

**ST ELEVATION MYOCARDIAL INFARCTION**

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- DESIRED PROPERTIES OF NEW LYTIC AGENTS**
- Faster, more complete, recanalization
  - Less reocclusion
  - Reduced bleeding risk
  - ? Fibrin specificity
  - Bolus administration
  - Resistance to inhibitors (PAI-1)
  - No immunogenicity
  - Reduced cost

- MAIN TOPICS**
- Thrombolytic therapy
  - Adjuncts to lysis
  - Time to treatment
  - Thrombolysis vs. angioplasty
  - Transfer to PCI
  - Adjuncts to primary PCI
  - The approach to reperfusion
  - Guidelines – based pharmacotherapy

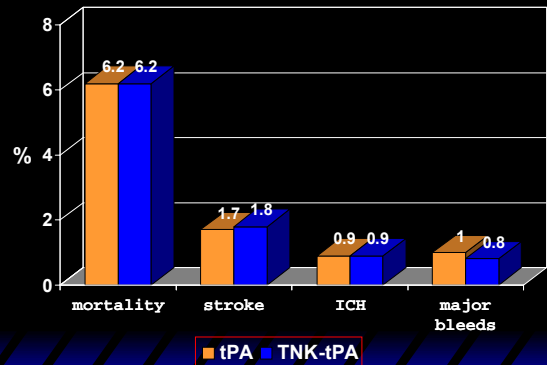
- ASSENT - II**
- 16,950 patients admitted within 6h.
  - TNK-tPA bolus Vs front loaded tPA.
  - 30d and 1 year follow up.

- TNK-tPA**
- A mutant of native t-PA with:
  - Longer half life - bolus administration
  - Increased fibrin specificity
  - Resistance to PAI-1

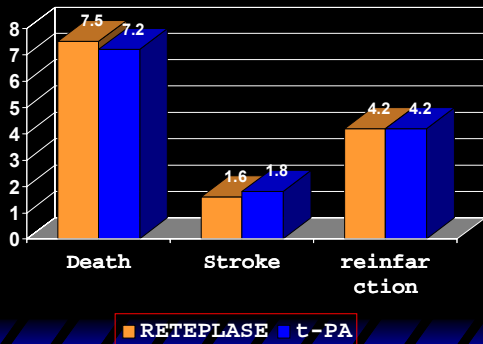
## RETEPLASE (r-PA)

- Deletion mutant of t-PA.
- Prolonged plasma clearance, double half life - bolus administration
- Less fibrin specific

## ASSENT-II



## GUSTO III



## GUSTO III

15,059 patients, ST | AMI < 6h

2 : 1

Double bolus reteplase

front loaded t-PA

30 day mortality

## Comparison among equivalency analyses for 30-day mortality

	mortality %		absolute difference (95% CI)	tPA better	other better	p value for equivalence
InTIME-2	nPA	tPA	-0.17	-	+	0.047
	6.77	6.60	(-1.0, 0.68)			
ASSENT 2	TNK-tPA	tPA	0.02	-	+	0.006
	6.16	6.18	(-0.59, 0.62)			
GUSTO III	rPA	tPA	-0.23	-	+	ns
	7.47	7.24	(-1.11, 0.66)			

## STAPHYLOKINASE

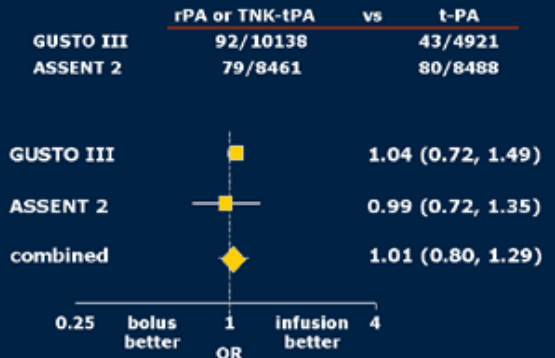
- Produced from transduced Staph. Aureus
- Readily inhibited by alpha-2 antiplasmin in plasma; hence - very fibrin specific
- When given as a double bolus (15 mg each 30 min apart), TIMI 3 flow achieved in 68%.
- Neutralizing antibodies produced.
- At least equivalent to t-PA

## Deficiencies of current fibrinolytic regimens for STEMI

- Suboptimal macroperfusion
  - ± 60% TIMI grade 3 flow at 90 min
- Inadequate microperfusion
  - Impaired tissue flow in > 50% of pts with TIMI grade 3 flow
- High rates of reocclusion
  - Inhospital reinfarction ± 4%
- High rates of ICH
  - 0.5 – 1.0%
  - Angiographically proven reocclusion ± 25% at 3 months



## Risk of ICH with bolus vs infusion lytic therapy: a meta-analysis



## LMWH and fibrinolysis

reocclusion TIMI 3 → 0,1	HART-II	3.1% enoxaparin 9.1% UFH
late patency TIMI 3	ASSENT-Plus	69% dalteparin 63% UFH
	AMI-SK	70% enoxaparin 58% placebo
reinfarction	ASSENT-Plus	0.9% dalteparin 5.2% UFH
	Wilson et al	4.7% enoxaparin 6.6% UFH

## UFH post lysis

- Bolus: 60 U/Kg , maximum of 4000U.
- Infusion: 12 U/Kg/h, up to 1000u/h
- aPTT target: 50-70 sec.
- aPTT>70 sec. associated with increased mortality
- After tPA- give 24-48 hours. After SK -?
- Weight adjustment probably reduces bleeding complications

## AMI-SK

### Safety at day 30

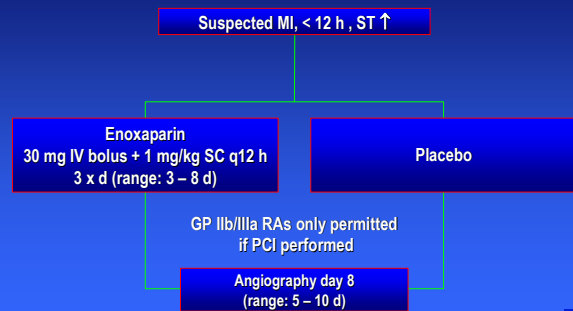
	Placebo (n = 239)	Enoxaparin (n = 252)	P
Major bleed (%)	2.5	4.8	0.2
ICH (%)	0.4	—	
↓ Hb ≥ 3 g/dL (%)	2.1	4.4	
Transfusion ≥ 2 U (%)	1.3	0.8	
TIMI major bleed (%)	0.8	1.6	
Any stroke (%)	1.3	—	0.1

Simoons M. et al. *Eur Heart J.* 2002;23:1282.



