### Factors Associated with One-year Mortality among Patients with Acute Myocardial Infarction in Israel from 1994 to 2004: Data from ACSIS

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**BACKGROUND:** Mortality from coronary artery disease (CAD) has declined substantially in the last decade. However, studies focusing on the relative impact of the factors contributing to this decline are scarce.

**METHODS:** Data on use of medications and procedures and one-year mortality following AMI were derived from six Acute Coronary Syndrome Israeli Surveys (ACSIS) performed between 1994-2004. The survey population included 7,383 patients hospitalized with AMI in 25 Intensive Care Units (ICCU) in Israel. Logistic regression models were used in order to evaluate the effect of various in-hospital treatments on mortality trends.

**RESULTS:** One-year mortality following AMI declined from 19.0% in 1994 to 12.1% in 2004 (a decrease of 33%). Logistic models adjusted for baseline characteristics and severity of the disease (Killip class >2) demonstrated that the use of each of the medications (aspirin, β-blockers, ACE Inhibitors and lipid lowering drugs), as well as the use of coronary angiography during the index hospitalization, was associated with a reduction in one-year mortality. Rates of survival increased with each additional medication given. Age and severity of disease were associated with an increase in mortality, however gender did not influence the outcome.

**CONCLUSION:** ACSIS surveys have demonstrated that adherence to treatment guidelines for AMI has been associated with mortality decline from coronary heart disease in Israel.

# Impact of Elevated Admission White Blood Cell Count on Outcomes of ST-Elevation Acute Coronary Syndrome Patients Treated with Primary Percutaneous Intervention.

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**Background**: Elevated white blood cell (WBC) count on admission in pts with ST-elevation acute coronary syndrome (STE-ACS) has been associated with adverse prognosis. Little data are available on the relationship of WBC count to outcome in STEMI patients treated by primary percutaneous intervention (PPCI).

*Aims*: To examined the association of WBC counts on admission with clinical outcomes after PPCI in STEMI.

Methods and Results: We analyzed consecutive STE-ACS pts without cardiogenic shock after PPCI. The 1027 pts were divided into 3 groups according to WBC count determined on admission: 1) < 10,000, n=319 (31%) pts; 2) 10,000-20,000, n=651 (63%) pts; 3)> 20,000, n=57 (6%) pts. Pts with elevated WBC were more often smokers, without previous history of myocardial infarction. They presented more often with anterior STEMI location, and higher killip class. Peak CK and the left ventricular dysfunction as well as the Cadillac score, denoting increased risk, were significantly higher in pts with elevated WBC. There was no difference in prevalence of other risk factor, extent of coronary disease, and procedural success.

#### Outcomes:

Variable	<10,000	10-20, 000	>20,000	P value
MACE*	6.8%	8.6%	13.5%	0.02
30-days	0.9%	3.5%	14%	0.000
mortality				
Stent	2.5%	2%	1.8%	0.8
thrombosis				

<sup>\*</sup> Composite of mortality, re-infarction and re- PCI

In multivariate analysis adjusted to the Cadillac risk score, pts in groups 2-3 had almost four-fold greater risk of mortality, as compared with groups 1 (OR 3.8; CI 1.9-7.5, p=0.0001).

**Conclusion** - Baseline leukocytosis [simple and easy obtained measure] is an independent correlate of increased mortality after PPCI in STEMI. Our findings suggest that the WBC count should be considered an important prognostic factor in patients with STEMI treated by PPCI.

