



The First International Congress  
Of The Israeli Diabetes Center  
Laniado Hospital  
"ש"ש בילדריג' מרכז  
בניאדו נתניה" ע"ש

# הזמנה

הקונגרס הבינלאומי הראשון  
של המרכז לסוכרת ע"ש בילדריג'  
בית חולים לניאדו נתניה,  
בתמיכת ארגון ה AACE ובשיתוף עם האגודה הישראלית לסוכרת

21-23 בדצמבר 2009,  
מרכז וואהל, אוניברסיטת בר-אילן, רמת-גן

**Diabetes:  
Translating Knowledge  
Into Clinical Care**

[www.diabetescenter.org.il](http://www.diabetescenter.org.il)

בשיתוף עם

בתמיכת



בחסות הארגונים



## תוכנית הכינוס

**DAY 1: Monday** December 21, 2009 – Evening

### OPENING CEREMONY

**7:00 PM Welcome and Introduction to Laniado Hospital** Mr Chaim Hammerman

CEO of Laniado Hospital

**Dr Avinoam Shkolnik**, Medical Director Laniado Hospital

**7:20 PM Greetings**

**Rabbi Yaakov Litzman**, Deputy Minister of Health

**Ms Miriam Feirberg Ikar**, Mayor of Netanya

**7:30 PM A Vision of Diabetes Care for the 2010s**

**Moti Ravid**, Israel Diabetes Association

**Itamar Raz**, National Council on Diabetes

**Richard Hellman**, American Association of Clinical Endocrinologists

**8:00 PM The Bildirici Diabetes Center: Implementing the future of Diabetes Care** Mark Niven

Director of Endocrine and Diabetes Unit, Laniado Hospital, Netanya, Israel

**8:15 PM Prevention of Type 1 Diabetes** Itamar Raz

Professor and Head of Diabetes Unit, Department of Medicine, Hadassah University Hospital, Ein-Karem, Jerusalem, Israel; Chairman of National Council on Diabetes; President of D-Cure; Past President of Israel Diabetes Association

**8:45 PM The Interface of Medicine and Halacha (Jewish Law) and a tribute to Gabriel Cabra**

**Bildirici Rabbi Dr Elie Abadie**

Rabbi, The Edmond J. Safra Synagogue, New York, NY; Director, Jacob E. Safra Institute of Sephardic Studies, Yeshiva University, New York, NY ;Gastroenterologist in Brooklyn NY

**9:00 PM GALA DINNER**

הכנס מיועד לאנשי צוות רפואי,  
סיעודי ופרא-רפואי מכל מגוון התחומים הקשורים לסוכרת.

הכנס יתמקד בתרגום נושאים המהווים  
את חוד החנית במחקרים בתחום הסוכרת לידע טיפולי קליני.  
תוך התייחסות לארגון וניהול מערך הטיפול הכוללני בסוכרת.

ההרצאות יועברו על ידי רופאים מובילים  
בתחום הסוכרת מהארץ והעולם.  
תרגום סימולטני יתלווה לאורך ההרצאות.

### ועדה מדעית בינלאומית:

Prof Harold Lebovitz

Prof Martin Grajower

Prof Graham Hitman

Prof Derek LeRoith

### ועדה מארגנת מקומית:

Dr Mark J NIVEN

Sara Farkash R.N. MPA

## DAY 2: Tuesday December 22, 2009

8:00 AM REGISTRATION AND COFFEE

### THE CAUSES OF DIABETES; GENES AND BEYOND

MODERATORS Jesse Roth & Itamar Raz

**9:00 AM Genetics of Type 2 Diabetes Mellitus Benjamin Glaser**

Professor of Endocrinology, Director of Endocrinology and Metabolism Service, Hadassah-Hebrew University Medical Center, Jerusalem, Israel

**9:25 AM Nature or Nurture: it's all in the genes Graham Hitman**

Professor of Molecular Medicine & Diabetes, Deputy Director (Research), Institute of Cell and Molecular Science, Barts and The London School of Medicine and Dentistry, London, UK

**9:50 AM Evidence of viral infections as the initiating trigger of Type 1 diabetes and other autoimmune diseases Zvi Laron**

