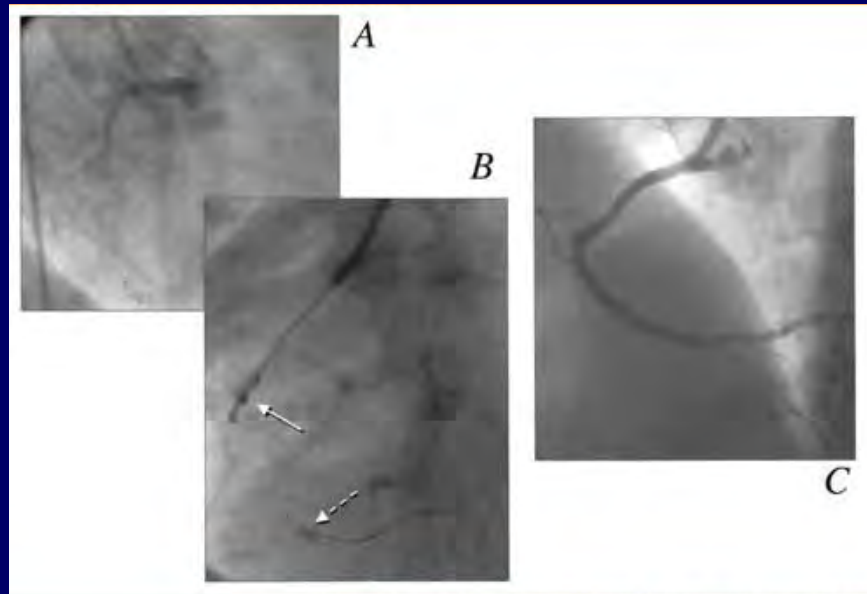


Revascularization of Chronic Total Occlusions

Amit Segev, MD

Chaim Sheba Medical Center



PCI for Chronic Total Occlusions



“The Last Great Frontier of Interventional Cardiology”

Chronic Total Occlusion - CTO

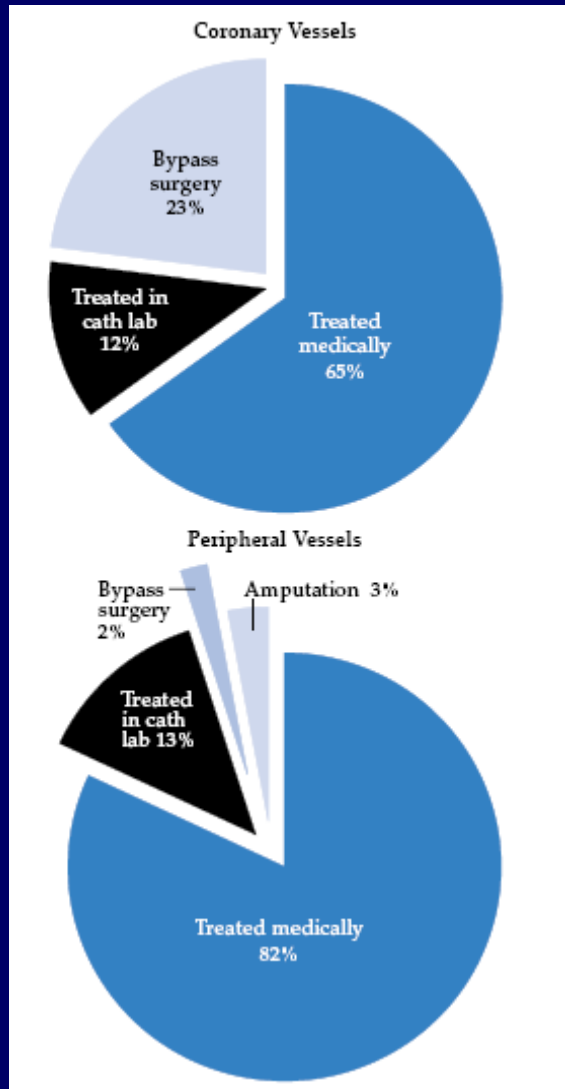
- 100% narrowing of the artery
- No angiographically detectable antegrade flow (TIMI flow = 0)
- > 1 month old

CTOs in Perspective

NHLBI Dynamic Registry and BARI study 1997-1999, n=1,761

- Presence of total occlusion 31%
- Attempted total occlusion 7.5%

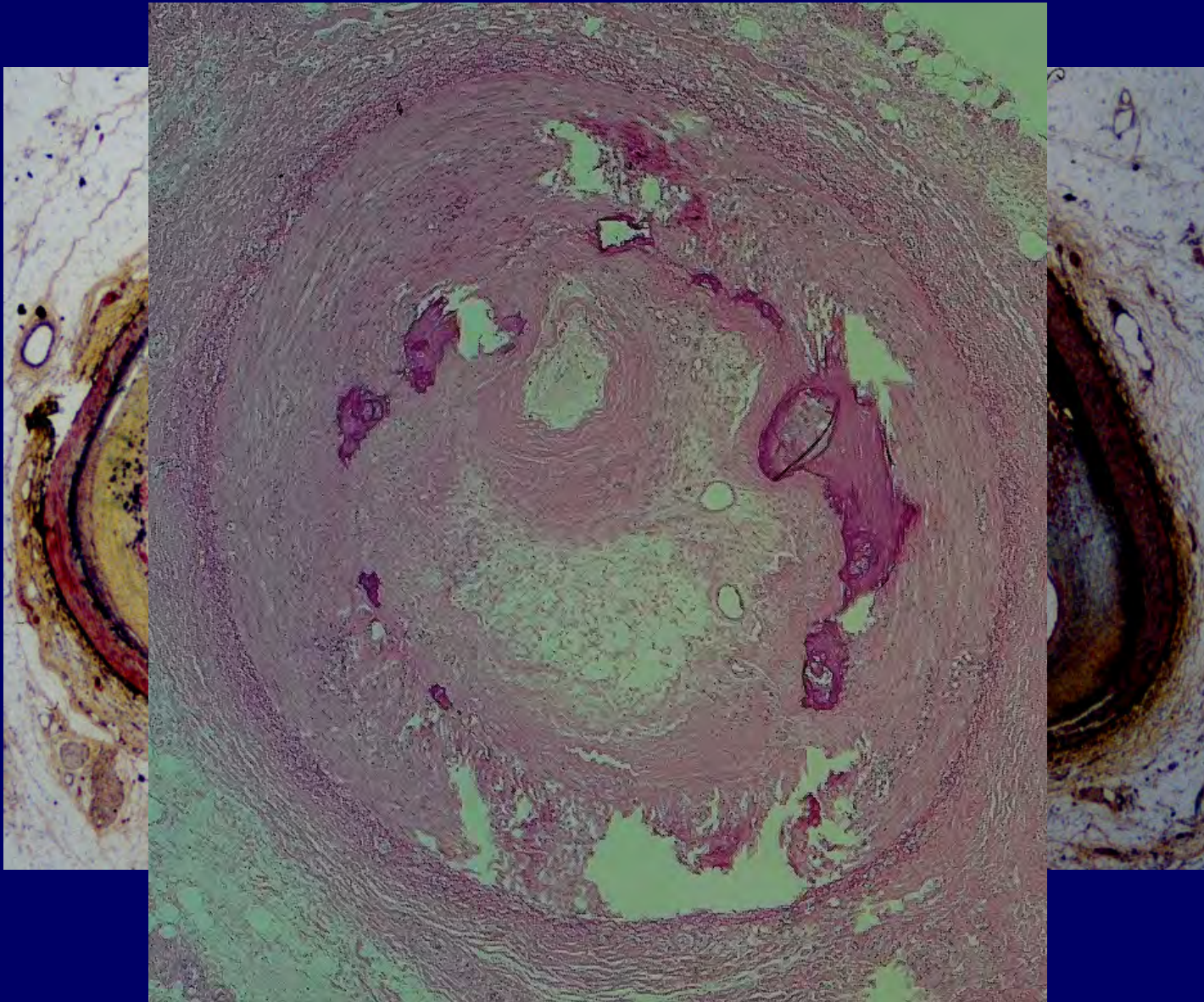
Current Treatment of CTO



30% coronary atherosclerosis and >50% peripheral atherosclerosis patients present with total occlusions

Only 12-13% pts currently treated in cath lab

CTO: What's In the Lumen?



Necrotic Core, cholesterol, calcium

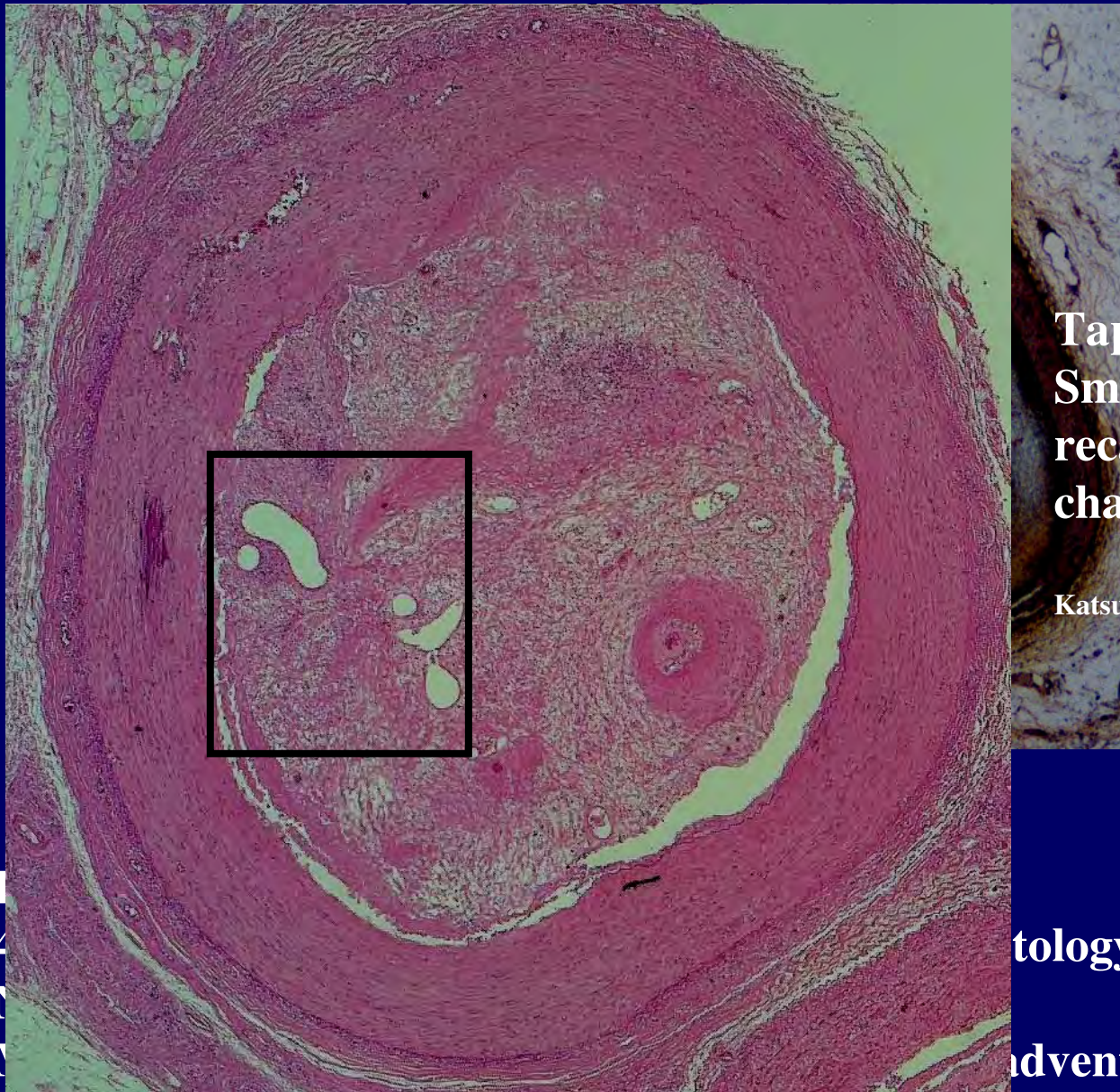
CTO: What's in the Lumen?



Proteoglycans common in CTO < 1 yr
Increased fibrocalcific plaques with ↑ age

Srivatsa et al, J Am Coll Cardiol 1997;29:955-63

CTO: What's in the Lumen?



**Tapered CTO:
Small luminal
recanalization
channels**

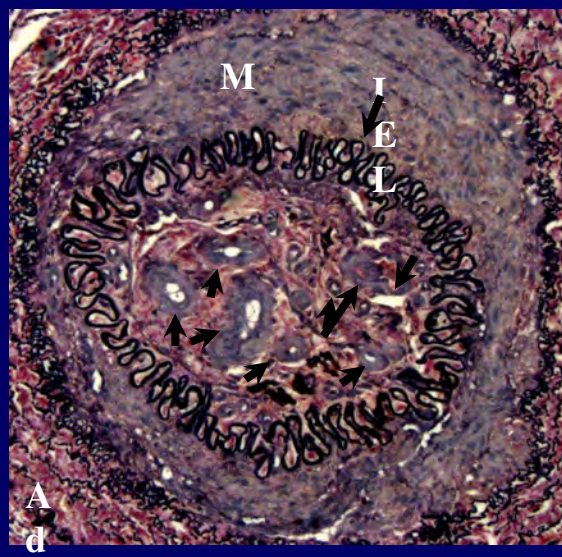
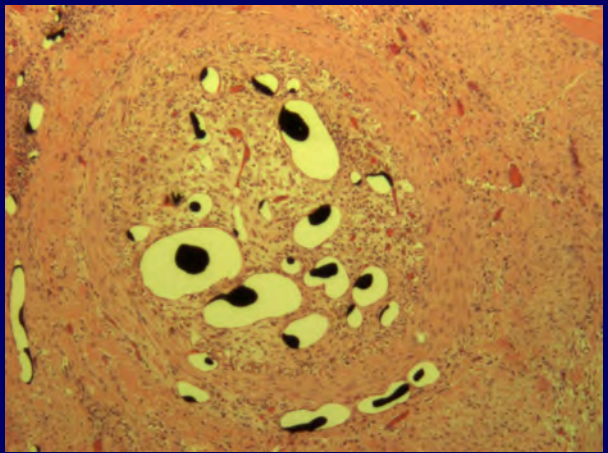
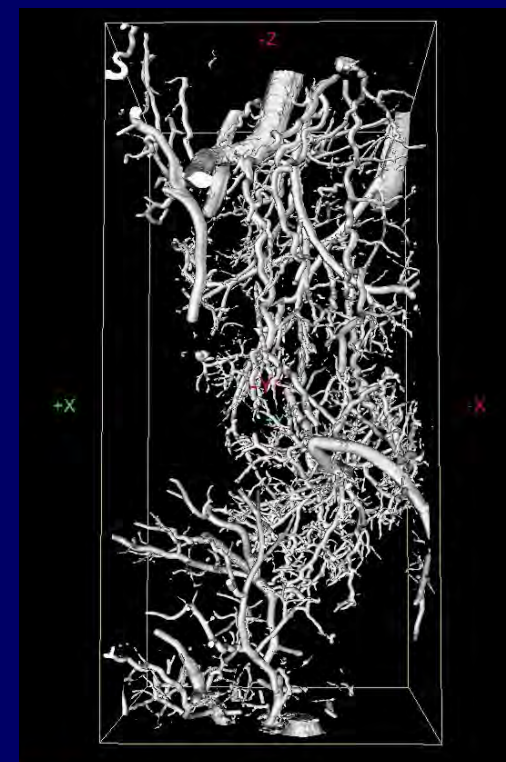
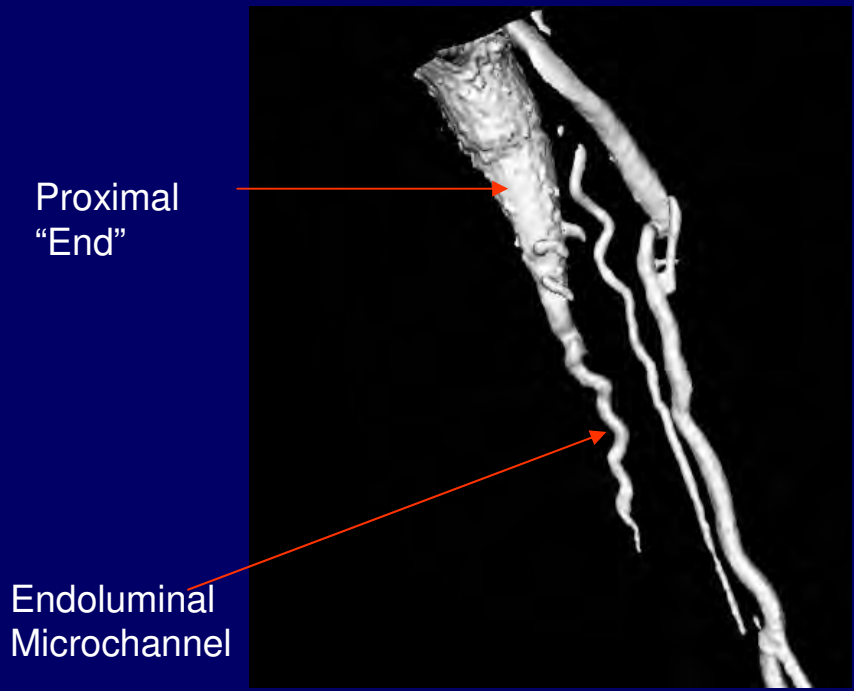
Katsuragawa, JACC 1993