# Intra-Aortic Balloon Pump Counter-Pulsation Improves Coronary Flow and Recovery of Left Ventricular Systolic Function after Primary Angioplasty in Patients with Suboptimal Microcirculation

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Coronary artery Doppler velocities reflect coronary flow and their patterns correlate with function of the microcirculation and may allow assessment of pumping efficacy after intraaortic balloon pump counter-pulsation (IABP) after primary angioplasty. Aim: Evaluation of the effects of IABP on left anterior descending coronary artery (LAD) velocities and recovery of left ventricular ejection fraction (LVEF) in patients with acute anterior ST-elevation myocardial infarction (STEMI) after primary angioplasty and suboptimal flow. Methods: twenty eight patients with acute anterior STEMI who had primary angioplasty and suboptimal flow were evaluated. In eleven IABP was applied. Results: Transthoracic Doppler sampling of LAD velocities was feasible and diastolic LAD deceleration time was less than 600 msec in all. Diastolic LAD peak velocities of pumped beats, 73±28 cm/sec were higher than those of non-pumped beats, 34±11 cm/sec, p=0.00075. Diastolic time velocity integrals of pumped beats 14.7±6.5 cm were higher than non-pumped beats, 7.3±3.1cm, p=0.0047. Diastolic LAD flows of pumped beats 60±47 ml/min were higher than without pumping, 28±19 ml/min, p=0.05. Baseline LVEF in subjects with IABP 29.4±5.7% was less than that in those without, 36.4±7%, p=0.05. One week after angioplasty, LVEF in IABP patients, 34±7%, was similar to LVEF in those without, 36.4±6.8%. In 6 (54.6%) patients with IABP LVEF increased more than 5% while only in 4 (23.5%) in those without, p<0.05 Conclusions: IABP increases LAD flow, as detected by transthoracic Doppler, and promotes recovery of left ventricular systolic function in patients with suboptimal microcirculation after primary angioplasty for acute anterior myocardial infarction.

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## Mortality Outcome of ACS Patients Treated with Bare Metal vs. Drug Eluting Stents: Insights from the National ACSIS-2004 Registry

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**Background:** The use of drug eluted stents (DES) in patients with acute coronary syndrome (ACS) which is primarily due to coronary atherothrombosis remains a topic for ongoing clinical investigation and long-term mortality data are still awaited.

**Methods:** We identified 163 patients enrolled in the ACSIS-2004 (Acute Coronary Syndrome Israeli Survey) registry who underwent PCI using DES during or soon following the course of ACS (e.g. unstable angina, non-STEMI and STEMI) and compared the clinical characteristics and mortality outcomes to 812 corresponding ACS patients treated using bare metal stents (BMS). Baseline characteristics and mortality outcomes data were obtained for all patients up to one year.

**Results:** The main demographic and mortality results are shown in the **Table** as follow:

	DES (n=163)	BMS (n=812)
Men	77	78
Age (yrs) *	63.6±12	61.3±12
Diabetes (%)	31	27
MV disease (%)	64	59
STEMI (%) *	39	64
Non-STEMI (%) *	61	36
Killip Class ≥2 (%)	16	16
PCI following lytics (%)	29	19
Mortality data		
30 day (%)	1.2	3.5
180 day (%)	3.1	4.8
360 day (%)	3.7	5.8

<sup>\*</sup> Statistical significant difference (p < 0.05)

Using a logistic regression analysis model, the patients age (by 10 years increment: odds ratio=2.17 and confidence limits = 1.69-2.83; p<0.001) was the most powerful independent predictor for one year morality following ACS and regardless of stent category being utilized (i.e. DES vs. BMS).

**Conclusion**: PCI indicated for ACS is associated with comparable mortality outcomes up to one year in ACSIS-2004 cohort despite heterogeneous baseline variables which is primarily due to age at ACS onset and STEMI clinical presentation.

# The Ratio of Contrast Load to Glomerular Filtration Rate (GFR) as a Predictor for Renal Dysfunction and Subsequent Mortality Following Emergent PCI for STEMI

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**Background**: The ratio of contrast load utilized during PCI to baseline glomerular filtration rate (GFR) has been proposed as a surrogate marker for the development of contrast induced nephropathy post elective PCI. We sought to use the ratio in order to predict the renal and cardiac prognosis among patients with STEMI who were treated using emergent primary PCI.