Professor Emeritus Pediatric Endocrinology, Sackler School of Medicine, Tel Aviv University; Director Pediatric Endocrinology and Diabetes Research Unit, Schneider Children's Medical Center of Israel

**10:10 AM Steroid Induced Diabetes: Causes and Consequences Roy Weiss**

Rabbi Morris I. Esformes Professor, Executive Vice Chairman, Department of Medicine, Interim Chairman, Department of Medicine, Chief, Adult and Pediatric Endocrinology, Diabetes and Metabolism Departments of Medicine and Pediatrics, Director, Clinical Resource Center (CRC)/CTSA (formerly GCRC) University of Chicago

10:30 AM Q&A

10:45 AM COFFEE BREAK

### FEASTING AND FASTING IN DIABETES

MODERATOR Mark Niven

**11:05 AM Gut Microbacteria and Hormones Jesse Roth**

Professor of Medicine, Albert Einstein College of Medicine, Yeshiva University, Investigator, Feinstein Institute for Medical Research, North Shore-Long Island Jewish Health System, Whitestone NY

11:45 AM Q&A

**12:05 PM Management of Diabetes Mellitus on Yom Kippur Martin Grajower**

Faculty, Columbia University College of Physicians & Surgeons and Albert Einstein College of Medicine; Private Practice Endocrinology & Internal Medicine, Riverdale, NY.

**12:25 PM Management of Diabetes Mellitus during Ramadan Senan Devendra**

Consultant Endocrinologist, Department of Investigative Sciences, Imperial College London & Central Middlesex Hospital, London, UK

12:45 PM Q&A

1:00 PM LUNCH

### AACE presentation by Richard Hellman

Past President, American Association of Clinical Endocrinologists, Clinical Professor of Medicine University of Missouri-Kansas City School of Medicine Member, Executive Committee Physician Consortium for Performance Improvement

### DIABETES: A WEIGHTY CONDITION

MODERATOR Mark Niven

**2:00 PM Weight Loss/Maintenance as an Effective tool for controlling Type 2 Diabetes: Novel Technology designed to permanently maintain weight reduction Dennis Gage**

Attending Physician at Lenox Hill Hospital, NY, Associate Professor, NYU Medical School. NY

**2:20 PM Childhood Obesity: 5 years on from the Dead Sea Consensus Mary Rudolf**

Professor of Child Health, University of Leeds, and Consultant Pediatrician, Leeds Primary Care Trust and Leeds Teaching Hospital Trust, Leeds, UK

2:40 PM Q&A

### NEW DIRECTIONS IN DIABETES THERAPY

MODERATOR: Derek LeRoith

**2:50 PM Insulin Analogs in Pregnancy Lois Jovanovic**

CEO & Chief Scientific Officer Sansum Diabetes Research Institute Santa Barbara, California, Clinical Professor of Medicine at the University of Southern California-Los Angeles Medical Center

**3:20 PM The relative protective effect of glucose, lipid and blood- pressure control in patients with type 2 diabetes Mordechai Ravid**

Professor of Medicine, Tel Aviv University; Chairman of Israel Diabetes Association

3:40 PM Q&A

3:50 PM COFFEE BREAK

**4:10 PM Alternative delivery systems for diabetes medications Roy Eldor**

Senior Physician and Researcher, Diabetes Unit, Hadassah-Hebrew University Medical Center, Jerusalem, Israel; Principal Investigator, Oramed Inc

**4:30 PM The New AACE Treatment Algorithm for Diabetes Mellitus Type 2 Jaime Davidson**

Clinical Professor of Medicine at the University of Texas Southwestern Medical School in Dallas

5:00 PM Q&A

SOCIAL EVENING



## DAY 3: Wednesday December 23, 2009

### COMPLICATIONS: THE ENDOTHELIUM AND THE NEPHRON

MODERATOR Harold Lebovitz

**8:00 AM Vascular Disease in Diabetes - experience from the Bildirici Center** Galit Sivak  
Director of Vascular Surgery, Laniado Hospital

**8:20 AM Bringing research into reality - development of clinical-grade cellular products for treatment of vascular disease** Yael Porat  
CEO, BiogenCell Ltd, Head of BC Stem Cell research Unit, Hematology Department, Laniado Hospital

**8:40 AM ESRD in Diabetes: Issues and Challenges** Morton Kleiner  
Chairman, Department of Medicine, Staten Island University Hospital, Staten Island, New York