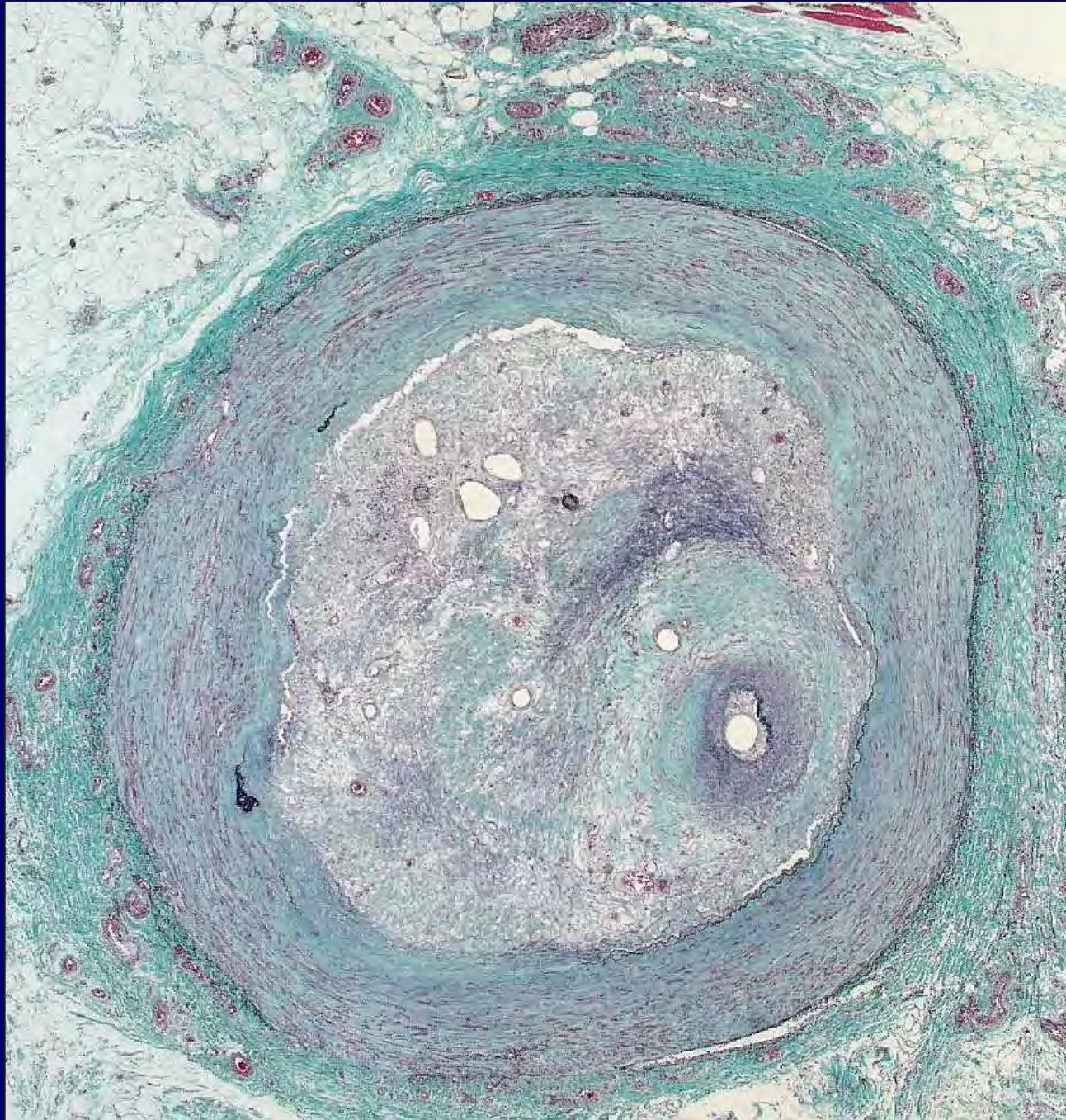
ology

adventitia

Srvitsa, JACC 1997:955-63

Microvessels 41% of all CTOs

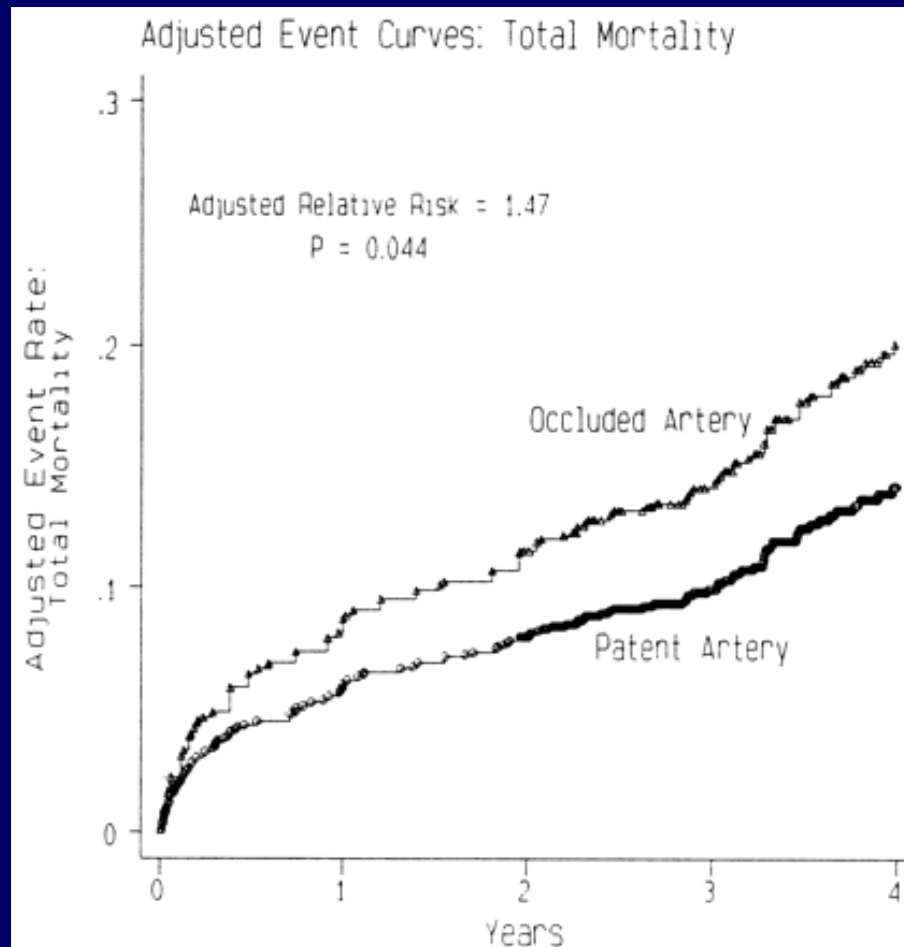




Theoretical rationale for CTO Revascularization

- **Increased long-term survival**
- **Improved left ventricular function**
- **Electrical stability of myocardium and reduced predisposition to arrhythmic events**
- **Increased tolerance of future acute coronary syndromes, mainly occlusions**

Clinical rationale for CTO intervention



Lamas GA et al, Circulation 1995

Long-term survival associated with successful CTO revascularization Late open artery theory

Trial	Success N	Failure N	Follow-up years	Success Mortality, %	Failure Mortality, %	P
British Columbia Registry	1118	340	1	10.0	19.0	<0.001
Suerro et al.	1491	514	10	26.6	35.0	0.001
TOAST GISE	286	83	6	1.1	3.6	0.13

Long-term outcome after intended revascularization of non-acute CTOs

Multivariate mortality model

	Hazard ratio	95% CI	p
Failure	2.27	1.56-3.30	<0.0001
Age (per decade)	1.33	1.12-1.58	0.001
LVEF<50%	2.33	1.58-3.43	<0.0001
Multivessel CAD	1.62	1.09-2.40	0.02
Prior CHF	1.73	1.10-2.76	0.02
ESRD	2.77	1.36-5.66	0.005
COPD	1.64	1.01-2.67	0.05
Diabetes	1.50	0.99-2.27	0.055

Technical Issues

- **Technically challenging**
 - Organized fibrocalcific atherosclerotic plaque
 - Difficult visualization
 - >75% - inability to cross with a guide-wire
- **Time consuming**
 - >60 min procedure
 - >20 min of fluoro time is typical



Guidelines – PCI of CTO

- **ESC – class IIa level C**
- **Class III**
 - **Small area of viability**
 - **No ischemia**
 - **Low likelihood of success**

PCI Limitations

- **Success rate: 20-74% of attempted cases**
- **Predictors of success:**
 - Age of occlusion
 - Vessel diameter
 - Location
 - Degree of calcification
 - Bridge collaterals
 - Operator dependent
 - Experience
 - Patience and persistence
- **Time, radiation exposure, and difficulty often discourage CTO revascularization attempts**

Angiographic predictors of poor outcome (traditional)

- **Long gap**
- **Non-tapering stump**
- **Side-branch at occlusion**
- **Vessel tortuosity**
- **Calcification**
- **Ostial location**
- **Poor distal vessel visibility**
- **Bridge collaterals**

Other factors to consider

- **Access / backup (iliac and aortic tortuosity)**
- **Renal function**
- **Risk of CABG**
- **Operator experience**

How to do (CTO) Angioplasty in 3 easy steps!!!

1. Cross CTO with 0.014" Guidewire
2. Inflate balloon that was advanced over the guidewire
3. Deploy stent that is mounted on a second angioplasty balloon catheter

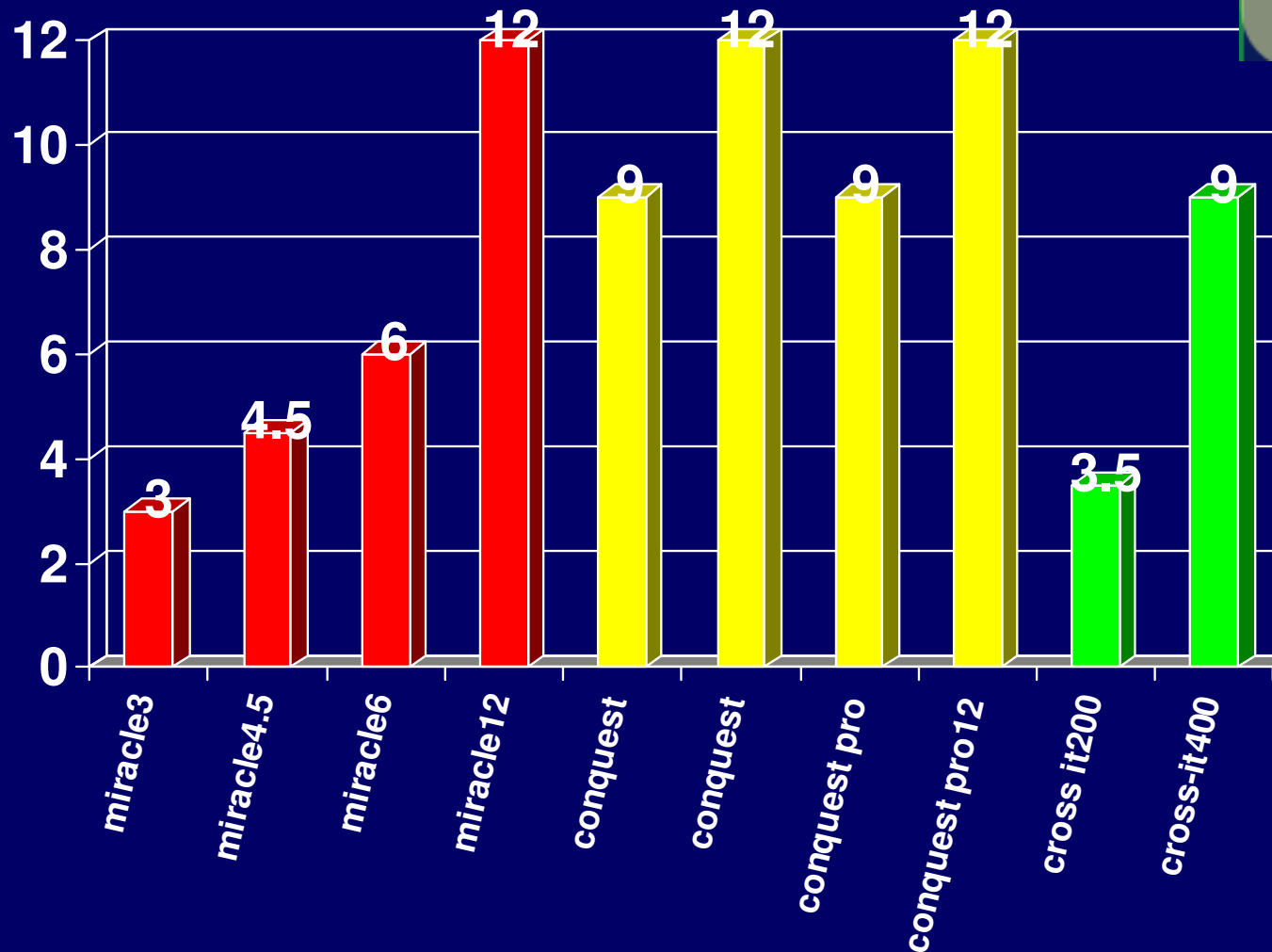
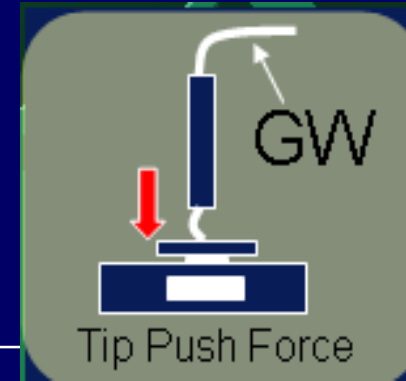
Step #1: Advancing the guidewire through the blockage

- Usually like pushing through concrete
- Conventional guidewires usually unsuccessful
- Mechanical Approaches:
 - Dedicated CTO Guidewires
 - Specialty Guidewires
 - Specialty Devices
- Biological Approaches:
 - Plaque Softening
 - Intraluminal Angiogenesis

Guide-wire selection

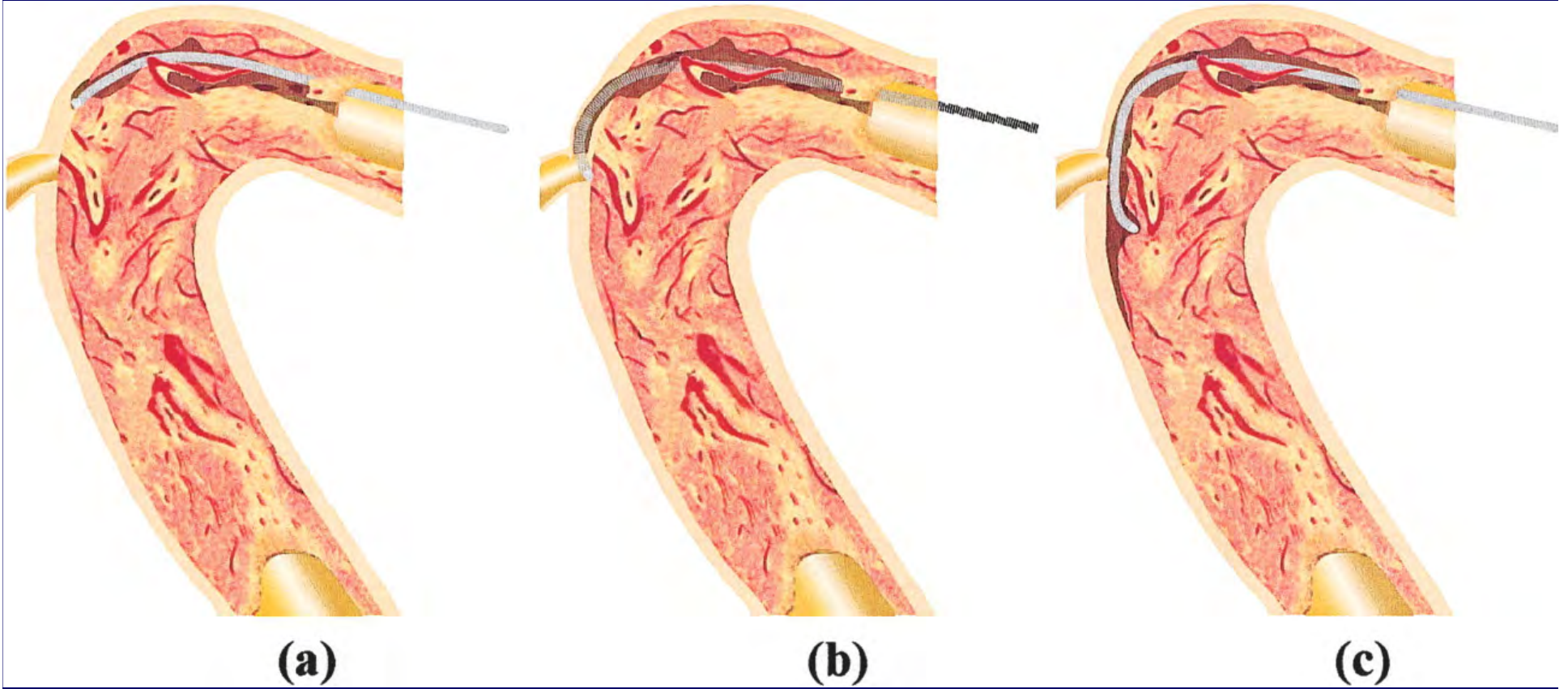
- **Floppy tip – selection \gg penetration**
- **Intermediate – selection $>$ penetration**
- **Stiff tip – selection $<$ penetration**
- **Ultra-stiff tip – selection \ll penetration**
- **Tapered tip – selection \ll penetration**
- **Coated wire – better torque**

Comparison of wires

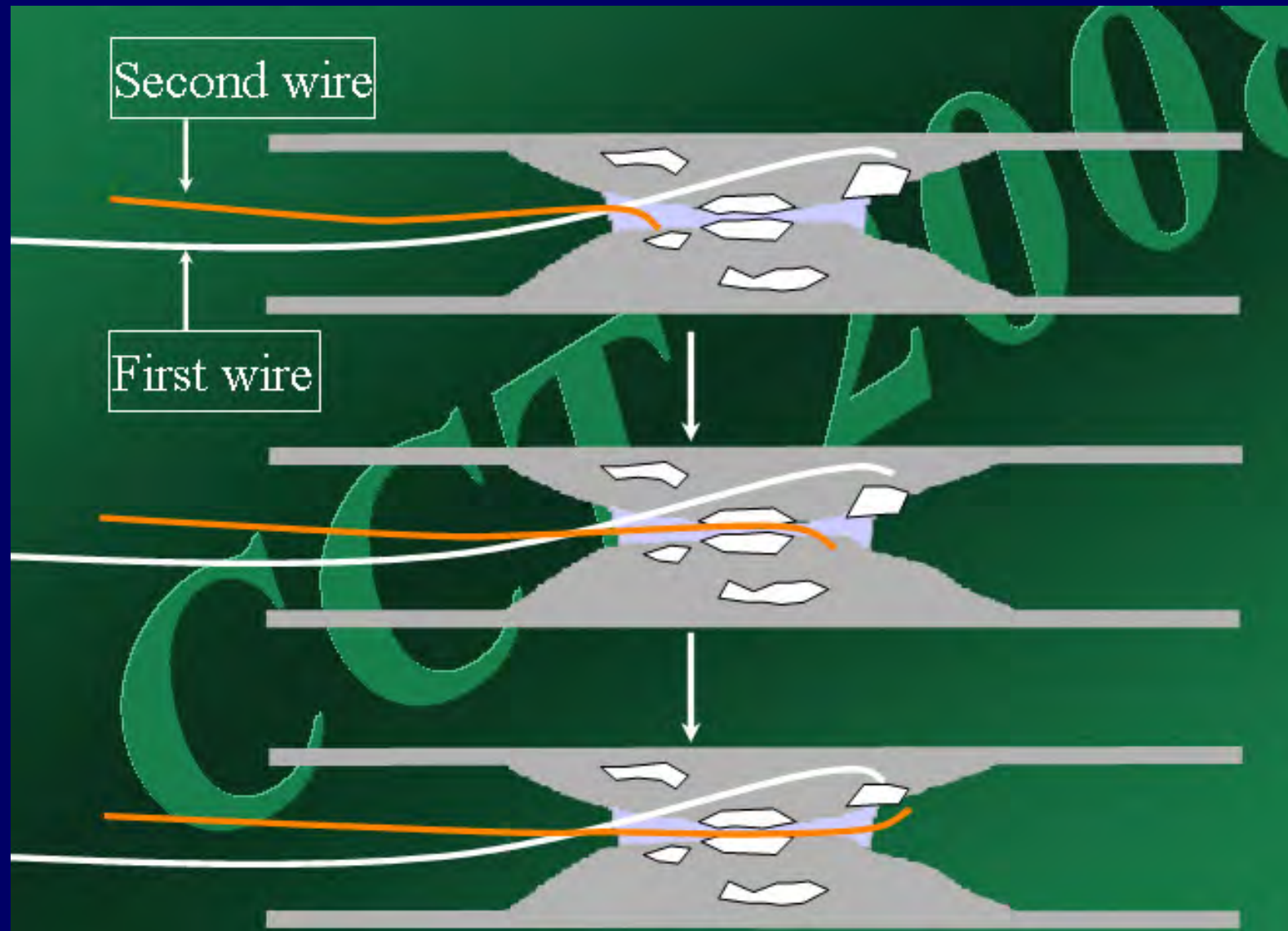


Antegrade wire techniques

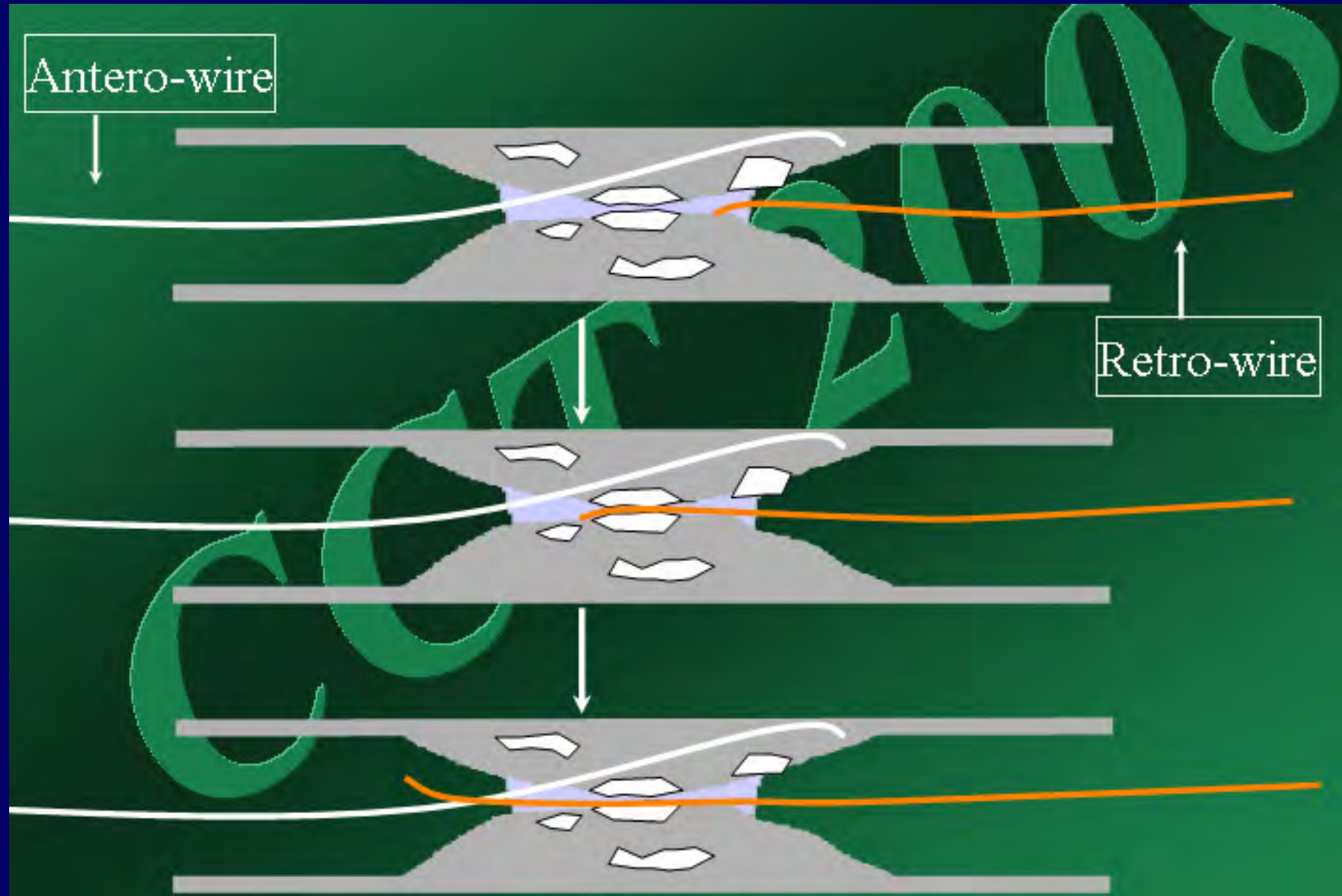
- **One wire technique**
- **Parallel wire technique**
- **Multiple wire technique**



