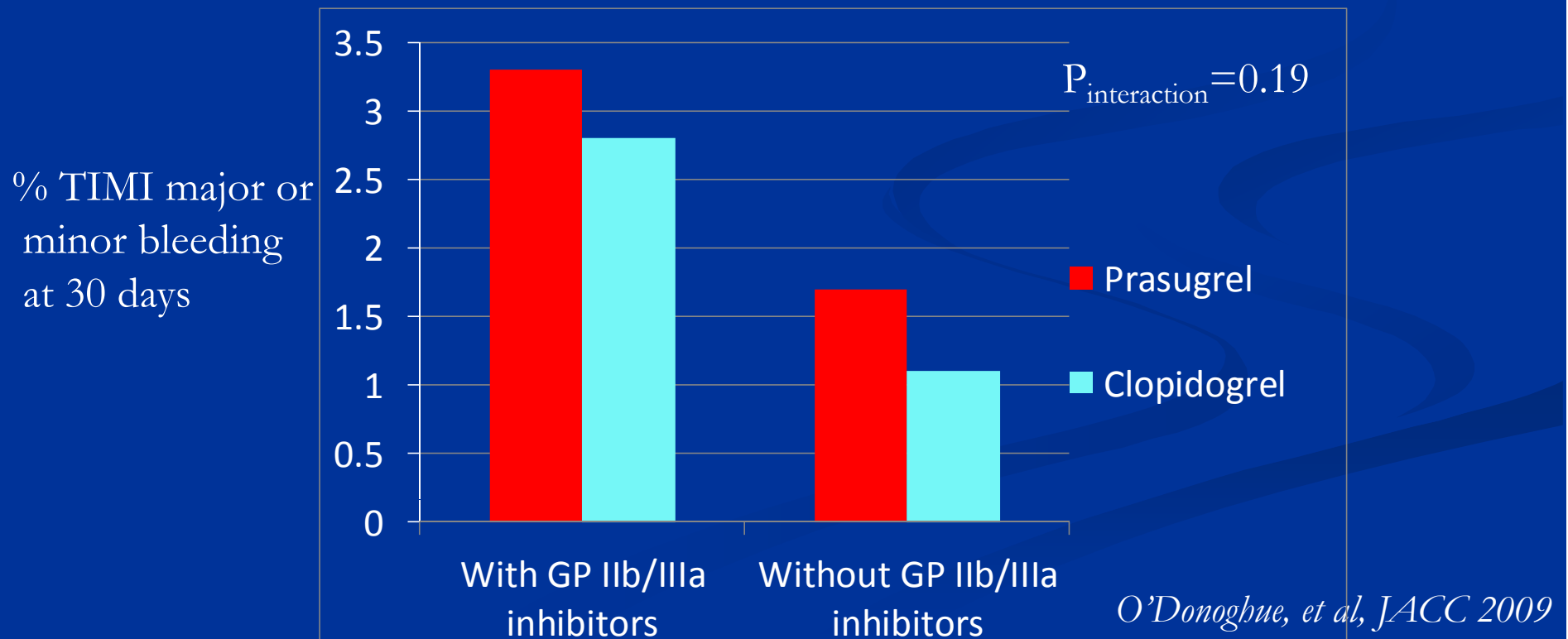
- In pts with STEMI 27% received the study drug as pre-treatment
- 54% of the pts received GP IIB/IIIa inhibitors (STEMI pts – 63%)
- Prasugrel significantly reduced the risk of MACE regardless of whether or not a GP IIB/IIIa inhibitor was used ( $P_{\text{interaction}}=0.8$ )



# GPIIb/IIIa's and prasugrel in the TRITON

## Effect on bleeding

- Although the relative risk of TIMI major or minor bleeding with prasugrel vs. clopidogrel was not sig. affected by the use of GP IIb/IIIa inhibitors, **“subjects treated with a GP IIb/IIIa inhibitor had greater rates of bleeding”**