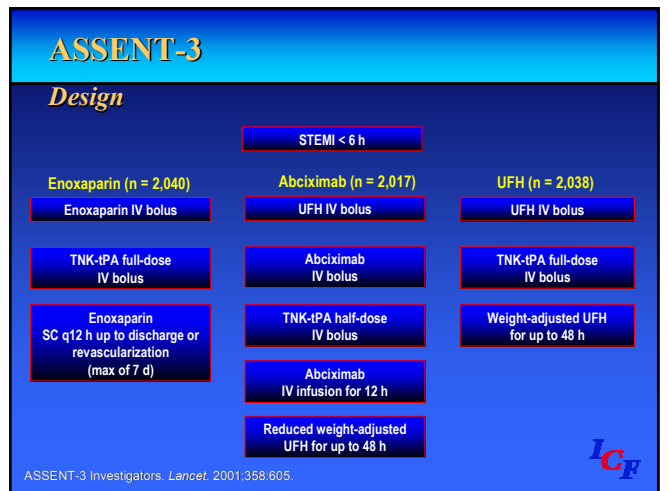
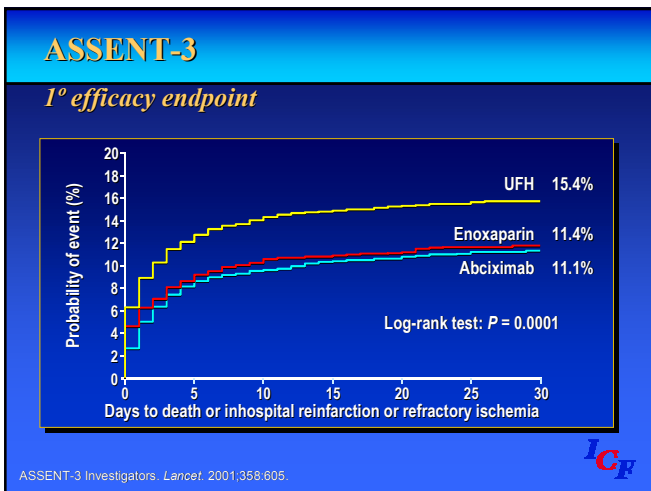
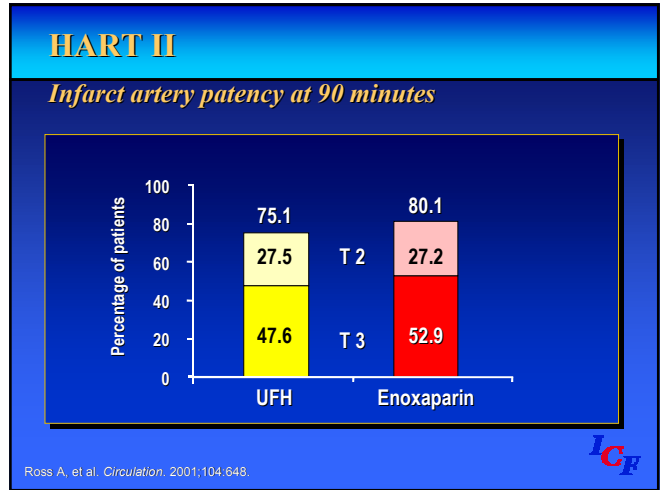
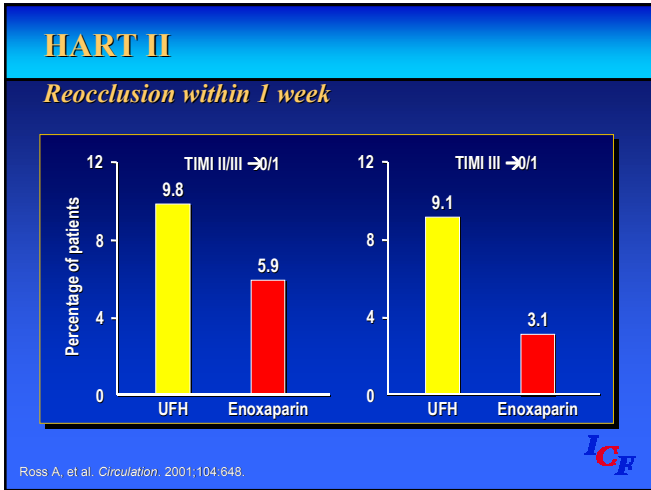
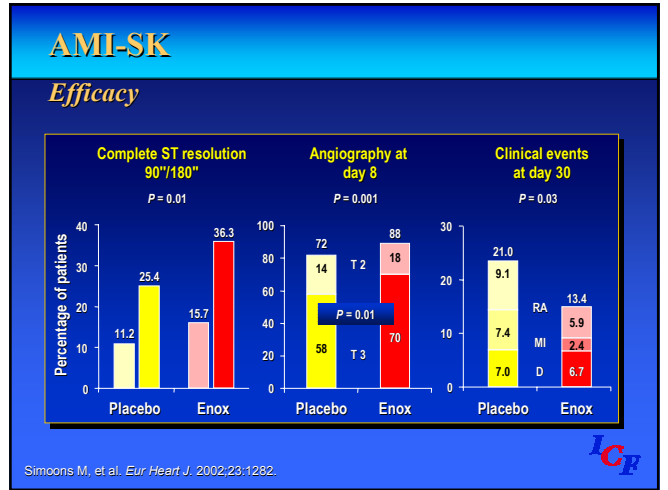
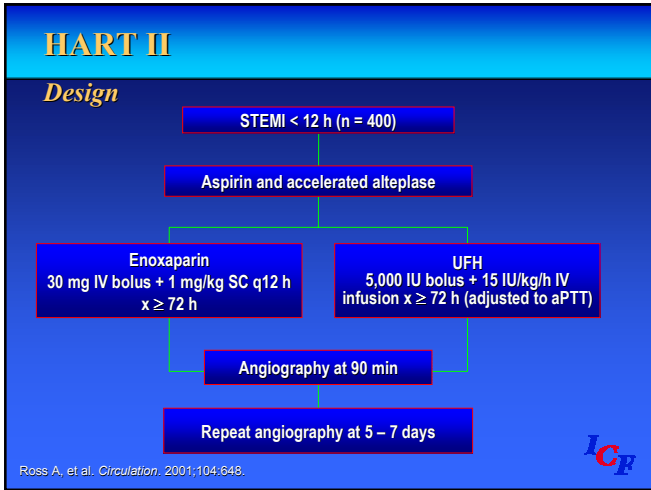
## AMI-SK

### Study design (2)



Simoons M. et al. *Eur Heart J.* 2002;23:1282.





## ASSENT-3

### Conclusions (1)

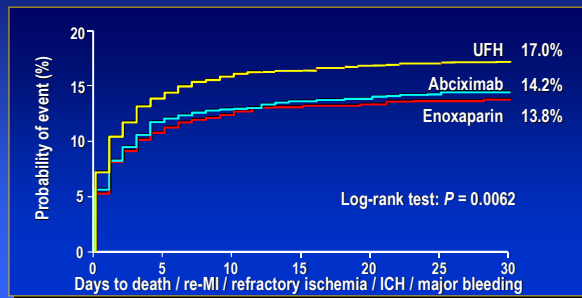
- Both enoxaparin and abciximab, given in conjunction with single bolus TNK-tPA, significantly reduce the frequency of ischemic complications of AMI
- Taking into account efficacy and safety, the ease of administration and the lack of need for monitoring anticoagulation, the combination enoxaparin and TNK-tPA emerged as the best treatment

ASSENT-3 Investigators. *Lancet*. 2001;358:605.



## ASSENT-3

### 1° efficacy plus safety endpoint

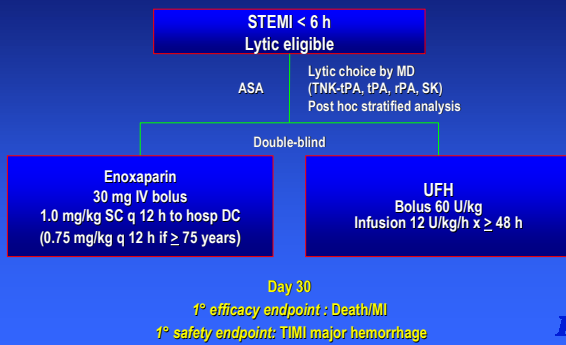


ASSENT-3 Investigators. *Lancet*. 2001;358:605.



## ExTRACT-TIMI 25

### Protocol design



## ASSENT 3 PLUS

- Pre hospital enoxaparin vs. UFH with TNK-tPA
- Overall – similar, but increased bleeding and ICH in patients > 75 with enoxaparin
- Enoxaparin may not be suitable with lysis >75, especially in the pre hospital setting.

## Trials of anticoagulant agents

limited (if any) role during initial lysis process

- eg, TAMI-3, GUSTO I

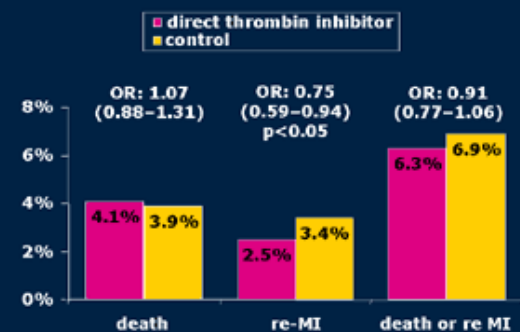
critically important to prevent early reocclusion/re-MI