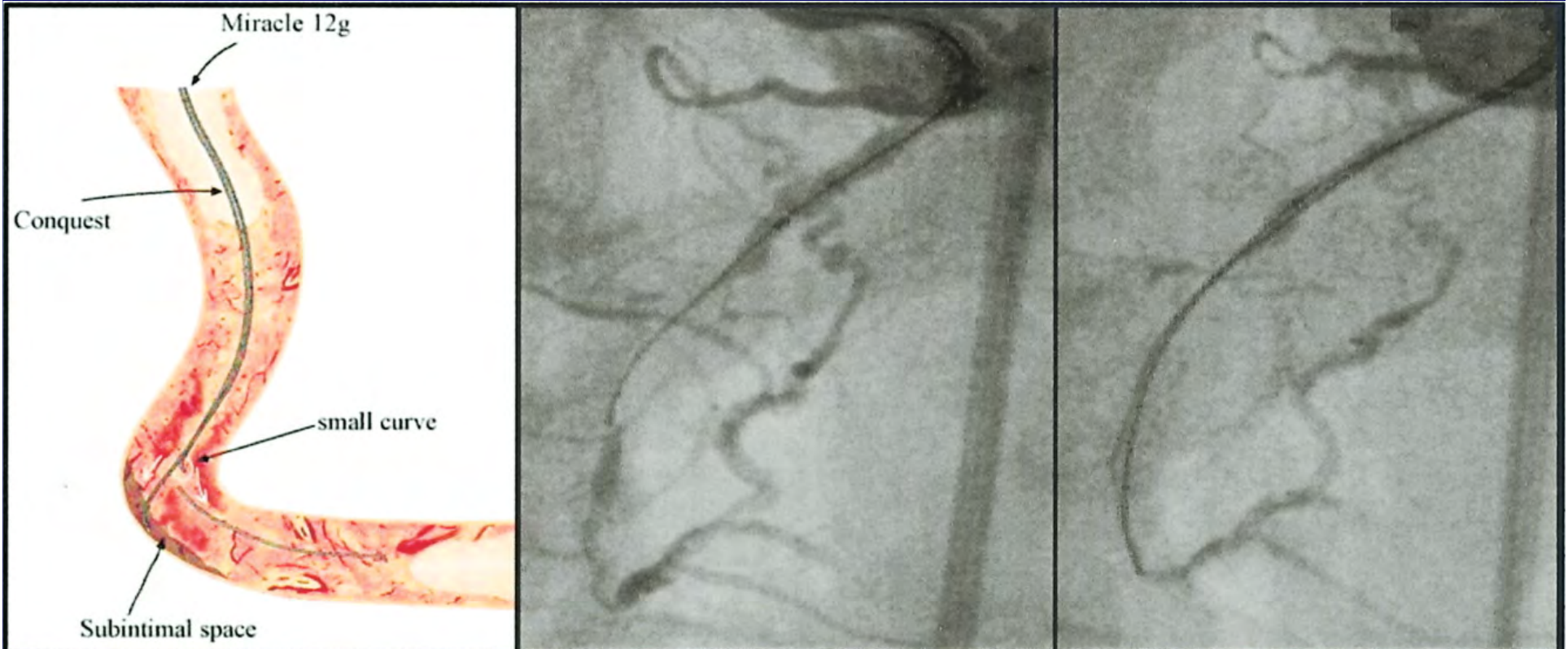
Parallel wire technique



Bilateral parallel wire technique

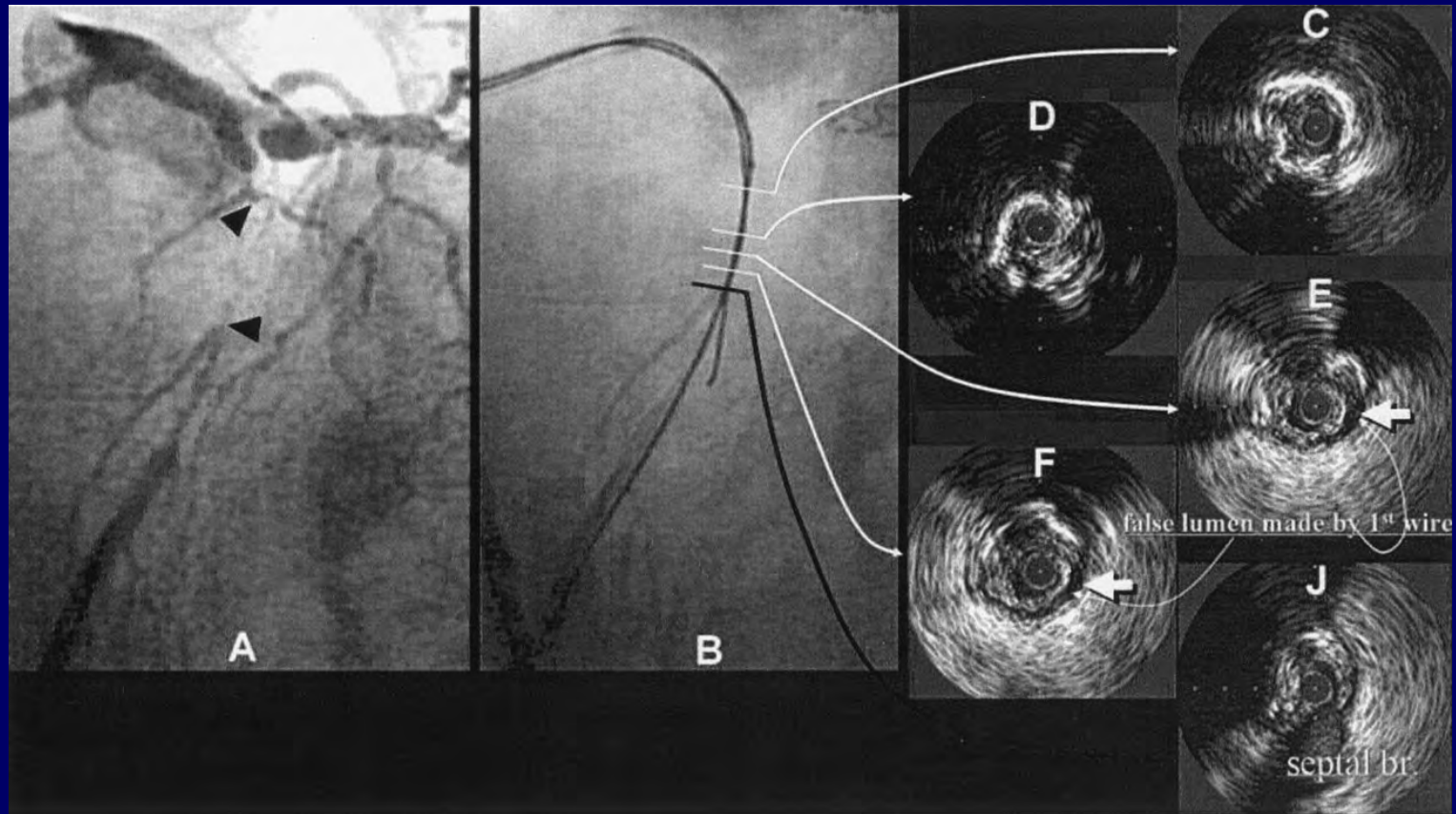


Parallel wire technique



Utility of intravascular ultrasound

- **IVUS can differentiate a true lumen from a false lumen by identifying side branches (which arise only from the true lumen) and intima and media (which surround the true lumen, but not the false lumen).**
- **IVUS can confirm when the guidewire has reentered the true lumen from a false lumen**
- **IVUS studies have also revealed that the major reason that it is difficult to penetrate the distal cap into the true lumen is that the guidewire tends to deflect into a false channel, not because of extensive calcification or fibrosis.**



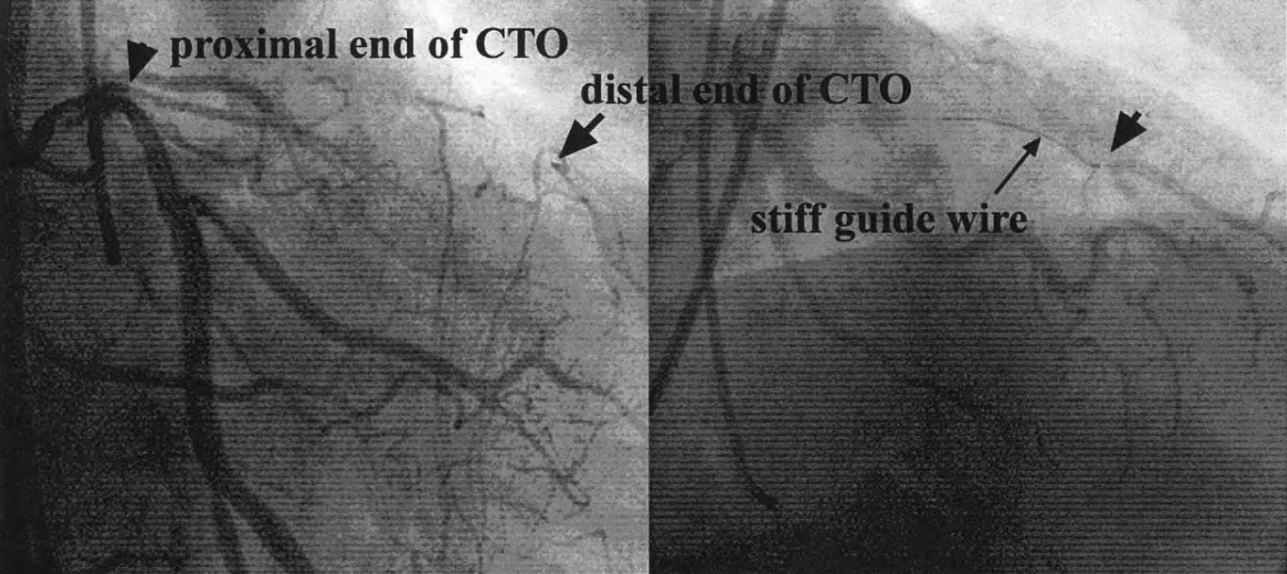
1st wire into false lumen

2nd wire in true lumen

C+D: wire is confirmed in true lumen

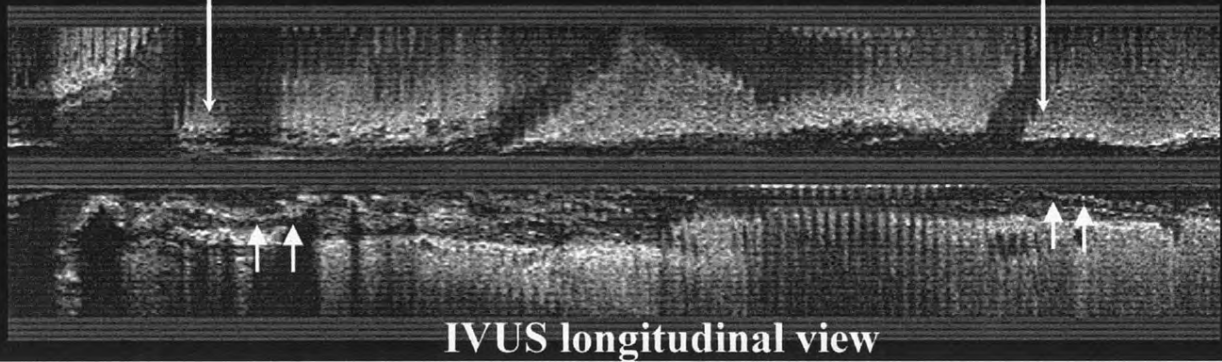
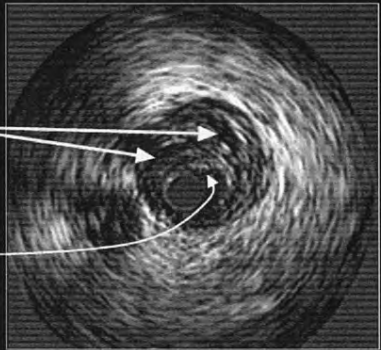
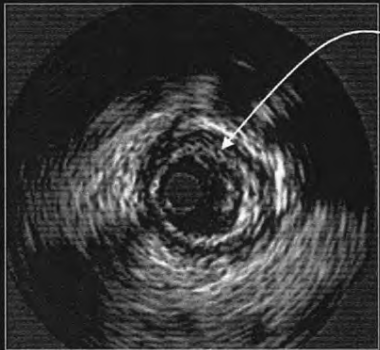
E+F: IVUS imaging of false lumen

J: septal branch

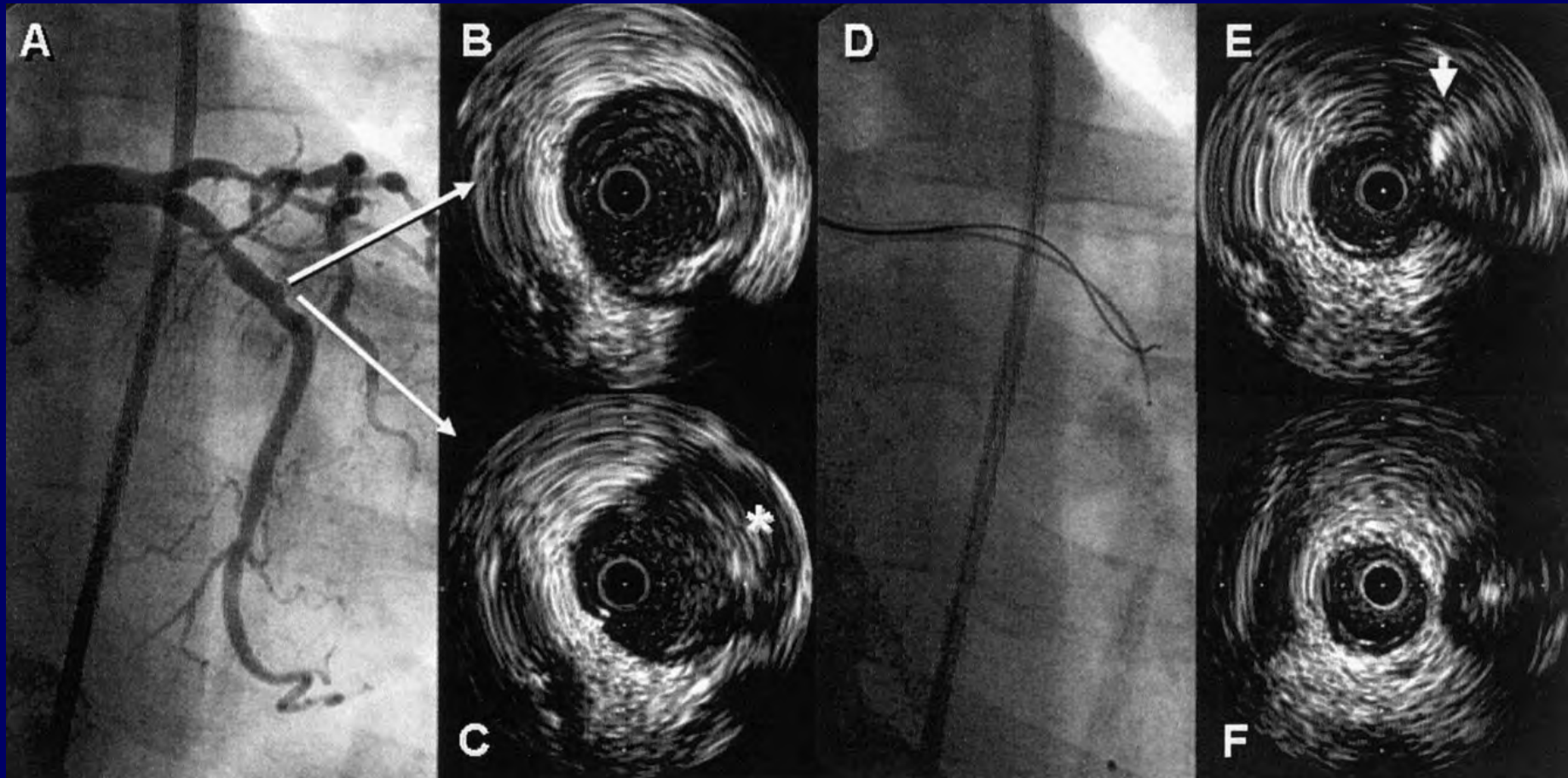


proximal end of CTO

distal end of CTO



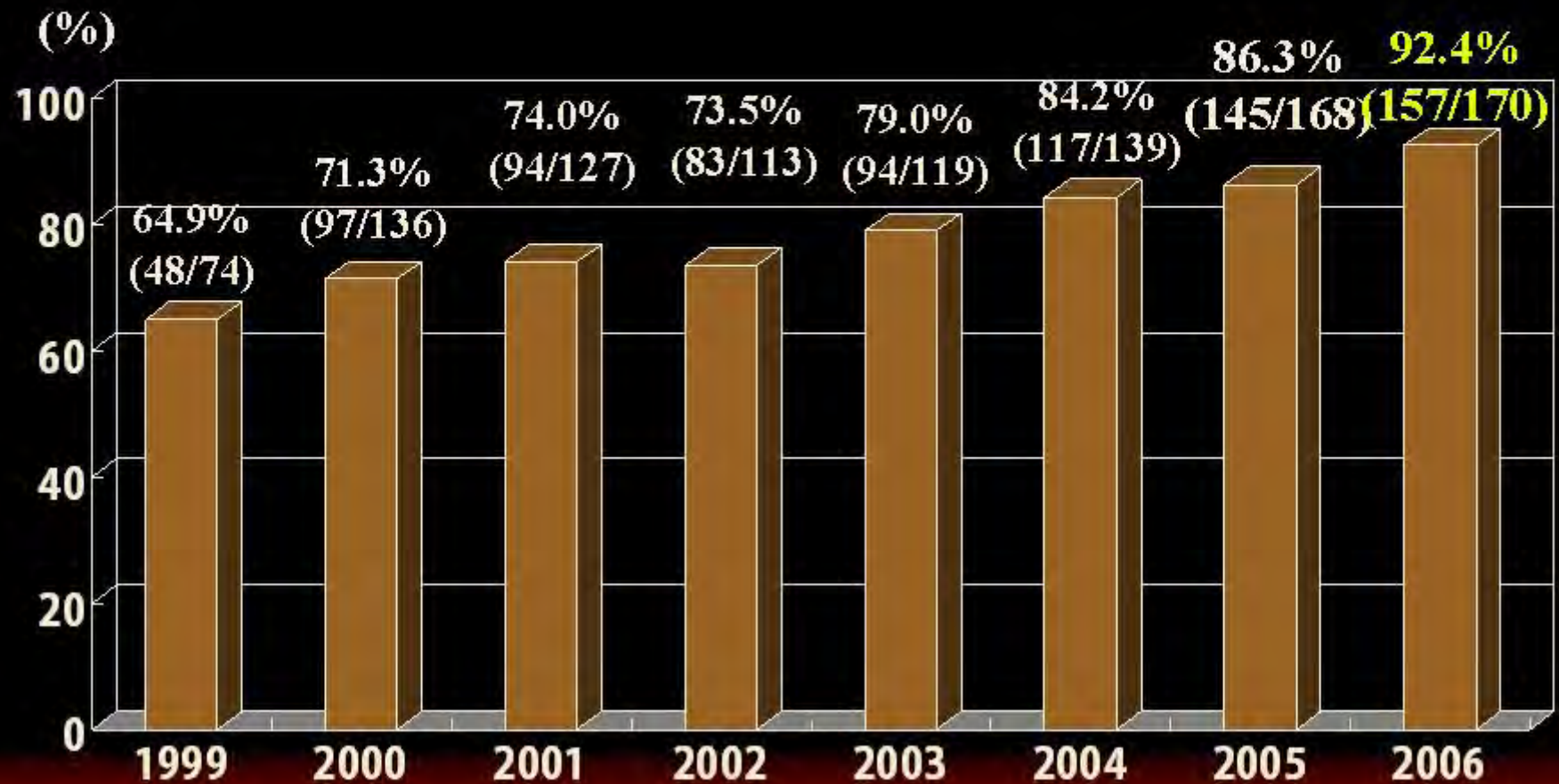
Ostial occlusion





Initial Success Rate

79.8% (835/1046)





