

CardioRhythm 2009

20 – 22 February 2009, Hong Kong
Hong Kong Convention and Exhibition Centre

Third Announcement

Early Bird
Registration Deadline:
21 November 2008



New CRM Course for
Clinicians & Allied Professionals
18-19 February 2009

Call for Abstracts

Submission Deadline: 3 October 2008
New Young Investigator and Best Paper Awards



Hong Kong College of Cardiology

Co-organized by:



Chinese Society of
Pacing and Electrophysiology

Endorsed by:



Heart Rhythm
Society



ICPES



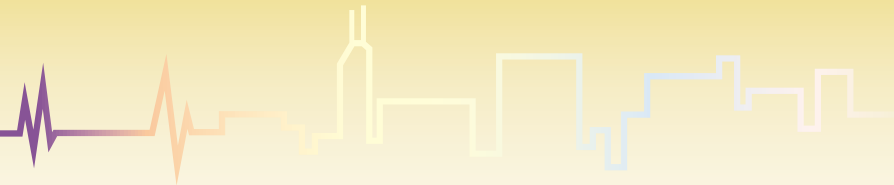
Conference Secretariat:

Global Event Management, Suite 2207, Tower 2, Lippo Centre, Admiralty, Hong Kong

Tel: (852) 2294 4468 Fax: (852) 2294 4489 Email: info@cardiorhythm.com

www.cardiorhythm.com

Invitation



It is our great pleasure to invite you to participate CardioRhythm 2009. The Conference is jointly organized by the Hong Kong College of Cardiology and the Chinese Society of Pacing and Electrophysiology. It will be held at the Hong Kong Convention and Exhibition Centre on 20 to 22 February 2009.

CardioRhythm 2009 will provide an excellent opportunity for you to remain abreast of the latest developments in the field of heart rhythm management. Our distinguished faculty of international and regional experts will present their latest research, both basic and clinical, and the most up-to-date information on issues in the management of rhythm disorders. The Scientific Committee has organized a most comprehensive and exciting program in Electrophysiology, Cardiac Pacing, Devices, Catheter Ablation, Atrial Fibrillation, Heart Failure and Sudden Death, which will be of interest to specialists and professionals alike.

Unique to the program is a series of mini-courses focusing on latest update for specific arrhythmia management, presented both electrophysiology and as case based tutorials. A new pre-conference CRM course for clinicians and allied professionals this year will give structured coverage in EP and device therapy. Other highlights of the program include oral abstracts and posters from all over the world. In addition, state-of-the-art products and technology will be shown in the exhibition.

CardioRhythm 2009 will no doubt be proven to be a valuable and enjoyable experience. You will enjoy Hong Kong - a renowned city for cuisine, shopping and hospitality.

Look forward to welcoming you to the vibrant city of Hong Kong!

Chu-Pak Lau
Co-Chairman
CardioRhythm 2009

Fang-Zheng Wang
Co-Chairman
CardioRhythm 2009

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Conference Information

Official Language:

English

Academic Accreditation:

Continuous medical education (CME) accreditation and continuous nursing education (CNE) accreditation will be applied from relevant Colleges in Hong Kong and China.

Exhibition:

In conjunction with the Conference, an exhibition featuring the latest products, equipment and educational materials in cardiac diseases will be held at the same time. Admission to the exhibition is free for all registered participants.

Conference Secretariat:

Global Event Management

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Call for Abstracts

Participants are invited to submit abstracts for the Conference that will be published in Europe and / or equivalent international journal. Submissions covering all topics related to cardiac rhythm including basic and clinical researches, and interesting case reports and series are welcome. Presenters are allowed to submit more than one abstract. 6 abstracts will be selected to receive either **Young Investigator Award** (Prize: US\$500) or **Best Paper Award** (Prize: US\$1,000). The awards are donated by Sun Chien Yeh Heart Foundation.

