

Catheter- Based Renal sympathetic Denervation

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Bnai Zion Medical Center

Technion

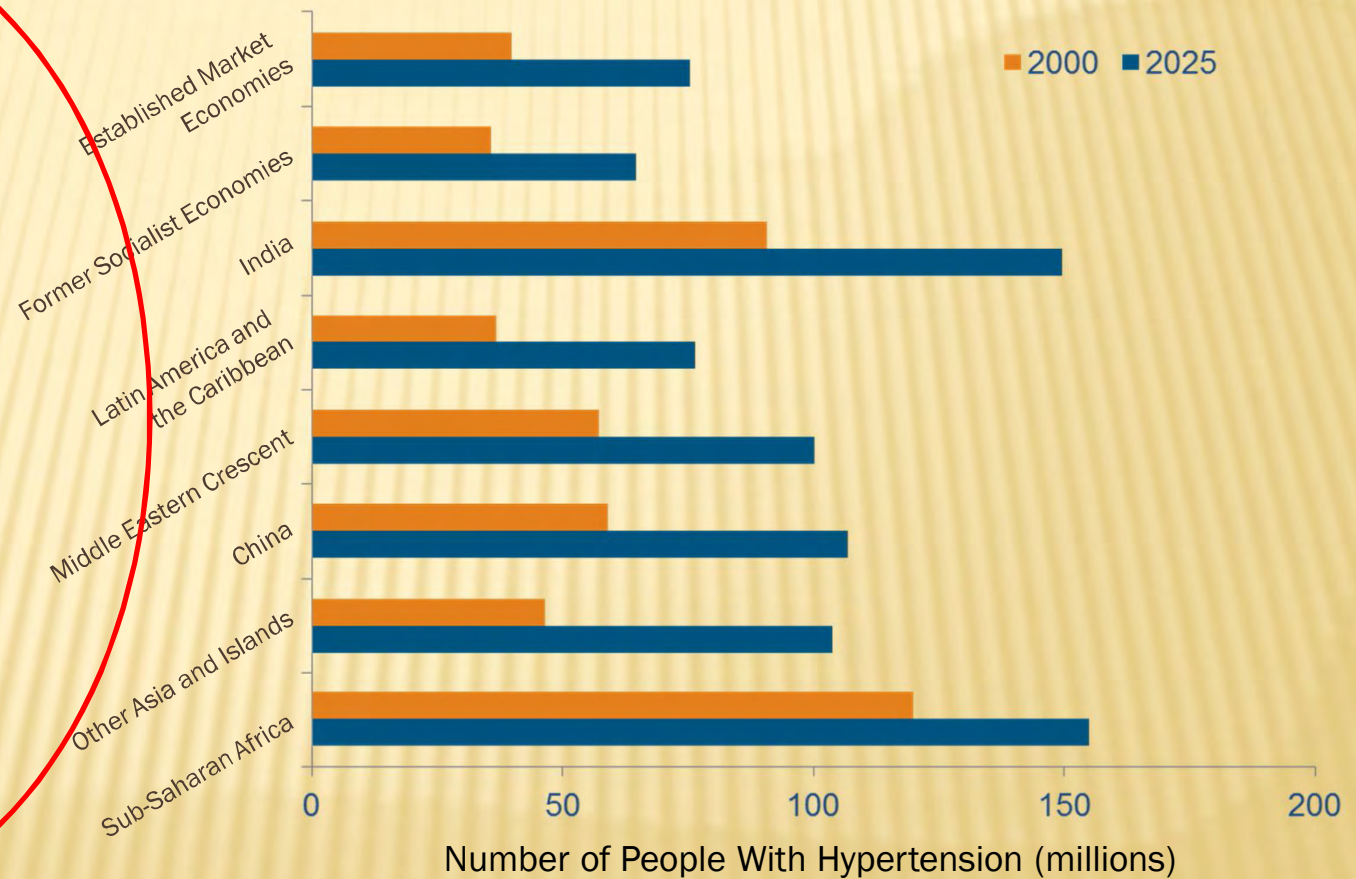
THE NEED



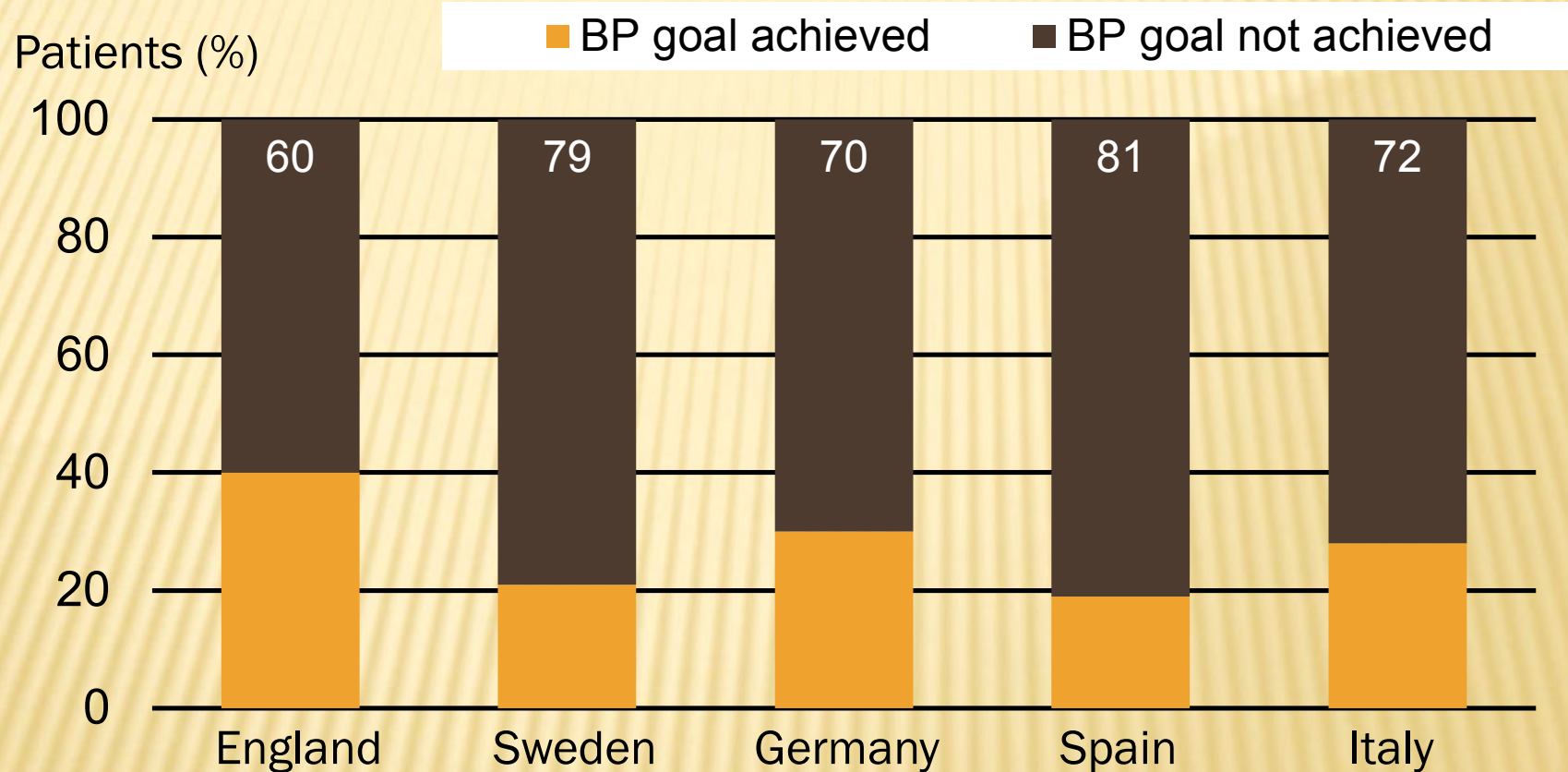
WORLDWIDE PREVALENCE OF HYPERTENSION IS INCREASING

- In 2000, 972 million (26%), of the adult population had hypertension
- By year 2025, 1.56 billion (29%) will have hypertension

Prevalence of Hypertension by World Region



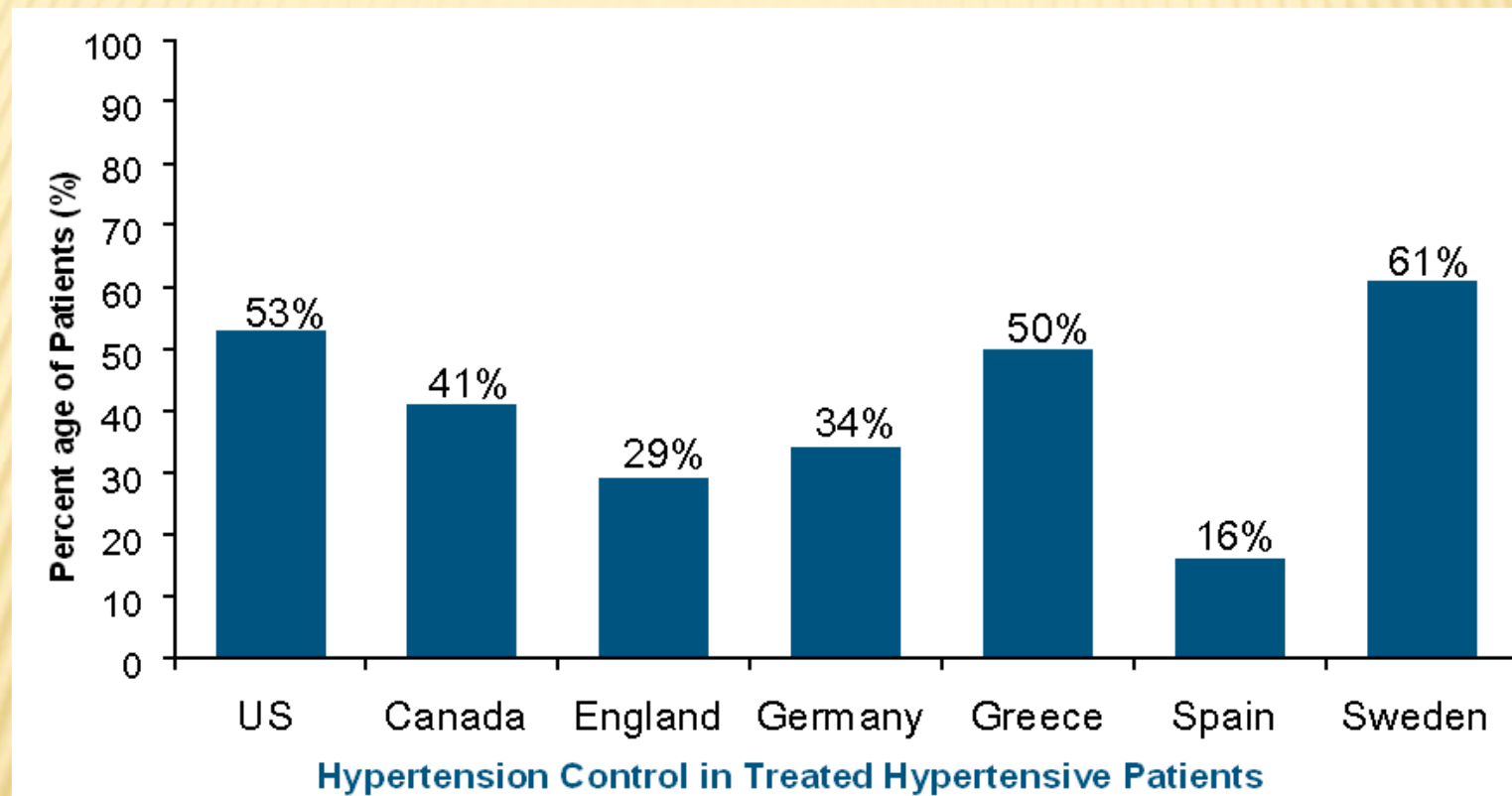
APPROXIMATELY 70% OF PATIENTS* IN EUROPE DO NOT REACH BP GOAL



*Treated for hypertension
BP goal is <140/90 mmHg

Wolf-Maier et al. Hypertension 2004;43:10-17

REAL LIFE HYPERTENSION CONTROL

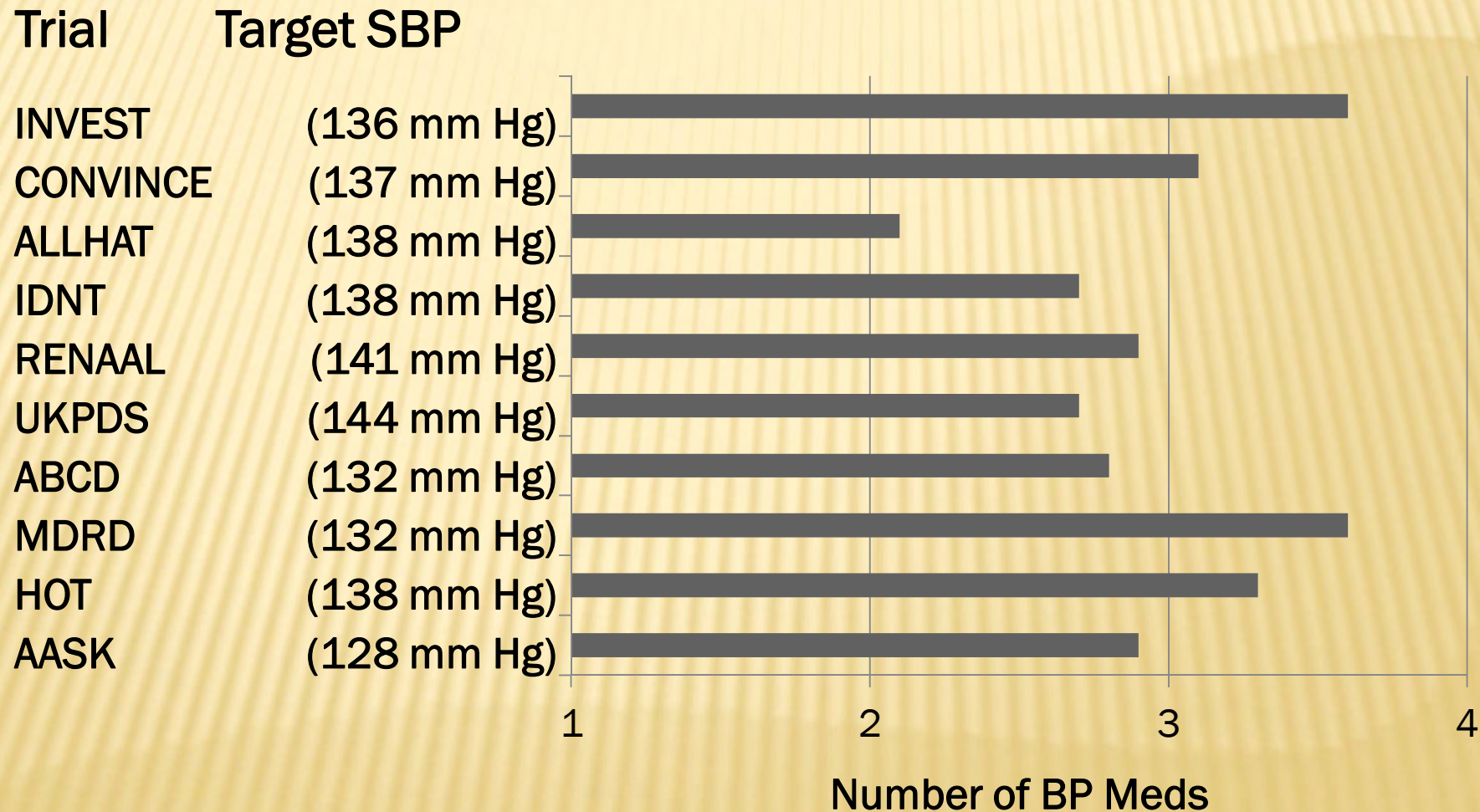


Source: Kearney PM, et al. *J Hypertens*. 2004; 22:11-19.

BNAI ZION ADMISSIONS TO CARDIOLOGY

- ✘ Hypertensive 88%
- ✘ Of the hypertensive group
 - + Uncontrolled by Meds 38%
 - + 2 classes of Meds 26%
 - + 3 classes of Meds 15%

2.7 BP MEDS/PATIENT TO ACHIEVE TARGET BP



ADHERENCE TO COMMON CV MEDICATIONS

Medication	Self-Reported Adherence, %	Consistent Adherence, %*
Aspirin	83	71
Lipid-lowering agents	63	46
β -blockers	61	44
Aspirin + β -blocker	54	36
Aspirin + β -blocker + lipid-lowering agent	39	21

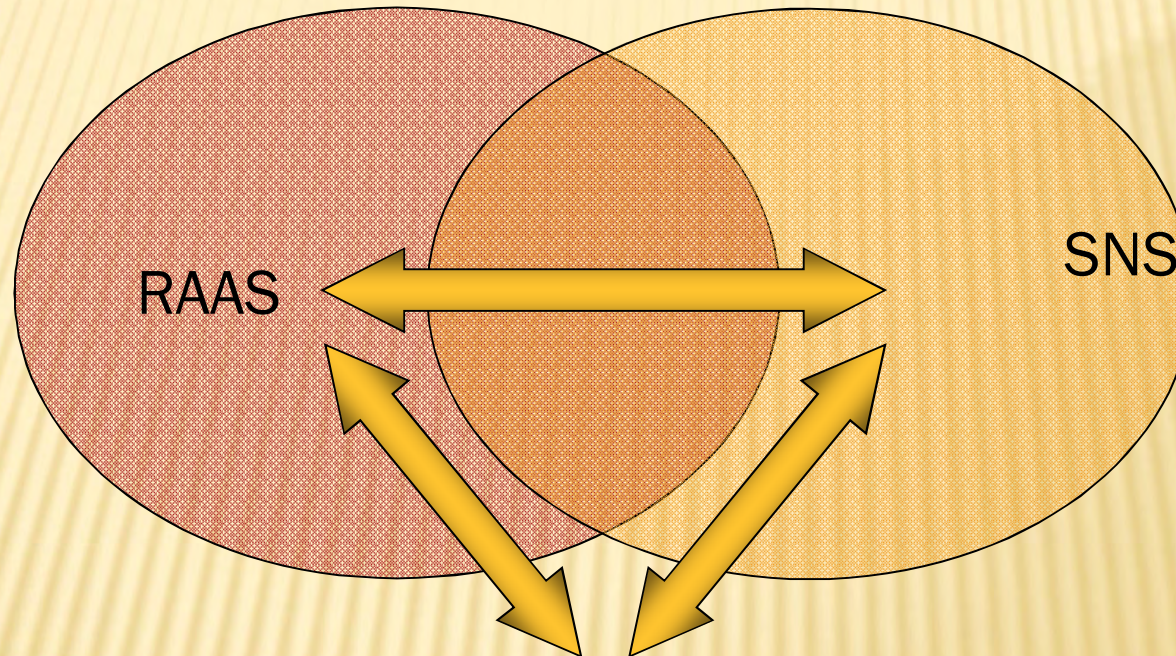
*More than 2 consecutive follow-up surveys over 6 ± 12 months.

IMPACT OF A 5 MMHG SBP REDUCTION

	Overall Reduction
Stroke	14%
Coronary Heart Disease	9%
All Cause Mortality	7%

MAJOR INFLUENCERS IN HYPERTENSION

In human and animal models there are 2 basic, well-defined contributors to the pathophysiology of HBP

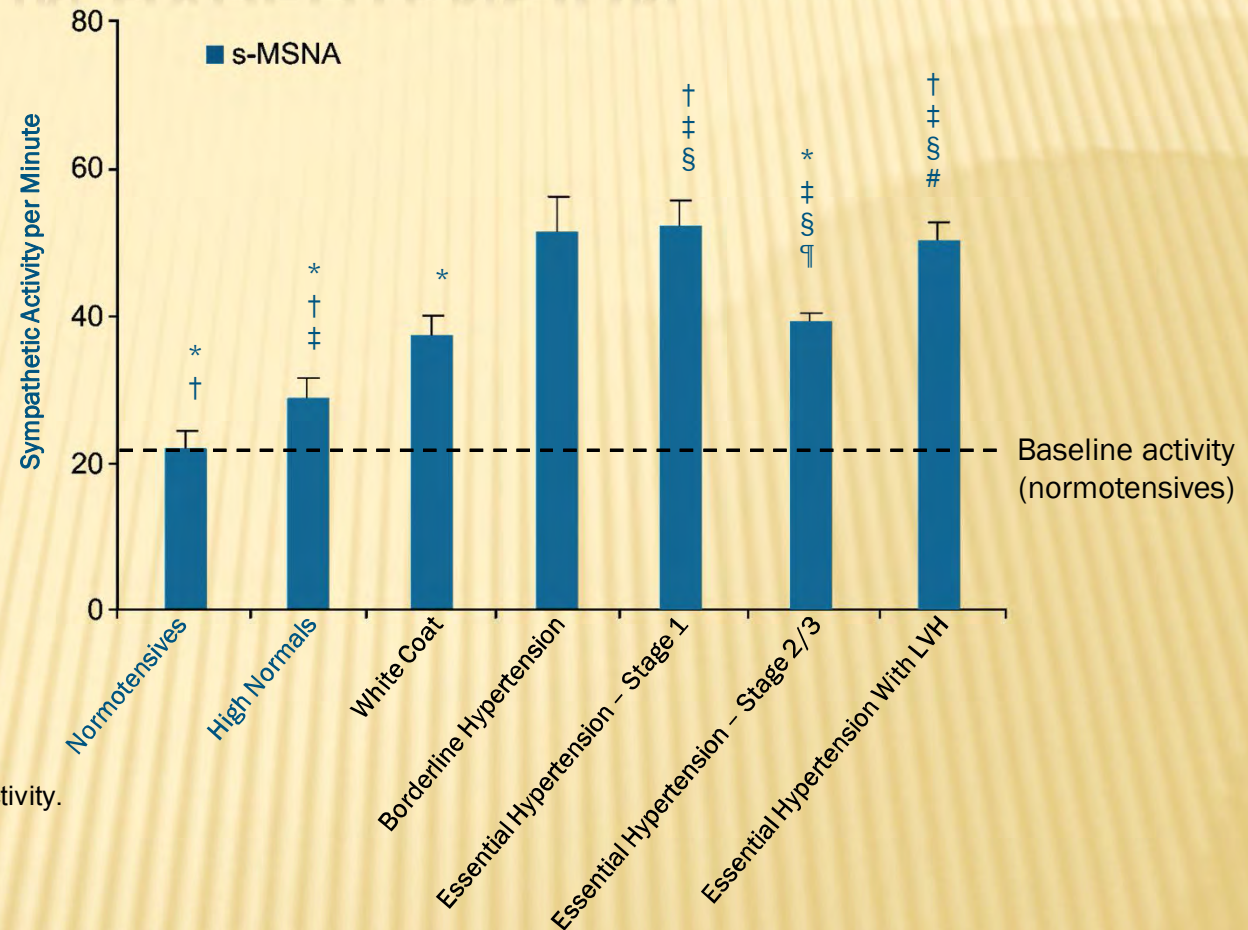


Other influencers include:

- Na & Water retention
- Co morbidities
- Genetic Factors

INCREASED CENTRAL SYMPATHETIC DRIVE IN HYPERTENSION

- Sympathetic drive is elevated in multiple types of hypertension



s-MSNA=single-unit efferent sympathetic nerve activity.

LVH=left ventricular hypertrophy.

* $P < 0.05$ Compared with borderline hypertension.

† $P < 0.05$ Compared with white coat hypertension.

‡ $P < 0.05$ Compared with normal pressure.

§ $P < 0.05$ Compared with high-normal pressure.

¶ $P < 0.05$ Compared with essential hypertension-stage 1.

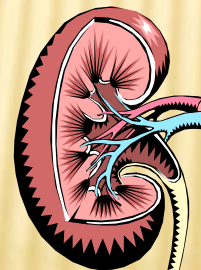
$P < 0.05$ Compared with essential hypertension-stage 2/3.

Adapted from Smith P, et al. *Am J Hypertens.* 2004; 17:217-222.

