

27th International Jerusalem Symposium on Sports Medicine

Ma'ale Hachamisha Hotel, January 25-27, 2011

Registration and Participation	Doctors/ others	Physio- therapists (Non- Member of Fed.)	Physio- therapist, (Member of Fed.) Intern & Nurse
One day Registration by 10th January, 2011	\$110	\$105	\$100
Two days Registration by 10th January, 2011	\$155	\$145	\$135
One day + Workshop "Lateral elbow tendinopathy" Registration by 10th January, 2011	\$150	\$145	\$130
Two days + Workshop "Lateral elbow tendinopathy" Registration by 10th January, 2011	\$210	\$200	\$185
"Exercise is Medicine" 25-26 January 2011			
Pre-Congress Workshop For physicians only No on site registration Registration by 15th December, 2010	\$180		
Registration by 15th January 2011	\$210		

Abstracts - Deadline for Abstract Submission: November 15th, 2010

Abstracts will be included in the abstract-book that will be given to each conference participant. Please submit your abstracts according to the following:

Size: One typed page, size A4 (max. 300 words), single space.

Font: Times New Roman, size 12.

Margins: 2.5 cm on each side of the page.

Header: Title must be written in capital letters, centered at the top of the page.

Authors: Presenting author's name must be underlined. Please add the name of the Institute and Address of all authors. Please provide full name and title, e-mail address, full mailing address, Telephone and Fax numbers for presenting author.

Language: The official language of the conference is English. Abstracts in any other language will not be considered.

Format: Please arrange abstract according to the following format: Introduction, Materials and Methods, Results, Conclusions.

Please submit all abstracts to the following e-mail address:

jerusalemssymposium@regin-med.co.il

The Congress wishes to thank the American Joint Distribution Committee (JDC) and the Arthur Holstein Memorial Fund, the International Society of Arthroscopy, Knee Surgery & Orthopaedic Sports Medicine (ISAKOS), Arthrex, Bauerfeind, S.I.R.A.M., Trimaco, The Israel Olympic Committee

and The International Academic Friends of Israel (IAFI) www.iafi-israel.org, 500 45 New York, NY 10110 USA. IAFI is proud to co-sponsor this and other outstanding scientific and academic conferences in Israel. Their cooperation and support is kindly appreciated.



The 27th International Jerusalem Symposium on Sports Medicine

In Memory of Prof. Haim Weinberg

January 26-27, 2011

Jerusalem, Israel

2nd ANNOUNCEMENT AND CALL FOR PAPERS

**Deadline for Abstract Submission:
November 15th, 2010**

**Exercise is Medicine
(Pre-Congress Workshop)**

January 25-26, 2011

www.sportsmedicine.co.il

E-mail: jerusalemssymposium@regin-med.co.il

In conjunction with:

- The Israel Society of Knee Surgery and Arthroscopy
- The Israeli Society of Musculoskeletal Medicine
- The Israel Orthopaedic Foot and Ankle Society
- The Israeli Society for Surgery of the Hand
- The Israel Shoulder and Elbow Society
- The Israeli Physiotherapy Society
- The Israel Olympic Committee



Chairman:

Gideon Mann, MD
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Co-chair:

Yonatan Kaplan, PT, MSc (Med)
email: sportmed@zahav.net.il

Scientific Committee

Eli Adar, MD
Gabriel Agar, MD
Vidal Barchilon, MD
Yftach Beer, MD
Naama Constantini, MD
Gal Dubnov, MD
Yonatan Kaplan, PT, MSc (Med)
Joseph Lowe, MD
Gideon Mann, MD
Meir Nyska, MD
Paul Sagiv, MD

Chairs of Involved Medical Societies

Shoulder & Elbow; Vidal Barchilon, MD
Knee & Arthroscopy; Eli Adar, MD
Foot & Ankle; Mati Noff, MD
Physiotherapy; Nirit Rotem-Lehrer, PT, MSc.
Musculoskeletal: Simon Vulfson
Hand Surgery: Paul Sagiv MD

Visiting Lecturers (not final)