Abstracts must be written in English. The content should include: i) Background & Objectives, ii) Methods, iii) Results and iv) Conclusion. Please clearly type the title of the abstract, author name(s), institution name(s), and country of origin at the top of the abstract. The name of the presenting author should be underlined. The abstract should not exceed 250 words. It is recommended you use a computer-generated, Times New Roman, 10-point font, with single-line spacing. Abstract submission **MUST** be done on-line. Please follow the instructions on www.cardiorhythm.com. The deadline for submission is **3 October 2008**, and notification of acceptance will be sent out by **7 November 2008**. All free paper presenters are required to register with the Conference for presenting their works.

Abstract Categories

- Syncope
- Ablation - VT/SVT
- Bradycardia
- Tachycardia Therapy Device (ICD)
- New Advance
- Gene/Cell
- Atrial Fibrillation
- Sudden Cardiac Death
- Heart Failure
- Non-invasive Electrocardiography
- Pharmacological Therapy
- Case Report or Series

Important Dates

Important Dates	
2008	3 October Deadline for Abstract Submission
	7 November Notification of Abstract Acceptance
	21 November Deadline for Early Bird Registration Deadline for Hotel Reservation
2009	30 January Deadline for Tour Reservation
	18-19 February CRM Course for Professionals & Allied Professionals
	20-22 February Conference & Exhibition

Program-at-a-glance

	Wednesday 18 February 2009	Thursday 19 February 2009	Friday 20 February 2009	Saturday 21 February 2009	Sunday 22 February 2009
Morning	Pre-Conference CRM Course for Clinicians & Allied Professional (*Additional registration is required)		Scientific Session		
Afternoon			Lunch Symposium		
			Scientific Session & Case Demonstration		
Evening	Free		Opening Ceremony	Gala Dinner	

Sponsored Symposium (as of 10/6/2008):

- Biotronik
- Boston Scientific Hong Kong Ltd
- Medtronic International Ltd
- Servier Hong Kong Ltd

Program Topics



Atrial Fibrillation (Ablation)

Program Development Committee:

Andrea Natale (USA) - Chair

Karl-Heinz Kuck (Germany)

Young-Hoon Kim (Korea)

Session 1

Topics:

- Atrial Fibrillation Ablation Techniques and Outcomes
- Avoiding Complications of Atrial Fibrillation Ablation
- Debate: Robotic Shift Manipulation is the Appropriate Navigation System for Atrial Fibrillation Ablation
- Follow Up Protocols After Atrial Fibrillation Ablation
- Remote Navigation in Atrial Fibrillation Ablation Lab

Session 2

Topics:

- Adjunctive Imaging in Atrial Fibrillation Ablation
- Anticoagulation Strategy and Recommendations After Successful Atrial Fibrillation Ablation
- Debate: The Risk of Anticoagulation Outweighs the Benefit after Successful Atrial Fibrillation Ablation
- New Non-RF Technologies for Atrial Fibrillation Ablation
- Percutaneous Epicardial Ablation of Atrial Fibrillation

Workshops

- Ablation with Robotic Navigation
- Catheter Ablation after a Maze Procedure
- Catheter Ablation with Advanced Imaging: CARTOSound
- Four Step Approach for the Ablation of Chronic Atrial Fibrillation
- Percutaneous Epicardial Ablation of Atrial Fibrillation

Atrial Fibrillation (Device & Drug)

Program Development Committee:

Richard Page (USA) - Chair

John Camm (UK)

Cong-Xin Huang (China)

Session 1 - Atrial Fibrillation: The State of the Art for Drug Therapy and Intervention

International experts will discuss the state of the art in treating atrial fibrillation with drugs and ablation

Topics:

- Ablate and Pace: still a Good Option, and for whom?
- Atrial Fibrillation Ablation: a Practical Perspective
- Guideline-based Therapy: Rate Versus Rhythm Control
- The International Epidemic of Atrial Fibrillation: Demographics and Risk of Stroke

Session 2 - What is the Future of Atrial Fibrillation Therapy: Drugs, Ablation, Both?

In a separate session, leaders in the field from several continents will provide a glimpse of the future in pharmacological and interventional therapy of atrial fibrillation. Will we be providing drugs, performing ablation, or both?