CLASSICAL NEURO-HORMONAL AXIS: KIDNEY AS A PASSIVE RECIPIENT OF SYMPATHETIC SIGNALS

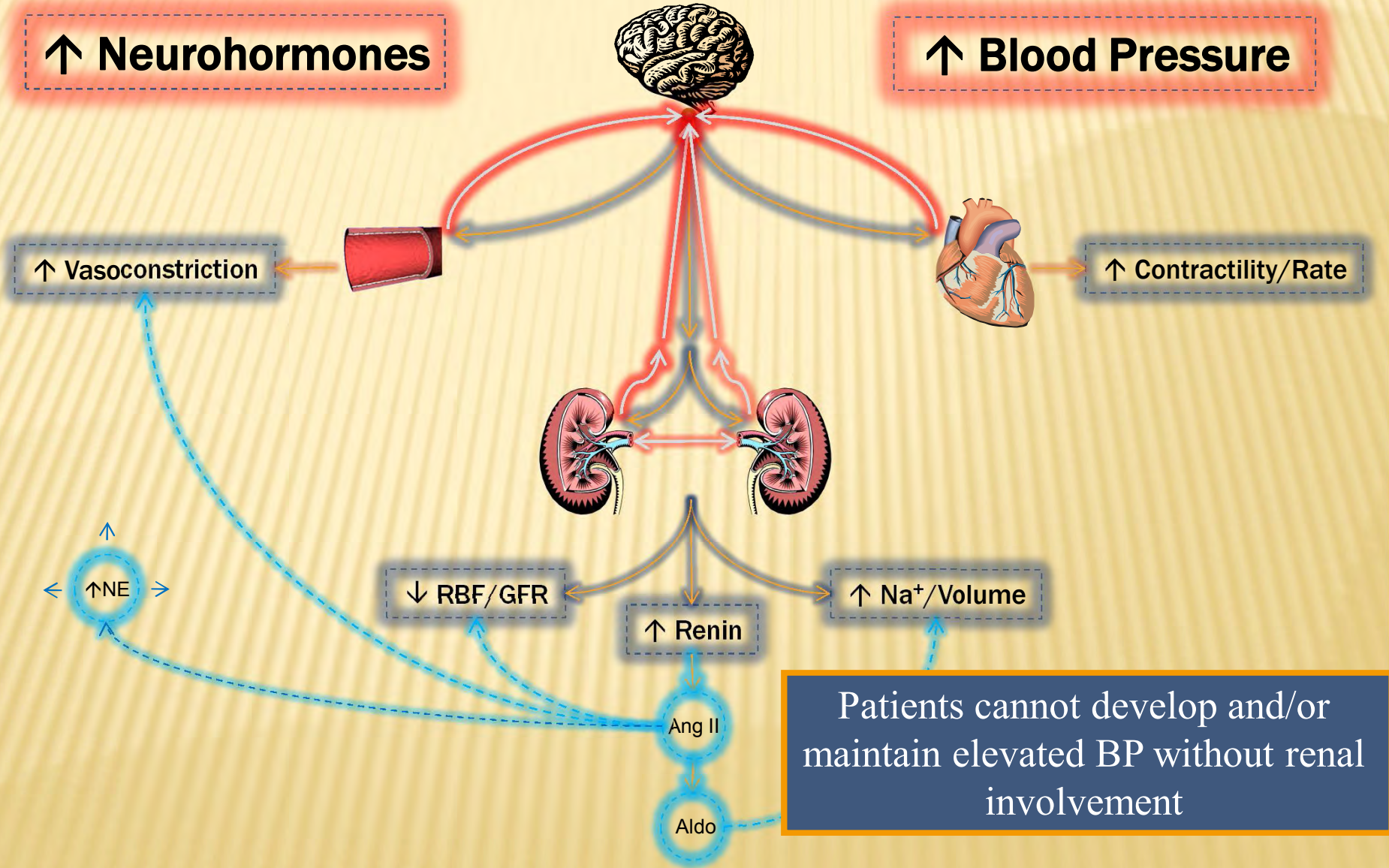


Renal Efferent
Nerves



- ↑ Renin Release → RAAS activation
- ↑ Sodium Retention
- ↓ Renal Blood Flow

CROSSTALK BETWEEN KIDNEY AND CNS



PRECEDENT SURGICAL THORACOLUMBAR SYMPATHECTOMY

THE EFFECTS OF PROGRESSIVE SYMPATHECTOMY ON
BLOOD PRESSURE

BRADFORD CANNON

From the Laboratories of Physiology in the Harvard Medical School

Received for publication March 24, 1931

THE BRITISH JOURNAL OF SURGERY

1952

SYMPATHECTOMY IN THE TREATMENT OF BENIGN
AND MALIGNANT HYPERTENSION*

A REVIEW OF 76 PATIENTS

By C. J. LONGLAND AND W. E. GIBB

THE JOURNAL of the American Medical Association

Published Under the Auspices of the Board of Trustees

VOL. 152, NO. 16

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AUGUST 15, 1953

SPLANCHNICECTOMY FOR ESSENTIAL HYPERTENSION

RESULTS IN 1,266 CASES

Reginald H. Smithwick, M.D.

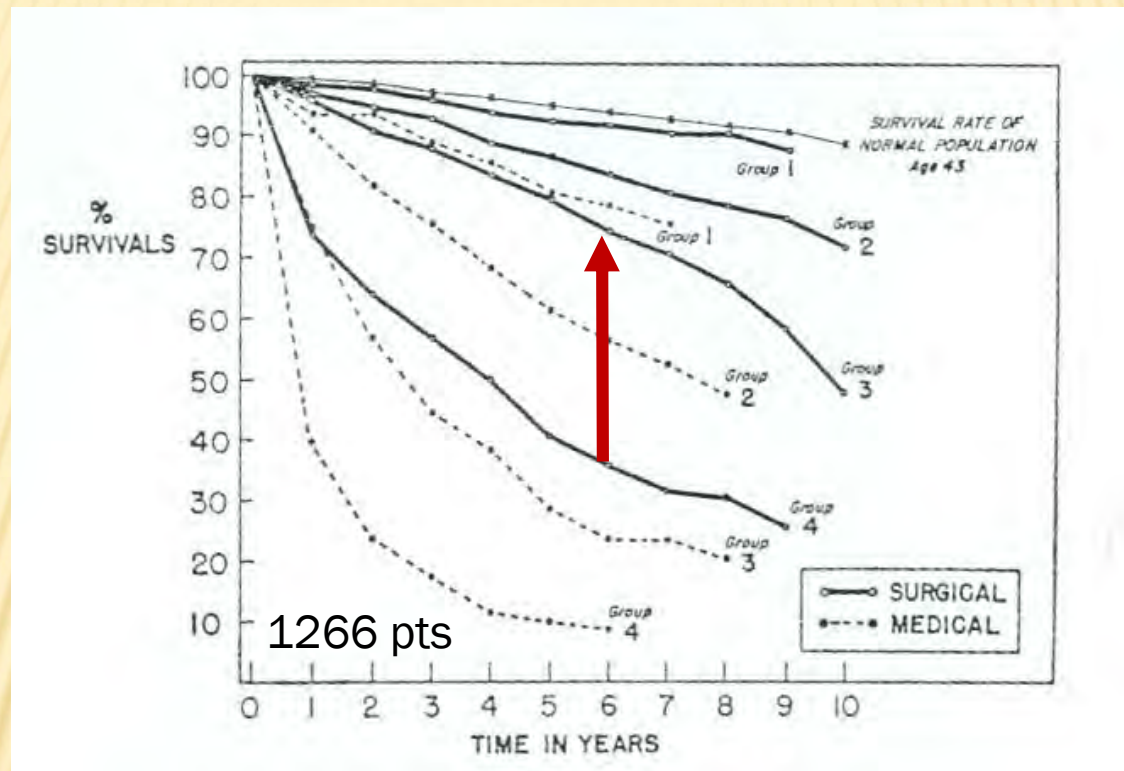
and

Jesse E. Thompson, M.D., Boston



Dr. Reginald H. Smithwick

SYMPATHECTOMY IN HYPERTENSION:

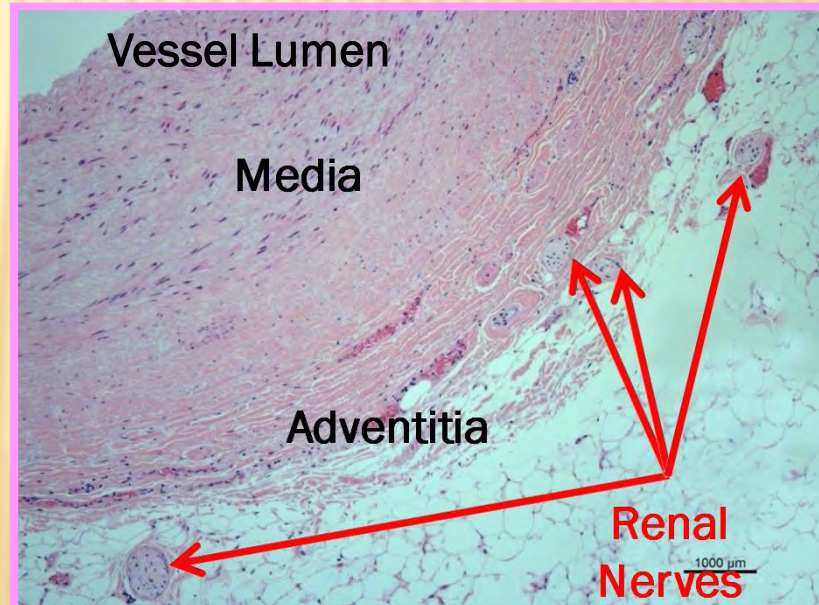
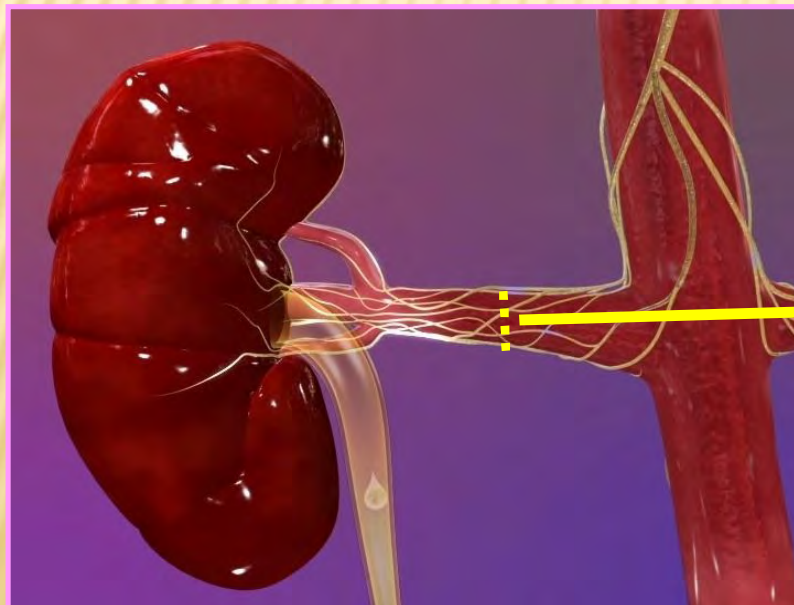


Denervating lower half of the body produced:

- Mortality benefit
- Inconsistent BP results
- Significant morbidity including orthostatic hypotension, bowel & bladder dysfunction

THE SYMPATHETIC RENAL NERVES

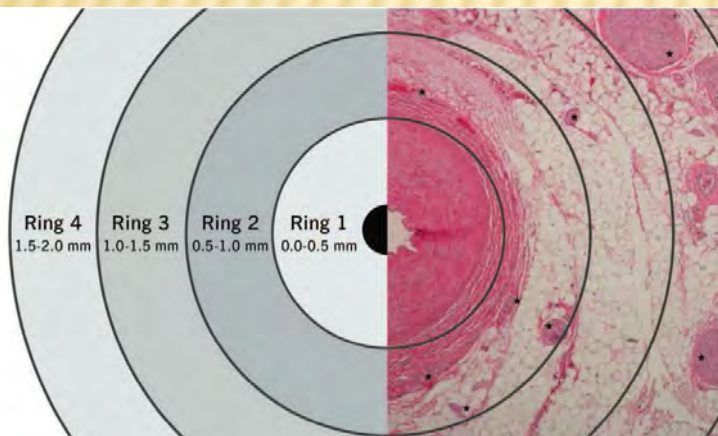
- ✗ Follow the renal artery to the kidney
- ✗ Primarily lie within the adventitia
- ✗ $\approx 70\%$ within 15mm of the ostium
- ✗ $\approx 95\%$ are within 2.5mm of the vessel lumen



HUMAN RENAL ARTERY:

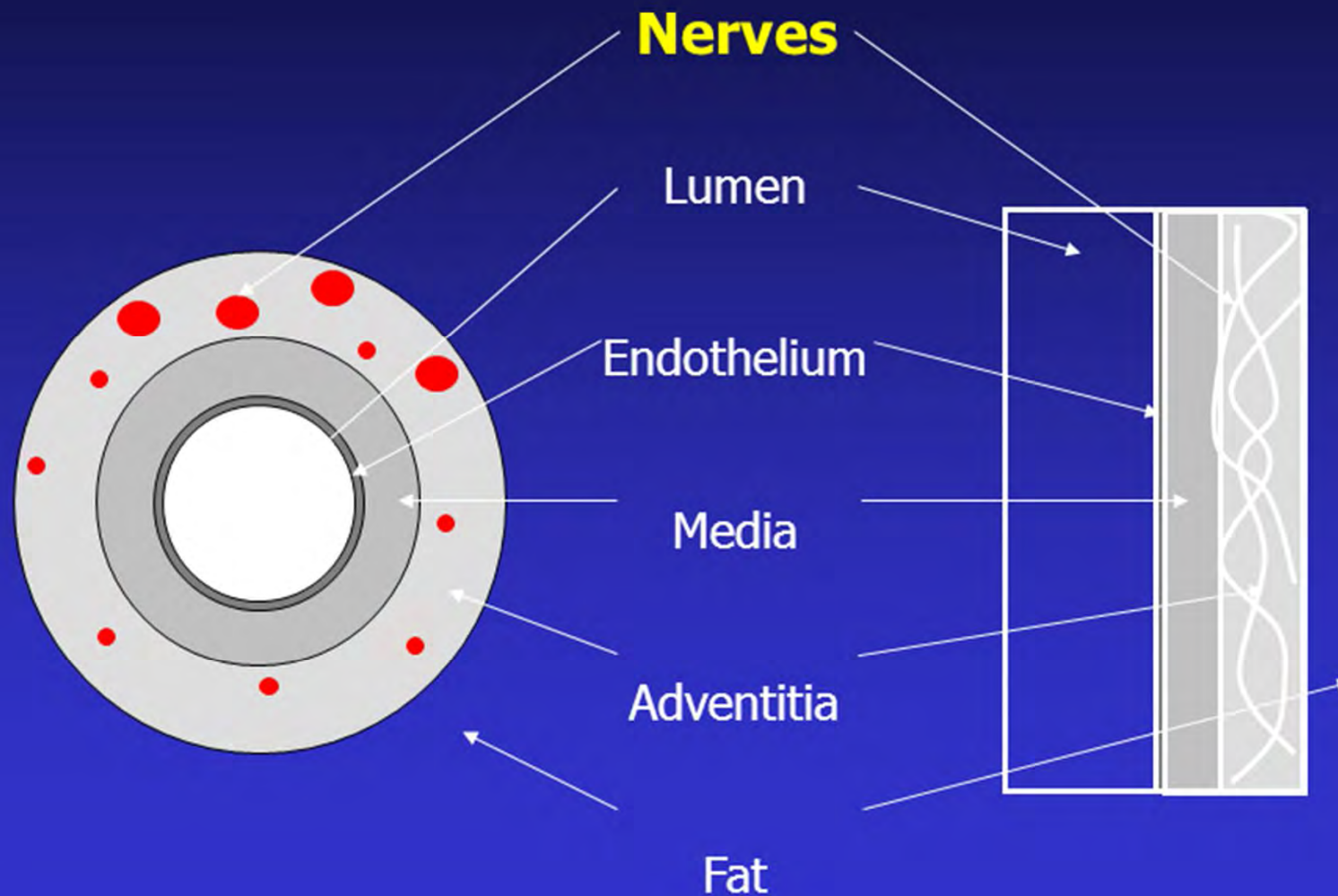
TOTAL NUMBER (%) OF NERVES PER RING (0-0.5 TO 2.0-2.5 MM) AND PER SEGMENT (PROXIMAL TO DISTAL) IN NON-PERFUSION FIXED ARTERIES

Ring	Segment			Total
	Proximal	Middle	Distal	
0 - 0.5	2 (0.2%)	2 (0.2%)	6 (0.6%)	10
0.5 - 1.0	87 (9.1%)	152 (15.9%)	223 (23.3%)	462
1.0 - 1.5	65 (6.8%)	86 (6.0%)	94 (9.8%)	245
1.5 - 2.0	43 (4.5%)	47 (4.9%)	58 (6.1%)	148
2.0 - 2.5	19 (2.0%)	36 (3.8%)	36 (3.8%)	91
Total	216 (22.6%)	323 (33.8%)	417 (43.6%)	956



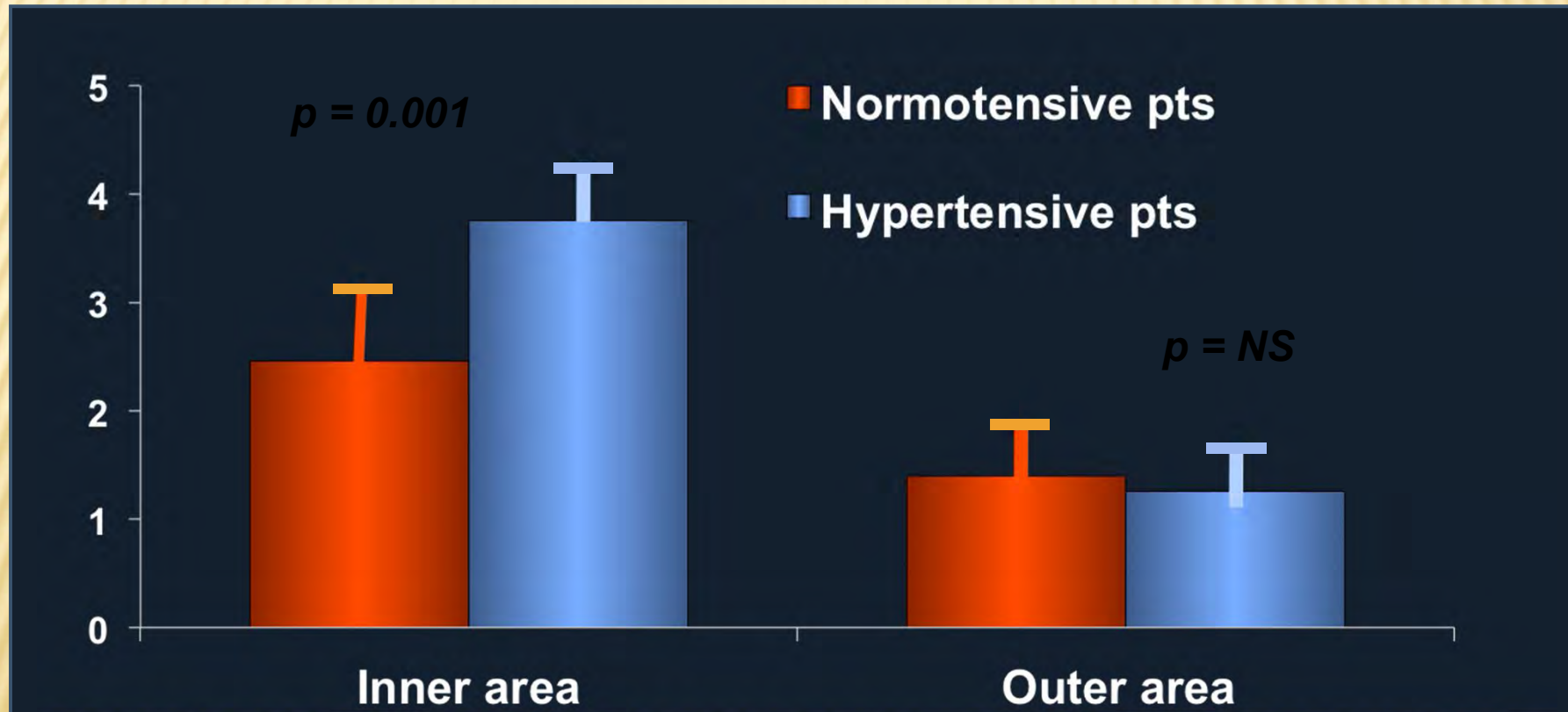
Atherton DS, et al., Clin Anat 2012;25:628-633

Anatomy of Renal Artery



NUMBER OF NERVES IN PERIADVENTITIAL FAT

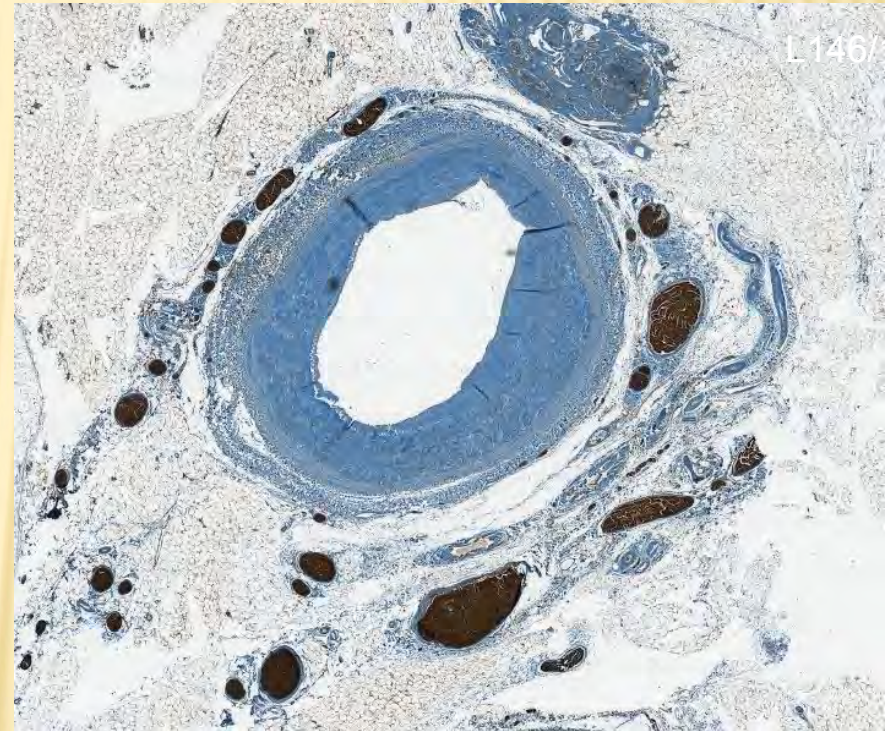
(Nerves x mm²)