# GPIIb/IIIa's in the TRITON

## Effect on bleeding

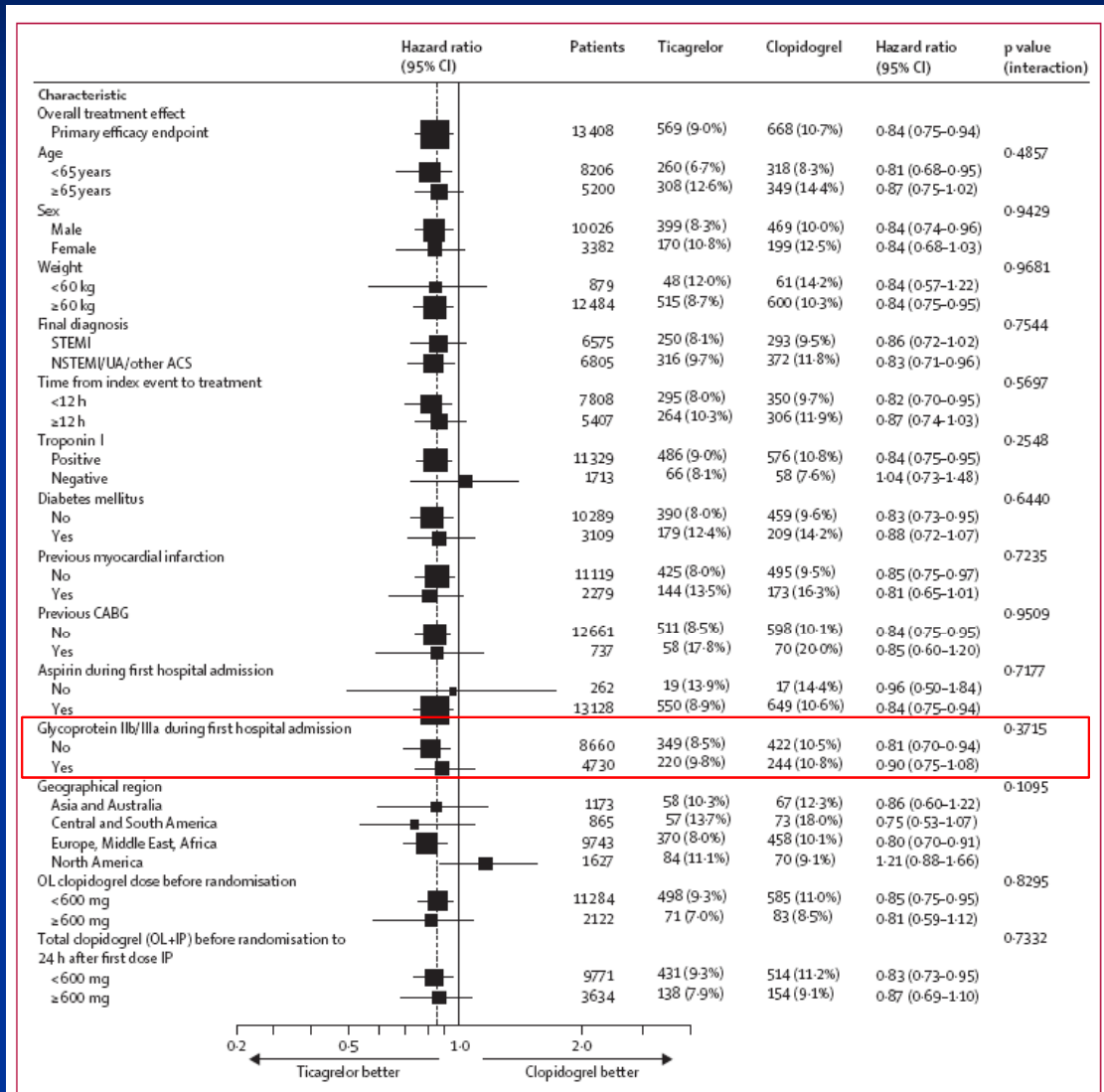
Predictors of serious bleeding

	HR (95% CI)	P	Strength of Association With Bleeding*
Predictors of any serious bleeding			
Female sex	1.77 (1.44–2.18)	<0.001	28.79
GPIIb/IIIa inhibitor used	1.59 (1.29–1.95)	<0.001	19.33
Duration of intervention, per 10-min intervals	1.07 (1.04–1.10)	<0.001	17.98
Age, by decade	1.22 (1.09–1.38)	<0.001	11.07
Assignment to prasugrel, vs clopidogrel	1.34 (1.12–1.60)	0.001	10.19
ST-segment elevation myocardial infarction	1.35 (1.10–1.66)	0.005	7.98
Femoral access	1.60 (1.07–2.39)	0.02	5.23
Creatinine clearance, per 10 mL/min decrease	1.05 (1.01–1.09)	0.03	4.84