Topics:

- New Antiarrhythmic Drugs: What's on the Horizon?
- New Techniques: Balloons, Freezing, Ultrasound and Beyond
- Novel Targets to Protect Against Atrial Fibrillation
- Options for Image-Guided Mapping and Ablation of Atrial Fibrillation

Ablation – VT/SVT

Program Development Committee:

Vivek Reddy (USA) - Chair

Akihiko Nogami (Japan)

Wee-Siong Teo (Singapore)

Session 1 – Mapping and Ablation of Difficult Supraventricular Tachycardias-What will the expert do?:

A Case-Based Approach

Topics:

- Approach to Map and Ablate of Atrial Tachycardia
- Atypical Atrial Flutter
- Differentiating PSVT in the EP lab
- WPW at Unusual Location

Program Topics



Session 2 – Catheter Ablation of VT

Topics:

- Ablation of Idiopathic VT
- Ablation of Recurrence Ventricular Fibrillation
- Post-MIVT: How to Ablate
- RV and LV Arrhythmogenic Cardiomyopathies

Bradycardia Pacing

Program Development Committee:

David Hayes (USA) - Chair Toshiyuki Ishikawa (Japan) Razali Omar (Malaysia) Shu Zhang (China)

Session 1 - Basics of Bradycardia Pacing: Putting Case Studies into Practice

Common Problems in Pacing - A case-based symposium: Physicians and caregivers involved in cardiac pacing need a thorough understanding of justification for pacing, selection of the best pacemaker and how to deal with potential complications. In this session, each discussion will be based on a case that demonstrates the importance of understanding these principles, putting each discussion into 'real-life' perspective.

Topics:

- Choosing the Right Pacing Mode
- Complications of Device Implantation
- Electrical Interference and Device Management: What Really Matters?
- Guidelines for Cardiac Pacing

Session 2 - Controversial Issues in Cardiac Pacing

Controversial Issues in Pacing - Many of the principles and techniques of cardiac pacing have stayed the same for many years. However, this is a discipline that continues to evolve and there are areas of controversy regarding indications for a pacing device in patients without an underlying arrhythmia; best sites for lead placement; the role of pacing in prevention of atrial fibrillation; and pacing the patient with congenital cardiac anomalies. All of these issues will be addressed by individuals that have been critical to the evolution of these controversies.

Topics:

- Alternate- or Dual-Site Right Ventricular Pacing
- Pacing for Non-Arrhythmic Indications
- Pacing for the Prevention of Atrial Fibrillation
- Pacing in Patient with Congenital Heart Disease

ECG: Classic, Complex and Unknown

Program Development Committee:

Pedro Brugada (Belgium) - Chair Eric Prystowsky (USA)

Topics:

- Bradycardias
- Complex Rhythms
- Tachycardias

Gene/Cell

Program Development Committee:

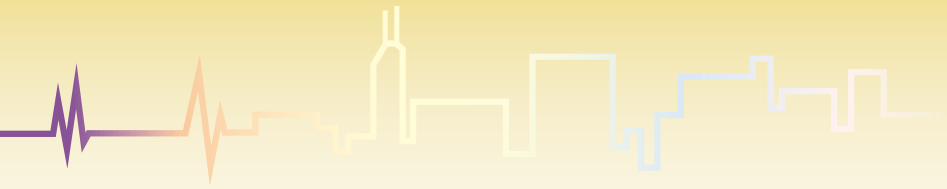
Douglas Packer (USA) - Chair Ronald Li (HK)

Session 1 – Novel Therapies for Cardiac Arrhythmias

Topics:

- Bio-ablation
- Biological Pacemaker
- Gap Junction as a Target of Therapy
- Gene Therapies Directed at Ion Channels

Program Topics



Heart Failure

Program Development Committee:

Angelo Auricchio (*Switzerland*) – Chair Jeroen Bax (*Netherlands*) Cheuk-Man Yu (*HK*)

Session 1 - Debates

Topics:

- All patients with heart failure and AF should undergo AF ablation
- CRT should be implanted in Patients with AV Block and Heart Failure

Session 2 – How the Experts Program and Implant CRT

Topics:

- Interactive cases presented and discussed by a panel of intervention experts

Session 3 – New Development in CRT

Topics:

- Current and Future Role on Device Diagnostics in CRT Device
- Predictors of CRT Response
- Unconventional Applications of CRT
- Role of Echocardiogram in Selection of Candidates and Optimisation

New Therapies

Program Development Committee:

Bradley Knight (*USA*) - Chair Bruce Lindsay (*USA*) Tohru Ohe (*Japan*)

Advances in Navigation and Imaging in the EP Laboratory

The “New Therapies” sessions will provide updates on the progress of new technologies that have applications during cardiac ablation procedures. These advanced technologies will include remote navigation systems using magnetic navigation, robotic sheath manipulation, and remote catheter handle manipulation. New advances in imaging tools for the Electrophysiology Laboratory will also be discussed.