Renal Artery Sympathetic Nerves Hypertensive vs. Normotensive Pts



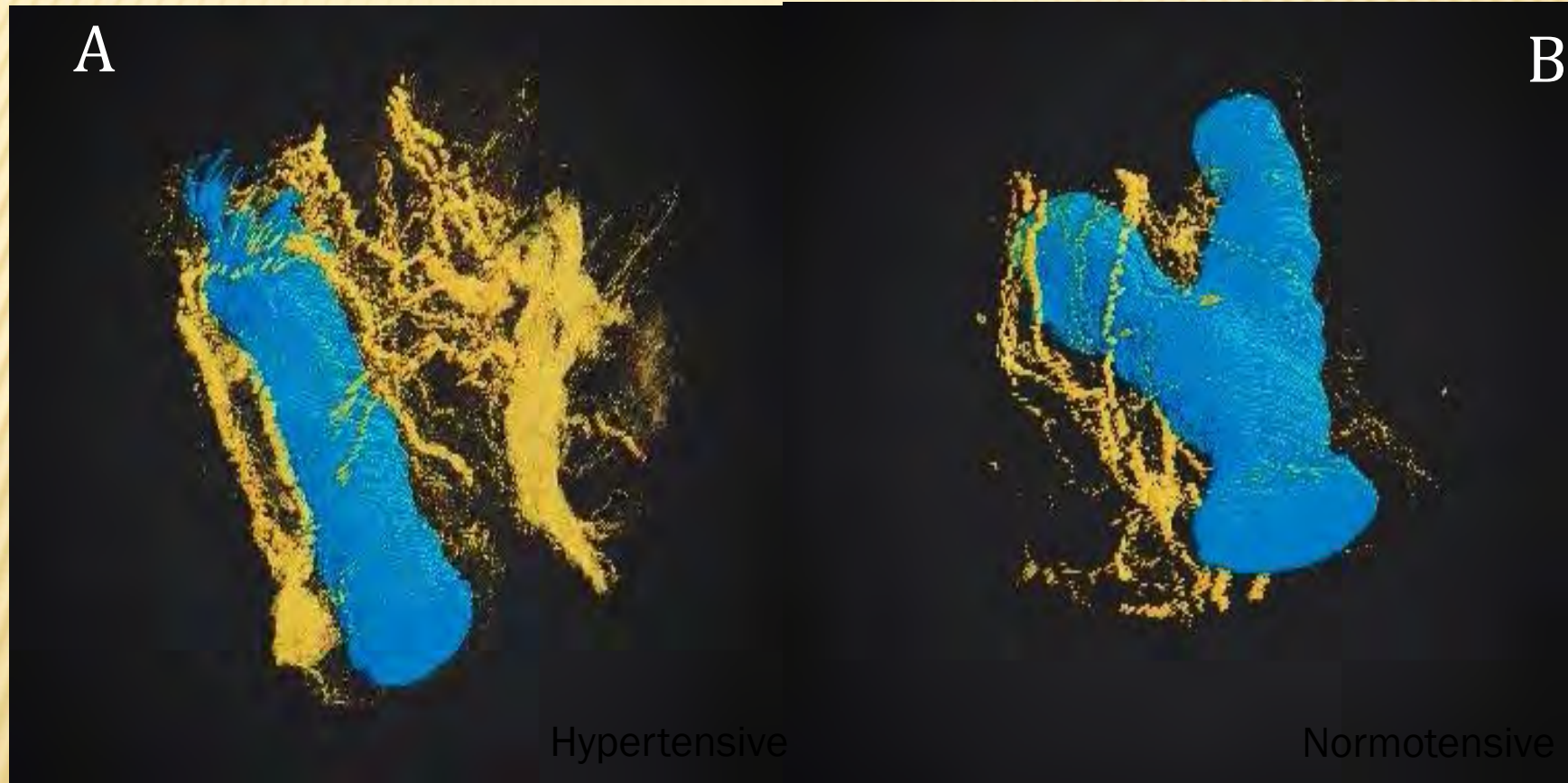
Normotensive



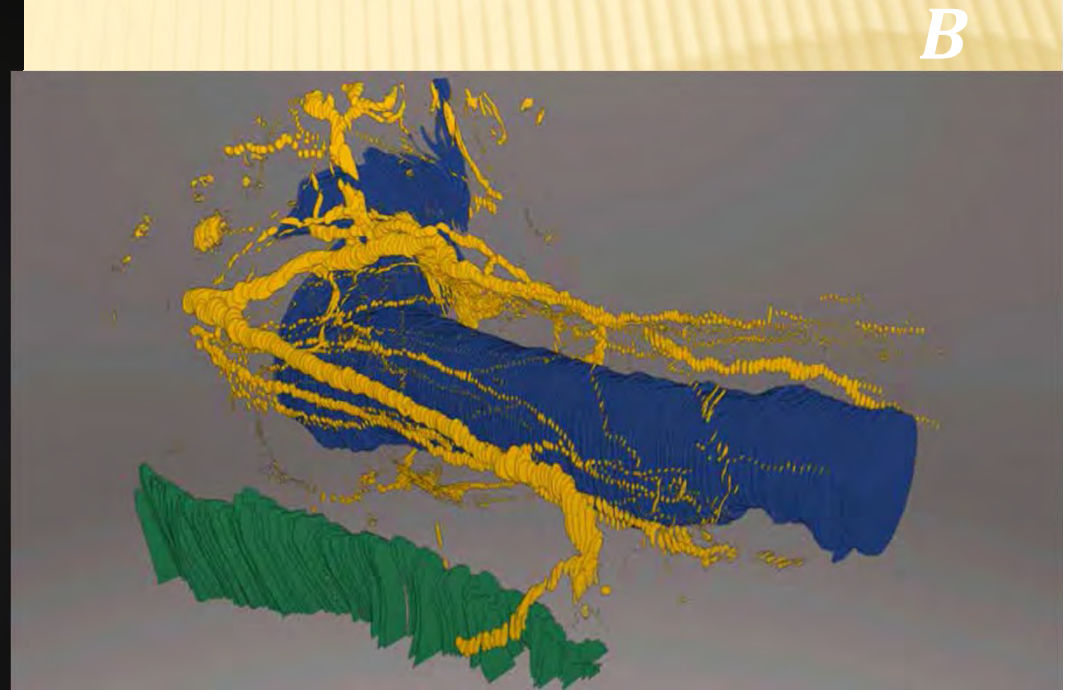
Hypertensive

Sangiorgi et al TCT 2012

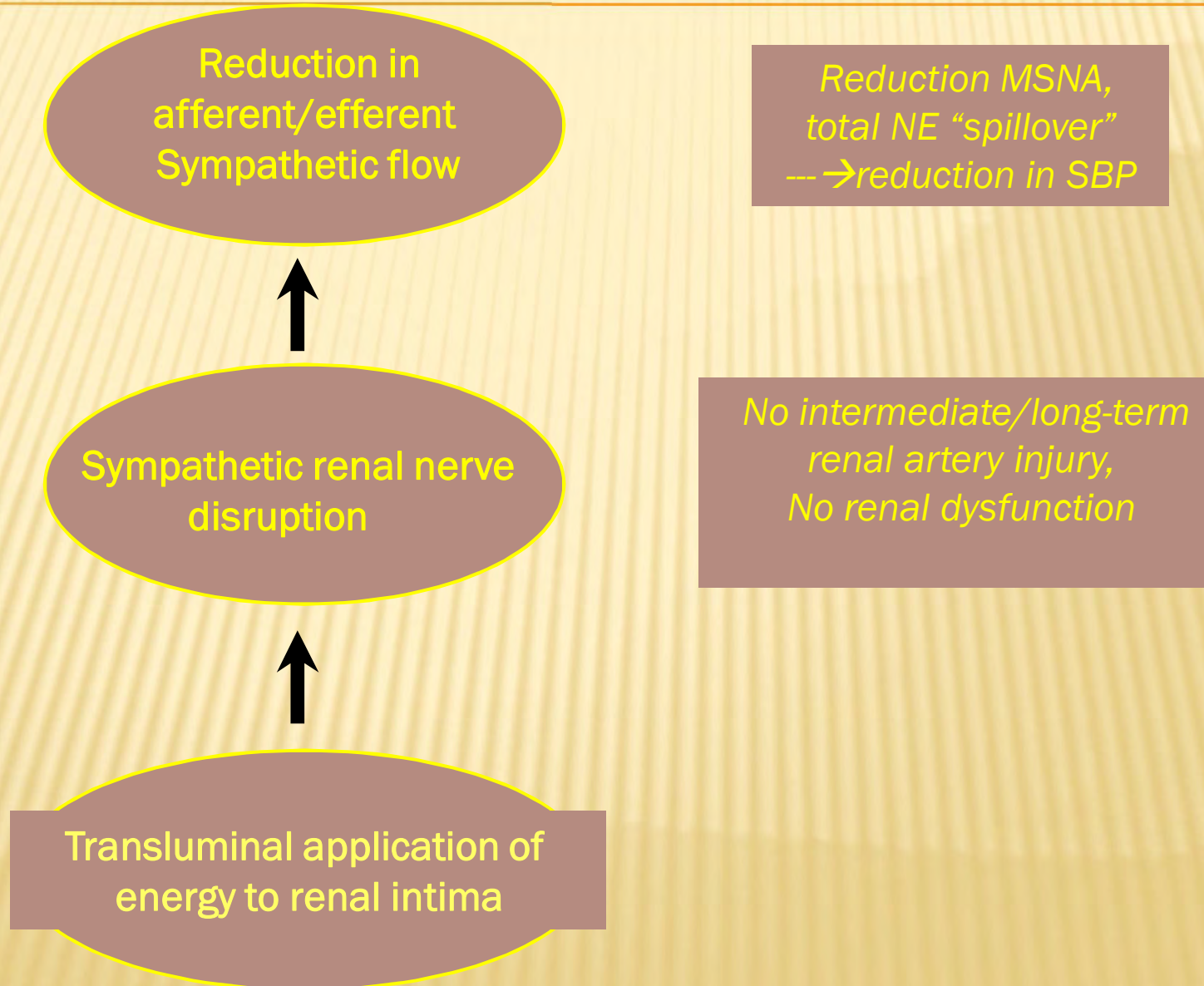
3D Reconstruction Hypertensive vs. Normotensive



Hypertensive patients 3D Reconstruction

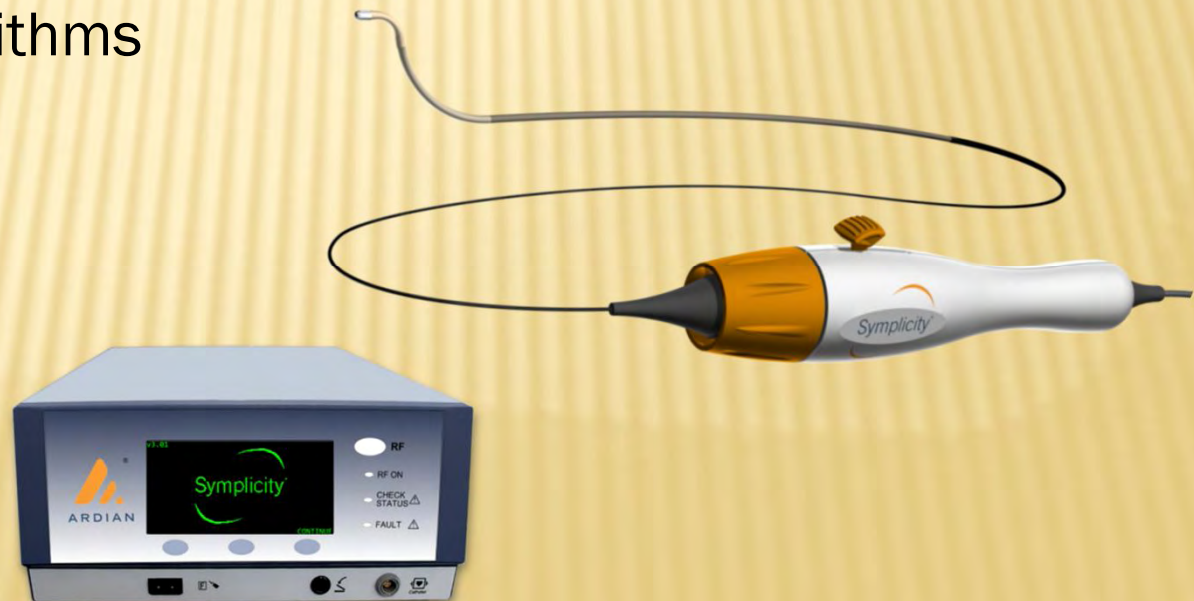
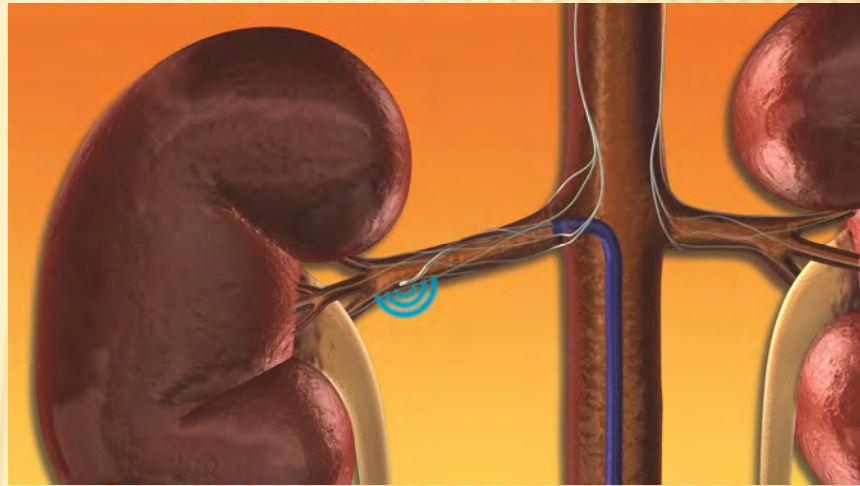


BASIC PRINCIPLES OF RDN

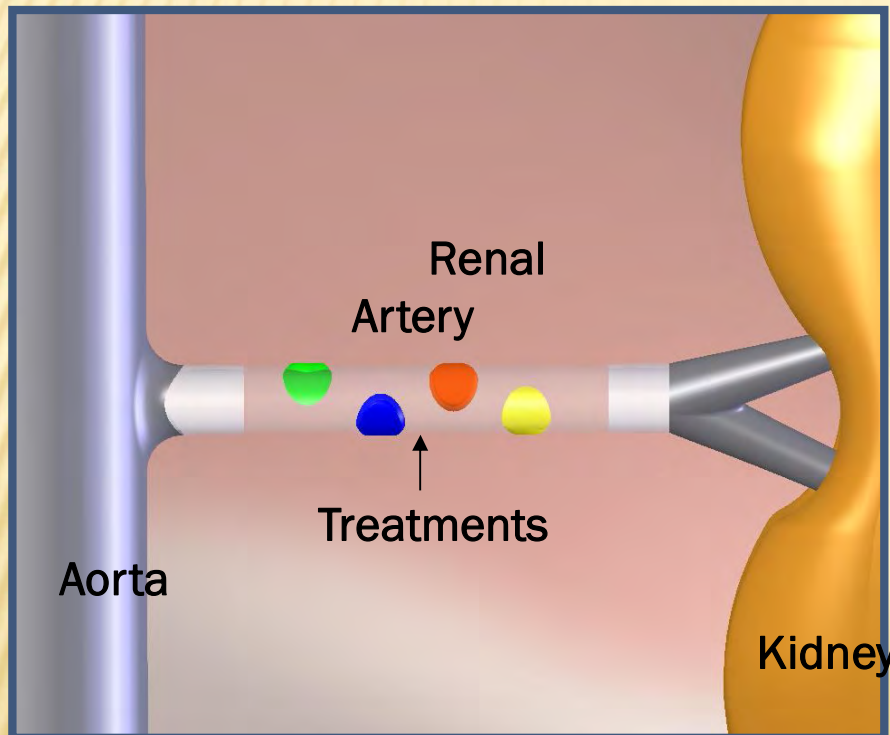


CATHETER-BASED RENAL DENERVATION

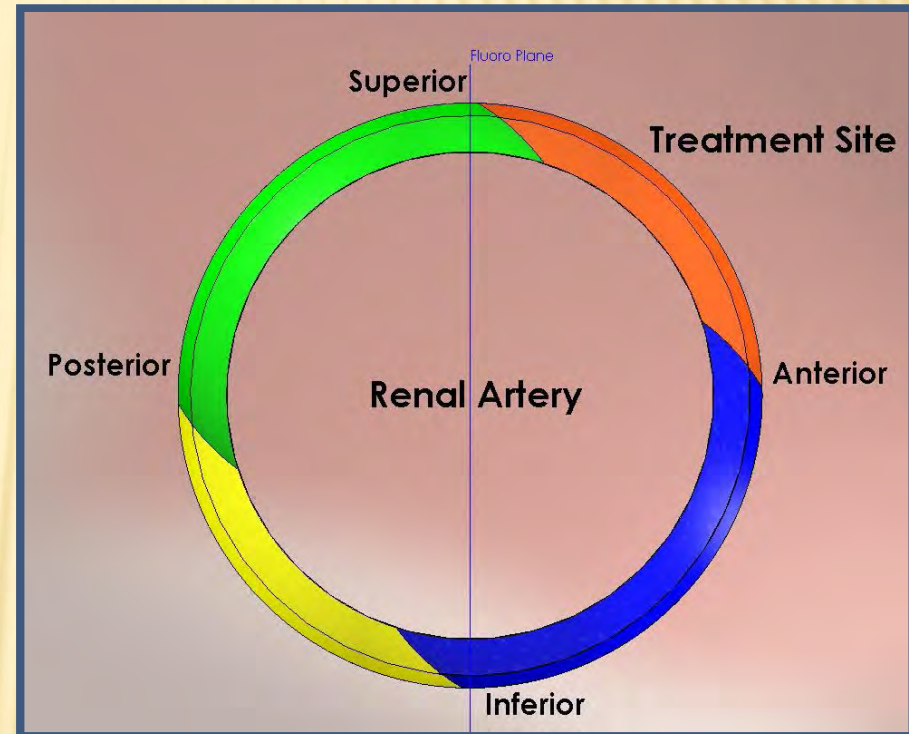
- Semi-standard interventional technique
- Dedicated ablation catheter
- RF Generator
 - Automated
 - Low-power
 - Built-in safety algorithms



TREATMENT STRATEGY

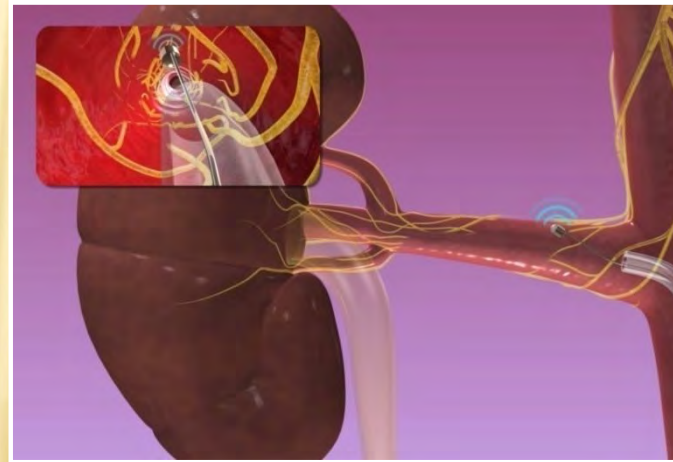
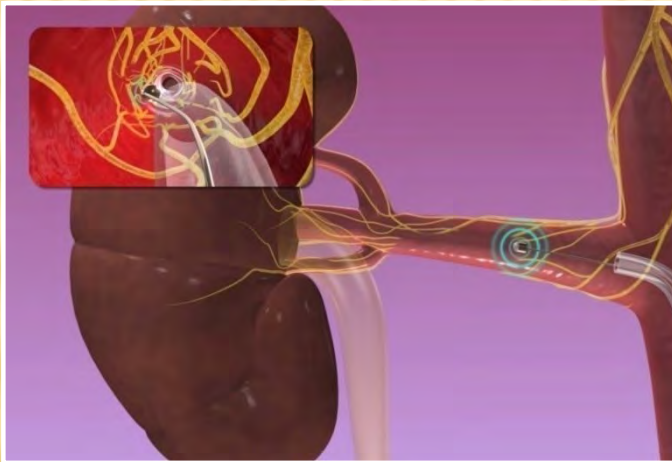
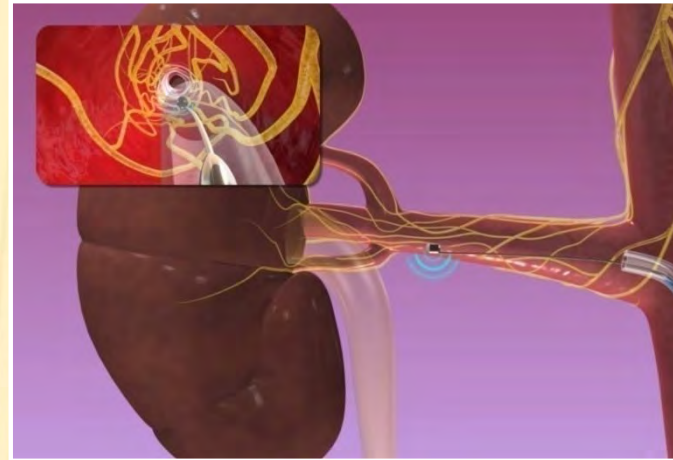
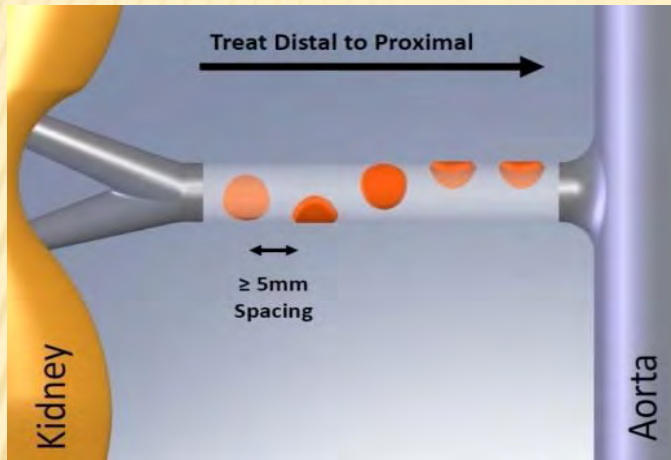


Multiple focal ablations
spaced along vessel

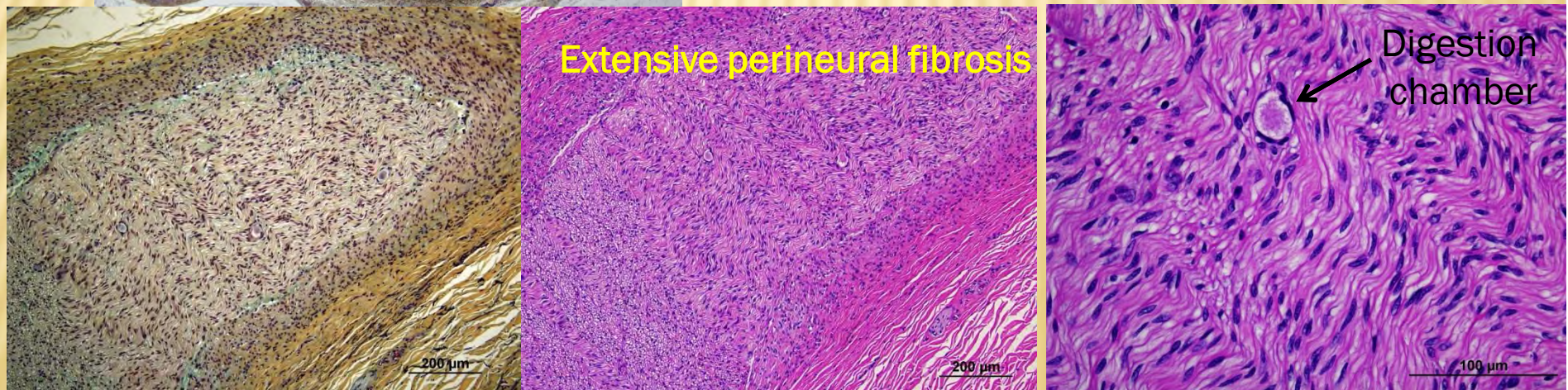
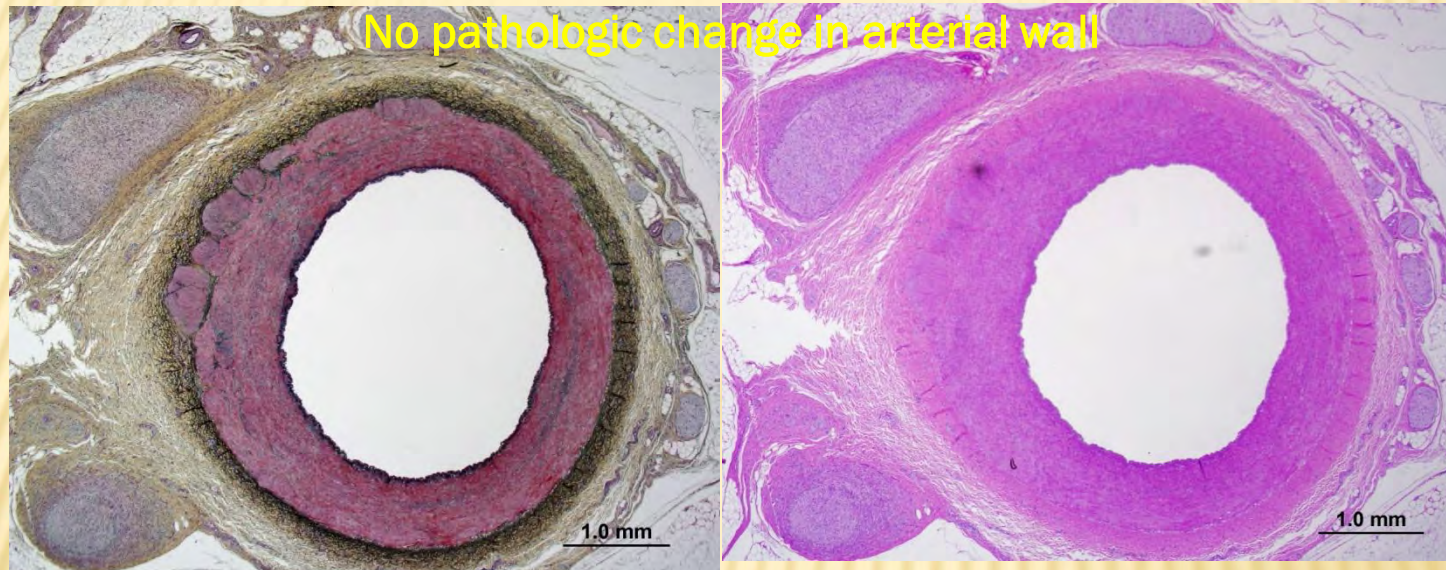


