

## CODE CIVIL DES FRANÇAIS.

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### TITRE PRÉLIMINAIRE.

Décidé le 14 Ventôse an XI.  
Promulgué le 24 du même mois.

#### DE LA PUBLICATION, DES EFFETS ET DE L'APPLICATION DES LOIS EN GÉNÉRAL.

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#### ARTICLE 1.<sup>er</sup>

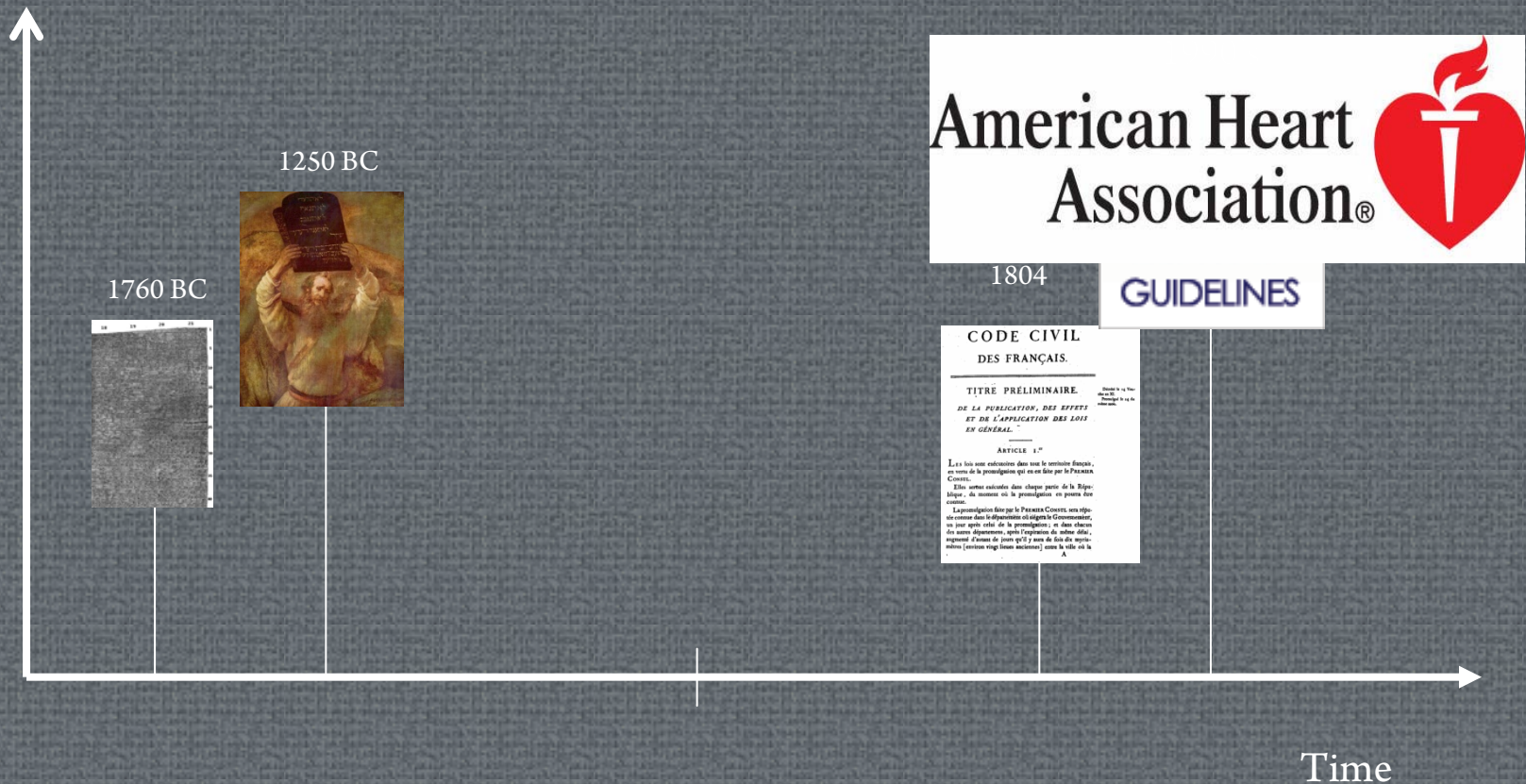
Les lois sont exécutoires dans tout le territoire français, en vertu de la promulgation qui en est faite par le **PREMIER CONSUL**.

Elles seront exécutées dans chaque partie de la République, du moment où la promulgation en pourra être connue.

La promulgation faite par le **PREMIER CONSUL** sera réputée connue dans le département où siège le Gouvernement, un jour après celui de la promulgation; et dans chacun des autres départements, après l'expiration du même délai, augmenté d'autant de jours qu'il y aura de fois dix myriamètres [environ vingt lieues anciennes] entre la ville où la

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# Guidelines chronological evolution



# Clinical Problem-Solving

## Adherence to the Guidelines

Cesarea Meeting 2010

Alex Blatt

# Clinical Case

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- 44 y old male, M+3, bus driver
- Previously healthy, no chronic medical Tx
- s/p appendectomy (1995)
- Father had an AMI at 47 y old
- Heavy smoker
- Negative Hx for illegal drugs or alcohol

# Clinical Event

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- Chest pain started at 9:30 a.m.; 3 hours later, he calls for an ambulance. Paramedics arrive, provide standard care.

