

Meir Stampfer,

Professor of Nutrition and Epidemiology
Chair, Department of Epidemiology
Departments of Epidemiology and Nutrition



Research Interests

Dr Stampfer's research program is broadly concerned with the etiology of chronic diseases, with particular focus on nutrition, cancer, and cardiovascular disease. With colleagues in the Departments of Epidemiology and Nutrition at Harvard School of Public Health, and at Channing Laboratory and the Division of Preventive Medicine at Brigham and Women's Hospital, Dr Stampfer is closely involved in four large prospective cohort studies: **Nurses' Health Study I** (N = 121,700), **Health Professionals Follow-Up Study** (N = 51,259), **Physicians' Health Studies I and II** (N = 22,071), and **Nurses' Health Study II** (N = 116,678). In addition, Dr Stampfer leads seven NIH-funded projects to assess nutritional and biochemical markers of cancer risk among the 15,000 blood samples collected as part of the Physicians' Health Study. Dr Stampfer and colleagues have demonstrated a marked protective effect, both in women and men, of alcohol in reducing the risk of coronary heart disease. In women, however, alcohol appears to be associated with an increase in risk of breast cancer, but this may be mitigated by dietary folate.

PRESS RELEASE

HSPH Department Chairs **Meir Stampfer and **Walter Willett** Most Cited Scientists of the Decade in Clinical Medicine**

Three more HSPH researchers ranked in top 20

For immediate release: Friday, September 23, 2005

Boston, MA – Meir Stampfer, Chair of the Department of Epidemiology at the Harvard School of Public Health (HSPH) has been ranked the number one most cited scientist in clinical medicine for the last decade. According to ISI Essential Science Indicators, 376 of his published research findings were cited nearly 31,000 times between 1995 and August of 2005. The most cited papers were those assessing risk factors for cardiovascular disease, breast cancer and prostate cancer.

Ranked at number two for the decade was Walter Willett, Chair of the Department of Nutrition at HSPH with 516 of his published research findings being cited nearly 30,000 times in the past decade.

more information on Prof. Stampfer is available at
<http://www.hsph.harvard.edu/facres/stmpfr.html>