**Methods:** Data from consecutive patients who underwent PCI for STEMI at our hospital were imputed into a dedicated clinical database. We compared the clinical outcome (death, re-MI, TVR, MACE) at 6 month in patients distinguished by the ratio of contrast load utilized during PCI to baseline GFR prior to PCI.

**Results:** Results of 871 consecutive (non-shock) patients with STEMI are summarized as follow:

Contrast Volume / GFR Ratio	0.14-1.5	1.5-2.35	>2.35	
	(N=290)	(N=290)	(N=290)	
Age (years)	62±10	63±12	63±11	
Males (%) <sup>+</sup>	83	86	76	
Diabetes Mellitus (%)	24	23	28	
Anterior MI (%) <sup>+</sup>	37	46	56	
Multivessel Disease (%) <sup>+</sup>	46	56	70	
Killip>1 (%) <sup>+</sup>	11	10	22	
Successful PCI (%)	98	98	92	
Multivessel PCI (%) <sup>+</sup>	2.4	8.6	13.8	
EF<40% (%) <sup>+</sup>	31	38	53	
GFR<60 ml/min <sup>+</sup>	0.7	4.8	33	
In-hospital renal dysfunction (on top of baseline) <sup>+</sup>				
	0.7	3.8	20.3	
6 months outcome				
Death (%) <sup>+</sup>	1.8	3.1	9.6	
Re-AMI (%)	4.9	4.5	5.5	
Target vessel revascularization (%)	8.5	8.4	8.3	
MACE (death, re-AMI, TVR) (%) ++	12.3	15.3	19.6	

p<0.05 (statistically significance); +p=0.06

**Conclusions**: Our results show: 1) the ratio of contrast load utilized during PCI to baseline GFR would predict the likelihood of in-hospital renal deterioration and/or dysfunction, 2) higher contrast volume to GFR ration is associated with increased subsequent total mortality. Thus, such ratio should be utilized in order to optimize the contrast utilization adjusted for GFR during emergent PCI

### On-Admission Serum Phosphate Level and Long Term Outcome in Patients with Acute Myocardial Infarction

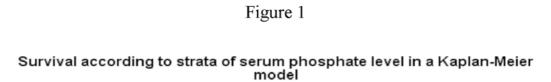
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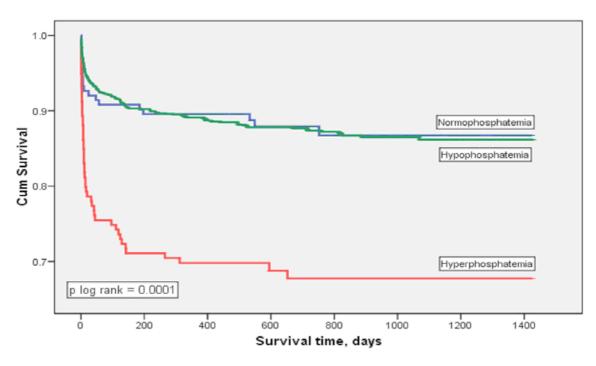
**Aim:** To study the prevalence and the long term prognostic significance of changes in serum phosphate in patients with acute myocardial infarction (AMI).

**Methods:** We prospectively studied 1746 consecutive patients admitted with AMI. Serum phosphate levels were tested 12-24 hours from admission. Mean follow-up was 24 months. Logistic regression models were used to assess the relationship between the serum phosphate levels and long term survival.

Results: On-admission 1367 (78.3%) of patients had normal serum phosphate levels, 192 (11.0%) had hypophosphatemia (<2.5 mg/dl), and 187 (10.7%) had hyperphosphatemia (>4.5 mg/dl). The overall mortality was 11.7%, 12.0% and 32.6% in normal, hypo and hyperphosphatemia, respectively (p<0.0001). After adjusting for age, gender, diabetes mellitus, ST-elevation AMI, anterior wall involvement, creatinine clearance and serum calcium levels, the odds ratio for mortality were: 0.80 (95% confidence interval [CI], 0.42-1.52) in patients with hypophosphatemia and 2.16 (95%CI, 1.35-3.48) in patients with hyperphosphatemia, as compared to those with normal levels. Figure 1 depicts the survival in the different groups in a Kaplan-Meier model.