# GPIIb/IIIa's and ticagrelor in the PLATO

## PLATO INVASIVE SUBGROUP ANALYSIS



27% of pts in total cohort received GPIs, 35% of STEMI pts

Efficacy endpoint - MACE

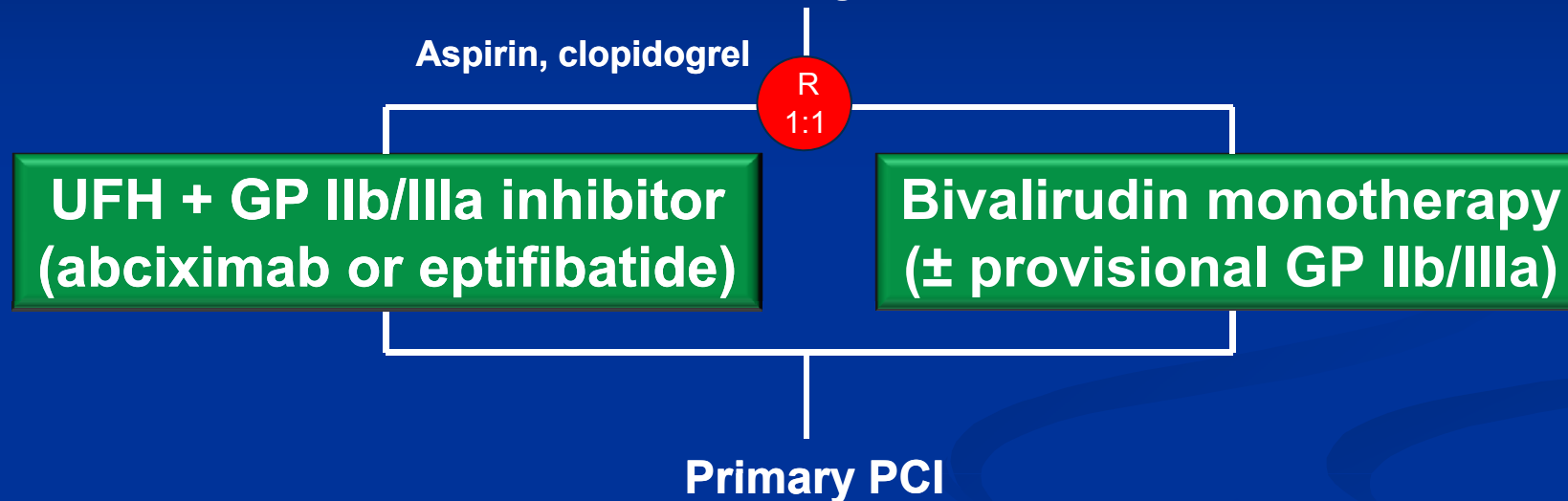
# GPIIb/IIIa's and ticagrelor in the PLATO

- **GPIIb/IIIa inhibitor use independently associated with higher risk of non-CABG related major bleeding.**
- Sig. interaction between GPIIb/IIIa inhibitor use and differential bleeding effects of ticagrelor vs. clopidogrel ( $P_{\text{interaction}}=0.017$ )
- Clopidogrel group: pts receiving GP IIb/IIIa inhib. were at sig. higher risk of non-CABG major bleeding (HR 2.02; 95% CI 1.53–2.67)
- Ticagrelor group: a numerical increase in the risk of non\_CABG major bleeding in pts receiving GP IIb/IIIa inhib. (HR 1.26; 95% CI 0.96–1.66).