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*Class I, LOE: B*

## Pre-hospital “Standard Care” (susp. ACS) *not* include:

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- 1) Perform & evaluate 12-lead ECG
- 2) If the ECG shows STEMI: review a reperfusion “checklist”
- 3) IV Heparin bolus 60u/kg (no more 4000u)
- 4) Chewed aspirin (162 to 325 mg)
- 5) Consider fibrinolysis if pre-hosp transport >60’



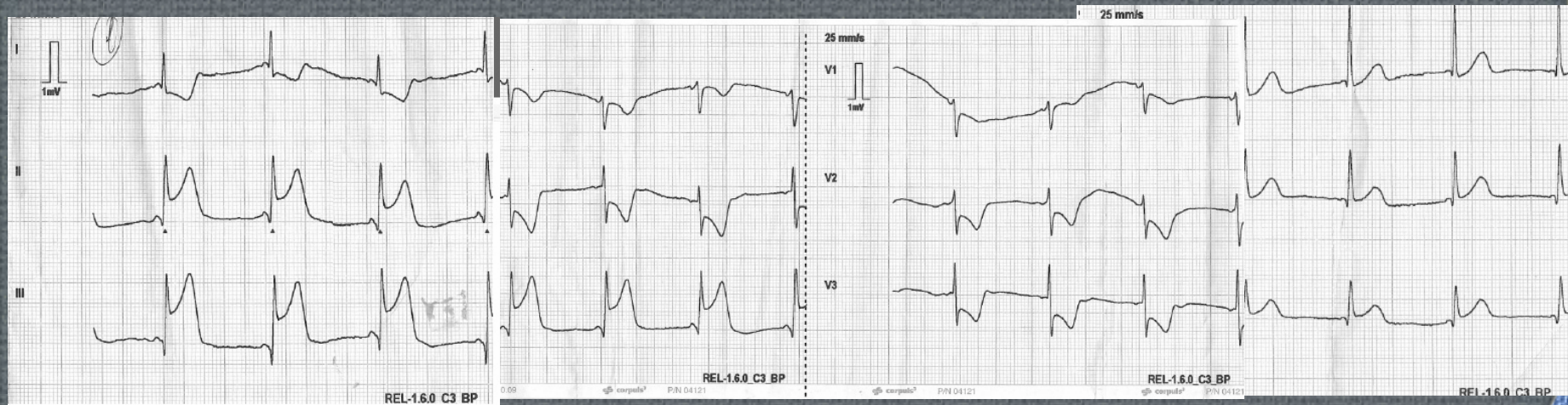
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# Physical exam. & 12-leads ECG

- Alert, frightened and diaphoretetic. BP 120/70, HR 68 regular, Sat 96%, JVP 10, Clear lungs.
- ECG:



Initial management will include  
all of follow, except:

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- 1) IV Morphine
- 2) Sublingual NG
- 3) IV NG
- 4) PO  $\beta$ -blockers
- 5) IV  $\beta$ -blockers

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- 1) IV Morphine - *Class I*
- 2) Sublingual NG - *Class I (III)*
- 3) IV NG - *Class I (III)*
- 4) PO  $\beta$ -blockers- *Class I*
- IV  $\beta$ -blockers* - *Class III*

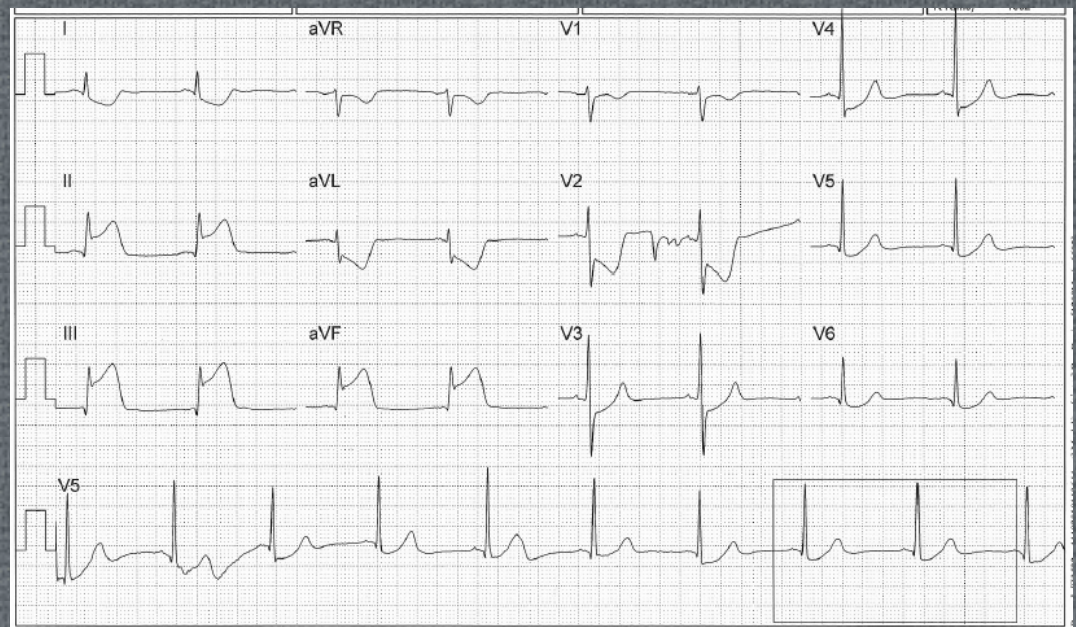
# “Patient in transit”

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- During transfer, minutes after the aspirin administration, the patient had two VF episodes: followed by short CPR and successful DC x2
- The patient arrives directly to ICU.