↑ circumferential coverage

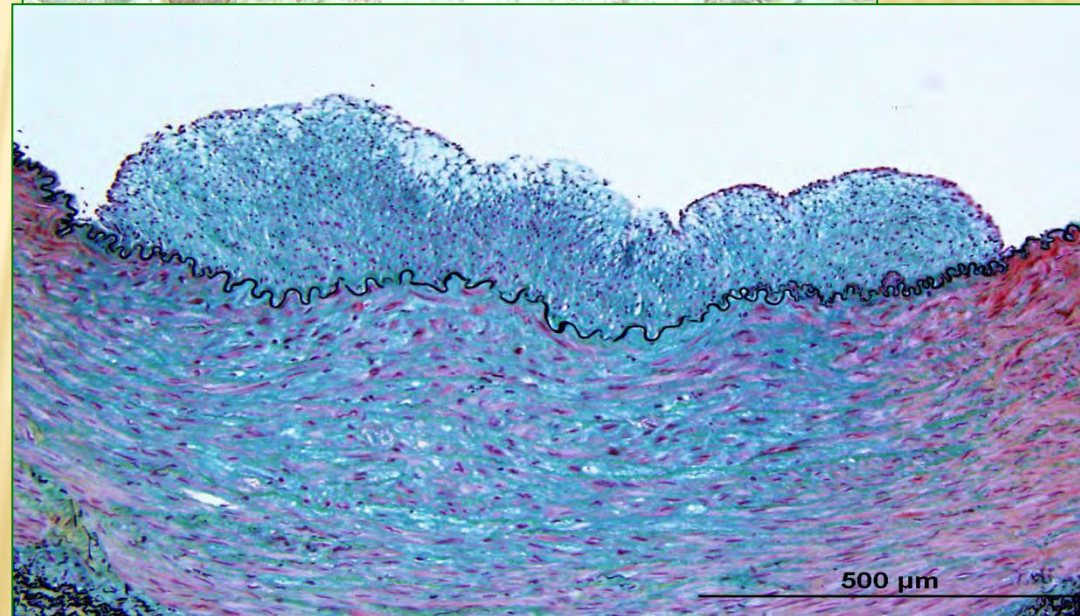
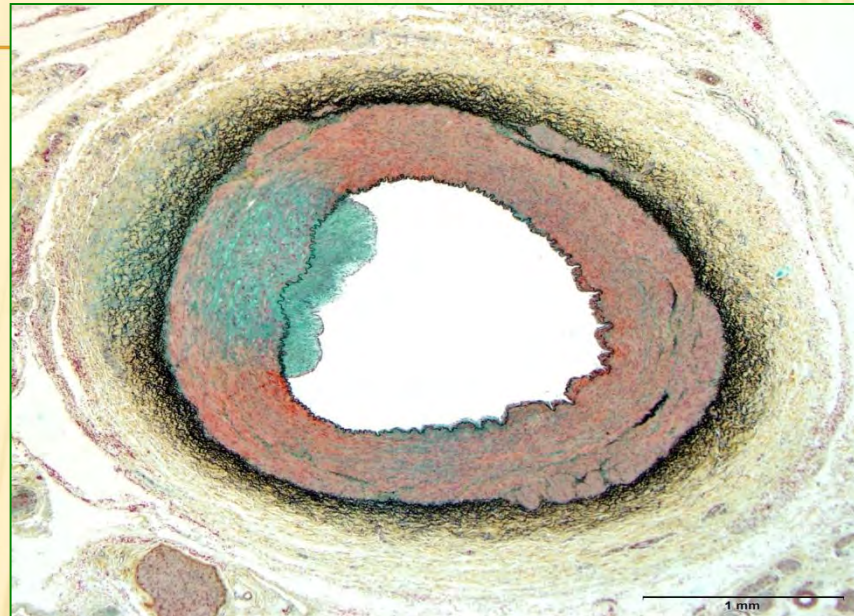
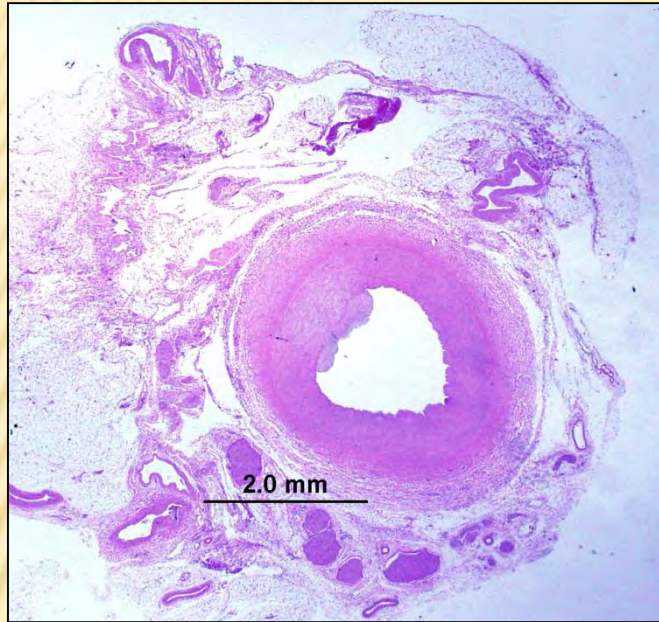
SELECTIVE DENERVATION OF THE RENAL SYMPATHETIC NERVES BY RF ABLATION



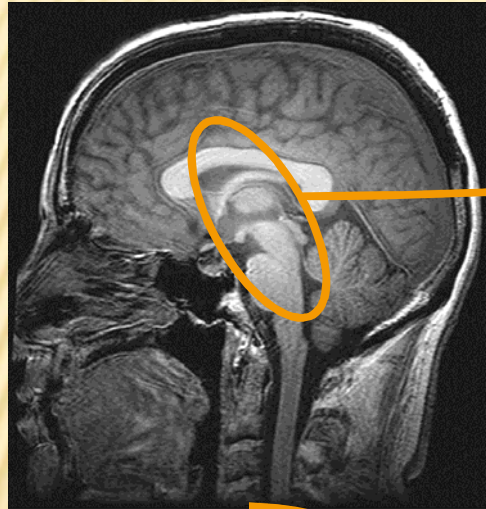
RF ABLATION AT 6 MONTHS



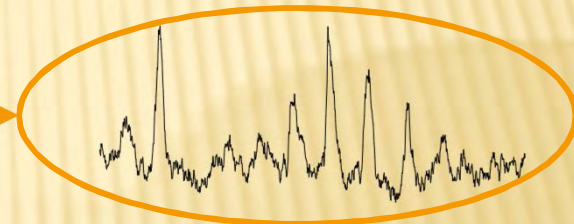
NEOINTIMAL THICKENING IS UNCOMMONLY OBSERVED IN ANIMALS EVEN IN THE PRESENCE OF SEVERE INJURY TO MEDIA



QUANTIFYING HUMAN SNS ACTIVITY

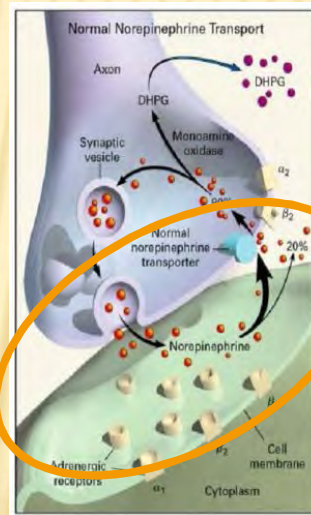


Central Sympathetic
Nerve Activity



Muscle Sympathetic
Nerve Activity (MSNA)
records postganglionic nerve traffic

Renal Sympathetic
Nerve Activity

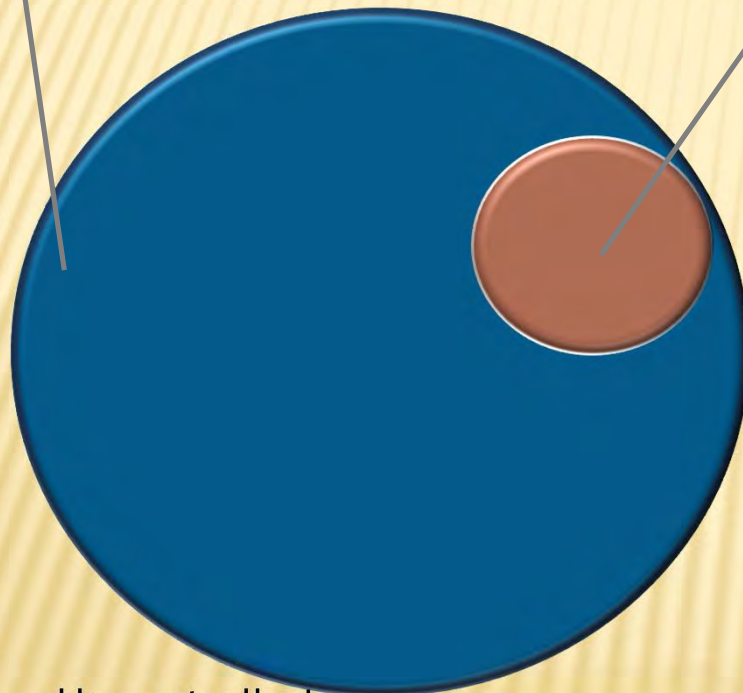


NE “spillover”
measures amount of transmitter from sympathetic
nerves that escapes
neuronal uptake and local metabolism
and “spills over” into circulation

DEFINITION OF RESISTANT HYPERTENSION

Uncontrolled Hypertension

- ✗ No BP control on treatment –including those on inadequate treatment regimens, those with poor adherence, those with undetected secondary hypertension, as well as those with true treatment resistance¹



Uncontrolled
Hypertension

Resistant Hypertension

- BP above goal
- Compliance with full doses of ≥ 3 antihypertensive medications of different classes; ideally, 1 of the 3 agents should be a diuretic¹
- Includes those patients who achieve BP control but require ≥ 4 antihypertensive agents to do so¹

RENAL SYMPATHETIC NERVE ABLATION FOR UNCONTROLLED HYPERTENSION

NEW ENGL J MED CASE STUDY¹

- ✘ 59-year-old patient
- ✘ Resistant hypertension
- ✘ Renal sympathetic nerve activity modulated by catheter-based radiofrequency(RF) ablation

Renal Sympathetic-Nerve Ablation for Uncontrolled Hypertension

TO THE EDITOR: The renal sympathetic nerves have been identified as a major contributor to the complex pathophysiology of hypertension in both experimental models and in humans.¹ Patients with essential hypertension generally have increased efferent sympathetic drive to the kidneys, as evidenced by elevated rates of renal norepinephrine spillover, defined as the amount of transmitter that escapes neuronal uptake and local metabolism and thus "spills over" into the circulation. Hypertension is also characterized by an increased rate of sympathetic-nerve firing, possibly modulated by afferent signaling from renal sensory nerves.²⁻⁴

A 59-year-old male patient with long-standing essential hypertension that was resistant to pharmacologic treatment with seven different antihypertensive drugs underwent catheter-based radiofrequency ablation to excise renal nerves that carry both efferent sympathetic and afferent sensory fibers. The patient had a history of two transient ischemic attacks and sleep apnea that was untreated because of an inability to tolerate therapy with continuous positive airway pressure. Secondary forms of hypertension and heart failure were excluded. The mean office blood pressure was 161/107 mm Hg, with a heart rate of 76 beats per minute at baseline.

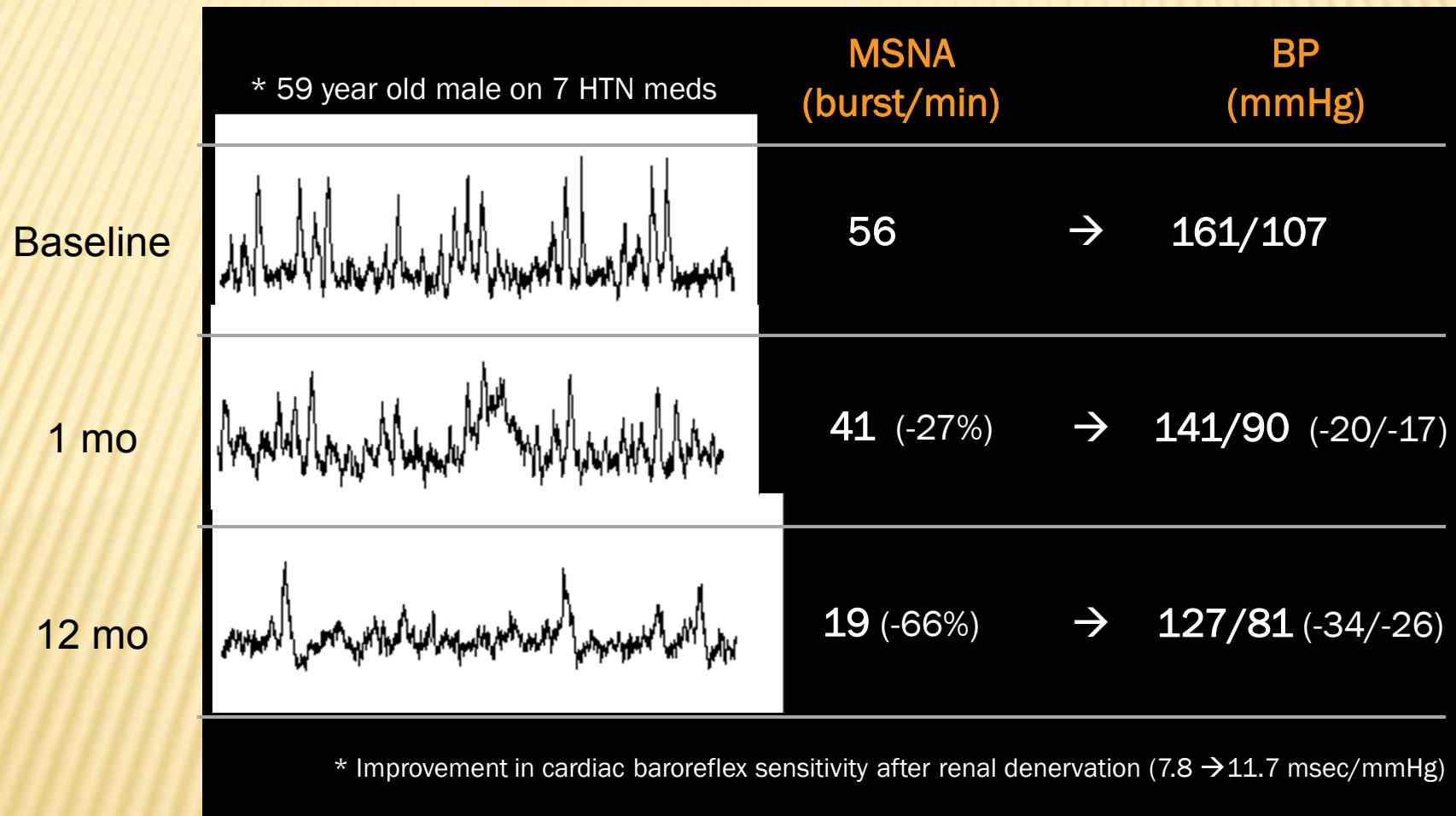
Radiofrequency ablation was applied to both renal arteries without apparent procedural com-

plications. There were no vascular or subsequent biochemical complications, and renal function was unaltered. Renal norepinephrine spillover, as assessed by the radiotracer dilution method^{2,4} from both the left and right kidneys, was approximately three times the normal level at baseline (72 and 79 ng per minute, respectively). Bilateral renal-nerve ablation resulted in a marked reduction in renal norepinephrine spillover from both kidneys, with a reduction of 48% from the left kidney and 75% from the right kidney, which demonstrated the effectiveness of the intervention (Fig. 1A). This effect was accompanied by halving of renin activity (from 0.30 to 0.15 μg per liter per hour), an increase in renal plasma flow from 719 to 1126 ml per minute, and a progressive and sustained reduction in systemic blood pressure from 161/107 mm Hg at baseline to 141/90 mm Hg at 30 days to 127/81 mm Hg at 12 months. Whole-body norepinephrine spillover was reduced by 42% (Fig. 1B).

Microneurography at baseline and at 30 days and 12 months showed a gradual reduction in muscle sympathetic-nerve activity to normal levels (56, 41, and 19 bursts per minute, respectively) (Fig. 1C). We also observed an improvement in cardiac baroreflex sensitivity after renal denervation (from 7.8 to 11.7 msec per millimeter of mercury). Cardiovascular magnetic resonance

N ENGL J MED 361:9 NEJM.ORG AUGUST 27, 2009

↓ of Renal Contribution to Central Sympathetic Drive: MSNA in Resistant Hypertension Patient



Symplcity HTN I: FIM

THE LANCET

Volume 373 · Number 9671 · Pages 1223-1310 · April 11-17, 2009

www.thelancet.com

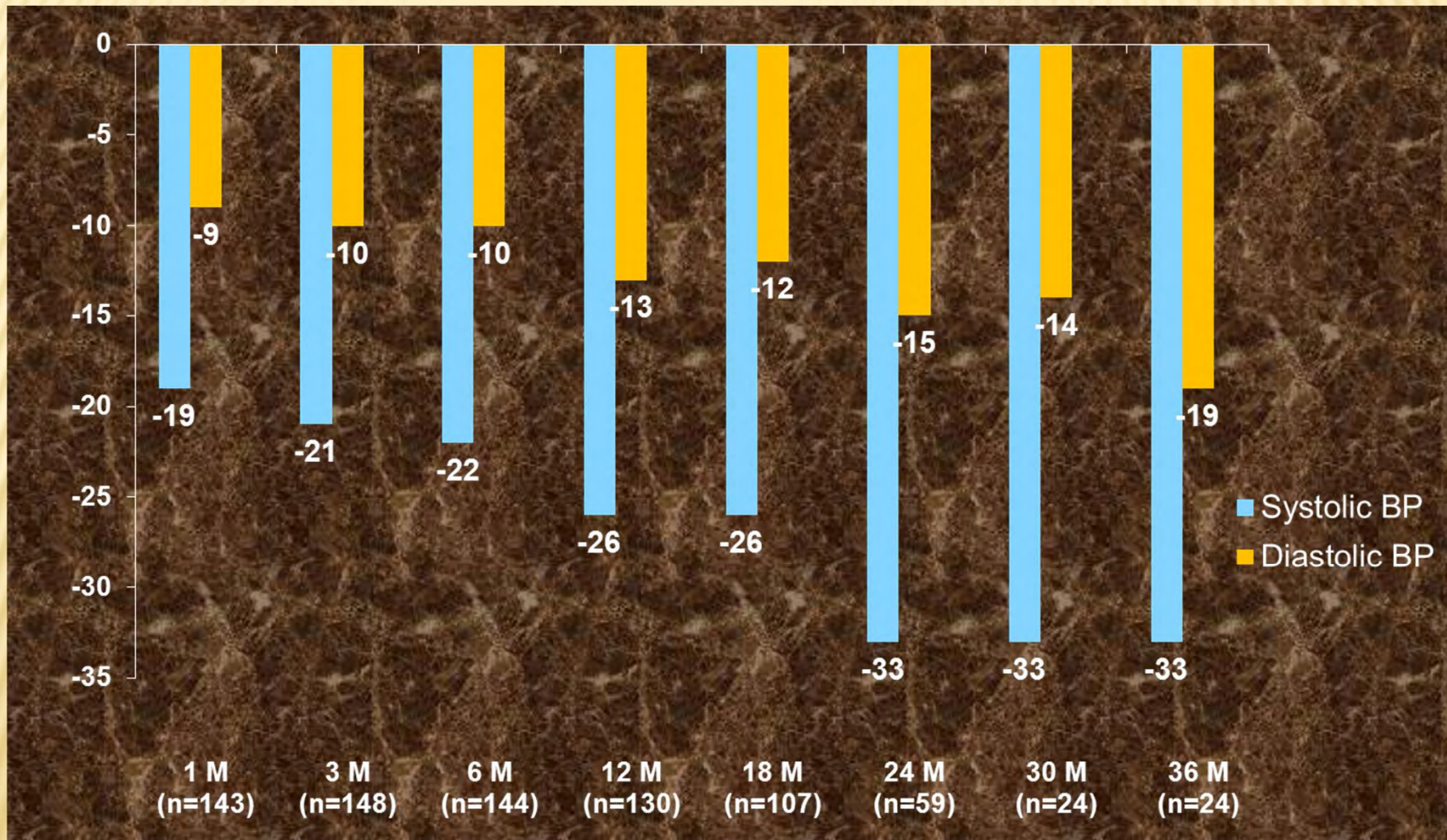
Catheter-based renal sympathetic denervation for resistant hypertension: a multicentre safety and proof-of-principle cohort study

Henry Krum, Markus Schlaich, Rob Whitbourn, Paul A Sobotka, Jerzy Sadowski, Krzysztof Bartus, Boguslaw Kapelak, Anthony Walton, Horst Sievert, Suku Thambar, William T Abraham, Murray Esler

Study Aims:

First-in-man 12-month safety and BP-lowering efficacy of percutaneous renal sympathetic denervation in patients with resistant hypertension

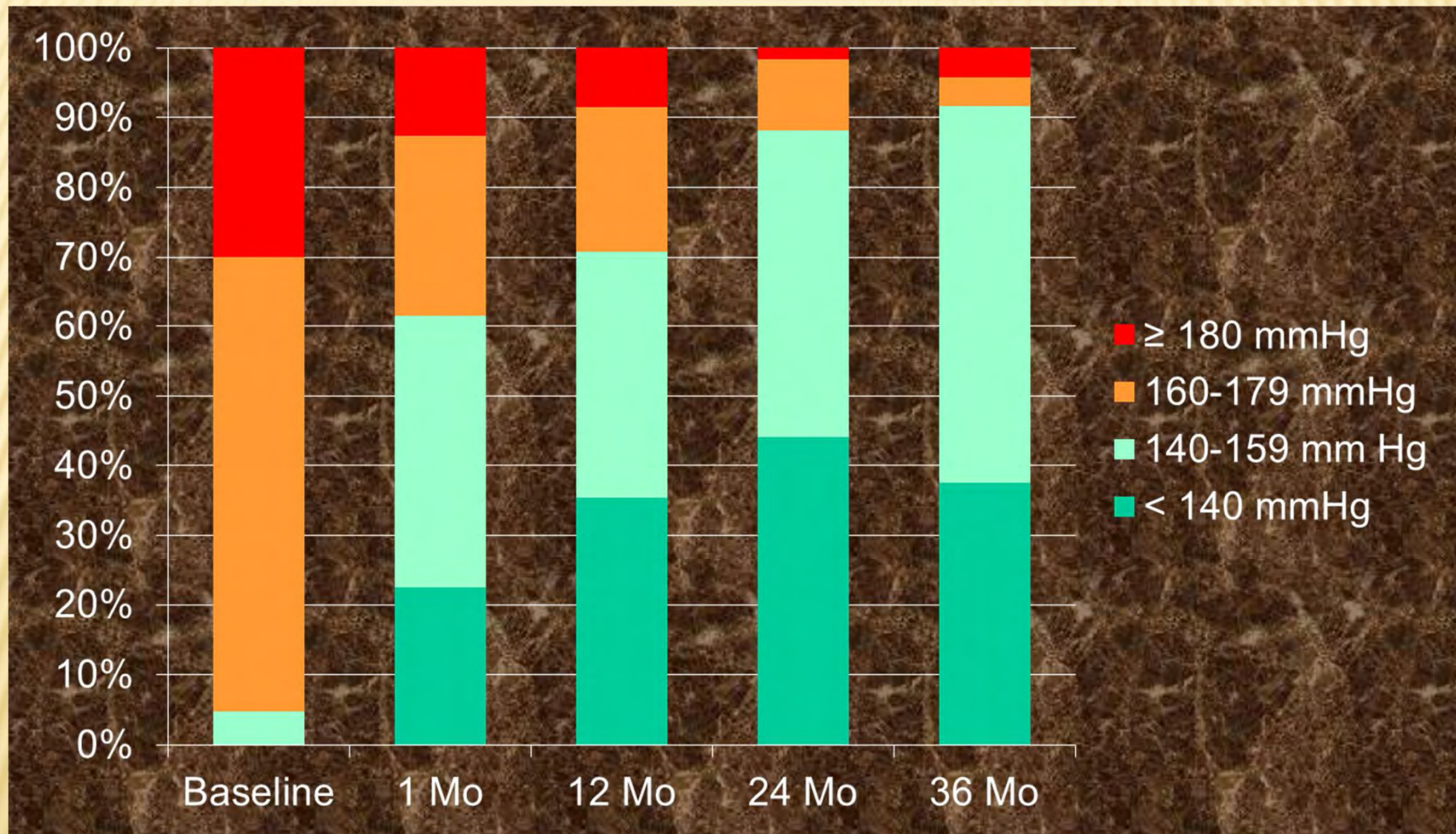
CHANGE IN OFFICE BLOOD PRESSURE THROUGH 36 MONTHS



