

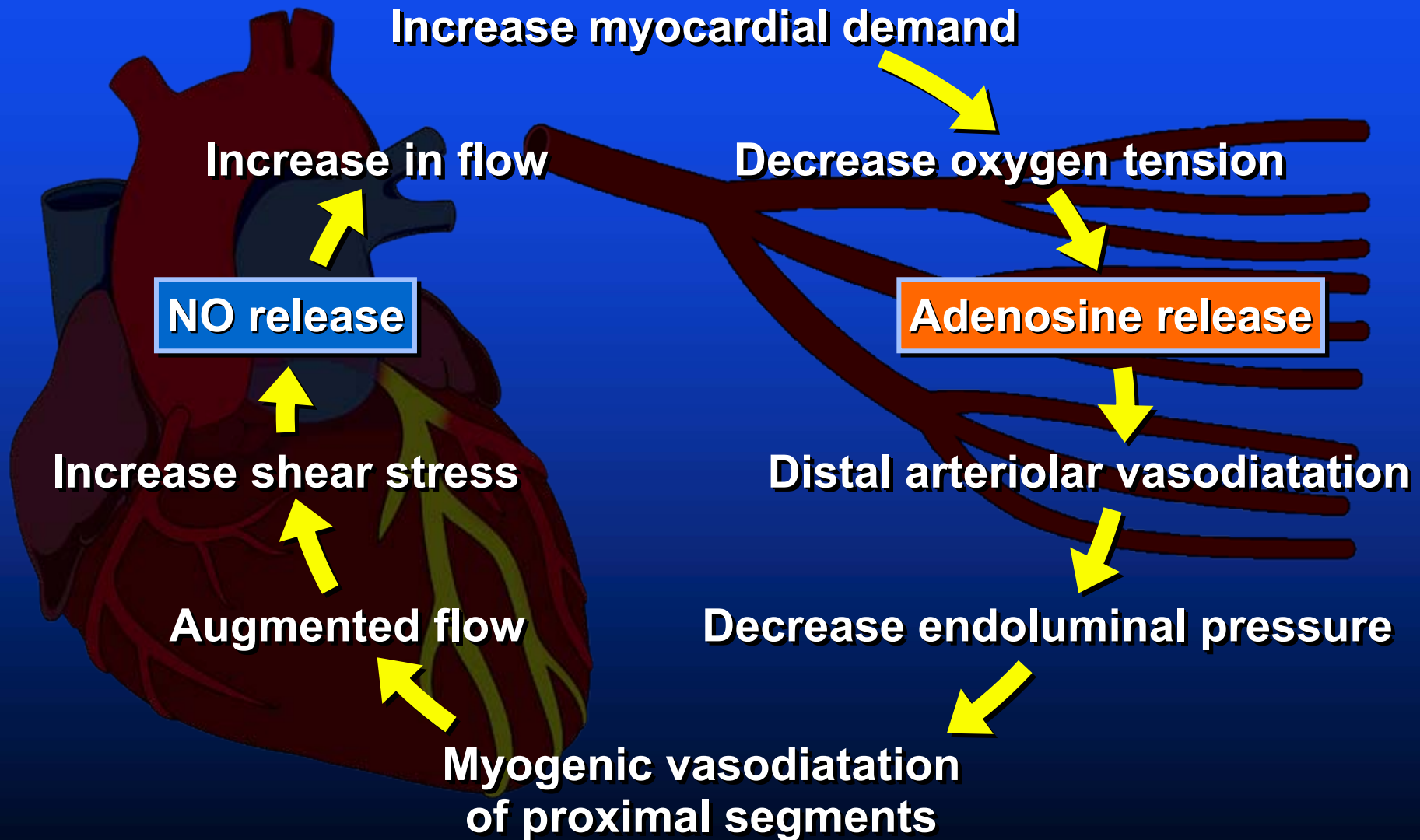
*Beyond The Angiography:
Coronary Physiology in
The Cath Lab*

David Brosh, M.D.

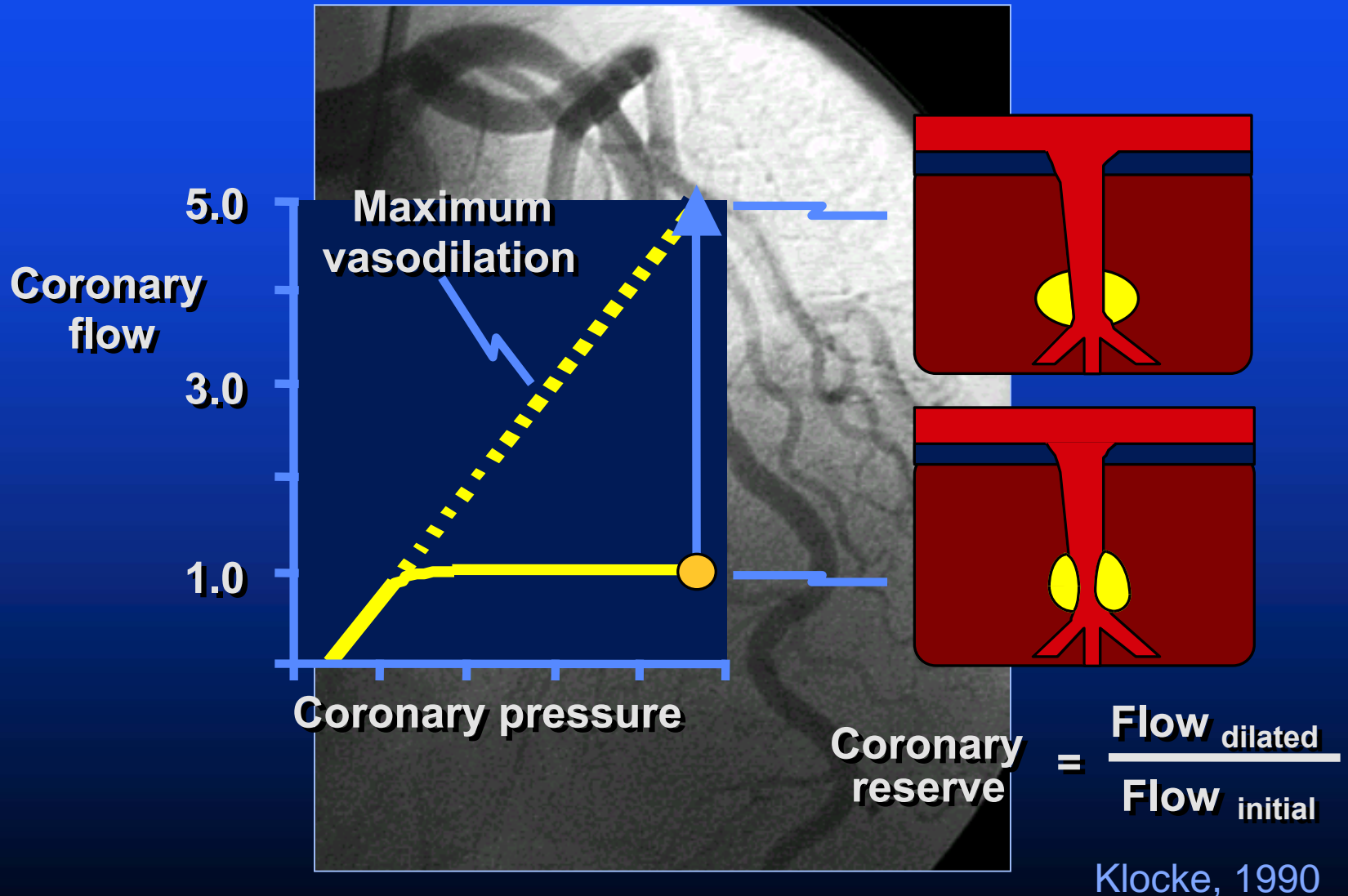
Rabin Medical Center
Petach Tikva, Israel

Normal Heart

Response to Increase in Demand

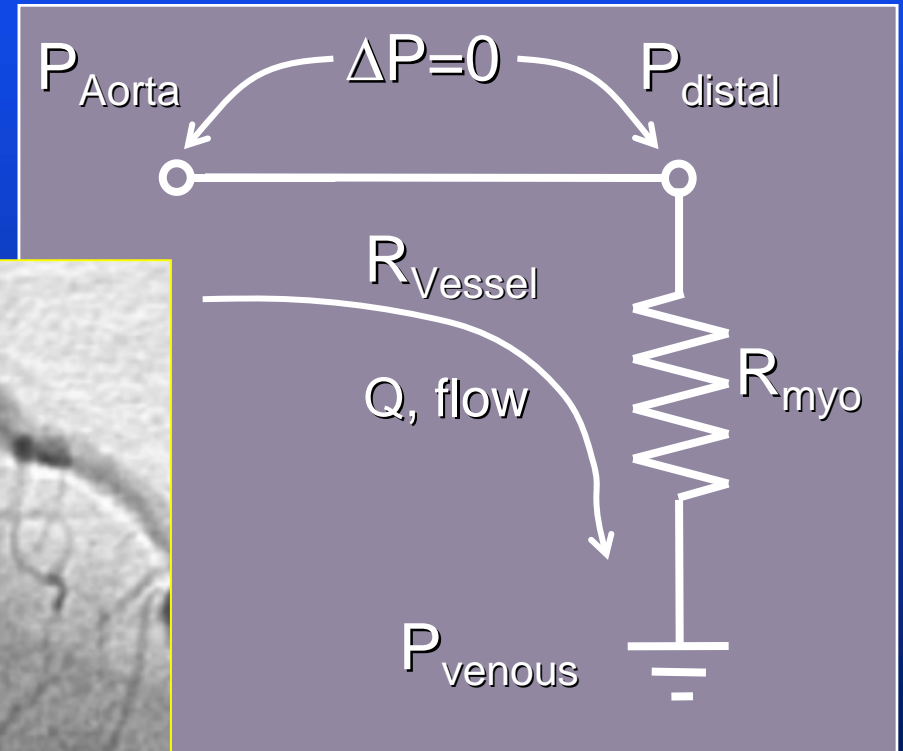
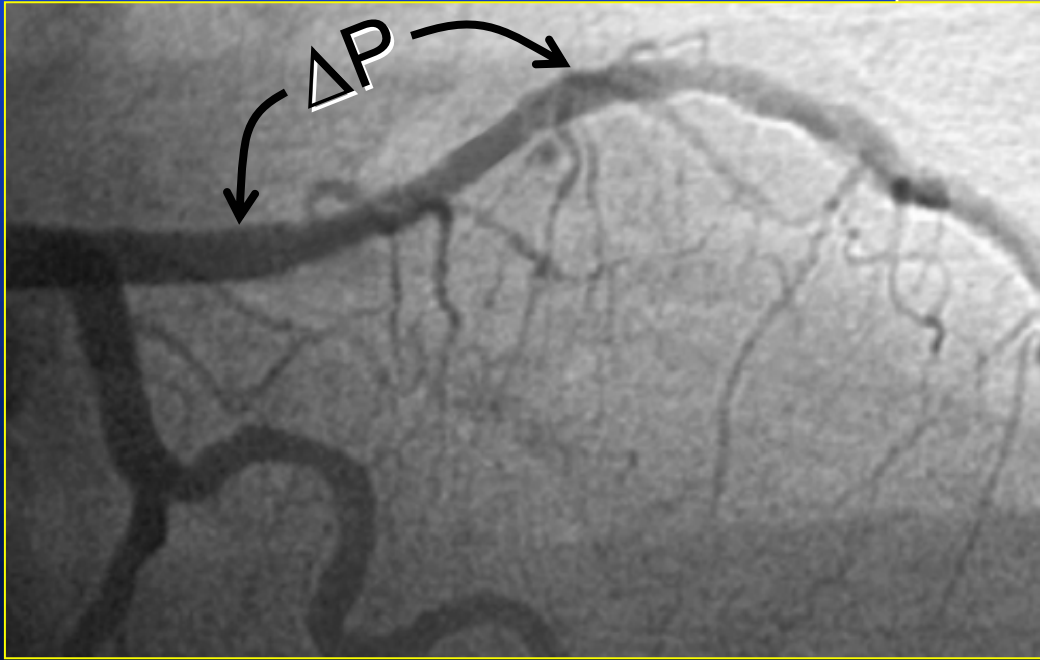


Coronary Flow Physiology



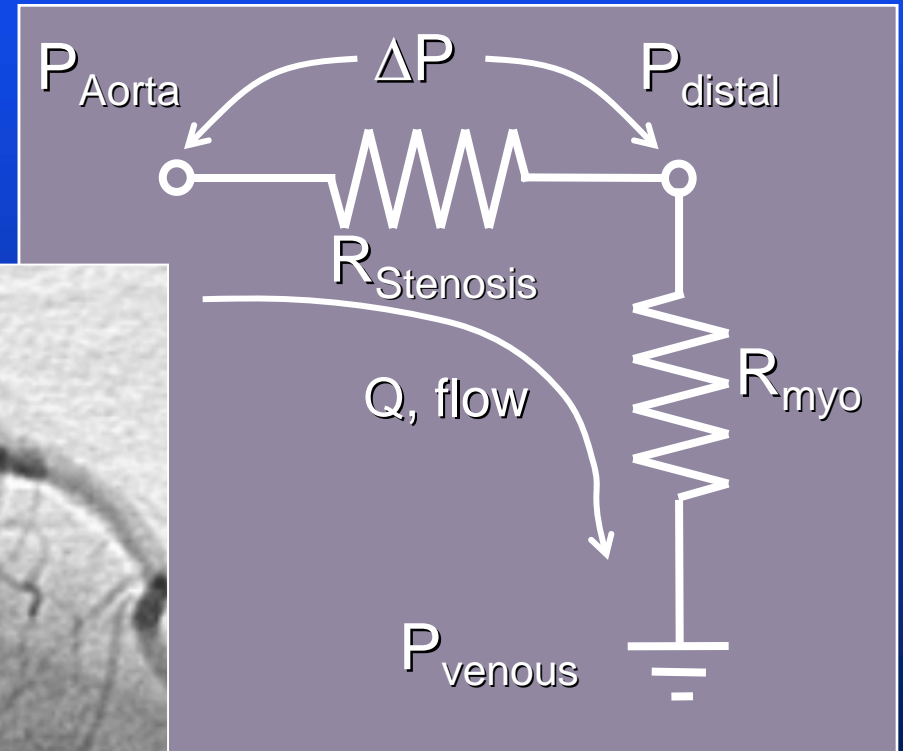
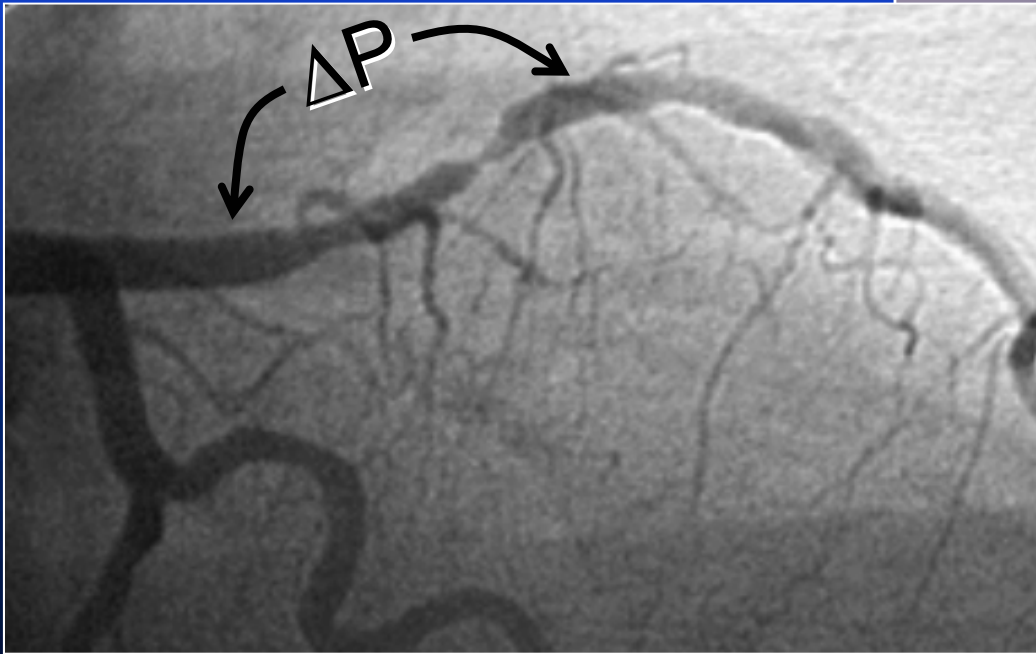
Coronary Stenosis Rheology

Pressure-Flow Relationship

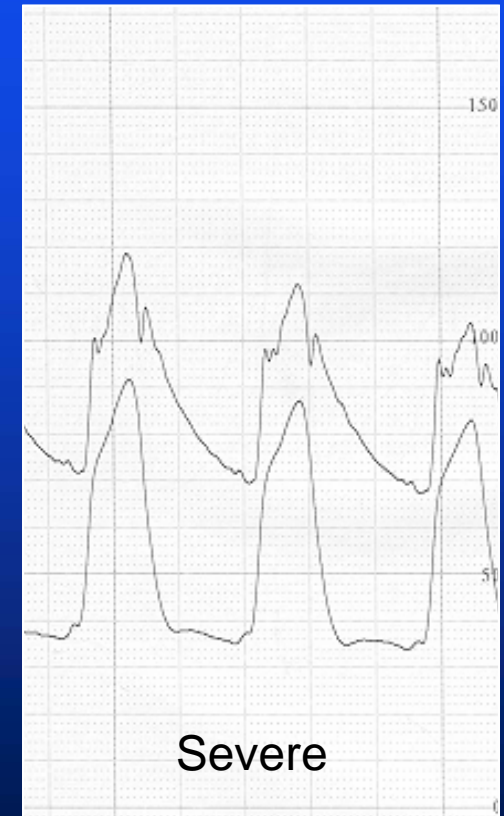
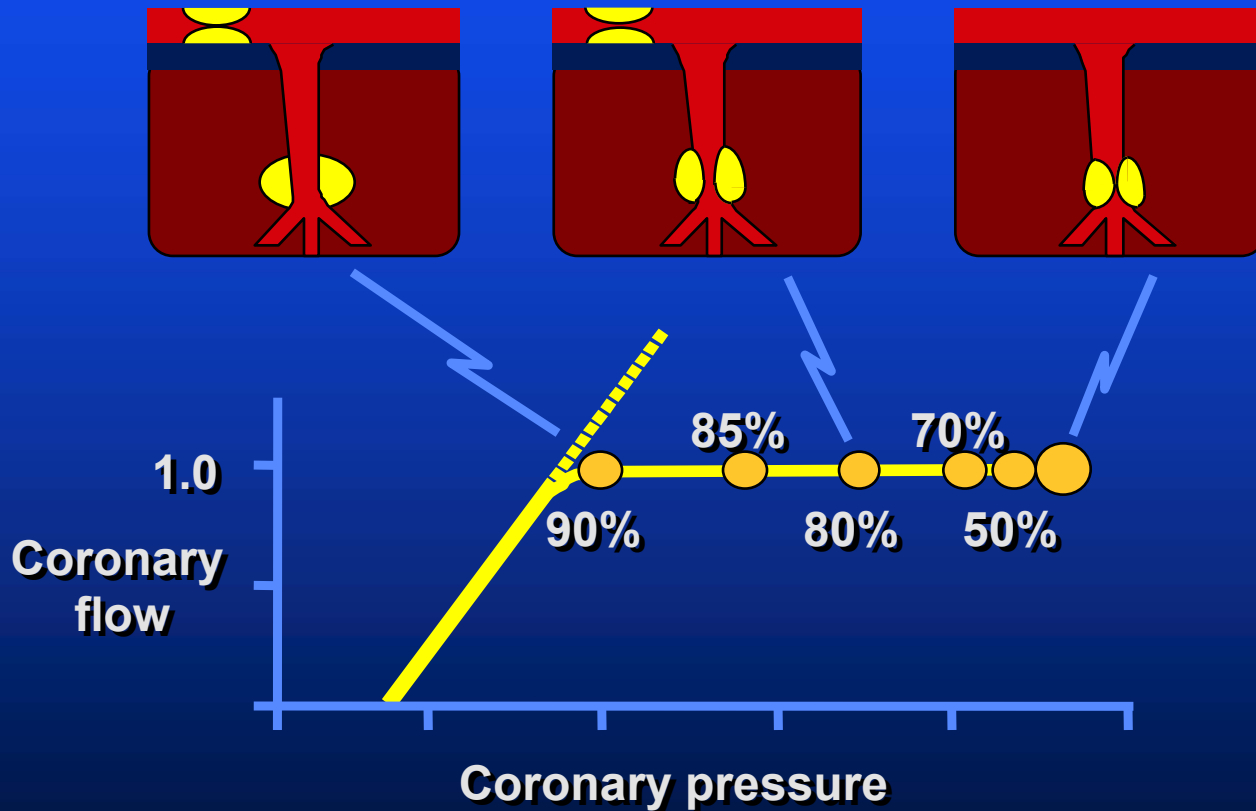


Coronary Stenosis Rheology

Pressure-Flow Relationship

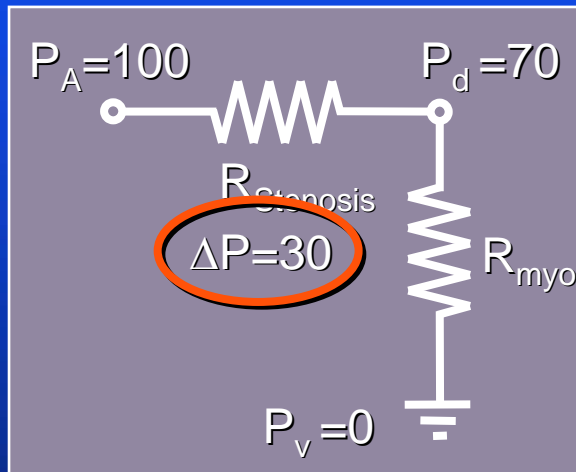


Coronary Stenoses and Resting Flow

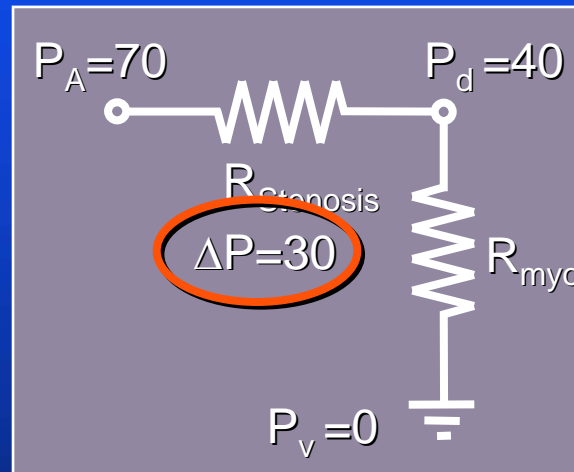


Basic Coronary Physiology

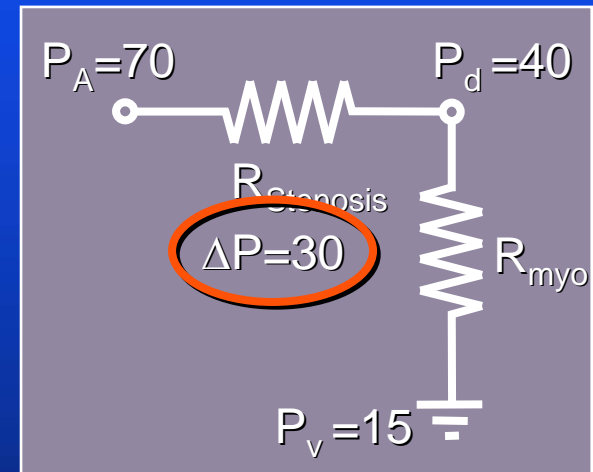
Resting vs. Hyperemic Gradients



$$\Delta P_{myo} = 70$$



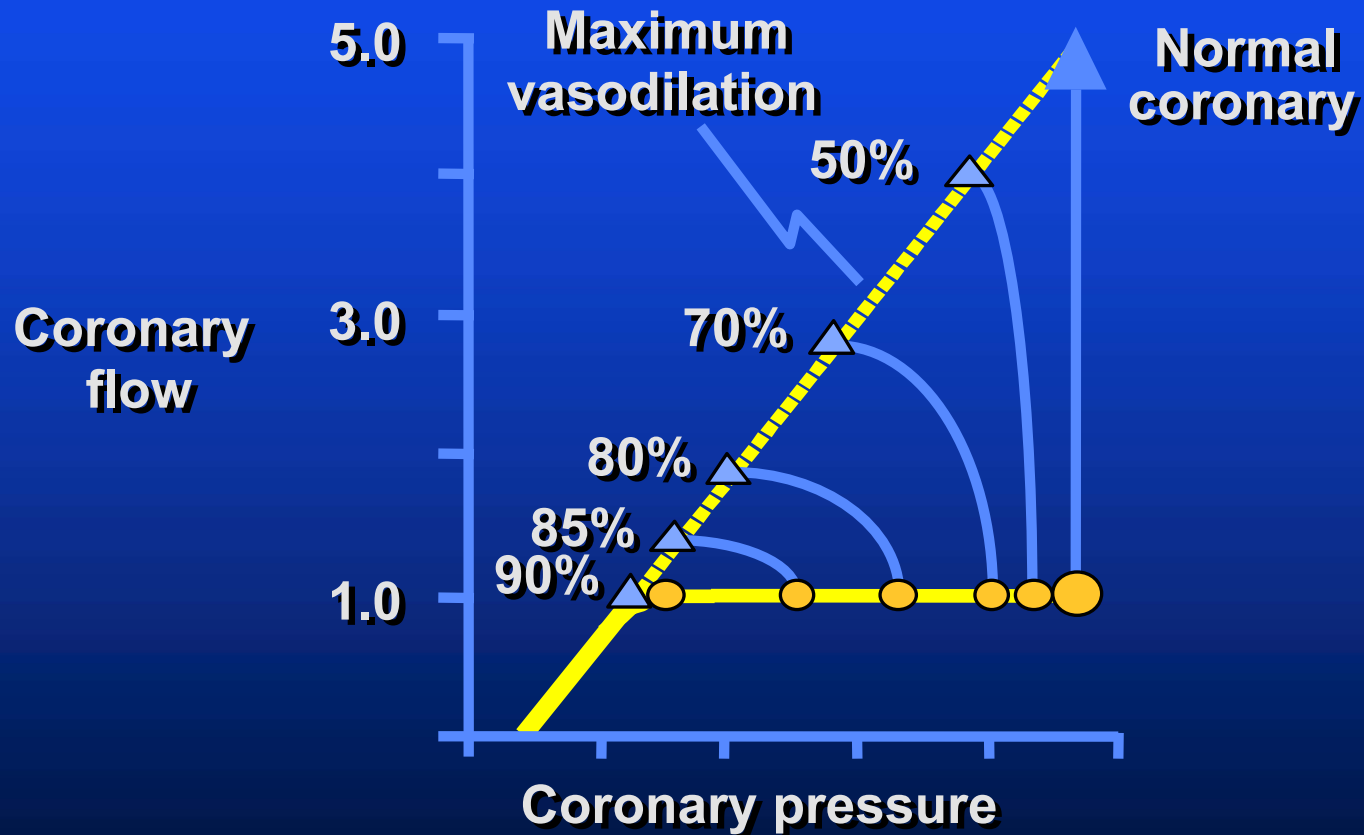
$$\Delta P_{myo} = 40$$



$$\Delta P_{myo} = 25$$

- *Equivalent resting gradients result in markedly different myocardial perfusion pressures*

Coronary Stenoses and Flow Reserve



Basic Coronary Physiology

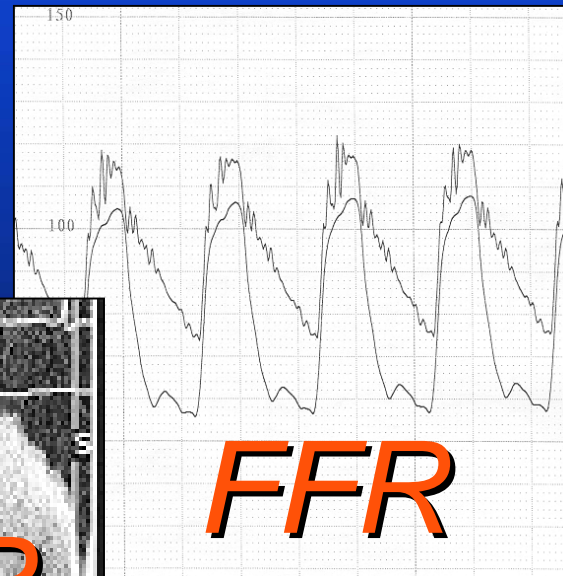
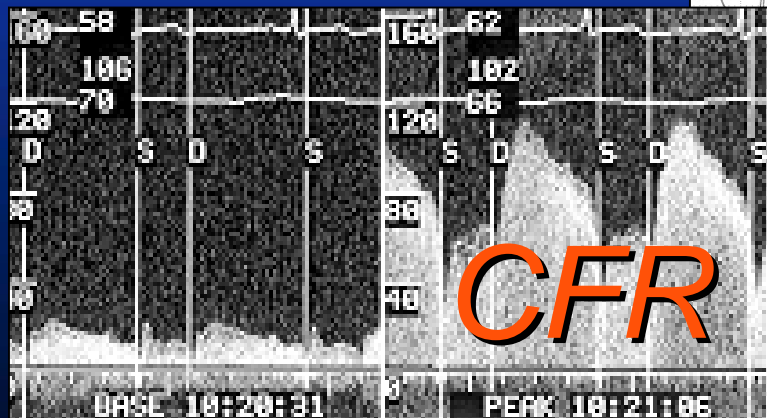
Types of Flow Reserve