Topics:

- Catheter-Based Reconstruction of Cardiac Chambers
- Image Integration
- Intracardiac Echocardiography
- Magnetic Catheter Tip Navigation
- Magnetic Resonance Imaging of Cardiac Ablation Lesions
- Non-Contact Cardiac Mapping
- Remote Handle Manipulation
- Robotic Sheath Manipulation

Sudden Cardiac Death

Program Development Committee:

Eric Prystowsky (*USA*) - Chair De-Jia Huang (*China*) Tachapong Ngarmukos (*Thailand*)

Session 1 - Debates on Risk-stratification

Topics:

- All patients with Brugada ECG should undergo EP testing for risk-stratification
- Genetic testing should be routine in asymptomatic patients with QT prolongation
- Most patients with cardiac sarcoidosis should receive an ICD

Session 2 - Gray Hairs for Gray Zones

Topic:

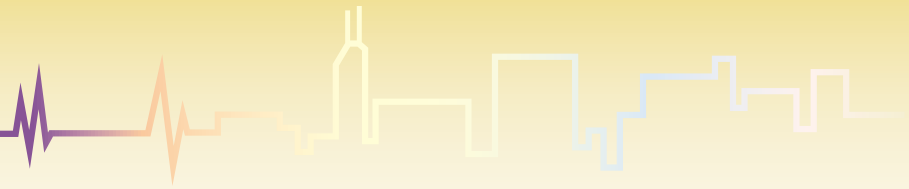
- Interactive cases presented and discussed by a panel of international experts

Session 3 - 2008 ACC/AHA/HRS Device Guidelines Update

Topics:

- CRT Indications
- ICD Indications
- Pacemaker Indications

Program Topics



Syncope

Program Development Committee:

David Benditt (USA) - Chair Haruhiko Abe (Japan) Richard Sutton (UK)

Topics:

- Occupational Impact of Syncope
- Physical Maneuvers for Preventing Reflex Syncope
- Predicting Onset of Neurally-mediated Syncope
- Syncope in Heart Failure
- The Syncope Management Unit (SMU) Concept

Tachycardia Therapy Device (ICD)

Program Development Committee:

Bruce Wilkoff (USA) - Chair Carsten Israel (Germany) Muhammad Munawar (Indonesia)

Session 1 - Electrical Nightmares: A Case-Based Approach

Topics:

- Electrical Storms: Electrograms & Therapy
- Failure of Defibrillation: Implant and Follow-up
- Lead Failures: Diagnosis & Therapy
- Loss of Cardiac Resynchronization Due to Arrhythmias

Session 2 - ICD Shocks: Approach and Avoidance

Topics:

- Do ICD Shocks Cause Harm or Identify Higher Risk Patients?
- Drugs or Ablation to Avoid Shocks and When
- Programming to Reduce Shock Frequency
- Testing Defibrillation Efficacy: What is the Value?

Special Sessions

Advances in Ablation and Device Putonghua

Program Development Committee:

Shu Zhang (China) - Chair Cong-Xin Huang (China) De-Jia Huang (China) Chang-Sheng Ma (China) Da-Yi Hu (China)
Fang-Zheng Wang (China)

Bard Symposium

Program Development Committee:

Eric Prystowsky (USA) - Chair Chu-Pak Lau (Hong Kong)

ICPES

Program Development Committee:

Chu-Pak Lau (Hong Kong) - Chair Massimo Santini (Italy)

Topics:

- Availability of Arrhythmia Therapy Worldwide
- Device Recall
- International Availability of Anti-arrhythmia Medications
- Pacing Registry

Joint Session with Heart Rhythm Society

Program Development Committee:

Richard Page (USA) - Chair Jacy Hanson (USA) Dwight Reynolds (USA)



Special Sessions

Joint Session with Indian Heart Rhythm Society – Controversy in Arrhythmia Management

Program Development Committee:

Sanjeev Saksena (*India*) - Chair Kamal Sethi (*India*)

Topics:

- Biatrial linear ablation is unnecessary in paroxysmal atrial fibrillation
- Biventricular pacing does not require defibrillator backup in moderate heart failure
- Debate: The potential atrial fibrillation epidemic in India can be aborted by prevention of hypertension and rheumatic fever
- Intracardiac echocardiographic imaging is unnecessary for in left atrial ablation in paroxysmal atrial fibrillation

Joint SOLAECE Symposium

Program Development Committee:

Luis Molina (*Mexico*) - Chair Oscar Oseroff (*Argentina*)

Practical Aspects of Arrhythmia Management

Program Development Committee:

Ngai-Shing Mok (*Hong Kong*) - Chair Kwok-Keung Chan (*Hong Kong*) Wing-Hong Fung (*Hong Kong*) Steve WK Lai (*Hong Kong*)

Session 1

- Patients with Syncope and Palpitation - How to Approach?
- Cause of Syncope – How History and Investigations Help?
- Investigation of Palpitation – ECG, Holter, EP Study & Others
- Pharmacological Treatment of Tachyarrhythmias
- Prevention and Treatment of Vasovagal Syncope

Session 2

- ECG in Daily Clinical Practice – How to Interpret ?
- Bradycardia
- Markers of Sudden Cardiac Death in Sinus Rhythm ECG
- Tachycardia (I) – Narrow-complex Tachycardia
- Tachycardia (II) – Wide-complex Tachycardia

Session 3

- Cardiac Device – Who Should Receive the Implant and How to Advise Recipients on Their Daily Life Activities ?
- Mobile Phone & Other Electromagnetic Interference
- Overview of Pacemaker and ICD Implantation
- Sports, Driving & Domestic Life
- Update on Implantation Guidelines

Session 4

- Catheter Ablation - How to Select Suitable Candidates ?
- Atrial Fibrillation
- Supraventricular Tachycardia
- Update on Catheter Ablation for Treatment of Cardiac Arrhythmias
- Ventricular Tachycardia

Sudden Cardiac Death in Asian Pacific Region – Principle to Practice

Program Development Committee:

Kazuo Matsumoto (*Japan*) - Chair Kathy LF Lee (*Hong Kong*) Fang-Zheng Wang (*China*) San-Jou Yeh (*Taipei*)

Certificate Course in Cardiac Rhythm Management for Clinicians & Allied Professionals



Date : 18 - 19 February 2009

Venue: Hong Kong Convention and Exhibition Centre

Course Objectives:

1. Full coverage in cardiac rhythm management from basic to advance level
2. To enhance competence in both basic and advance EP & device management
3. To help prepare for examinations for clinicians & allied health professionals in EP & device management

Course Co-directors:

Christine Chiu-Man (*Canada*)

Chu-Pak Lau (*Hong Kong*)

Kathy LF Lee (*Hong Kong*)

Program Development Committee:

Wai-Kwong Chan (*Hong Kong*)

Dulce Obias-Manno (*USA*)

Melanie Gura (*USA*)

Marleen Irwin (*Canada*)

Susan Song (*USA*)

Faculty

Rosemary Bubien (*USA*)

Elizabeth Ching (*USA*)

Jennifer Cummings (*USA*)

Kenneth Ellenbogen (*USA*)

Lynne Foreman (*USA*)

Mario Evora (*Macau*)

Dongsheng Gao (*Canada*)

Robert Gow (*Canada*)

Gil Gross (*Canada*)

Melanie Gura (*USA*)

Robert Hamilton (*Canada*)

David Hayes (*USA*)

June Huh (*Korea*)

Jonathan Kalman (*Australia*)

Ruth Kam (*Singapore*)

Akiko Kase (*Japan*)

Sung-soon Kim (*Korea*)

Anthony King (*Philippines*)

Young-Hoon Kim (*Korea*)

You-Ho Kim (*Korea*)