**P<0.01 for Δ from BL
for all time points**

Sobotca et al ACC 2012

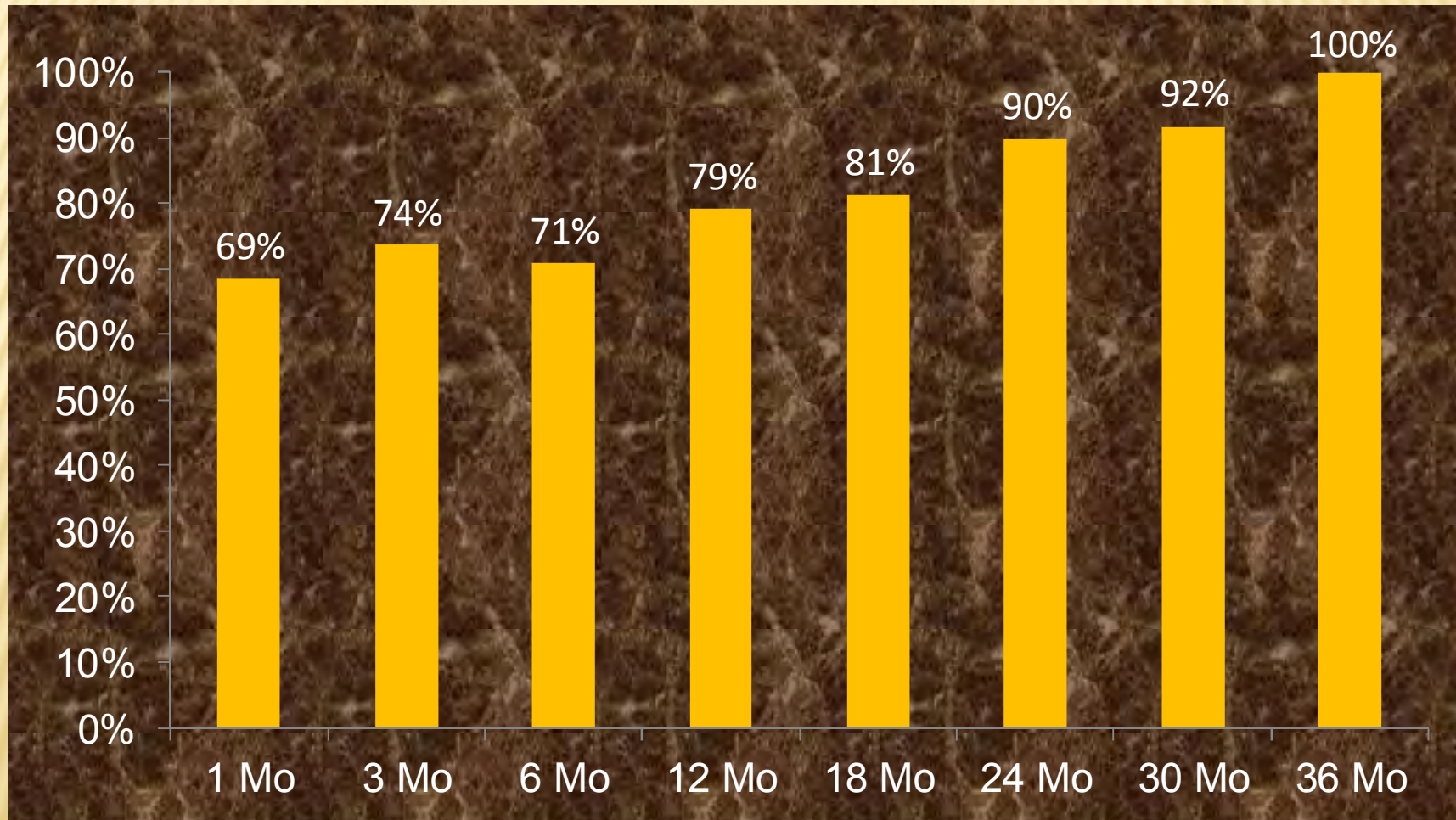
DISTRIBUTION OF SBP CHANGE AT BL, 1, 12, 24, AND 36 MONTHS



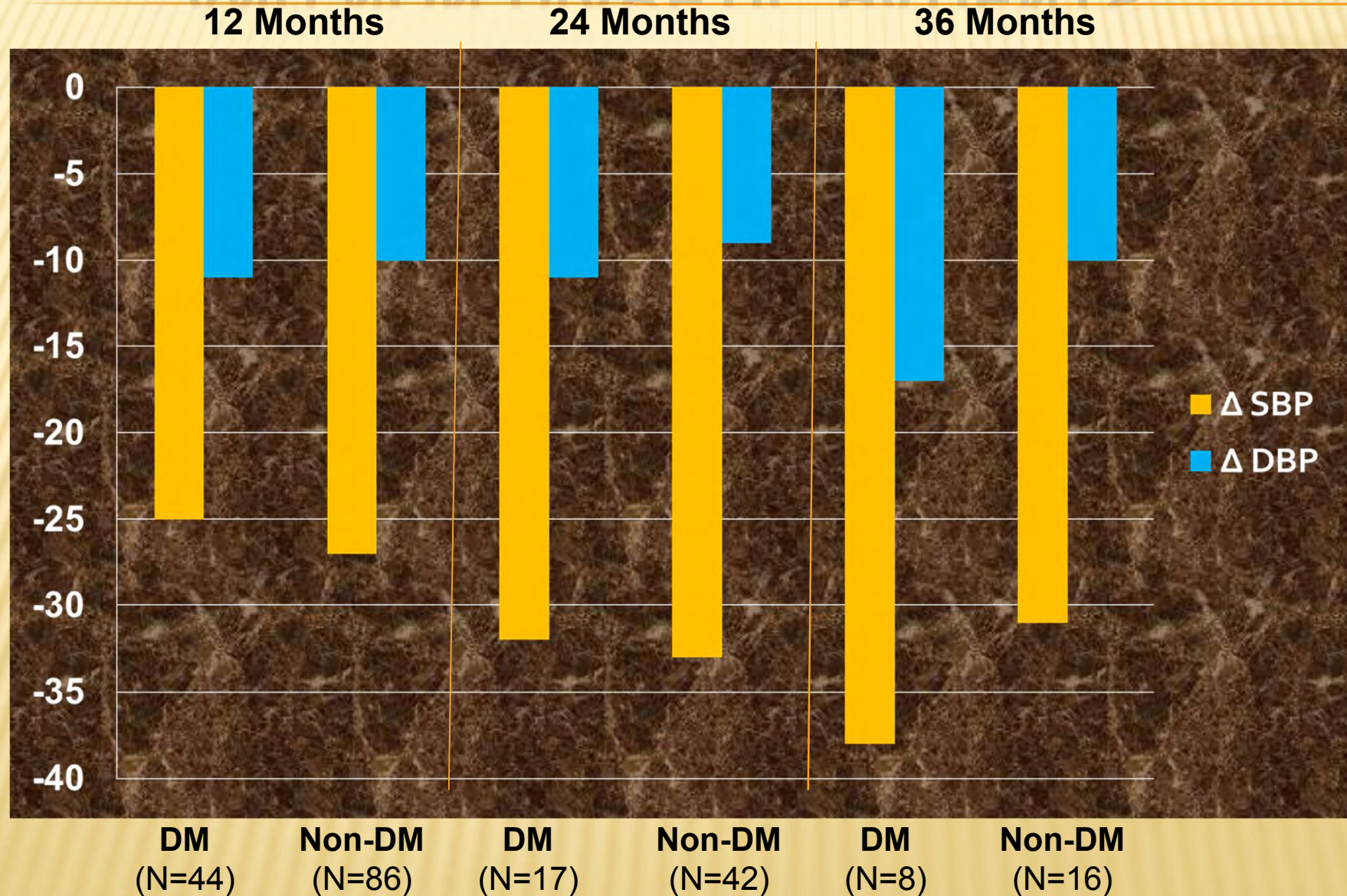
(N=150) (N=143) (N=130) (N=59) (N=24)

% RESPONDERS OVER TIME

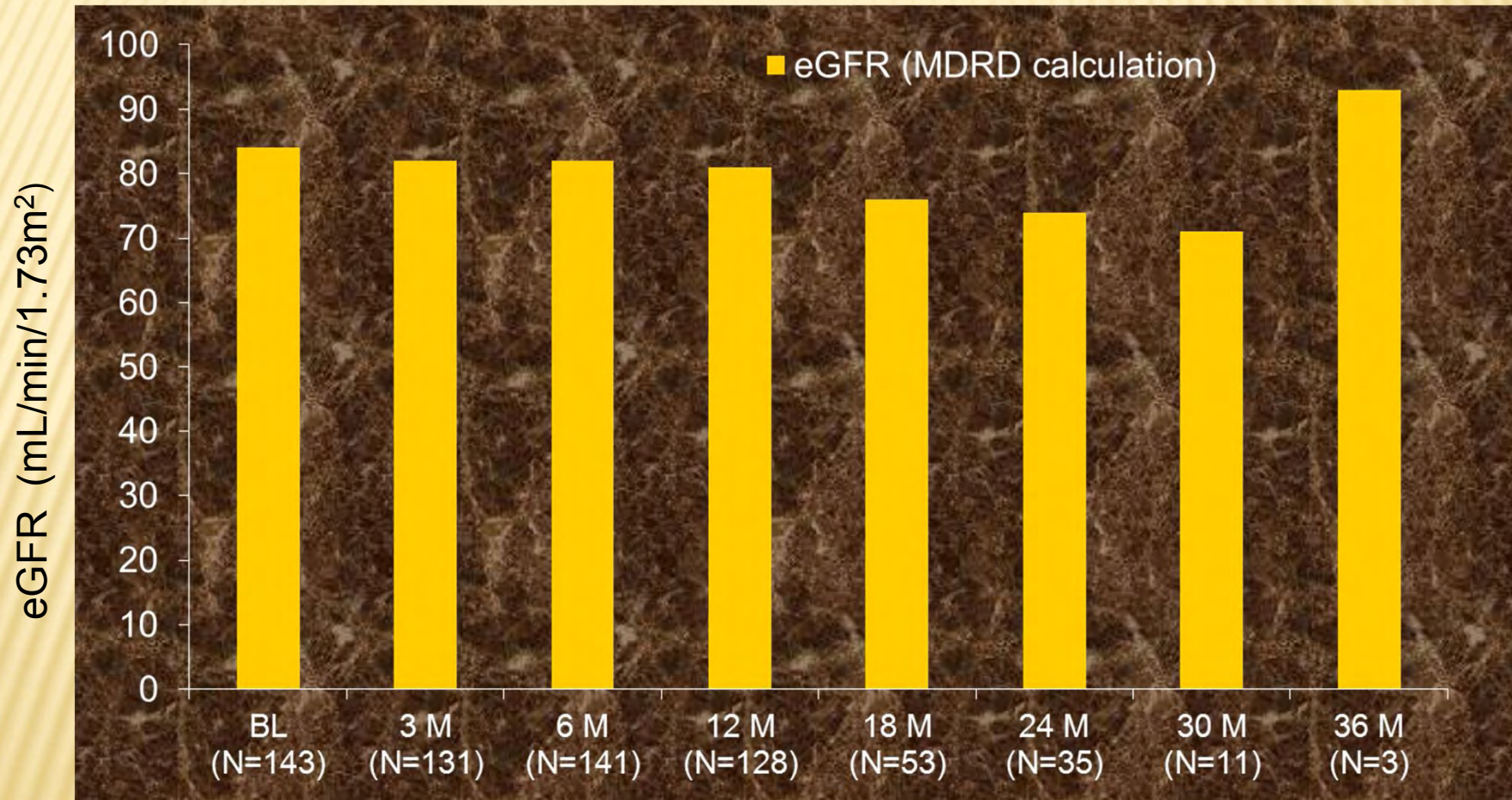
Responder was defined as an office SBP reduction ≥ 10 mm Hg



CHANGE IN OFFICE BP IN DIABETIC AND NON-DIABETIC PATIENTS



RENAL FUNCTION OVER TIME



SYMPPLICITY HTN-2

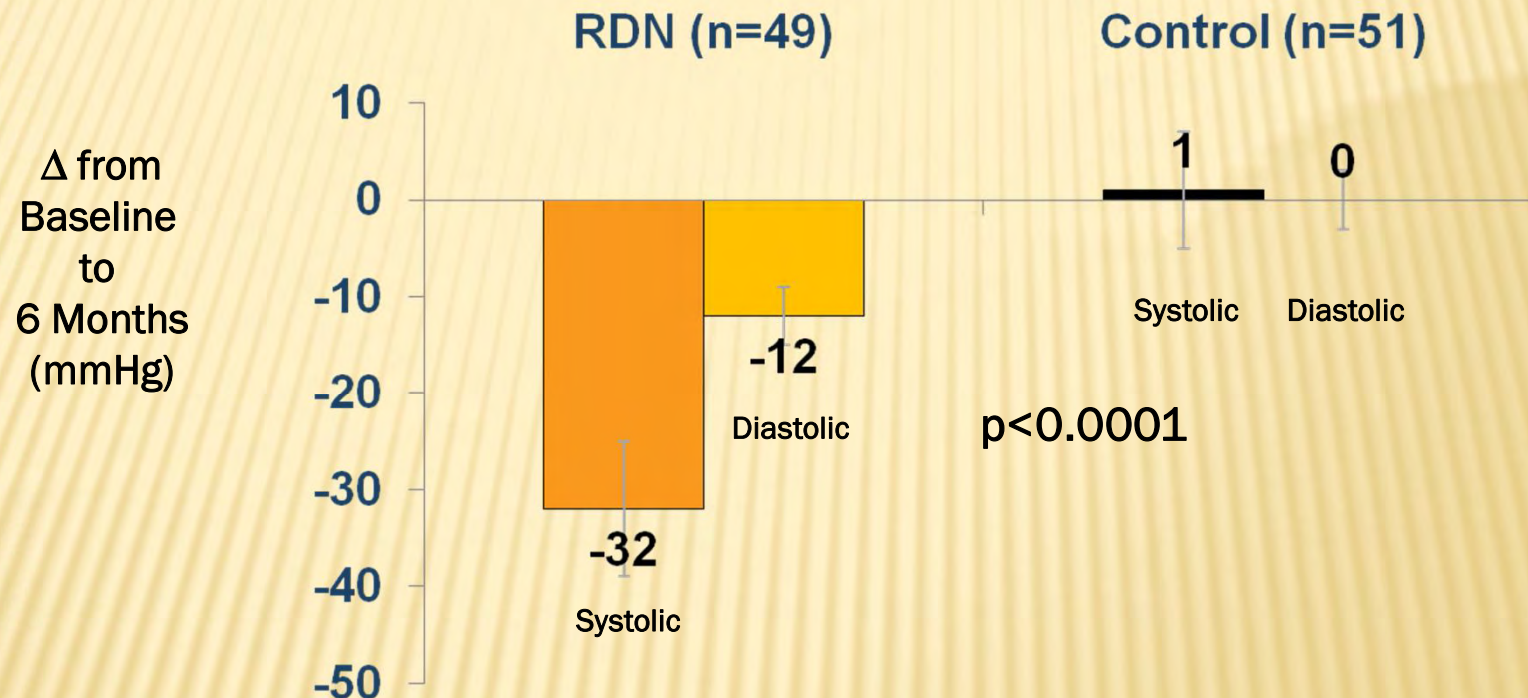
THE LANCET

Renal sympathetic denervation in patients with treatment-resistant hypertension (The Symplicity HTN-2 Trial): a randomised controlled trial

*Symplicity HTN-2 Investigators**

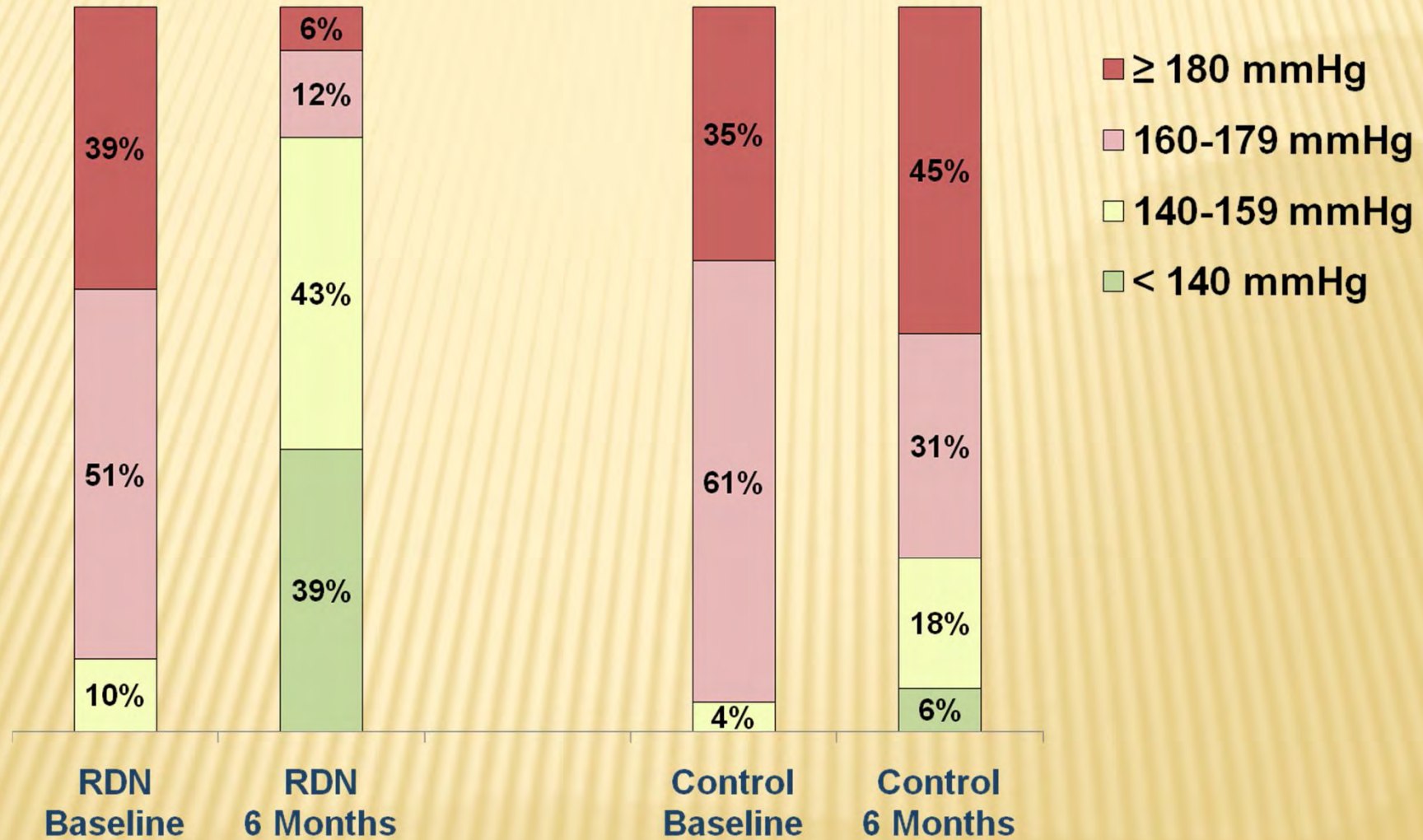
- **Purpose:** Prospective CRT, Effectiveness of catheter-based renal denervation for reducing BP in patients with uncontrolled hypertension
- **Patients:** 106 patients, 1:1 randomization, RDN vs. control

PRIMARY ENDPOINT: 6-MONTH OFFICE BP

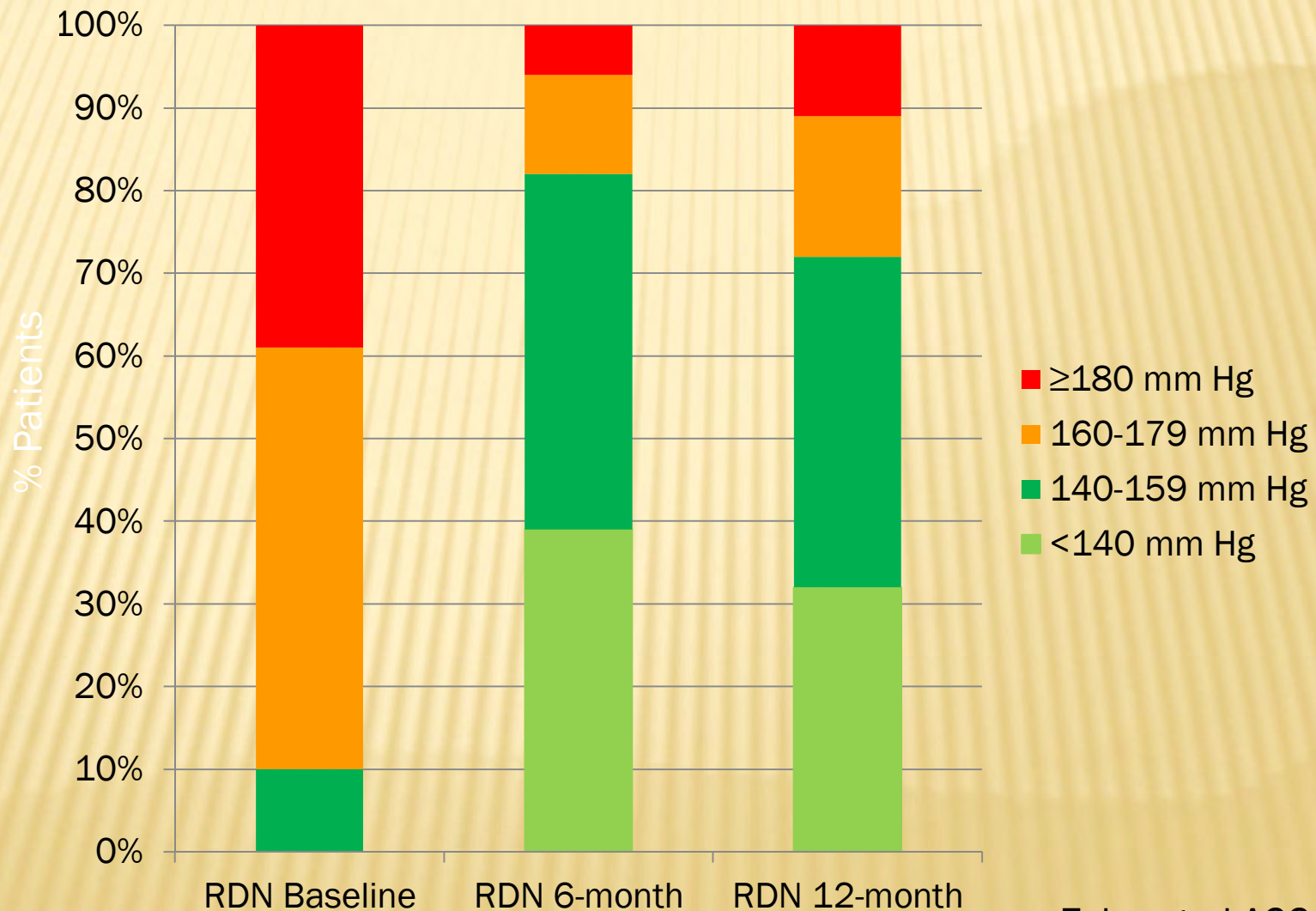


- 33/12 mmHg difference between RDN and Control
- 84% of RDN patients had ≥ 10 mmHg reduction in SBP
- 10% of RDN patients had no reduction in SBP