- Coronary flow reserve (CFR)
- Relative coronary flow reserve (rCFR)
- Myocardial fractional flow reserve (FFR_{myo})

Doppler Velocity and Pressure Measurements

Physiologic Guidewire Technology

- Doppler guidewire
- Pressure guidewire



rCFR

Fractional Flow Reserve Concepts

Comparison of CVR and FFR_{myo}

	<i>Hemodynamic Independence</i>	<i>Independent of microcirculation abnormalities</i>	<i>Unequivocal normal values</i>	<i>Use in MVD</i>	<i>Assessment of collateral flow</i>
CVR	-	-	Range >2.0	+	+
rCVR	+	+	1.0	-	-
FFR_{myo}	+	+	1.0	+	+

Fractional Flow Reserve Concepts

Definition of FFR_{myo}

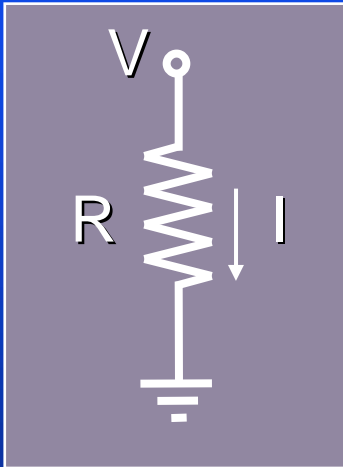
The amount of hyperemic flow that a vessel can supply when a stenosis is present

compared to

The amount of hyperemic flow that the vessel can supply without the stenosis

$$FFR_{myo} = \frac{\text{Hyperemic CBF}_{\text{Lesion}}}{\text{Hyperemic CBF}_{\text{No Lesion}}}$$

Fractional Flow Reserve Concepts



Ohm's Law

$$V = I \times R$$

Voltage = Current x Resistance

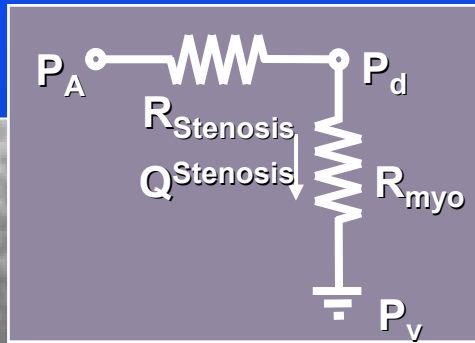
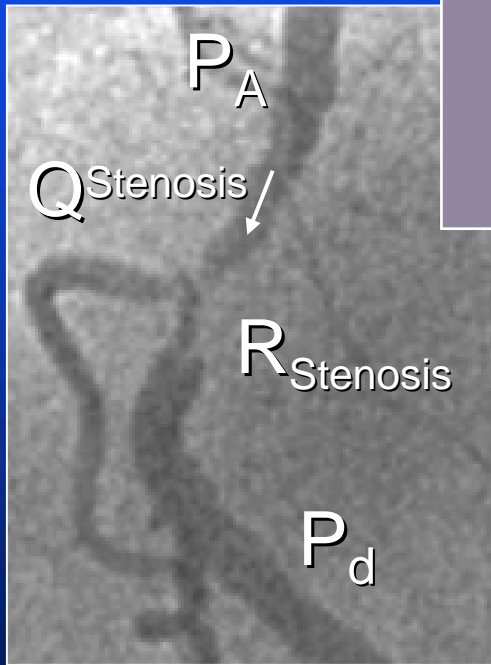


Hydraulic Equation

$$\Delta P = Q \times R$$

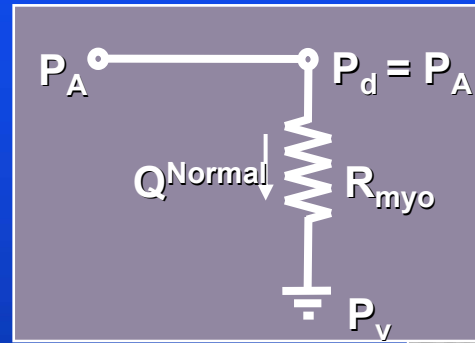
Pressure Gradient = Blood flow x Resistance

Fractional Flow Reserve Concepts



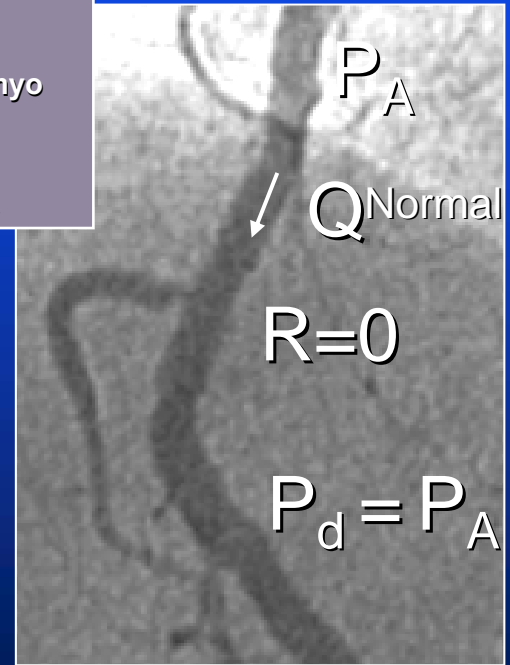
Myocardial blood flow during hyperemia with a stenosis

$$Q^{\text{Stenosis}} = (P_d - P_v) / R_{\text{myo}}$$

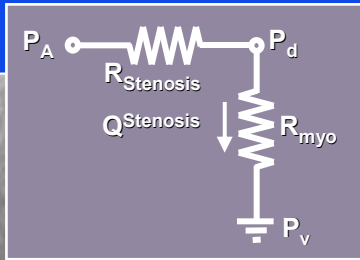
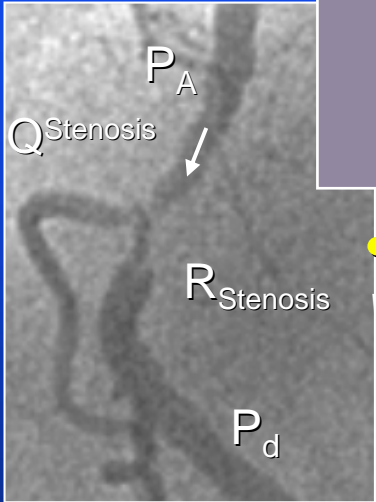


Myocardial blood flow during hyperemia without a stenosis

$$Q^{\text{Normal}} = (P_A - P_v) / R_{\text{myo}}$$

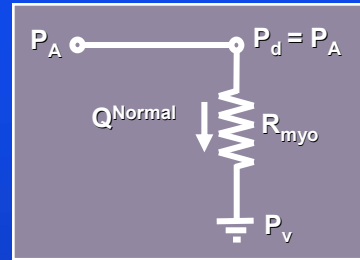


Fractional Flow Reserve Concepts



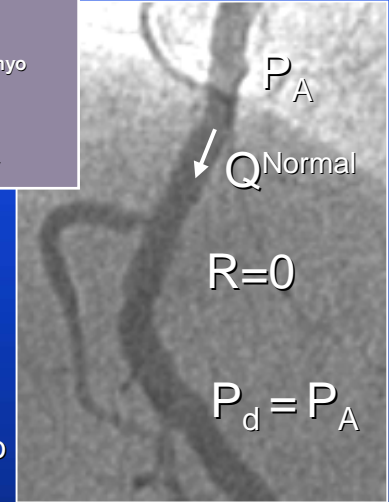
- **Hyperemic flow with a stenosis**

$$Q_{\text{Stenosis}} = (P_d - P_v) / R_{\text{myo}}$$



- **Hyperemic flow without a stenosis**

$$Q_{\text{Normal}} = (P_A - P_v) / R_{\text{myo}}$$



- **Myocardial Fractional Flow Reserve:**

$$FFR_{\text{myo}} = \frac{Q_{\text{Stenosis}}}{Q_{\text{Normal}}} = \frac{(P_d - P_v) / R_{\text{myo}}^{\text{Lesion}}}{(P_A - P_v) / R_{\text{myo}}^{\text{No Lesion}}} = \frac{P_d - P_v}{P_A - P_v}$$

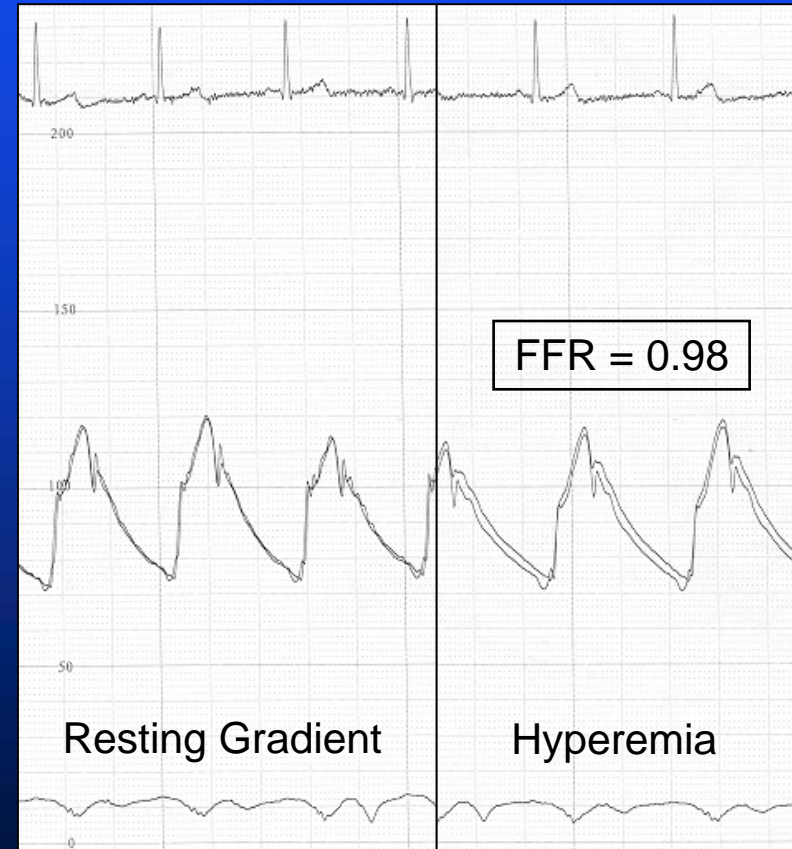
Fractional Flow Reserve Concepts

Assumptions

- *All measurements made at maximal hyperemia*
- *The microcirculation is maximally vasodilated and myocardial resistance (R_{myo}) is constant*
- *Venous pressure (right atrial) is small and can be ignored*

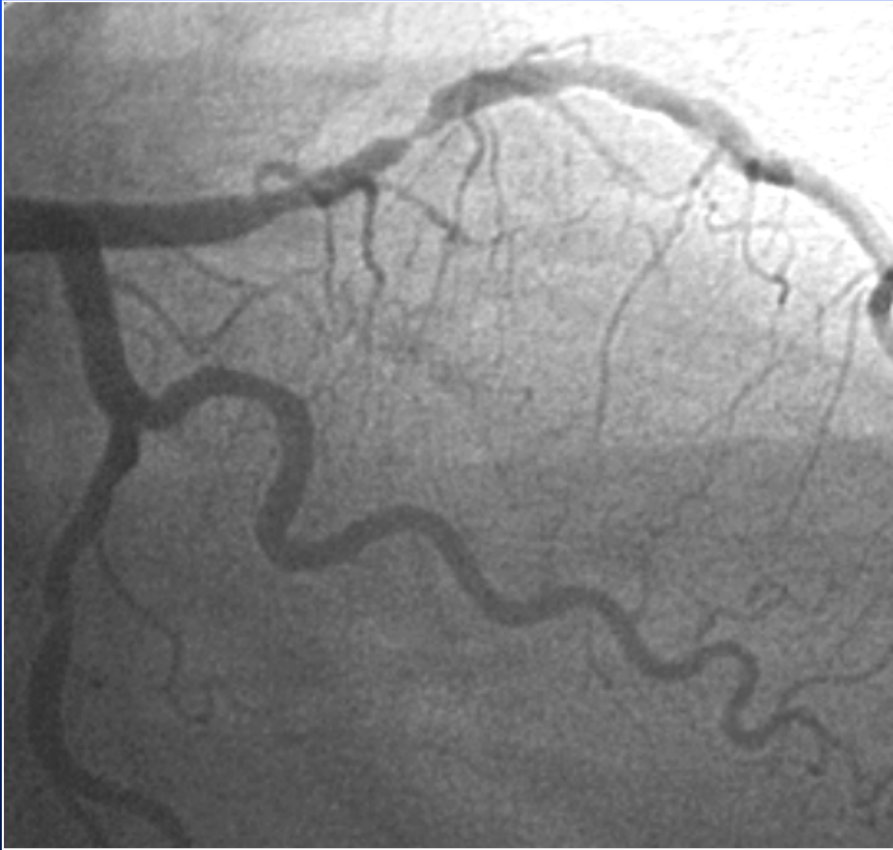
Fractional Flow Reserve Concepts

Normal FFR_{myo}



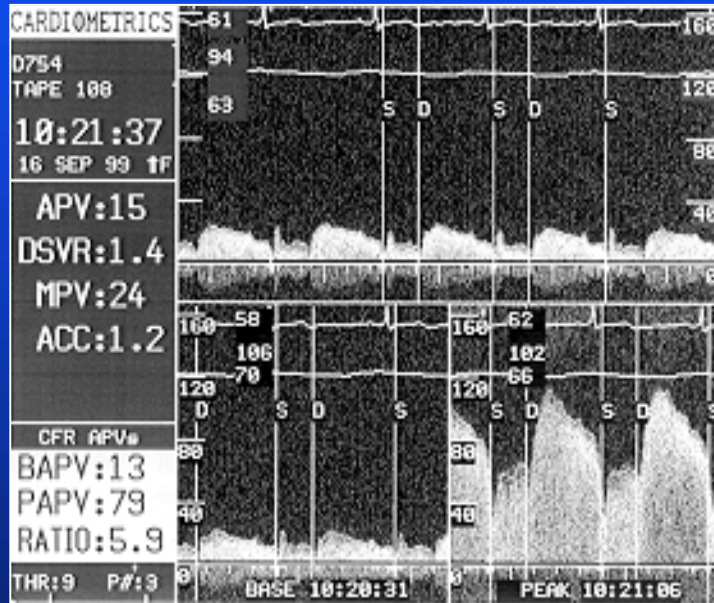
Fractional Flow Reserve Concepts

Abnormal FFR_{myo}



Coronary Velocity Reserve

Basic Concepts

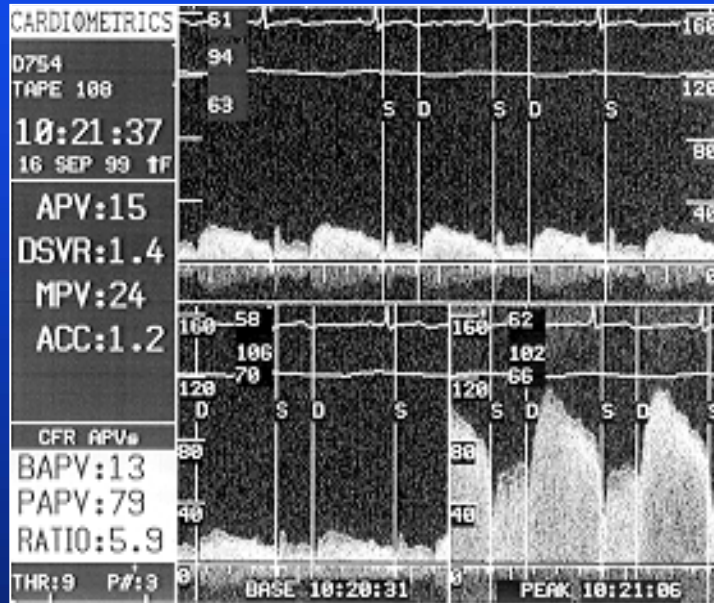


Coronary Velocity Flow Reserve:

$$CVR = \frac{Q_{Hyperemia}}{Q_{Basal}} = \frac{k_{Hyperemia} \times Area_{Hyperemia} \times APV_{Hyperemia}}{k_{Basal} \times Area_{Basal} \times APV_{Basal}}$$

Coronary Velocity Reserve

Basic Concepts



Coronary Velocity Flow Reserve:

$$CVR = \frac{Q_{Hyperemia}}{Q_{Basal}} = \frac{0.5 \times (\pi/4) (D_{Hyperemia})^2 \times APV_{Hyperemia}}{0.5 \times (\pi/4) (D_{Basal})^2 \times APV_{Basal}} = \frac{APV_{Hyperemia}}{APV_{Basal}}$$

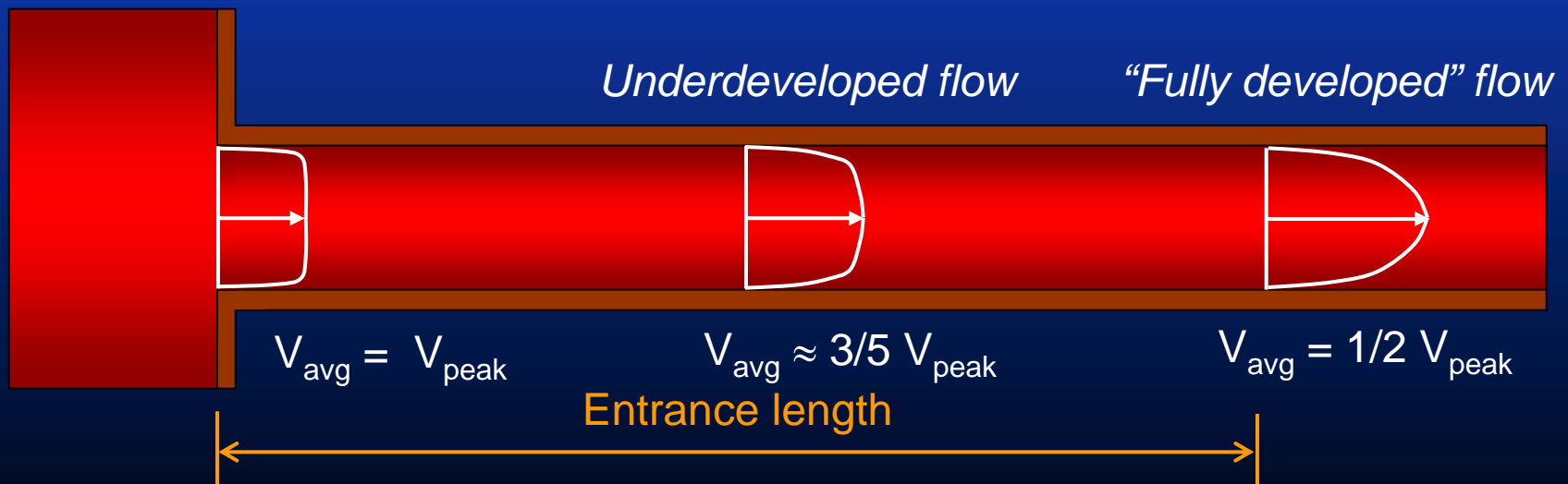
Doppler-derived CVR

Correlative Studies

Author	n	Ischemic Test	CVR	Sensitivity %	Specificity %	Accuracy %
Miller	33	Adeno/dip	<2.0	82	100	89
Joye	30	MIBI Ex-TI ²⁰¹	<2.0	94	95	94
Deychack	17	Ex-TI ²⁰¹	<1.8	94	94	96
Heller	100	Ex-TI ²⁰¹	<1.8	89	92	92
Danzi	30	Dip-echo	<2.0	91	84	87
Schulman	35	Exercise ECG	<2.0	95	71	86

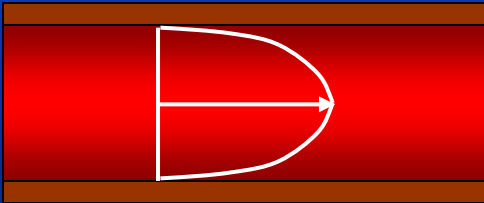
Limitations of Doppler CVR

- Velocity profile
 - Parabolic vs. non-parabolic
 - Entrance length effects
 - Varying flow area

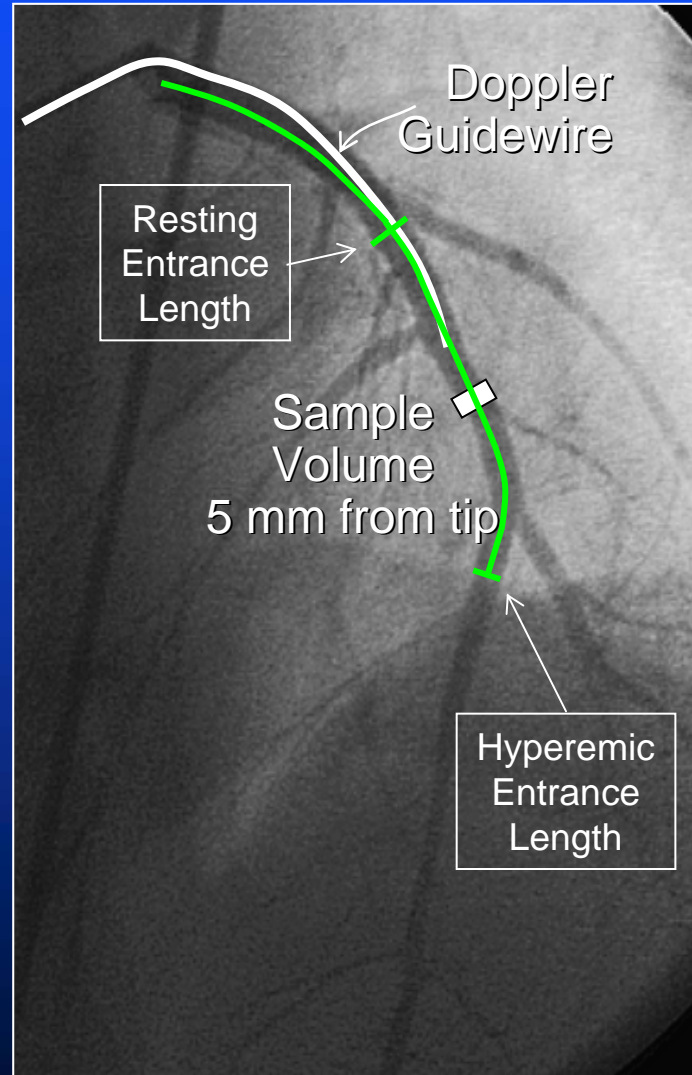


Resting Flow

"Fully developed" flow

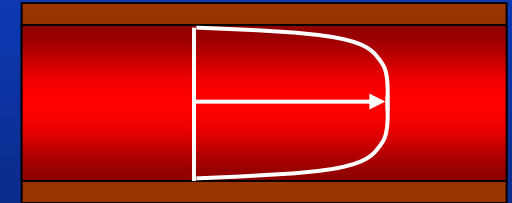


$$V_{\text{avg}} = 1/2 V_{\text{peak}}$$



Hyperemic Flow

Underdeveloped flow



$$V_{\text{avg}} = 4/5 V_{\text{peak}}$$

Limitations of Doppler CFR and FFR

Doppler CFR

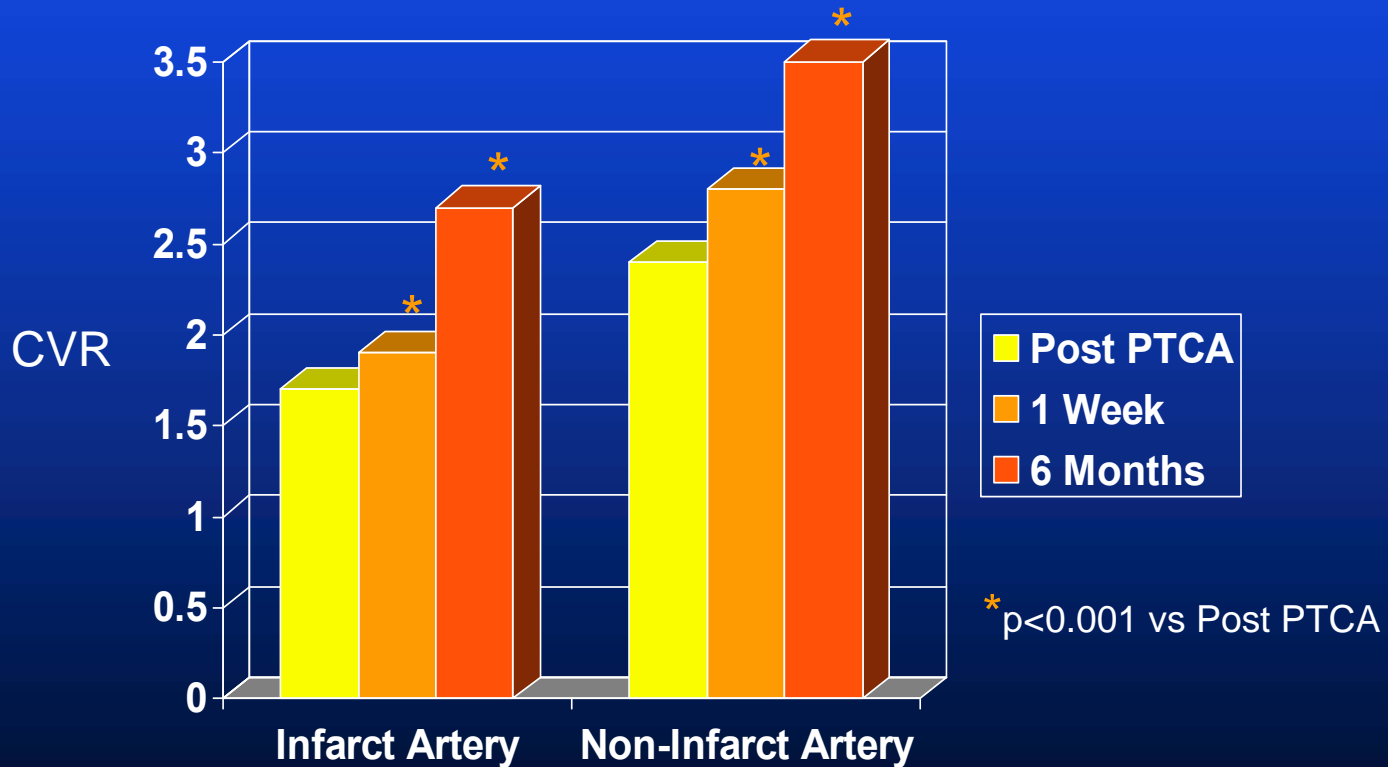
- Velocity profile
 - Parabolic vs. non-parabolic
 - Entrance length effects
 - Varying flow area
- Technical problems
 - Poor signal
- Microcirculatory disease
 - Regional heterogeneity
 - Temporal heterogeneity

Pressure-derived FFR

- Right heart failure
- Tandem, or serial, lesions
- Technical problems
 - Pressure drift
 - Guide-catheter damping
- Microcirculatory disease
 - Regional heterogeneity
 - Temporal heterogeneity

Temporal Heterogeneity in Flow *Post Myocardial Infarction*

57 patients, primary PTCA for anterior MI



MEASUREMENT OF FRACTIONAL FLOW RESERVE TO ASSESS THE FUNCTIONAL SEVERITY OF CORONARY-ARTERY STENOSES

NICO H.J. PIJLS, M.D., PH.D., BERNARD DE BRUYNE, M.D., KATHINKA PEELS, M.D.,
PEPIJN H. VAN DER VOORT, M.D., HANS J.R.M. BONNIER, M.D., PH.D., JOZEF BARTUNEK, M.D.,
AND JACQUES J. KOOLEN, M.D., PH.D.

Abstract Background. The clinical significance of coronary-artery stenoses of moderate severity can be difficult to determine. Myocardial fractional flow reserve (FFR) is a new index of the functional severity of coronary stenoses that is calculated from pressure measurements made during coronary arteriography. We compared this index with the results of noninvasive tests commonly used to detect myocardial ischemia, to determine the usefulness of the index.

Methods. In 45 consecutive patients with moderate coronary stenosis and chest pain of uncertain origin, we performed bicycle exercise testing, thallium scintigraphy, stress echocardiography with dobutamine, and quantitative coronary arteriography and compared the results with measurements of FFR.