in comparison with UFH, fewer re-MIs due to

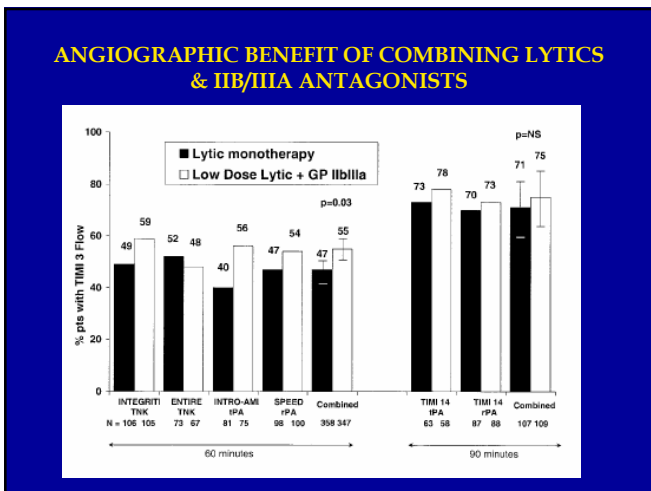
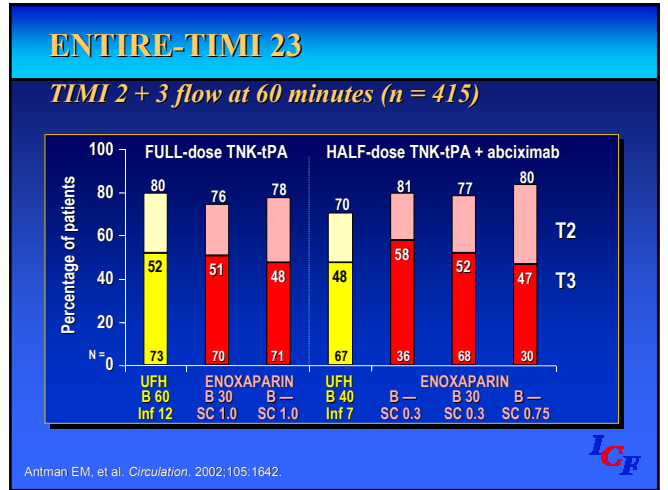
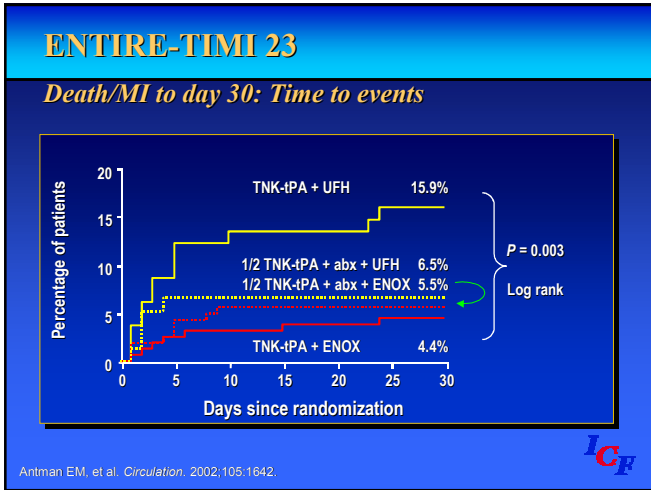
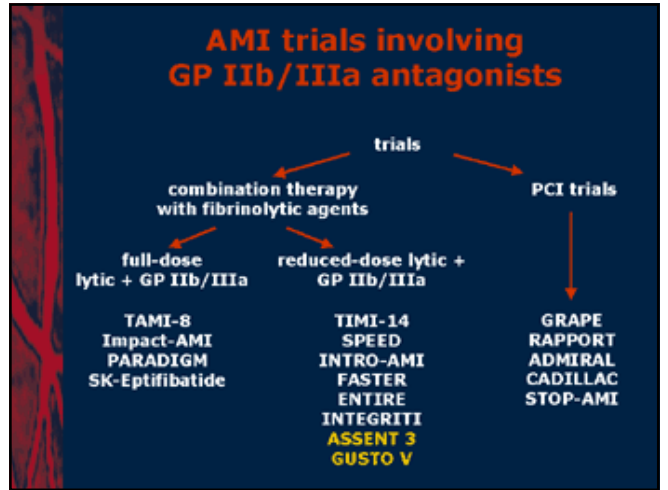
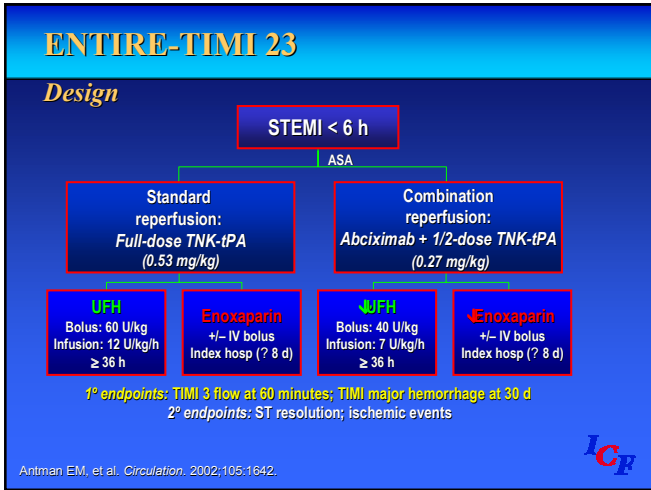
- more complete lysis of thrombus (direct antithrombins)
- less generation of new thrombin (LMWH)
- more stable and prolonged anticoagulant effect (LMWH)

however, no survival benefit but trend towards more bleeding complications

## Direct thrombin inhibitors: meta-analysis in ST ↑ ACS (n=35 970)



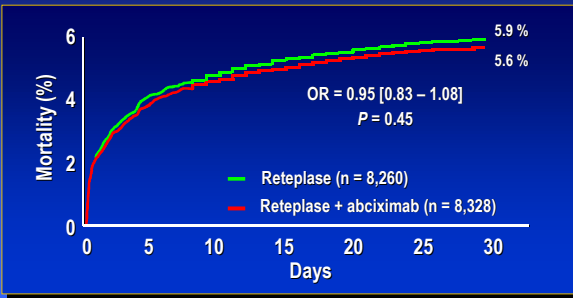
Direct Thrombin Inhibitor Trialists' Collaborative Group. *Lancet* 2002;359(9303):294-302



- ## ENTIRE-TIMI 23
- ### Conclusions
- Enoxaparin and UFH were equally effective in establishing early patency of the IRA
  - Enoxaparin was associated with a lower incidence of death/recurrent MI at 30 days
  - This advantage of enoxaparin was achieved with a similar risk of major hemorrhage
  - Half-dose TNK-tPA + abciximab appears to be associated with an increase in efficacy but at the cost of an increase in major hemorrhage (vs. full-dose TNK-tPA)
- Antman EM, et al. Circulation. 2002;105:1642.

## GUSTO V

### 30-day mortality

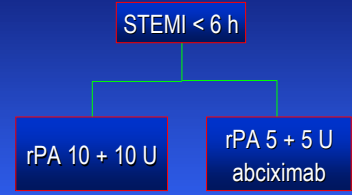


GUSTO V Investigators. *Lancet*. 2001;357:1905.



## GUSTO V

### Design



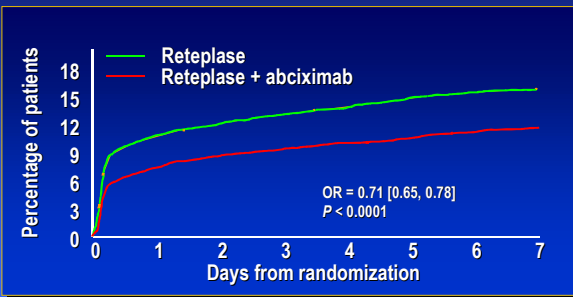
1° endpoint: 30-day mortality (n = 16,588)

GUSTO V Investigators. *Lancet*. 2001;357:1905.



## GUSTO V

### Urgent PCI

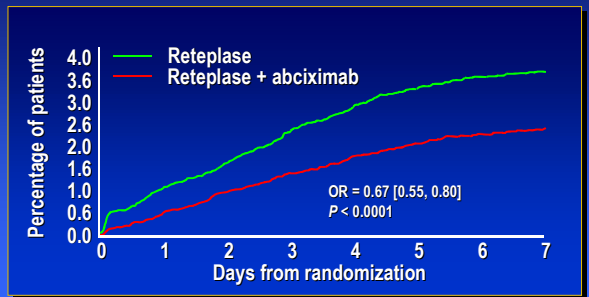


GUSTO V Investigators. *Lancet*. 2001;357:1905.



## GUSTO V

### Reinfarction



GUSTO V Investigators. *Lancet*. 2001;357:1905.



## GUSTO V

### Bleeding complications

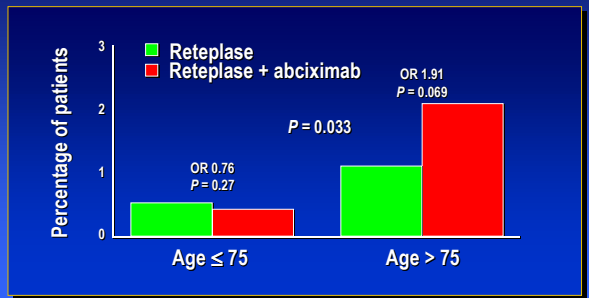
	Reteplase (n = 8,260)	Reteplase + abciximab (n = 8,328)	OR (95% CI)	P value
	%			
Severe bleeding	0.5	1.1	2.14 (1.48, 3.09)	< 0.0001
Moderate bleeding	1.8	3.5	1.97 (1.61, 2.41)	< 0.0001
Transfusion (any)	4.0	5.7	1.46 (1.26, 1.69)	< 0.0001
RBC (any)	3.7	5.0	1.38 (1.19, 1.61)	< 0.0001
RBC (≥ 2 units)	2.9	3.9	1.36 (1.14, 1.61)	< 0.0005
Platelets	0.8	1.7	2.03 (1.52, 2.71)	< 0.0001

GUSTO V Investigators. *Lancet*. 2001;357:1905.



## GUSTO V

### Intracranial hemorrhage by age



GUSTO V Investigators. *Lancet*. 2001;357:1905.



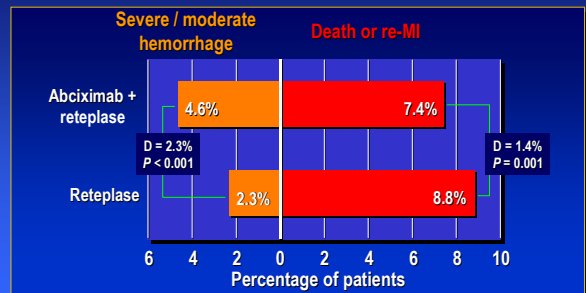


## Trials of IV GP IIb/IIIa antagonists and half-dose lytic

- marginal effect on early IRA patency
- reduced incidence of ischemic complications such as reinfarction and refractory ischemia
- less need for urgent PCI
- more ST segment resolution → better tissue perfusion (?)
- more non-cerebral bleeding complications especially in the elderly

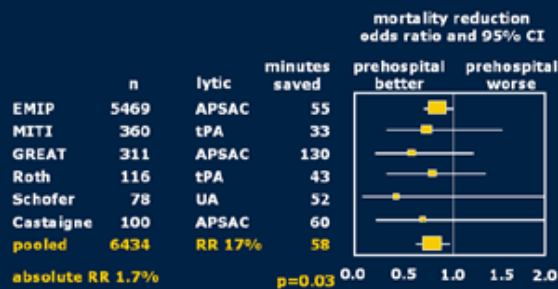
## GUSTO V

### Benefit vs. risk



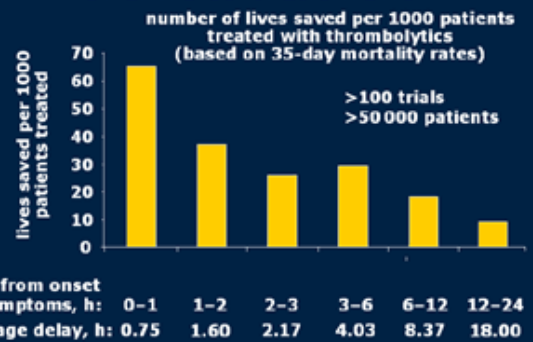
GUSTO V Investigators. *Lancet*. 2001;357:1905.