# ICU first assessment

- Crushing chest pain, RR 20, JVP 20, BP 110/60, rate 70, Sat 94%. Mild Systolic murmur 2/6, clear lungs.
- 12-leads ECG



# Indication for complete Rt-leads ECG

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- 1) *Optional (at physician discretion)*
- 2) *Should be performed, Class I*
- 3) *It is reasonable, Class IIa*
- 4) *May be considered, Class IIb*
- 5) *My be harmful, Class III*

# Indication for complete Rt-leads ECG

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# 18-leads ECG



# Reperfusion strategy selection

- ◉ *Time from onset of symptoms*
- ◉ *Risk of STEMI*
- ◉ *Risk of bleeding*
- ◉ *Time required for transport to skilled PCI lab*



*D2B or medical contact-to-balloon (D2TIMI III)*  
*D2N or medical contact-to-needle*

# Initial ICU treatment before PPCI

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- ✓ Blood test
- ✓ Loading Clopidogrel 600 mg
- ✓ Lipitor 80mg

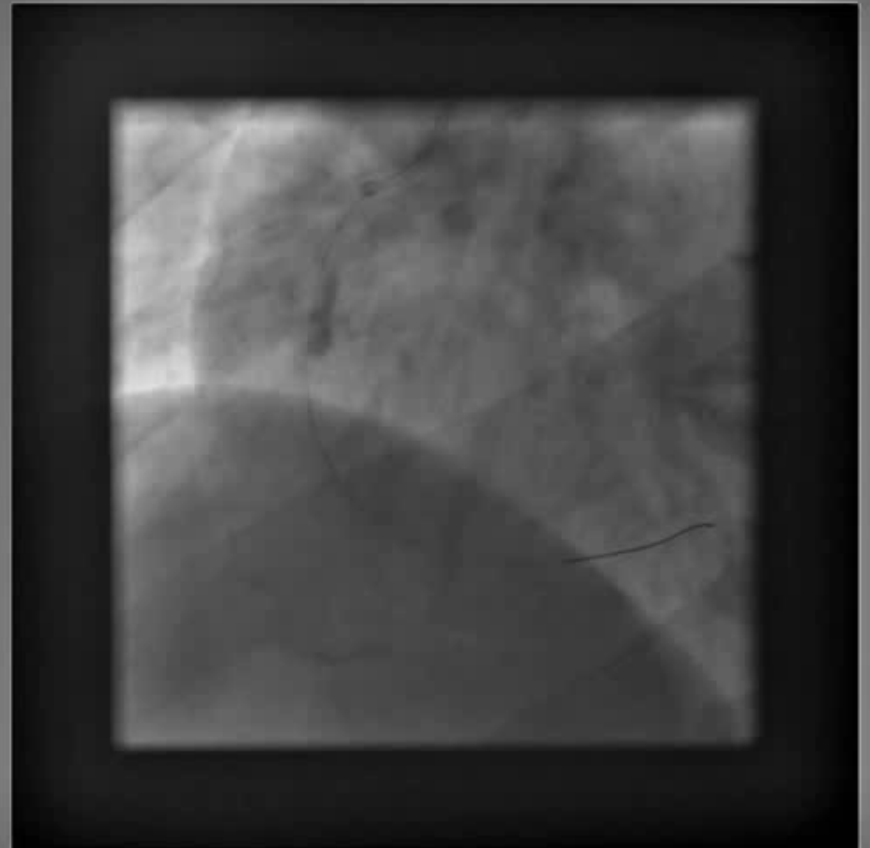
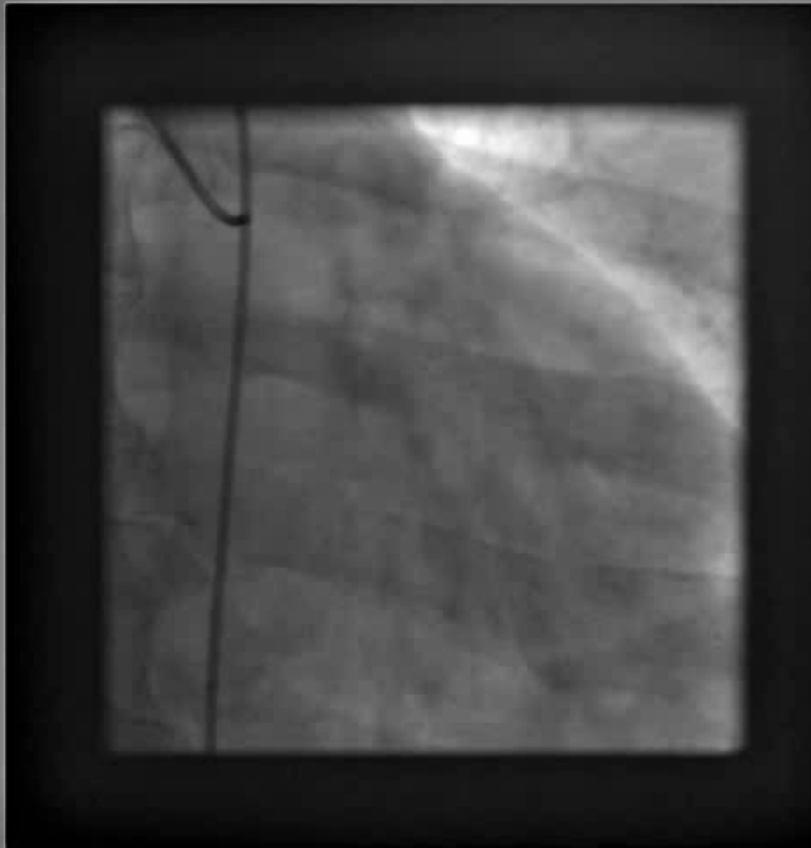
# Open Questions