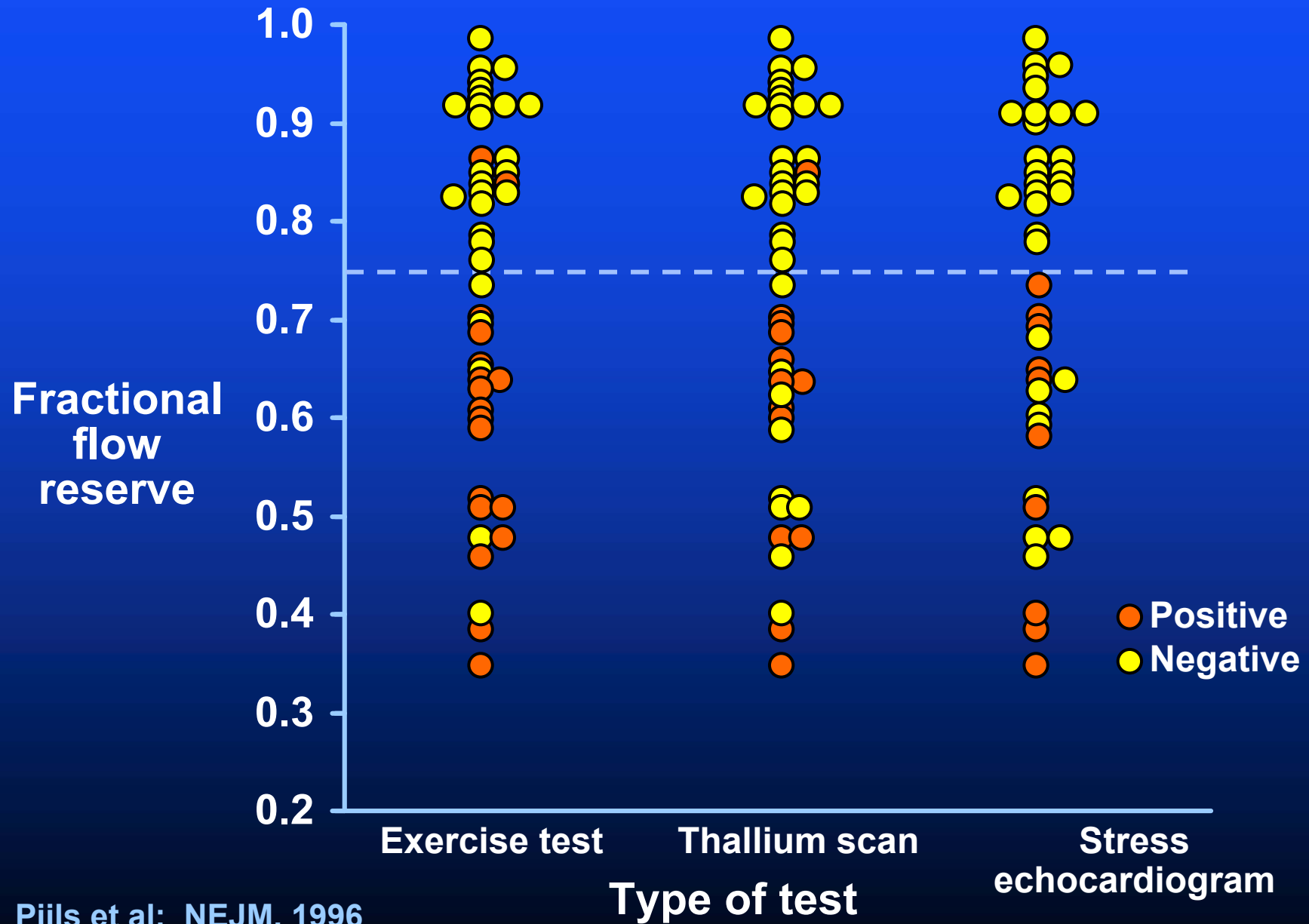
Results. In all 21 patients with an FFR of less than 0.75, reversible myocardial ischemia was demonstrated

unequivocally on at least one noninvasive test. After coronary angioplasty or bypass surgery was performed, all the positive test results reverted to normal. In contrast, 21 of the 24 patients with an FFR of 0.75 or higher tested negative for reversible myocardial ischemia on all the noninvasive tests. No revascularization procedures were performed in these patients, and none were required during 14 months of follow-up. The sensitivity of FFR in the identification of reversible ischemia was 88 percent, the specificity 100 percent, the positive predictive value 100 percent, the negative predictive value 88 percent, and the accuracy 93 percent.

Conclusions. In patients with coronary stenosis of moderate severity, FFR appears to be a useful index of the functional severity of the stenoses and the need for coronary revascularization. (N Engl J Med 1996;334:1703-8.)

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Relation Between Myocardial FFR and the Noninvasive Tests



Fractional Flow Reserve Concepts

Correlative Studies

Author	n	Ischemic Test	FFR_{mvo}	Sensitivity %	Specificity %	Accuracy %
Pijls	45	4 test standard	<0.75	88	100	93
De Bruyne	60	Exercise ECG	<0.72	100	87	-
Bartunek	37	Dobu/exer ECG	<0.68	95	94	-
Abe	46	Thallium	<0.76	96	100	96
Chamuleau	152	MIBI	<0.75	-	-	80

Results of Previous Validation Studies for Intracoronary-Derived CFVR, FFR amd rCFVR vs the Results of Noninvasive Stress Testing

Author	Year	Patients (no.)	Noninvasive stress test	Reported cut-off value
CFVR				
Miller et al	1994	33	SPECT	2.0
Joye et al	1994	30	SPECT	2.0
Deychak et al	1995	17	SPECT	1.8
Heller et al	1997	55	SPECT	1.7
Danzi et al	1998	30	Stress Echo	2.0
Verberne et al	1999	37	SPECT	1.9
FFR				
Pijls et al	1995	60	Exc-ECG	0.74
De Bruyne et al	1995	60	Exc-ECG	0.72
Pijls et al	1996	45	Exc-ECG, SPECT and stress Echo	0.75
Bartunek et al	1997	37	Stress Echo	0.68
rCFVR				
Verberne et al	1999	37	SPECT	0.65

Chamuleau et al: JACC, 2001

Abnormal Epicardial Coronary Resistance in Patients With Diffuse Atherosclerosis but “Normal” Coronary Angiography

Bernard De Bruyne, MD, PhD; Ferry Hersbach, MD; Nico H.J. Pijls, MD, PhD; Jozef Bartunek, MD, PhD; Jan-Willem Bech, MD; Guy R. Heyndrickx, MD, PhD; K. Lance Gould, MD; William Wijns, MD, PhD

Background—Coronary arteries without focal stenosis at angiography are generally considered non-flow-limiting. However, atherosclerosis is a diffuse process that often remains invisible at angiography. Accordingly, we hypothesized that in patients with coronary artery disease, nonstenotic coronary arteries induce a decrease in pressure along their length due to diffuse coronary atherosclerosis.

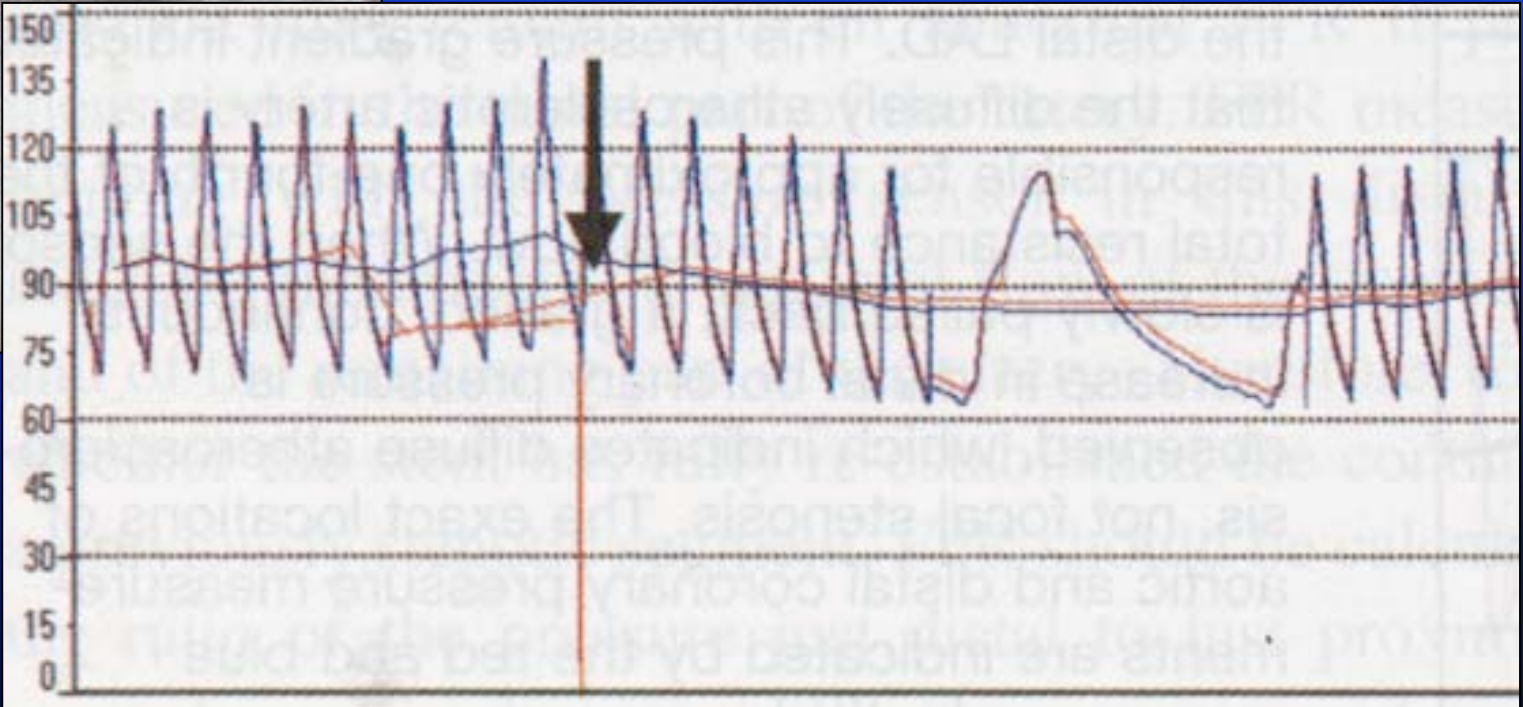
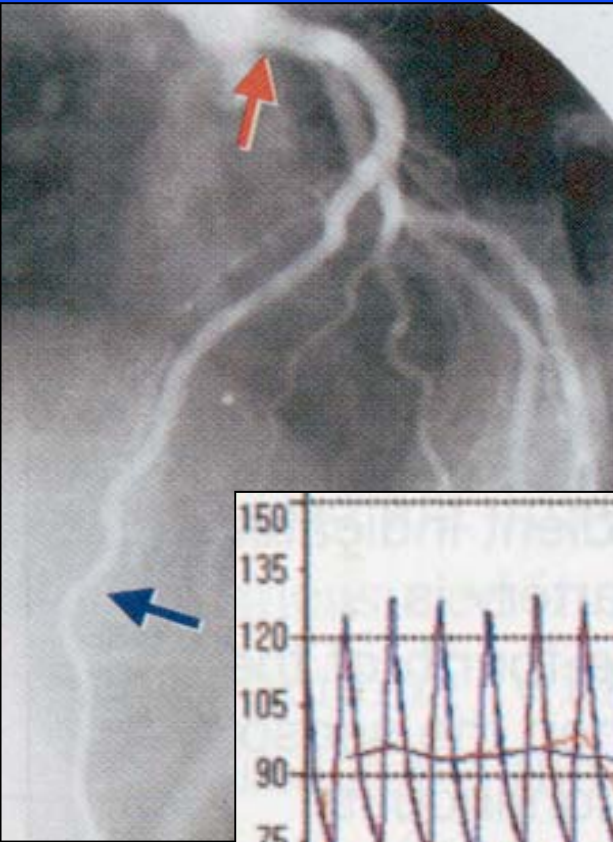
Methods and Results—Coronary pressure and fractional flow reserve (FFR), as indices of coronary conductance, were obtained from 37 arteries in 10 individuals without atherosclerosis (group I) and from 106 nonstenotic arteries in 62 patients with arteriographic stenoses in another coronary artery (group II). In group I, the pressure gradient between aorta and distal coronary artery was minimal at rest (1 ± 1 mm Hg) and during maximal hyperemia (3 ± 3 mm Hg). Corresponding values were significantly larger in group II (5 ± 4 mm Hg and 10 ± 8 mm Hg, respectively; both $P < 0.001$). The FFR was near unity (0.97 ± 0.02 ; range, 0.92 to 1) in group I, indicating no resistance to flow in truly normal coronary arteries, but it was significantly lower (0.89 ± 0.08 ; range, 0.69 to 1) in group II, indicating a higher resistance to flow. In 57% of arteries in group II, FFR was lower than the lowest value in group I. In 8% of arteries in group II, FFR was < 0.75 , the threshold for inducible ischemia.

Conclusion—Diffuse coronary atherosclerosis without focal stenosis at angiography causes a graded, continuous pressure fall along arterial length. This resistance to flow contributes to myocardial ischemia and has consequences for decision-making during percutaneous coronary interventions. (*Circulation*. 2001;104:2401-2406.)

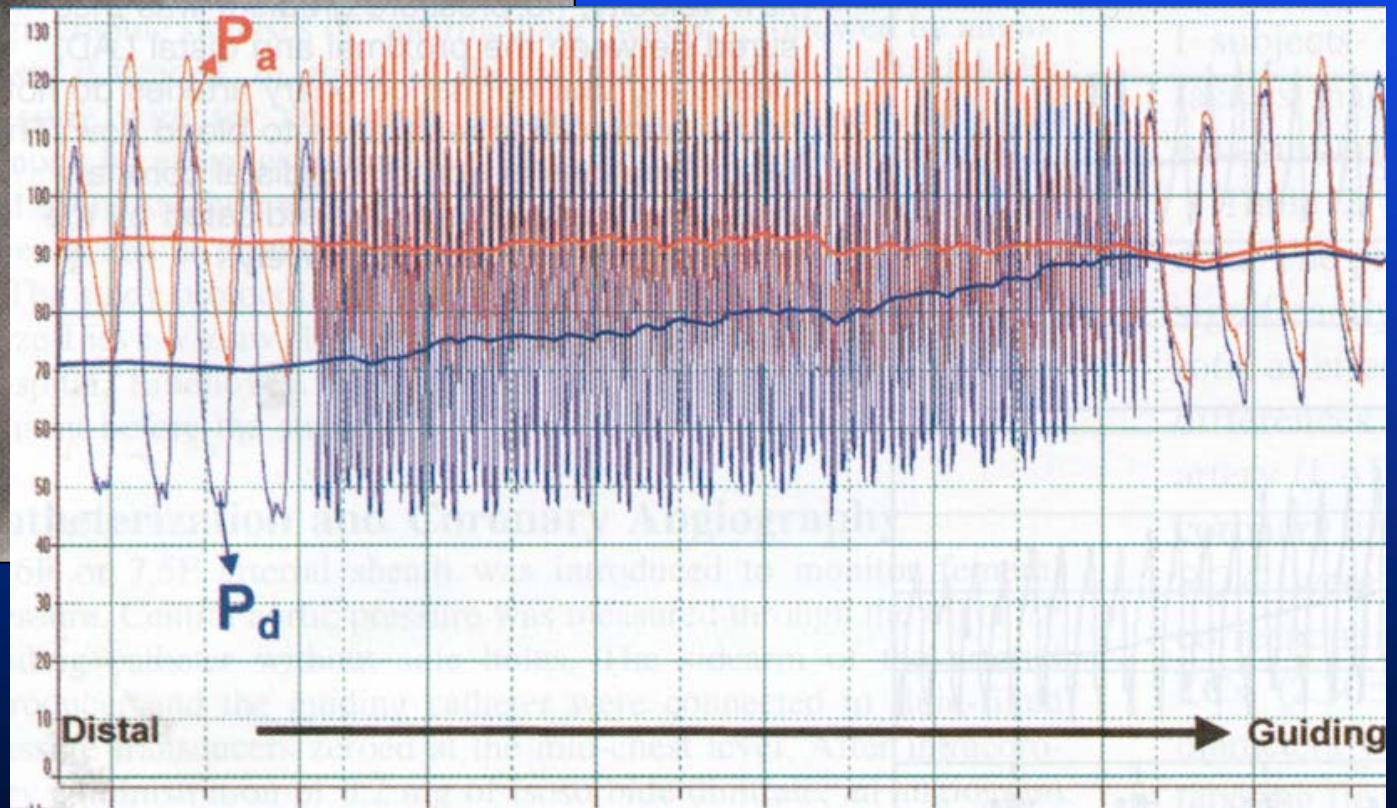
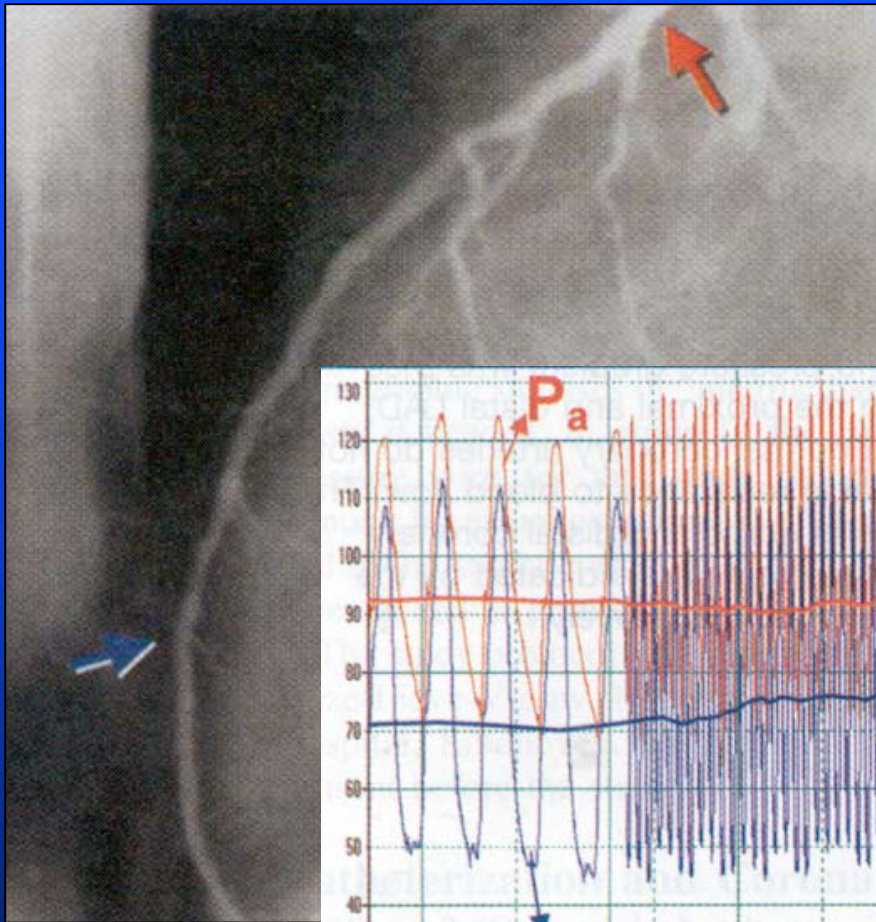
Key Words: blood flow ■ pressure ■ coronary disease ■ atherosclerosis ■ angina ■ ischemia

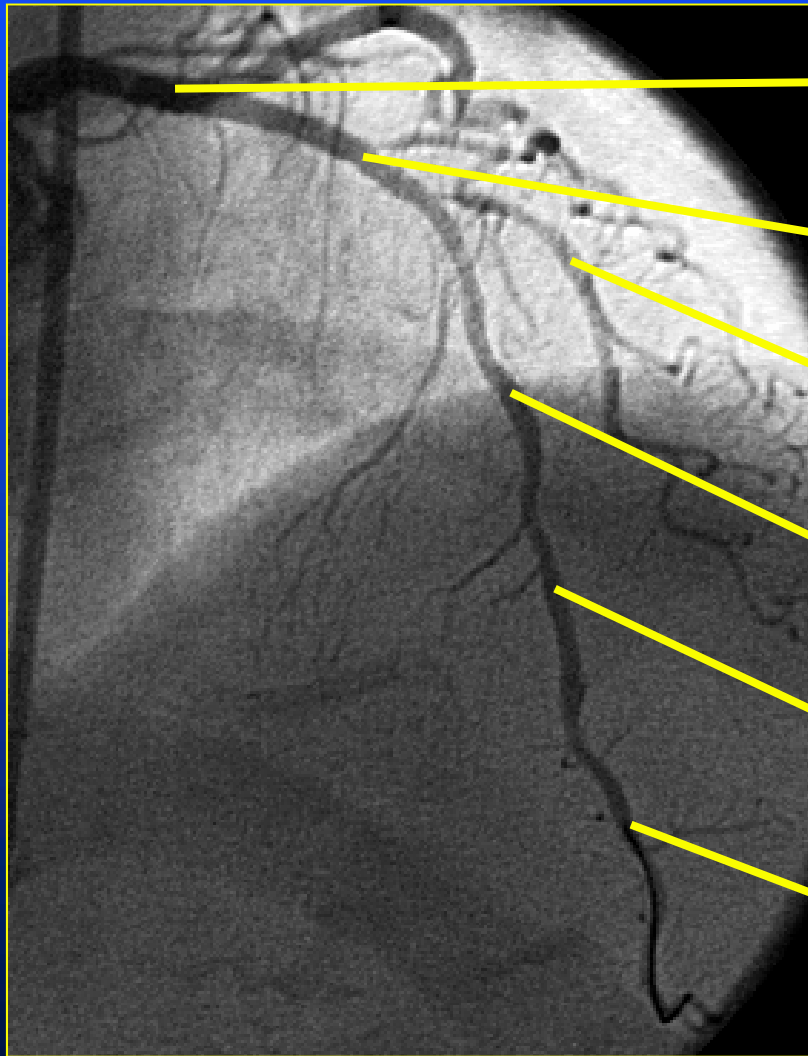
Pullback record

Normal Coronaries



Diffuse Disease





FFR 0.94

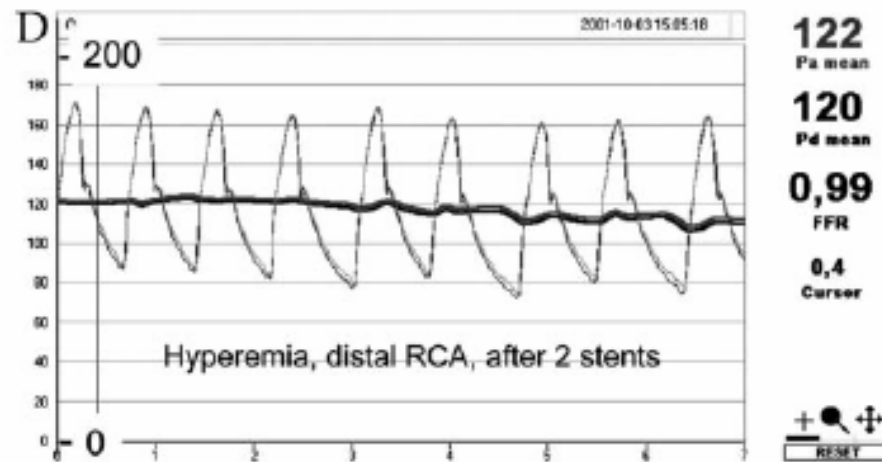
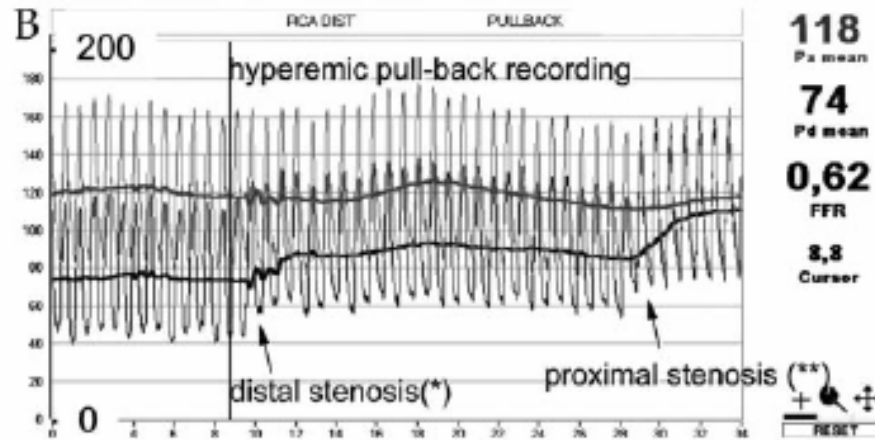
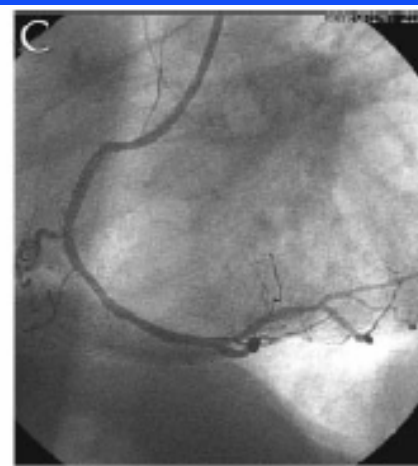
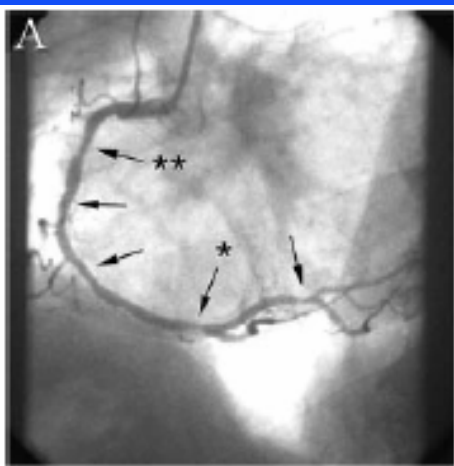
FFR 0.90