# Study Design

**HORIZONSAMI**

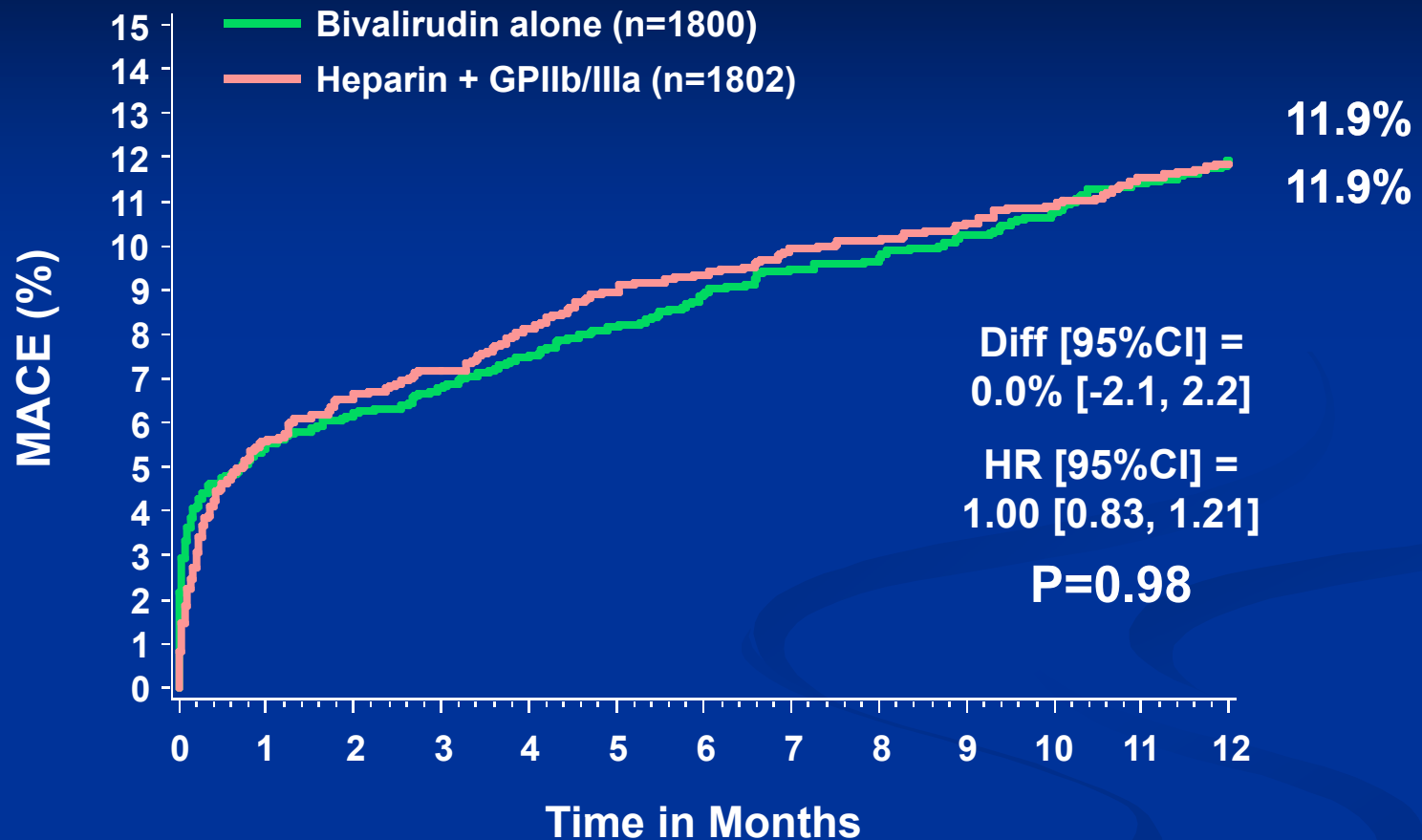
3602 pts with STEMI with symptom onset  $\leq 12$  hours