Guide wire crossing technique

(Jan. '06 – Dec. '06, n=170 lesions)

Antegrade single wire technique	167 (98%)
Parallel wire technique	50 (29%)
IVUS guide wire crossing	11 (6%)
Retrograde approach	50 (29%)

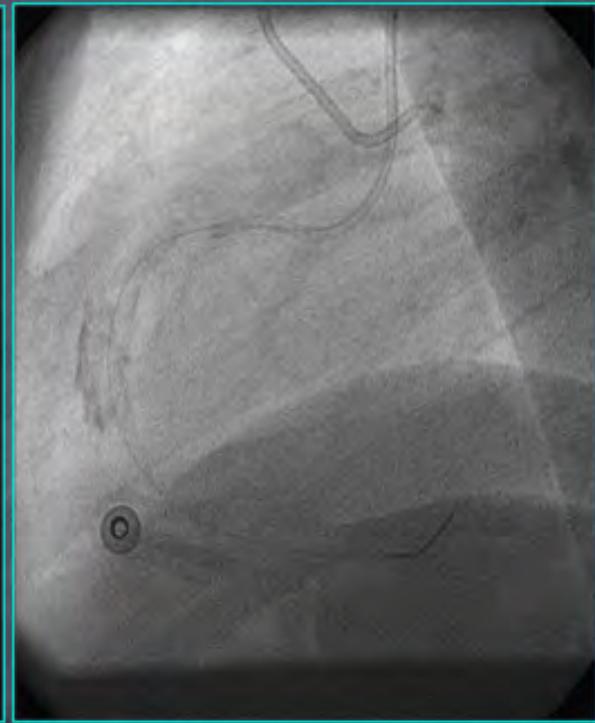
Subintimal Tracking and Reentry (STAR)



OTW balloon injection
creates tubular dissection



"Umbrella handle" tip
wire advanced via OTW
balloon



Wire advanced into
true lumen

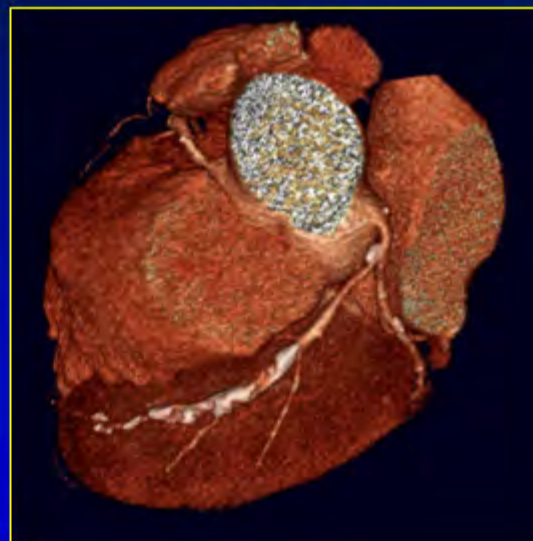
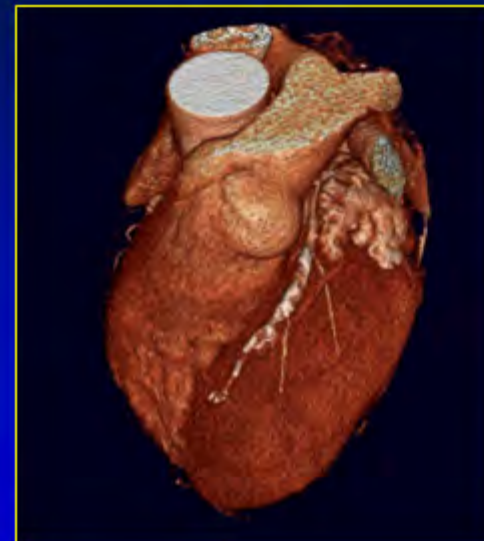
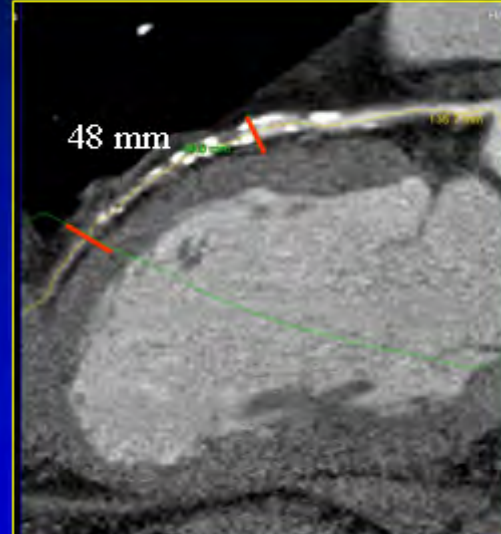
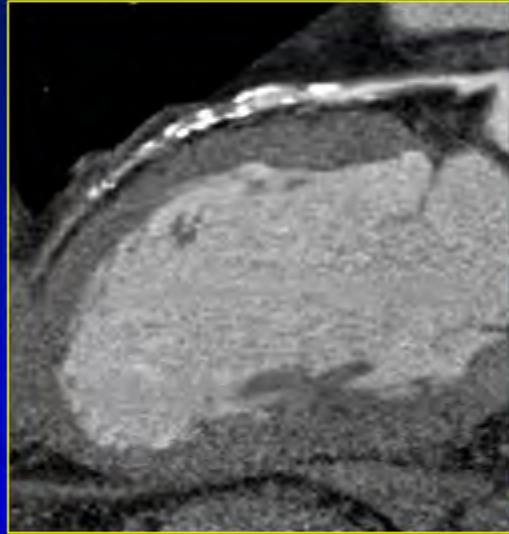
After crossing with wire.....

- **Low profile micro-catheters**
- **Low profile balloon**
 - Ryujin 1.25mm
 - Avion 1.25mm
- **Tornus**

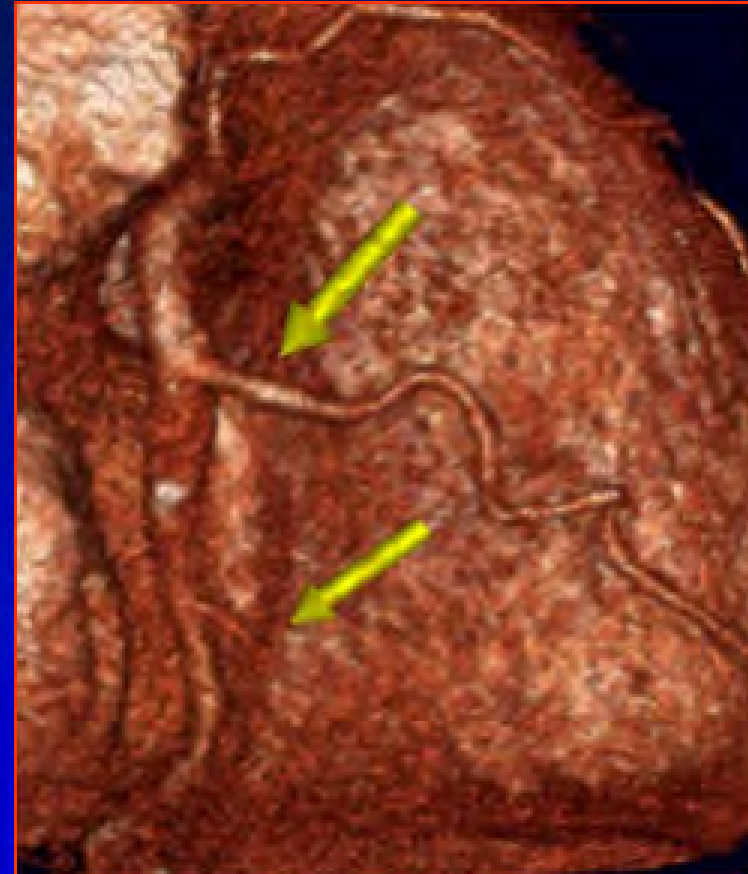
Role of CTA

- **Predictors of failure**
 - Length > 15 mm
 - Severe calcifications
- **Angiographic predictors**
 - Blunt entrance into occlusion
- **CTA length was routinely longer than angiographic estimation**

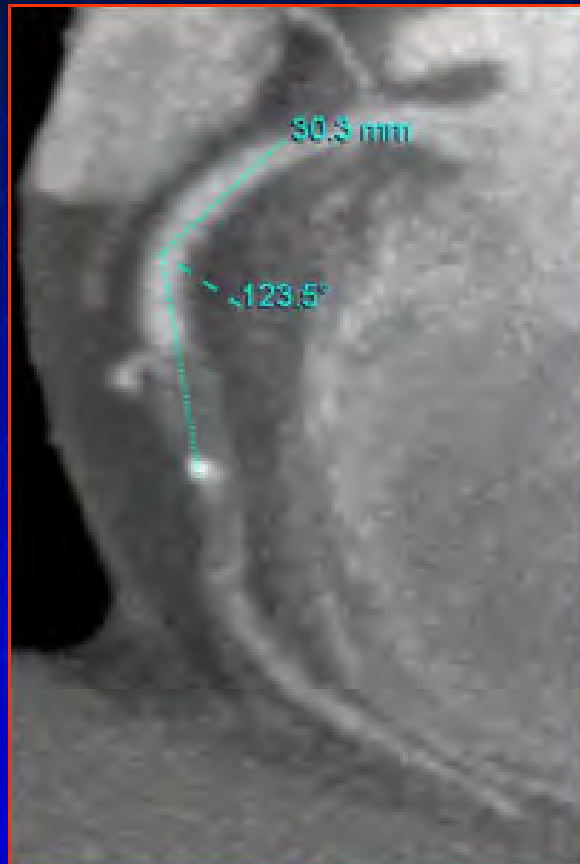
Length of the Occlusion



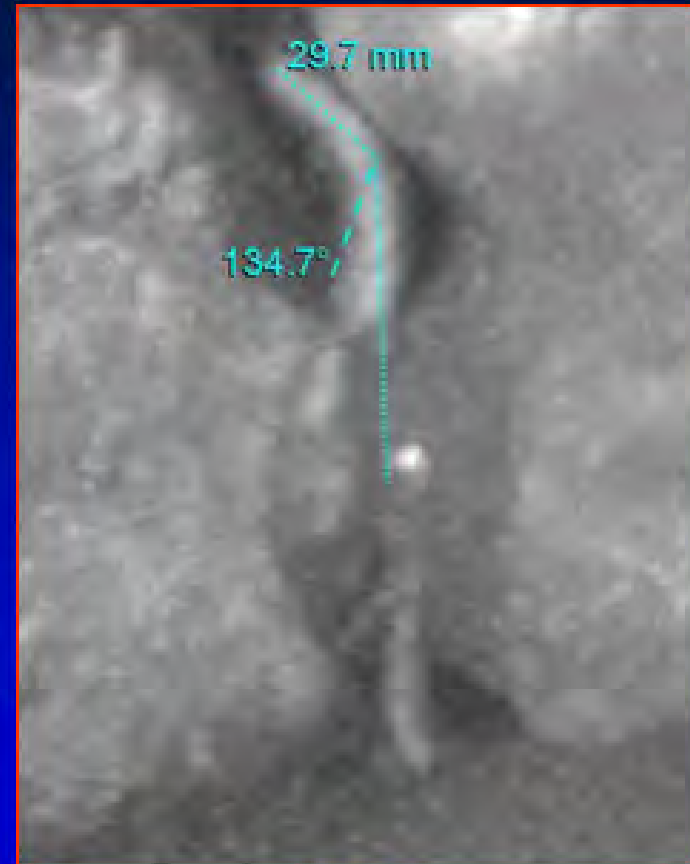
Assessment of distal vessel & sidebranches



Definition of intra-occlusion angle



LAO



RAO

Dedicated CTO Guidewires

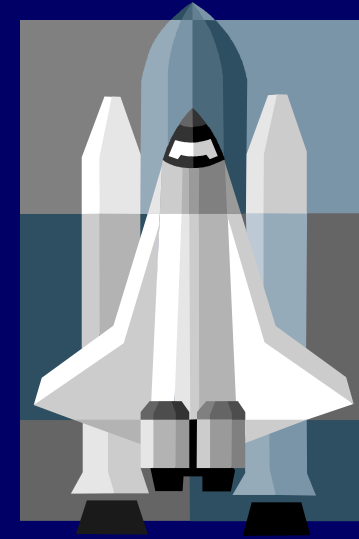
- Asahi
 - Miraclebros – excellent torque (3g-12 g)
 - Confianza, Confianza Pro- penetration (9g-12g)
- Medtronic
 - Persuader
- Cordis
 - Cross-it

Advantages are operator familiarity with conventional guidewires
However these are stiffer guidewires with risk of perforation

Specialty Guidewires

- Interesting novel technology
- Require some differences in techniques from conventional guidewires

CTO Technologies



- **Specialized guide-wires**
 - Shinobi, Miracle Bros., Conquest...
- **Lumend Frontrunner Catheter (blunt micro-dissection)**
- **Safe Cross system - Optical Coherence Reflectometry (OCT)**
- **US**

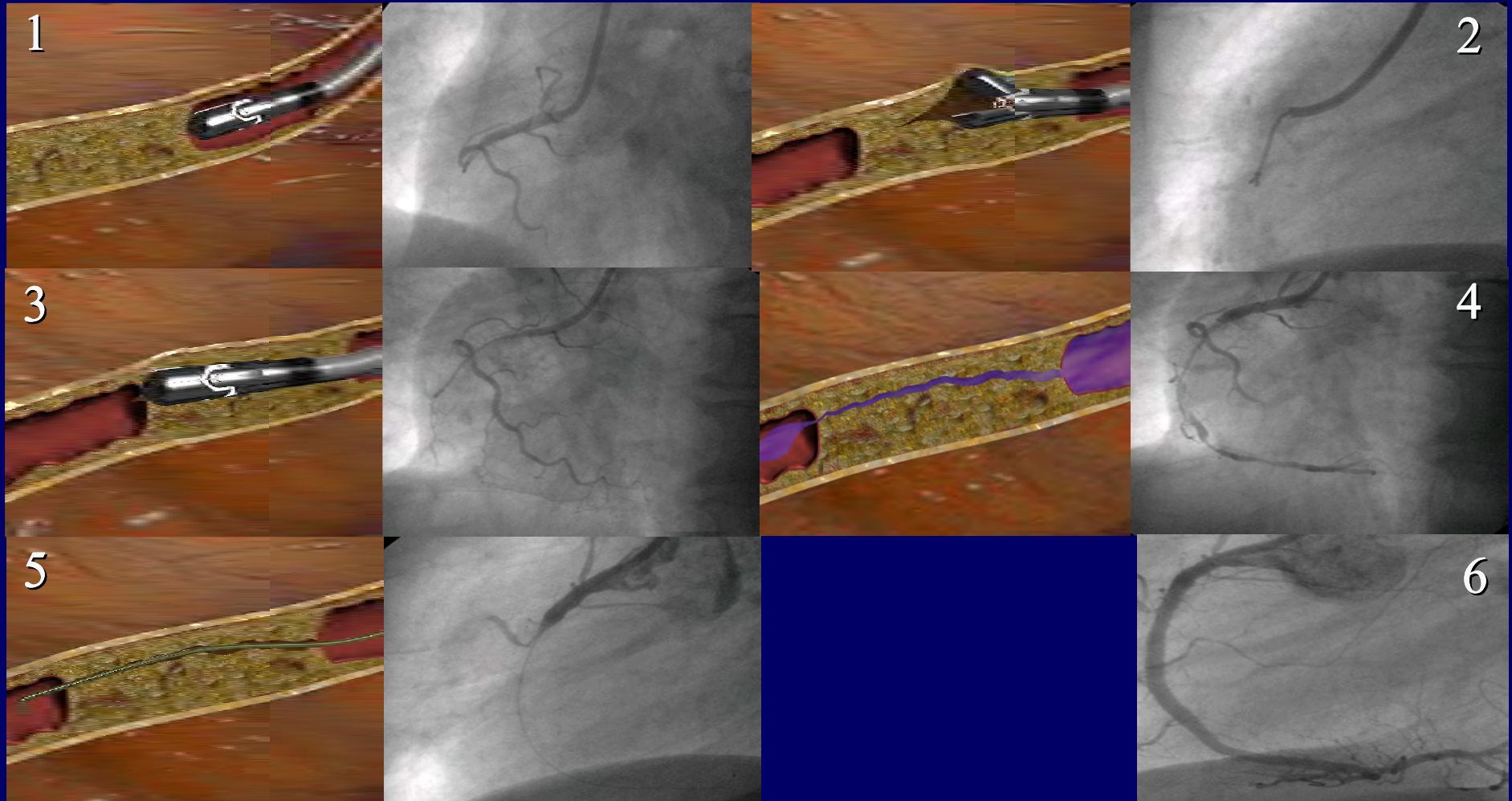
LuMend Frontrunner Catheter

Controlled Blunt Micro-Dissection Technique

- Separates atherosclerotic plaque in various tissue planes, creating a passage through the CTO
- Uses the elastic properties of adventitia versus inelastic properties of fibrocalcific plaque to create fracture planes