FFR 0.74

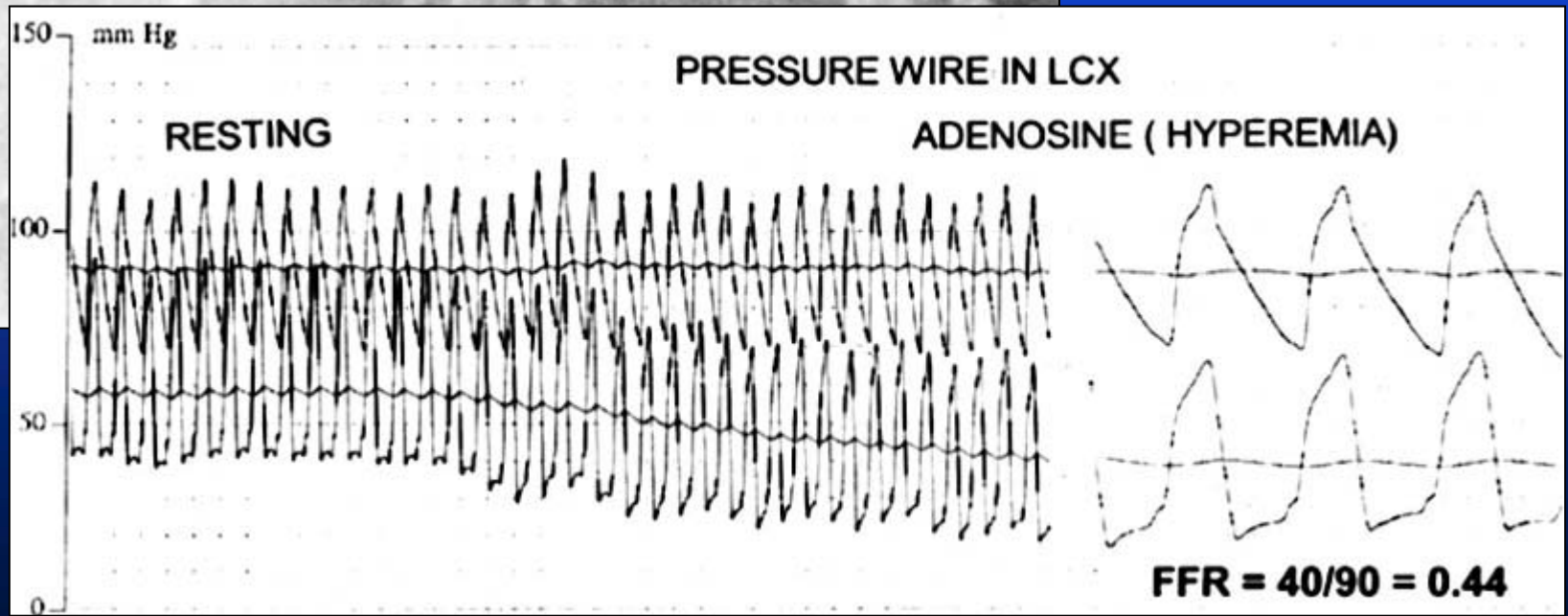
FFR 0.82

FFR 0.78

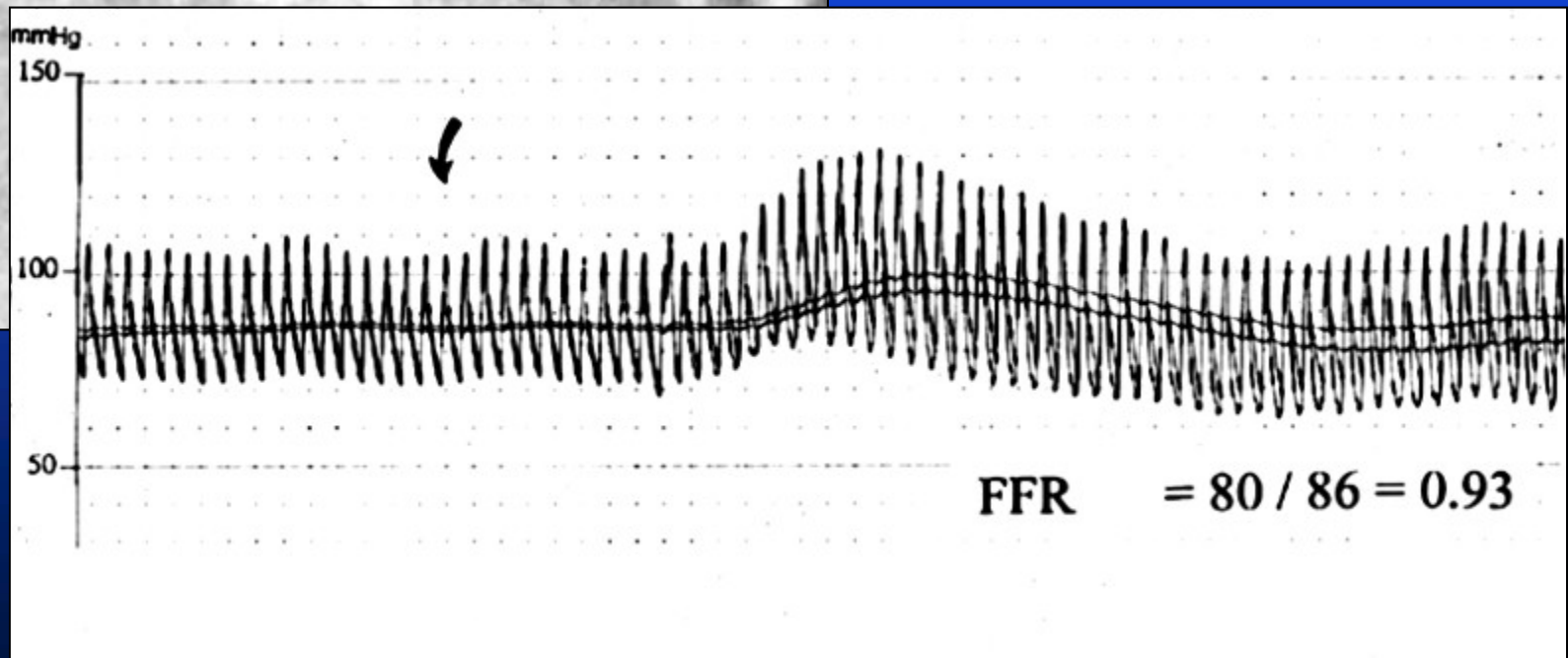
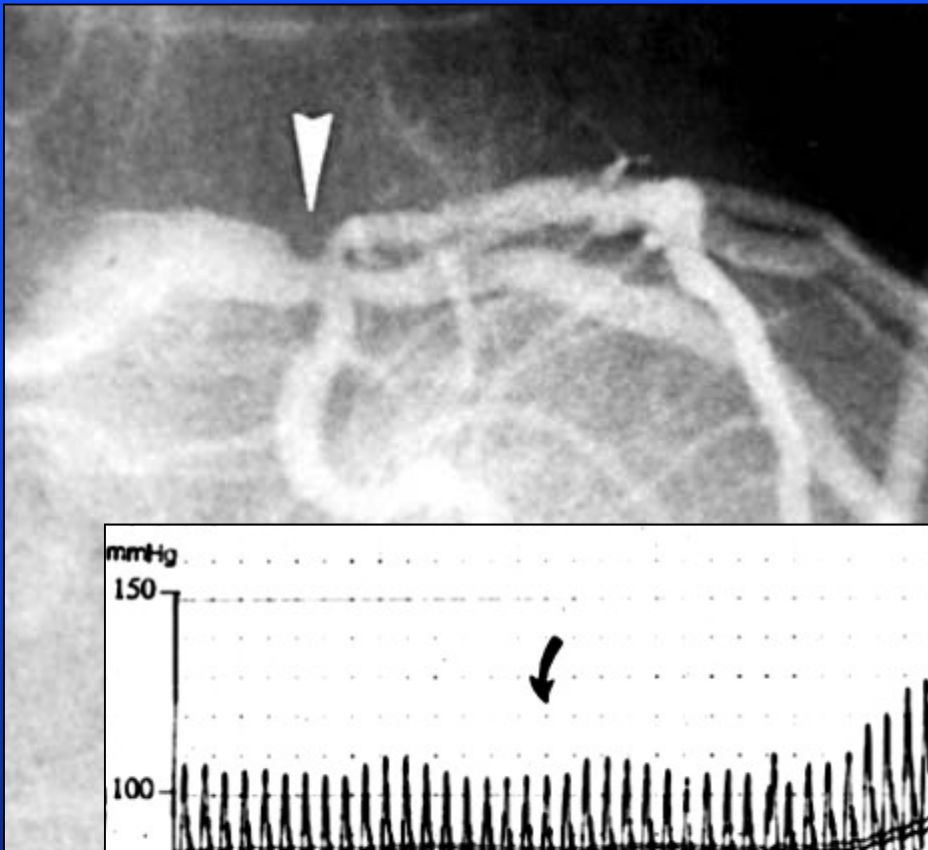
FFR 0.75



Equivocal Left Main Disease

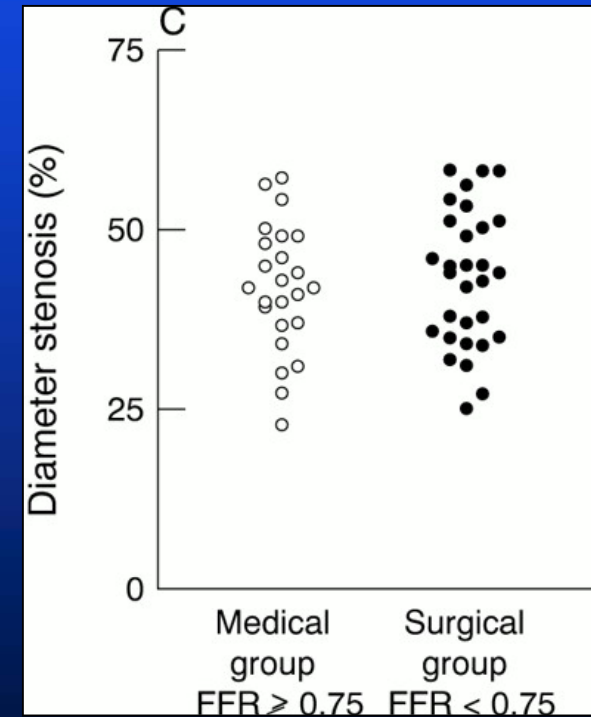
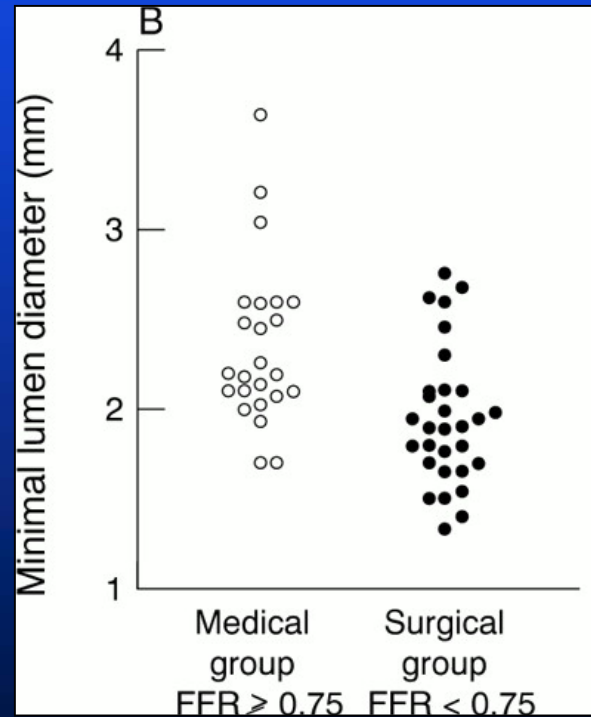
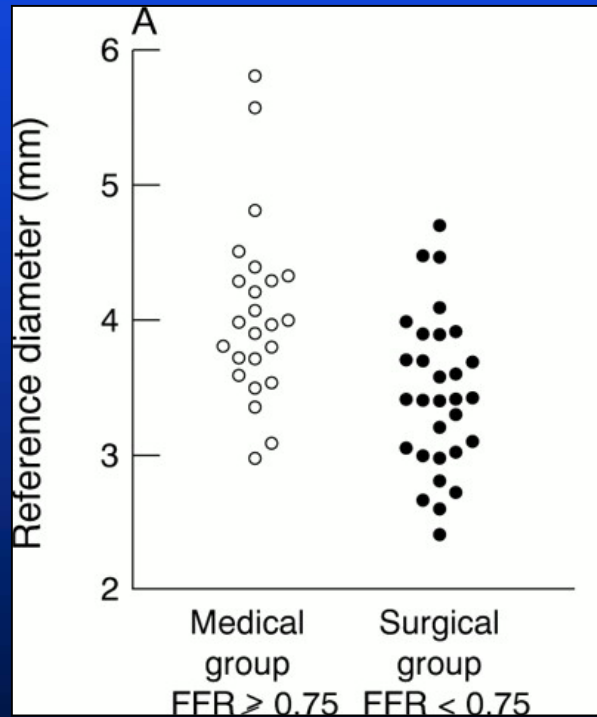


*Equivocal
Left Main
Disease*

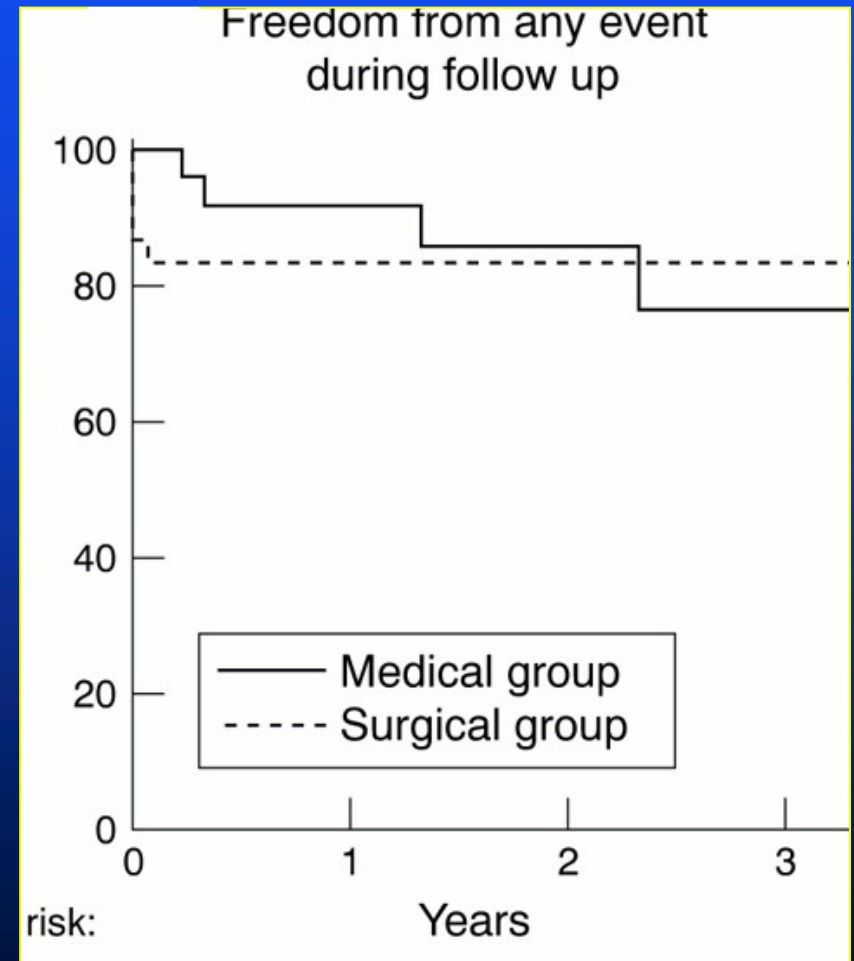
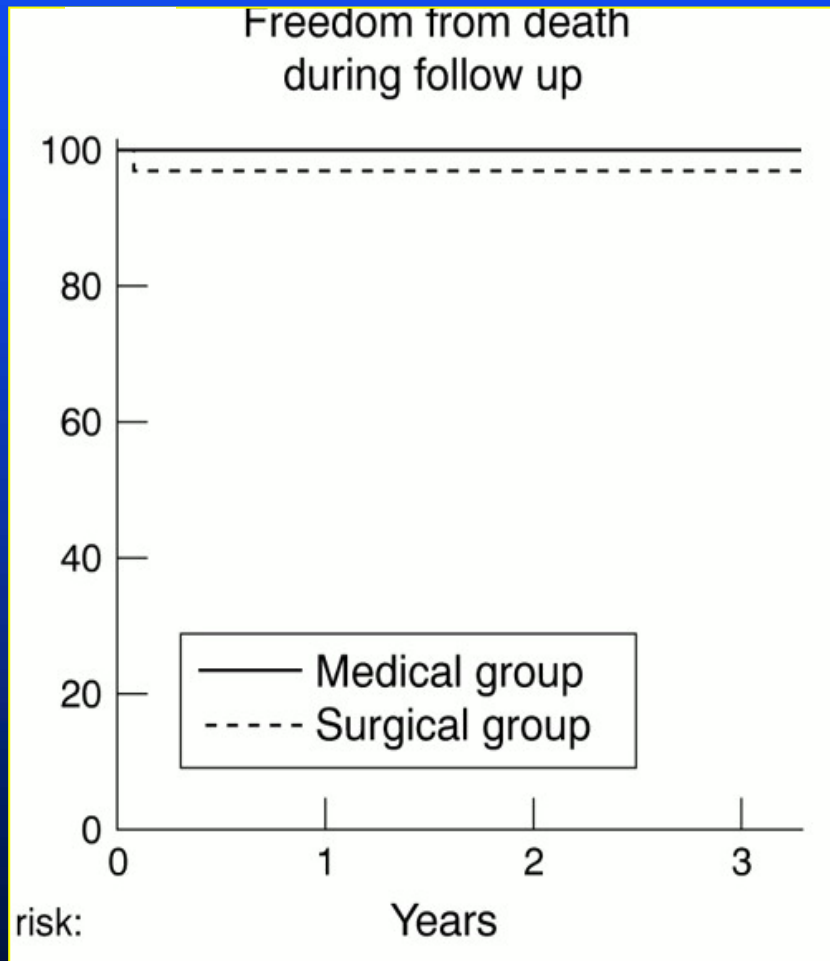


FFR_{myo} and Equivocal Left Main Disease

- 54 Consecutive patients with angiographically equivocal left main disease



FFR_{myo} and Equivocal Left Main Disease



Usefulness of Fractional Flow Reserve to Predict Clinical Outcome After Balloon Angioplasty

G. Jan Willem Bech, MD; Nico H.J. Pijls, MD, PhD; Bernard De Bruyne, MD, PhD;
Kathinka H. Peels, MD; H. Rolf Michels, MD;
Hans J.R.M. Bonnier, MD, PhD; Jacques J. Koolen, MD, PhD

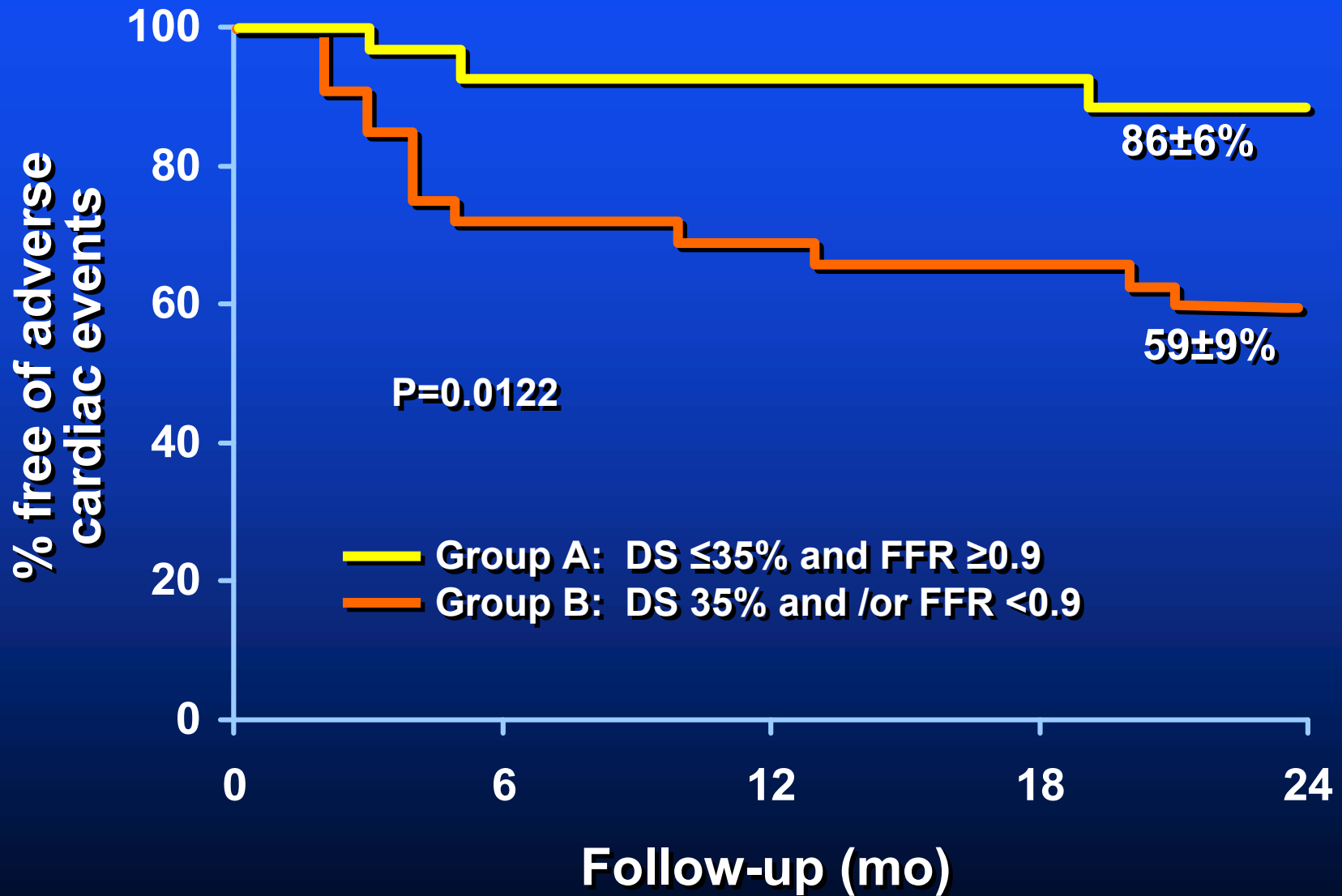
Background—After regular coronary balloon angioplasty, it would be helpful to identify those patients who have a low cardiac event rate. Coronary angiography alone is not sensitive enough for that purpose, but it has been suggested that the combination of optimal angiographic and optimal functional results indicates a low restenosis chance. Pressure-derived myocardial fractional flow reserve (FFR) is an index of the functional severity of the residual epicardial lesion and could be useful for that purpose.

Methods and Results—In 60 consecutive patients with single-vessel disease, balloon angioplasty was performed by use of a pressure instead of a regular guide wire. Both quantitative coronary angiography (QCA) and measurement of FFR were performed 15 minutes after the procedure. A successful angioplasty result, defined as a residual diameter stenosis (DS) <50%, was achieved in 58 patients. In these patients, DS and FFR, measured 15 minutes after PTCA, were analyzed in relation to clinical outcome. In those 26 patients with both optimal angiographic (residual DS by QCA $\leq 35\%$) and optimal functional (FFR ≥ 0.90) results, event-free survival rates at 6, 12, and 24 months were $92 \pm 5\%$, $92 \pm 5\%$, and $88 \pm 6\%$, respectively, versus $72 \pm 8\%$, $69 \pm 8\%$, and $59 \pm 9\%$, respectively, in the remaining 32 patients in whom the angiographic or functional result or both were suboptimal ($P=0.047$, $P=0.028$, and $P=0.014$, respectively).

Conclusions—In patients with a residual DS $\leq 35\%$ and FFR ≥ 0.90 , clinical outcome up to 2 years is excellent. Therefore, there is a complementary value of coronary angiography and coronary pressure measurement in the evaluation of PTCA result. (*Circulation*. 1999;99:883-888.)

Key Words: pressure ■ balloon ■ angioplasty ■ blood flow ■ prognosis

Event-Free Survival Curve



Fractional Flow Reserve to Determine the Appropriateness of Angioplasty in Moderate Coronary Stenosis

A Randomized Trial

G. Jan Willem Bech, MD; Bernard De Bruyne, MD, PhD; Nico H.J. Pijls, MD, PhD; Ebo D. de Muinck, MD, PhD; Jan C.A. Hoorntje, MD, PhD; Javier Escaned, MD, PhD; Pieter R. Stella, MD; Eric Boersma, MSc, PhD; Jozef Bartunek, MD, PhD; Jacques J. Koolen, MD, PhD; William Wijns, MD, PhD

Background—PTCA of a coronary stenosis without documented ischemia at noninvasive stress testing is often performed, but its benefit is unproven. Coronary pressure-derived fractional flow reserve (FFR) is an invasive index of stenosis severity that is a reliable substitute for noninvasive stress testing. A value of 0.75 identifies stenoses with hemodynamic significance.

Methods and Results—In 325 patients for whom PTCA was planned and who did not have documented ischemia, FFR of the stenosis was measured. If FFR was >0.75 , patients were randomly assigned to deferral (deferral group; $n=91$) or performance (performance group; $n=90$) of PTCA. If FFR was <0.75 , PTCA was performed as planned (reference group; $n=144$). Clinical follow-up was obtained at 1, 3, 6, 12, and 24 months. Event-free survival was similar between the deferral and performance groups (92% versus 89% at 12 months and 89% versus 83% at 24 months) but was significantly lower in the reference group (80% at 12 months and 78% at 24 months). In addition, the percentage of patients free from angina was similar between the deferral and performance groups (49% versus 50% at 12 months and 70% versus 51% at 24 months) but was significantly higher in the reference group (67% at 12 and 80% at 24 months).

Conclusions—In patients with a coronary stenosis without evidence of ischemia, coronary pressure-derived FFR identifies those who will benefit from PTCA. (*Circulation*. 2001;103:2928-2934.)

Key Words: coronary disease ■ angioplasty ■ pressure ■ blood flow

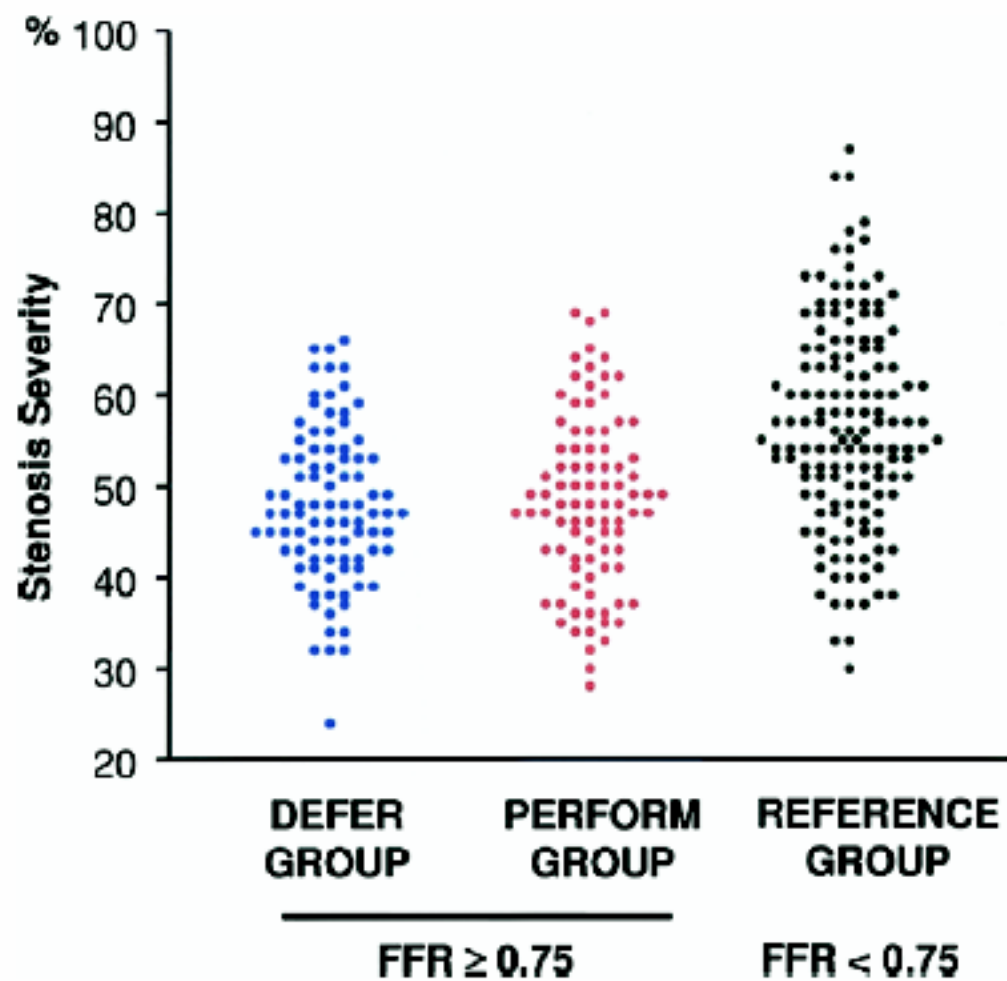


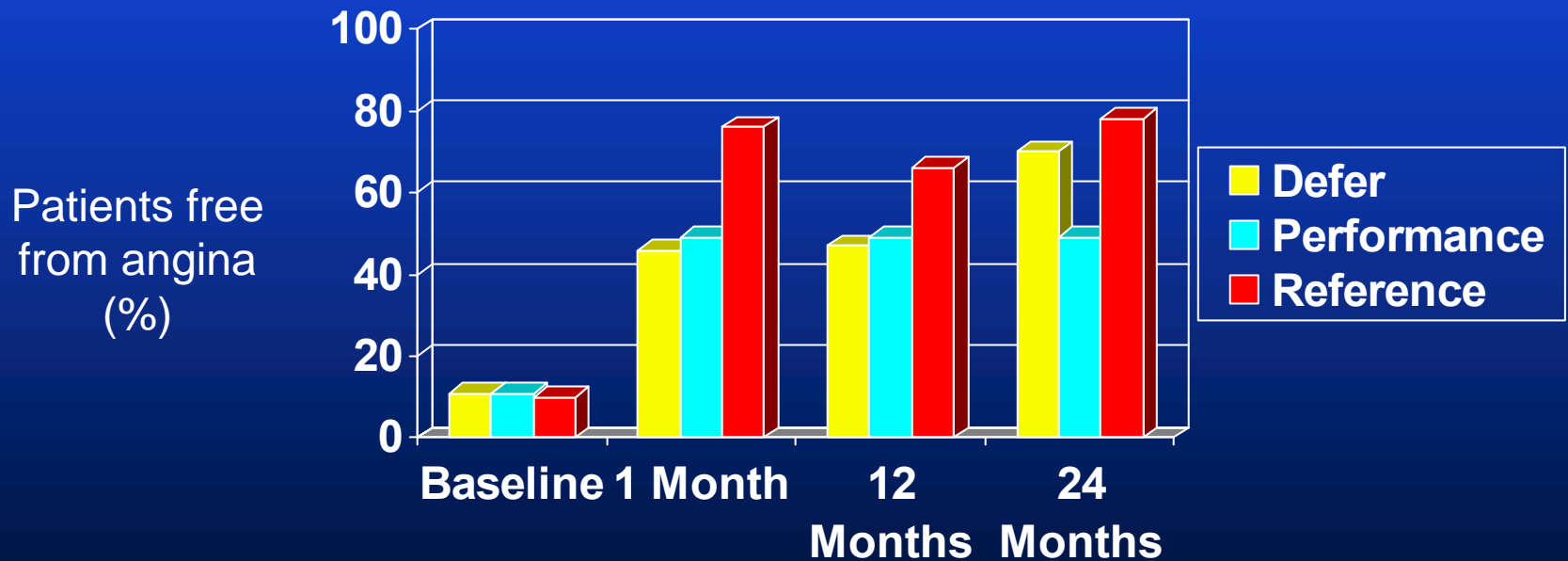
Figure 2

Stenosis Severity at Baseline Assessed by Quantitative Coronary Angiography in the 3 Groups

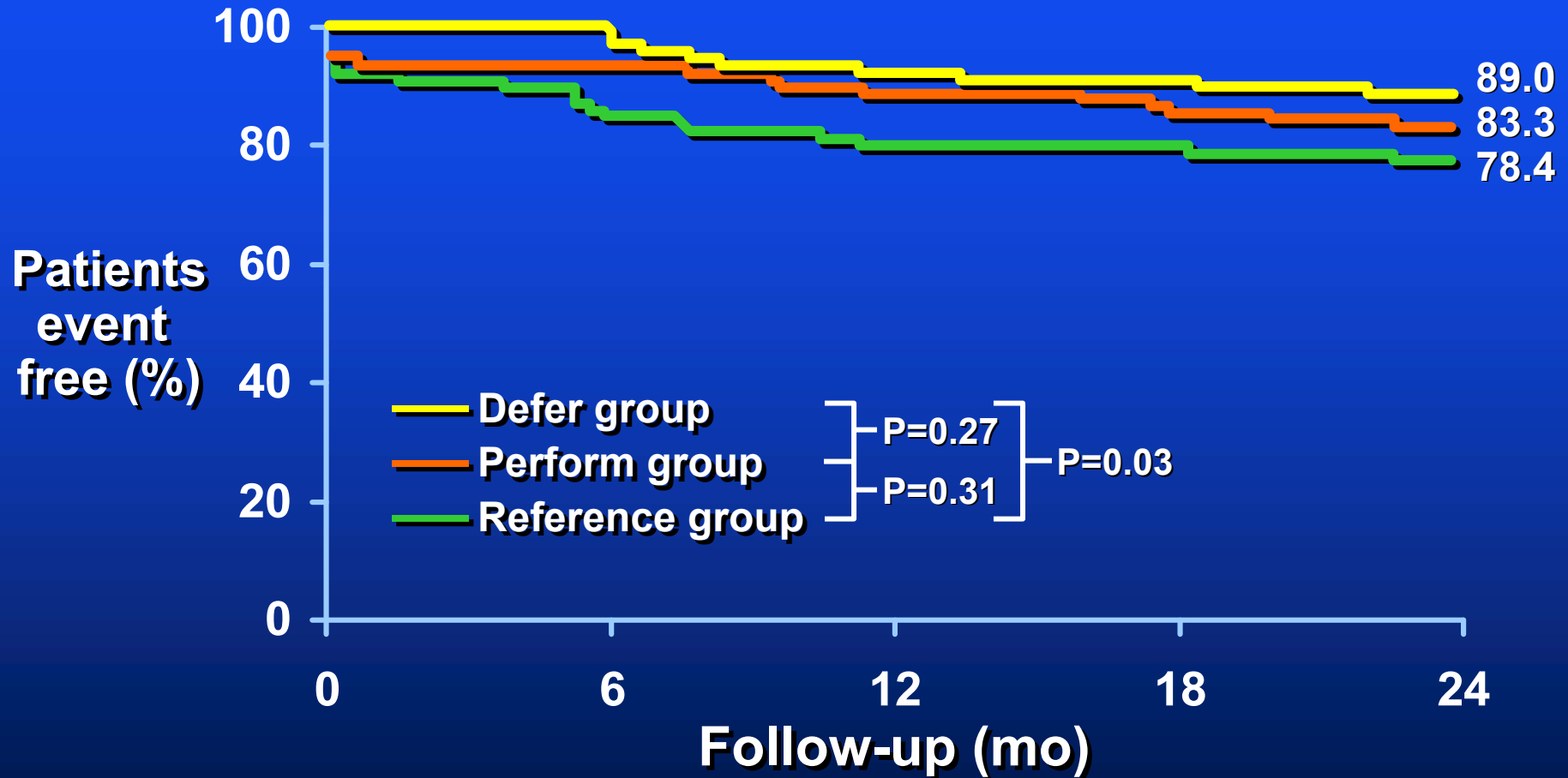
Abbreviations as in Figure 1.