Joel Kirsh (*Canada*)

William Lewis (*USA*)

Bruce Lindsay (*USA*)

Kazuo Matsumoto (*Japan*)

Brian McCrindle (*Canada*)

Daiji Miura (*Japan*)

Harry Mond (*Australia*)

Loredana Morichelli (*Italy*)

Muhammad Munawar (*Indonesia*)

Kazufumi Nakamura (*Japan*)

Tachapong Ngarmukos (*Thailand*)

Susan O'Donnahue (*USA*)

Tohru Ohe (*Japan*)

Feifan Ouyang (*Germany*)

Richard Page (*USA*)

Young Park (*USA*)

Michael Pelini (*USA*)

Renato P. Ricci (*Italy*)

Azhari Rosman (*Malaysia*)

Julie Shea (*USA*)

Win-Kuang Shen (*USA*)

Elizabeth Stephenson (*Canada*)

Mark Sweesy (*USA*)

Craig Swygman (*USA*)

MS Wen (*Taipei*)

Shu-Lin Wu (*China*)

Raymond Yee (*Canada*)

Ji-Hae Yun (*Korea*)

Shu Zhang (*China*)

Highlights of the Program:

- Practical tips in ECG interpretation
- Heart Failure Pathophysiology and Management Update 2009
- Cardiac Resynchronization
- AFib: Ablation and Patient Management Issues
- Anatomy, Fluoroscopy, Radiation Safety and 3D Imaging in EP
- Cellular Electrophysiology and Autonomics in Arrhythmogenesis
- SVT Substrates, Recognition and Differentiation Strategies in the EP Lab
- VT Pathophysiology and Ablation Approaches
- Pacemaker Programming and Troubleshooting
- Remote Monitoring: Good or Bad?
- Fundamentals of EP testing
- Basics of Cardiac Pacing
- ICDs: Basics and Beyond

Registration Fee

Date	Registration	Early Bird Rate (On or before 21 Nov 08)	Standard Rate (22 Nov 08 – 30 Jan 09)
20-22 Feb 09	Members of Hong Kong College of Cardiology & Chinese Society of Pacing and Electrophysiology	HKD 1,200 / USD 160	HKD 1,500 / USD 195
	Allied Professionals	HKD 1,200 / USD 160	HKD 1,500 / USD 195
	Non-members	HKD 3,000 / USD 400	HKD 3,500 / USD 450
	Accompanying Persons	HKD 300 / USD 40	
18-19 Feb 09	Certificate Course in Cardiac Rhythm Management for Clinicians & Allied Professionals <i>*Inclusive of course & main conference</i>	HKD 4,000 / USD 515	HKD 4,400 / USD 570
21 Feb 09	Gala Dinner	HKD 470 / USD 60	

Notes:

Registration fee of Certificate Course in CRM for Clinicians & Allied Professionals includes access to 18-19 Feb 2009 course and 20-22 Feb 2009 main conference.

Registration Procedures

Registration must be made on the official Registration Form which can be downloaded from official website www.cardiorhythm.com Registration can be either made by credit card or bank draft in US Dollars or local cheque in HK Dollars. The payment must be made payable to “Hong Kong College of Cardiology”. For credit card payment, only Visa or MasterCard will be accepted.

Registration form and payment must be sent to the Secretariat:

CardioRhythm 2009
c/o Global Event Management
Suite 2207, Tower 2, Lippo Centre, 89 Queensway, Admiralty, Hong Kong

Registration Entitlements

Registered participants will receive a registration confirmation. With this confirmation, you are invited to participate in the opening ceremony, all scientific sessions and exhibition.

Cancellation

If written cancellation is received before 30 November 2008, 50% of registration fee will be reimbursed. There will be no refund for cancellations received after this date.

Letter of Invitation

The conference secretariat will provide a letter of invitation upon request. This letter is to facilitate participant's travel and visa arrangement only.