**Conclusion:** Hyper but not hypophosphatemia in patients with AMI is strongly correlated to increased long term mortality. Further investigations regarding the impact of rapid correction of high serum phosphate levels on mortality are necessary.





#### The Impact of Changes in Serum Albumin Levels during Hospitalization on Long Term Mortality in Patients with Acute Myocardial Infarction

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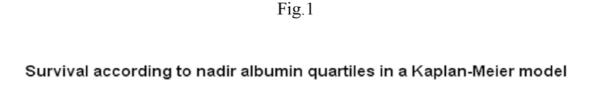
Israel

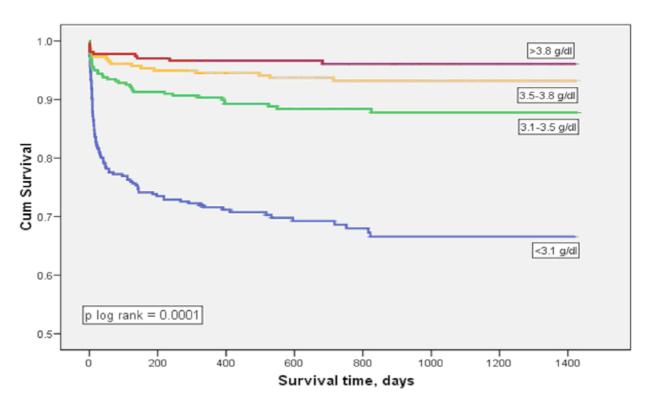
**Aim:** To assess the prevalence and long term prognostic significance of changes in serum albumin levels during hospitalization in patients with acute myocardial infarction (AMI).

**Methods:** We prospectively studied 1460 consecutive patients admitted with AMI and normal synthetic liver function. Serum albumin concentration was tested daily during hospitalization. The mean follow-up period was 24 months. Multivariate Cox models were used to assess the relationship between nadir albumin level and long term survival.

**Results:** During hospitalization 54.5% of study population developed hypoalbuminemia (<3.5 g/dl). The mean nadir albumin was 3.38±0.58 g/dl (median 3.5, IQR 3.1-3.8), 0.31 g/dl lower then admission levels (p<0.0001). Low nadir albumin was strongly associated with high mortality (Fig. 1). After adjusting for age, gender, diabetes mellitus, hypertension, ST-elevation AMI, anterior wall involvement, left ventricular systolic function and creatinine clearance, the nadir albumin in the lower quartile (<3.1 g/dl) remained a strong predictor for mortality (HR 3.54, 95% confidence interval 1.06-11.80).

**Conclusion:** The development of hypoalbuminemia is frequent during hospitalization of patients with AMI and is strongly related to an increased long term mortality.





#### **Detection of Acute Myocardial Ischemia using High-Frequency QRS Analysis**

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**Background:** Myocardial ischemia causes changes in the depolarization phase of the ECG which can be quantified by analyzing the high-frequency mid-QRS components (HFQRS). Our aim was to test this technique in detecting supply ischemia caused by prolonged intracoronary balloon occlusions and assess the feasibility of HFQRS detection of acute ischemia using a single, unreferenced measurement.

**Methods:** High resolution 12-lead ECG was recorded prior to and during prolonged intracoronary balloon occlusion in 104 patients (60±11 yo, 65 men) undergoing elective PTCA (STAFF3 database). The HyperQ<sup>TM</sup> System (BSP Ltd, Israel) was used to derive HFQRS data and ST segment levels. Indices of HFQRS based on i) relative intensity reduction and ii) ischemia-specific signal morphology without a reference measurement were examined. The area under the receiver operating characteristics (AUROC) curve was used to assess the diagnostic value of each index and to derive optimal cutoff values. ST changes were examined according to ESC/ACCF/AHA guidelines.