Deferral of PTCA Based on FFR

- 325 patients referred for PTCA without documented ischemia
- If FFR >0.75, randomized to Defer (91) or Performance (90) groups
- If FFR <0.75, PTCA performed, Reference group (144)



Kaplan-Meier Survival Curves for Freedom from Adverse Cardiac Events During 24 Months of Follow-Up for 3 Groups



Follow-up (mo)	0	6	12	18	24
Defer group	91	91	85	82	80
Perform group	90	84	80	78	75
Reference group	144	123	116	106	106

Percutaneous Coronary Intervention of Functionally Nonsignificant Stenosis

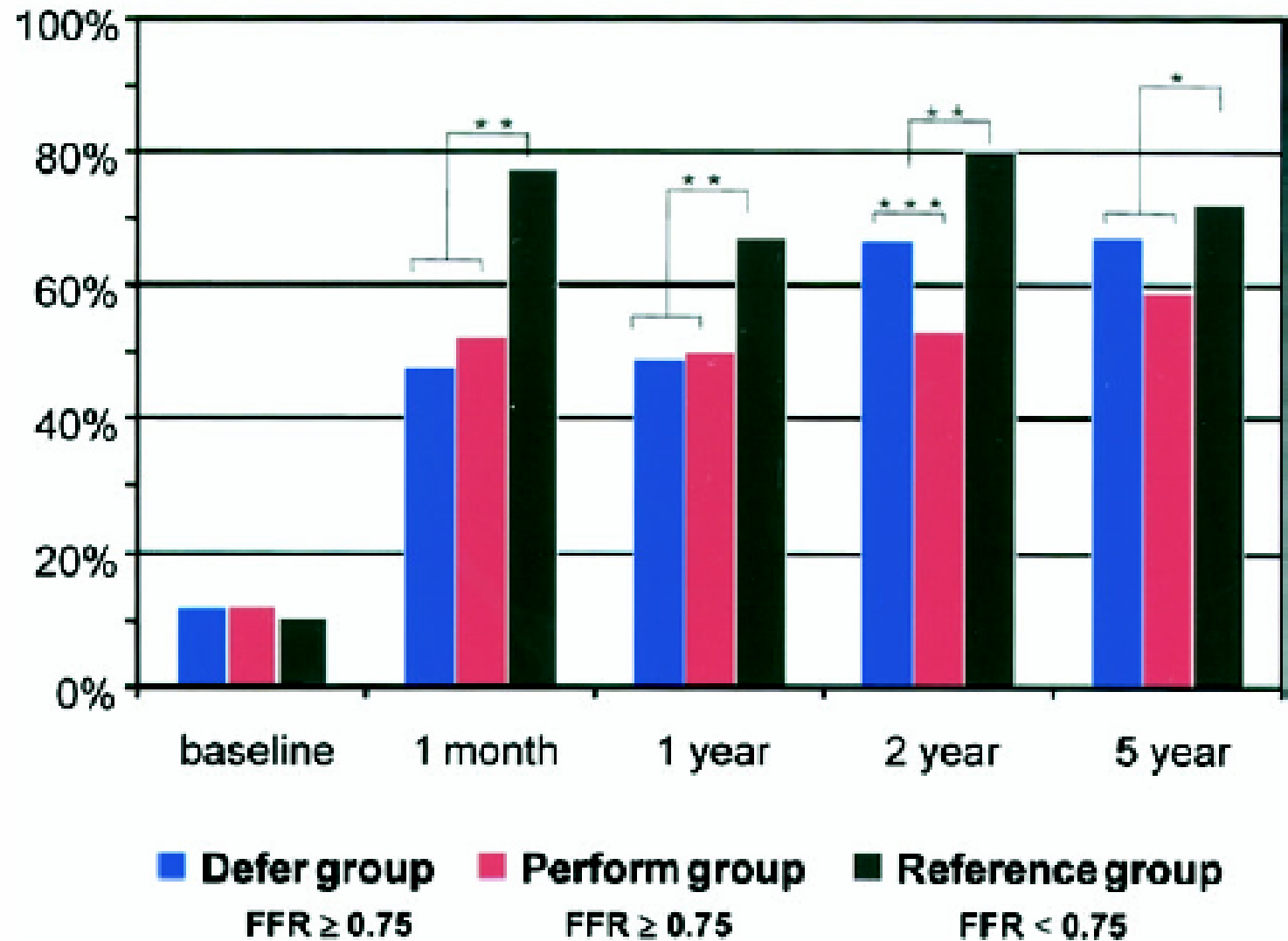
5-Year Follow-Up of the DEFER Study

Nico H. J. Pijls, MD, PhD,* Pepijn van Schaardenburgh, MD,* Ganesh Manoharan, MD,†
Eric Boersma, PhD,‡ Jan-Willem Bech, MD, PhD,* Marcel van't Veer, MSc,* Frits Bär, MD, PhD,§
Jan Hoorntje, MD, PhD,|| Jacques Koolen, MD, PhD,* William Wijns, MD, PhD,†
Bernard de Bruyne, MD, PhD†

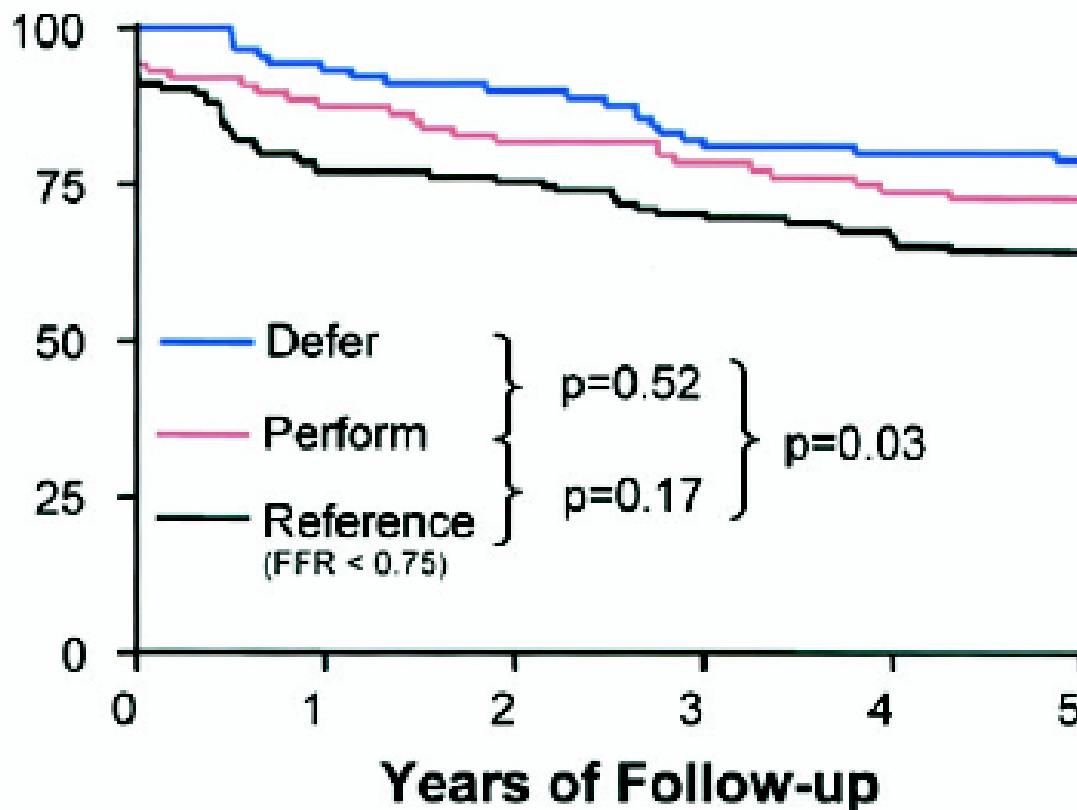
Eindhoven, Rotterdam, Maastricht, and Zwolle, the Netherlands; and Aalst, Belgium

Objectives	The purpose of this study was to investigate the appropriateness of stenting a functionally nonsignificant stenosis.
Background	Percutaneous coronary intervention (PCI) of an intermediate stenosis without evidence of ischemia is often performed, but its benefit is unproven. Coronary pressure-derived fractional flow reserve (FFR) is an invasive index used to identify a stenosis responsible for reversible ischemia.
Methods	In 325 patients scheduled for PCI of an intermediate stenosis, FFR was measured just before the planned intervention. If FFR was ≥ 0.75 , patients were randomly assigned to deferral (Defer group; n = 91) or performance (Perform group; n = 90) of PCI. If FFR was < 0.75 , PCI was performed as planned (Reference group; n = 144). Clinical follow-up was 5 years.
Results	There were no differences in baseline clinical characteristics between the 3 groups. Complete follow-up was obtained in 98% of the patients. Event-free survival was not different between the Defer and Perform groups (80% and 73%, respectively; p = 0.52), but was significantly worse in the Reference group (63%; p = 0.03). The composite rate of cardiac death and acute myocardial infarction in the Defer, Perform, and Reference groups was 3.3%, 7.9%, and 15.7%, respectively (p = 0.21 for Defer vs. Perform group; p = 0.003 for the Reference vs. both other groups). The percentage of patients free from chest pain at follow-up was not different between the Defer and Perform groups.
Conclusions	Five-year outcome after deferral of PCI of an intermediate coronary stenosis based on FFR ≥ 0.75 is excellent. The risk of cardiac death or myocardial infarction related to this stenosis is $< 1\%$ per year and not decreased by stenting. (J Am Coll Cardiol 2007;49:2105-11) © 2007 by the American College of Cardiology Foundation

% Patients Free from Chest Pain



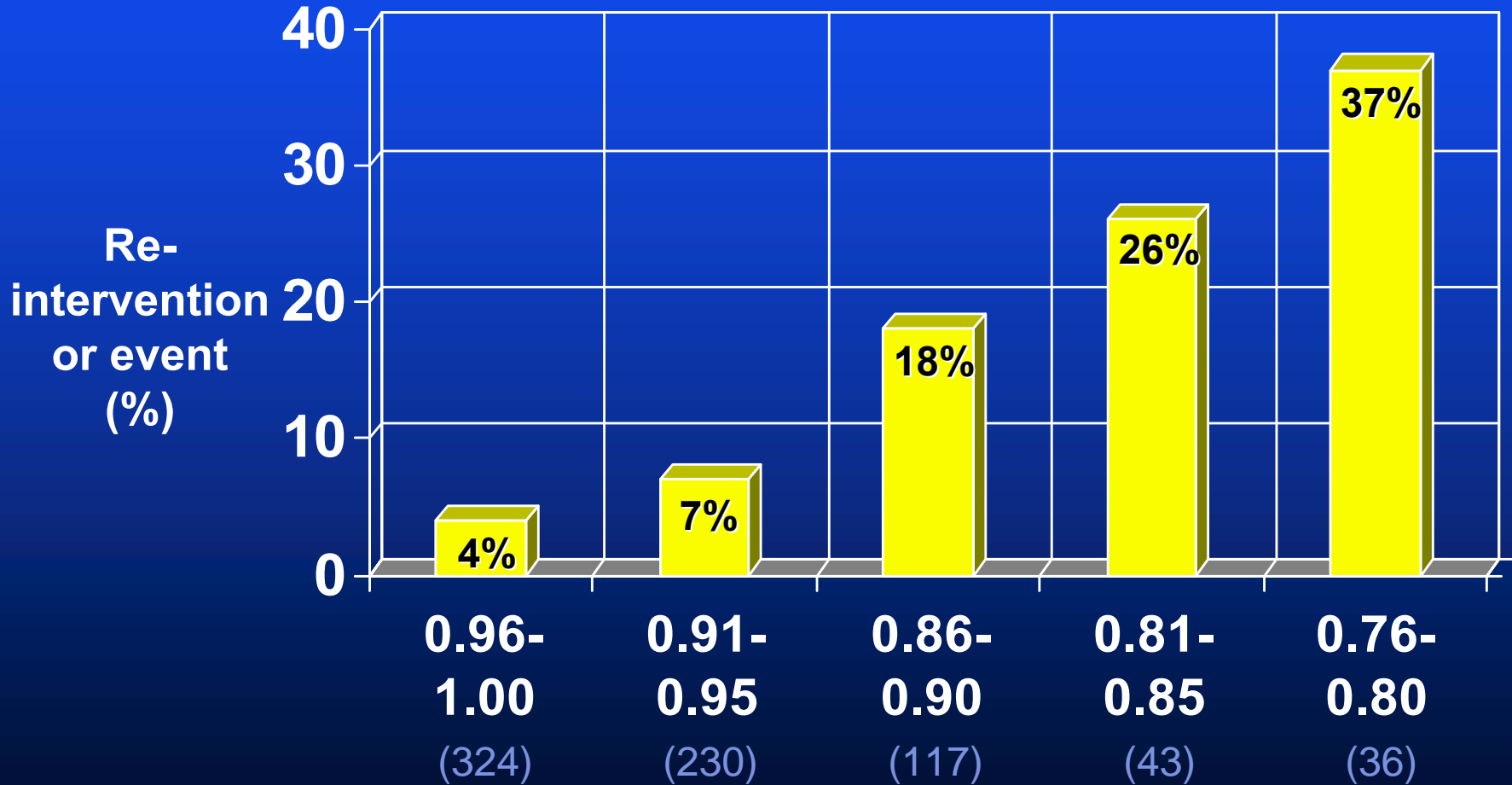
Event-free Survival (%)



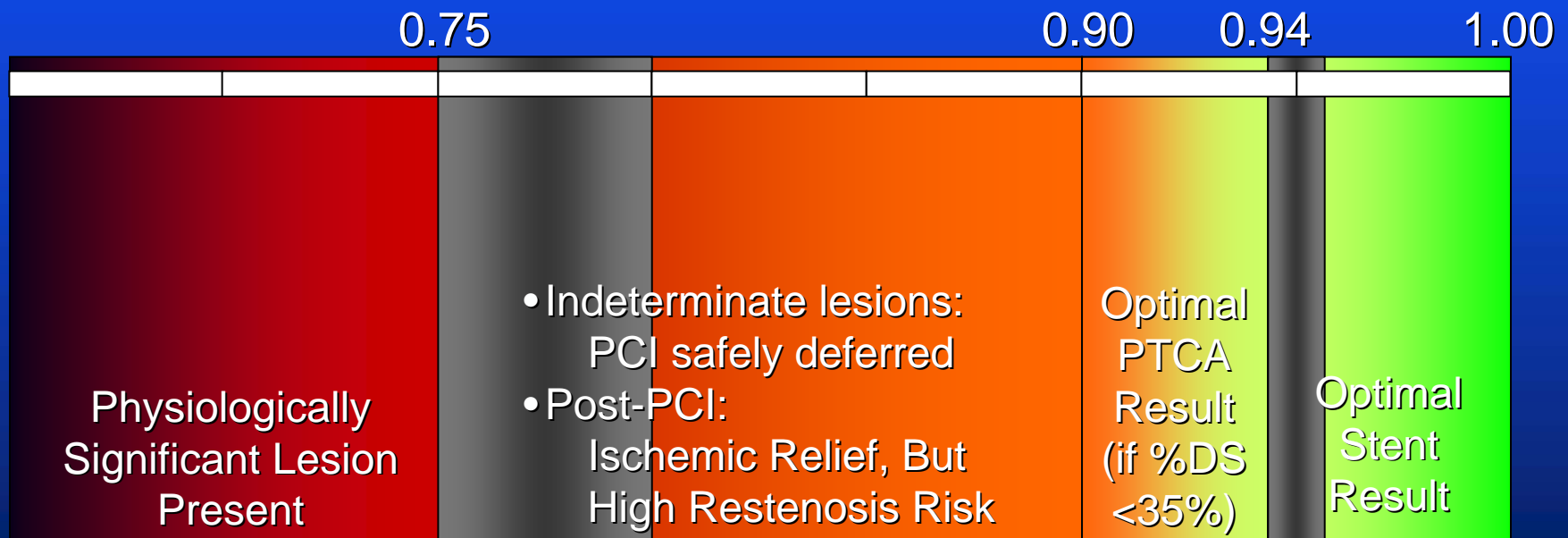
No. at risk

Defer group	91	85	80	74	73	72
Perform group	90	80	75	70	67	64
Reference group	144	116	106	96	90	88

FFR-post-STENT Registry (n=750) *Multicenter European-USA-Asian*



Assessing Coronary Physiology with FFR_{myo}





FAME STUDY

Functional vs Angiographic Multivessel Evaluation

→ *Prospective and randomized multicenter trial in 1000 patients undergoing multivessel PCI*

angio-guided: all lesions > 50% DES-stented

FFR-guided: DES-stents in lesions with FFR < 0.80

Endpoints: *outcome, symptoms, cost-efficiency*

20 centers in USA and Europe



Flow Chart

FFR-Guided

PCI performed on indicated lesions only if FFR ≤ 0.80

Lesions warranting PCI identified

Angio-Guided

PCI performed on indicated lesions

Randomized

Primary Endpoint

Composite of death, MI and repeat revasc. (MACE) at 1 year

Key Secondary Endpoints

Individual rates of death, MI, and repeat revasc., MACE, and functional status at 2 years



Baseline Characteristics

	Angio- Guided n = 496	FFR- Guided n = 509	P Value
Age, mean \pm SD	64 \pm 10	65 \pm 10	0.47
Male, %	73	75	0.30
Diabetes, %	25	24	0.65
Hypertension, %	66	61	0.10
Current smoker, %	32	27	0.12
Hyperlipidemia, %	73	72	0.62
Previous MI, %	36	37	0.84
NSTE ACS, %	36	29	0.11
Previous PCI, %	26	29	0.34
LVEF, mean \pm SD	57 \pm 12	57 \pm 11	0.92
LVEF < 50%, %	27	29	0.47



Procedural Characteristics

	Angio-Guided n = 496	FFR-Guided n = 509	P Value
Indicated lesions / patient	2.7±0.9	2.8±1.0	0.34
Stents / patient	2.7 ± 1.2	1.9 ± 1.3	<0.001
Procedure time (min)	70 ± 44	71 ± 43	0.51
Contrast agent used (ml)	302 ± 127	272 ± 133	<0.001
Equipment cost (US \$)	6007	5332	<0.001
Length of hospital stay (days)	3.7 ± 3.5	3.4 ± 3.3	0.05

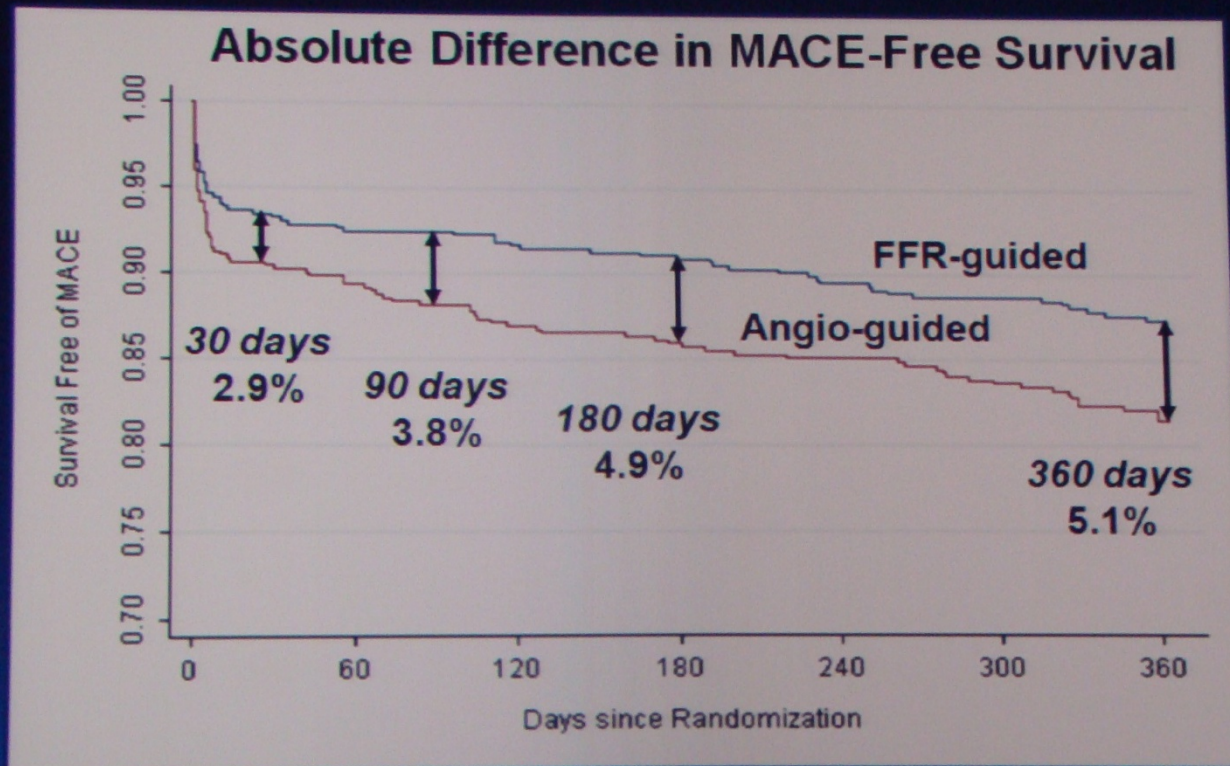


Adverse Events at 1 Year

	Angio- Guided n = 496	FFR- Guided n = 509	P Value
Total no. of MACE	113	76	
Death	15 (3.0)	9 (1.8)	0.19
Myocardial Infarction	43 (8.7)	29 (5.7)	0.07
Small / peri-PCI (CK-MB 3-5xNI)	16	12	
Other infarctions ("late or large")	27	17	
CABG or repeat PCI	47 (9.5)	33 (6.5)	0.08
Death or Myocardial Infarction	55 (11.1)	37 (7.3)	0.04
Death, MI, CABG, or re-PCI	91 (18.3)	67 (13.2)	0.02



1 Year Event-Free Survival





1 Year Economic Evaluation

Bootstrap Simulation



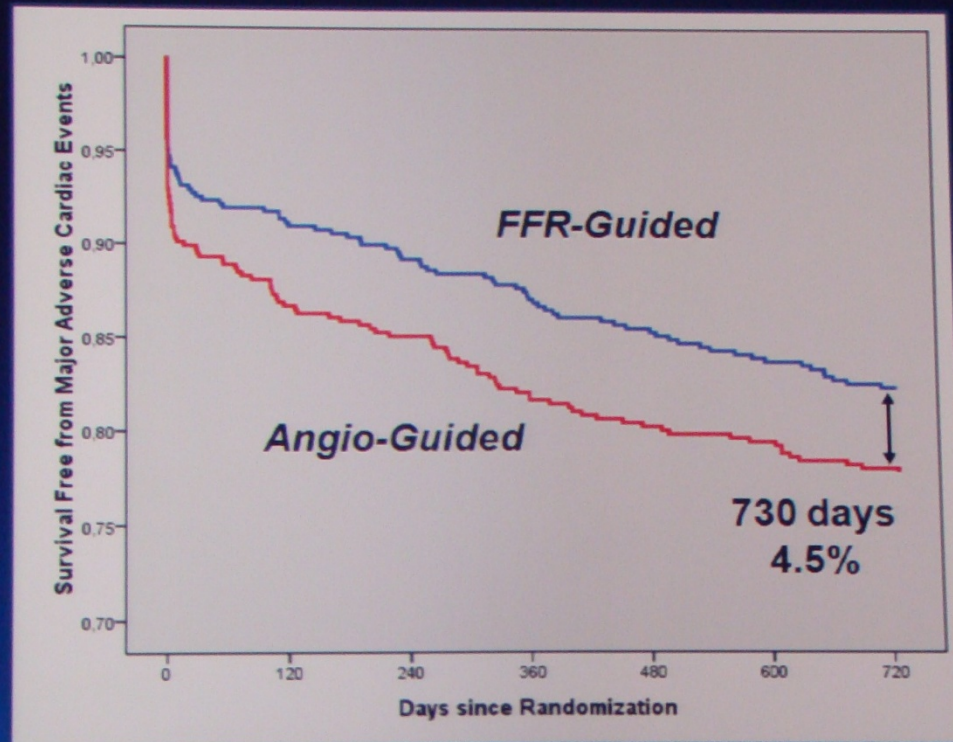


Adverse Events at 2 Years

	Angio- Guided n = 496	FFR- Guided n = 509	P Value
Total no. of MACE	139	105	
<i>Individual Endpoints</i>			
Death	19 (3.8)	13 (2.6)	0.25
Myocardial Infarction	48 (9.7)	31 (6.1)	0.03
CABG or repeat PCI	61 (12.3)	53 (10.4)	0.35
<i>Composite Endpoints</i>			
Death or Myocardial Infarction	63 (12.7)	43 (8.4)	0.03
Death, MI, CABG, or re-PCI	110 (22.2)	90 (17.7)	0.07