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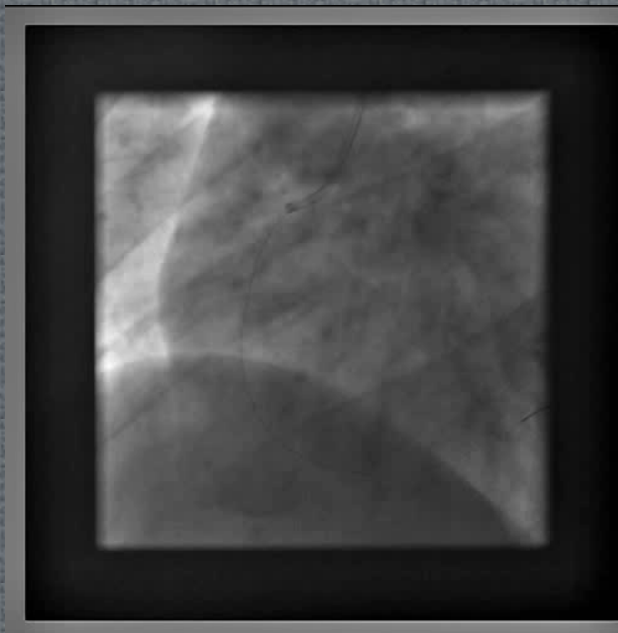
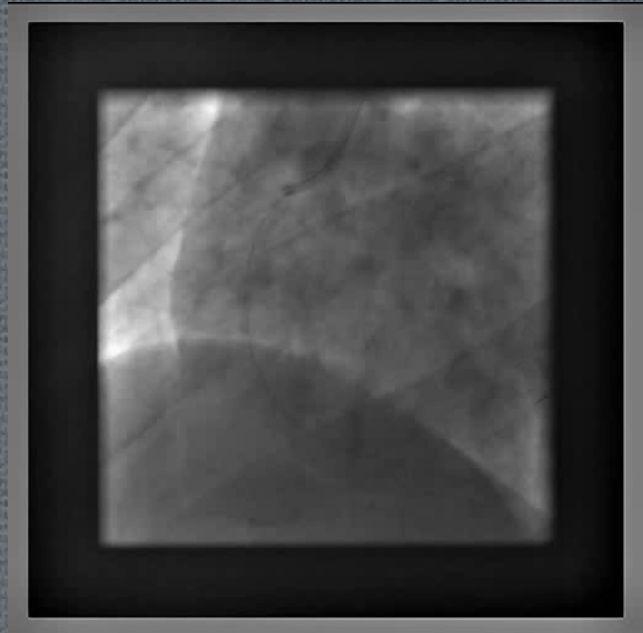
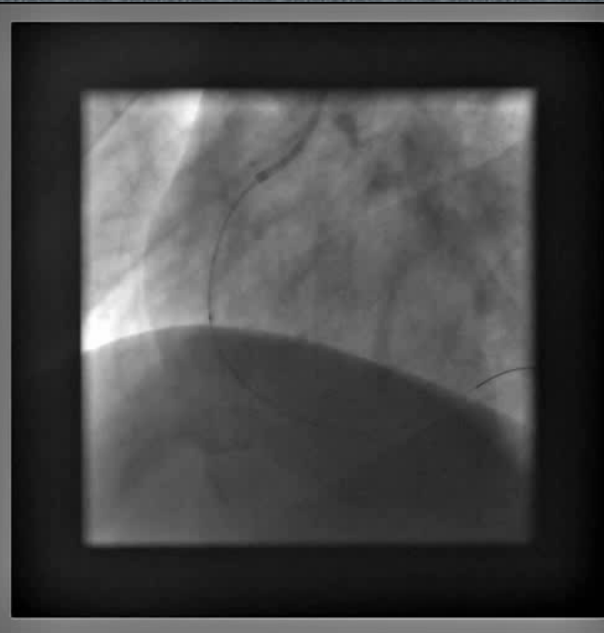
- 1) Vascular access? Femoral or Radial
- 2) Aspiration thrombectomy, for all cases?
- 3) IIb/IIIa antagonist: before, during or selected cases
- 4) Pharmacologic Tx beyond TIMI III achieved: adenosine, nitropruside, CCB

# Patient Angio

Opening BP 88/50, R 78, Sat 96%. Central line opened and IV fluids start



# PCI Strategy



# PPCI course:

- ✓ IV eptifibatide was initiated prior PCI
- ✓ Heparin bolus buster of 2500 u d/t ACT of 135
- ✓ IV Mg bolus 2 mg d/t two VT runs
- ✓ IV Lidocaine 100 mg (twice) d/t two VT runs
- ✓ Two runs of aspiration thrombectomy performed (Pronto<sup>®</sup> cath)

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**Which of the following is most the indicated therapy?**



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Something is *Class III* indication?