## Prehospital fibrinolysis: time saves lives



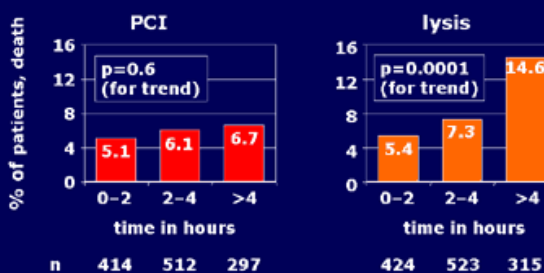
Morrison LJ, et al. *JAMA* 2000;283(20):2686-92

## Lessons learned: the importance of time to treatment



Boersma E, et al. *Lancet* 1996;348(9030):771-775.

## "Time-independent" PCI for MI: meta-analysis of PCI vs lysis trials

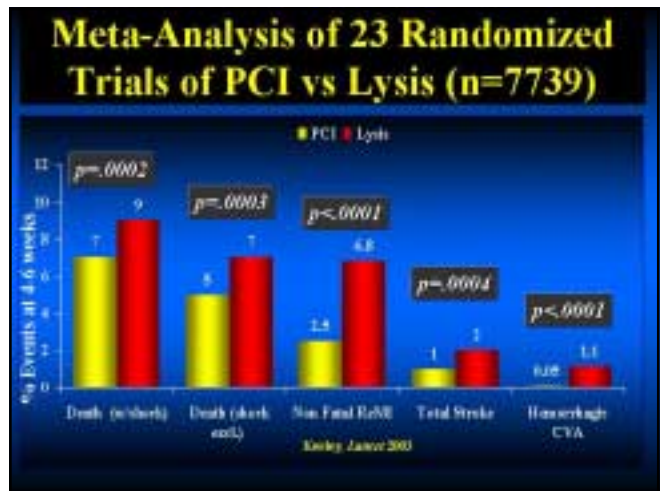
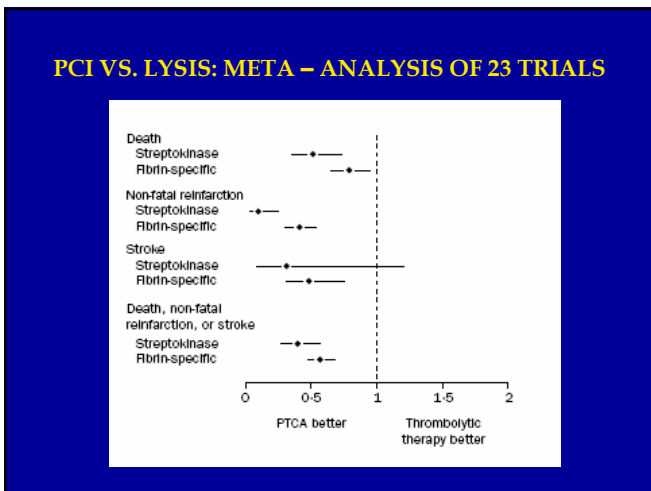
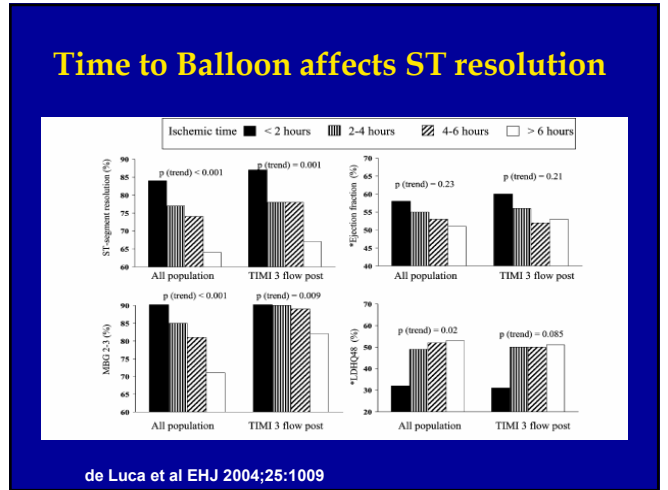
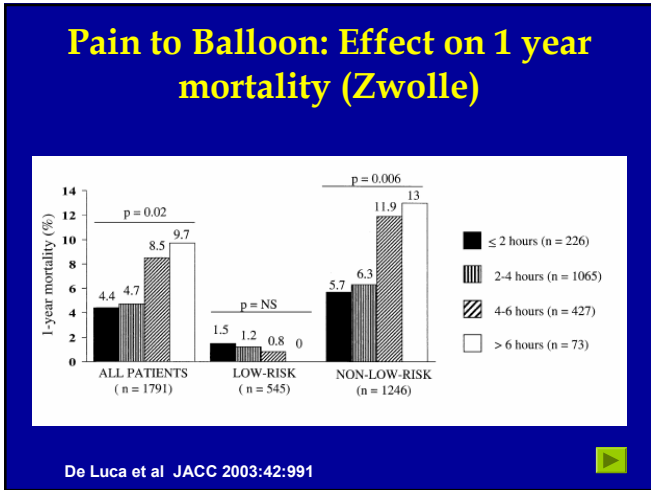
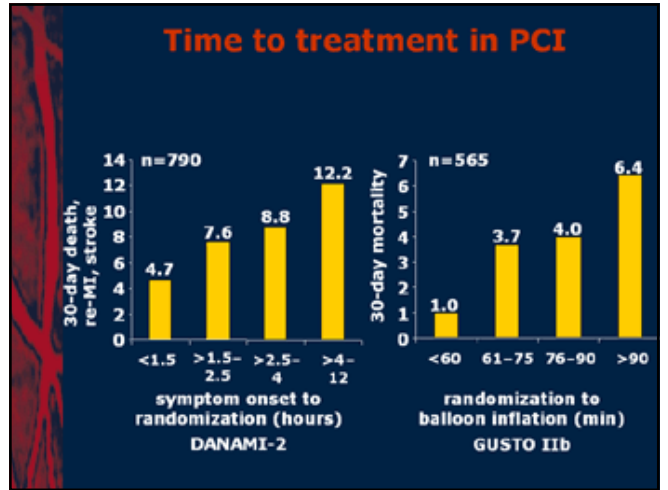
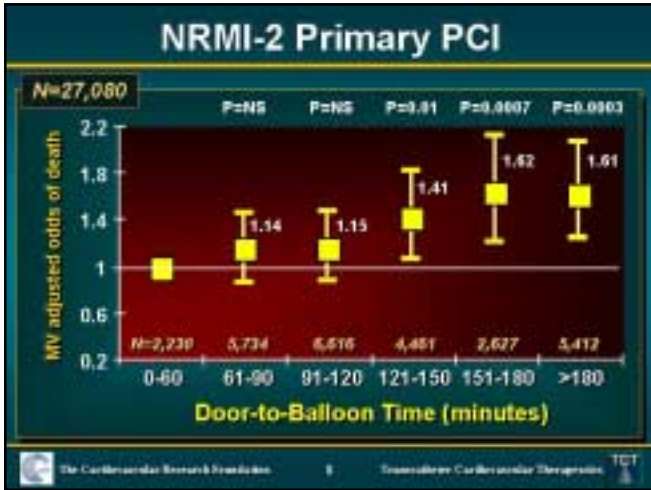