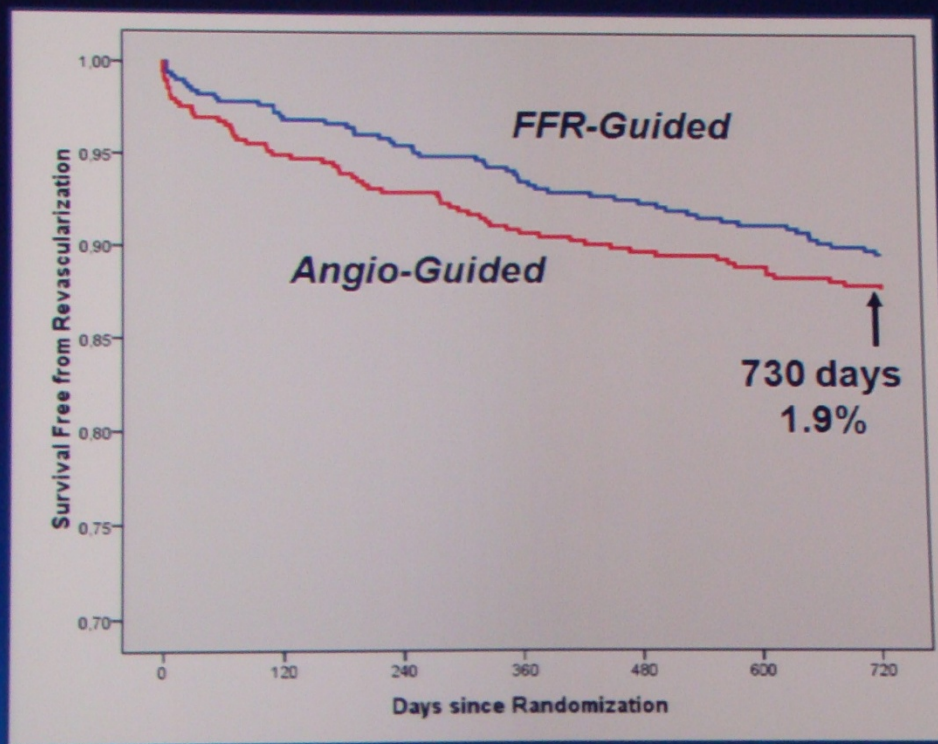


2 Year Survival Free of MACE



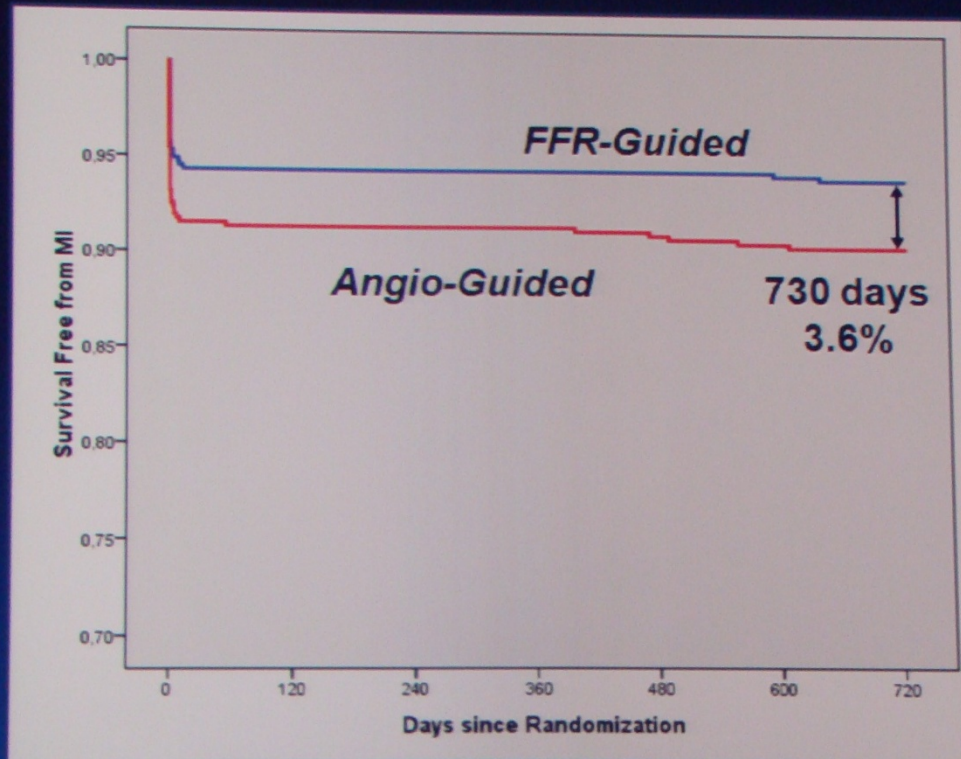


2 Year Survival Free of Repeat Revascularization



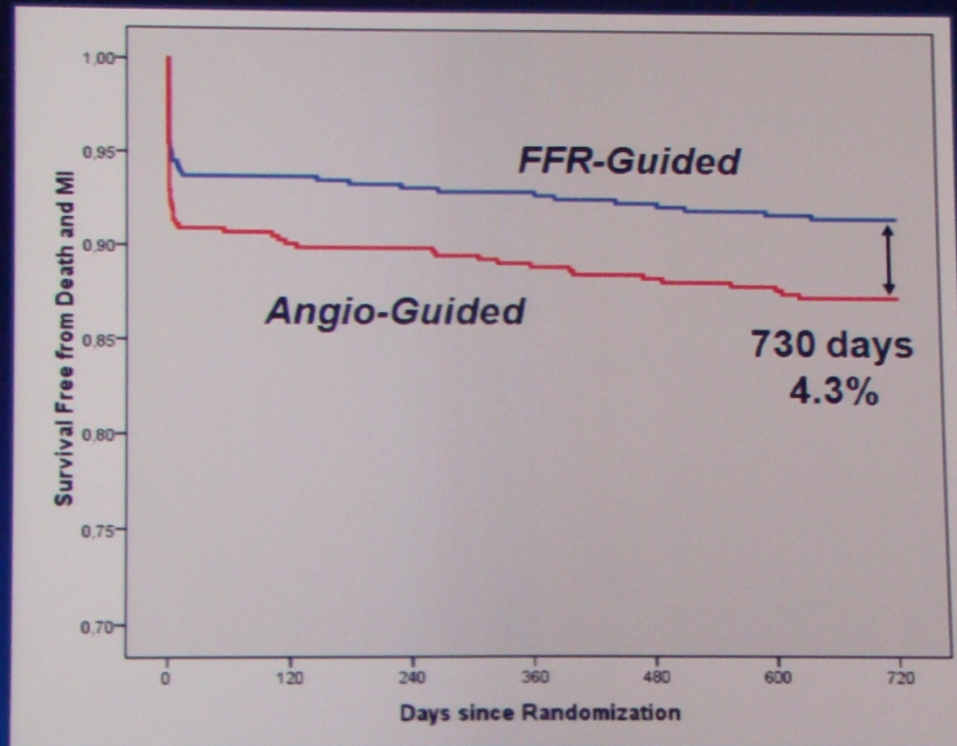


2 Year Survival Free of MI





2 Year Survival Free of Death/MI





Other 2 Year Outcomes

	Angio-Guided n = 496	FFR-Guided n = 509	P Value
Follow-up (%)	92.7	94.5	0.31
Anti-anginal Medications, No.	1.2 ±0.8	1.2 ±0.7	0.66
Dual Antiplatelet Therapy (%)	33.6	31.4	0.49
Freedom from Angina, (%)	75.8	79.9	0.14





Outcome of Deferred Lesions

513 Deferred Lesions in
509 FFR-Guided Patients

2 Years

31 Myocardial Infarctions

22
Peri-procedural

9
Late Myocardial Infarctions

8
Due to a New Lesion
or Stent-Related

1
Myocardial Infarction due to
an Originally Deferred Lesion

*Only 1/513 or 0.2% of deferred
lesions resulted in a late
myocardial infarction*



Outcome of Deferred Lesions

513 Deferred Lesions in
509 FFR-Guided Patients

2 Years

53 Repeat Revascularizations

37
in a New Lesion or
in a Restenotic One

16
Originally Deferred Lesions

6
Without FFR or
Despite an FFR > 0.80

10
Originally Deferred Lesions
with Clear Progression

*Only 10/513 or 1.9% of deferred
lesions clearly progressed
requiring repeat revascularization*



Conclusions

- **At 2 years, there is now a significant decrease in the rate of MI in the FFR-guided arm. There continues to be a significant decrease in death and MI favoring the FFR-guided approach. Lastly, there is a strong trend towards a lower rate of death, MI or the need for repeat revascularization in the FFR-guided arm.**
- **There is no signal to suggest that deferred lesions are likely to be responsible for late myocardial infarctions or to progress and require repeat revascularizations.**



Conclusions

- The 2 year follow-up of the FAME study demonstrates durability of the improved outcomes noted at 1 year with an FFR-guided approach to PCI in patients with multivessel CAD
- These results continue to support the evolving paradigm of:

“Functionally Complete Revascularization”

***i.e. stenting of ischemic lesions and
medical treatment of non-ischemic ones***

Fractional Flow Reserve versus Angiography for Guiding PCI in Patients with Multivessel Coronary Artery Disease (FAME): Adverse events at one year

End point	Angiography-guided PCI, n=496 (%)	FFR-guided PCI, n=509 (%)	p
Death, MI, CABG, or repeat PCI	18.4	13.2	0.02
Death	3.0	1.8	0.19
Death or MI	11.1	7.3	0.04
CABG or repeat PCI	9.5	6.5	0.08

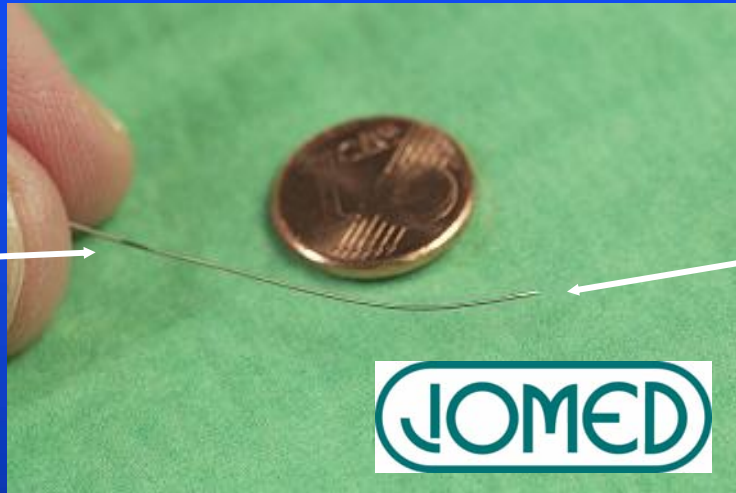
Pijls N. TCT 2008; October 14, 2008; Washington, DC.

FFR has been extensively validated in almost all clinical and angiographic conditions:

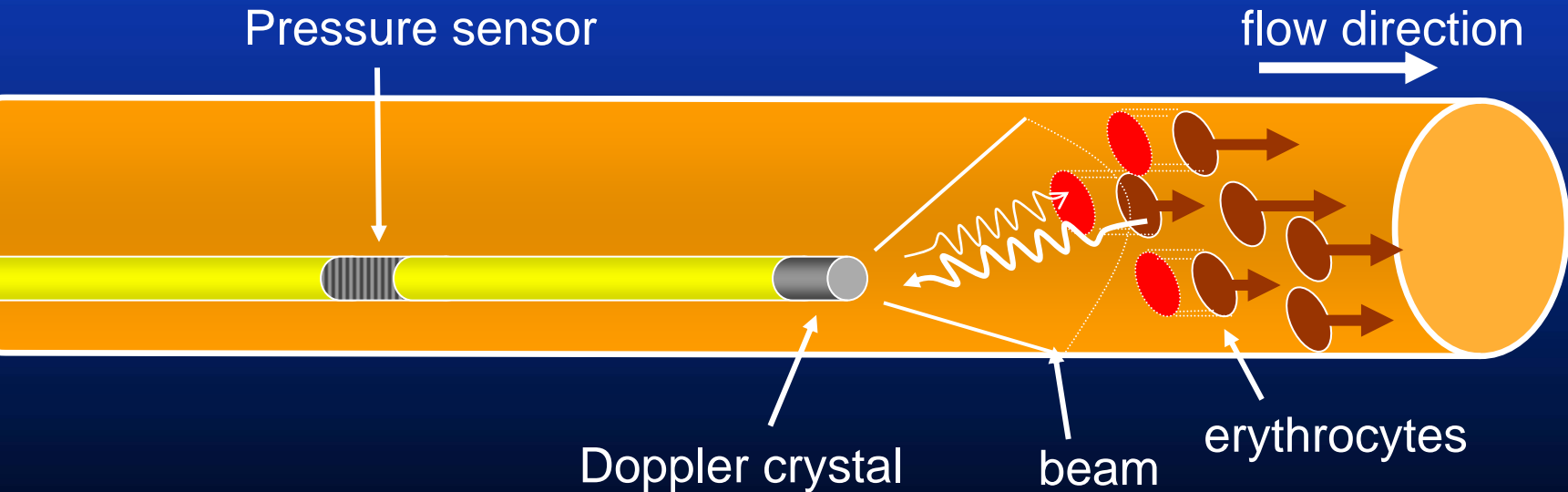
- multivessel disease
 - left main and ostial stenosis
 - diffuse disease
 - bifurcation lesions
 - tandem lesions
 - unstable angina
 - previous myocardial infarction
 - etc....
-
-*but not to be used in acute STEMI*

Combined guide wire

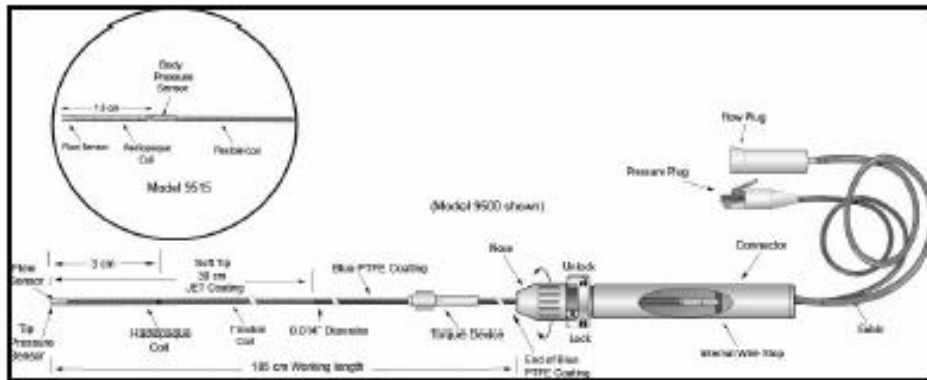
Pressure



Doppler



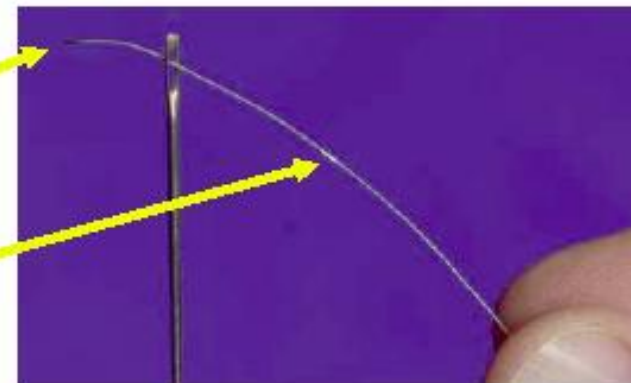
Volcano ComboWire



Model: 9500

Flow

Pressure



Model: 9515

Playback Time

2:52

Last Name:

COMBOWIRE

FFR 0.90

CFR 2.6

HSR 0.12

HMR 1.1

I.C. 04:45:32 PM

Pa 104

Pd 73

Pd/Pa 0.70

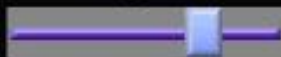
HR 76

APV 25

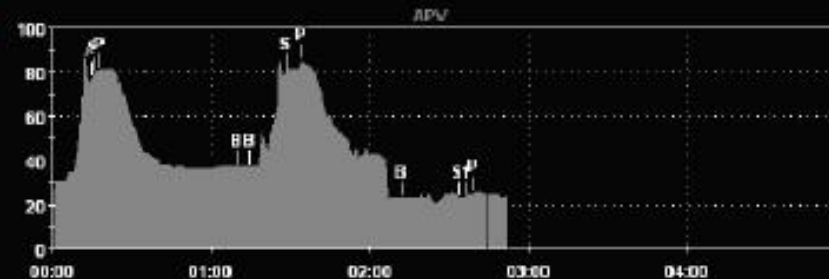
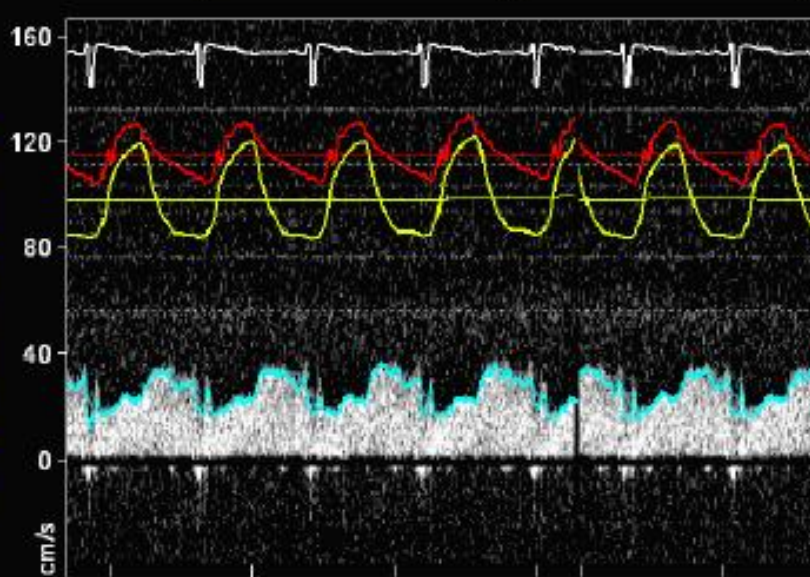
APV-B 31

APV-P 82

Playback



Shutdown



200
150
100
50
0
mmHg
cm/s

Pause

Print

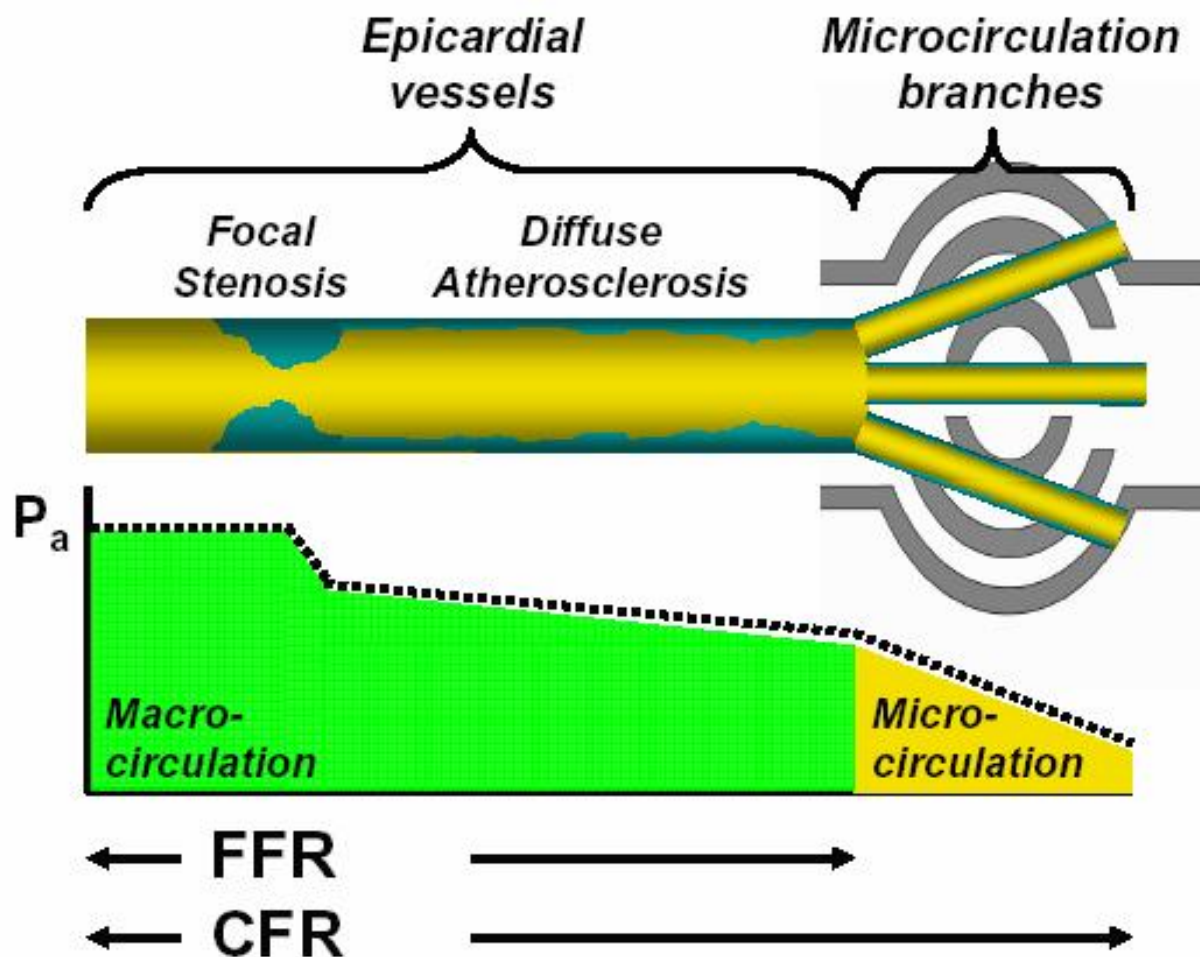
Base

Peak

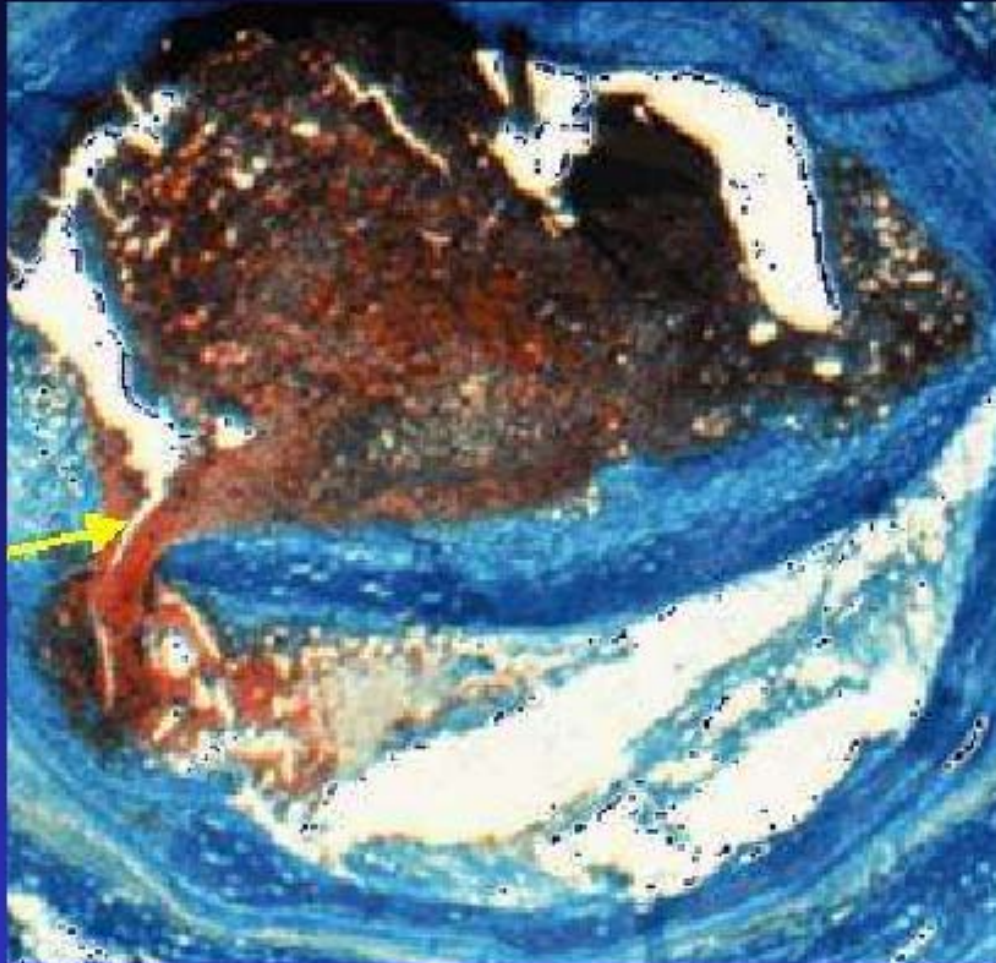
Options

Mode

ComboMap Resistance Indices



What are the characteristics of a vulnerable plaque?



- thin cap
- lipid pool
- remodeling
- deformable

Constantinides P 1966;
J Atheroscler Res, 6, 1

Schaar, Muller, Falk,
Virmani et al
Eur Heart J 2004, 1007

Imaging of “vulnerable” atherosclerotic plaques

Angioscopy

**Intravascular US/palpography/virtual
histology**

MRI-noninvasive and invasive

Ultrafast/Multislice CT

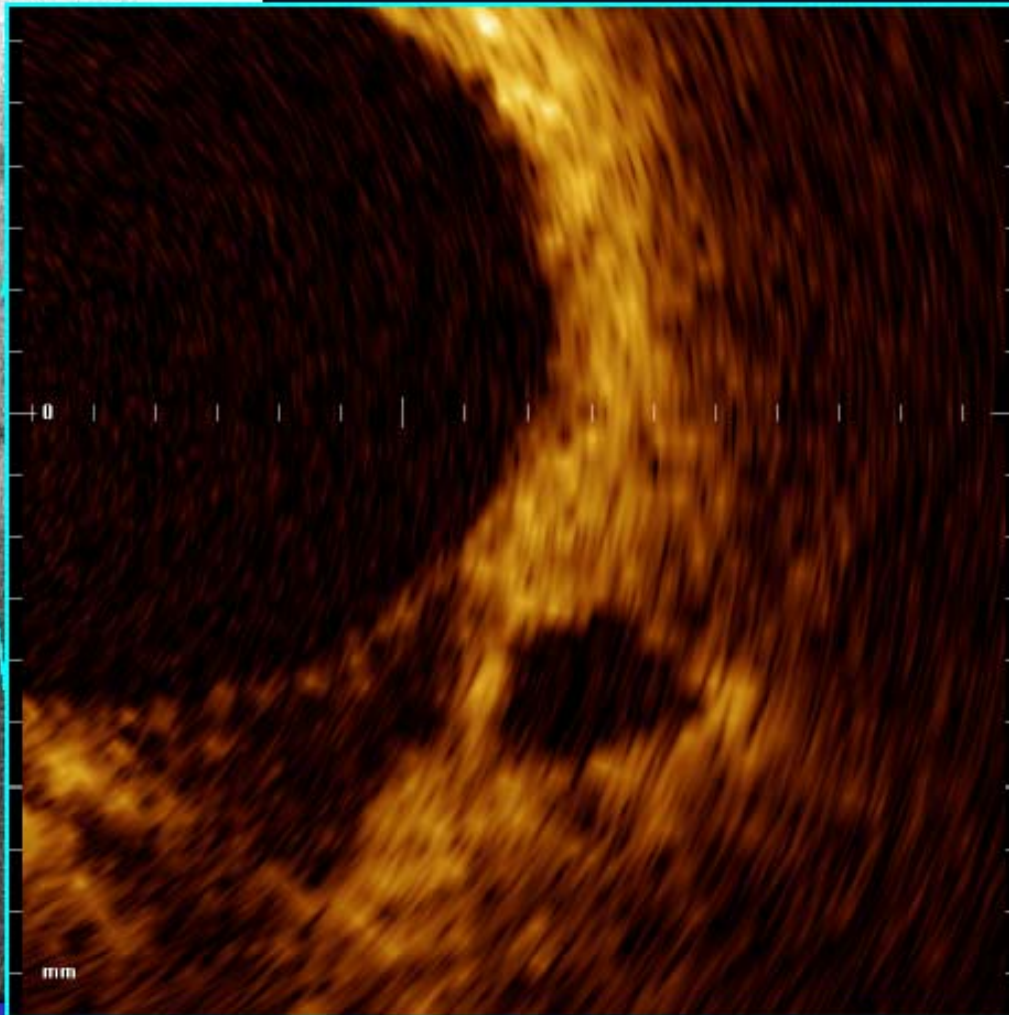
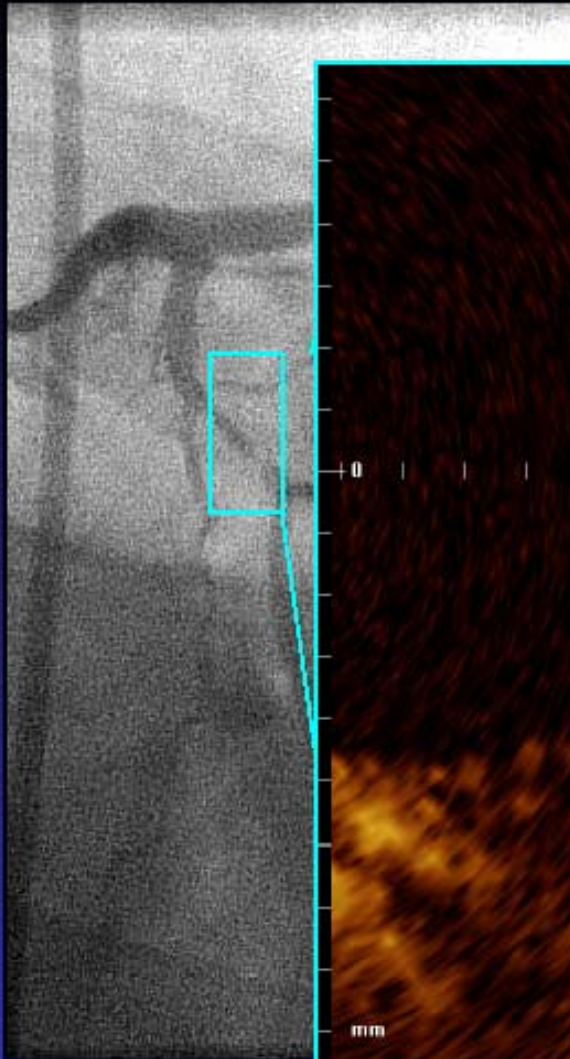
Near-Infrared Spectroscopy