Clinical FU at 30 days, 6 months,  
1 year, and then yearly through 5 years

*Stone G et al, NEJM 2008, Lancet 2009*

# HORIZONS AMI - 1-Year Major Adverse CV Events 3602 patients with STEMI

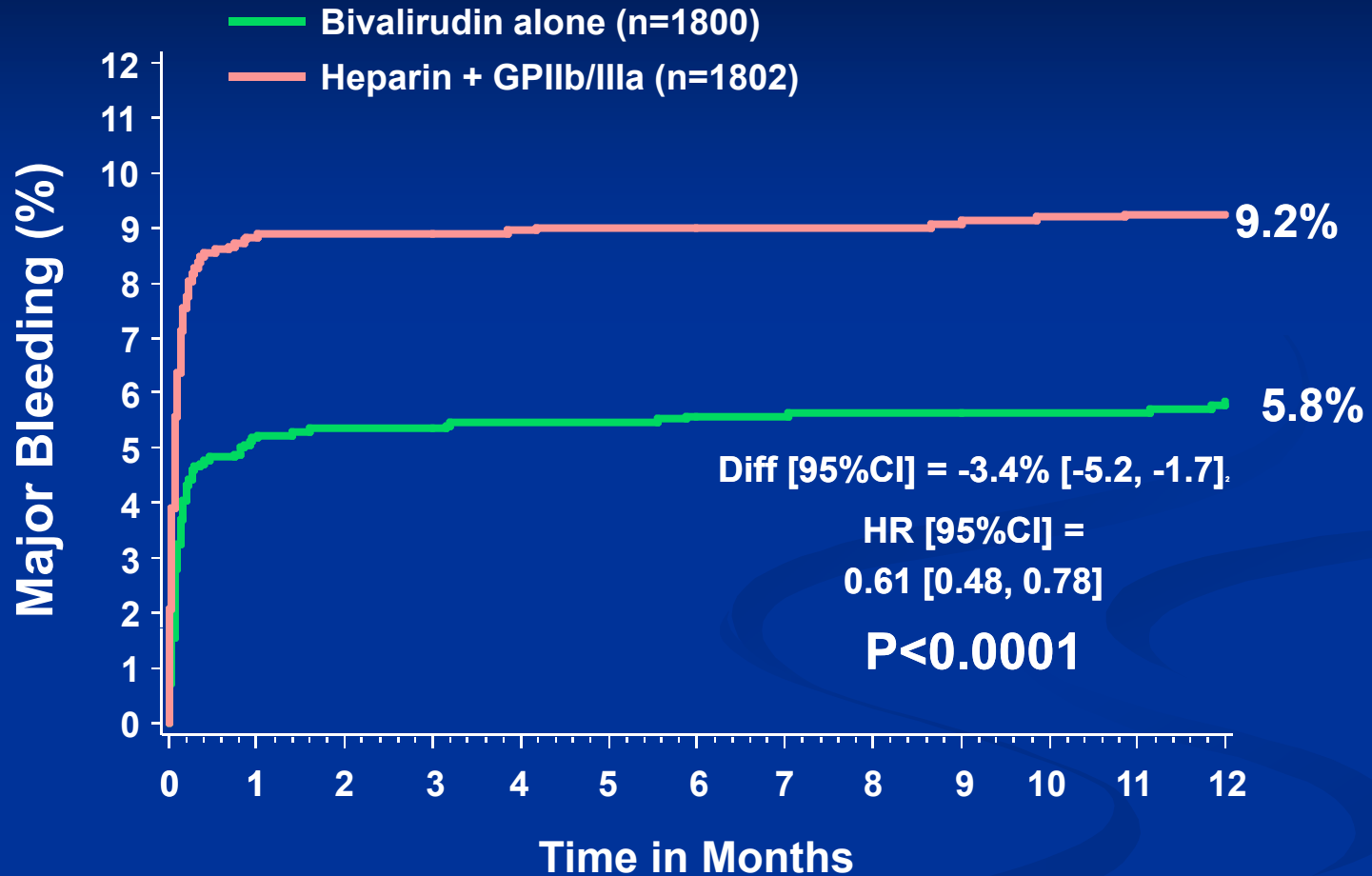


**Number at risk**

Time (Months)	0	1	2	3	4	5	6	7	8	9	10	11	12
Bivalirudin alone	1800	1627	1579	1544	1394								
Heparin+GPIIb/IIIa	1802	1619	1573	1540	1380								