Frontrunner: Controlled Blunt Micro-Dissection

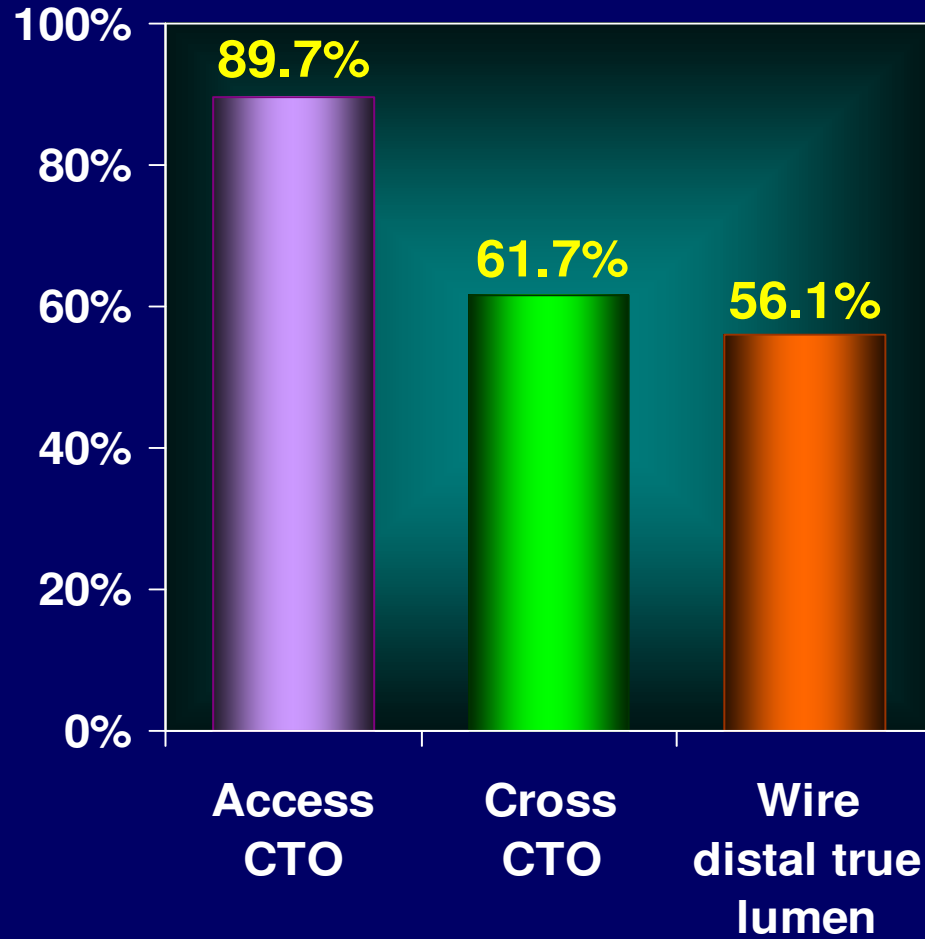


Frontrunner Catheter: Clinical Study

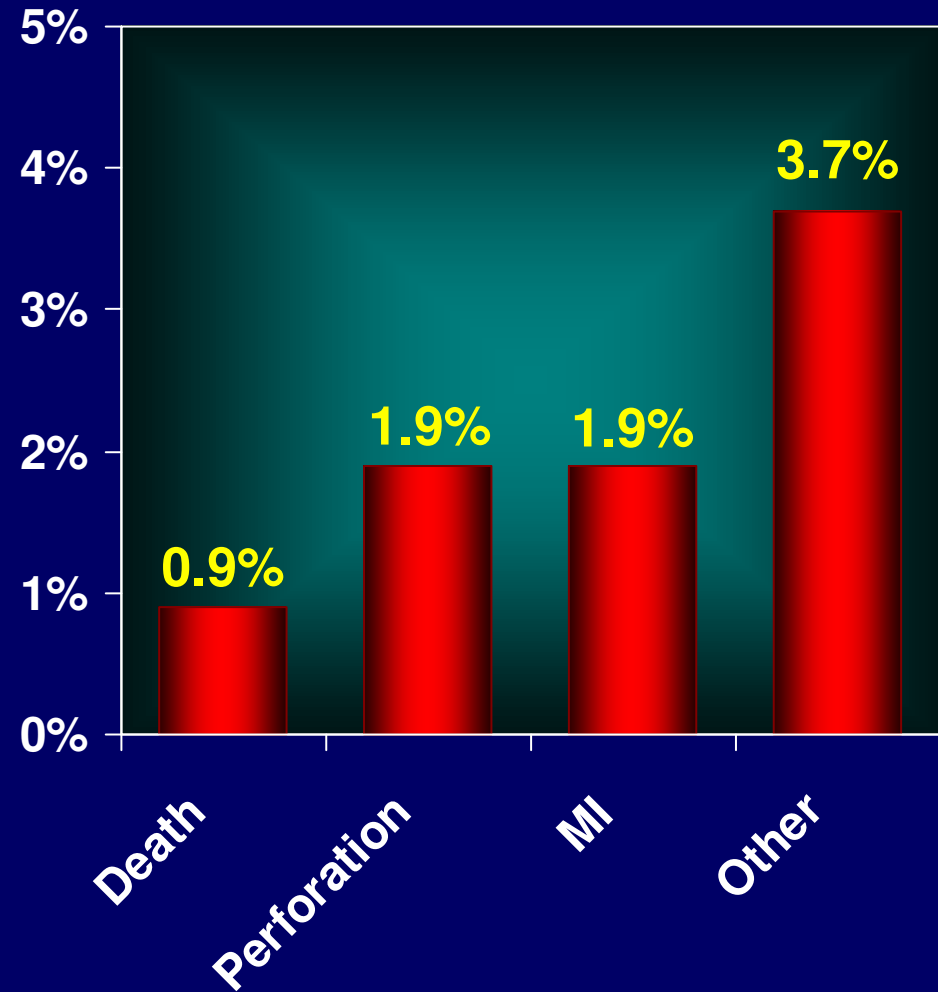
- **Prospective, controlled multi-center trial**
- **107 patients**
- **CTOs refractory to 10 min (fluoroscopy time) conventional GW attempt**
- **Success defined as placement of guide wire beyond CTO in the true vessel lumen**
- **Mean lesion length: 22 mm (range 2 – 53 mm)**

Frontrunner Clinical Results

Success rates



Complications



Feb 2002: FDA 510k Clearance

Safe Cross – IntraLuminal Therapeutics



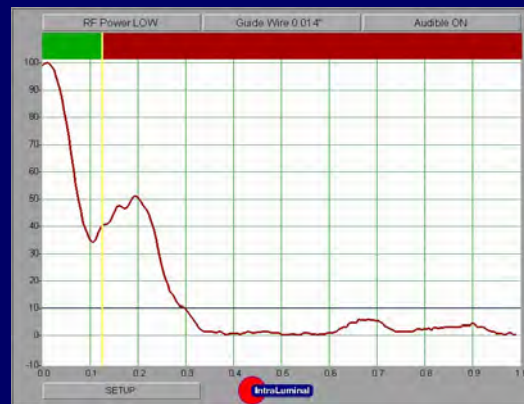
**Optical Coherence Reflectometry (near-infrared light) guidance system
Coupled to pulse radiofrequency ablation
January 2004: 510k clearance from the FDA for coronary occlusions**

OCR Waveform Displays

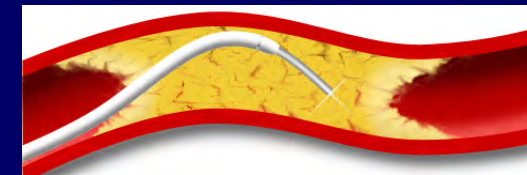
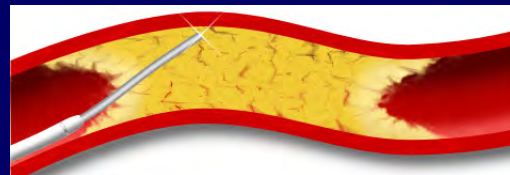
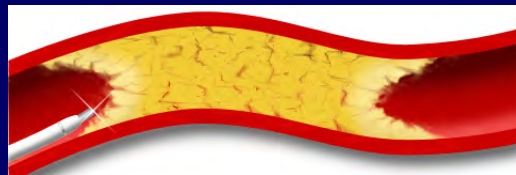
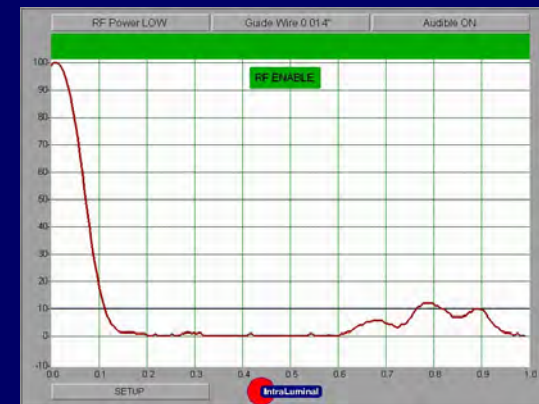
No artery wall detected

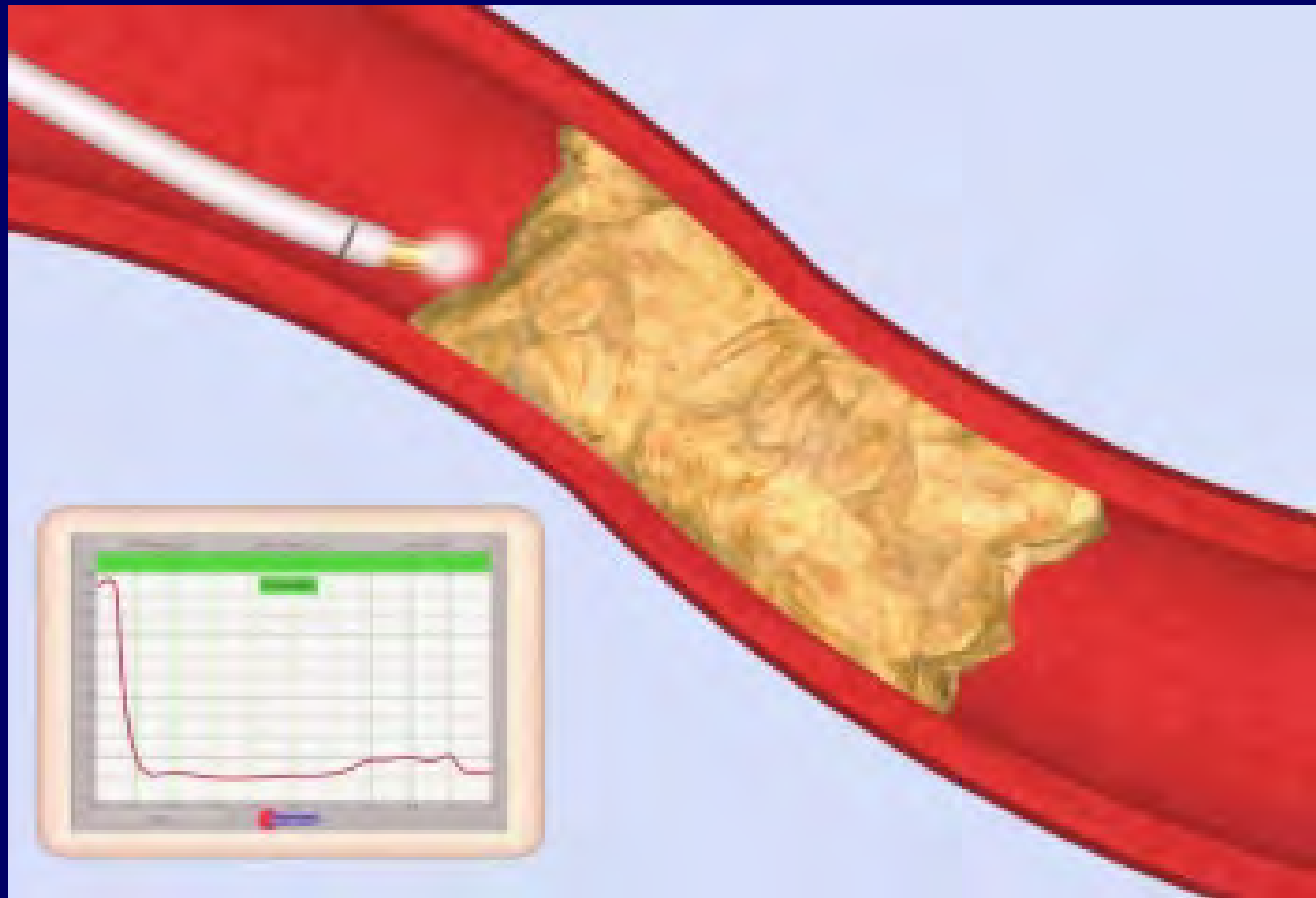


Artery wall detected



No artery wall detected





GREAT

Guided Radio Frequency Energy
Ablation of Total Occlusions

GREAT Study Overview

- Originally begun as a randomized trial at 10 sites
 - Native CTO (> 2.5 mm, < 30 mm length)
 - 1:1 randomization of treatment with the SAFE-CROSS™ RF versus current standard wires
 - 30 day safety and efficacy endpoints
 - Patients who failed the conventional wire can enter GREAT Registry after 30-days -> OCR
- Later converted to 116 patient registry, after a failed 10 minute attempt with a conventional wire (~Lumend study)

GREAT

- **Device Success** **55.7%**
- **Reasons for failure**
 - **Wire unable to progress** **81%**
 - **Entry of false lumen** **25%**
- **Perforation** **12%**
 - **Wire exit or local stain** **6.7%**
 - **Extravasation** **0.7%**

GREAT

- **Complications** **6.0% (9)**
 - Q-MI, CABG, Death **0%**
 - MACE (all NQMI) **4.7% (7)**
 - Clinical Perforations **2.6% (4)**
 - Device related **0.7% (1)**

CROSSER System- FlowCardia Inc.



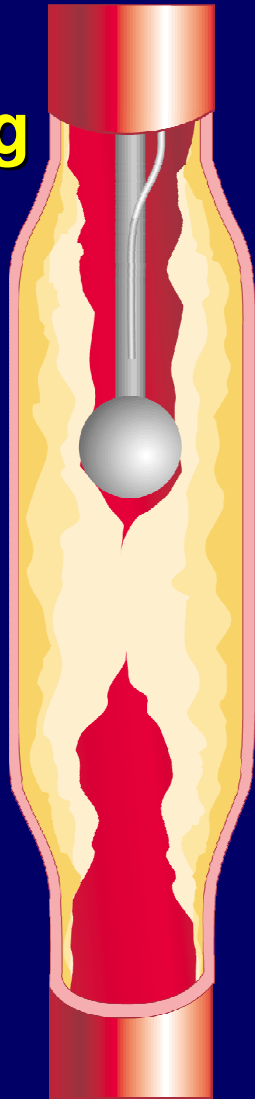
FlowCardia CROSSER System

High frequency mechanical
revascularization

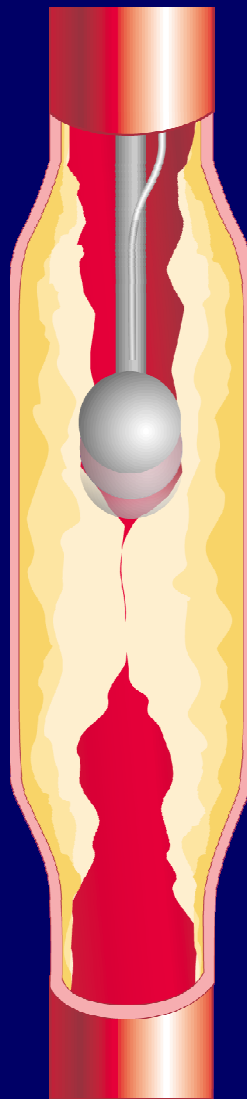
**High frequency mechanical vibrations at 20 kHz
Vibrational energy provides cavitation effects**

CTO: Therapeutic Ultrasound

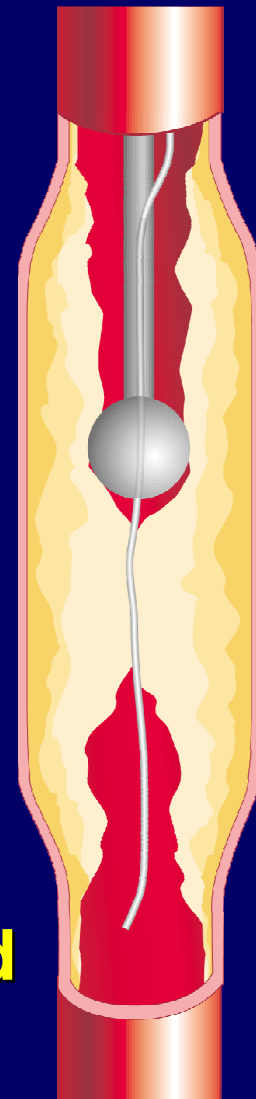
**Device
Positioning**



**US
Energy**



**Wire
Passed**



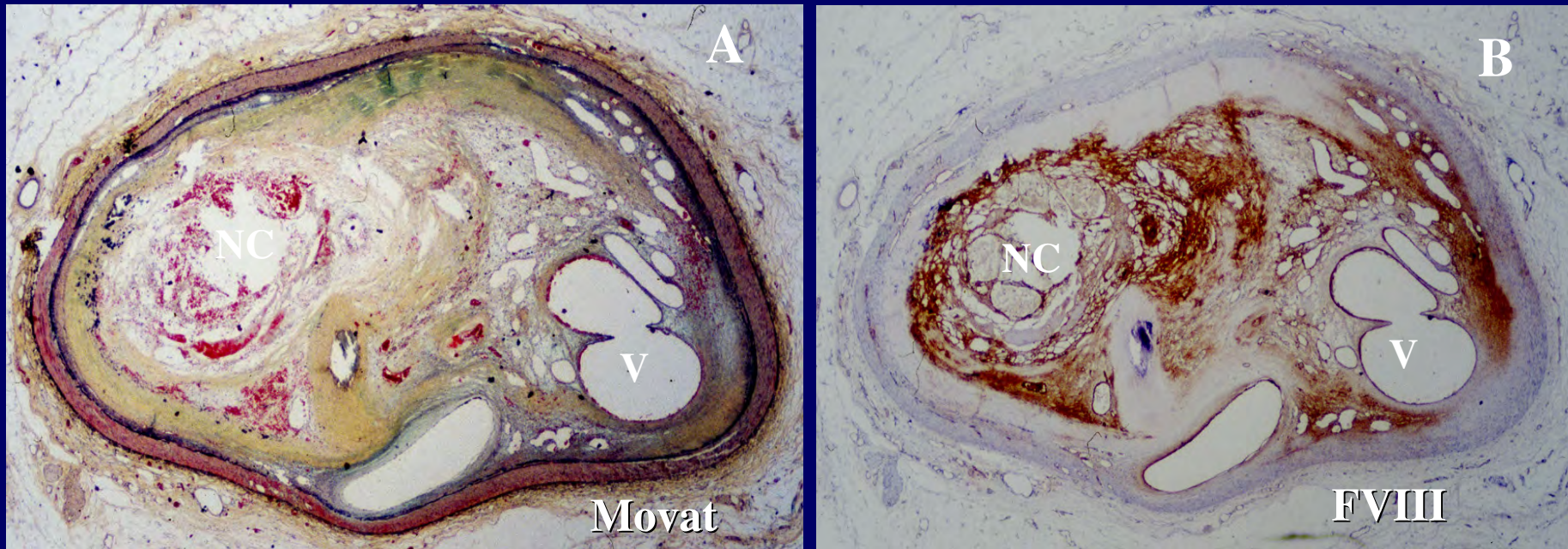
CTO - Results of New Technologies

	Device	Application	N	tech. success	perforations
LUMEND	Frontrunner	Coronary	105	56%	1.9%
GREAT	Safe-cross	Coronary	116	56%	2.6%
GRIP	Safe-cross	Peripheral	72	76%	0

Should we develop a non-mechanical, biological modality to facilitate CTO revascularization?

How about enzymatic degradation?