**9:00 AM Hypertension, Left Ventricular Hypertrophy and Renal Involvement are Danger Signs in Diabetes Mellitus** Geoffrey Boner  
Consultant Nephrologist, Bildirici Diabetes Center, Laniado Hospital, Netanya, Israel; Past Director of Nephrology and Dialysis Unit, Beilinson Hospital, Petach Tikva, Israel; Professor, Sackler School of Medicine, University of Tel Aviv, Israel

9:20 AM Q&A

9:40 AM COFFEE BREAK

### COMPLICATIONS: THE FORGOTTEN ORGANS

MODERATOR Martin Grajower

**10:00 AM Fatty Liver Disease: Baffled by NAFLD? Why you should care and what you should do?** Edward Lebovics  
Upham Professor of Gastroenterology, Director, Sarah C. Upham Division of Gastroenterology & Hepatobiliary Diseases, New York Medical College, Valhalla, NY

**10:20 AM Diabetes and Bone: Osteoporosis, TZD's, fractures and vitamin D)** Ethel Siris  
Madeline C Stabile Professor of Clinical Medicine, Director Toni Stabile Osteoporosis Center, Columbia University Medical Center, New York Presbyterian Hospital, NY

**10:50 AM Skin Issues in Diabetes** Effie Wertheimer  
Associate Professor, Dept of Pathology, Sackler School of Medicine, Tel Aviv University, Tel Aviv, Israel

**11:10 AM Diabetes and Increased Cancer Risk** Derek LeRoith  
Director of the Metabolism Institute, Chief of the Division of Endocrinology, Diabetes & Bone Diseases, Mt.Sinai School of Medicine, NY

11:40 AM Q&A

12:00 PM COFFEE BREAK

### ADVANCES IN DIABETES MANAGEMENT: GLOBAL ISSUES

MODERATOR Graham Hitman

**12:20 PM Patterns of Healthcare Delivery/ Governmental Issues** Rabbi Yaakov Litzman  
Deputy Minister of Health

**12:50 PM Inpatient Management of Diabetes** Richard Hellman  
Past President, American Association of Clinical Endocrinologists, Clinical Professor of Medicine University of Missouri-Kansas City School of Medicine Member, Executive Committee Physician Consortium for Performance Improvement

**1:20 PM Is Surgery Indicated as Primary Treatment of Type 2 Diabetes?** Harold Lebovitz  
Professor of Medicine, Division of Endocrinology and Metabolism/Diabetes at the State University of New York, Health Sciences Center at Brooklyn, NY

2:10 PM Q&A

2:30 PM Closing Remarks Mark Niven

2:30 PM LUNCH

**PEDIATRIC ENDOCRINOLOGY SYMPOSIUM in Memory of DR MORDECHAI SHREIBER**  
Founding Director of the Department of Pediatrics, Laniado Hospital  
MODERATOR Zvi Laron

**3:00 PM Growth hormone, IGF1, obesity and exercise** Zvi Laron  
Professor Emeritus Pediatric Endocrinology, Sackler School of Medicine, Tel Aviv University; Director Pediatric Endocrinology and Diabetes Research Unit, Schneider Children's Medical Center of Israel

**3:30 PM Diabetic Ketoacidosis - The Undefeatable Demon** Naomi Weintrob  
Head, Pediatric Endocrinology and Metabolic Diseases Unit, Dana Children's Hospital, Tel-Aviv Sourasky Medical Center, Tel Aviv

**3:50 PM What can research with babies and toddlers tell us about tackling childhood obesity?** Mary Rudolph  
Professor of Child Health, University of Leeds, and Consultant Pediatrician, Leeds Primary Care Trust and Leeds Teaching Hospital Trust, Leeds, UK

**4:10 PM Turner's syndrome: Autoimmunity growth and fertility** Hana Front  
Pediatric Endocrinology, Pediatric Department, Laniado Hospital

**4:30 PM Distribution of Prizes to the Year's Outstanding Physician in Netanya Area Dr. Yaakov Schachter. Family of Dr Schreiber**  
Director of Pediatric Dept. and pediatric Pulmonary Unit, Laniado Hospital, Netanya

5:00 PM ADJOURN