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# AHA/ACC Vs ESC differences



“the update versions are similar to one-another, but not identical”

**Table V.** Major new recommendations in the 2007 ACC/AHA and 2008 ESC guidelines for management of STEMI<sup>1,3</sup>

*Prehospital care*

- A network of PCI capable and non PCI hospitals connected by an efficient ambulance service should be set up (ESC<sup>\*</sup>)

*Analgesia*

- Avoid NSAIDs (except aspirin) during hospitalization (ACC/AHA class III-C, ESC class III-B)
- Stepped approach for analgesia in patients with musculoskeletal pain starting with acetaminophen or aspirin (ACC/AHA class I-C), and progressing to low dose narcotics, non-acetylated salicylates (ACC/AHA class I-C), non-selective NSAIDs (ACC/AHA class IIa-C) and NSAIDs with increasing degrees of relative COX-2 selectivity in patients with continued discomfort (ACC/AHA class IIb-C)

*β-Blocker therapy*

- Avoid intravenous β-blockers to patients with signs of heart failure, a low output state, or an increased risk for cardiogenic shock, heart block, or respiratory contraindications (ACC/AHA class III-A)

*Anti-coagulant therapy:*

- Enoxaparin (ACC/AHA class I-A) or fondaparinux (ACC/AHA class I-B) patients treated with fibrinolytic therapy. Enoxaparin or UFH in patients receiving fibrin specific agents (ESC class I-A). Fondaparinux or enoxaparin (ESC class IIa-B) or UFH (ESC class IIa-C) in patients receiving streptokinase.
- Fondaparinux may not be used as the sole anticoagulant to during PCI (ACC/AHA class III-C and ESC class III-B)
- Fondaparinux, enoxaparin or UFH may be used in patients who do not undergo reperfusion therapy (ACC/AHA class IIa-B, ESC class I-B)
- Bivalirudin may be used in patients undergoing PCI who were treated previously with UFH (ACC/AHA class I-C, ESC class IIa-B)

*Reperfusion therapy*

- Facilitated reperfusion strategy is not recommended (ACC/AHA class III-B and ESC<sup>\*</sup>).
- Routine angiography (with PCI if indicated) 3-24 hours after successful fibrinolysis (ESC class IIa-A).
- A strategy of coronary angiography with intent to perform rescue PCI is reasonable for patients in whom fibrinolytic therapy has failed (ACC/AHA class IIa-B).
- PCI of a totally occluded infarct artery >24 hours after STEMI is not recommended in asymptomatic patients (ACC/AHA and ESC Class III-B).
- Microvascular obstruction and reperfusion injury associated with PCI may be prevented with: co-administration of intravenous abciximab and thrombus aspiration (ESC class IIa-B); intracoronary administration of adenosine or verapamil (ESC class IIb-C); intravenous adenosine infusion over 3 hours during and after PCI (ESC class IIb-B)

*Antiplatelet therapy*

- Long-term maintenance therapy (eg, 1 year) with clopidogrel in all patients irrespective of the acute treatment (ACC/AHA and ESC class IIa-C). Clopidogrel for a minimum of 1 month and ideally up to 12 months in patients receiving BMS and for 12 months in patients receiving drug eluting stent (ACC/AHA class I-B)
- In patients requiring warfarin, clopidogrel, and aspirin therapy, an INR of 2.0 to 2.5 is recommended (ACC/AHA class I-C)

*Secondary prevention*

- Assess smoking status, advise to quit and to avoid passive smoking at each visit (ACC/AHA and ESC class I-B)
- Intensive low-density lipoprotein cholesterol reduction to <70 mg/dL (ACC/AHA class IIa-A) and <77 mg/dL (2 mmol/L; ESC class IIa-A). Statins in all patients to decrease low-density lipoprotein cholesterol <100 mg/dL (ESC class I-A)
- If triglycerides are 200 to 499 mg/dL, it is reasonable to target a non-high-density lipoprotein cholesterol <100 mg/dL (ACC/AHA class IIa-B).
- 30-60 min of moderate-intensity aerobic activity 7 days of the week (ACC/AHA class I-B) and resistance training 2 days per week (ACC/AHA class IIb-C)
- Annual influenza vaccination in all patients (ACC/AHA and ESC class I-B)

