



# PREMIO BENESSERE STRESA®

1<sup>st</sup> Edition 2007

## INTERNATIONAL PRIZE

### FOR RESEARCH AND INNOVATION RELATED TO WELLBEING

#### 1. DEFINITION

The "Centro Benessere Stresa", the SPA of the Grand Hotel des Iles Borromées in Stresa, Italy, has the pleasure to announce the International Prize "Premio Benessere Stresa®" for research and innovation related to wellbeing.

The topic of the first award, **"Women's Wellbeing and Health in Midlife: Prevention and Care"**, has been set by the Scientific Committee for the Prize, chaired by Professor Rodolfo Paoletti, of the University of Milan and President of the Fondazione Giovanni Lorenzini (Milan - Houston). **The winner will receive € 20.000,00 (twenty thousand Euros).**

#### 2. CANDIDATES

The Prize will be awarded to researchers or clinicians who have published, or submitted for publication, experimental and/or clinical papers regarding prevention and treatment related to the wellbeing and health of women in their midlife years. Articles must have been accepted by international scientific journals. They should deal with the medical aspects and wellbeing in the menopause years, focusing closely on life style (diet and exercise) and measures to deal with changes in this life period: cardiovascular diseases, vasomotor disorders, osteoporosis, tone and elasticity of muscles and skin, and mood changes. **All articles must be written in English, published or accepted for publication after 1<sup>st</sup> January 2003. Submissions must reach the Scientific-Organizing Secretariat not later than 30 September 2007. The Prize will be awarded to the applying author.** No responsibility is held by either the Fondazione Giovanni Lorenzini or the Centro Benessere Stresa towards any coauthor(s) of the winning paper.

#### 3. DOCUMENTS TO BE SUBMITTED

- Application letter from the author applying for the Prize.
- Complete curriculum vitae including the list of all publications.
- Copy of the published/in press article to be considered for the Prize; in case that an article is in press, a letter from the publisher confirming the date of publication of the paper is required.

#### 4. JURY

The 6 person jury will be chaired by Professor Rodolfo Paoletti. The Jury's verdict is final.

The Prize will be awarded at the Grand Hotel des Iles Borromées in Stresa, Italy, the last week of November 2007.

#### 5. SUBMISSION PROCEDURE

Candidates must submit the requested documentation by e-mail: [stresaprizelorenzini@lorenzinifoundation.org](mailto:stresaprizelorenzini@lorenzinifoundation.org) to the Scientific-Organizing Secretariat. An automatic confirmation message will be generated. Submissions must be transmitted personally by the author applying for the Prize.

#### 6. SCIENTIFIC-ORGANIZING SECRETARIAT

Fondazione Giovanni Lorenzini, e-mail: [stresaprizelorenzini@lorenzinifoundation.org](mailto:stresaprizelorenzini@lorenzinifoundation.org).

The text of this announcement is available on the Foundation's website: [www.lorenzinifoundation.org](http://www.lorenzinifoundation.org).