Optical Coherence Tomography

Thermography

OCT

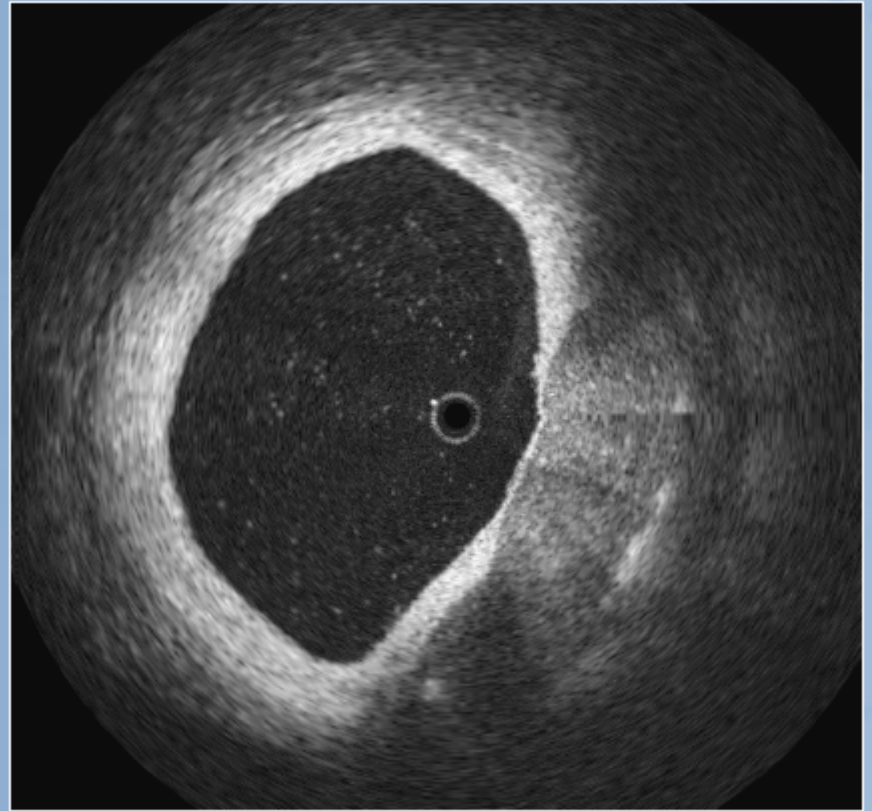
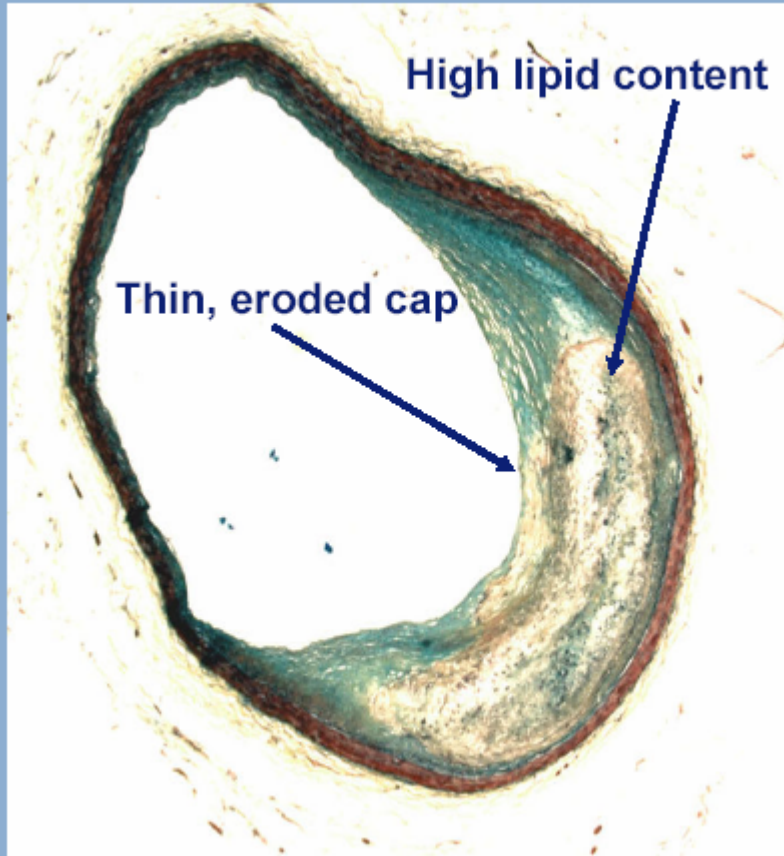
Detecting the Thin Cap



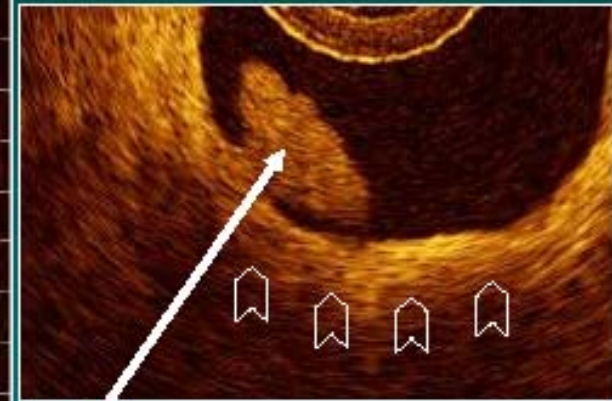
Thin
fibrous cap
(0.06mm)

Lipid /
necrotic core

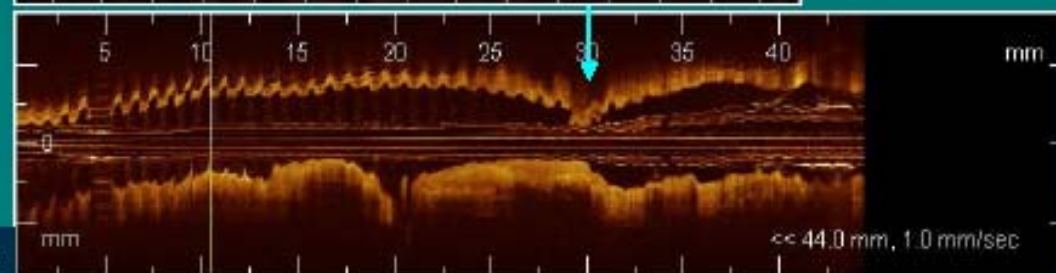
OCT - Coronary Artery Histology Comparison



OCT Imaging: Culprit lesion



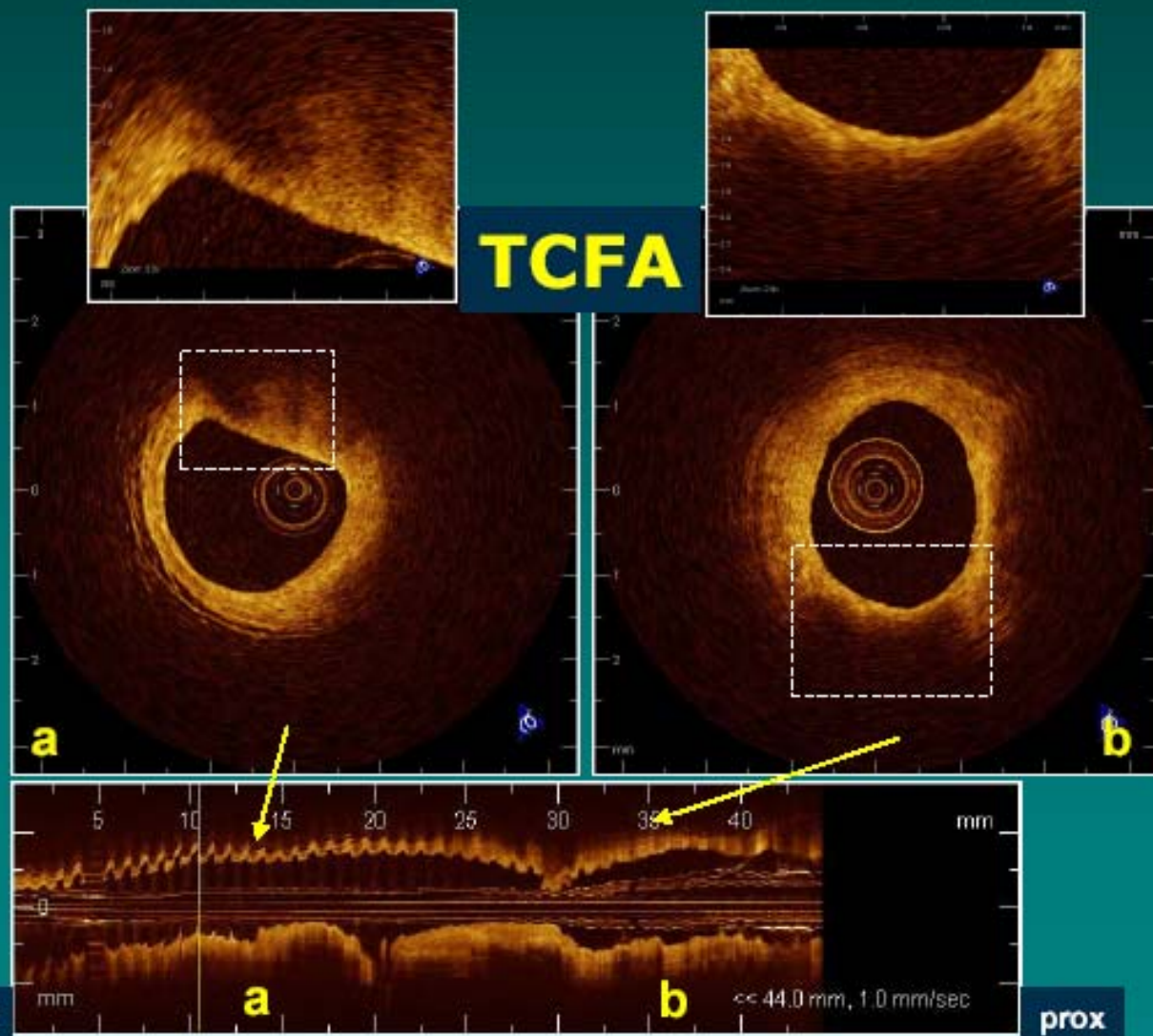
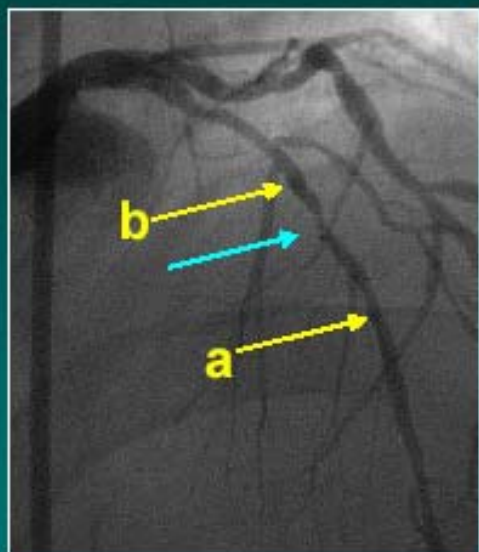
Thrombus
Plaque rupture?



dist

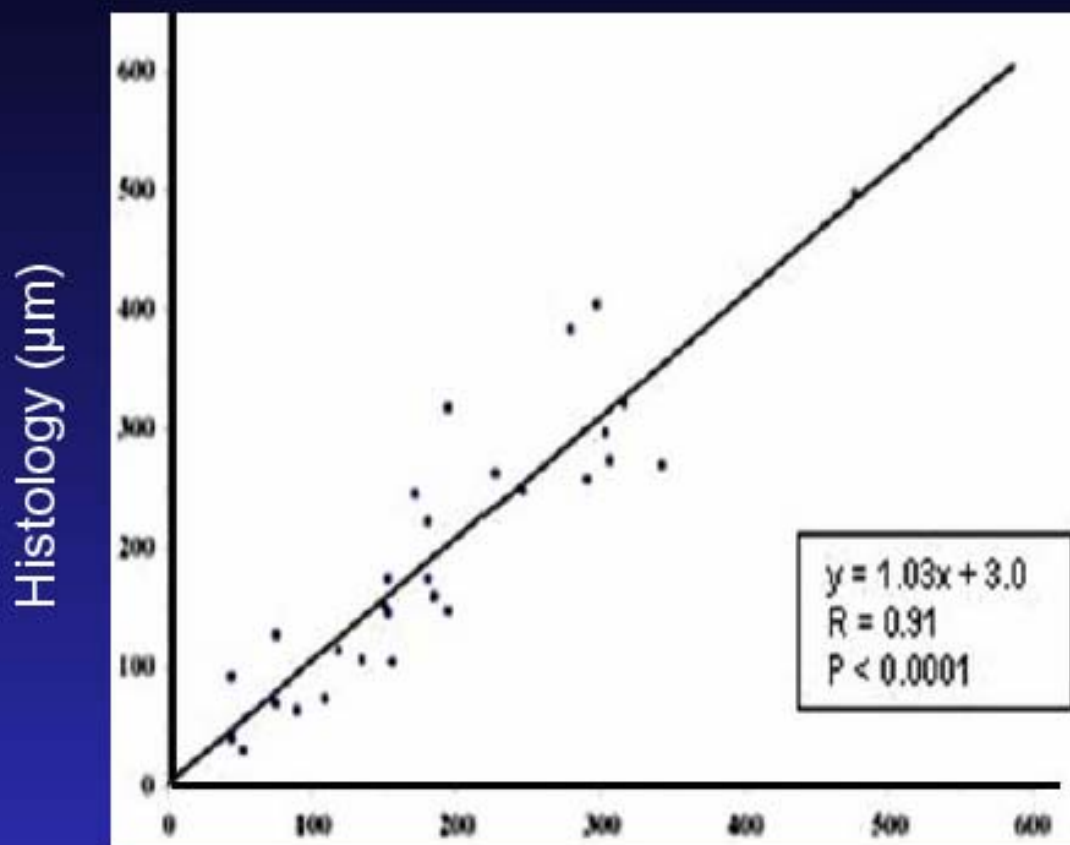
prox

OCT Imaging: Culprit lesion



OCT

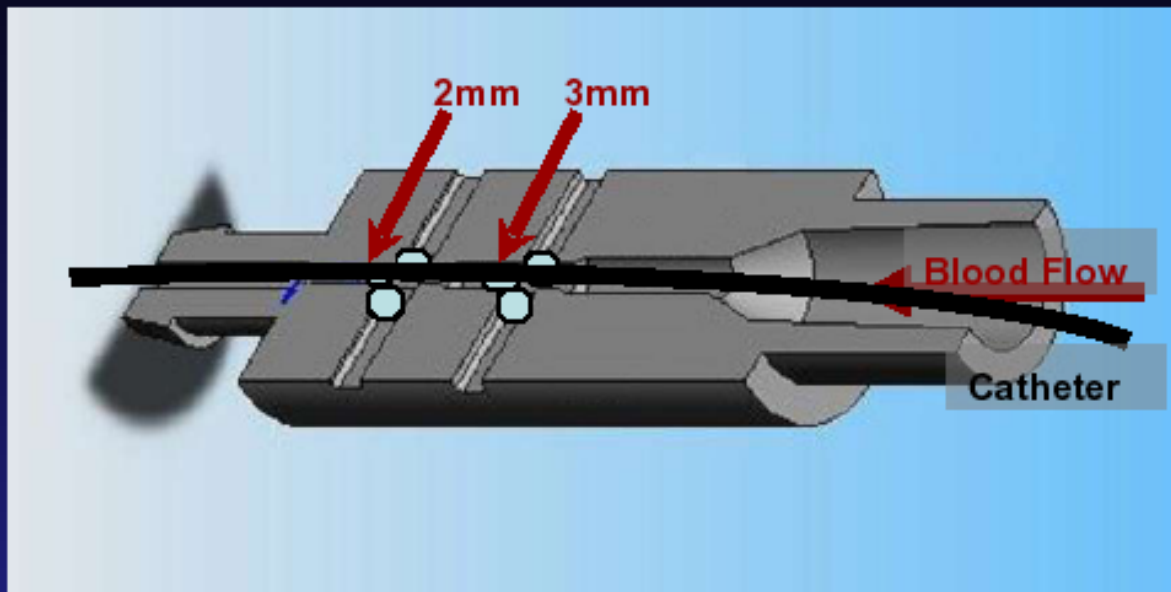
Detecting the Thin Cap



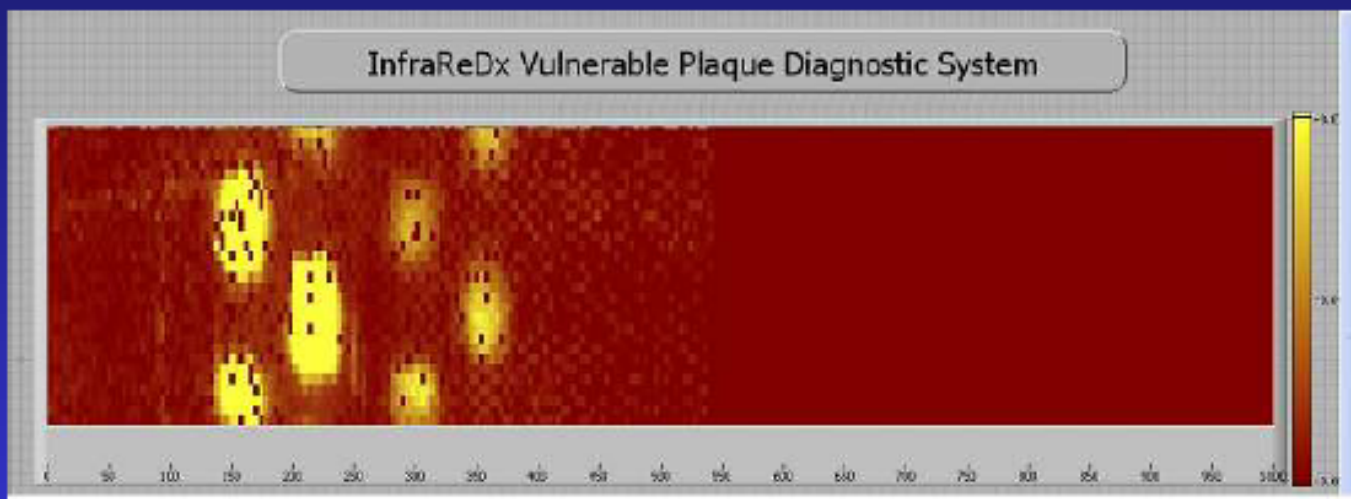
OCT measurements (μm)

Near Infrared Spectroscopy

Detecting the lipid pool/necrotic core



Scanning (Through Blood) to Detect TCFA Surrogates



All 8 Targets detected through 1 and 2 mm of blood)

Near Infrared Spectroscopy

Detecting the Lipid Pool / Inflammation

TABLE 2. NIR Detection of Plaque Composition Determined by Histology

	Lipid Pool	Inflammation
Sensitivity	90	84
Specificity	93	89
Positive predictive value	90	86
Negative predictive value	93	88

Palpography

Detecting deformability



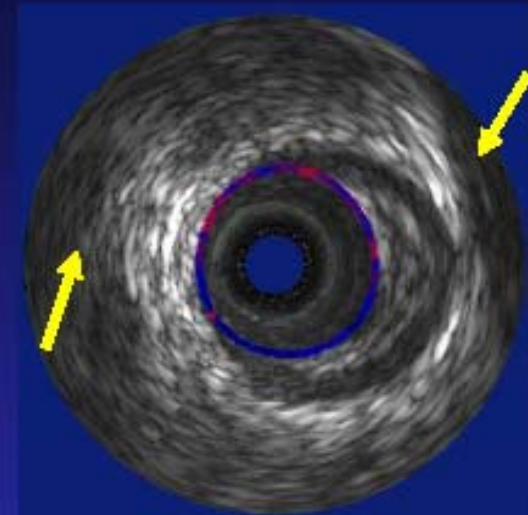
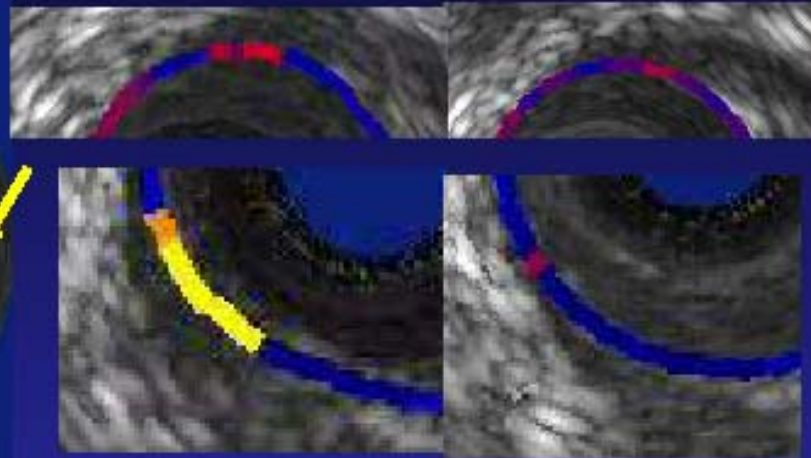
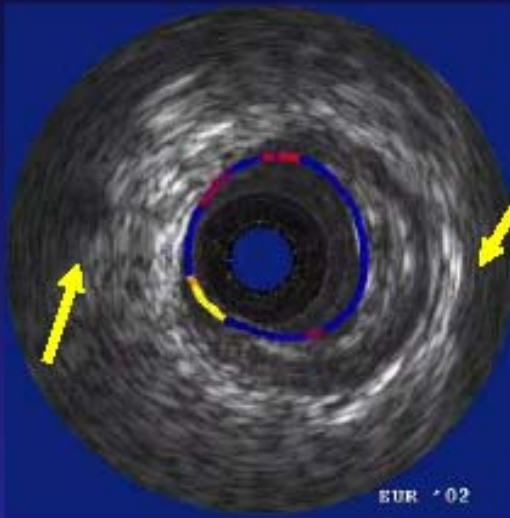
- Different tissues deform in a different way
- Deformation of tissue changes the ultrasound signals (rf-signals)

Palpography

Detecting deformability

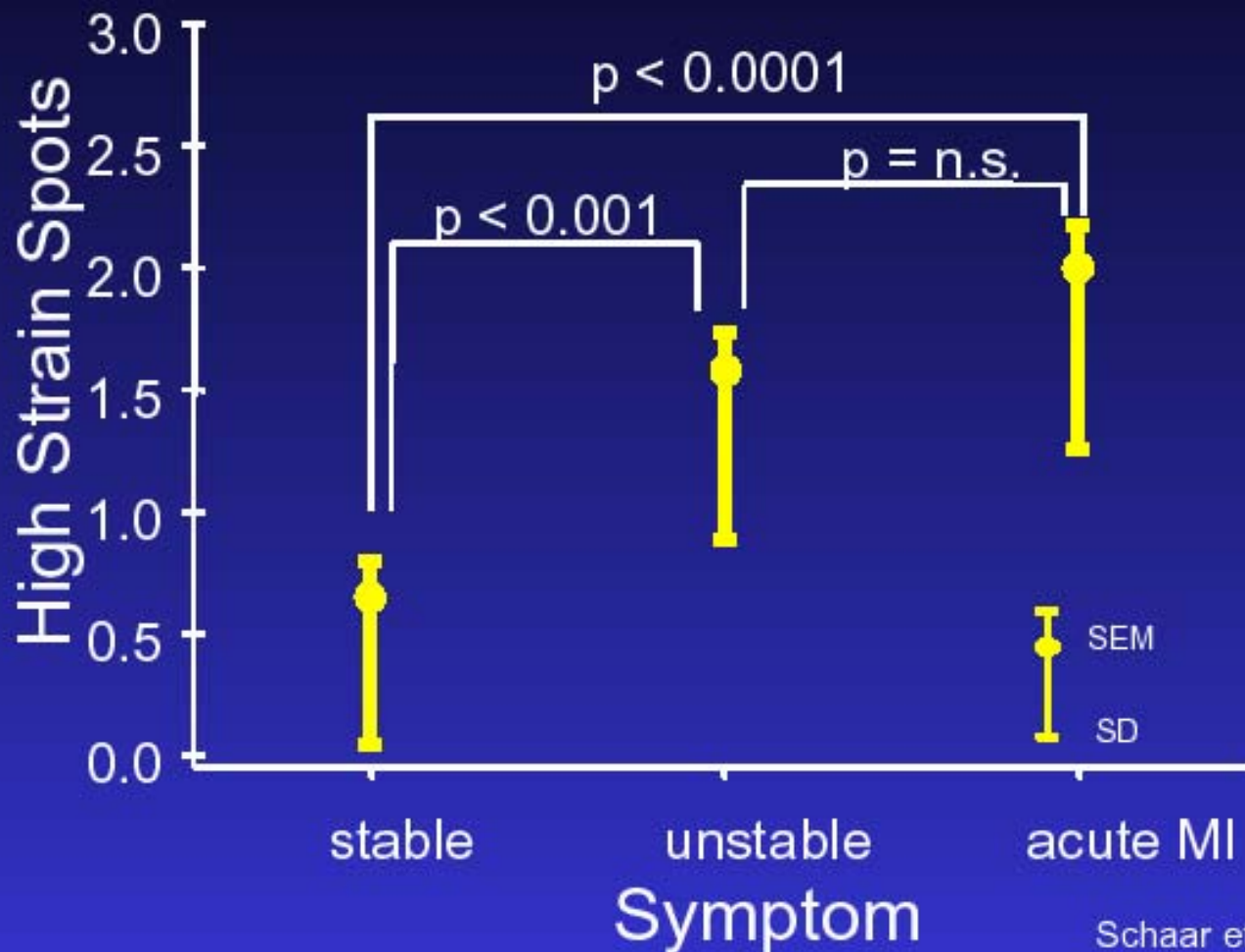
Previous

Current

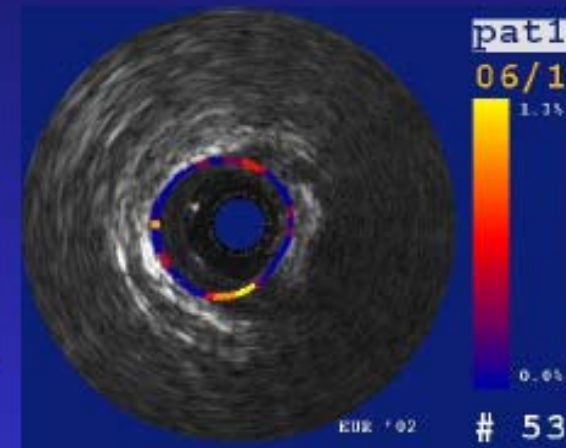


In vivo incidence of high strain spots

Symptoms vs. number of high strain spots



n = 56 coronaries
19 stable angina
19 unstable angina
18 acute MI
(contralateral vessel)



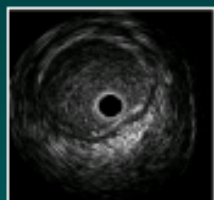
Palpography in the IBIS trial

Baseline and Follow Up – SMS index

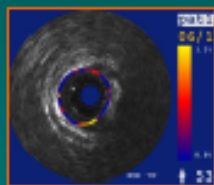
	<u>BL</u>	<u>FUP</u>	<u>P-value</u>
STEMI (N=12)	2.30	1.15	0.0003
Unstable (N=16)	1.78	1.41	0.29
Stable/silent (N=24)	1.21	1.17	0.56

Intravascular Imaging Modalities

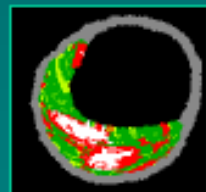
Acquired
with single
pull back
IVUS
catheter



IVUS (gray scale)
(plaque burden)
(remodelling)



IVUS (backscattering RF)
Palpography
(mechanical properties)



Virtual Histology
(plaque composition)

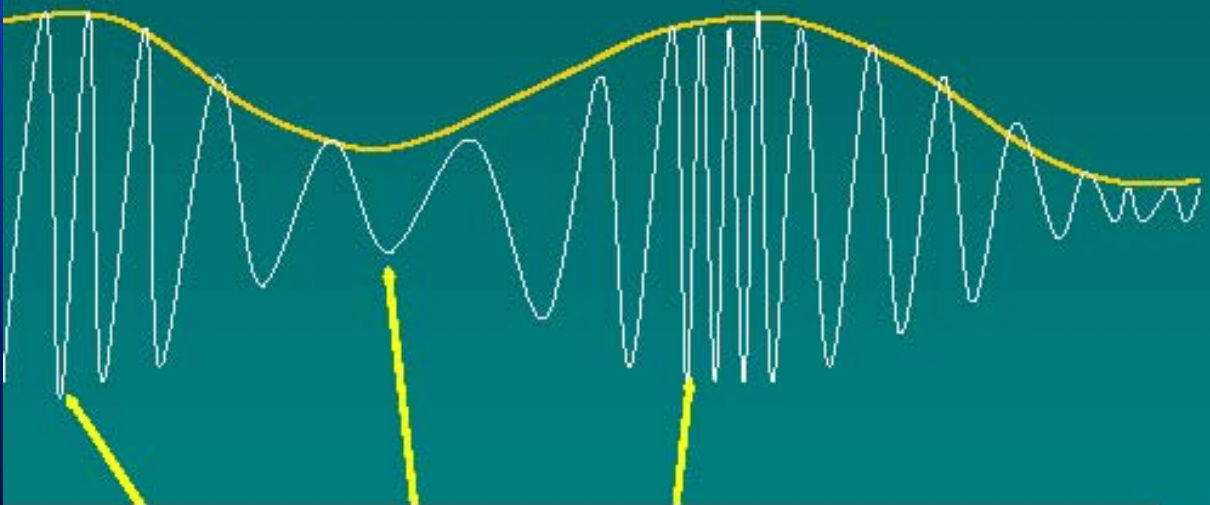
Only the envelope amplitude (echo intensity) is used in formation of the **gray-scale IVUS image**