Pathology of Chronic Total Occlusions: Human Coronary Arteries

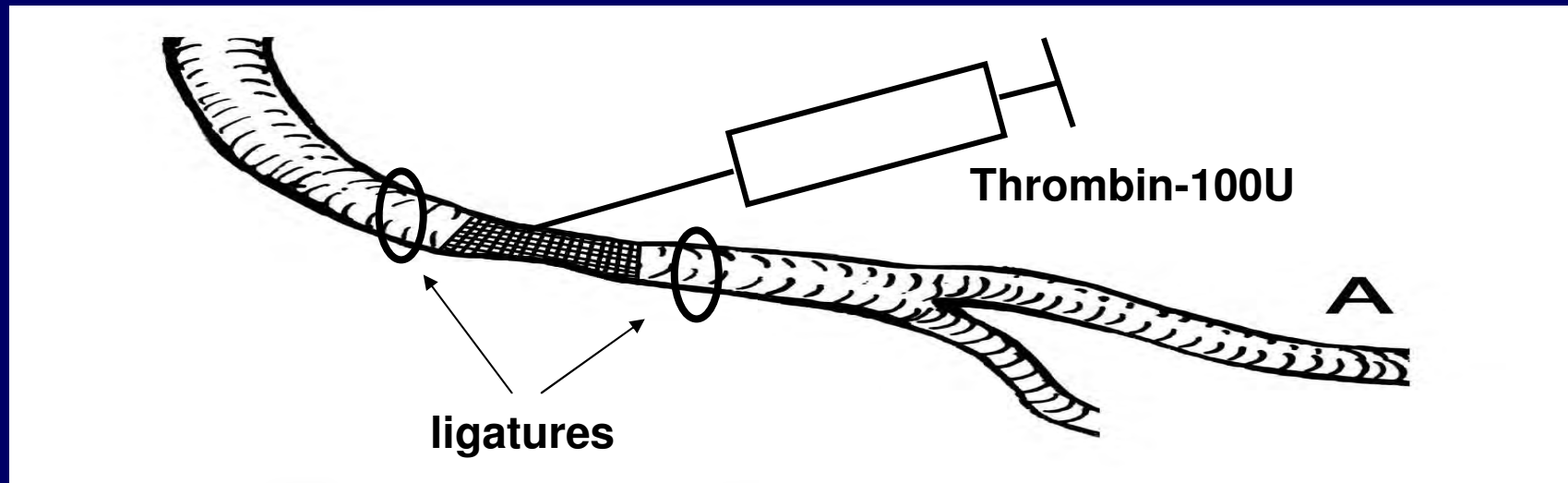


- Majority (78%) of angiographic CTO are $\approx 99\%$ occluded by histology
- Collagen: Major structural components of the extracellular matrix
- Proteoglycans are common in CTO < 1 yr
- Intimal plaque micro-vascular channels are common in CTO (>75%)

Courtesy of Dr. Renu Virmani, AFIP, Bethesda

Rabbit Model of Femoral Artery CTO

Rabbit femoral artery



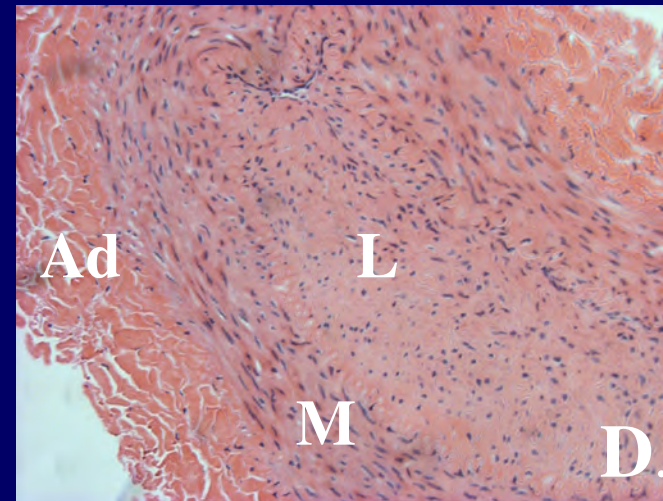
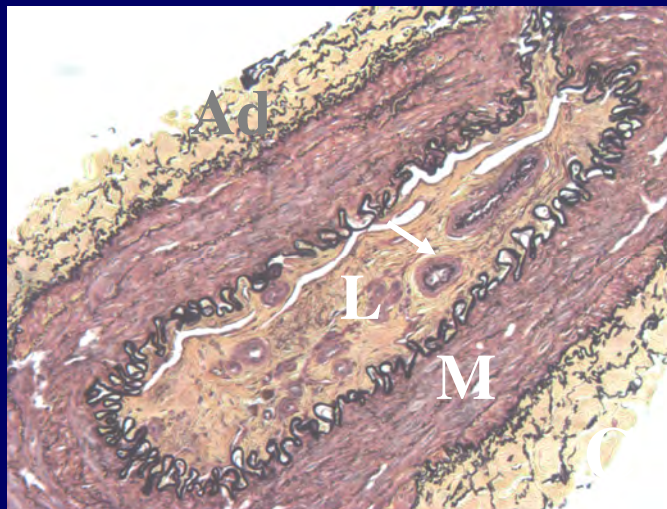
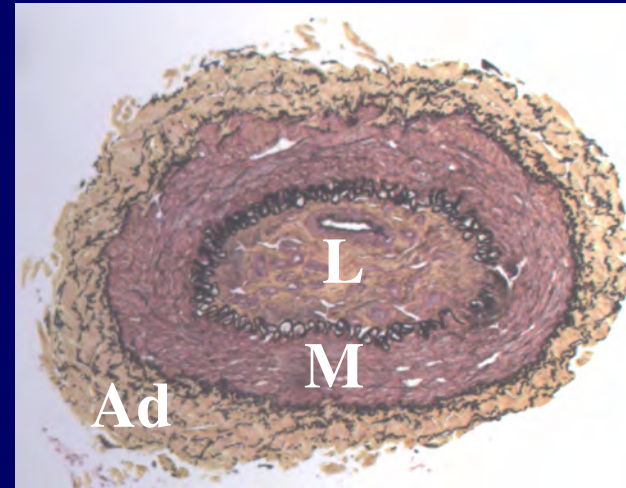
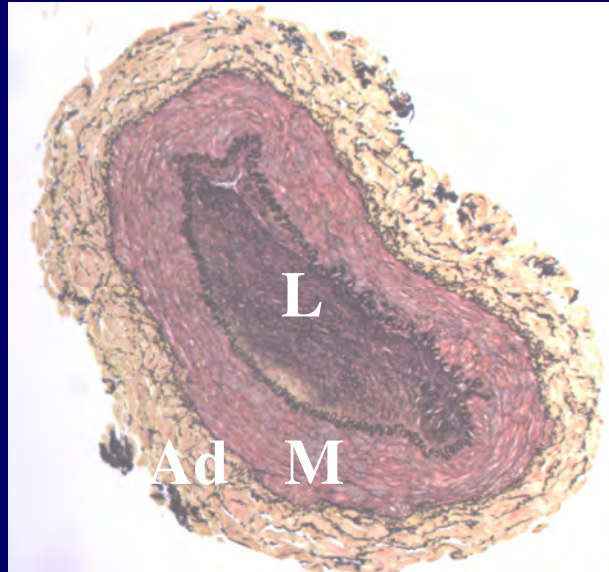
Thrombin injection

Restoration of blood flow after 1 hour

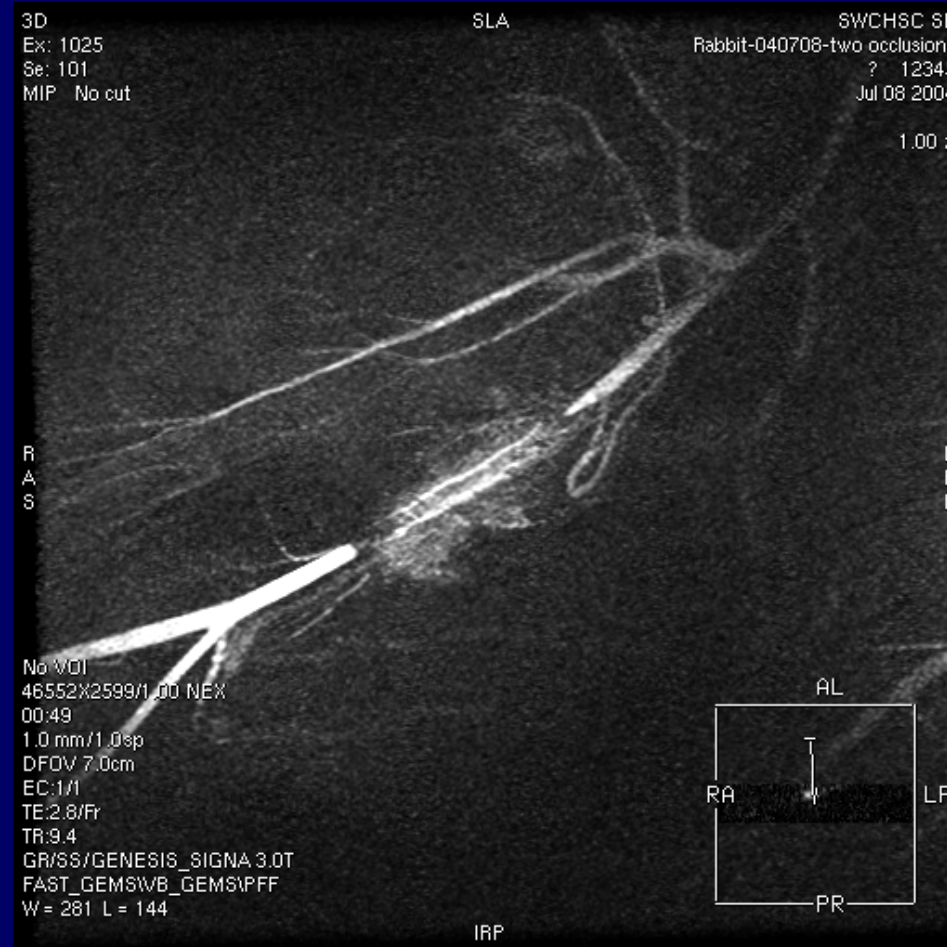
Angiographic confirmation of occlusion at 3-4 months

-thrombus / fibrin is replaced by fibrotic tissue (collagen)

Chronic Total Occlusions: Rabbit Femoral Model



CTO by MRI



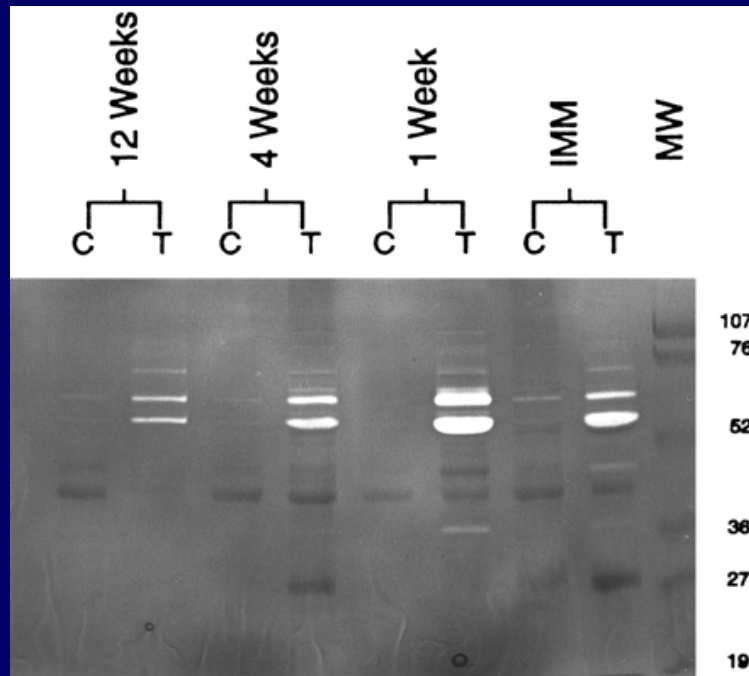
Proteinases

Enzymes that catalyze the
breakdown of native proteins

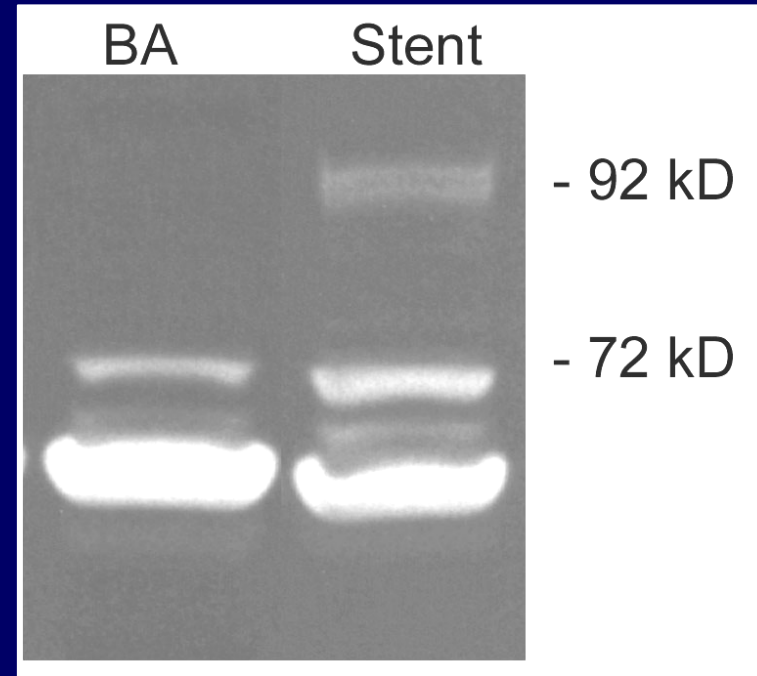
Matrix Metalloproteinases

- Zinc and calcium-dependent enzymes
- >20 members
- MMP-1, MMP-2, MMP-9, MMP-3
- degrade all extracellular matrix components
- 3 broad categories:
collagenases (MMP-1), gelatinase, and stromelysins

Gelatinase Activity After Arterial Injury



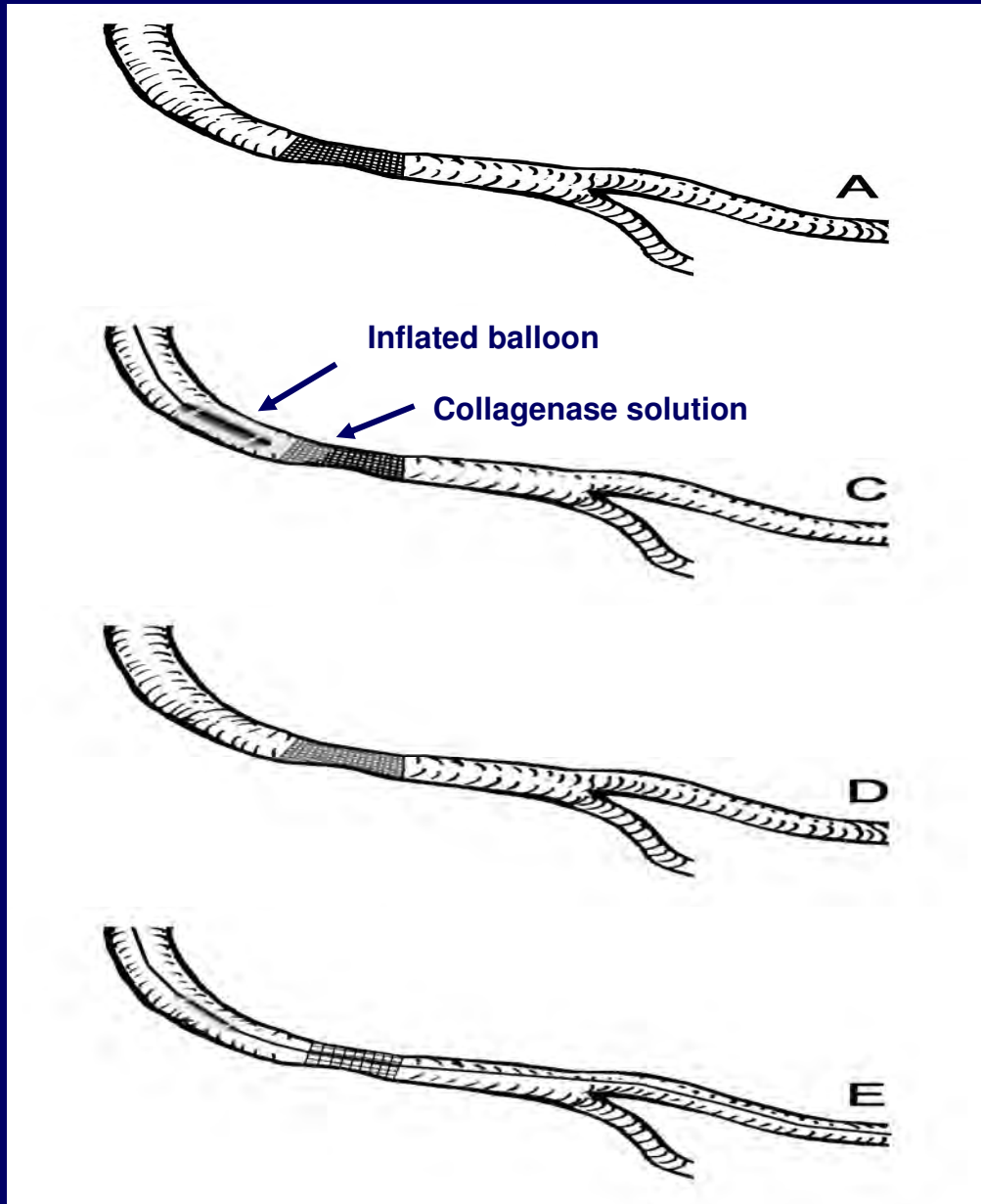
Strauss et al Circ Res 1996;79:541



Li C et al, JACC 2002;39:1852-8

Type IA Collagenase (Sigma)

- **Source: Clostridium histolyticum**
- **Components**
 - **Collagenase**
 - **Clostripain**
 - **Neutral Protease**
 - **Trypsin-like activities**



CTO in femoral artery

Advancement of an over-the-wire balloon and local injection of collagenase solution while balloon remains inflated (1 hour)

Balloon removal

Successful guide-wire crossing after 24 hours

Collagenase: Successful Guide Wire Crossing

Rabbit #849

Right side

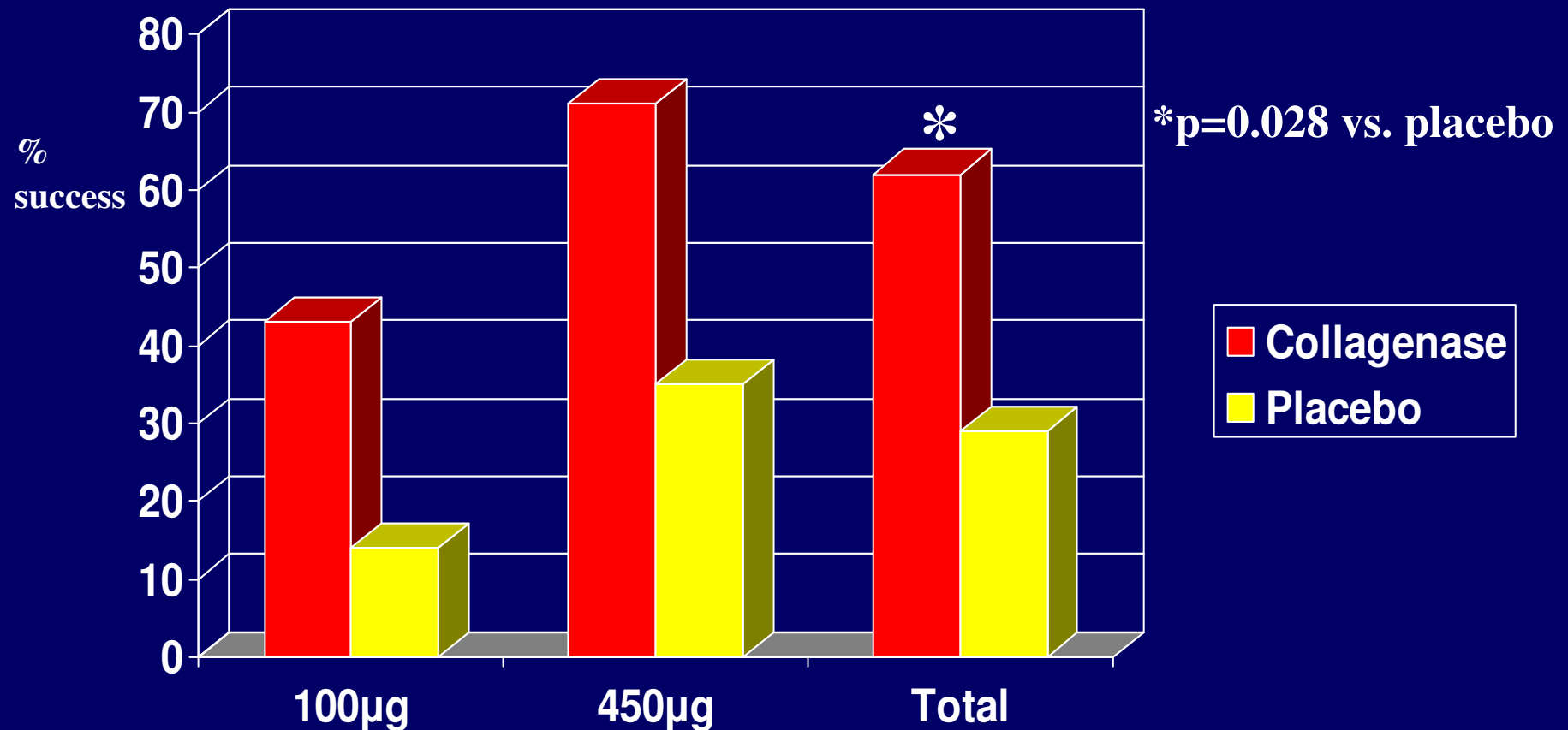
13 weeks after occlusion

Rabbit 849 Right Femoral Artery

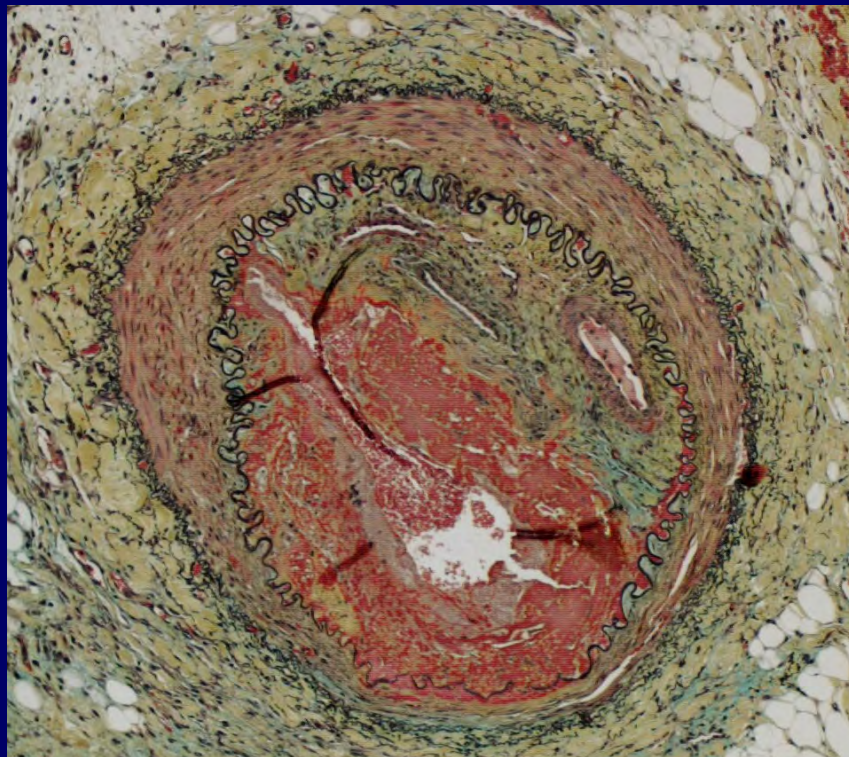
CTO Characteristics

- **Occlusion Age: 16 ± 5 weeks**
(range 10-25 weeks)
- **Mean occlusion length: 28 ± 9 mm**
(range 14-46 mm)