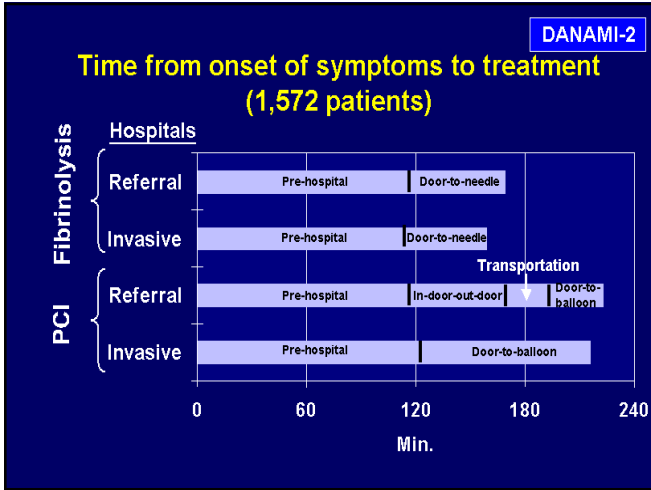
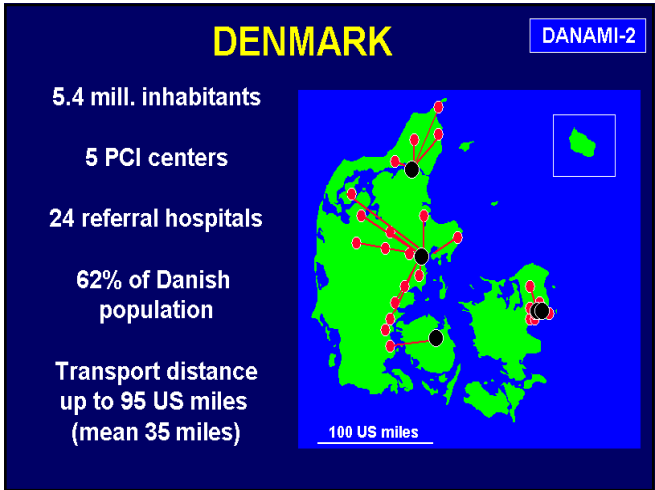
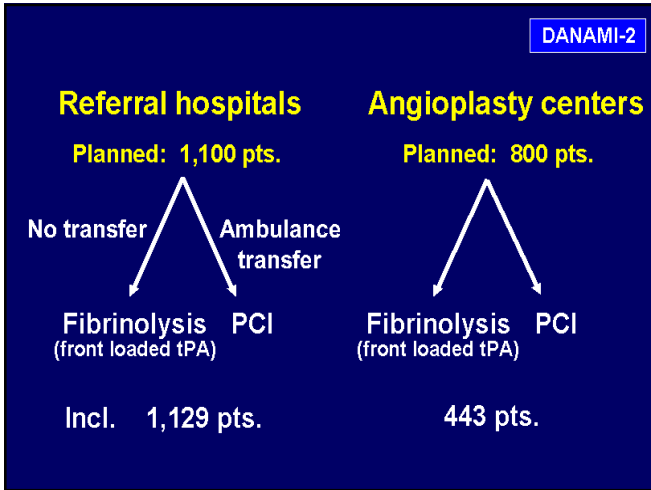
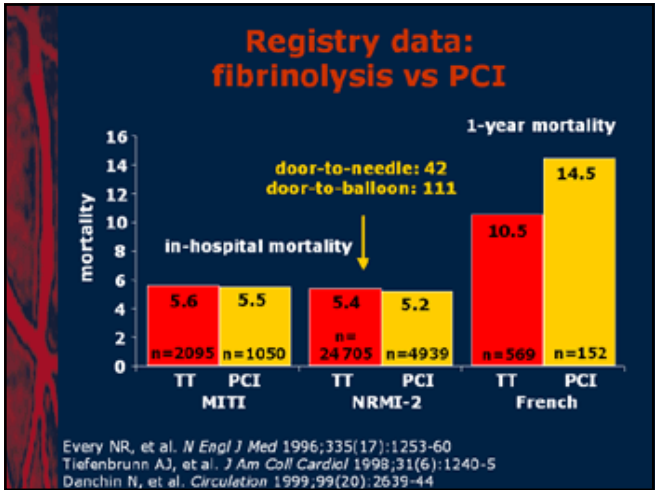
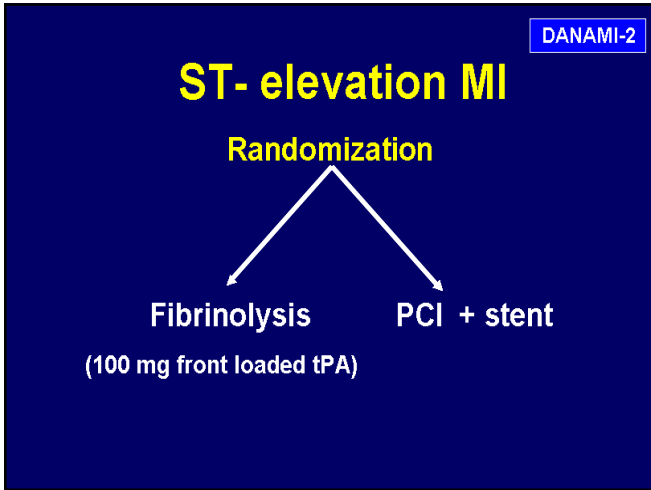
Zijlstra F, et al. *Eur Heart J* 2002;23(7):550-7

## Pre hospital lysis

- Meta analysis of large trials suggests 15-20% reduction in mortality with pre-hospital (vs. hospital based) lysis
- Benefit is maximized during first 2 hours (44% reduction).
- FFT estimate: benefit declines by 1.6 deaths prevented for 1000 patients treated, for every hour of delay.



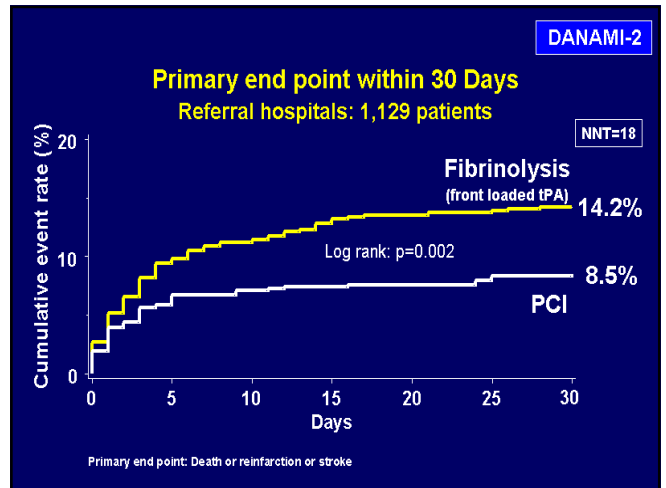
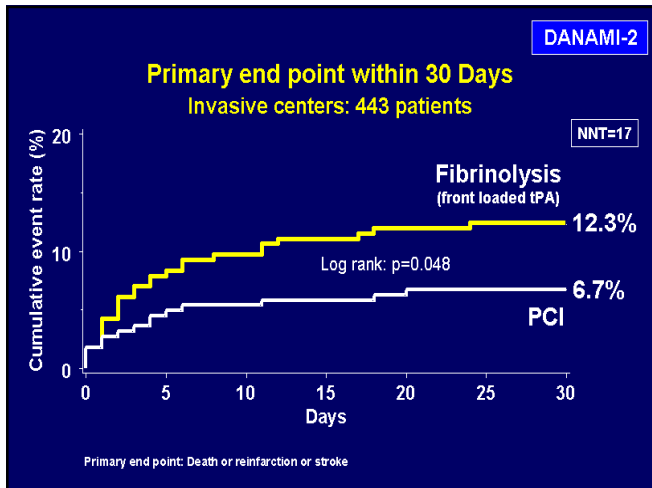
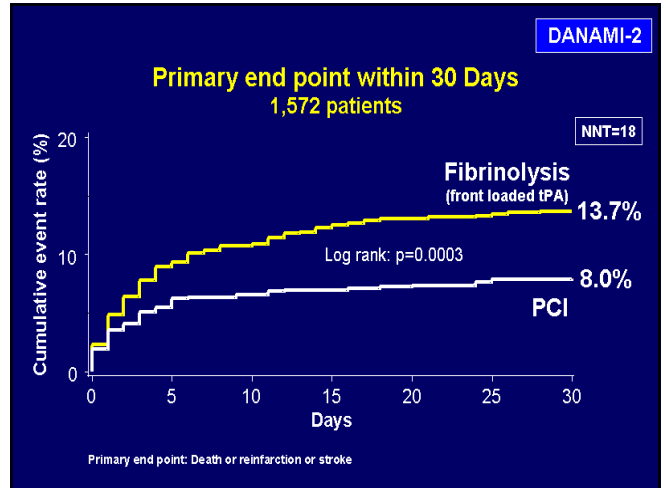
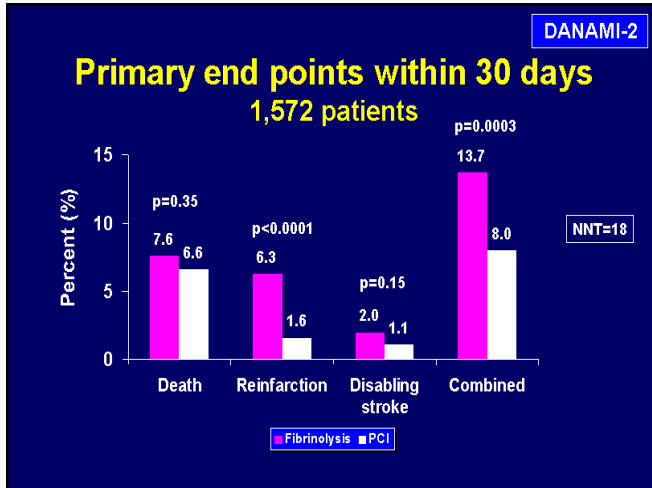




**DANAMI-2**

## Primary end point

Death or reinfarction or  
disabling stroke within 30 days



**PRAGUE-2 Study aims:**

- **Thrombolysis or transport to PCI center** for pts. with AMI presenting to small **community hospitals without cath-lab ?**
- **Mortality trial: Nationwide change of treatment guidelines for AMI in the Czech Republic ?**

**DANAMI-2**

**Conclusion**

An initial strategy of transferring pts. with ST - elevation MI for primary PCI is superior to accelerated tPA when transfer time is  $\leq 3$  hours.