*General*

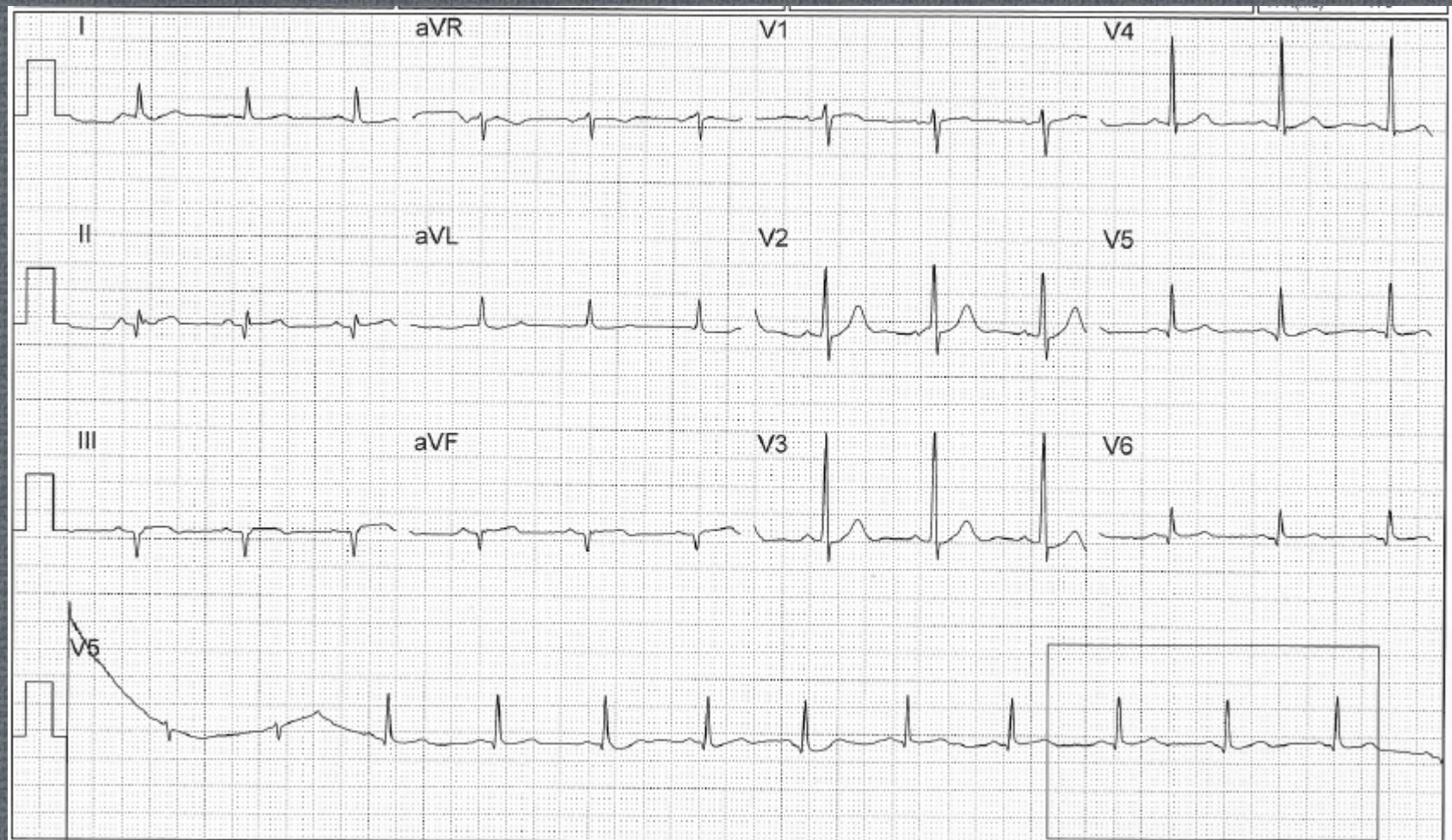
- Maintain blood glucose 90-140 mg/dL (ESC<sup>\*</sup>)

# Final result

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# ECG post PCI



# PPCI course

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- ✓ Final TIMI flow III, with blush grade 2
- ✓ ST resolution more than 70%
- ✓ IV NS > 2 liter

Happy end?

No, the story START !

The blood pressure still persistently low (<80 mmHg)



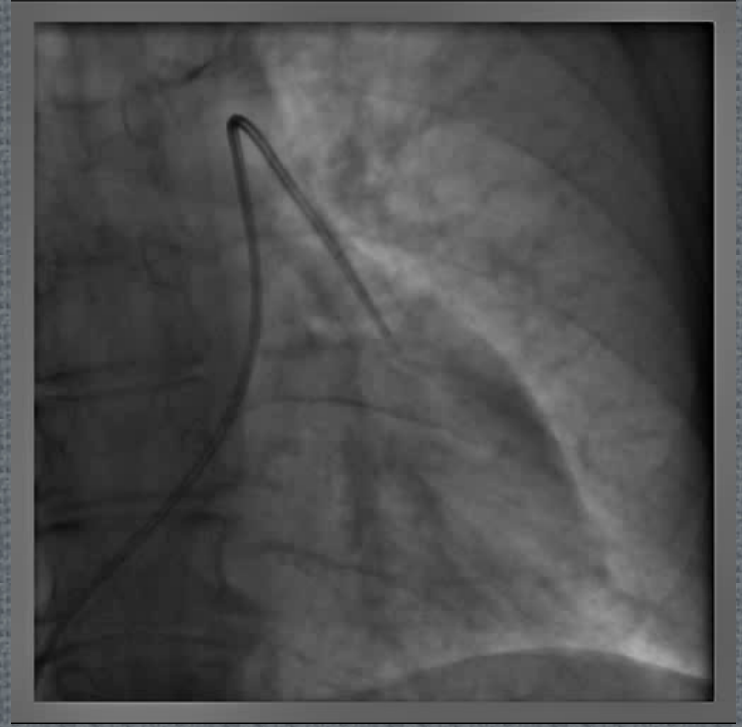
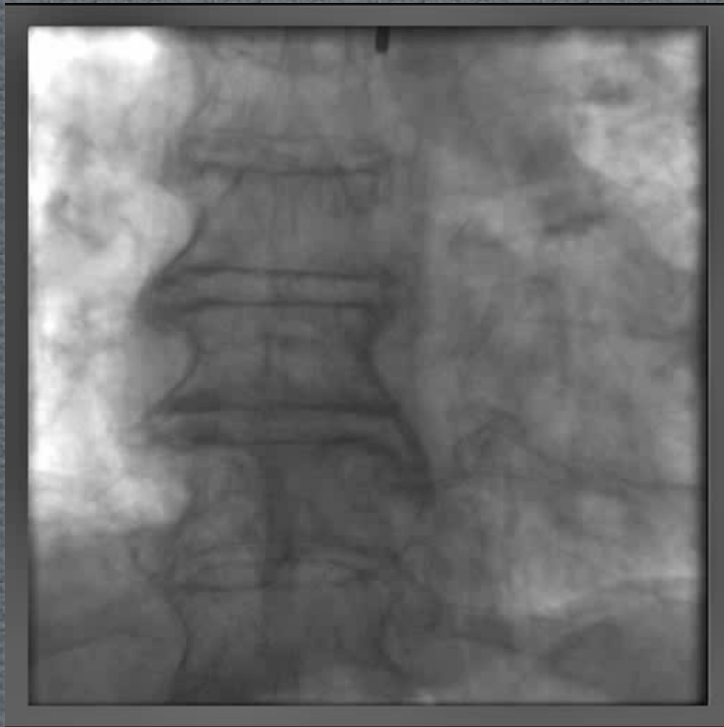
All of these steps are *Class I*, except:

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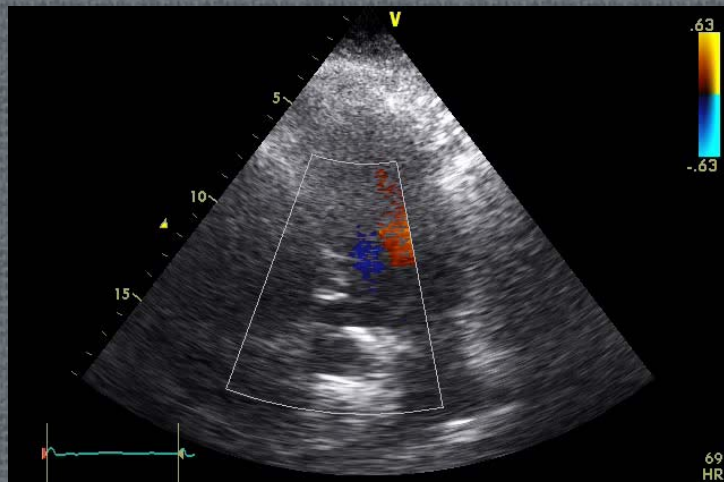
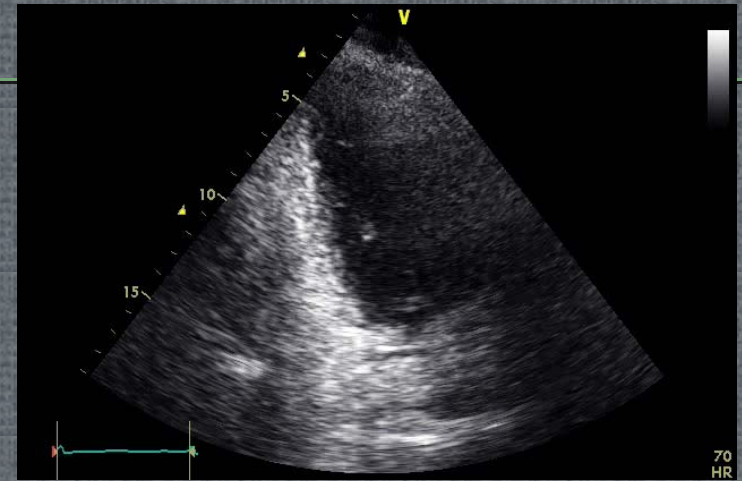
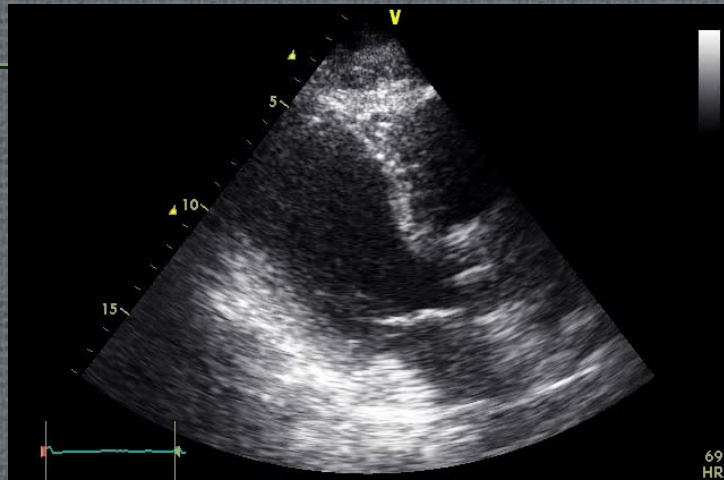
- 1) IABP support insertion
- 2) Continue huge amounts of IV fluids
- 3) Perform echocardiography
- 4) Insert S-G catheter
- 5) Mechanical Ventilation assistance