**Results:** Balloon occlusions lasted 4.4±1.3 min. HFQRS intensity index was available in 87 pts, morphological index in 64 pts and ST analysis in 99 pts. Both HFQRS indices were more sensitive than ST analysis (Table), with similar specificity for the HFQRS intensity index and ST analysis.

Index	Sensitivity	Specificity	Accuracy	AUROC
HFQRS intensity	95%*	96%	96%*	0.99
HFQRS morphology	84%*	80%	82%*	0.88
ST segment analysis	55%	95%	75%	NA

<sup>\*</sup> p<0.001 vs. ST analysis

**Conclusion:** HFQRS analysis provided high diagnostic performance in detecting acute supply ischemia. In particular, HFQRS morphology index achieved high accuracy without using a baseline measurement. Thus, HFQRS analysis may aid in detecting both transient ischemic episodes and conditions of acute myocardial ischemia/infarction.

#### **Time to Fibrinogen in Acute Coronary Syndromes**

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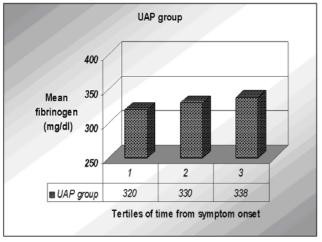
**Background:** Elevated fibrinogen concentrations correlate with poor prognosis in acute coronary syndromes (ACS). We presently explored the correlation between fibrinogen concentrations and the time from symptom onset to angiography.

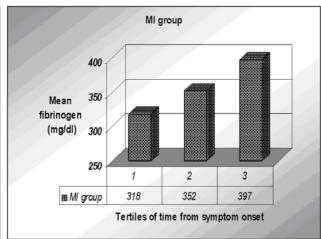
**Methods:** We enrolled ACS patients during coronary angiography. Linear regression models were fitted for fibrinogen as the dependant variable and adjusted to cardiovascular risk factors and relevant medications. Anova and Kruskal Walis tests were used to determine differences between time tertiles from symptom onset.

**Results:** Included were 540 patients, 316 with unstable angina (UAP group), and 224 with non-ST and ST-elevation myocardial infarction (MI group). In the MI group the mean fibrinogen was 356 mg/dl and the mean time to angiography from symptom onset was 66 hours. There was a significant difference between the tertiles of time from onset of pain (p<0.001) and the time from onset of pain entered as a strong predictor for fibrinogen (r=0.395; p<0.001). In the UAP group the mean fibrinogen was 330 and the mean time from onset of pain to angiography was 126 hours. No significant contribution of time from onset of pain on the baseline fibrinogen concentration was noted for the UAP group.

**Conclusion**: Time to angiography is an independent predictor of fibrinogen concentration in MI patients. Increased fibrinogen concentrations, probably part of the acute phase response, could be detrimental in terms of increased viscosity and microcirculatory dysfunction.

#### Mean Fibrinogen in tertiles of time from symptom onset





#### Single Center Experience with Mild Therapeutic Hypothermia in ICCU

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Aim: To assess the impact of mild therapeutic hypothermia in patients admitted to ICCU after cardiac arrest and successful out-of-hospital CPR.

Methods: We prospectively studied 33 consecutive patients admitted to our institution ICCU after cardiac arrest due to VF, VT, asystole or other tachy-brady arrythmias, and who were treated by mild hypothermia together with standard intensive care treatment according to guidelines. Hypothermia was defined as a body temperature of 32-34 °C, and achieved with the use of an external cooling device. Patients were followed-up during hospitalization.