### Time intervals from pain onset to reperfusion



### Treatment arms

Group TL (n=421)    Group PCI (n=429)

Aspegic 0.5 g  
SK 1.5 mil. U

Treatment in the  
community  
hospital

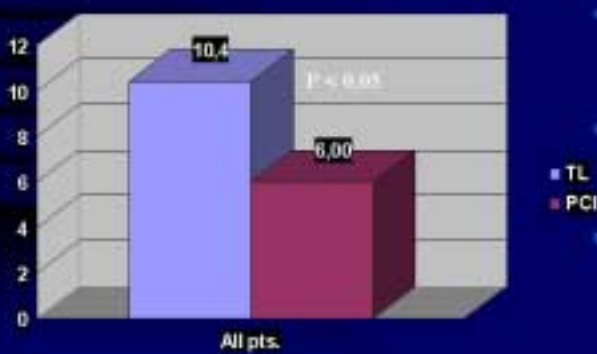
Ticlopidin 1 m.  
Fraxiparin 3 d.

Aspegic 0.5 g  
Heparin 200 U / kg

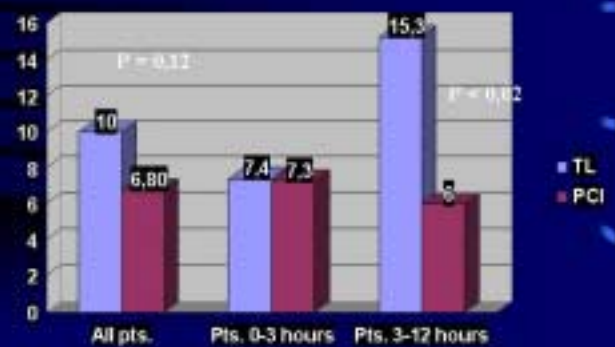
Transport to PCI  
center

Ticlopidin 1 m.  
Fraxiparin 3 d.

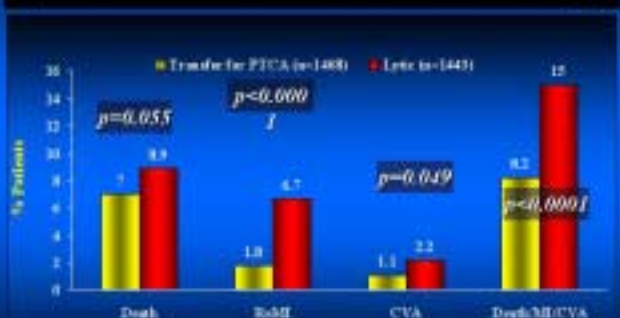
### 30-day mortality (treatment used)



### 30-day mortality (intention-to-treat)

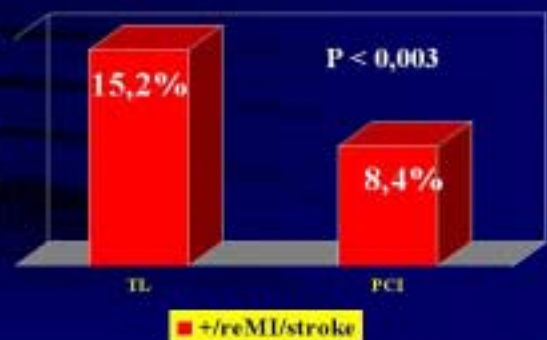


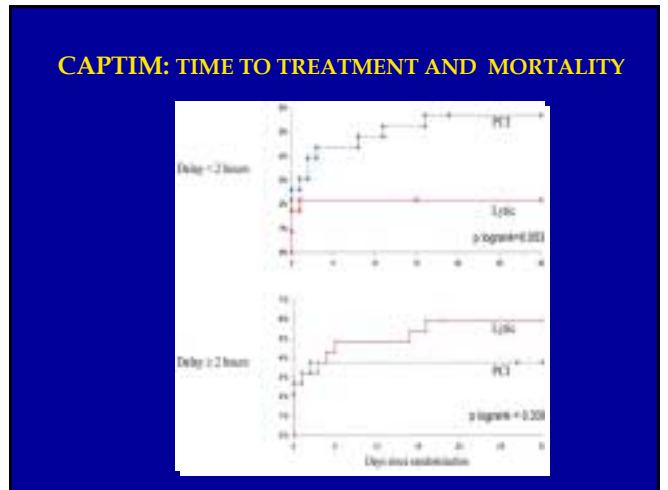
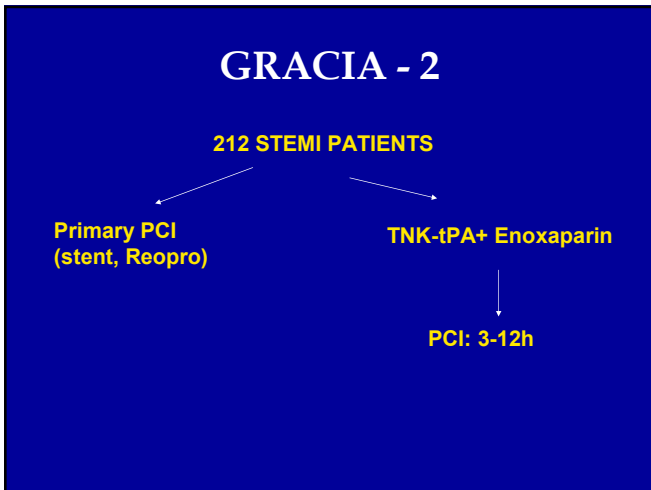
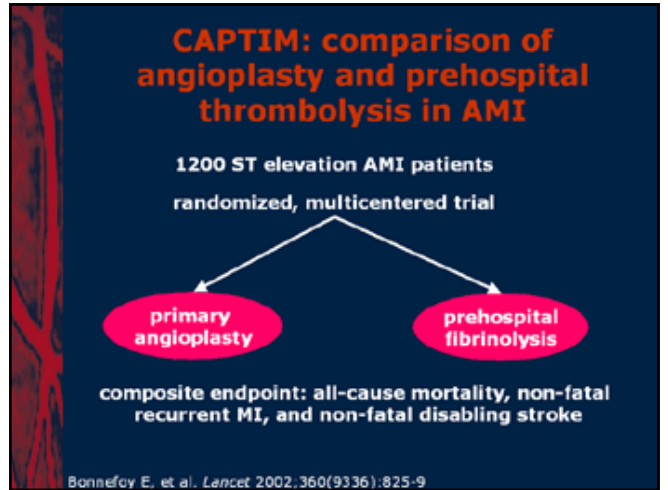
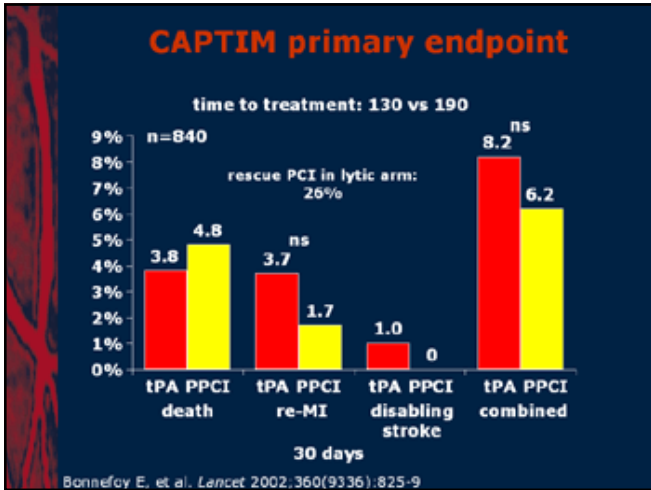
### Transfer for Primary PTCA vs On-Site Lytics (Pooled Data from 5 Randomized Trials\*)



\*LMB, Prague I & II, Air PAMI, DATAMI-II trials    Kelly & Cole, 2006

### PRAGUE-2: Combined end-point at 30 days (intention-to-treat)





- ### CAPITAL AMI
- 170 high risk AMI patients randomized to:
    - TNK lysis alone -> rescue if needed
    - TNK lysis -> routine immediate angiography

- ### GRACIA - 2
- TIMI 3 flow: 59% (lysis) vs. 14%
  - ST resolution @ 6h: 61% in TNK arm, 43% in PCI arm
  - LV function at 6 weeks, bleeding, MACE - similar
  - Conclusion: If immediate PCI not available, lysis followed by systematic angiography & PCI offers similar results with similar safety



## CONCLUSIONS

- When transport time does not exceed 60-90 minutes, and a competent team is on standby at the receiving hospital, transfer to PCI is superior to local lysis.
- Pre-hospital lysis is as good as primary PCI, provided "rescue" procedures are available.
- "drip & ship" - a valuable strategy
- Pre hospital "facilitation" - the best?