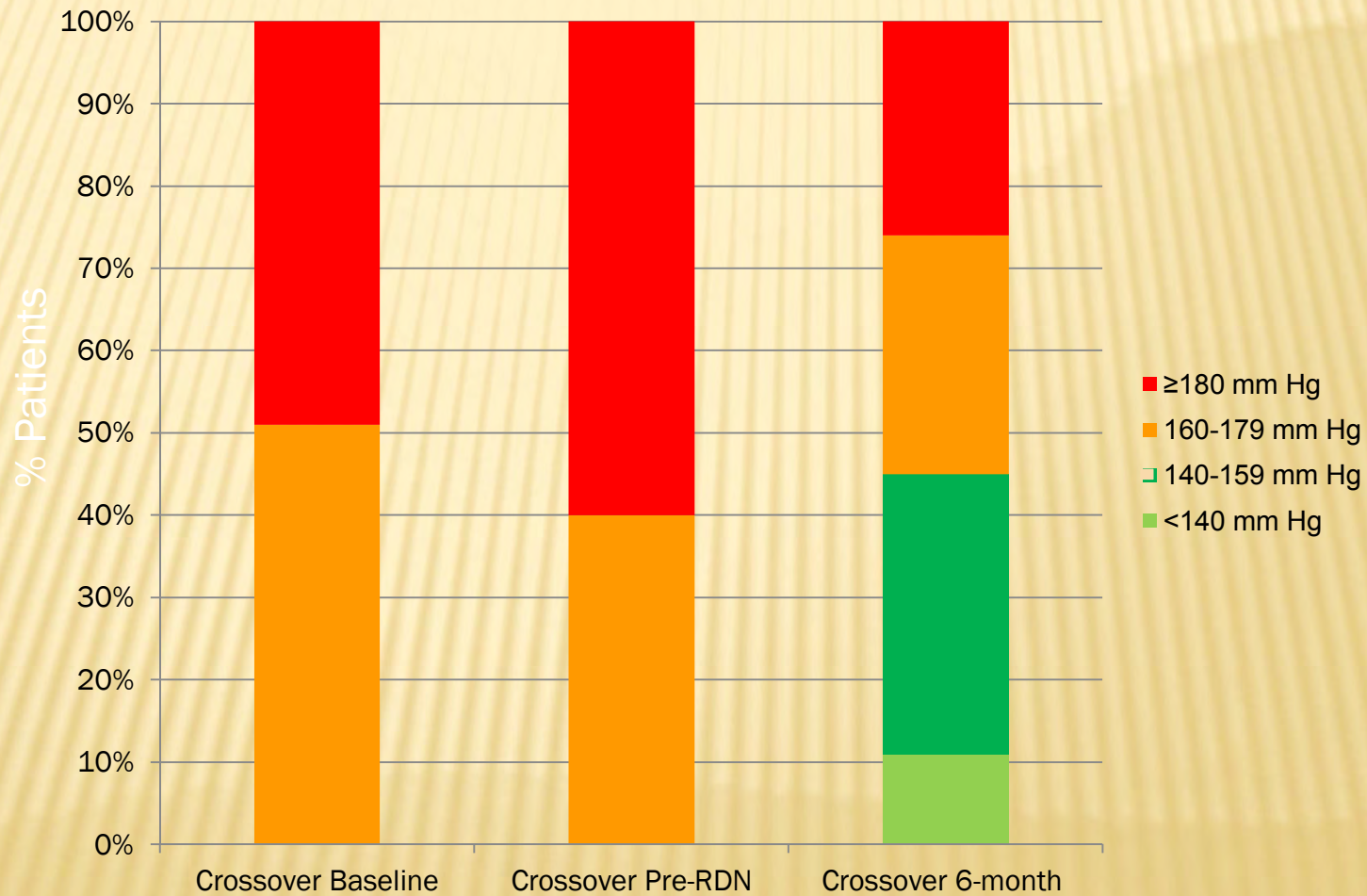
OFFICE SYSTOLIC BP DISTRIBUTION @ 6 MONTHS



DISTRIBUTION OF OFFICE SBP FOR RDN GROUP @12 MONTHS F/U



DISTRIBUTION OF OFFICE SBP FOR CROSSOVER GROUP



AIM

To describe our initial experience with Renal Denervation (RDN) on Blood Pressure in patients with resistant Hypertension

METHODS

1. Team approach
2. Screening by Nephrologist (SS)
3. Procedure by Interventional Cardiologist
4. Follow-up by Nephrologist
5. F/U
 1. Office/ABP measurements of BP
 2. Clinical F/U

BP MEASUREMENT TECHNIQUES

Method	Brief Description
In-office	Two readings, 5 minutes apart. Sitting in chair, not on exam table. Confirm elevated reading in contralateral arm.
Ambulatory BP monitoring	Indicated for evaluation of “white-coat” HTN. Can be used to confirm self-measurement when inconsistent with in-office measurement. Reimbursable.

METHODS

Inclusion Criteria: (Based on HTN-1, HTN-2 studies)

1. Office SBP ≥ 160 mmHg (≥ 150 mmHg with Type II Diabetes Mellitus)
2. Drug regimen: $\geq 3+$ anti-HTN medications,
4. Renal artery: diameter ≥ 4 mm,
length ≥ 20 mm
5. eGFR of ≥ 45
6. Age > 18 years

METHODS

Exclusion Criteria: (Based on HTN-1, HTN-2 studies)

1. Significant renal artery abnormalities
2. Type 1 Diabetes Mellitus
3. Valvular heart disease
4. AMI, unstable angina, or CVA in the prior 6 months
5. ICD or pacemaker
6. Pregnant, nursing or planning to be pregnant

RESULTS

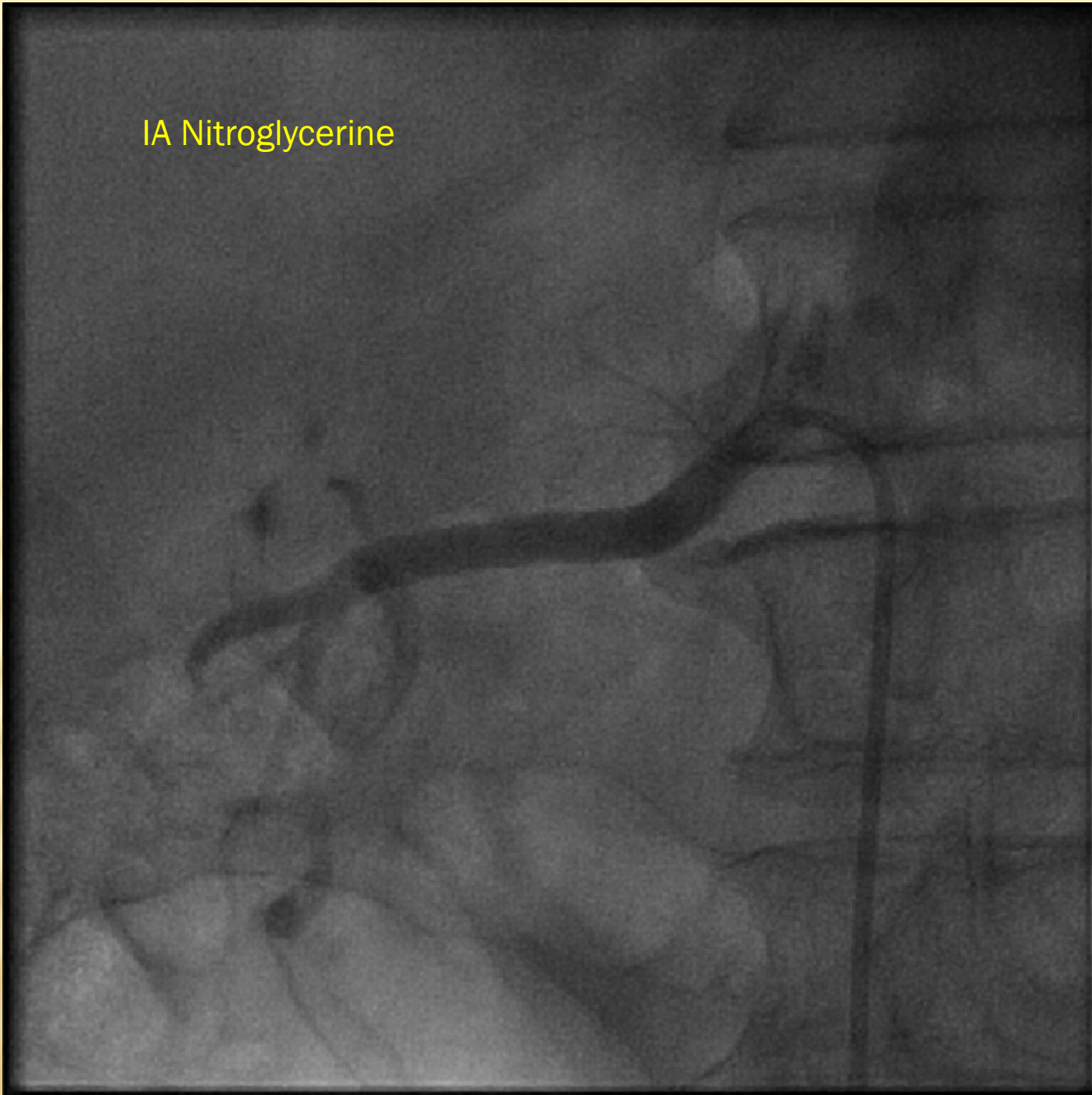
Demographics (n=19)

Male	57%
Age	60 +/- 7.1 yrs
DM	63%
Hyperlipidemia	73%
Smokers	63%
CAD	57%
PVD	9%
eGFR	89 +/- 25

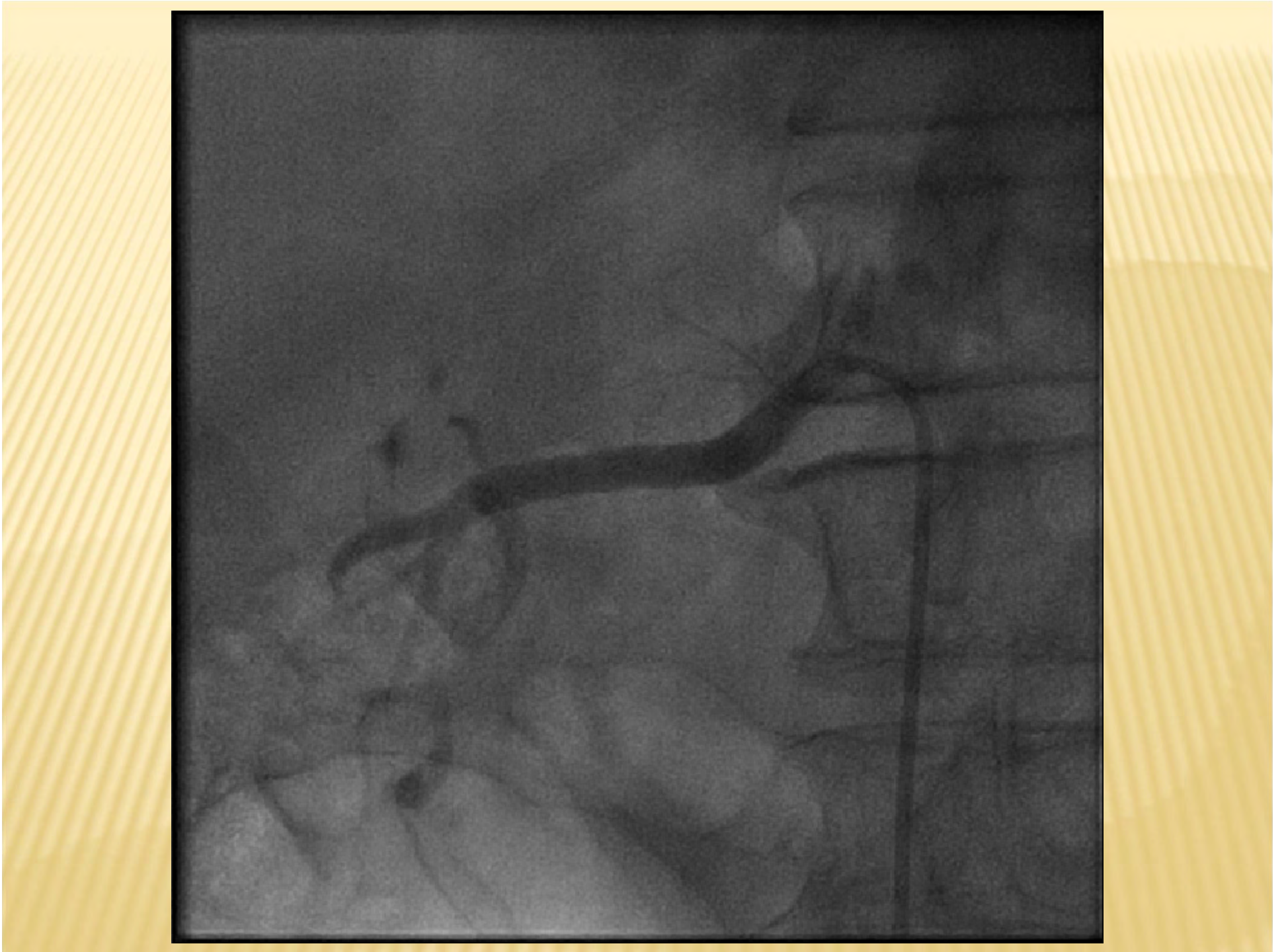
RESULTS

No of Antihypertensive Rx	3.75
Diuretics	11
ACEI and/or ARB	11
Beta Blockers	8
Ca Channel Blockers	7
Central Activity (Clonidine)	2

IA Nitroglycerine







LEARNING CURVE

- ✘ Procedure Time

First 3 pts 101min

Last 3 pts 70min (- Δ 44%)

- ✘ Fluoroscopy Time

First 3 pts 17min

Last 3 pts 11min (- Δ 35%)

- ✘ Contrast (1:2 diluted)

First 3 pts 155ml

Last 3 pts 70ml (- Δ 55%)

RESULTS

Procedure Details:

Ablations/Artery 5-7

IV Pain Management

Midazolam 2mg

Fentanyl 0.25mg

RESULTS

Procedure Success :

Device introduction and energy application without complications - 95%

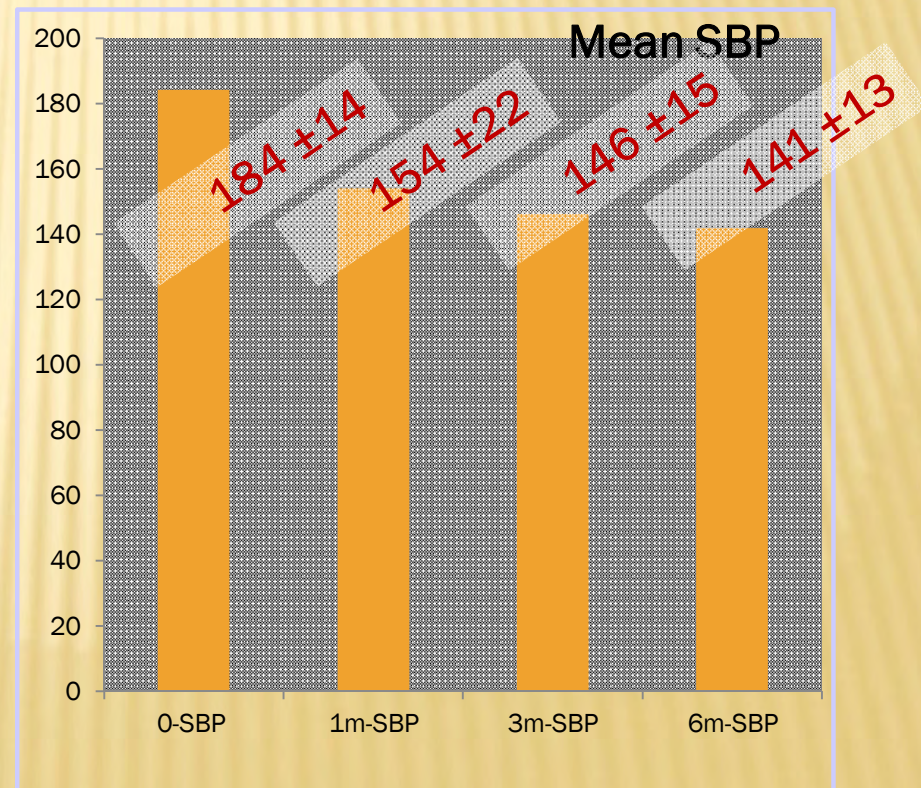
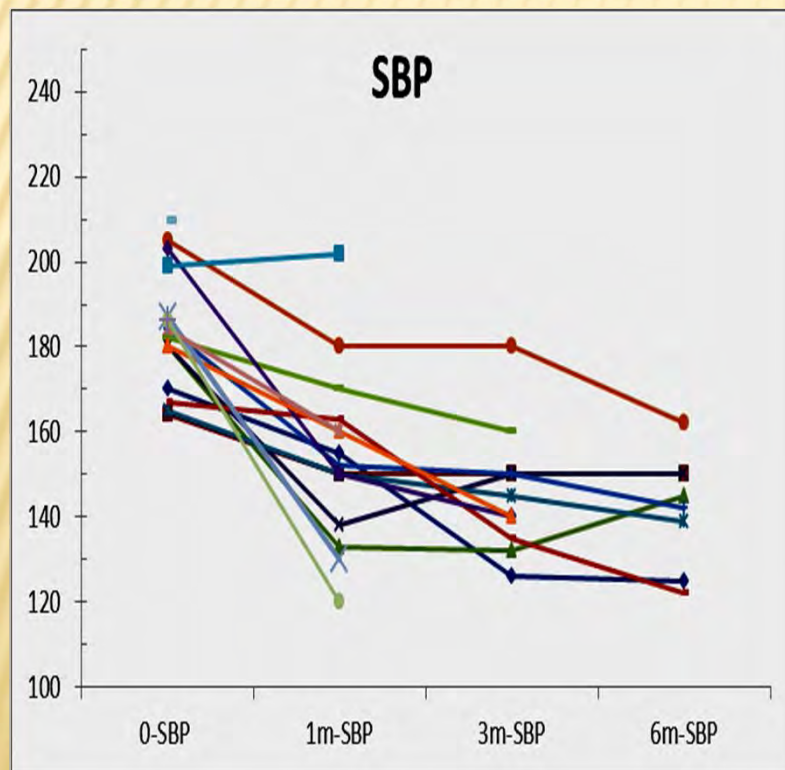
1 severe spasm

CHANGES IN SYSTOLIC BP POST RDN (N=19)

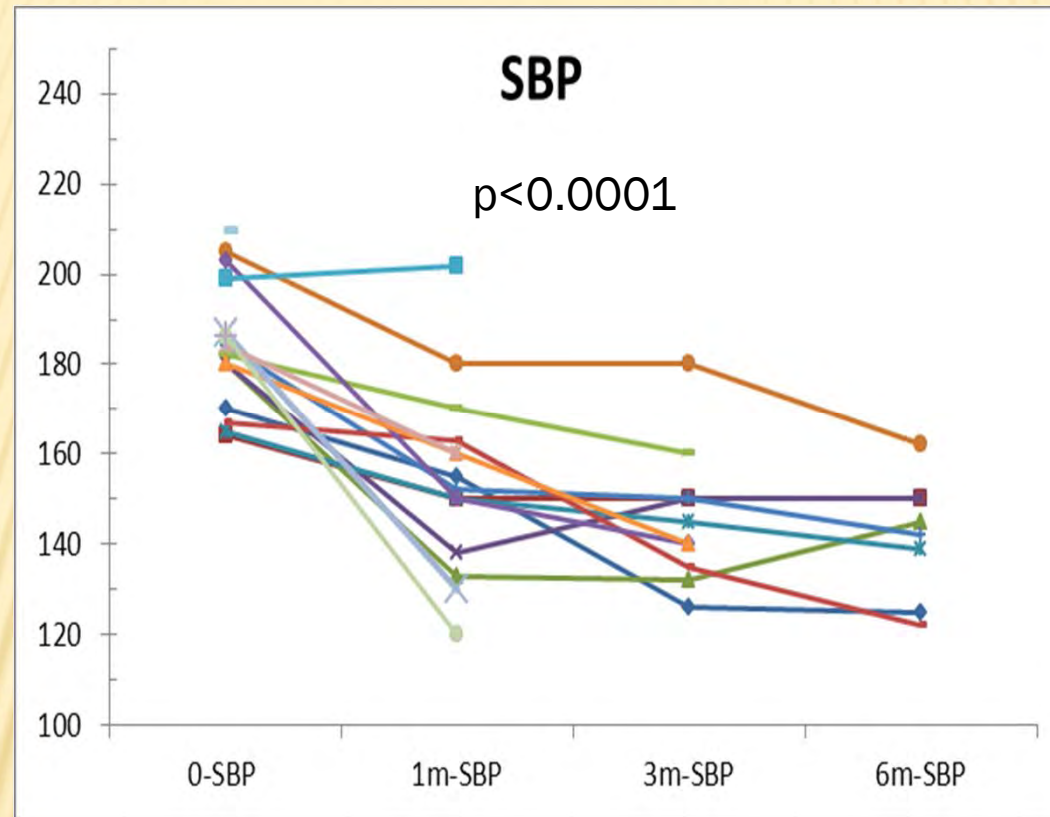
SBP decreased significantly in 18 of 19 patients

Baseline SBP was 184 ± 14

Post RDN- 154 ± 22 , 146 ± 15 , 141 ± 13 @ 1, 3, 6 mnths,
 $p < 0.0001$



CHANGES IN SYSTOLIC BP POST RDN (N=17)



- ✘ Baseline SBP = 184 ± 14 mmHg
- ✘ Decreased to 154 ± 20 , 146 ± 15 & 141 ± 13 @ 1, 3 & 6 mont, respectively

RESULTS

Procedure Safety

No early major/minor complication

One severe spasm after RF delivery

No change in renal function or electrolyte disturbances

הצגת מקרה

- ע.ס. גבר בן 66 נשוי +4 רתך במקצועו
 - עודף משקל - BMI-36
 - העדר פעילות גופנית סדירה
 - סוכרתי - 25 שנה, תלויי אינסולין -8 שנים
 - עישון - 45 שנות קופסא - COPD
 - יתר לחץ דם - 21 שנה
-

הצגת מקרה

רשימת תרופות ללחץ דם :

EXFORGE 160/5 MG X1.

CARDILOC 10 MG X1.

CADEX 2 MG X2.

FUSID 40 MG X1.

DIOVAN 160 MG X1.

הצגת סדרה

• טרשת עורקים

• CABG 2004 – CAD

• CVA-2004

• RT CAROTID PTA 2004

• דום נשימה בשינה - מטופל ב CPAP

הצגת מסרה

• DOE-5.2011. ללא תעוקת חזה

• מיפוי לב : פגם מילוי חולף תחתון בזאלי.

• צנתור כליילי : מעקפים פתוחים

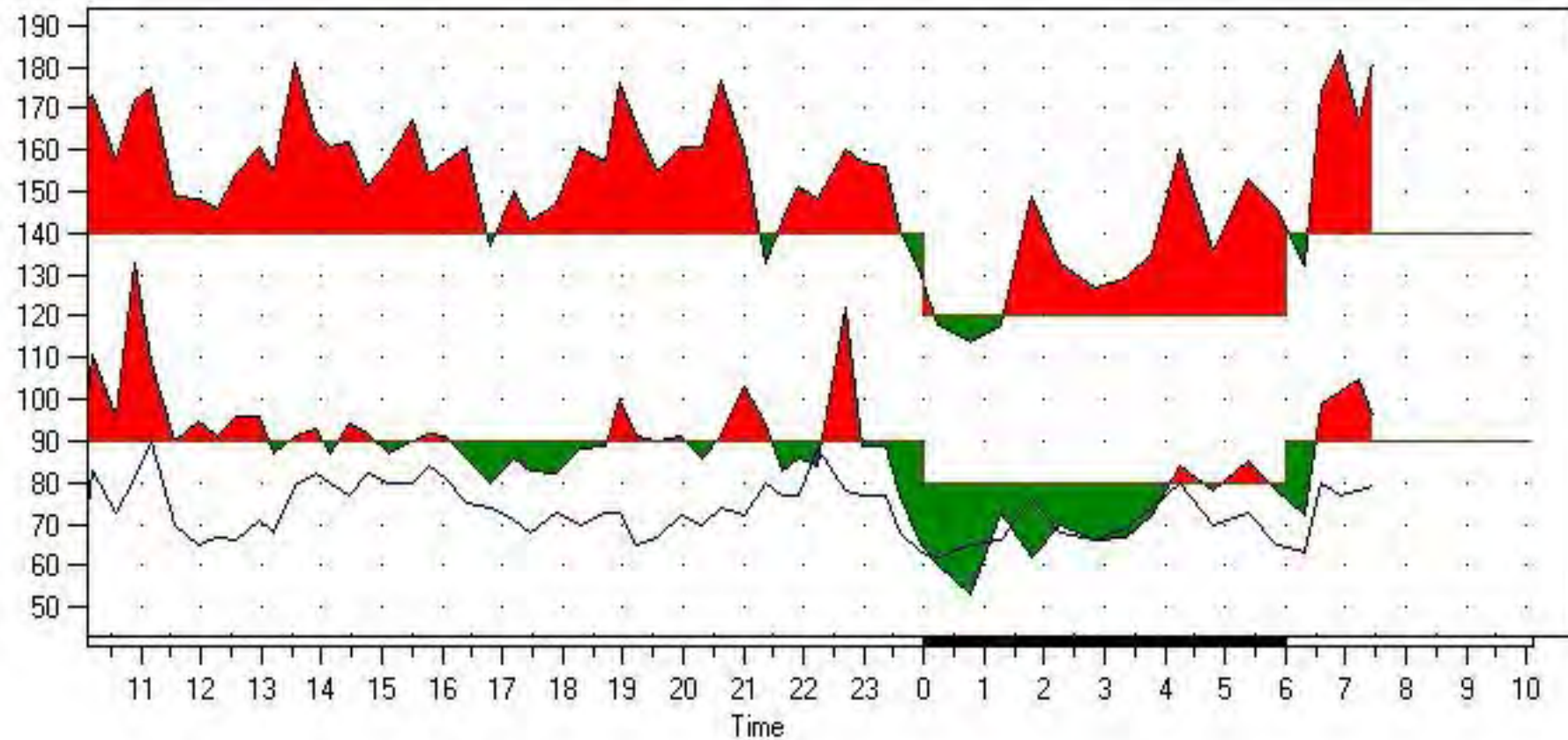
עורקים כליילים חסומים.