Results: The rhythm abnormalities observed at arrival of resuscitation team were: 63.6% VF, 9% VT, 12.1% asystole and 15.3% other associated arrhythmias. Out of 33 patients studied, 14 (42.4%) patients survived the index event. Mean time duration from collapse to start of advanced life support was 9.0±5.3 minutes, with 9.4±6.0 minutes and 8.5±4.4 minutes in the deceased and discharge from hospital groups respectively. The total resuscitation duration was 36.1±10.9 minutes, with 39.9±11.0 minutes and 31.5±9.4 minutes in the deceased and discharge from hospital groups respectively. Cooling time in the group of patients who died during hospitalization was 801.1±535.4 minutes, while in the discharge from hospital group was 1011.0±560.2 minutes. The hospitalization period was 12.9±12.5 days in the succumbed patients and 16.1±5.8 days in survivors.

The most common complication observed after re-warming was pneumonia.

Conclusions: Mild therapeutic hypothermia in patients who survived out-of-hospital CPR, was effective for all causes of cardiac arrest without major complications. Our results are in line with previous reported studies.

#### Clinical Characteristics and Angiographic Findings of Patients with Acute Myocardial Infarction and Spontaneous Reperfusion and Comparison with STEMI Patients who Underwent Primary PCI

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**Background:** Spontaneous reperfusion (SR) is a well recognized phenomenon in myocardial infarction but the best approach to treating these patients has not yet been determined.

**Objectives:** To describe the clinical and angiographic features and prognosis of STEMI patients with SR versus STEMI patients.

**Methods:** Retrospective analysis of 86 patients admitted between April 1998 and December 2006 with the diagnosis of STEMI and SR and compared their baseline, event and outcome features with patients with STEMI without SR.

**Results:** Of the total number of STEMI patients (2756) there were 86 who met criteria of SR (group I). All patients were catheterized within 48 hours. Group II consisted of 86 consecutive patients with STEMI admitted between April and October 2006. Baseline characteristics were similar except for lower incidence of diabetes in group I (15% vs. 28% p0.037). Median time from symptom onset to ER admission tended to be shorter in group I (108  $\pm$  87 vs. 180  $\pm$  27 min p0.076). More patients in group I had been treated with chewable aspirin (89% vs. 64% p<0.01). Infarct related artery was patent with pre-PCI TIMI flow 3 in 95% of patients in SR group vs. 14% in group II (p<0.01). SR patients developed less myocardial damage: normal LV Function was detected in 60% of patients in group I vs. 27% in group II (p<0.01) and there was significant survival benefit in SR group at 30 days (mortality 3.5% vs. 11.6% p=0.043).

#### **Conclusions:**

- 1. There was excellent correlation between clinical and ECG markers of spontaneous reperfusion and patent infarct related artery with TIMI flow 3.
- 2. Acute aspirin treatment was an important predisposing factor for SR.
- 3. SR is less frequent in diabetic patients.
- 4. SR in STEMI is associated with smaller infarct size and a better clinical outcome at 30 days.

#### Emergency PCI Therapy in 1336 Consecutive Patients with STEMI: Mortality Insights from the a Large Single-center Registry

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**Background and Aims:** Because cumulative evidence has demonstrated that rapid primary percutaneous coronary intervention (PCI) is the most effective reperfusion strategy for acute STEMI, the development of integrated system providing full time coverage for primary PCI is suggested. Some of the large and high volume hospitals implemented full time coverage for emergency PCI. In this study we report our experience in implementing "around the clock" coverage for primary PCI in a 1336 consecutive pts with STEMI.

**Methods:** We used our clinical database consisting of all pts treated using emergent PCI for AMI between 1/2001 and 10/2007. Clinical, procedural and angiographic results and 30 days mortality were analyzed.

**Results:** 1336 pts with STEMI mean age 61±13 years [range 24-101] were included. PCI was successful in 94% of non-shock pts and in 84% of shock pts. Mortaility results distinguished by the categories are shown in the Table as follow:

Mortality	One month	Six months	One year
Non cardiogenic shock	3.5%	5.9%	7.7%
[n=1224]			
Cardiogenic shock [n=112]	55%	60%	64%
Non cardiogenic shock			
Age>75years	8.2%/2.3%*	16.2%/3.8%*	19.4%/8.8%*
[n;207/1017]			
Female/Male	6.2%/2.9%*	10%/4.9%*	13.2%/6.2%*
[n; 242/982]			
Rescue PCI [n;47/1177]	4.3%/3.5%	4.3%/6%	6.4%/7.7%
Anterior AMI [N=584]	4.6%	7.7%	10%
Right ventricular AMI	7.7%	10.6%	11.5%
[N=117]			
GFR ( $<60 \text{ mL/min}/1.73 \text{ m}^2$ )	9.8%/2.3%*	16.3%/3.8%*	19.6%/5.1%*
[n; 173/995]			
Day/Night	4.4%/3.0%	7.4%/4.9%	9.3%/6.6%
[n;713/497]			
Weekend	5.3%/2.9%*	7.8%/5.3%	10.2%/6.7%*
[n;321/903]			
Failed PCI	17.3%/2.6%*	21%/5%*	24%/6.6%*
[n;75/1149]			

<sup>\*</sup> p<0.05

#### **Conclusions:**

- 1. Cardiogenic shock still remains an important cause of mortality in STEMI with most mortality occurs in the first month.
- **2**. Female gender, MI location, renal function, "off-hours" admission, and failure to restore normal coronary flow 3 are important prognostic factors.

## Impact Sub-clinical Renal Dysfunction on One Month Mortality of Patients with STEMI with Cardiogenic Shock Undergoing Primary Angioplasty

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**Background**: Acute myocardial infarction complicated by cardiogenic shock is associated with an exceedingly high mortality, even if patients are treated with early reperfusion therapy. Risk stratification of these patients before undergoing primary angioplasty is important in order to predict outcomes and to delineate targeted therapeutic strategies. Current knowledge of predictors of death is limited.

**Aims**: The aim of this study was to evaluate the impact of sub-clinical renal failure on one month mortality of a cohort of consecutive patients with cardiogenic shock treated with primary percutaneous coronary intervention (PCI).

**Methods:** We used our database of consecutive patients treated by primary PCI for AMI performed between 1/2000–10/2007. A total of 1336 procedures were registered, of these 112 (8.4%) were performed in patients with cardiogenic shock. In this analysis we included pts with normal serum creatinine [<1.5mg%]. Pts were stratified according to GFR values at admission: GFR <60 mL/min/1.73 m<sup>2</sup>.

#### **Results:**

ouits.				
	GFR>60	GFR≤60	P	
	mL/min/1.73	mL/min/1.73		
	$m^2$	$m^2$		
	N=46	N=13		
Age (yrs)	64±12	77±8	0.001	
Male	74%	31%	0.004	
Anterior AMI	48%	54%	.7	
DM	26%	38%	0.4	
2 or 3 vessel disease	67%	77%	0.4	
SBP [mmHg]	89±22	83±23	0.4	
Anti GP 2B/3A use	33%	54%	0.2	
Post PCI TIMI 3	87%	100%	0.4	
Mortality				
1 month mortality	28%	77%	0.001	
Six months mortality	31%	92%	0.009	

In a multivariate analysis adjusted for age and gender, GFR≤60 mL/min/1.73 m²) [OR=1.8, 95% CI=1.04-3.0, P=0.03] was a significant independent predictors of one month mortality.

**Conclusion**: Sub-clinical renal failure even with "normal" serum creatinine is an important risk factor for mortality in patients undergoing emergency PCI for acute myocardial infarction in the presence of cardiogenic shock.

### Trends in Management and Outcome of Women and Men with STEMI in Israel in the New Millenium

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**Background**: Major modifications in therapies have been introduced in the management of patients with STEMI in the last decade, leading to a decline in mortality.

**Aim**: To evaluated trends in management and their impact on outcome of women (W) and men (M) with STEMI, in the new millenium.

**Methods:** 840 W and 2868 M with STEMI hospitalized in 26 CCU's in Israel during the biannual ACSIS 2000-2006 surveys were assessed.

Results: W comprised 21-25% of cohorts, mean age 69-72 vs. 59-61 yrs in M.