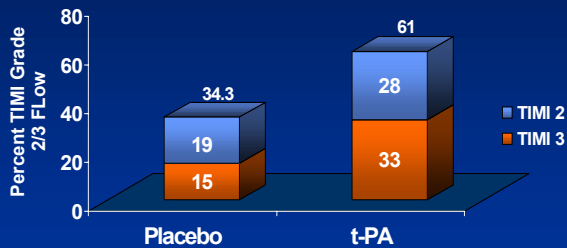
## Major efficacy results in CAPITAL-AMI

End point	Thrombolysis alone	Thrombolysis plus immediate transfer for angiography/PCI	Significant
Death/MI/stroke/recurrent ischemia (%)	21.4	9.3	Yes (p=0.034)
Death (%)	3.6	2.3	No
MI (%)	11.9	4.7	No
Stroke (%)	1.2	1.2	No
Recurrent ischemia (%)	17.9	7.0	Yes (p=0.037)

LeMay M. American College of Cardiology 2004 Scientific Sessions; Mar 7-10, 2004; New Orleans, LA.



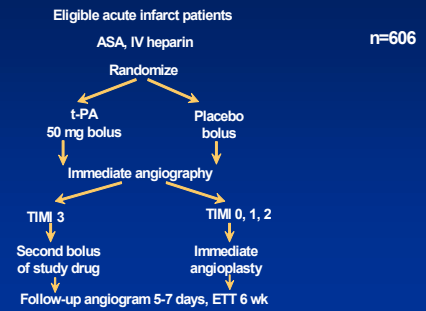
## Patency of the Infarct Artery on Catheter Laboratory Arrival (Core Laboratory)



Ross AM, et al. *J Am Coll Cardiol.* 1999;34:1954-1962.

\*All comparisons P<0.001.

## Plasminogen-Activator Angioplasty Compatibility Trial (PACT)



Ross AM, et al. *J Am Coll Cardiol.* 1999;34:1954-1962.

## CADILLAC Trial Design

Controlled Abciximab and Device Investigation to Lower Late Angioplasty Combinations  
Randomized Comparison in the Setting of Acute MI

Balloon angioplasty (± abciximab) VS Stenting (± abciximab)

Inclusion Criteria

Age > 18 years

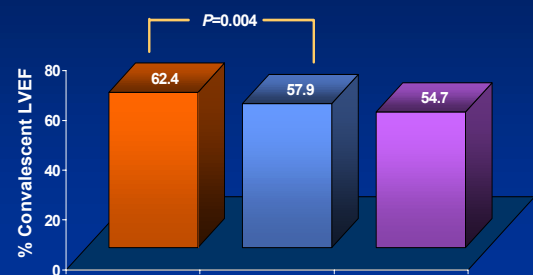
Nitrate-unresponsive chest pain consistent with acute MI (duration > 30 min but < 12 hours)

Native coronary artery > 2.5 mm, < 4.0 mm

Lesion length < 70 mm

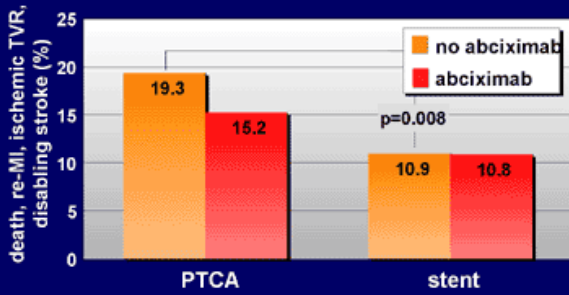
## Convalescent LV Function By Patency Group: Global Ejection Fraction

■ TIMI 3 on cath lab arrival ■ TIMI 3 on cath lab arrival ■ Never had TIMI 3



Adapted from Ross AM, et al. *J Am Coll Cardiol.* 1999;34:1954-1962.

### CADILLAC: primary 6-month endpoint

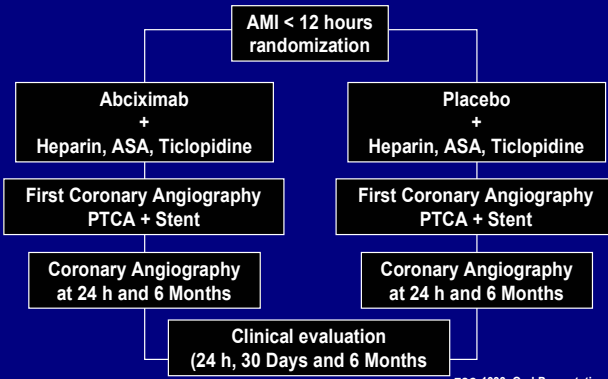


### CADILLAC Trial Results

	PTCA <sup>1,3</sup> (n=517)	PTCA + abciximab <sup>2</sup> (n=528)	Stenting <sup>3</sup> (n=511)	Stenting + abciximab (n=525)
<b>TIMI-3 flow</b>	94%	92%	92%	96.7%
<b>Recurrent ischemia</b>	4.5%	1.5%	3.9%	1.2%
<b>Mortality</b>	1.4%	1.0%	1.6%	1.6%
<b>Need for ischemic TVR</b>	2.3%	0.2%	0.8%	0.2%

(1) 19.9% provisional stenting; (2) 15.0% provisional stenting; (3) about 5% crossover to abciximab  
Stone GR, et al. Presented at the AHA 72nd Scientific Sessions, November, 1999.

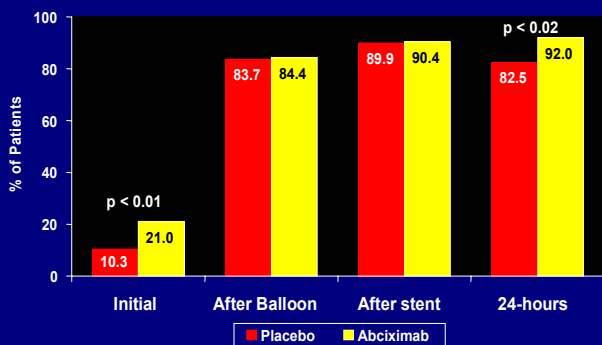
### ADMIRAL Design



### ADMIRAL Study

**A** Abciximab before  
**D** Direct Angioplasty and Stenting in  
**M** Myocardial  
**I** Infarction  
**R** Regarding  
**A** Acute and  
**L** Long term follow-up

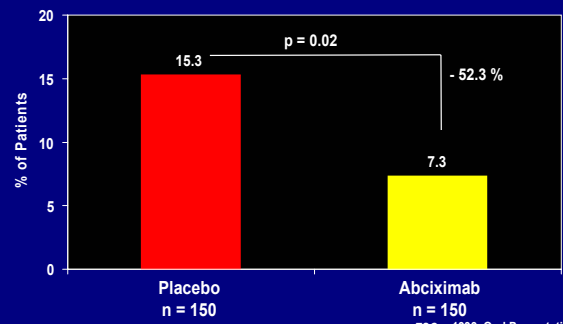
### ADMIRAL Angiographic Results: TIMI 3 flow rates



ESC 1999, Oral Presentation

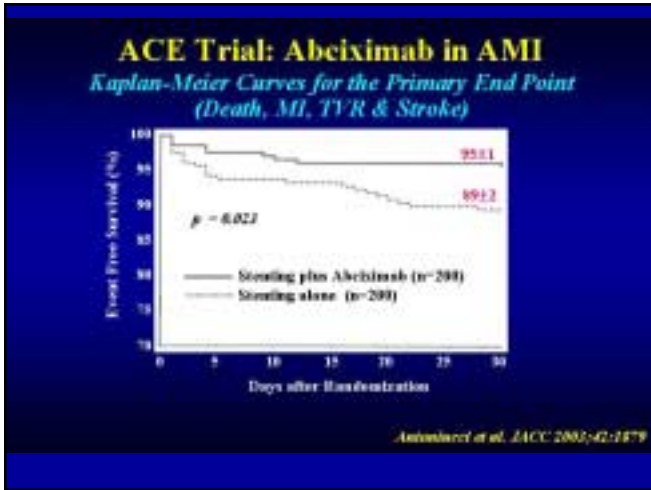
### ADMIRAL Primary Endpoint (30 days)