Gala Dinner

Dinner at Lamma Island with Sunset Harbor Cruise

The spectacular backdrop of Hong Kong Island's stunning skyline will fire your imagination as darkness falls and a dazzling neon cityscape emerges. Start the evening with sunset cruise over Victoria Harbor which sails through the central parts of the harbor to an outlying island - Lamma Island - where dinner will be served at Lamma Fisherfolk Village. We will end the evening by cruising back to Central which you can enjoy the glittering panoramic views of both sides of the harbor. Round trip transfers between conference venue (Hong Kong Convention & Exhibition Centre) and pier at Central will be included.



Price: HKD 470 / USD 60 per person

Information on Hotels

Please download hotel booking form from website www.cardiorhythm.com

Hotel	Distance to HKCEC (Conference venue)	Room Type	Room Rate* (per night)	Hotel Details
Grand Hyatt Hong Kong	Adjacent to HKCEC	Garden View	US\$412	1 Harbor Road Wanchai, Hong Kong Tel: (852) 2588 1234 Fax: (852) 2802 0677 www.hongkonggrand.hyatt.com
		Harbor View Room	US\$497	
Renaissance Harbor View Hotel	Adjacent to HKCEC	Garden View Room	US\$318	1 Harbor Road Wanchai, Hong Kong Tel: (852) 2802 8888 Fax: (852) 2802 8833 www.renaissancehotels.com/hkghv
		Harbor View Room	US\$384	
Novotel Century Hong Kong	10 minutes walk	Standard Room	US\$188	238 Jaffe Road Wanchai, Hong Kong Tel : (852)2598 8888 Fax : (852)2598 8866 www.novotelcenturyhk.com
Harbor View International House	5 minutes walk	Premier Room	US\$129	4 Harbor Road Wanchai, Hong Kong Tel: (852) 2802 0111 www.harbourymca.org.hk

* The above rates are inclusive of 10% service charge and 3% government tax. Breakfast is excluded. Deadline of hotel reservation is 21 November 2008

Information on Tours

Hong Kong is a vibrant city with exciting and diversified sights for all tourists. The nearby city of Macau is an attractive day-visit destination. There is so much to do in such a small area.

Hong Kong Island Tour (9am - 1:30pm)

Fee: USD29 per person (No lunch)

Pass through Causeway Bay, the Suzie Wong district of Wanchai, and Happy Valley where the horseracing tracks are located. Followed with the scenic area of Deep Water Bay and Repulse Bay with its splendid beaches. Next stop will be Stanley Market, which is great for bargain hunting and Aberdeen to see fishermen and their families on hundreds of junks and sampans. The tour will be completed with a final stop of Victoria Peak, famous with its breathtaking skyscrapers. As an extra attraction, a visit will be made to a jewelry workshop for a behind-the-scene look at the fine craftsmanship of jewelry making in the orient.



The Land between New Territories Tour (9am - 2pm)

Fee: USD54 per person (Include lunch)

Away from the maddening pace of the city, this tour offers a glimpse of the rural and traditional Hong Kong. Visit the Yuen Yuen Institute, a large monastery complex housing the three predominant local religious Buddhism, Taoism and Confucianism. Afterwards, go to Tai Mo Shan, Hong Kong's highest mountain for spectacular panoramic views of surrounding areas. Next stop is where you need binoculars. In the distance lies the border village of Sha Tau Kok and nearby a protected bird sanctuary where Chinese Pond Herons, Night Herons and the rare swinnoe's Egrets can be seen. Final stop at a fish-farming zone at Sam Mun Tsai and lunch will be served at Sha Tin racecourse.



A day to an outer island "Lantau Tour" (8:30am - 4:30pm)

Fee: USD75 per person (Include lunch)

Pick up from hotel and board on an hour ferry to Silver Mine Bay on Lantau, which is twice the size of Hong Kong Island. On arrival, disembark for a 5-hour coach tour of the island including visits to Cheungsha beach, Tai-O fishing village and see the world's tallest outdoor seated bronze Buddha on the top of Lantau Peak. A vegetarian lunch is served in the Monastery, followed by guided tour to the "Walking with Buddha" in the culturally themed Ngong Ping Village before transfer back to hotels.



