Late Echocardiographic Follow Up of Ischemic Mitral Regurgitation in Patients with STEMI undergoing Primary Percutaneous Coronary Intervention

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Background: Late Echo data related to ischemic mitral regurgitation (IMR) dynamics in pts undergoing primary PCI has not been fully defined.

Aim: To determine by Echo the timing of appearance, natural history and predictors of IMR dynamics in a long term follow-up (F/U).

Material & Methods Echocardiography was performed in 100 consecutive pts with STEMI eligible for PPCI. The presence and severity of IMR including LVEF were evaluated on admission, 24 hour, 1, 6 and 36 months post procedure.

On admission 27/100 (27 %) pts showed IMR.

IMR dynamics during first 6 month of F/U are presented:

Results:

| | MR dynamics | | | |
|----------------------------|------------------|---------------------|----------------|-----------|
| | No Change (N=11) | Deterioration (N=9) | Decrease (N=9) | P value * |
| Age | 58±6 | 61±15 | 59±10 | ns |
| Male Gender (%) | 9 (81) | 8 (89) | 5 (71) | ns |
| TIMI flow: end of PPCI 0-I | 1 | 0 | 0 | ns |
| II | 1 | 3 | 0 | ns |
| III | 9 | 6 | 7 | ns |
| LVEF before PPCI | 45±6 | 40±3 | 43±6 | 0.03 |
| LVEF 24h post PPCI | 44±7 | 40±6 | 44±5 | ns |
| F/U at 180 days | 56±10 | 43±7 | 51±5 | 0.005 |
| LVEF (%Δ) during F/U | 25±24 | 8±15 | 20±17 | 0.09 |

* Deterioration Vs other groups

Echo data > 6 months were obtained in 60/100 of the study group.

After 6 months of F/U no significant changes in LVEF and MR severity were detected in 24/27 (89%) pts presented with IMR. However of 36 patients with no MR on admission only 4 (11%) with significantly reduced LVEF (34+/-8 versus 53+/-9 p<0.013) developed late IMR. Conclusions: Low ejection fraction at presentation with no improvement during f/u was found to be a significant predictor for IMR deterioration in the early and late period.