- לחצי דם גבוהים במהלך אשפוז

הולטר לחצי דם ל 24 שעות 5.2011

mmHg-bpm

ABP data



Average day = 168/92 HR = 75 night = 135/71 HR = 70

הצגת מקרה

10.2011 קוצר נשימה עם גודש ריאתי

לחץ דם סיסטולי < 200 מ"מ"כ.

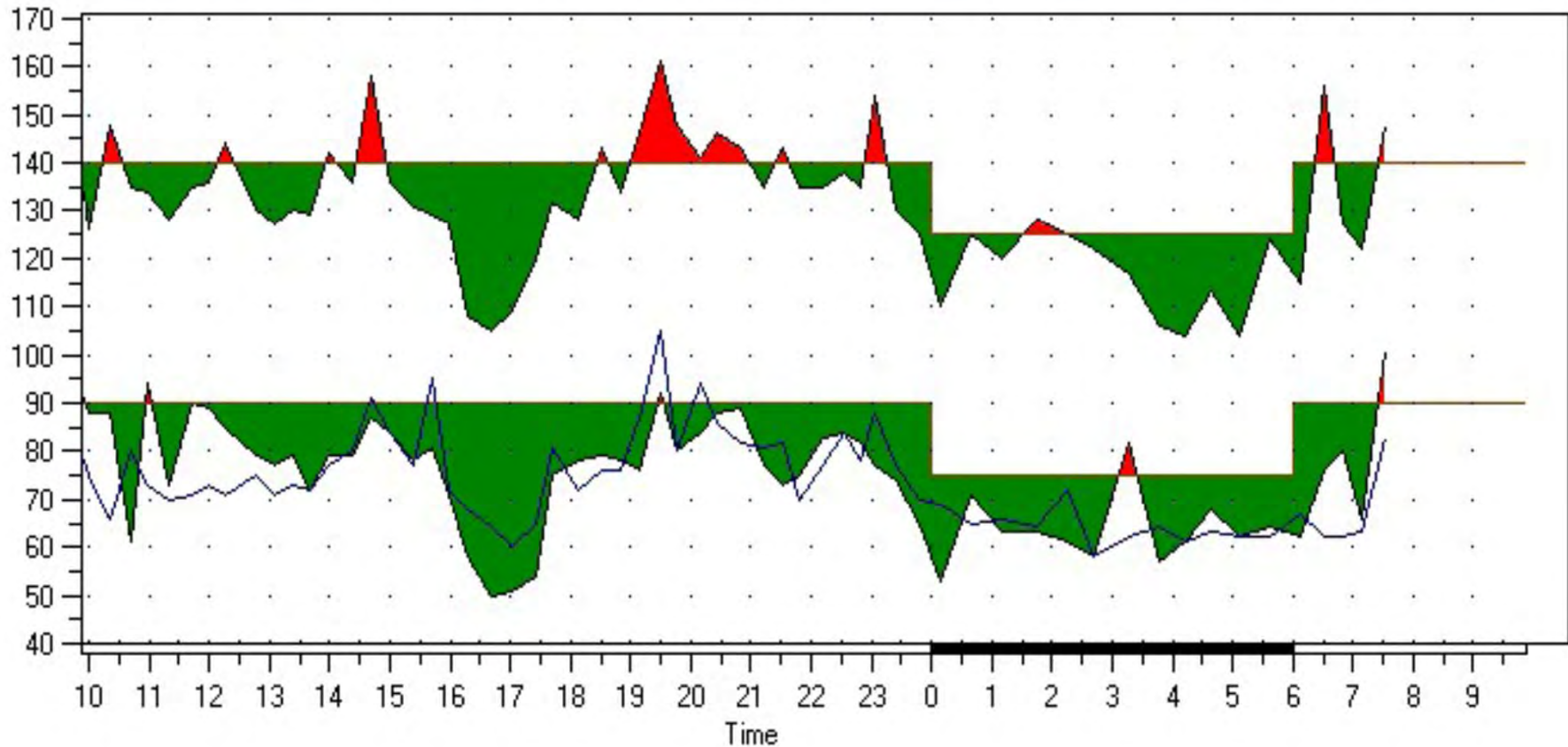
RENAL DENERVATION.

(6 אבלציות משמאל 5 מימין).

הולטר לחצי דם אחרי 6 חודשים

mmHg-bpm

ABP data



Average day = 132/75 HR = 66 night = 122/73 HR = 59

הצגת מקרה

רשימת תרופות חודש לאחר ה RDN :

LOTAN 100 MG X1.

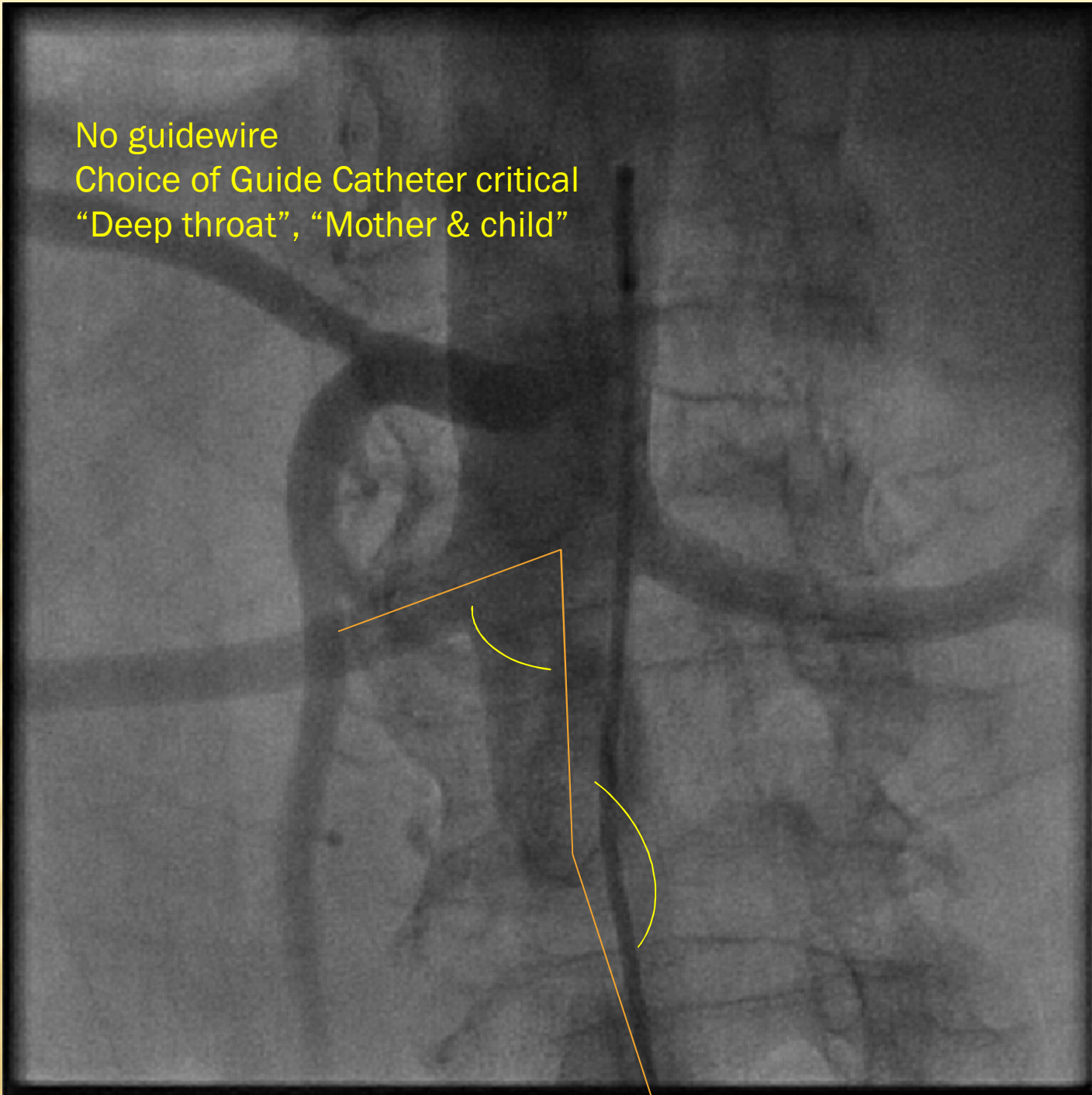
NORVASC 10 MG X1.

CARDILOC 10 MG X1.

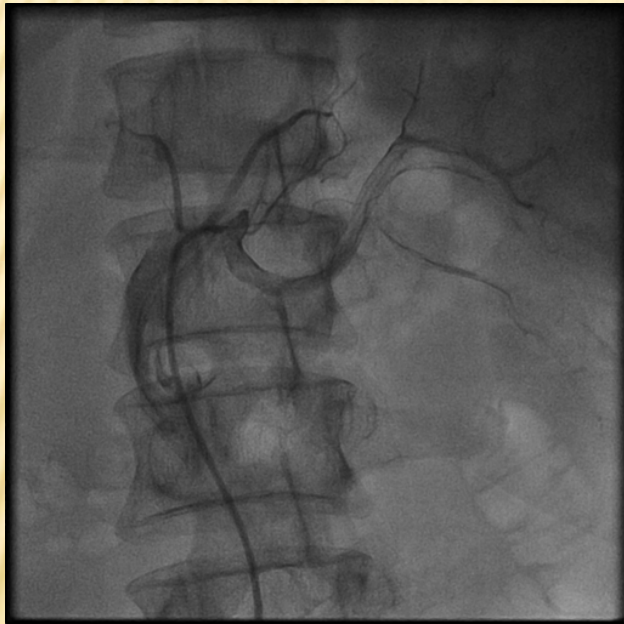
LIMITATIONS OF CURRENT TECHNOLOGY

- ✘ Technology is limited
 - + Not guide wire based
 - + Wide variance in ablation geometry
 - + Variance in energy delivered
- ✘ Ablation
 - + No obvious target during procedure
 - + No way to measure effect (e.g. change in sympathetic activity on line)

No guidewire
Choice of Guide Catheter critical
"Deep throat", "Mother & child"



UNFAVORABLE ANATOMY



LIMITATIONS OF CURRENT TECHNOLOGY

- ✘ Technology is limited
 - + Not guide wire based
 - + Wide variance in ablation geometry
 - + Variance in energy delivered
- ✘ Ablation
 - + No obvious target during procedure
 - + No way to measure effect (e.g. change in sympathetic activity on line)

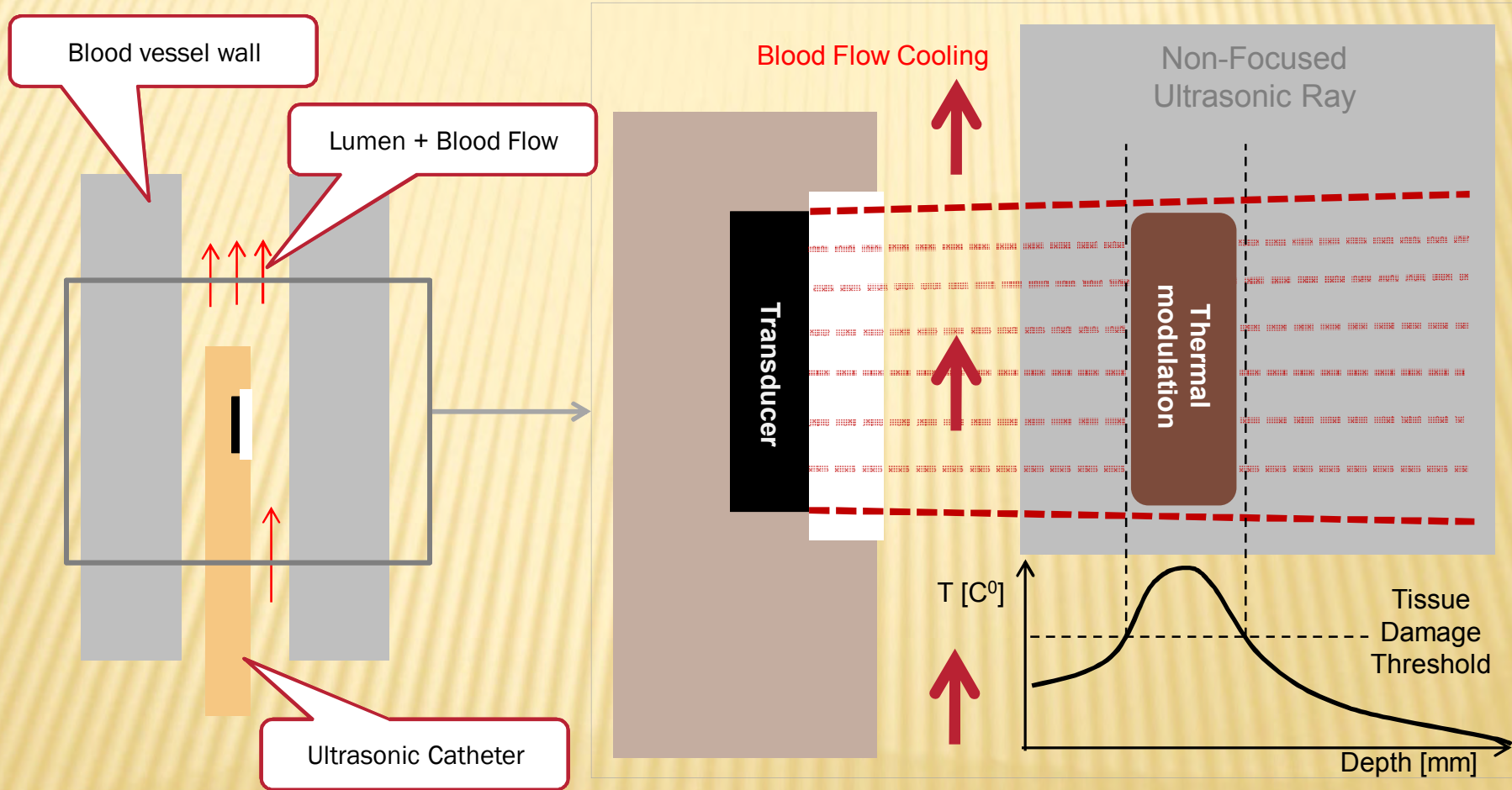


TIVUS™ CORE TECHNOLOGY



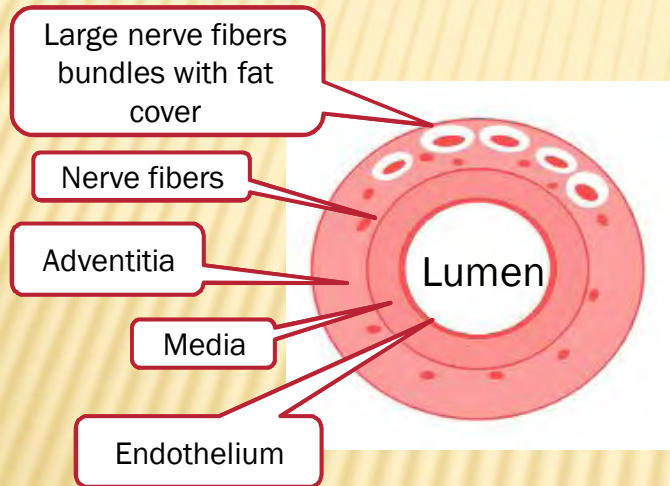
- ✘ High-intensity, ultrasonic catheter (0.014" OTW)
- ✘ Selective thermal modulation
- ✘ No contact with the vessel intima
- ✘ Short, total treatment: 5-10 min/artery

TIVUS™ CORE TECHNOLOGY: NON-FOCUSED HIGH INTENSITY ULTRASONIC CATHETER



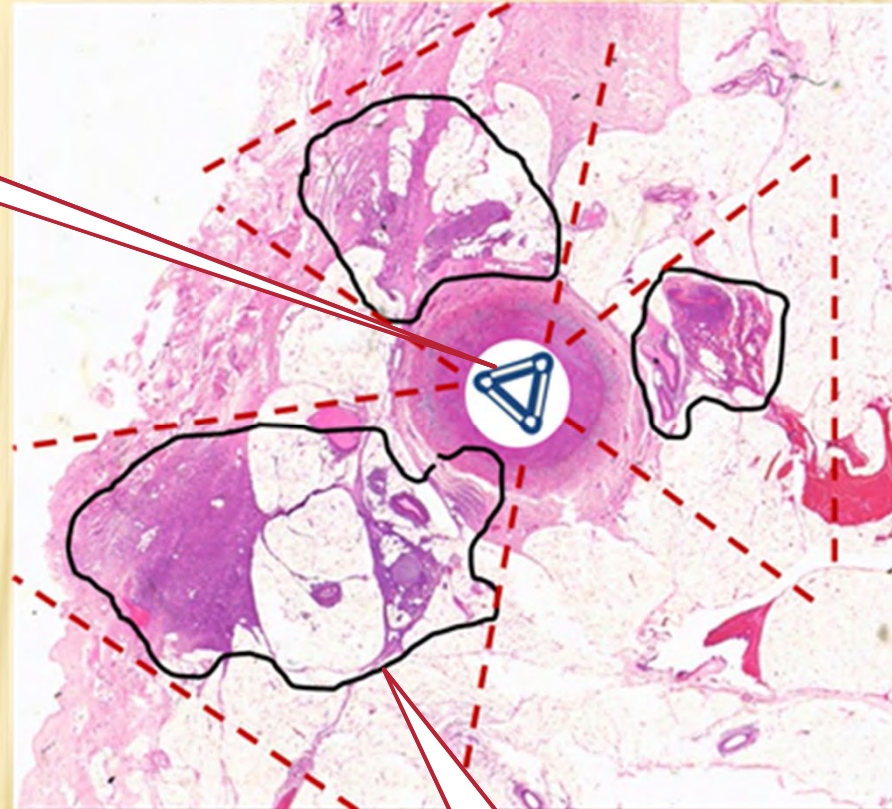
MULTIDIRECTIONAL TIVUS™

Histological Analysis



Renal Artery Cross-Section

Ultrasonic transducer X3



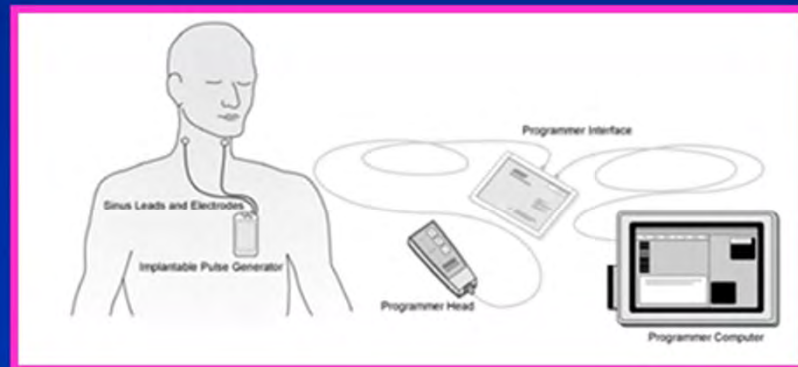
Damaged nerves

STUDY OVERVIEW

- ✘ Prospective, single arm study
- ✘ RDN in pts with resistant hypertension
- ✘ 50-75 patients at up to 15 sites:
 - + Europe, Australia & **Israel**
- ✘ Follow-up through 12 months
- ✘ Eligibility:
 - + Systolic OBP ≥ 160
 - + Systolic 24h ABP ≥ 135
 - + Stable drug regimen, >3 drugs classes, one diuretic

Device-Based Approaches to Autonomic Modulation

Baroreflex Sensitisation



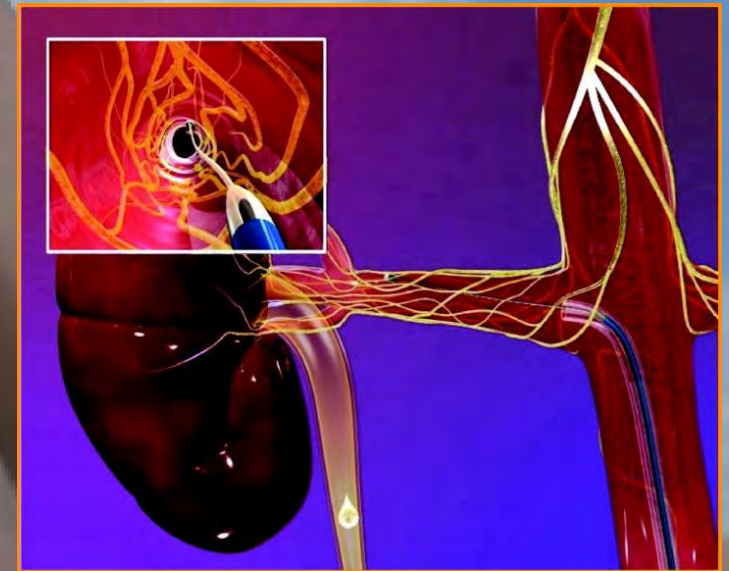
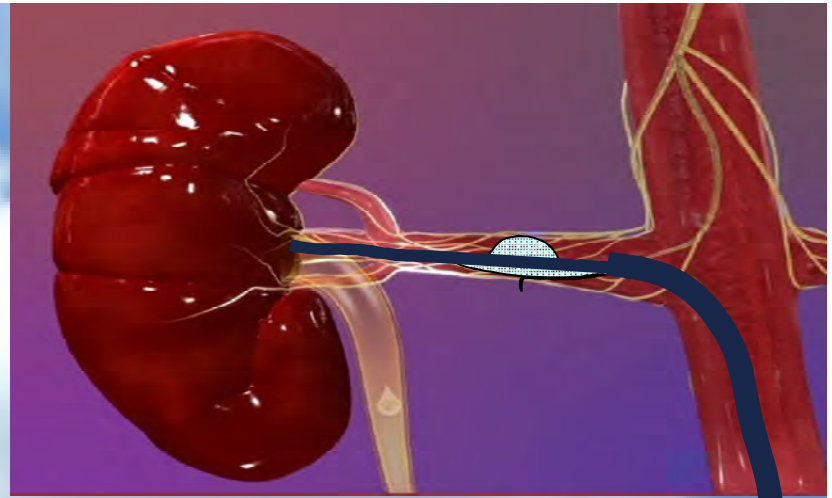
Renal Sympathetic Denervation



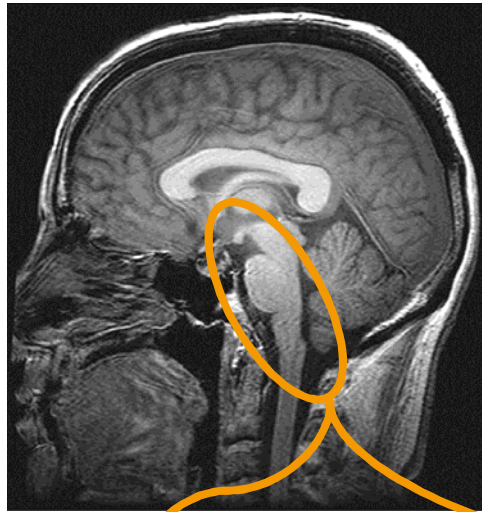
CONCLUSIONS

1. Encouraging initial experience
2. Exciting new treatment strategy targeting the renal artery adventitial autonomic nervous system
3. New exciting technologies on the horizon

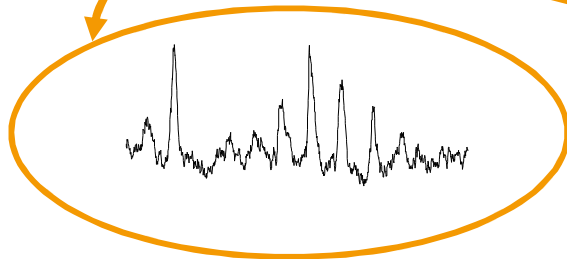
עידן חדש!!