Convert to gray-scale and log-compress

Maximum Echo Intensity



Minimum Echo Intensity



Virtual Histology Palpography

Frequency of echo signal can also vary, depending on the tissue

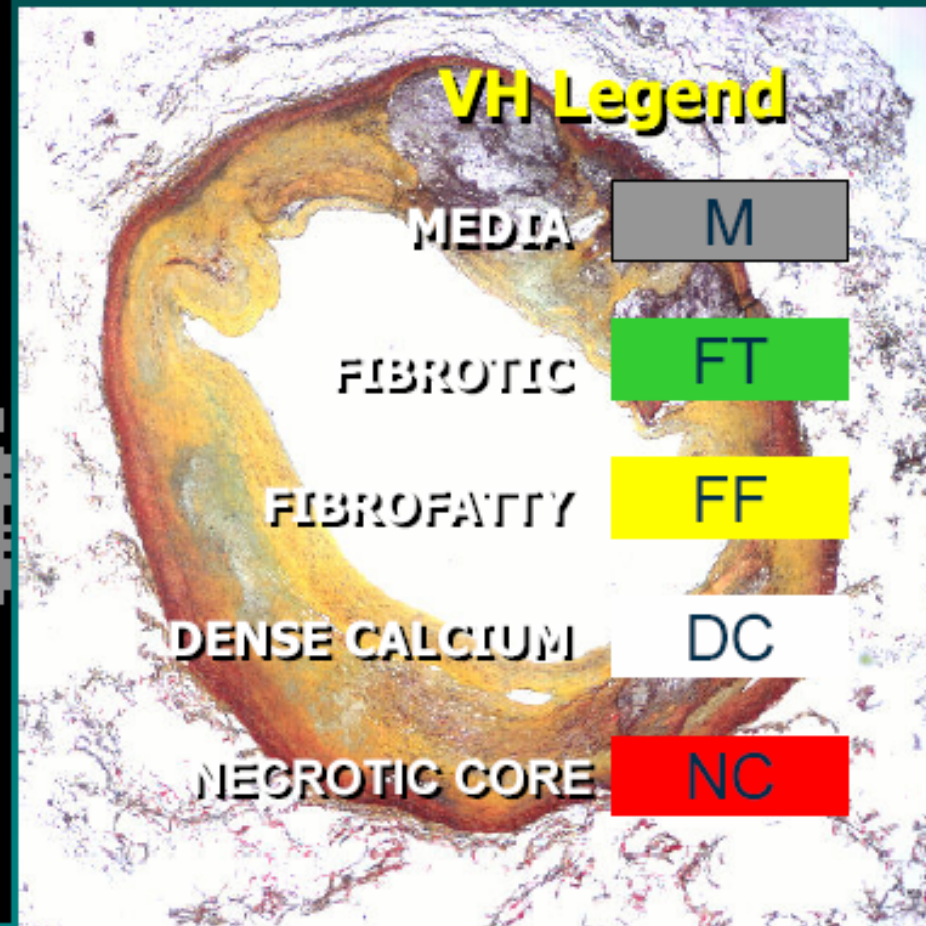
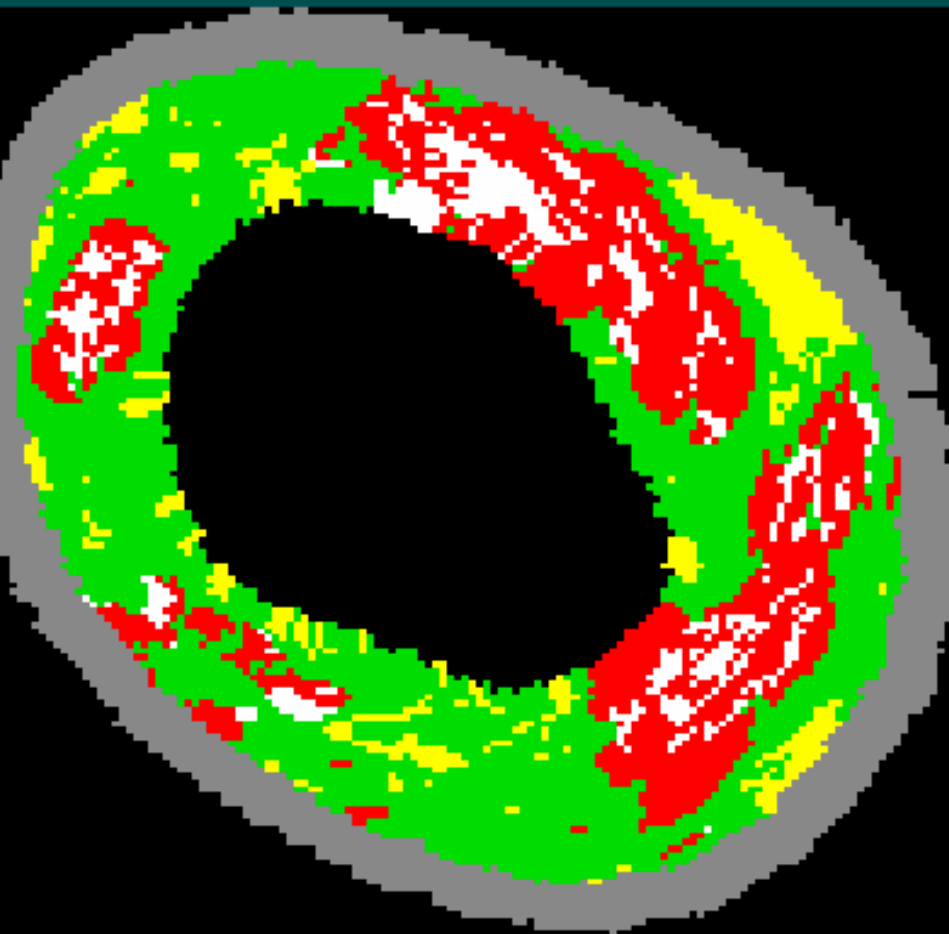
Backscattering of Radiofrequency

First step
identify regions
with 40 - 50 % EEM Obstruction

EEM: External Elastic Membrane

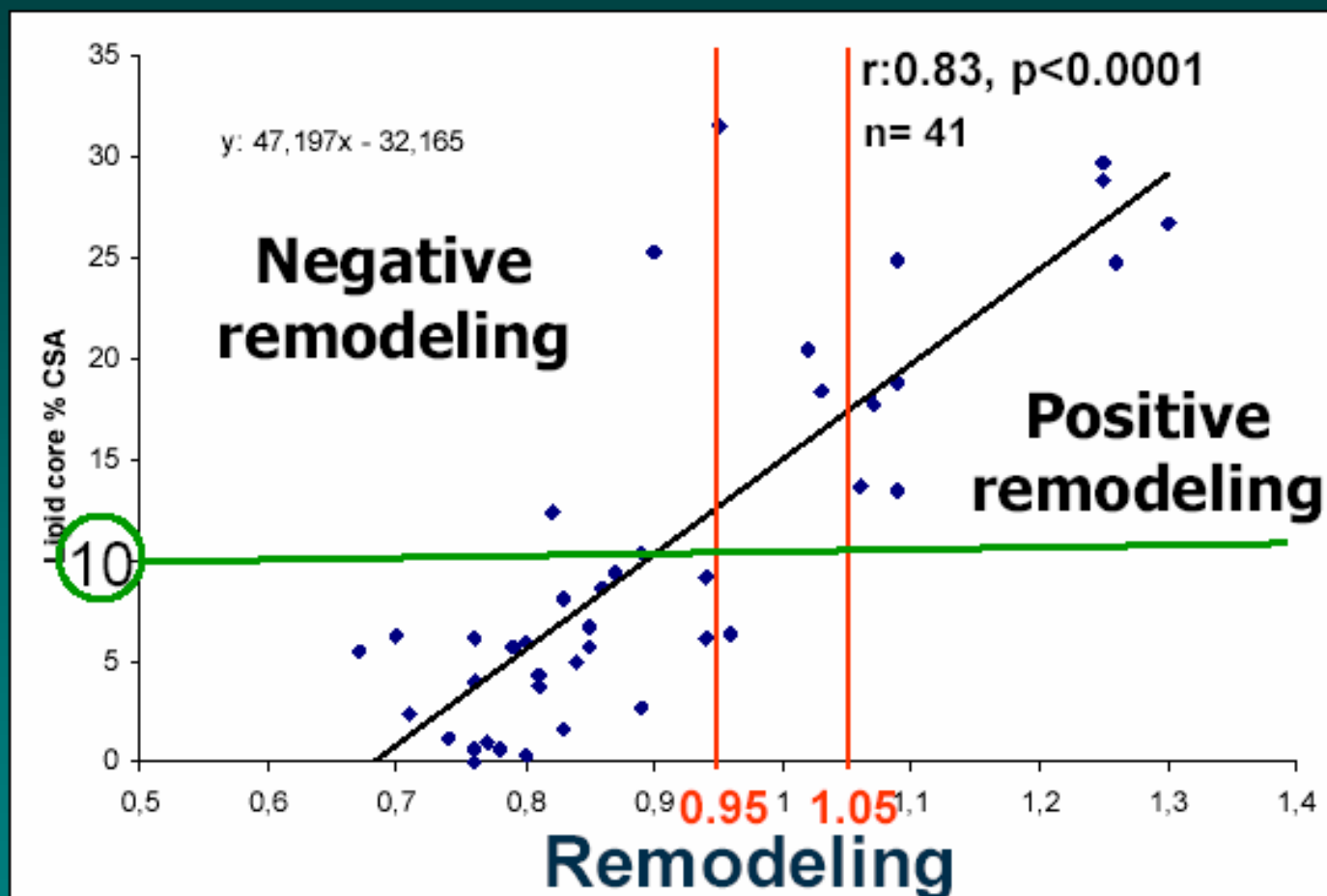
Second step identify regions
with Positive Remodeling Index

Virtual Histology or... How to convert an **human ex vivo coronary** IVUS image into a color coded histological cross section... by correlating backscattered radiofrequency signals with **human ex vivo coronary histology**



Coronary Artery Remodeling is related to plaque composition determined by IVUS-VH

Necrotic core % CSA



Coronary artery remodeling is related to plaque composition.
Rodriguez-Granillo GA, Serruys PW, Garcia-Garcia HM, et al.. Heart 2006;92:388-91.

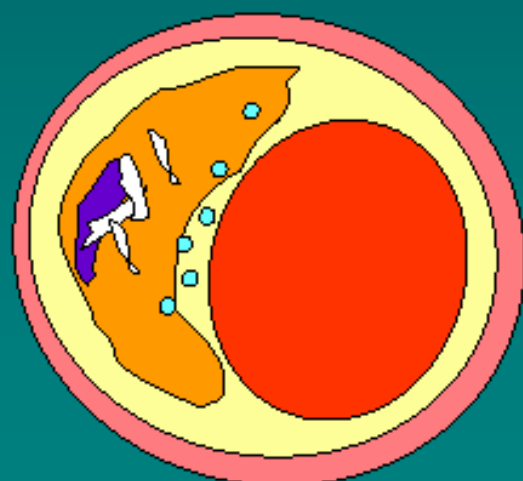
Definition of IVUS-Derived Thin-Cap Fibroatheroma (IDTCFA)

1. Focal (adjacent to non-TCFA)
2. **Necrotic core $\geq 10\%$**
3. **In direct contact with the lumen**
4. Percent area obstruction $\geq 40\%$

VH Legend

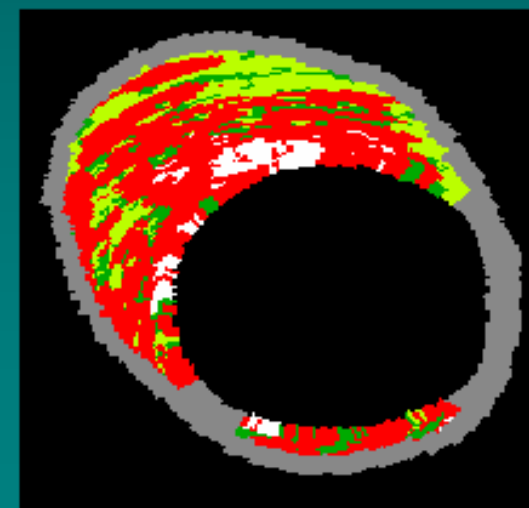
MEDIA	M
FIBROTIC	FT
FIBROFATTY	FF
DENSE CALCIUM	DC
NECROTIC CORE	NC

•Per 3 consecutive frames with four characteristics



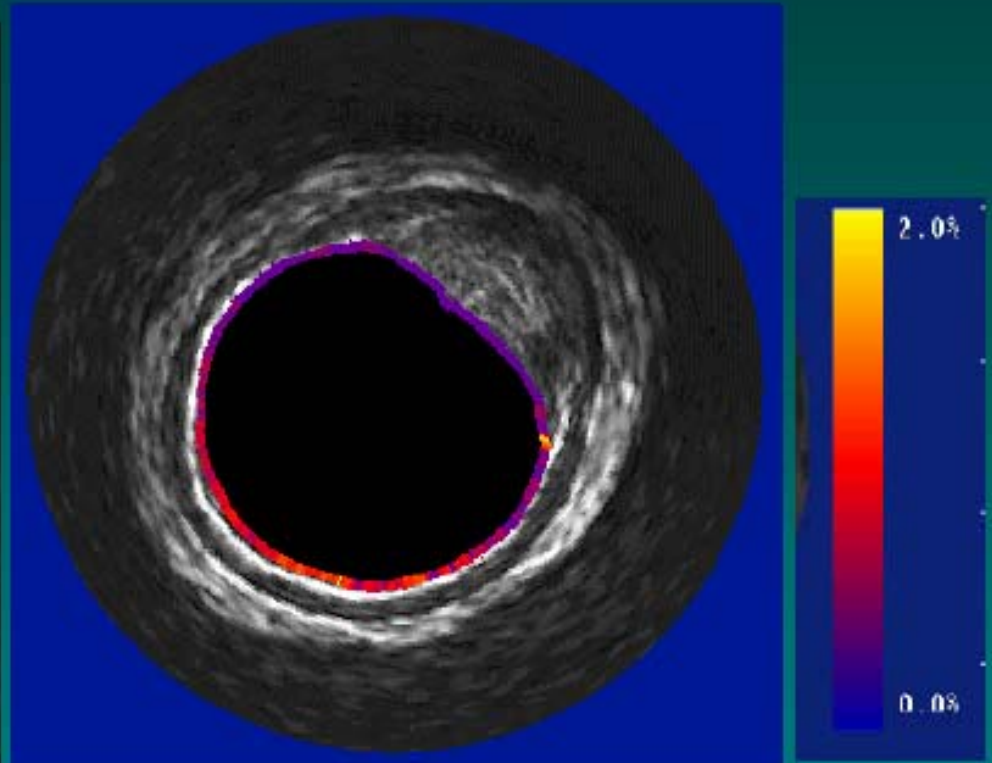
Histology legend

- NECROTIC CORE
- COLLAGEN
- CALCIFIED PLAQUE
- MACROPHAGE FOAM CELLS



Rodriguez-Granillo GA, Serruys P W. In vivo intravascular derived thin-cap fibroatheroma detection using ultrasound radiofrequency data analysis. J Am Coll Cardiol.. 2005;46:2038-42.

Final step...Palpography: Intravascular ultrasonic palpation



**High strain region = SOFT,
DEFORMABLE,FRAGILE, BREAKABLE**

Low strain = hard,stiff,rigid



**Backscattering of
radiofrequency
signal at 2 levels
of blood pressure**

ROtterdam Classification (ROC)

Grades (ROC)

Strain (%)

IV

>1.2

III

0.9-1.2

II

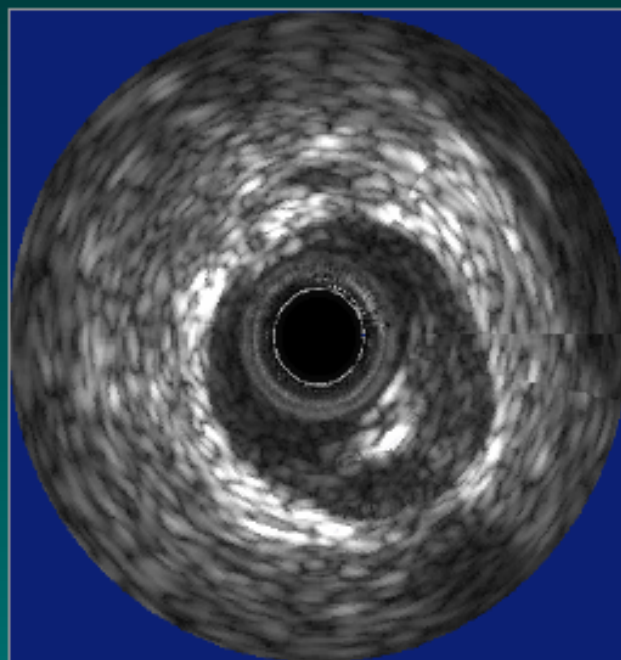
0.6-0.9

I

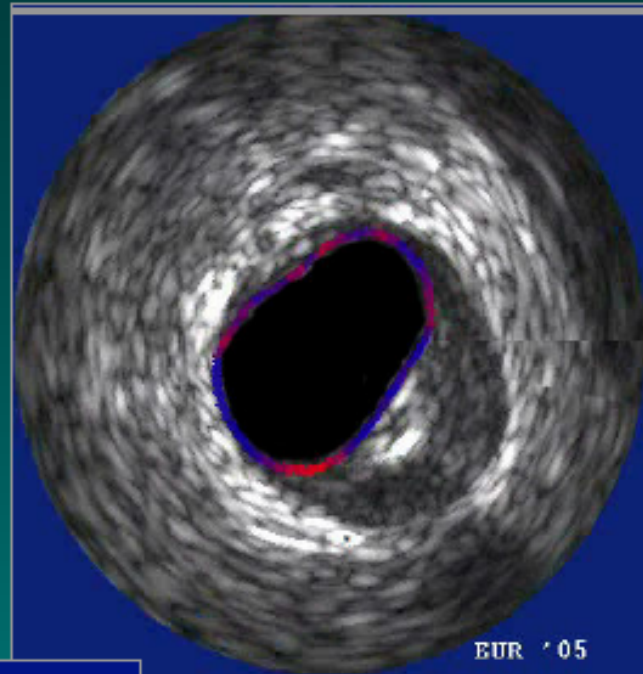
0-0.6



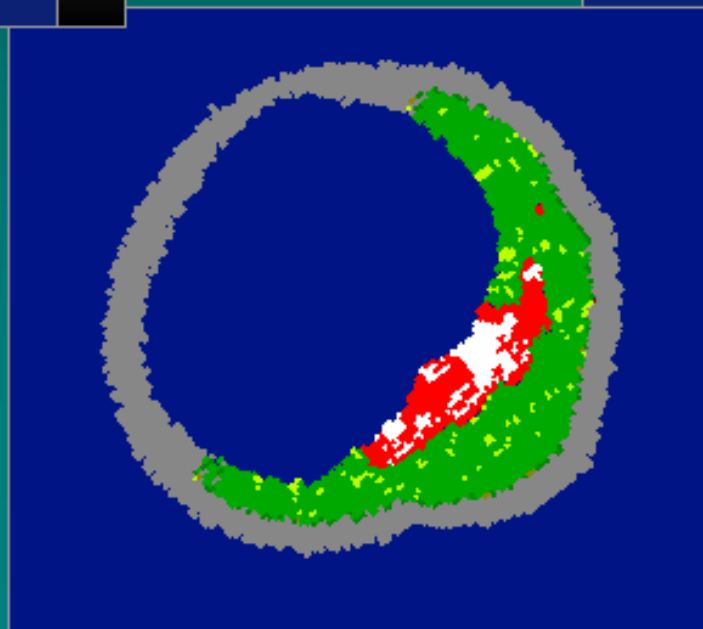
Vulnerable Plaque ? Colocalisation?



Dense calcium 10%
Fibrous 67%
Fibro-fatty 8%
Necrotic core 15%
direct lumen contact



Lumen: 8.00 mm²
Vessel: 15.92 mm²
Plaque burden: 50%



ROC III

“Vulnerable Plaque” ?

When non-flow limiting lesion < 50% stenosis

When EEM obstruction > 40%

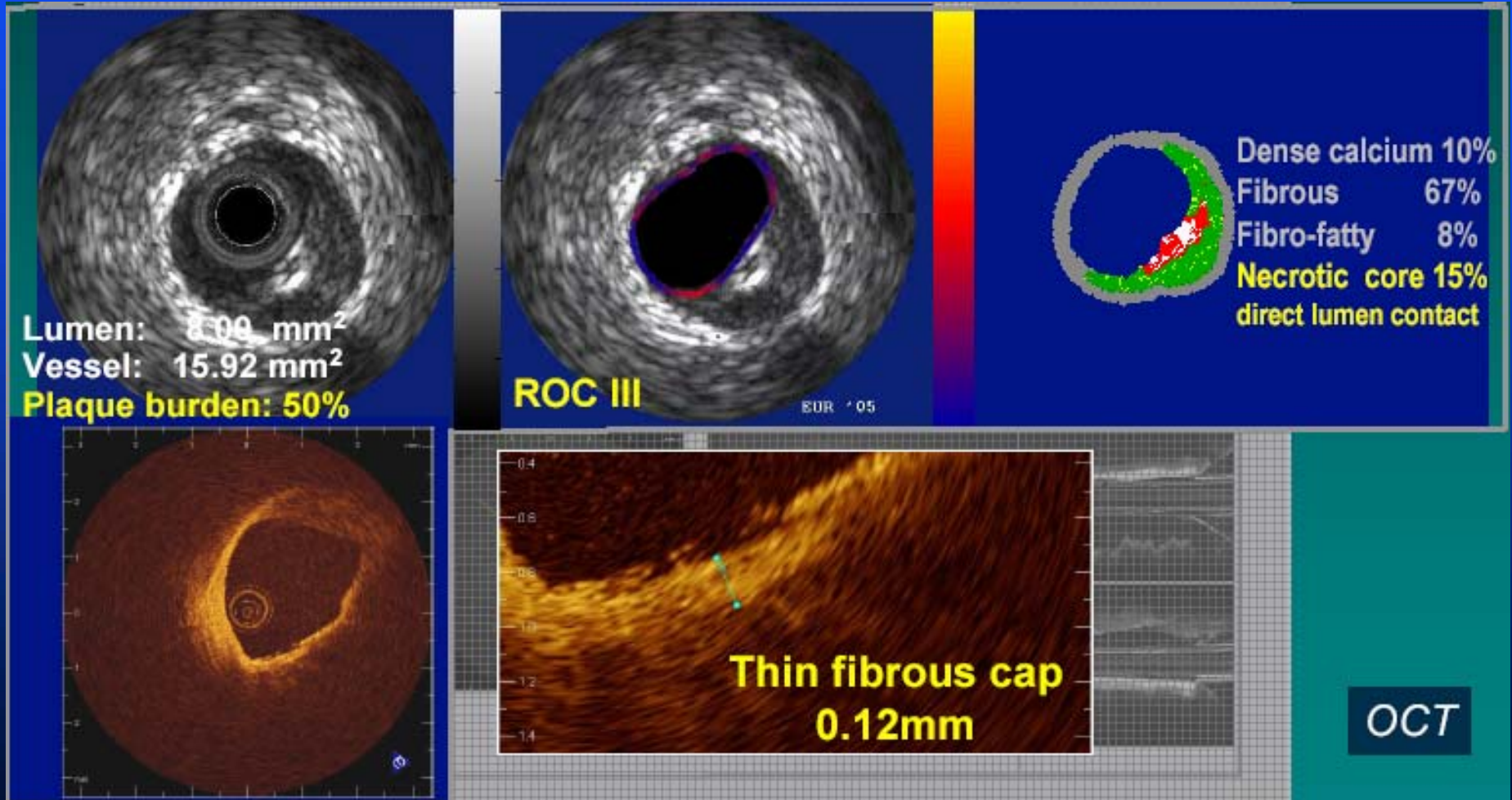
When positive remodeling index > 1.05

**When large lipid core (> 10%)
in direct contact with lumen**

When TCFA focal (3 slices), proximal < 30mm

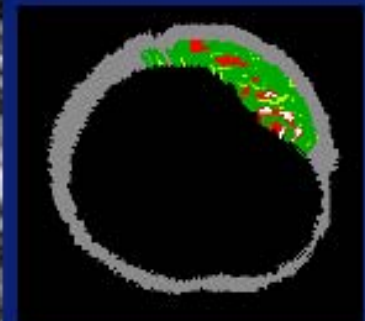
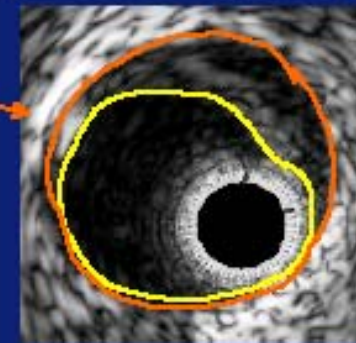
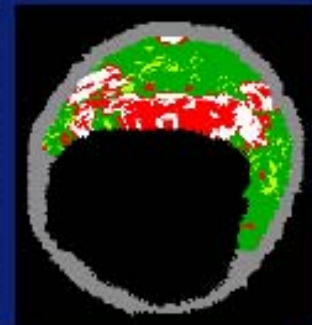
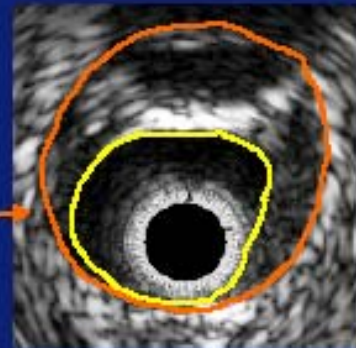
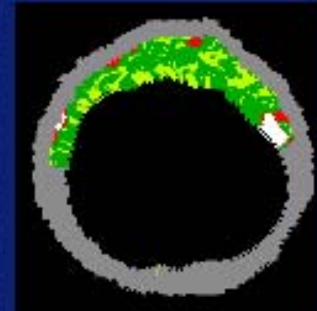
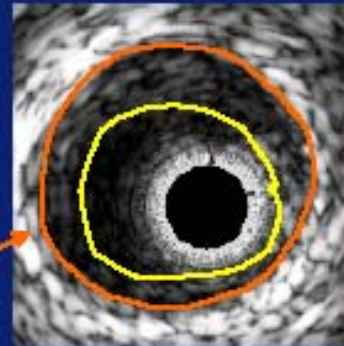
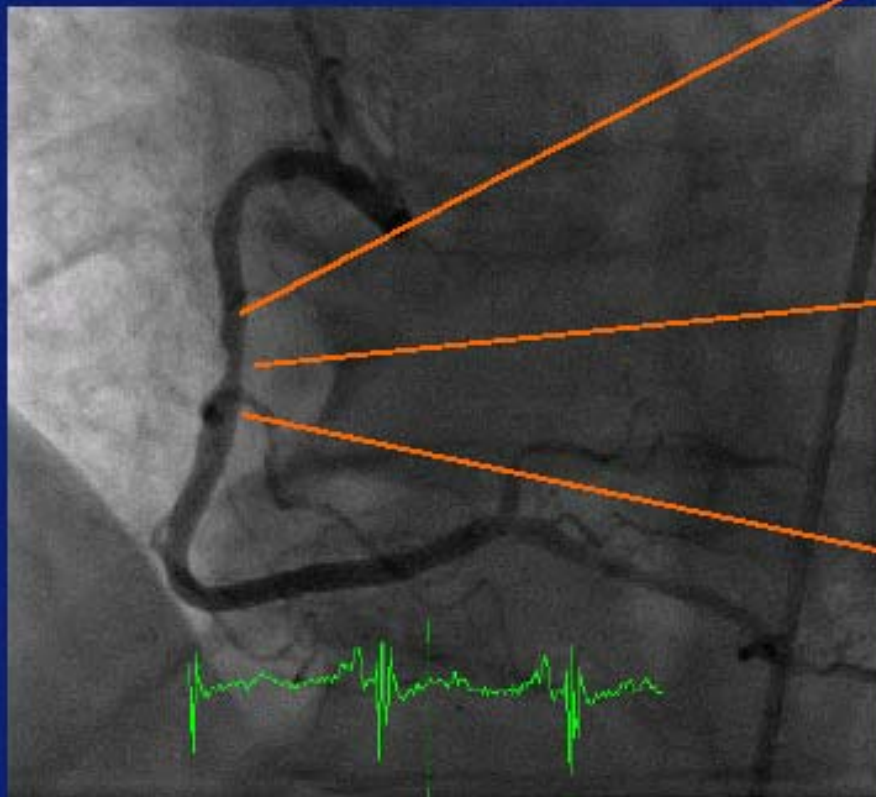
When ROC 3/4

IVUS vs VH vs Strain vs OCT



Case Example:

- Mid RCA
- Intermediate lesion
- Significant Necrotic Core near lumen



Intravascular MRI Catheter