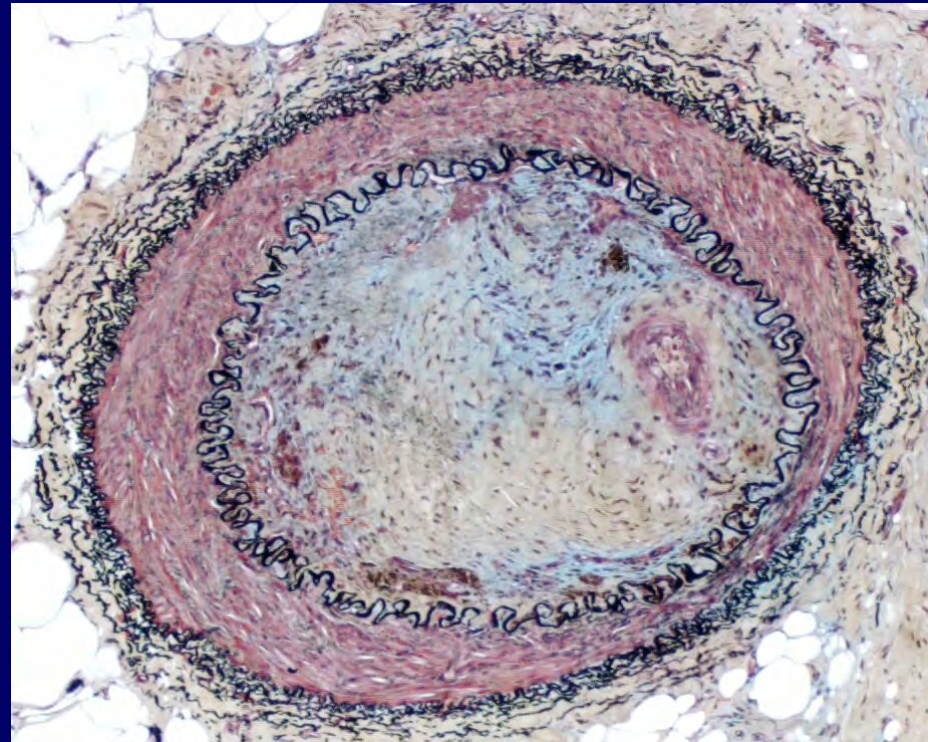
Guide Wire Crossing Success Rates at 72 Hours Post Infusion



Guide Wire Crossing at 72 hours

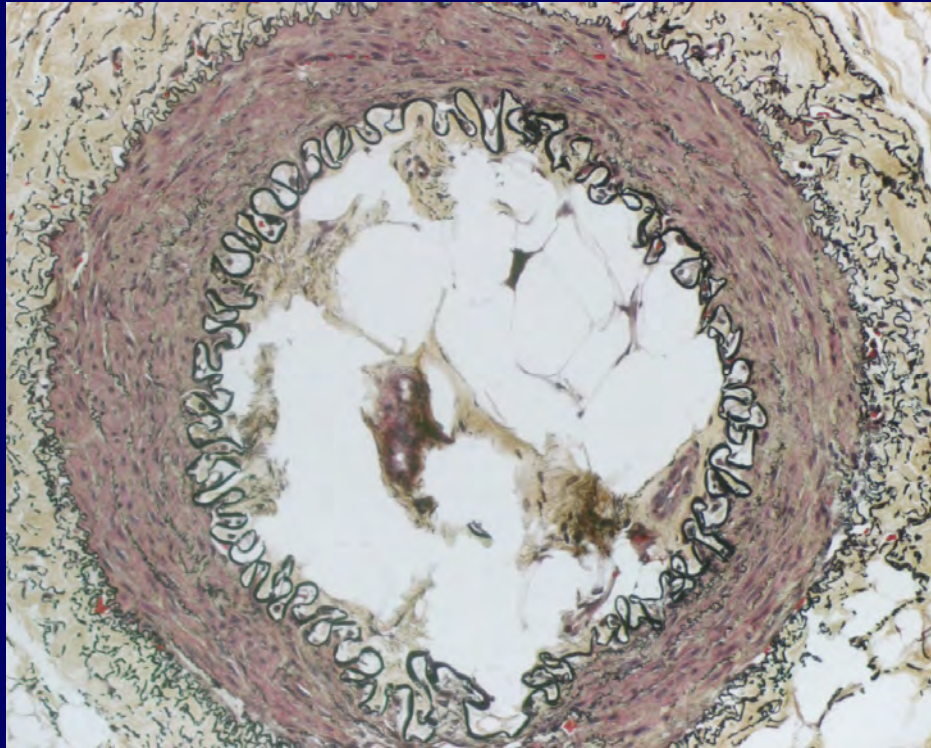


Success
Collagenase 450 μ g

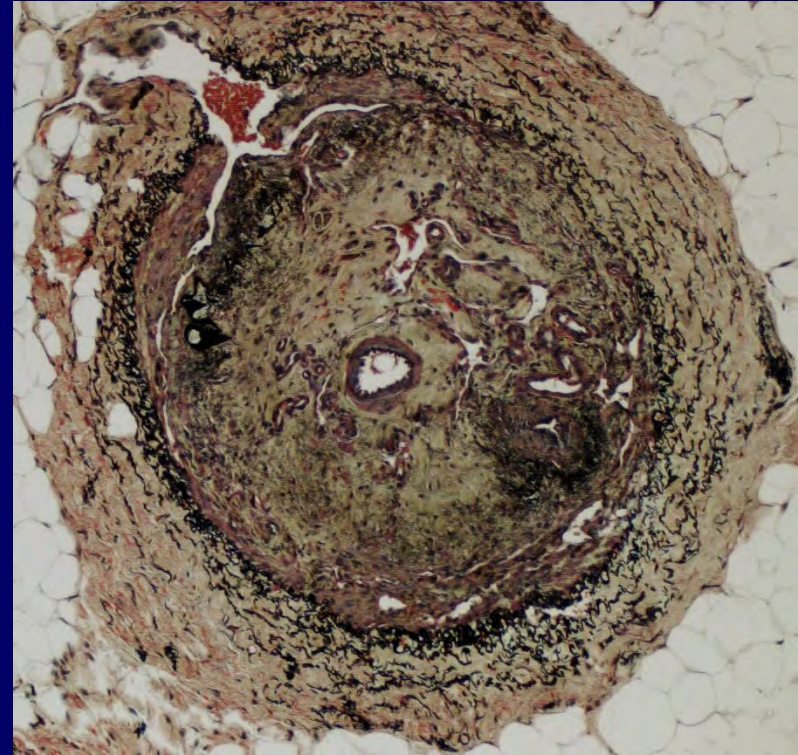


Failure
Placebo

Treatment Effects At 24 Hours (No Guide Wire Attempt)



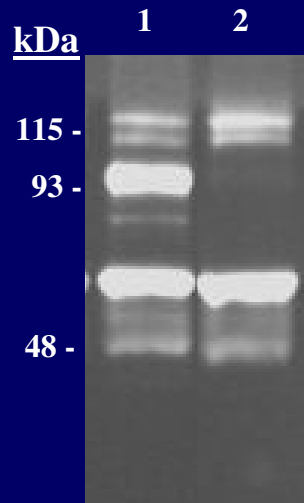
Collagenase 450 μ g



Placebo

24 hours: Proteolytic Effects

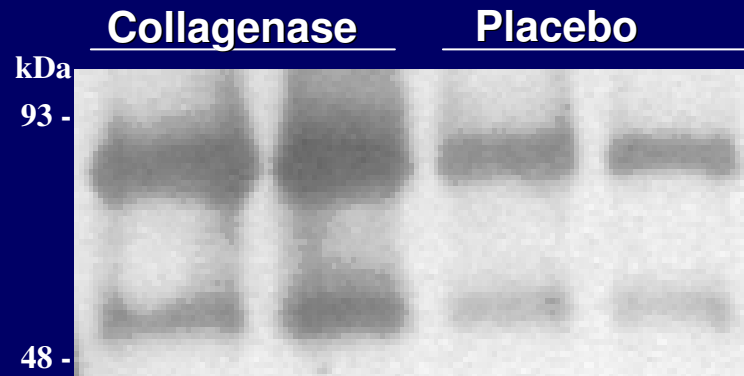
Gelatin Zymogram



Lane 1- Collagenase artery

Lane 2- Placebo artery

**Collagen Fragments Western Immunoblot
COL 2 3/4 Against Carboxy Terminus**



Purified Collagenase:

- **38-fold more potent than Sigma collagenase preparation**
- **No contaminating proteolytic activity**
- **Suitable for human studies**

Rabbit Femoral CTO Model

Dosing Study:

100-200 μg (n=10) no or mild subcutaneous bruising

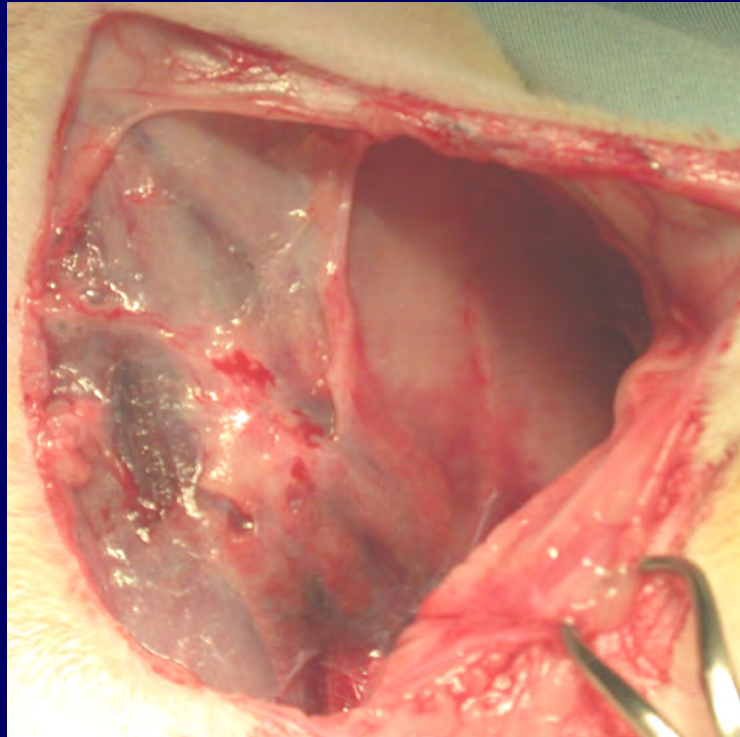
250-500 μg (n=7) moderate-severe sc bruising

Guide Wire Crossing at 24 Hours

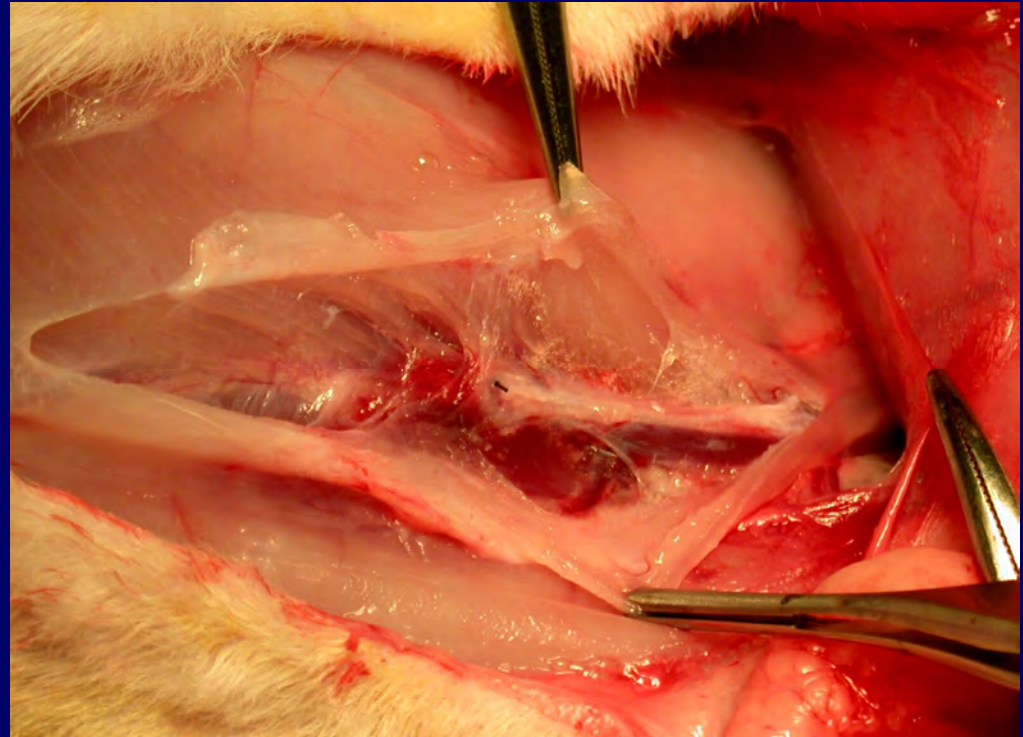
150 μg (n=10)

100% Successful !!