Women (n=840) Men (n=2868) p-for p-for Year 2000 2002 2004 2006 2000 2002 2004 2006 trend trend 219 727 744 703 No. of pts 211 229 181 694 Ac. Reperfusion (%) 51 52 54 56 0.36 62 63 66 57 0.13 TLx /PPCI (%) 34/66 78/22 58/42 31/69 22/75 < 0.0001 83/18 56/44 23/73 < 0.0001 Angiography (%) < 0.0001 56 < 0.0001 49 60 73 81 74 86 91 PCI (%) of angiography 70 84 86 89 < 0.0001 75 83 88 < 0.0001 85 Medications @48h: 0.007 94 91 98 97 97 96 98 98 0.014 Aspirin (%) b-blockers (%) 59 80 78 < 0.0001 66 85 < 0.0001 71 76 84 ACE-I/ARBs (%) < 0.0001 57 75 < 0.0001 57 65 71 76 66 80 Statin (%) 29 47 74 91 < 0.0001 31 78 95 < 0.0001 60 Clopidogrel (%) 14 44 71 78 < 0.0001 19 52 80 87 < 0.0001 46 < 0.0001 22 79 < 0.0001 \*SCORE (4.5) 18 73 83 56 89 30-day Mortality (%) 0.0004 0.003 20.5 13.7 12.2 8.3 8.7 5.2 5.5 4.9 0.55 0.40 0.23 0.39 0.56 0.51 1.0 1.0 (0.39 -(0.22 -(0.11 -(0.24 -(0.34-(0.30 -OR<sub>adi</sub> (95% CI)† 0.24) 0.89) 0.84) 0.71)

**Conclusions:** In both sexes the management of pts with STEMI changed substantially during the last years. The high degree of implementation and adherence to recommended guidelines was associated with a significant decline in early mortality.

<sup>\*</sup>SCORE (4,5) management with ≥4 evidence-based medications(either aspirin, b-blockers, ACE-I/ARB, statins, or clopidogrel.

<sup>†</sup>Adjusted for: age, Killip (admission)>II, Anterior MI, heart-rate>100bpm, SBP<100mmHg, history of diabetes, hypertension, angina, renal failure, year performed.

## Patients with Diagnosis of ST-elevation Myocardial Infarction not Treated with Reperfusion: Clinical Characteristics, Causes, and Short-term Outcome

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**Background**. According to registries and surveys about 30% of patients with diagnosis of ST-elevation myocardial infarction (STEMI) do not receive reperfusion therapy (RRx), neither primary PCI nor thrombolysis. The reasons for this phenomenon ("reperfusion paradox") are ill-defined.

**Aim**. To study clinical characteristics, reasons for omitting RRx and outcome of STEMI patients who did not receive RRx.

Patients. Source of data: Rambam Intensive Cardiac Care (RICCa) database.

Study period: 01.01 – 31.12.2004.

**Results**. During the study period 327 patients were hospitalized with diagnosis of STEMI. We identified 80 (24%) patients who did not receive RRx; mean age 65±13. In-hospital mortality in entire cohort was 16%. Patient's characteristics presented in the table 1; reasons for not receiving RRx and outcome – in table 2.

Table 1.

	Number of patients (%)	
Female gender	22 (28)	
Diabetes mellitus	24 (30)	
Previous MI	13 (16)	
Previous PCI	8 (10)	
Previous CABG	3 (4)	
Cardiogenic shock on admission	12 (15)	

Table 2.

Reason for not recieving RRx	Number of pts (%)	In-hospital mortality (%)
Late admission (>12 hrs)	41 (51)	9
Early ST-elevation resolution	16 (20)	0
Very elderly (≥90 years old)	3 (4)	0
Death before RRx	4 (5)	100 (by definition)

**Conclusions**. Late admission is the main reason for not receiving RRx. After exclusion of patients who died shortly after admission, patients with early ST-segment resolution and late comers, the proportion of patients in whom omitting RRx seems inappropriate is small (6%).