Death, Recurrent MI, Urgent TVR



ESC 1999, Oral Presentation



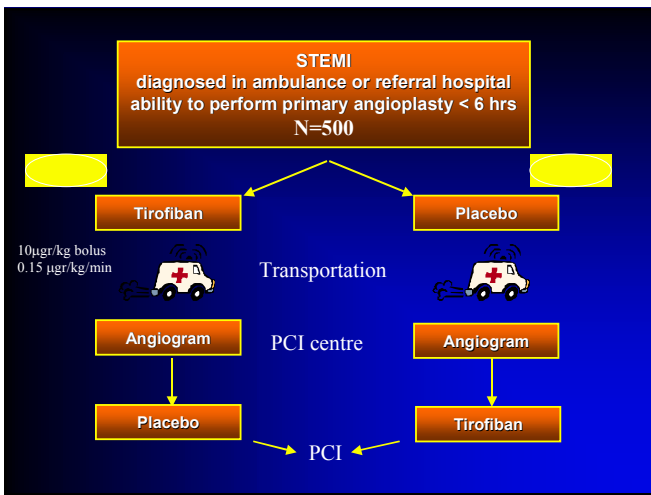
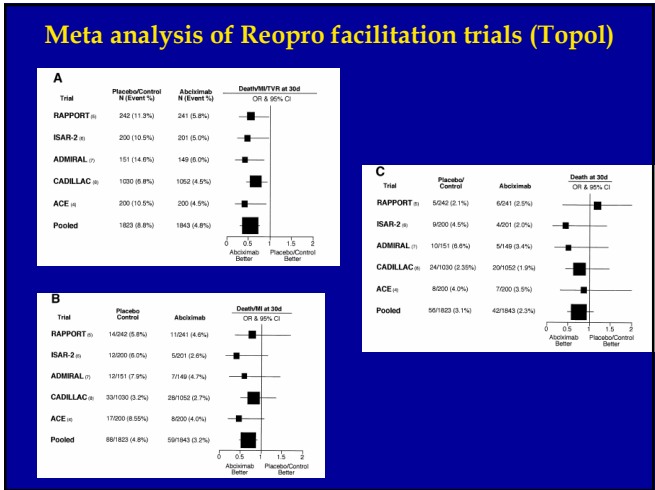
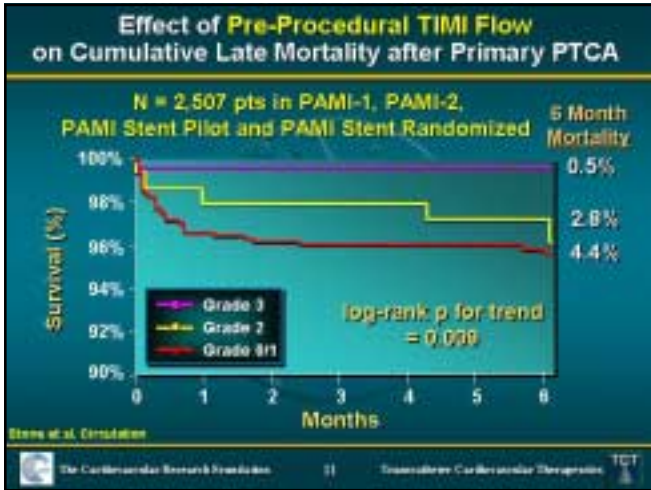


### ADMIRAL

## Conclusions

- In patients with acute myocardial infarction, abciximab in conjunction with primary stenting positively improved:
  - early TIMI 3 flow rate
  - left ventricular function
  - 30-day clinical results
- The excess in minor bleeding may be due to the 24-hour arterial sheath

ESC 1999, Oral Presentation



## On-TIME

### Ongoing-Tirofiban In Myocardial Infarction Evaluation

24 ON-TIME  
Tirofiban Facilitates Myocardial Infarction Evaluation

Flavio Ribichini, ESC 2003

## Factors influencing choice of reperfusion strategy

- Risk of evolving MI
- Risk of bleeding
- Time required for performance of PCI by a skilled operator (local or elsewhere)
- Time from symptom onset

## TIMI Flow before PCI

Initial Flow	Early (n=243)	Late (n=244)	p
TIMI 0	107 (44%)	143 (59%)	0.01
TIMI 1	32 (13%)	19 (8%)	
TIMI 2	58 (24%)	46 (19%)	
TIMI 3	46 (19%)	36 (15%)	
<b>TIMI 2 or 3</b>	<b>104 (43%)</b>	<b>82 (34%)</b>	<b>0.04</b>
TIMI 3	46 (19%)	36 (15%)	0.22

## THE APPROACH TO REPERFUSION THERAPY: I – Pre hospital phase

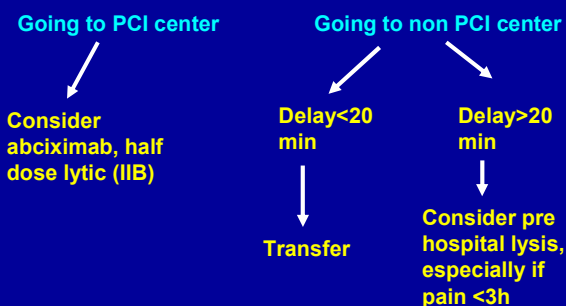
Determine a community policy for STEMI transfer



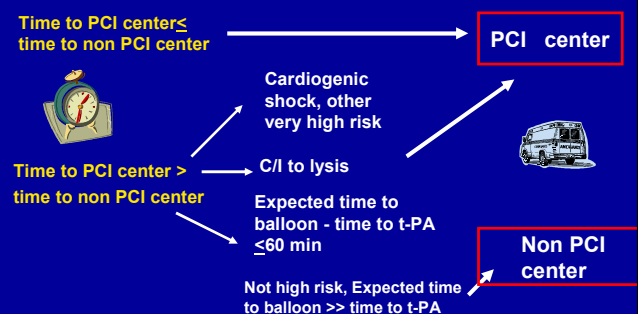
## PRINCIPLES OF REPERFUSION

- Hospitals should establish a system for administration of reperfusion therapy in the fastest possible way
- The MAXIMAL accepted times are 30 minutes for thrombolysis (Door to needle) and 90 minutes for PPCI (Door to balloon).

## THE APPROACH TO REPERFUSION THERAPY: I – Pre hospital phase



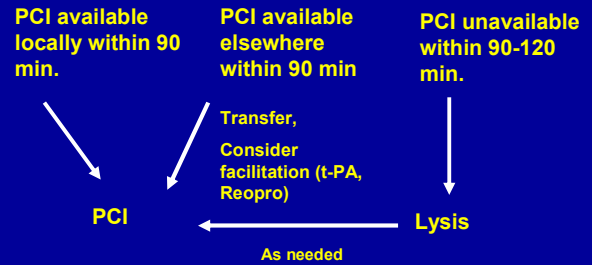
## THE APPROACH TO REPERFUSION THERAPY: I – Pre hospital phase



**THE APPROACH TO REPERFUSION THERAPY: II – Additional considerations**

- During first 3 hours no general preference of PCI over lysis
- Prefer PCI, even if somewhat delayed, if:
  - Shock or pulmonary edema
  - RV involvement
  - Contraindications to lysis
- Prefer lysis, if PCI available but delayed, during first 3 hours and if :
  - Time to balloon > 90 min
  - Time to balloon – time to needle >60min

**THE APPROACH TO REPERFUSION THERAPY: II – Hospital phase**



**THE APPROACH TO REPERFUSION THERAPY: selecting mode of reperfusion**

- Class I ACC/AHA & ESC guidelines:
  - Primary PCI should be performed for AMI patients whenever it can be performed within 90 minutes of presentation by an experienced team
  - Thrombolysis should be given to STEMI patients presenting within 12 hours, for whom primary PCI is not available within 90 minutes, in the absence of C/I.

**THE APPROACH TO REPERFUSION THERAPY: II – Additional considerations**

- If a strategy of thrombolysis is chosen, pre-hospital lysis should be started within 30 minutes of contact if physician/experienced paramedics present on ambulance, particularly if transfer time > 60 minutes. (ESC Class I, ACC/AHA class IIA)
- If a strategy of PPCI is chosen, consider IIB/IIIA ASAP. Indication for Abciximab stronger than tirofiban, eptifibatide

**GUIDELINES - BASED PHARMACOTHERAPY OF STEMI (2)**

		ACC/AHA	ESC
<b>LMWH</b>	With lytics	IIb	Possible
	With lytics, age >75 or creat.> 2.0	III	
	Anterior MI, large MI, AF	I	
	No reperfusion, no high risk	IIa, at least 48h	
<b>IIb/IIIA</b>	with PPCI	II	I – POBA IIa - stent
<b>Clopidogrel</b>	Post stenting	I	
	Alternative to ASA post lysis	IIa	No data

**GUIDELINES - BASED PHARMACOTHERAPY OF STEMI (1)**

		ACC/AHA	ESC
<b>ASA</b>		Class I for all, starting on presentation, indefinitely	
<b>UFH</b>			
	With primary PCI		I
	With t-PA & variants		I
	With SK if ant. MI, large MI, AF		I
	Other SK	IIb	IIa
	No reperfusion	IIa, at least 48h	

**GUIDELINES - BASED  
PHARMACOTHERAPY OF STEMI (4)**

		ACC/AHA	ESC
<b>STATINS</b>	Any LDL	I	
	LDL > 115 despite diet		I
<b>FIBRATE/ NIACIN</b>	LDL < 100 + HDL < 40 or TG > 500	I	I if HDL < 45 + TG > 200
<b>WARFARIN</b>	ASA allergy, AF, LV clot	I	
	With ASA if < 75	IIa	

**GUIDELINES - BASED  
PHARMACOTHERAPY OF STEMI (3)**

		ACC/AHA	ESC
<b>β blockers</b>	Early IV	IIa	IIb
	Hospital phase	I	
	Long term, low risk	IIa	I
<b>CCB</b>	Verapamil/diltiazem if β blockers not tolerated	IIa	II
	With LV dysfunction	III	
<b>ACE - I</b>		I	
	1 <sup>st</sup> 24h, low risk	IIa	