Karl Peter Benedetto	Austria
Jason Conviser	USA
Jenny Conviser	USA
Benjamin Domb	USA
Freddei Fu	USA
Alberto Gobbi	Italy
Donald Greydanus	USA
Nogah Haramati	USA
Don Johnson	Canada
Laney Nelson	USA
Dario Perugia	Italy
John Richmond	USA
James Skinner	USA
Bill Vicenzino	Australia

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Leading Lectures

KNEE LIGAMENTS:

- * Anatomical ACL Reconstruction – What Have We Learned?
- * Technique and Results of PCL Inlay Reconstruction
- * Concept and Technique of Treatment in Knee Dislocation
- * Arthroscopic Treatment of Tibia plateau fracture
- * Primary Repair Combined with Bone Marrow Stimulation in Acute ACL Lesions: Results in a group of athletes at 3 year follow up
- * Single versus Double bundle technique in ACL reconstruction using the Semitendinosus Tendon
- * Principles of Revision ACL reconstruction
- * ACL tears: to reconstruct or augment
- * Algorithm Based ACL Reconstruction: Graft Choice and Technique
- * Current Treatment Options for PCL Injuries
- * ACL reconstruction with one hamstring: all inside technique

CARTILAGE

- * Mesenchymal Stem Cells Implantation for Full-Thickness Cartilage Lesions Treatment: Results at 2 year follow up.

SUBJECTS OF INTEREST

- * Arthroscopic Treatment of Tibial Plateau fracture
- * Infiltrative Treatment with Autologous Platelet Rich Plasma (P.R.P.) in early Osteoarthritis: Results at 12 month follow up
- * Distraction arthroplasty: a new surgical technique for the treatment of basal thumb
- * Osteotomies About the Knee: Joint Preservation and Osteoarthritis
- * "Neuromuscular control and exercise-related leg pain in triathletes".

GENERAL SPORTS

- * Predictive Factors for a Safe Return-to-sport
- * The Identification and Treatment of Eating Disorders Among Elite Athletes
- * Child Neurodevelopment and Sports Participation
- * Medical Disorders and Sports Participation by Children and Adolescents
- * Concussion in Pediatric Sports: Current Issues

IMAGING

- * Ergonomic Factors in Radiology.
- * Muscle Injuries
- * Post operative imaging of the knee.
- * Finger injuries

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KNEE MENISCUS

- * Meniscal repair: when to repair and technique
- * Meniscal Tears: Repair, Resect, Replace?

UPPER LIMB

- * Massive Rotator Cuff Tears: A Case-Based Approach
- * Shoulder Instability: Posterior-MDI Treatment Options
- * "Lateral elbow tendinopathy – Examination and treatment - what you always wanted to know..."
- * "Optimising corticosteroid injection for lateral elbow tendinopathy with physiotherapy".

ANTERIOR KNEE PAIN

- * "Put your foot in it" - orthoses in the management of anterior knee pain.
- * "Predictors of short and long term outcome in patellofemoral pain syndrome"
- * "Targeted physiotherapy for patellofemoral joint osteoarthritis"

FOOT AND ANKLE

- * Modified Watson-Jones technique for chronic lateral ankle instability in athletes.

Workshops

1. Tuesday – Wednesday, 25-26 January 2011

James S. Skinner - USA, Jason Conviser - USA

"Exercise is Medicine" workshop

(Pre-Congress Workshop)

Exercise prescription for special populations and the influence of genetic factors.

The workshop objective is to provide physicians with practical and clinical information in order to prescribe exercise to the general public and to a variety of special populations.

The course is recognized by the ACSM and will use ACSM Guidelines and training material.

2. Wednesday, 26 January 2011

Bill Vicenzino - Australia

"Lateral elbow tendinopathy – Examination and treatment - what you always wanted to know..."

3. Thursday, 27 January 2011 (no charge)

Donald Johnson – Canada

a. ACL – reconstruction using the Tightrope system - (not final)

b. Meniscal suture - (not final)

For further information: www.sportsmedicine.co.il/course.

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