# Patient reassessment

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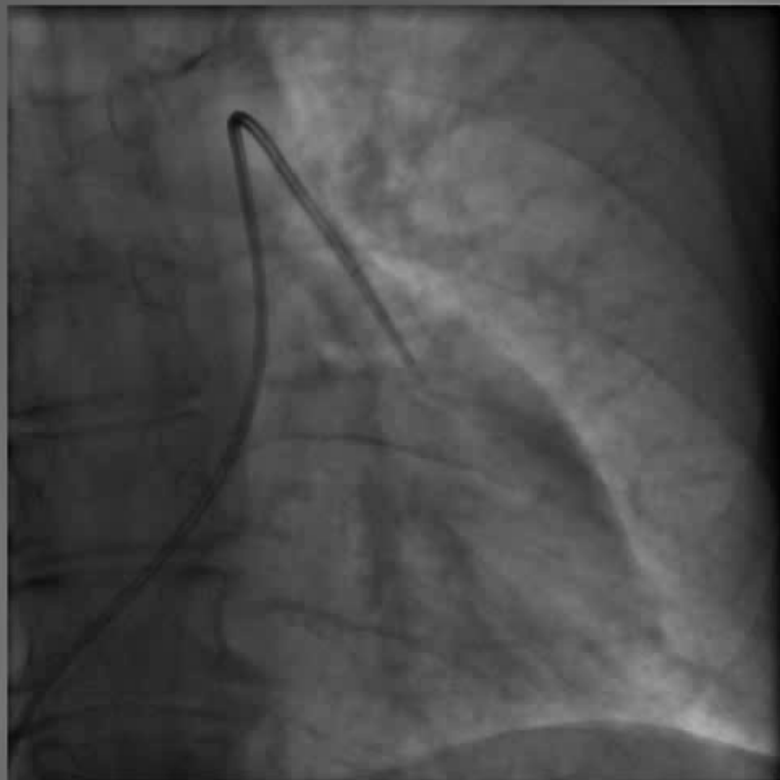


# Patient reassessment



Despite >8 liter fluids and NA the BP still <70 mmHg

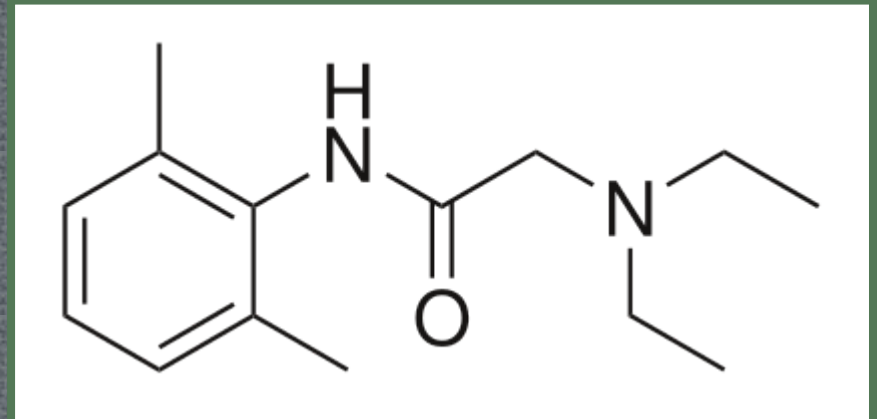
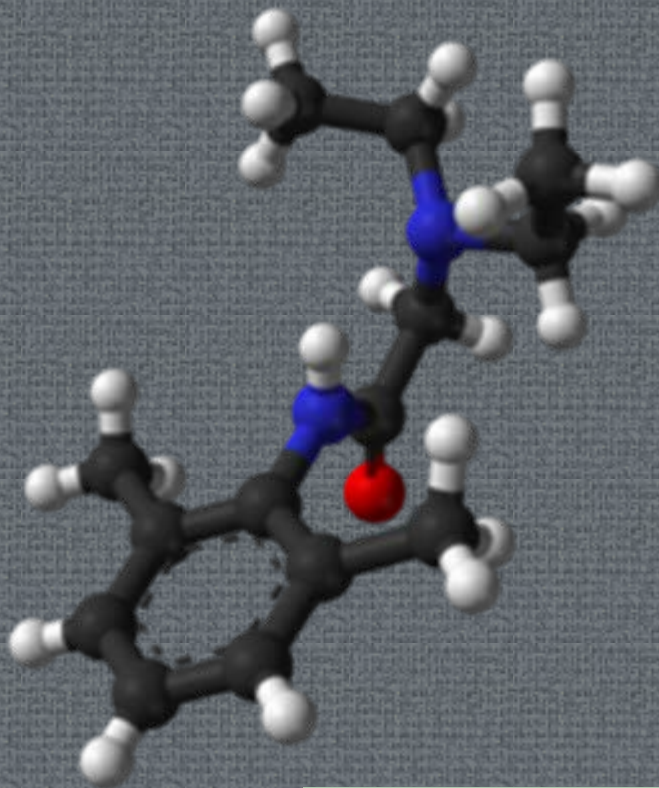
A diagnostic procedure was performed:



### CO Study (thermodilution)

CI	3.3	$\text{l/min/m}^2$
SVR	432	$\text{dyne-sec/cm}^{-5}$
PCWP	17	mmHg

# What's happened?



Refractory Hypotension lidocaine induced,  
superimposed on RV MI



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GOOD  
LUCK

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