\*MACE = All cause death, reinfarction, ischemic TVR or stroke

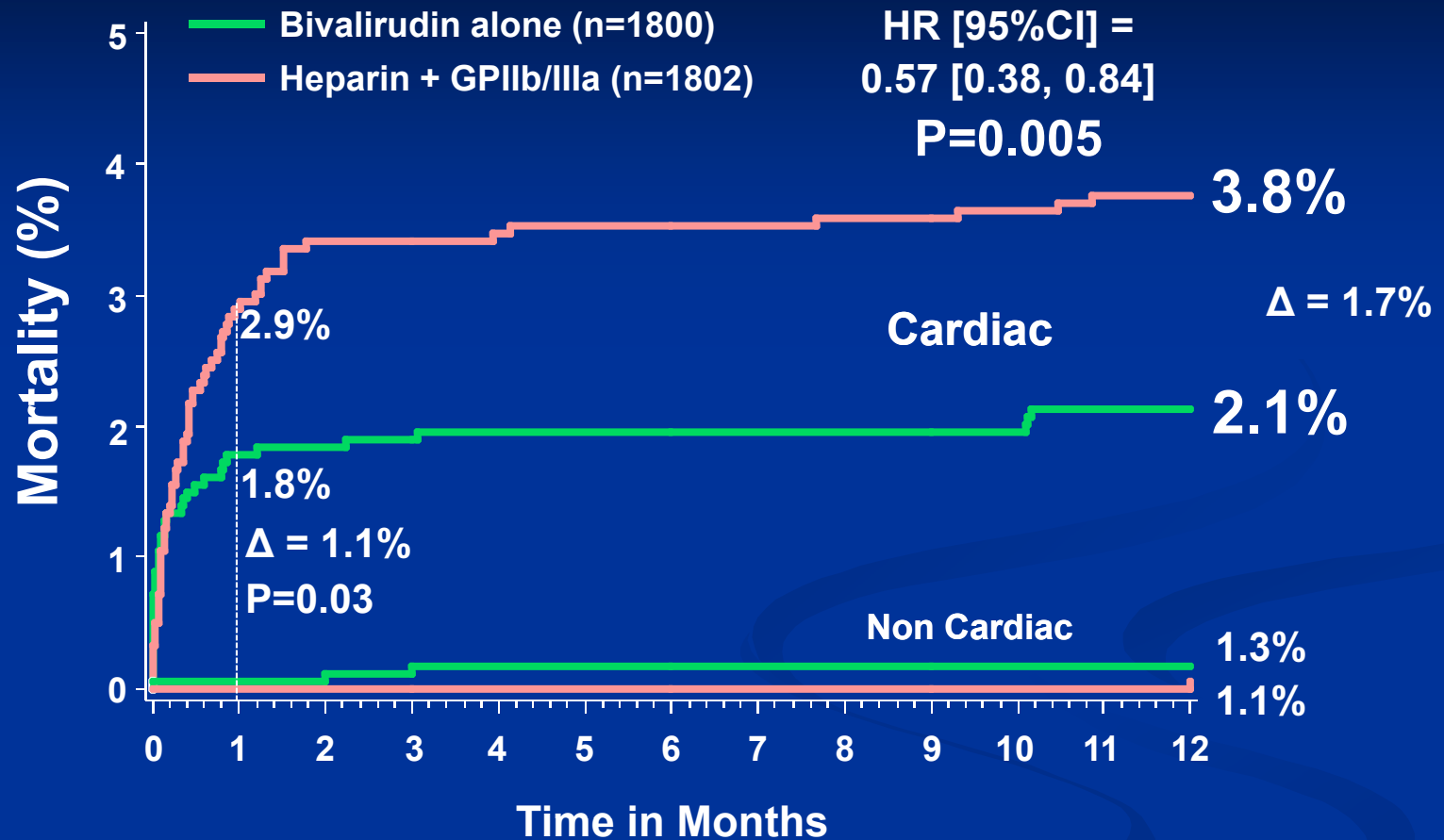
# HORIZONS - 1-Year Major Bleeding (non-CABG)



**Number at risk**

Bivalirudin alone	1800	1621	1601	1586	1448
Heparin+GPIIb/IIIa	1802	1544	1532	1515	1368

# HORIZONS AMI 1-Year Mortality



**Number at risk**

Bivalirudin alone	1800	1705	1684	1669	1520
Heparin+GPIIb/IIIa	1802	1678	1663	1646	1486

# CONCLUSIONS

1. Pharmaco. - both prasugrel and ticagrelor achieve rapid and potent platelet inhibition – within 2 hrs, close to max. effect (which is similar in magnitude to that of GP IIb/IIIa inhib.)
2. Both prasugrel and ticagrelor are more effective in reducing ischemic events than clopidogrel, regardless of GPIIb/IIIa inhibitor treatment (no sig. interaction)
3. GP IIb/IIIa inhibitor use consistently and independently associated with increased major bleeding rates
4. Bivalirudin compared with heparin + GPIs - safer + ↓mortality
5. I believe GP IIb/IIIa inhibitor use in pts with STEMI treated with new P2Y12 inhib. + primary PCI should be reserved for “bailout” situations - large thrombus load, slow flow etc.