One day Macau Tour (8am - 7:30pm)

Fee: USD91 per person (Include lunch)

*Please bring along your passport

Transfer from hotel to Macau Pier to take jetfoil to Macau which is 40 miles away from Hong Kong. Highlights include visits to the 600 year-old Goddess of Mercy Temple, the historical Barrier Gate between Macau and China, the Ruins of Sao Paulo, San Ma Lo and Penha Hill. Lunch will be served at a local restaurant. A visit to one of Macau's famous casinos is also included.



Reservation

Reservation for sightseeing tours must be made on the Hotel and Tour Reservation Form downloadable from the official website of CardioRhythm 2009. Prepayment is required upon reservation.

Deadline

The deadline for reservation is 30 January 2009.

Cancellation

All cancellations or changes must be made in writing. If cancellation is received after prepayment, 50% of the fee will be charged as handling fee. No refund for any no show on the date of tour.

Enquiry on hotel and tour reservation

Please contact Swire Travel Ltd

Tel : (852) 3151 8816 / 3151 8829

Fax : (852) 2590 0099

Email: hkchina@swiretravel.com

Information on Hong Kong

Bank

Major banks are open from 9am to 4:30pm Monday to Friday, and 9am to 12:30pm on Saturday. They close on Sundays and public holidays.

Currency

Legal tender is the Hong Kong Dollar (HKD). There are 100 cents in a dollar. Coins, issued by the government, are bronze-colored for 10 cents, 20 cents and 50 cents; silver-colored for HKD1, HKD2, HKD5, nickel and bronze for HKD10. Notes issued by HSBC and Standard Chartered Bank have denominations of HKD10, HKD20, HKD50, HKD100, HKD500 and HKD1000. The Bank of China issues all of the denominations except HKD10.

Electricity

The standard electrical voltage in HK is 220 volts AC, 50HZ, so you will need an adaptor for your 100-volt appliances and electrical equipment. The majority of electrical outlets in Hong Kong take a three-pronged plug. You can buy an inexpensive adaptor for your equipment when you arrive in Hong Kong.

Exchange Rates

Since the mid-1980s, the value of the Hong Kong dollar has been pegged at HKD7.8 to the US dollar, and consequent rates of exchange to other currencies. However, the market rate exchange to the US dollar fluctuates marginally. Banks and money changers charge commission. Similarly, commissions are payable in hotels and major retail outlets which provide exchange facilities for their customers.

Mobile Services

Using your mobile phone in Hong Kong is convenient as most of the telephone systems used around the globe - like GSM 900, PCS 1800, CDMA and WCDMA - operate in Hong Kong. Mobile operators in Hong Kong also have roaming agreements with most overseas operators enabling visitors to use their own mobile phone when they come to Hong Kong. Before leaving home check with your network provider to make sure they have a roaming service to the various destinations you will be visiting and be sure to check pricing.

Opening Hours

The vast majority of shops are open every day throughout the year, some only closing during the Chinese New Year holiday. Generally, opening hours are 10am - 7pm. However many stores in busy retail areas like Causeway Bay and Tsim Sha Tsui stay open until 9:30pm or even later, particularly on weekends. Shops in Central close as early as 7pm.

Tips

Most restaurants will levy a 10% service charge but waiters will expect to be given some loose change. Restaurants that don't add a service charge will expect a 10% tip. However, tipping is left to your discretion. Bellboys, porters, restroom attendants and taxi drivers will happily accept loose change.

Transportation

Public transportation via bus, ferry or train is efficient, relatively inexpensive and user-friendly. The system covers extension areas of Hong Kong with signs in English and Chinese. Airport Express links between Hong Kong International Airport and Hong Kong's vibrant Central business hub. All the Airport Express stations include an In-town Check-in desk and regular Airport Express Shuttle Bus services. For details of train service, please visit www.mtr.com.hk.

Weather

Hong Kong has a subtropical climate with distinct seasons. In February, the weather is cool with lower humidity. Temperature ranges from 14° to 20°C. Occasional chills make woollens and overcoats worth bringing.

Useful Numbers

Directory Enquiries: 1081

Weather: 1878200

Emergency Service (Police, Fire, Ambulance): 999

Hong Kong Tourism Board Visitor Hotline (8am - 6pm HK Time): 2508 1234

Hong Kong International Airport, English (24 hours): 2181 0000

**If you're dialing from outside Hong Kong, please add the area code (852).*