Subcutaneous Bruising

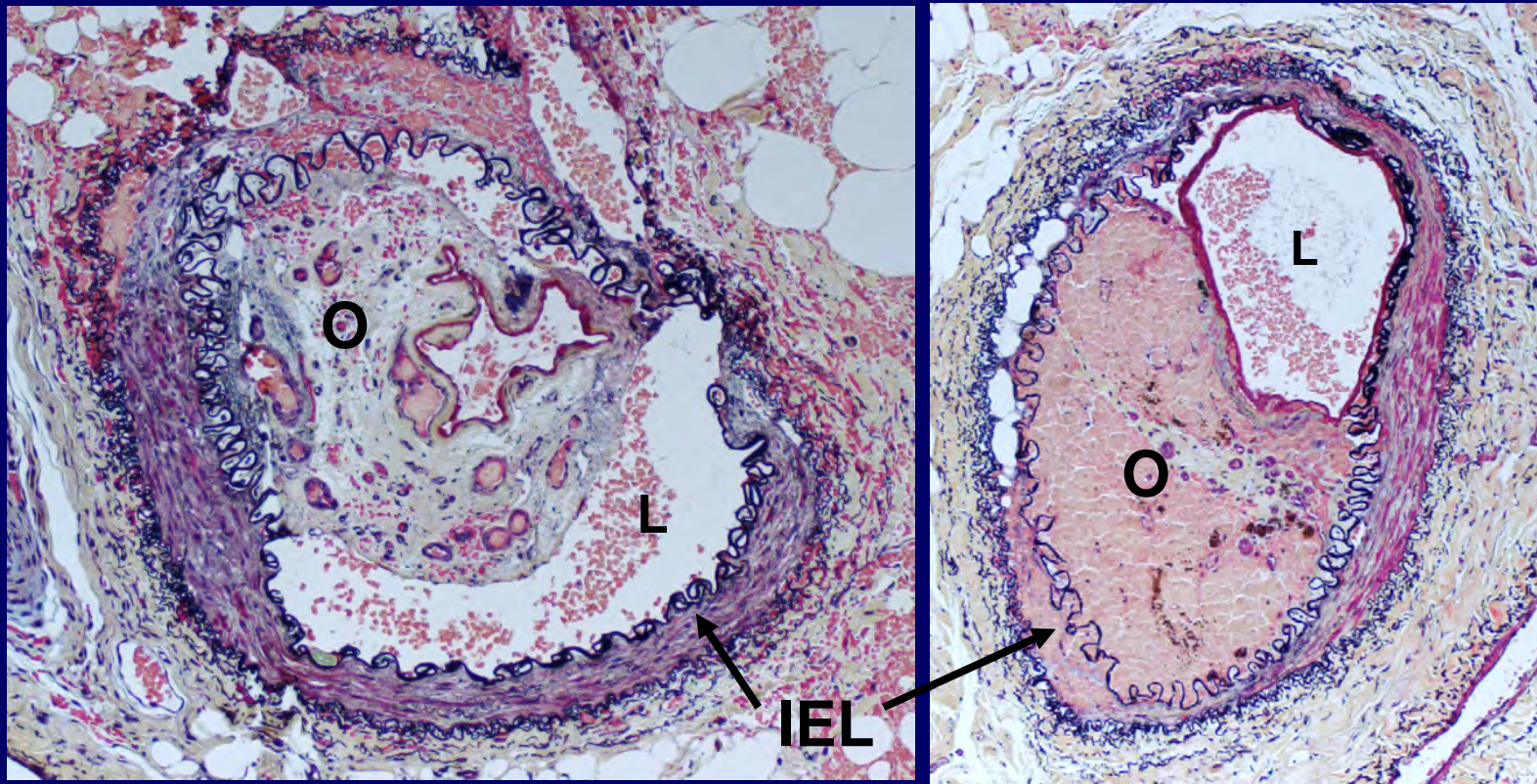


500 µg collagenase

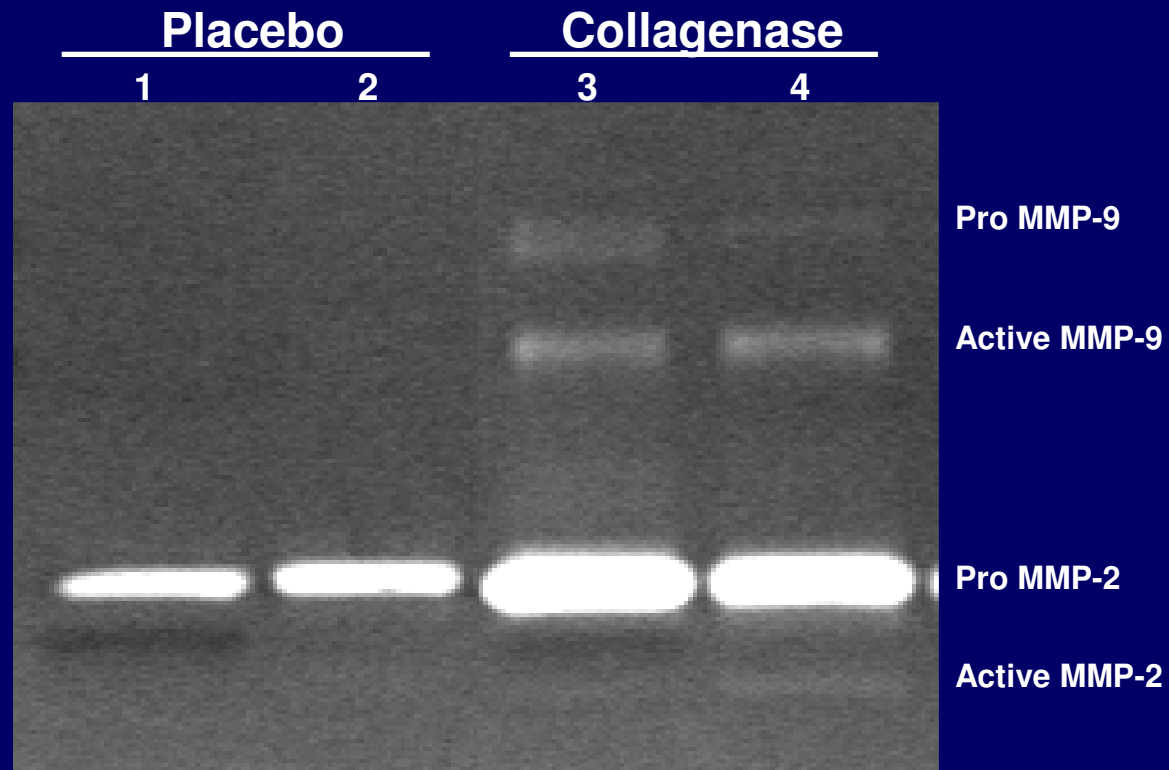


150 µg collagenase

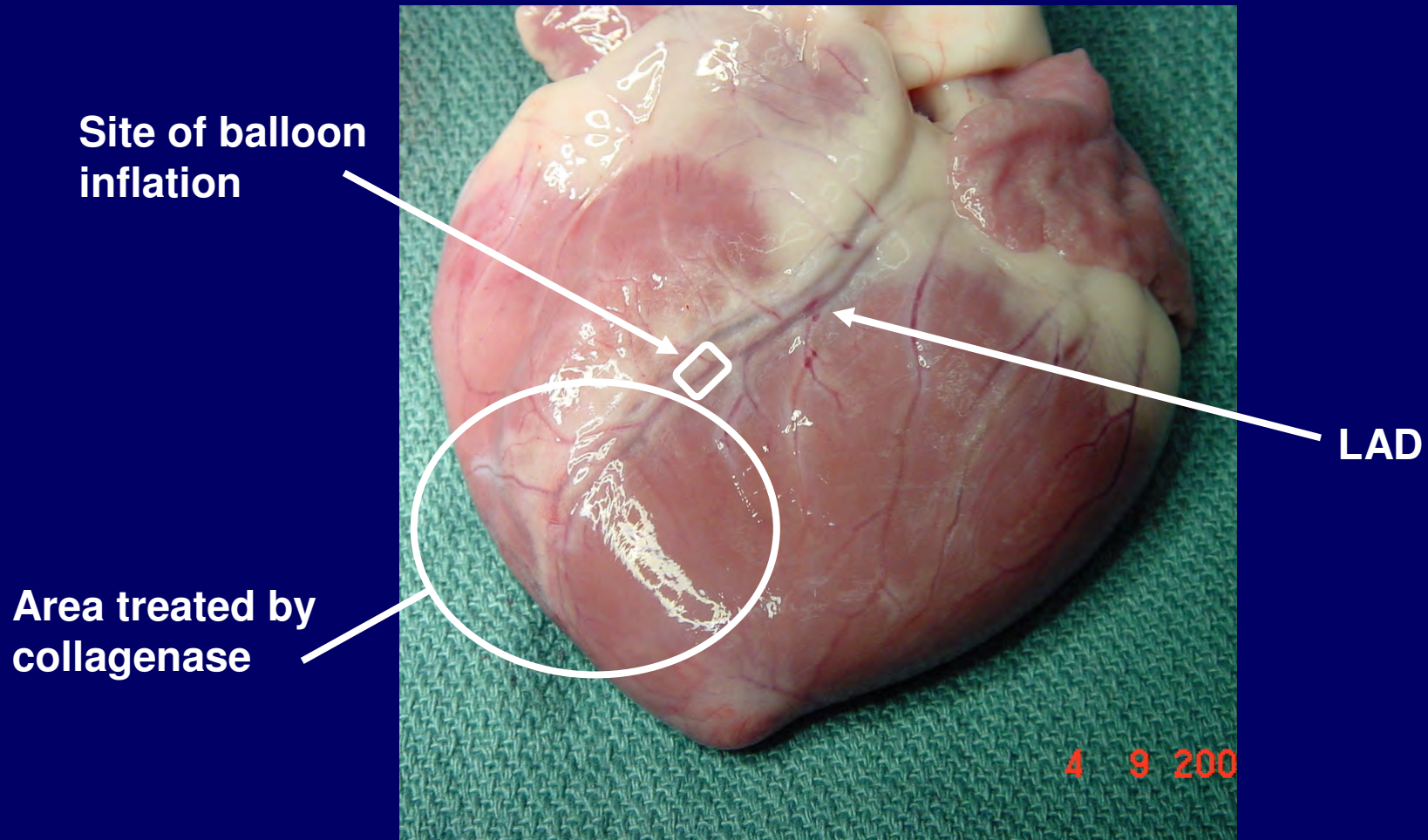
Rabbit CTO cross sections with successful crossings

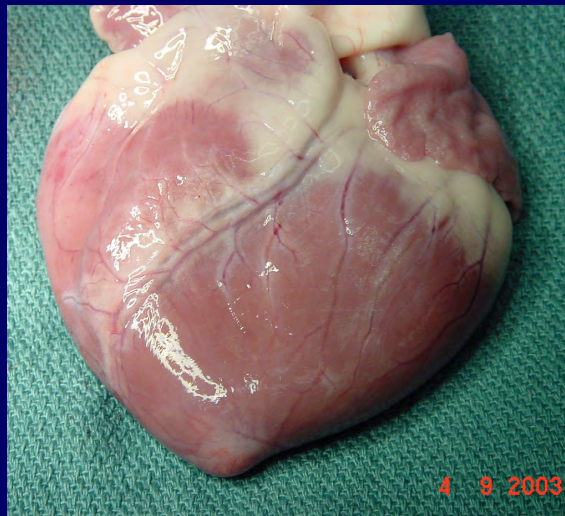


Gelatinase Activity at 24 Hours: 150 μ g

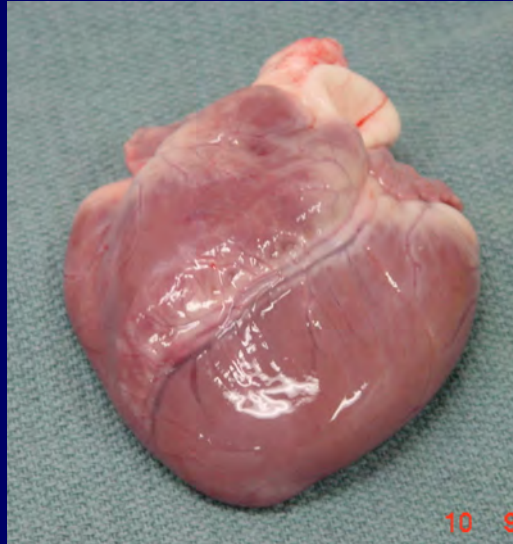


Intra-coronary Purified Collagenase: Swine Hearts





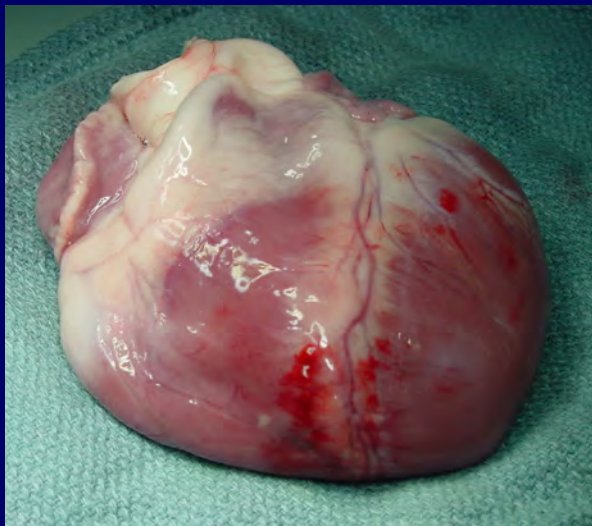
Control



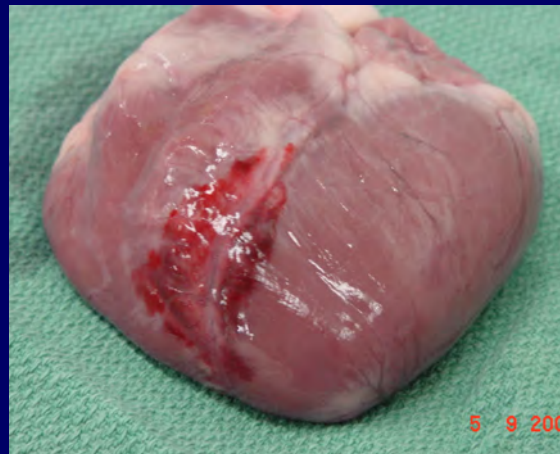
50µg



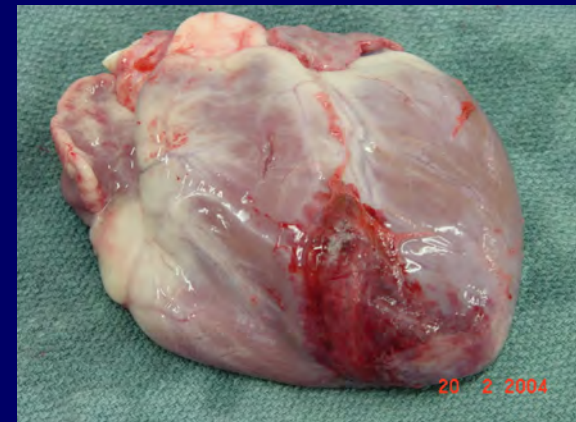
75µg



150µg

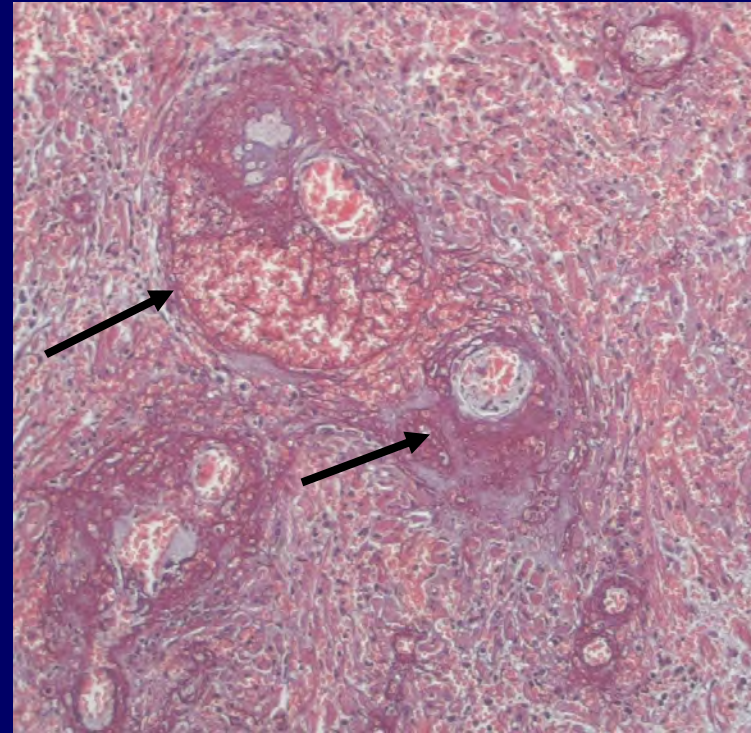
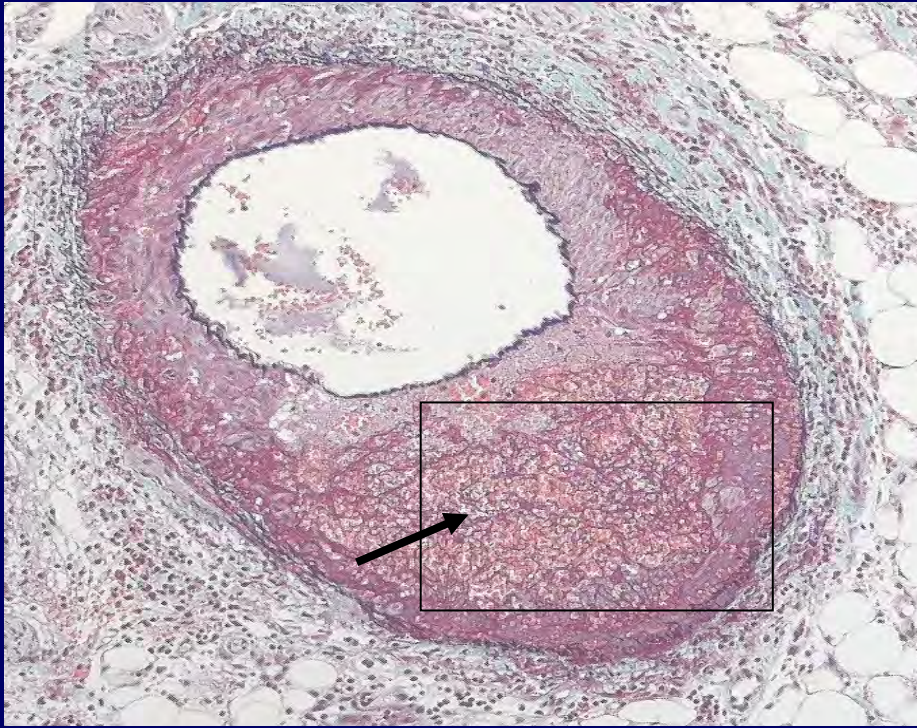


450µg



1000µg

Arterial Medial Damage Only at High Dose (450 μ g)



1-Month follow-up

- 9 pigs
- Intra-coronary collagenase:
 - 150, 450, 1000 μ g
- Macroscopically normal
- 2/3 pigs with high dose showed normal myocardium with no fibrosis.
- 1 pig showed mild fibrosis.

Conclusion

- **Local delivery of collagenase facilitates guide-wire crossing in chronic total occlusions**
- **No adverse effects on arterial structure**
- **Local bruising is a dose related side effect**
- **Human phase I study is planned**

Phase I Clinical Trial

- Objective
 - To determine the safety and efficacy of 3 different doses of a human-grade purified collagenase for the treatment of failed coronary chronic total occlusion (up to 1 year old).
- Inclusion criteria:
 - Patients with CTO with a clinical indication for revascularization.
 - CTO \leq 1 year old.
 - Previously failed coronary intervention or if patient recruited as an ad hoc, failure to cross the occlusion with conventional wires after 10 minutes (FDA definition).
- Exclusion criteria:
 - Saphenous vein graft occlusion
 - True ostial LAD, LCX or RCA occlusions
 - Major side branch immediately proximal to the occlusion

Phase I Clinical Trial

- **Protocol:**
 - Confirmation of failed conventional PCI attempts and no exclusion criteria.
 - Advancement of a short over-the-wire balloon until against the occlusion and removal of wire.
 - Inflation of the balloon to nominal size.
 - Slow injection of collagenase solution through the balloon lumen.
 - The balloon remains inflated for up to 1 hour depending on patient's tolerability.
 - ACT > 300 seconds throughout the procedure.
 - Balloon deflation.
 - Patient remains in hospital and will be ECG monitored and serial blood samples for cardiac enzymes taken
 - The day after, repeat conventional PCI
- Three different doses will be tested: 50µg, 75µg, and 100µg.
- Each group will consist of 6 patients. Total = 18 patients.
- The first dose to be assessed will be 50µg.

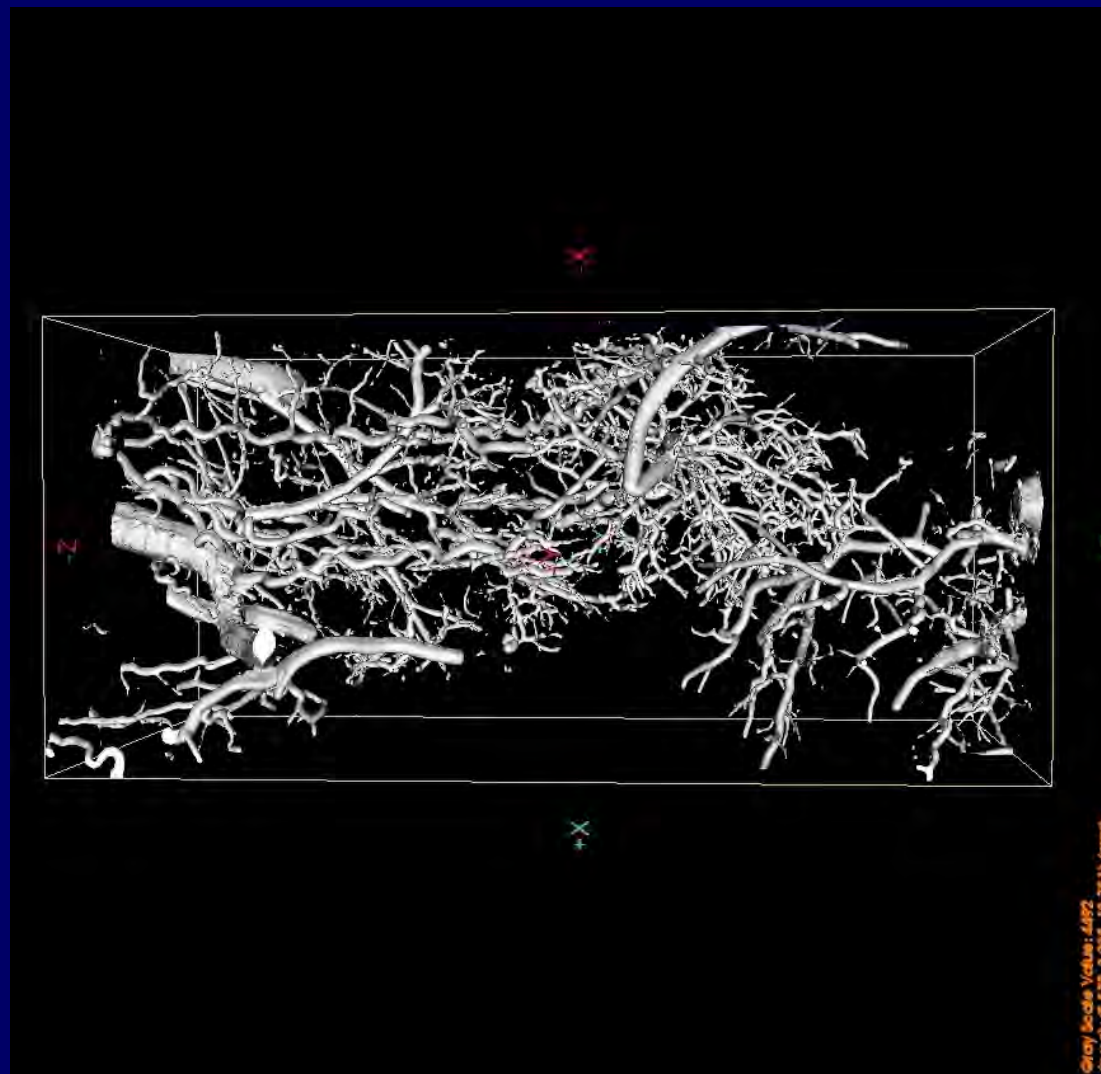
Future Research

- 1) CTO imaging
- 2) Augmentation of CTO Micro-Vessels
by Cell Therapy with Engineered
EPCs

MRI



CTO by micro-CT



Fibroblasts delivery into CTO





UNITED STATES PROVISIONAL PATENT APPLICATION

Inventors: Bradley H. Strauss of Toronto, Canada;, and Amit Segev of Raanana, Israel.

**AUGMENTATION OF INTRALUMINAL MICROVESSEL FORMATION TO
FACILITATE GUIDE WIRE CROSSING IN CHRONIC TOTAL OCCLUSIONS**

Conclusions

- Remember the pathology
- Clinical indication !!!
- Favorable angiographic appearance
- Consider CTA
- Advanced guide-wires techniques
 - No room for dedicated devices – so far...
- STAR and retrograde techniques – only if your last name rimes with SUZUKI