# “Clinging” to history and GP IIb/IIIa inhibitors





**THANK YOU**

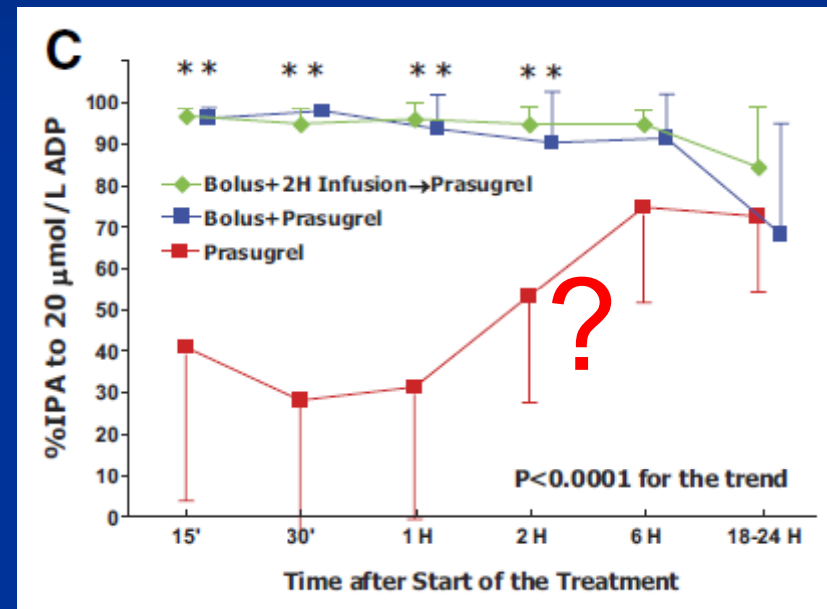
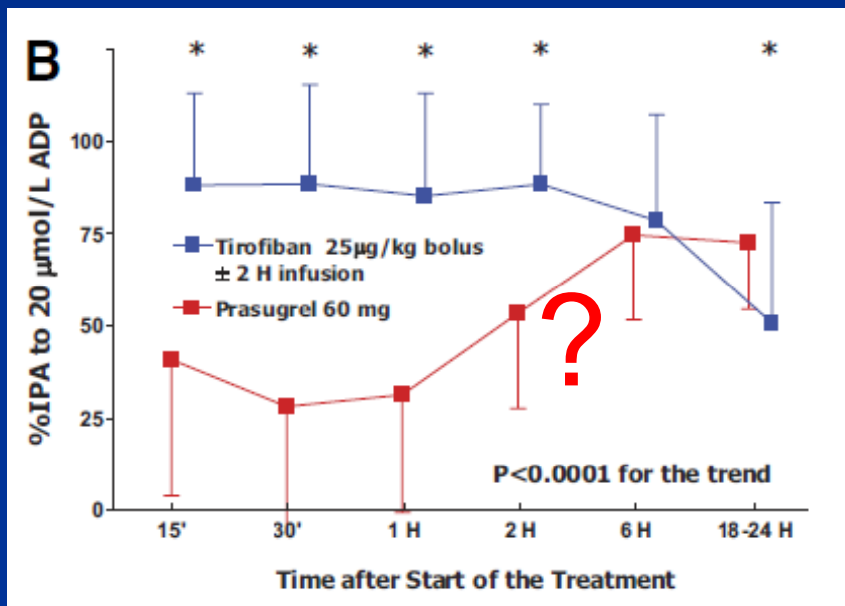


**Medical Research**

## Updated meta-analysis of effect of GP IIb/IIIa inhibitors on 30 day mortality

- Gp IIb-IIIa inhibitors did not reduce 30 day mortality (2.8 vs. 2.9%,  $P = 0.75$ )
- Gp IIb-IIIa inhibitors did not reduce re-infarction (1.5 vs. 1.9%,  $P = 0.22$ ),
- Gp IIb-IIIa inhibitors were associated with higher risk of major bleeding complications (4.1 vs. 2.7%,  $P = 0.0004$ ).

# FABOLUS-PRO study



100 pts with STEMI randomized to prasugrel or tirofiban bolus  $\pm$  maint. or  $\pm$  prasugrel

# GPIIb/IIIa's and prasugrel in the TRITON

## Timing of the study drug in the STEMI cohort

	Clopidogrel (n=1765)	Prasugrel (n=1769)
<hr/>		
Timing of study drug loading dose		
<b>Pre-PCI (before 1<sup>st</sup> wire)</b>	<b>27%</b>	<b>27%</b>
During PCI (1 <sup>st</sup> wire to 1 hr after leaving lab)	72%	72%
Post-PCI (>1 h after leaving lab)	1%	1%
<b>GP IIb/IIIa use</b>	<b>64%</b>	<b>62%</b>