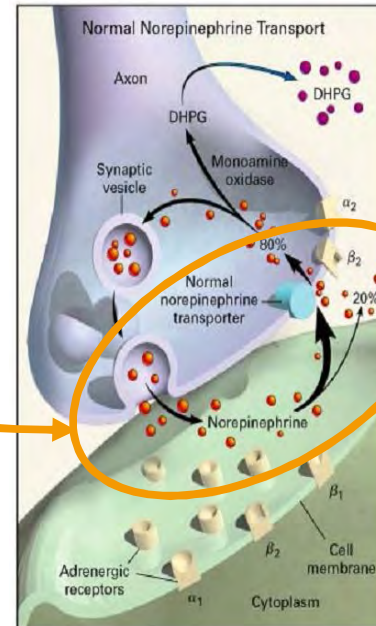
Quantification of human sympathetic activity



Sympathetic
Nerve Traffic



Muscle sympathetic nerve activity
(MSNA)
(Peroneal nerve activity)



Noradrenaline

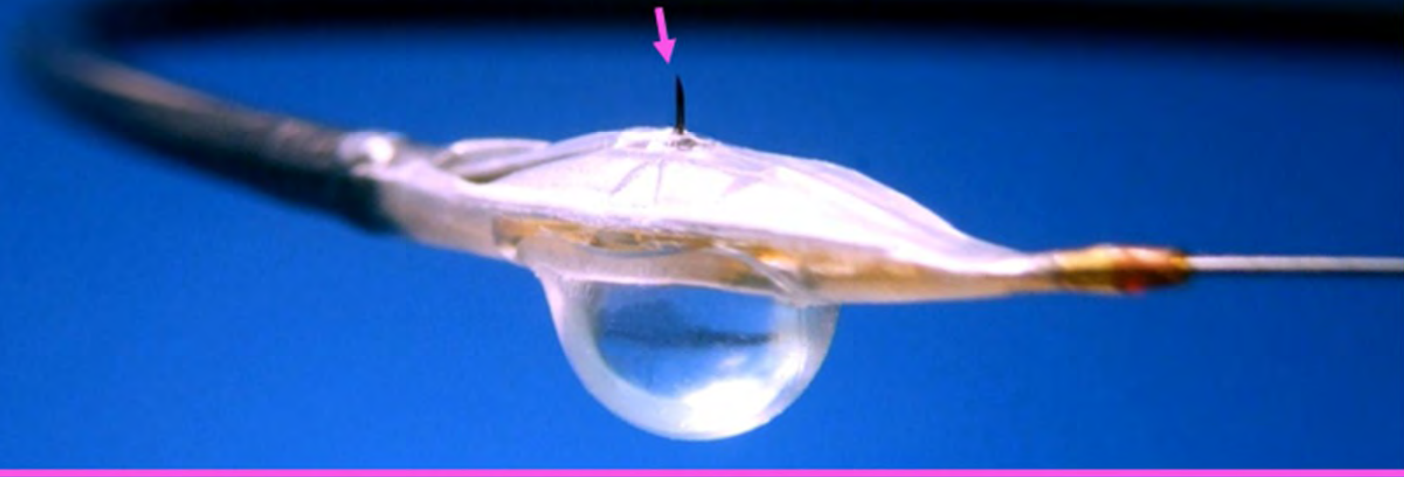
Measuring transmitter release from sympathetic
nerves to plasma
(noradrenaline “spillover”)

Treatment by Micro-Infusion Catheter

Bullfrog[®] Micro-Infusion Catheter

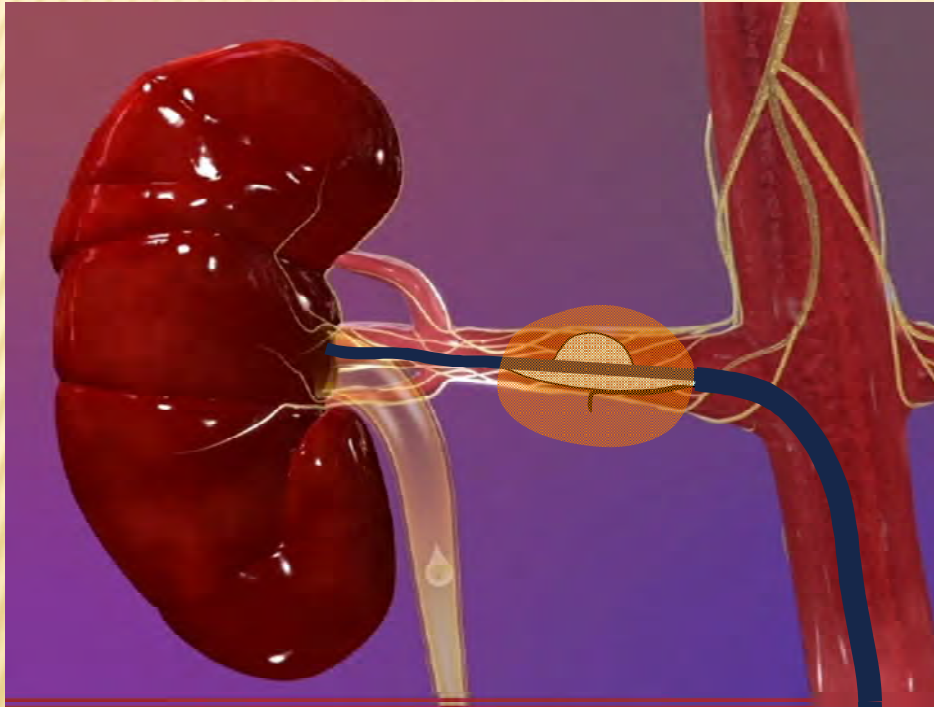


130-micron diameter needle



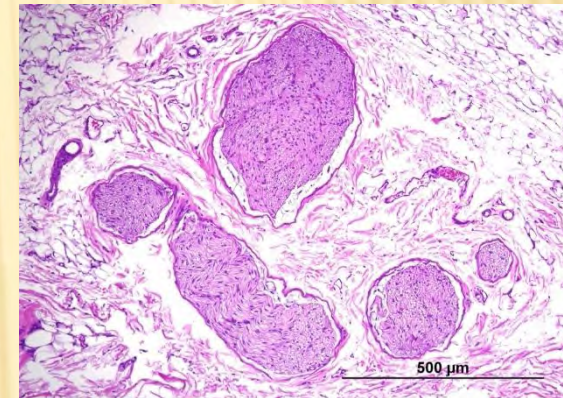
NEW TECHNOLOGIES ARE UNDERWAY LOCALIZED GUANETHIDINE SYMPATHECTOMY

Bullfrog[®] Micro-Infusion Catheter (Mercator MedSystems)

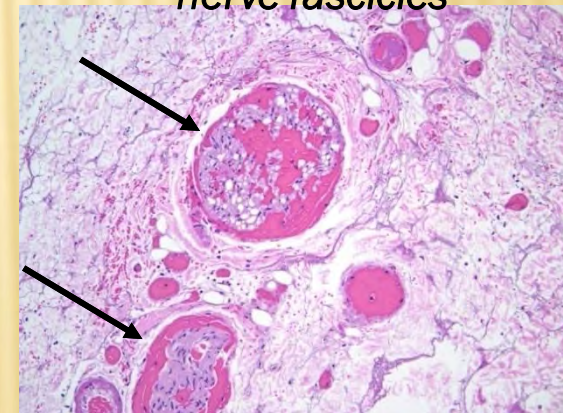


*Drugs can be targeted directly to
adventitial nerves with the Bullfrog
Catheter*

TCT 2010

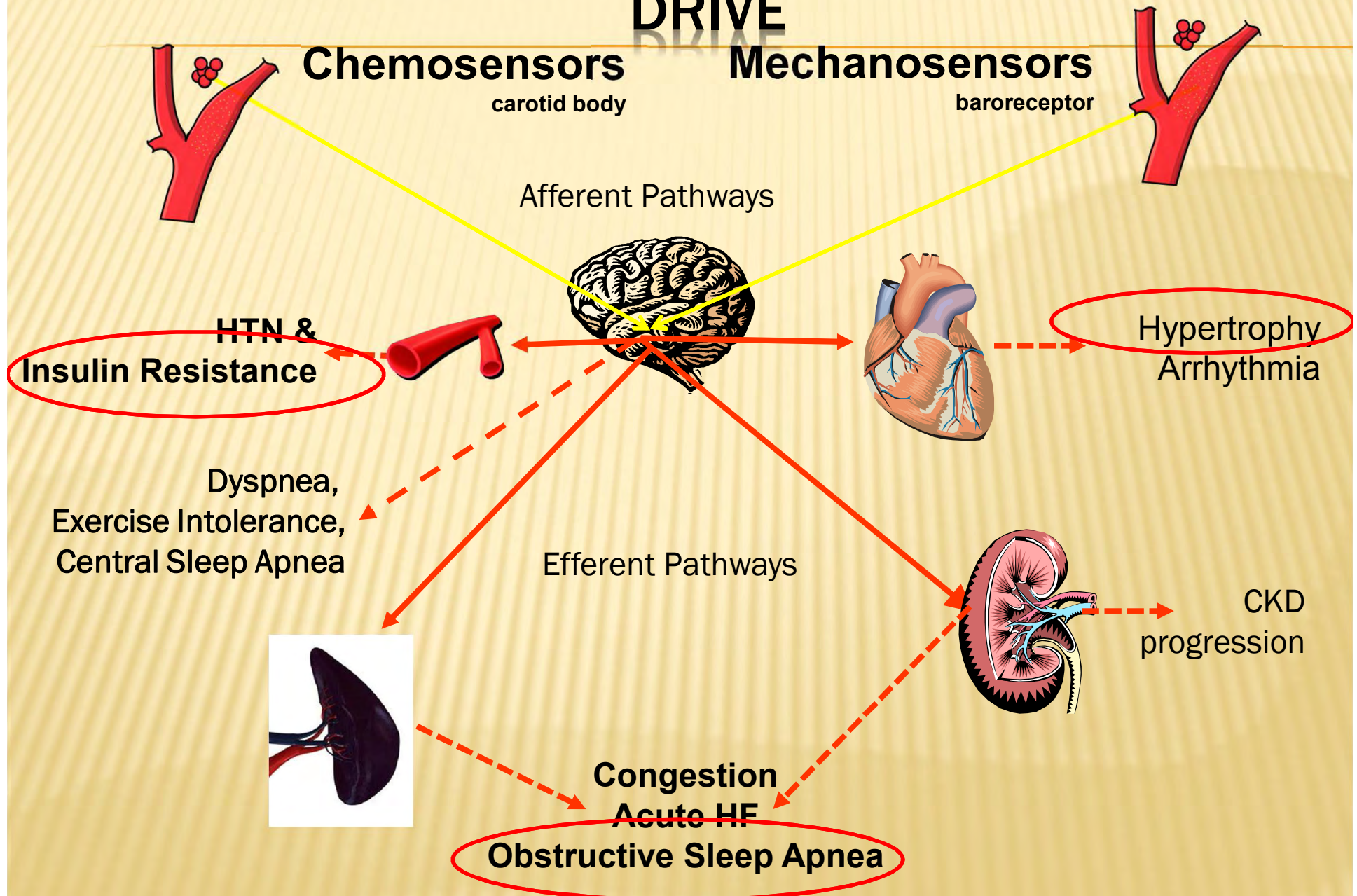


*Control Porcine renal adventitial
nerve fascicles*



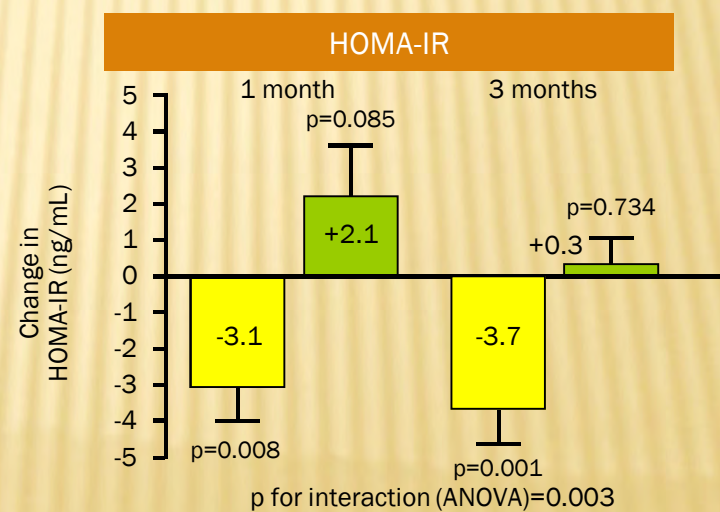
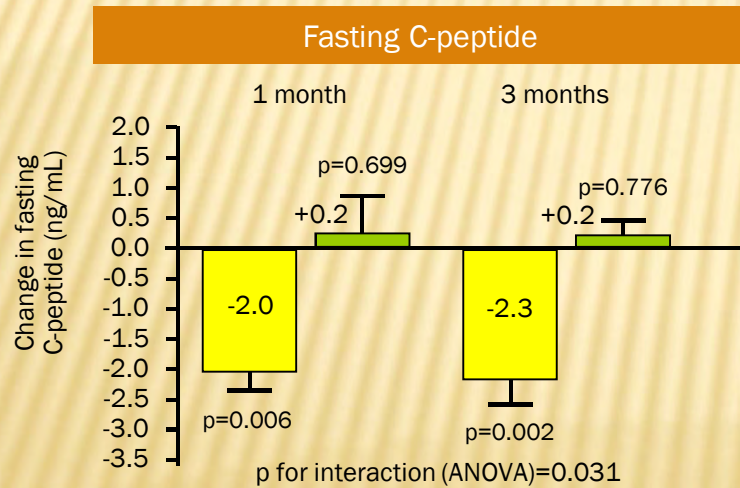
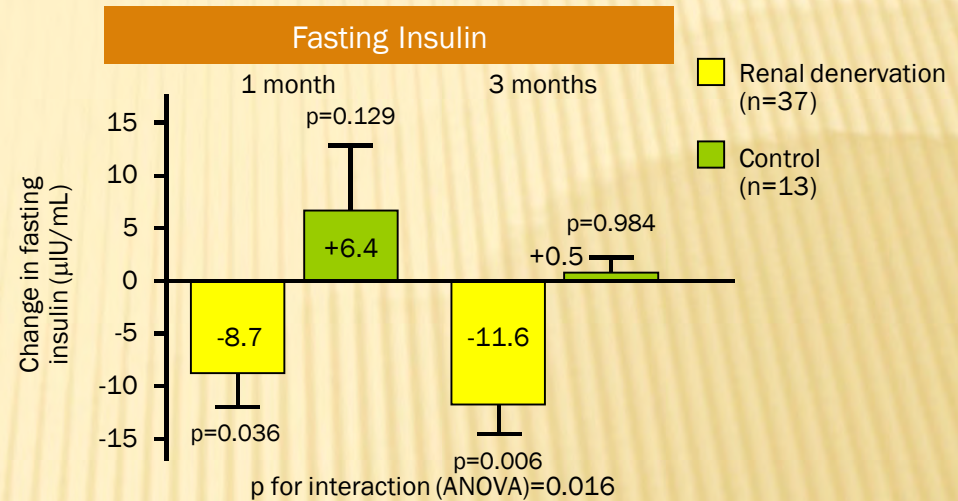
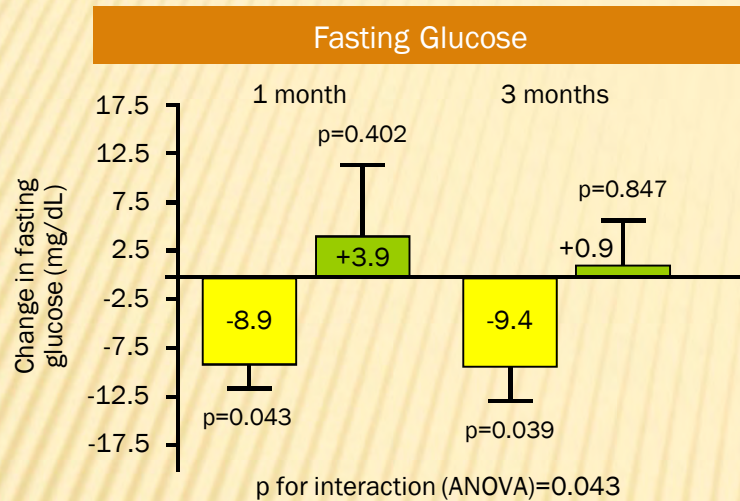
*24 hrs after delivery of guanethidine:
Injured interstitial nerve fascicles*

CONTROL OF CENTRAL SYMPATHETIC DRIVE



DIABETES MELLITUS

RDN GROUP SHOWED IMPROVEMENTS IN SEVERAL KEY INSULIN RESISTANCE MARKERS



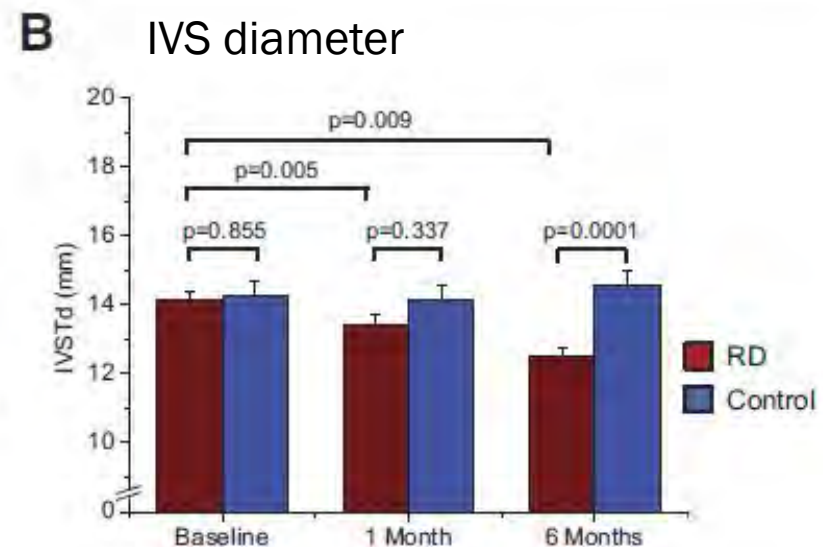
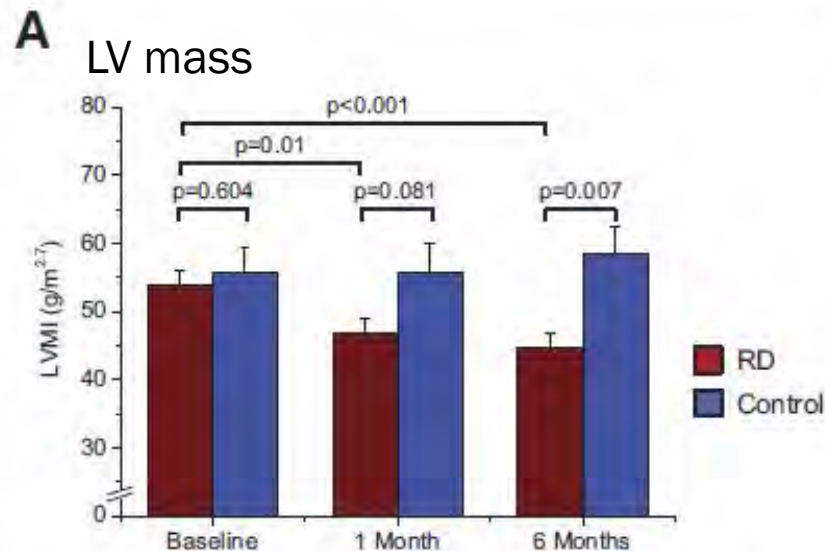
CLINICAL RESEARCH

Interventions in Hypertension

Renal Sympathetic Denervation Reduces Left Ventricular Hypertrophy and Improves Cardiac Function in Patients With Resistant Hypertension

Mathias C. Brandt, MD,*† Felix Mahfoud, MD,§ Sara Reda, MD,*†
Stephan H. Schirmer, MD, PhD,§ Erland Erdmann, MD,† Michael Böhm, MD,§
Uta C. Hoppe, MD*†‡

Salzburg, Austria; and Cologne and Homburg/Saar, Germany





Effects of Renal Sympathetic Denervation on Blood Pressure, Sleep Apnea Course, and Glycemic Control in Patients With Resistant Hypertension and Sleep Apnea

Adam Witkowski, Aleksander Prejbisz, Elżbieta Florczak, Jacek Kozłowski, Paweł Zliwiński, Przemysław Bielecki, Ilona Michałowska, Marek Kabat, Ewa Warchoła, Michał Jankowski, Krzysztof Szafraniec, Wiesław K. Gajda, Piotr A. Skałowski

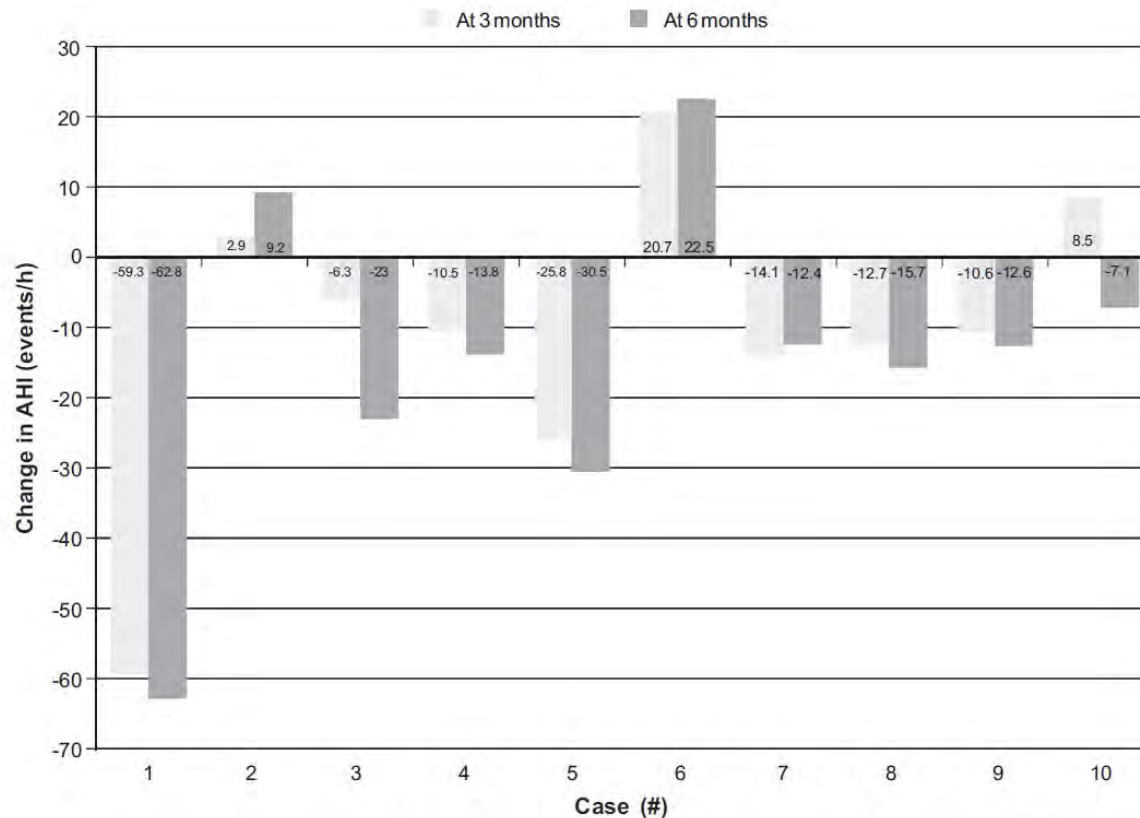


Figure 2. Changes of apnea/hypopnea index (AHI) at 3 and 6 months after denervation. Data of individual cases.